



NOVEMBER - DECEMBER 2022 FACT NEWSLETTER

The holiday season leaves us with many chores and non-swimming items on our agenda, so I am combining the two months and hoping all of you are having a great Holiday Season, Merry Christmas and a fabulous 2023 New Year ahead of us.

We were extremely fortunate to be able to swim the Sarasota meet in November under excellent weather conditions and also the State Senior Games in Temple Terrace with the same good weather. I think it made it up to 40 today here in Palm Harbor and many of us have suffered under totally different circumstances in memorable spots during November and December. November proved the lasting ability of Martha Henderson, Pat Tullman and myself – Martha now has a fellow competitor in Pat but they push each other – not a bad thing. At the State Senior Games we had many members of FACT but this is not a USMS meet so they compete as FLORIDA. Barbara McNulty came down from Pittsburgh where she now lives and did great – broke the 200 fly record. Many State records were broken by our FACT people. The times count at USMS Top Ten as this is a Recognized meet.

Hope to see many of you at the Long Center for the Valentine Meet February 11 and 12th. Keep your eye on the calendar on the [Southeast Zone](#) website. Please renew your registration ASAP. The 2022 Registration for USMS ends December 31, 2022. Be aware that the Long Course Summer Nationals are in Sarasota in 2023. Other than the 3 allowed events without time requirements, the longer events and any other events require you to meet published times. The Good Life Games are Long Course on March 18. A good chance to see how you can do. This is a Senior Games for 50 and over and I'm told we will be able to enter on line. I'm waiting for the promise in early January!!

Joannie Campbell