



## JANUARY FEBRUARY 2018 FACT NEWS – Joannie Campbell

HAPPY NEW YEAR!!!! 2018 promises to be an eventful year with the Pan American Games returning to the United States in July and August. Our last Pan Am Games with great participation were in 2013 in Sarasota, where we fielded 32 relays and were one of the top point teams at the games. It was great fun and great competition, which it promises to be this year too. Make sure you take a look at the information and note that entry fees go up each month. Also, I am told, there will be limits on entries should the number go over 3,000. Those of you that like Open Water competition – they're avoiding the 90 degree alligator lakes to compete on the east coast. Transportation will be provided from Orlando for the competition on August 5<sup>th</sup>.

The Valentine's Meet this month was a great success. FACT received the 1<sup>st</sup> Place trophy for Regional Teams. Betty Lorenzi set three National Records in the backstroke. A beautiful trophy now housed at the Long Center – be sure to take a look in the guard room at the assembled trophies we have won over the years. No other team has been able to display them at their facility so we have a shelf for them here at CLCF headquarters. If any other workout group or team wishes to display them at any time, I'll truck them to you!!

The Good Life Games Senior Meet at the Long Center is scheduled for March 10<sup>th</sup> this year. I want to encourage many of you 50 and over to participate as this is the first Long Course meet of the season and it's gives you a chance to see what you can do and what you need to improve on for the Pan American Games in the summer. Also – it's nice to see Event Ranking of often number 1 since it's the first LCM meet of the season – hahaha! At this writing there are over 70 participants – good for a Senior Games!!

Martha Henderson did the Hour Swim last week!! Her recovery swim after gall bladder surgery. No one else has told me they participated. The fact that it is now over January and February hasn't seemed to increase participation at all!!! Martha says her time wasn't quite up to last year – we are getting older!!

You may have noted us sporting our new apparel at the Valentine Meet. Pat St Germain's nephew has done some great work on polo shirts and jackets at a very reasonable price. Be sure to look at RELATED ITEMS on the website for the contact and information on orders. I have caps aplenty available. Be sure to order in plenty of time if you want to have them for Pan American Games.