FACT NEWSLETTER, MAY 2008
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My communications upgrade from a couple of months ago of a pdf file available on the floridalmsc.org and dixiezone.org websites was interrupted by a cessation of website updates early this year. Meegan Wilson has taken on the chore and I am sure will capably handle the files, as she has always done. If you click on FACT you will get up-to-date information on our Combined Team after the first week of each month. As I have said, we've made an attempt to explain the purpose for existing and explained the procedure regarding joining, swimming outside our Florida LMSC and entering local meets and swimming relays. As time goes on, we are developing a better understanding. There seemed to be some confusion this year with the YMCA Nationals in Fort Lauderdale and many of us swimming for YMCA teams that are different than your USMS teams. These meets are USMS recognized and times count for Top Ten; however, if your relays do not have four members registered for the same USMS team, i.e., FACT, they will not count for Top Ten USMS, but will of course count for YMCA records, etc.

The One Hour Swim saw 26 participants this year – still far from our potential, but did place us 15th in the Medium Teams Division with a total of 86,250 yards. Not too shabby for the number of swimmers! Betty Lorenzi made All American in the 80-84 age group – her first try at the Hour Swim. She joined in a women's 75+ Relay with Nancy Durstein and Joan Campbell for a New Long Distance Hour Swim Record of 9,230 yards. Joan and Nancy placed 3rd and 4th in their 75-79 age group. The men saw top ten placements by Don Puchalski, 4th in the 65-69 age group, 6th by Bob Sigersmith in the 80-84 AG, and 3rd by Lester Bell in the 85-89 group. Remember, if you do not place high in these events, there is a LOT of competition. It is good to compare your yardage each year and see how you improve and the relays are matched up with two women or two men or two mixed men and mixed women of the same team – even if they are from another Chapter of FACT. The women's 45+ relay took an 11th – a good showing! The men 45+ placed 14th and the men 55+ placed 11th. Our mixed 65+ relay of Don Puchalski, Robert Sigersmith, Joan Campbell and Betty Lorenzi placed 2nd.

The SUN Masters Valentine Meet at Clearwater in February was a Chapter Meet. Betty Lorenzi of the SUNF chapter of FACT set two National Records in the 100 and 200 yd backstroke. The St Petersburg Masters Meet was also a Chapter meet with 24 FACT relays competing as FACT – points were not counted for team winners but we had some great relays that I'm sure will make USMS Top Ten and were crowd pleasers and fun for the smaller teams to combine. That's what it's all about! Betty again broke her own National Record in the 100 Back. All results are available on midnightsports.com and the Dixie Zone website.

The short course meter results for 2007 showed ALL AMERICAN for Deb Walker in the 200 Breaststroke and Rogers (Tiger) Holmes in the 200 Back; other Top Ten outstanding swimmers included: Marly Wilson, Linda Visser, Pat Sargeant, Deb Walker, Meegan Wilson, Joan Campbell, Nancy Durstein, Mark Calvert, Glenn Woodsum, Bill Kelley, David Oakes John Corse and Rogers Holmes. Of the 8 relays in the Top Ten, the 240+

Relay of David Oakes, Bill Kelley, Meegan Wilson and Pat Sargeant was ALL AMERICAN.

Eight of our team traveled to Austin for USMS SCY Nationals last week. The combined team placed 46th of 157 teams – the women's team was 36th of 107 and men 68th of 131. Stellar performances were turned in by Janet Crisp, 65 – 4th in the 100 free, 5th in the 200 free and 200 breast, 6th in the 500 free; Martha Henderson, 71 - 2nd in the 50 and 100 fly, 4th and 5th in the 200 and 100 IM, 6th in the 100 back. Mark Calver, 48, turned in good performances in the 50 free (23.16 and 100 free (50.77); The 500 free gave him a 7th and 4th in the 1000. Carl Hawkins coming back after rotator cuff injury and did a great time in the 50 free and 50 back.. Tim Carrol, 56, took care of the relays (thank you) and bettered his time in the 50 breast and good time in the 50 fly. Glen Woodsum turned in great performances – 2nd in the 100 free and 3rd in the 50 and 200 free. Our Mixed Free Relay took a 15th and the Men's 200 free and medley relays took a 15th and 13th respectively – and respectfully! Right on their seed time in a large competitive field. Let's see if we can increase our group at the Long Course Nationals in Gresham, OR in August – I'll be there along with Betty Lorenzi! – see you over the summer.

On the World Scene – Karl Weidaman, 68, was THE star performer, setting 3 WORLD RECORDS in the 50, 100 and 200 breast. Fantastic, Karl, and congratulations! Robert McDonald captured 1st in the 50 butterfly, 80+, and Margit Jebe took second in the 50 and 100 breast and the 200 IM – all with an injured knee from a fall BEFORE her events. Just think what could have been – how is it we women try to destroy ourselves at World's before we swim our events (memories of Bunny Cederlund and myself at Stanford). The mixed medley relay of Margit, Karl, Robert and Betty Lou Tucker took at 8th and the free relay (Fred Wakelin in place of Karl) took 11th. Great swimming everyone. I'm sorry if I neglected anyone accomplishment – the results are certainly not friendly and I had to search every event. Please let me know if I've neglected you!