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Editor  
2494 13th Ave. North #46  
St. Petersburg, FL 33713

**VOLUME VI**

**NOVEMBER 1991**

**NUMBER VIII**

# **FLORIDA LOCAL MASTERS SWIM COMMITTEE NEWSLETTER**

**Meet Entry Forms Enclosed**



## COMING MEETS

November  
30-Dec 1 Delray Bch FL Greg Tye 2501½ Seacrest Blvd Delray Bch FL 34444 407-378-7104-SCM

December  
01 Clearwater FL Dev Mt. Joe Biondi Long Ctr. 1501 N Belcher Rd Clwtr FL 34625  
813-462-6097  
08 St Petersburg FL Dev Mt John Bishop 4717 Overlook Dr NE St Pete FL 33703  
813-526-2373  
13-15 Coral Springs FL. Judy Bonning 12441 Royal Palm Blvd Coral Springs FL 33065  
305-345-5370  
14-15 New Orleans Dick Bower 504-456-9569 SCM

January  
05 St Petersburg FL ( FOSSIL PARK POOL) 9th St No & 66 Ave. John Bishop Above  
18-19 Tampa FL USF Milt Bedingfield 11110 Carrollwood Dr Tampa FL 33618 813-932-5417  
18-19 Charlotte NC  
25 The Long Center Hour Swim 8:00 A.M. 2 flights \$5.00 Fee Joe Biondi Above

February  
01-02 Delray Bch FL TENTATIVE Greg Tye above  
02 St Petersburg FL John Bishop above ( Fossil)  
14-16 Clearwater Fl Long Ctr Joe Biondi Above  
28-29 Mar 1 New Orleans LA Mardi Gras meet Dick Bower 600 Haring Rd Metairie LA 70006

March  
01 St Petersburg FL Dev Mt John Bishop above (Fossil)  
14-16 Clearwater FL Joe Biondi above  
14-15 Atlanta Ga Dynamo Lisa Watson 804 Howell Ct Duluth Ga 30136  
14-14 or  
04-05 Greensboro NC Mary Dowlen 919-292-0215

April  
10-12 St Petersburg FL John Bishop above  
11-12 Baton Rouge LA Scott Rabalais 950 S Foster Dr #3570806 504-928-5596  
24-26 Ft. Pierce FL (IRCC) Peter Jurczyk 5610 Hickory Dr Ft Pierce FL 34982  
407-465-5363

30-May 03 Ft Lauderdale Fl YMCA NATIONALS

May  
03 St Petersburg FL Dev Mt ( North Shore Pool) John Bishop above  
21-24 Chapel Hill N C UNC Hill Carrow POB 19324 Raleigh NC 27619 783-9652 (H) 919  
783-6246 (O)

June  
07 St Petersburg Fl Dev Mt John Bishop above  
Nashville Tn ? ?  
19-21 Coral Springs Fl Judy Bonning above  
30- Jly 05 Indianapolis IN FINA/MSI World Championships

July  
17-19 St Petersburg FL John Bishop above LCM  
31-Aug 1-2 Baton Rouge LA Scott Rabalasi above LCM

August  
08-10 Charlotte NC  
20-23 Seattle WA LCM

October 29, 1991

To: All LMSC Chairmen and Fitness Committee Directors

From: Dore Schwab, Pacific, Ad Hoc Fitness Committee Chair,  
Betsy Owens, Adirondack, Fitness Committee Member

The 1991 United States Masters Swimming Convention in Louisville was the breeding ground for many new and exciting directions for Masters' Swimming. Clearly, there was a new energy to recognize a special category of Masters' Swimming, the Fitness Swimmer. Perhaps 60% of our membership falls into this subgroup. Their needs are hard to define, their accomplishments are less tangible than those of the competitive swimmer. Yet, we have an obligation to recognize them with more than the mere placement on our membership rosters.

For those of you unable to attend the Fitness Committee meeting, we have developed a cohesive action plan to be implemented on the grassroots level of USMS. We're interested not only in providing the LMSC's with ideas which have already been generated, but also in receiving feedback from the LMSC's as to their own success with both current and developing programs. Our agenda is to maintain consistent communication with your groups throughout the upcoming year as a means to integrate new and innovative concepts.

The action plan shall consist of:

- 1) Appointing a Fitness Chair to serve on the Board of your LMSC. Encourage the development of a fitness committee which is designed to improve the growth and retention within our LSMC through the advocacy of our "forgotten" swimmers. We can follow the lead of Oregon Masters. Their committee meets once a month prior to their monthly LMSC board meetings and provides a means to advocate for their fitness group. We will be soliciting the names of your newly appointed Chairpersons later in this year.
- 2) February is designated as the "Month of the Fitness Swimmer". During this time we would like all LMSC's to designate activities specifically geared towards our Fitness Swimmers. Reserve space in your local newsletter: we will be submitting ideas to you in a November mailing. You will need to develop an implementation plan unique to your own LMSC. The plan may include the use of your local coaches and aquatics facilities to support this concept.

Use our "Fitness Month" ideas to kick off the establishment of fitness-specific activities throughout your swimming calendar.

- 3) Begin to establish a means to reward your fitness swimmers. We will be assisting in this via a "mileage patch" which the swimmers will be able to purchase for a nominal cost.

You already have numerous local resources to assist you in this campaign. Many local LMSC's utilize "100 mile T-shirts", goggles, caps, etc., to reward their yardage swimmers. Your local newsletter is invaluable in communicating your ideas and programs to the fitness swimmer.

In the development stage is a poster which is being designed and distributed (26,000 copies) through SPEEDO. This poster will highlight information specific to Master Swimming for placement at your local pool. USMS also has copious supply of their colorful brochure, "Masters Swimming, What's It All About." These items will no doubt introduce the many assets of our organization to new and current swimmers.

Further information can be obtained from:

Dore Schwab  
Post Office Box 772  
Ross, CA 94957  
(415) 456-5945

Betsy Owens  
194 Lenox Avenue  
Albany, New York 12208  
(518) 482-4278

P.S. Don't forget: our November mailing will contain all the great ideas for Fitness programs as well as our plans for the "Month of the Fitness Swimmer."

NOTE: The Fitness Committee plan was to co-ordinate the "Month of the Fitness Swimmer" with the American Heart Association activities. Due to administrative changes at the Heart Association's National office, we will not be able to begin co-ordination on a National basis until at least November. LMSC's may want to begin co-ordination with their local (county) Heart Associations. Explore their "Swim for Life" activities which many Heart Associations will be glad to adapt to the Masters swimmer.

St Pete Development Meet , North Shore Nov 3

After SPM held their annual meeting and election 31 swimmers took part in the meet. Clearwater, Tamps and Canada represented. 50's were most popular and the hundred free too, John Maguire turned a 54.7 which looked good early in the season. The 75+ 400 free relay of John D Johnston, Frank H Tillotson, Kermit Hotvedt and Bill Molloy bettered the listed record of 7:02.17 by 59 seconds. SPM holds the 800 free and 800 mxd free records in the 75+ age.

Dormitory Housing at Univ. of North Carolina

Dorm rooms with two single beds are being offered at \$25. without linens and \$30 with linens.No meals are being considered at this time. 1-800-633-9350 and as to speak with Jane. Warm-up pool adjacent and shuttle too.

#### ERRATA SHEET FLORIDA TOP FIVE SHORT COURSE - YARDS 1991

##### 100 YD IM - MEN 45-49

1:05.81	GARY TRIMBLE	48	4-6-91
1:07.49	CHUCK NIELSEN	45	4-6-91
1:08.38	PETER BETZER	48	4-6-91
1:10.50	DAVID BLANCHARD	45	11-3-90
1:17.87	BILL RODENFELS	48	1-19-91

##### 500 YD FREE - MEN 65-69

8:52.39	ALEX McINTOSH	67	1-19-91
9:03.62	ALVIN ROGERSON	65	1-19-91
11:23.63	MARION WELLFORD	69	4-6-91

MEET RESULTS

1. Meet results should be sent to the Top 10 Recorder within 30 days of the completion of the meet.
2. Two copies of the results are required. Copies should be clear and readable. Please check before you send them out.
3. Results should be in the following order:

Women's - by age group and events as listed below, NOT in order they were swum.

50 free  
100 free  
200 free  
400-500 free  
800-1000 free  
1500-1650 free  
50 back  
100 back  
200 back  
50 breast  
100 breast  
200 breast  
50 fly  
100 fly  
200 fly  
100 IM  
200 IM  
400 IM

Mens - by age group and events as listed above.

Relays:

Womens - age group - 200 free-200 medley-400 free-400 medley-800 free

Mens - age group - 200 free-200 medley-400 free-400 medley-800 free

Mixed - age group - 200 free-200 medley-400 free-400 medley-800 free

4. Each set of results should have a list of all swimmers, their club and association. I must know the swimmers who are not in our association. *L.N.S.C.* (REGISTRATION NUMBER) *L.N.S.C.*
5. Names MUST be the same as listed on their registration. If registration says Joseph, do not use Joe or J., write Joseph. Each registration must be checked at each meet so this is not difficult to do.

## Relay All Americans

Voted at the 1990 Convention, relay swimmers, in all three categories finishing first in top ten are designated Relay All American. June has published short course yards in Swim Master. Beginning in April 1992 Walt Reed will provide LMSC's with the list of winners. It will be up to the LMSC's to get the word to the Clubs, who will be responsible to the individual swimmers. To obtain your credentials you will be required to request them and pay a fee. I believe to The National Secretary.

The Florida LMSC posted four winning relays, all new records.

200 free HLJ 19+ Mary Wayte, Julie Ginden, Sudi Miller, Kstie Adams  
200 mxd free HLJ 19+ Sudi Miller, Tom Smith, Mary Wayte, Richard Abrahams  
200 mxd med HLJ 19+ Mary Wayte, Marc LaPalme, Sudi Miller, Richard Abrahams  
200 medley HLJ 75+ Bill Mackey, Frank H Tillotson, Bill Grant, Charlie Dunworth

The following are current records but were not set in 1991 so do not qualify for A.A., in other words the winning times were not new records.

200 free HLJ 35+ Jane Harper, Susan Halfacre, Pat Matson, Susan White  
200 medley HLJ 35+ Jane Harper, Pat Matson, Susan Halfacre, Susan White  
200 free SPM 75+ Ellen Walbolt, Celica Ballard, Marian McKechnie, Win Kennedy  
800 free SPM 75+ Bill Molloy, Frank H Tillotson, Kermit Hotvedt, Fred Walbolt  
800 mxd free SPM 75+ James Mitchell, Celia Ballard, Win Kennedy, Fred Walbolt

Over all, in the top ten, St Pete Masters Inc swamped the field with 30 teams, followed by Holmes Lumber Jax with 20, Team Orlando (now Orlando Masters) with 7, Forest Hills Aquatics with 1 and Florida Aquatic Swim Team Masters with 1. We can do better than that...lets swim more relays. All Clubs.

Still to come Short Course and Long Course Meters.

## Team Orlando Masters -Orlando International Aquatic Center

Bart Raub and "Lucky" Meisenheimer finally had their yard meet. Attendance was around 40, with Ft Meyers represented as well as the East Coast and Central West Coast and well mixed ages. A few were off to Barbados.

The same day the Big Sun Senior Games were contested in Ocala. Going there after Orlando I found only a few Masters who could have been in Orlando. Some of you have asked about Bill Fite. He is swimming and his usual self although his wife is not well and he has had some problems too. An old quote "Don't take life too seriously, you'll not get out of it alive".

## Late notes on L.C.Nationals.

Every report from this Elizabethtown KY meet has been positive. Even letters from swimmers praising the facility, conduct of the meet and hospitality. Reinforcing the fact that a 'small' city can sometimes outdo a large one.

## Officials

Joan Glaraton and your Editor were appointed by Chairman John Maguire to look after the meet requirements for officials. This will be a small job as the Florida LMSC has 13 active Master swimmers certified under the YMCA system as referees as well as at least two USS certified stroke & turn judges. The enclosed list of Florida LSC officials is subject to change, in that some may have become inactive and there have been a number of new members as well as up grades in level of certification. Our USS officials have always been generous with their time in helping with our meets. Hopefully we will be able to ask less of them in the future. Officiating is a labor of love. Rarely in the area does any meet afford compensation for its officials. Unlike some Northern places where High School meets reward officials very well on a regular basis. On the National level only a few top officials receive any remuneration for their services. Never a stroke & turn person. By services I mean expenses as well. The philosophy for officiating has been stated as, the job of the official is to see that each swimmer has a fair and equal opportunity to achieve his/her best time and to have that time correctly reported. It is never the province of an official to "DQ" a swimmer, the swimmer has to do that first to be called.

*CORAL SPRINGS*



**AQUATIC  
COMPLEX**

**Coral Springs Masters  
Holiday Classic**

Short Course Yards

- Sanction:** Florida Gold Coast Masters (Sanction # 501-00014)
- Date and Time:** Dec. 13, 1991 Warm-up 5:30 p.m., Meet 6:00 p.m.  
Dec. 14, 1991 Warm-up 10:00 a.m., Meet 11:00 a.m.  
Dec. 15, 1991 Warm-up 8:00 a.m., Meet 9:00 a.m.
- Location:** The Coral Springs Aquatic Complex, 12441 Royal Palm Blvd., Coral Springs, Fla.. If taking I-95, take Copans Rd. exit and go West approximately 8 to 10 miles. Copans turns into Royal Palm Blvd.. Royal Palm will dead-end and the Aquatic Complex will be on the right. If taking the Sawgrass Exy. go West and exit at Coral Ridge Dr.. Take Coral Ridge south to Royal Palm, turn right on Royal Palm and the Aquatic Complex will be about 1/2 mile on your right.
- Pool Spec.:** 8 lane, 25 yard course. Lanes will be open during competition for warming up or for loosening down. Fully automatic Colorado timing system will be utilized.
- Eligibility:** The meet is open to all USMS Registered swimmers 19 years of age and older. Eligibility shall be determined by age as of Dec. 15, 1991.
- Rules:** 1991 USMS Official Rules shall govern this meet.
- Entries:** Competitors may enter up to the maximum of five individual events per day. Combined Men and Women seeding will be used. Entries will be seeded slowest to fastest for all events less than 400 yards. Events 400 yards or longer (distance events) will be deck seeded and swam fastest to slowest. Check-ins for all distance events close at 5:45 pm on Dec. 13, 11:00 am on Dec. 14, and 9:00 am on Dec. 15. Please enclose a copy of your USMS Registration card with your entry
- Deadlines:** Entries with full payment should be received by the Entry Chairman by Dec. 7, 1991. Mail entries with checks made payable to; **Coral Springs Masters  
Coral Springs Aquatic Complex  
Holiday Classic  
c/o Judy Bonning  
12441 Royal Palm Blvd.  
Coral Springs, Florida 33065**
- Late entries may be accepted at the discretion of the Entry Chairman with payment of a \$5.00 surcharge until 8:00 p.m. Dec. 12, 1991.  
**NO INDIVIDUAL ENTRIES ACCEPTED THE DAY OF THE MEET**
- Questions:** Call Judy Bonning (305) 345-5370 8:15am-6:00pm
- Award.:** A swimmer must complete at least 5 events to be eligible for an award. The size of the award will be determined by total points earned after the last event.
- |              |                        |
|--------------|------------------------|
| 71-90 points | Category I (Top Award) |
| 51-70 points | Category II            |
| 27-50 points | Category III           |
| 0-26 points  | Category IV            |
- Scoring: 9-7-6-5-4-3-2-1
- Social:** The social will be held at the Aquatic Complex on Saturday immediately following the 1500. Tickets for the social will be available for purchase at \$7.00 per person. Please indicate on the entry form the number of tickets you wish to purchase.
- Hotels:** Be sure to tell them you are with the Coral Springs Masters Holiday Classic.  
**Wellesley Inn:** (305) 344-2200, 3100 N. University Dr.  
**Holiday Inn:** 1-800-441-9763 3901 N. University Dr



Coral Springs Masters  
Holiday Classic  
Short Course Yards

Name \_\_\_\_\_ 1991 USMS \_\_\_\_\_  
 Address \_\_\_\_\_ Team Name \_\_\_\_\_  
 City \_\_\_\_\_ FGCM or other Assoc.  
 (circle one)  
 State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_  
 Sex: Male Female Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

PLEASE FILL IN ALL BLANKS

Age Group as of Dec. 15, 1991. Please circle age group.  
 19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64  
 65-69 70-74 75-79 80-84 85-89 90-94 95+  
 Circle event number and place entry times in space provided.  
 Please do not put "No Time". Estimate a time.

Friday, Dec. 13, 1991

Registration at 5:00pm, Warmups 5:30pm, Meet 6:00pm

EVENT

- 1. 1000 Freestyle \_\_\_\_\_
- 2. 1650 Freestyle \_\_\_\_\_

Saturday, Dec. 14, 1991

Registration opens at 9:30 am  
 Warmups 10:00 am, Meet 11:00am

Sunday, Dec. 15, 1991

Registration opens at 8:00 am  
 Warmups 8:00 am, Meet 9:00 am

EVENT

- 3. 200 I.M. \_\_\_\_\_
- 4. 50 Backstroke \_\_\_\_\_
- 5. 100 Butterfly \_\_\_\_\_
- 6. 200 Freestyle \_\_\_\_\_
- 7. 100 Breaststroke \_\_\_\_\_
- 8. 200 Backstroke \_\_\_\_\_
- 9. 50 Butterfly \_\_\_\_\_
- 10/11/12 200 Medley Relay  
(Women/Men/Mixed)
- 13. 500 Freestyle \_\_\_\_\_

EVENT

- 14. 200 Breaststroke \_\_\_\_\_
- 15. 100 I.M. \_\_\_\_\_
- 16. 50 Freestyle \_\_\_\_\_
- 17. 100 Backstroke \_\_\_\_\_
- 18. 200 Butterfly \_\_\_\_\_
- 19. 50 Breaststroke \_\_\_\_\_
- 20. 100 Freestyle \_\_\_\_\_
- 21/22/23 200 Free Relay  
(Women/Men/Mixed)
- 24. 400 I.M. \_\_\_\_\_

Pool Fee (Required of all swimmers).....\$ 5.00  
 Social @ \$7.00 per person.....\$ \_\_\_\_\_  
 Event Charge @ \$2.00 per event \_\_\_\_\_ events.....\$ \_\_\_\_\_  
 Results Mailed to your home address(\$3.00).....\$ \_\_\_\_\_  
 Late entry surcharge  
 Received after Dec. 7 but before Dec. 12 (\$5.00).\$ \_\_\_\_\_  
 Total this entry.....\$ \_\_\_\_\_

PLEASE NOTE LATE ENTRIES MUST BE TURNED INTO CORAL SPRINGS  
 NO LATER THAN 8 P.M., THURSDAY, DEC. 12, 1991. LATE ENTRIES  
 MAY BE SEEDD IN EMPTY LANES OR IN A SEPARATE HEAT.

NO INDIVIDUAL ENTRIES WILL BE ACCEPTED THE DAY OF THE MEET.

RELEASE BY PARTICIPANT FROM LIABILITY: I the undersigned participant intending to be legally bound, hereby, certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. I hereby waive any and all rights to claims for loss or damages arising out of my participation in the Masters Swimming program or any activities incident thereto against United States Masters Swimming, Inc., the Local Masters Swimming Committees, the clubs, host facilities, meet sponsors, meet committees, or any individuals officiating at the meets or supervising such activities, as a condition of my participation in Masters Swimming.

Date \_\_\_\_\_ Signature \_\_\_\_\_



# FLORIDA SWIM OFFICIALS

## COMMITTEE

AL SOLTIS, Chairman

Ron Laseman  
Ron Heminger

Jill Weller  
Jack Goltz

Tom Herrington  
John Mailhot

### AREA 1: RON LASEMAN

#### REFEREE (ALSO STARTER & STROKE/TURN)

James Balke  
Donald Blanchard  
Roger Deary  
Lee Keuck  
Jack Nemetz

Julie Balke  
Nancy Broner  
Jeff Devore  
Phillip Kniseley  
J.C. Warren

Michael Balzer  
Joe Conniff  
George Garcia  
Ron Laseman

#### STARTER

John D. Fike  
John Meehan  
Leonard Stewart

John J. Gay  
Walter Rosenbaum  
Jim F. Walker

Patricia McGlaughlin  
Danny Sheffield

#### STROKE & TURN

Karen Adair  
William Boer  
Susan M. Biles  
Catherine Cooper  
Sherry Drago  
John Fike  
Janice Garrett  
Joan M. Glaraton  
Marion Haffel  
Gary A. Hughes  
Leroy D. Knopfle  
Patricia McGlaughlin  
Richard Micko  
Marie Petty  
Walter A. Rosenbaum  
Gwen Shankwiler  
Vickie Smith  
Grady W. Steele  
Kathleen Troy  
Kathy Walker  
Jan Whitman  
Victoria Wolsfelt

Dolores Ahlberg  
Linda Bailey  
O. Kent Booher  
Art Devooght  
Susan S. Fields  
Janet Fowler  
John J. Gay  
Debra A. Glass  
Bob Hayes  
Kay M. Hughes  
Joyce Lewis  
John Meehan  
Richard Mintz  
Sandy Powell  
Carol Sameck  
William Simpson  
Rusty Stafford  
Leonard T. Stewart  
Nancy Tyson  
Linda Waters  
Douglas O. Wiles

William Atack  
Thomas Bates  
Tom Broner  
John Drago  
Woodford H. Fields  
Patricia Frykberg  
Lisa Girard  
George Green  
Marcia Herron  
Therese C. Hunter  
Debra Lueckert  
Peggy Micko  
Nancy Niblack  
Deborah M. Pruitt  
Danny Sheffield  
Connie Skinner  
David Starrett  
Richard A. Surino  
Jim F. Walker  
Carol Watts  
Bill Williams

### AREA 2: RON HEMINGER

#### REFEREE (ALSO STARTER & STROKE/TURN)

John I. Bandy  
Hyun Peterson  
William M. Wait

Bill Campbell  
Edwin J. Szczepanik  
Joanne Young

Fred Cruciger  
Duke Torbert

#### STARTER

Nancy Barnette  
Ronald S. Heminger  
Bill Marshall

John D. Everall  
Bill Jarrett  
Terry H. Stevens

Jose R. Gonzalez  
D. Van Lindsey

### AREA 2 (continued)

#### STROKE AND TURN

Hugh Alger  
Glenn Burns  
Ken Draper  
Gregory Foppiani  
Paula Gerding  
Ronald S. Heminger  
Bill Jarrett  
Bill Marshall  
Robert Szalc  
Henk Walters

Nancy Barnette  
Ron Caimano  
John D. Everall  
Pete Freuler  
Jose R. Gonzalez  
Thomas Holme  
Phyllis Keenan  
Janice Remmers  
Herman Tietgens

Dee Bridgewater  
Norman H. Cullen  
Susan Everall  
Stephanie Freuler  
Lois B. Grant  
Donald Hopkins  
D. Van Lindsey  
Terry H. Stevens  
Marjorie Welsh

### AREA 3: JILL WELLER

#### REFEREE (ALSO STARTER & STROKE/TURN)

✓ Donald A. Bitting  
Ronald E. Gelvin  
John R. Knobloch  
Frank Phelan  
David Smith  
✓ Suzanne Swisher  
✓ Paul T. Weller

✓ William Cash  
✓ Robert P. Herz  
✓ M.Y. Lett  
✓ Stephen F. Rohrbough  
✓ Al Soltis  
✓ William K. Taft

✓ Bill Cullen  
Jerry Karp  
George E. Mariani  
Samuel Scott  
✓ John E. Swisher  
✓ Jill H. Weller

#### STARTER

John Babka  
Stephen L. Johnson  
✓ Virginia Lett  
John Reich

Peter Captain  
✓ Donald Kennedy  
✓ Forest R. McDaniel  
Nancy Simpson

James M. Chaki  
Richard Landeck  
Esma Novak  
✓ John F. Ware

#### STROKE & TURN

John Babka  
Richard Bagev  
✓ Ruth Cash  
Cathy Dalka  
✓ Pat Eckelkamp  
Sally A. Farr  
Kathy Fortner  
J. Craig Honaman  
Richard Landeck  
✓ Forest R. McDaniel  
Elizabeth Neander  
Wayne Perry-Eaton  
Jennifer Simos  
Douglas P. Thomas  
Robert W. Weil

Robin Babka  
Peter Captain  
James M. Chaki  
John M. Doran  
James F. Evans  
Maria Feger  
✓ Thomas Gordon  
Stephen L. Johnson  
✓ Virginia Lett  
Benjamin G. Morris  
Esma Novak  
Robert J. Polly  
Nancy Simpson  
Frank H. Tillotson  
James D. Wetherwax

Charles Bauer  
Jay E. Carpenter  
Katherine J. Clark  
Janice M. Egan  
Lennis Farr  
Wayne R. Fetter  
Robert Griffiths  
✓ Donald Kennedy  
Steve Little  
Donnie C. Muddan  
Frank Pascott  
John H. Reigh  
David P. Smith  
✓ John F. Ware  
Nelson F. Wilkens

### AREA 4: JACK GOLTZ

#### REFEREE (ALSO STARTER & STROKE/TURN)

G. Robert Bowers  
Barbara E. Goltz  
Robert Krzeminski

Thomas Clark  
Jack D. Goltz  
David York

Larry L. Everett  
Bob Holton

#### STARTER

Janice A. Everett

Dale H. Heideman

Diana Smith

AREA 4 (continued)

STROKE & TURN

Carolyn Ballentine	Sam Ballentine	Mary Bowers
Jan Michael Bridges	Allan Egbert	Debra J. English
Janice A. Everett	Maureen B. Ginalski	Karen D. Harris
Dale H. Heideman	Robin Kung	Teri Liedy
Paul Milhan	Larry Pushor	Diana L. Smith
Janis Winchester	Kevin R. Zaffaroni	

These are the swimmers who are YMCA Certified Class II:  
 Joe Biondi, Doug Messineo, Anne Wilder, Peggy DuBose, Tom Harmon, John P Maguire, Harold Ferris, Abrasha Brainin, Sandy Steer, Elaine Bromwich, Charles Kohnken, Bob Atwood, Frank H Tillotson

AREA 5: TOM HERRINGTON

REFEREE (ALSO STARTER & STROKE/TURN)

Jerry Fink	Preston H. Gajan	Dennis F. Goyette
Tom Herrington	Marilyn Kilbride	Mary Lou Lock
Stephen Palmer		

STARTER

Gary A. Champney	David Dermer	Allan D. Graham
Richard Gualtier	James D. Kelly	Ron Wilber

STROKE & TURN

Sharon Bernard	Gary A. Champney	David Dermer
Francine Ferri	Jean G. Gajan	Allan D. Graham
Richard Gualtier	James D. Kelly	Ronald E. Wilber

AREA 6: JOHN MAILHOT

REFEREE (ALSO STARTER AND STROKE/TURN)

George J. Cusimano	William Dority	John Mailhot
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STARTER

John C. Greene	Walt Havenstein	Fred L. Hoffmann
George Kissam	Pamela Valdes	

STROKE & TURN

Donna Buzon	Cheryl Deacon	Nancy Eliassen
Linda Gagnon	Dorothy L. Giel	Jann C. Greene
Judy Havenstein	Walt Havenstein	Fred L. Hoffmann
Rebecca Horschel	George Kissam	Deborah Koch
Ted Kubisek	Cynthia H. Kubli	Kenneth H. May
Charles A. McGrath	Sherry Millis	Diana Nighswonger
Christine Semer	Pamela Valdes	Leslie A. Waddington

Dec 8, Dev Mt St Pete  
 50 free 100 I M  
 200 back 100 breast  
 100 fly 500 free  
 50 back 400 med rly  
 200 free

10

# Cornell Swimmer Chases Amberjack and Catches It

1939

BY THE ASSOCIATED PRESS

FORT LAUDERDALE, Fla., Dec. 30.—"A pretty kettle of fish" was the comment Friday by F. H. Tillotson, Cornell University swimmer, after winning a novel race against time and failing by a quarter-pound to equal the seasonal record for amberjack.

Tillotson, hooking the fish too late for the charter boat to reach the mainland before the deadline for registration of catches,

placed a halter on the thrashing amberjack and leaped overboard with a companion ~~swimmer~~ Gordon Little. They towed the fish to shore, borrowed a nickle to make a phone call, chartered a taxi and sped to the city docks.

There they found the amberjack weighed 45 1/2 pounds, just short of the record.

Tillotson, here for the international aquatic forum, said the weight shortage probably was due to wearing the fish down on the way to shore.

Other members of the party were Ted Chamberlain of Ithaca, N. Y., and Don Rankin of Batavia, N. Y.

Lee Starr, an accomplished Masters swimmer, volunteer coach, and model from Sun City, Arizona, is ISHOF's Member of the Month for his contributions to the swimming community and impressive accomplishments as a Masters competitor.

Lee says swimming has changed his life. "Swimming every morning and participating in regular competitive meets keeps us in good physical condition. When you get involved in Masters Swimming, you stop thinking about getting older, and start concentrating on getting faster."

## RELAY ALL AMERICANS 1991

The initial year OF Relay All Americans was voted into being at the National Convention in 1990. Swimmers on relay teams, in all three courses, which had the number one time, are recognized as "Relay All Americans". The official alphabetical listing will be distributed to LMSC record keepers beginning in April 1992 . They will make this list available to Club record keepers and theyto the individual swimmers. To obtain your certificate and patch you will apply, with fee to the to be designated address. This, from Dorothy Donnelly, National Secretary, will probably be to the National office--fee \$5.00. The National office will not be despatching the goodys. This is being decided through Walt Reid's office, so, have patience.

### Insurance

Each year our National Insurers re-define some coverage and require certain actions on our part. For a practice to be covered it must be supervised by a USMS member or a USS certified Coach. It is necessary that this person know the location of a phone and know whom to call in case of an emergency. Further, an additional person should know this information. Water Polo competition and synchronized swimming competition are not covered under the policy. Non USMS swimmers are not covered. Single swimmers in open water are not covered. Swimmers not members are not permitted to swim in the same lanes with members. The aim is to reduce the number of injuries thus holding costs down.

### North Shore Pool-St Pete

The Pool will be closed for renovation from December 9 to re-open March 16 1992. Work to be done includes the following with other things of less importance: The new gutters will be raised to provide a minimum depth of four feet. New starting blocks will be installed. 28 in number. The pool floor will be resurfaced and ten long course lanes will be marked instead of the present eight. Two new 1 meter diving boards, and standards, will be placed. The deck will be resurfaced non skid and will slope toward the pool for more efficient cleaning, there will be no obstructions on the deck. Aerators will be built into the gutters. The present chlorine based system will be maintained although a change is possible in the future. No shutdown would be required to make this change.

While this is going on Fossil Park pool will be open on the exact same schedule a N S P is now. Fossil is located on 9th St North at 67th Ave, next to the firehouse if you miss it. This is a typical neighborhood pool with 6 lanes and a diving well. We'll all need to cooperate using this facility both as to sharing lanes and time of use, deferring to those who swim before going to work.

### Publishing Records and Top 10.

The Records and Tabulations Committee will make available on a subscription basis a Tabulation that will contain the USMS Records, the USMS TOP 10 and the World Records for Individual and Relays events.

- 3 issues    April    (Short Course Meters)  
                  Sept    (Short Course Yards + World Records)  
                  Dec    (Long Course Meters + World Records)
- Price \$12.00/year subscription, order through National Office, payable to USMS.
- "Large print" approximately 20-25 pages.
- Sent via First class Mail.
- Single copies available from the National Office for \$6.00



# PONTE VEDRA TRAVEL

2280 S THIRD ST • PABLO PLAZA  
JACKSONVILLE BEACH FL 32250-4030  
Phone: 904-241-3271 Fax #: 904-241-4206

PRESS RELEASE

EDITOR: Florida Newsletter

NOTE: I AM SURE YOUR READERS WOULD LIKE TO KNOW ABOUT THIS  
FIRST EVER U.S. MASTERS SWIM TRIP TO RUSSIA

OCTOBER 15, 1991 JACKSONVILLE, FLA.

Last Spring Vladimir Salnikov, Russia's most famous swimmer extended a personal invitation to Tiger Holmes to bring a team of American Masters Swimmers to Russia to compete in the Russian Masters Swimming Championships. This is the first time an American Masters Swim Team has ever been invited to Russia.

This week letters went out to Masters Swimmers throughout the United States inviting them to join with Tiger Holmes in creating a large United States Team to compete in Russia. The trip is planned for June 7-15, 1992 and at a cost of about \$1895 per person, based on double occupancy.

The travel arrangements will be handled by Ponte Vedra Travel. The price includes roundtrip air from NYC, all transfers, pool shuttles, meet registration, visa fees, accommodations, sightseeing, all meals, special events. A four night post meet travel extension is also planned to St. Petersburg (Leningrad) after the meet.

This promises to be an exciting and historic swim trip. Swimmers interested should call Telfair Mahaffy, Captain of the Holmes Team (904 772-6100) or George Koski at Ponte Vedra Travel (1 800 833-SWIM) for more details.

END

## Paddler Extraordinary

John Edwards, St Petersburg Real Estate expert, St Pete Masters Swimmer is recently back from Melbourne, Australia. On the Merrey River a couple mile out of Melbourn he WON the World Marathon Paddling Championship. No mean sprint. 35 kilometers, about 21 miles. John is 42. Congratulations to an unusual champion.



## CAMP DATES

### THREE DAY WEEKEND

February 8 - 10, 1992  
March 14 - 16, 1992

### ONE WEEK CAMPS

December 7 - 13, 1991  
January 18 - 24, 1992  
February 22 - 28, 1992  
March 21 - 27, 1992  
July 11 - 17, 1992

*Coral Springs*



**AQUATIC  
COMPLEX**

Coral Springs Masters Swim Camps  
12441 Royal Palm Boulevard  
Coral Springs, Florida 33065

### **Three Day Weekend Camp**

\$150.00  
(\$50 deposit)

### **One Week Camp**

\$275.00  
(\$100 deposit)

### **DEPOSITS ARE NOT REFUNDABLE**

Make Checks Payable to:  
(U.S. Dollars only)

CITY OF CORAL SPRINGS

## SWIM MEETS

December 13 - 15, 1991 -  
(SC Yards)  
June 19 - 21, 1992  
(LC Meters)

Experts state that swimming is one of the most effective forms of exercise for:

- 1. Improving aerobic fitness.*
- 2. Resisting coronary disease.*
- 3. Lowering blood pressure.*
- 4. Relaxing after the tensions of work.*
- 5. Improving muscle tone, posture and general physical appearance.*



### **AUSSI MASTERS SWIMMING**

Swimming is ideal for those who fear that age or ill health prevents them from participating in more vigorous sports or exercises. When swimming, your body is supported by the water so there is no excessive stress on any one set of muscles as on the legs in running.

**FLORIDA LMSC TOP 5 REPORT FOR LONG COURSE METERS  
FOR THE 1991 SEASON  
QUESTIONS AND CORRECTIONS TO BE SENT TO  
CHARLES KOHNKEN 1258 FLUSHING AVE.  
CLEARWATER, FLORIDA 34624**

**WOMEN**

50 M. FREE WOMEN 19-24	5:43.70 MARY KYLE 28	400 M. I.M. WOMEN 25-29	3:00.04 BARBARA NICHOLS 34
31.83 CHRISTINE EARL 20	5:58.00 CHRISTINE SWANSON 28	6:40.20 KELLY SPIVEY 28	200 M. I.M. WOMEN 30-34
34.64 CATHERINE DATRES 24	6:04.11 LISA HUDAK 26	6:52.19 CHRISTINE SWANSON 28	2:55.58 WANDA BROWN 34
100 M. FREE WOMEN 19-24	6:18.40 JULIE CALAFIURA 29	7:13.35 LISA HUDAK 26	3:15.56 BARBARA NICHOLS 34
1:17.08 MARY GARSTKA 24	1500 M. FREE WOMEN 25-29	50 M. FREE WOMEN 30-34	3:40.99 JOAN GAMSD 33
1:19.57 CATHERINE DATRES 24	23:01.30 MARY KYLE 28	33.34 BARBARA NICHOLS 34	400 M. I.M. WOMEN 30-34
200 M. FREE WOMEN 19-24	24:04.05 LISA HUDAK 26	33.42 CATHY APICELLA 30	6:44.85 BARBARA NICHOLS 34
2:37.27 CHRISTINE EARL 20	26:12.05 CINDY GODING 27	34.52 LORI JERMAN 30	50 M. FREE WOMEN 35-39
2:54.12 CATHERINE DATRES 24	50 M. BACK WOMEN 25-29	34.69 KELLY BERGDOLL 33	33.10 KATHRYN WINE 39
400 M. FREE WOMEN 19-24	39.07 LISA FLANAGAN 28	35.31 JULIE LEHMAN 32	34.57 CYN HAIN 37
5:44.20 CHRISTINE EARL 20	40.39 MARY KYLE 28	100 M. FREE WOMEN 30-34	41.37 NANCY KIERNAN 36
6:06.08 CATHERINE DATRES 24	47.33 LISA HUDAK 26	1:12.20 CATHY APICELLA 30	50.65 DIANE BRADLEY 38
50 M. BACK WOMEN 19-24	100 M. BACK WOMEN 25-29	1:14.70 BARBARA NICHOLS 34	100 M. FREE WOMEN 35-39
39.86 MARY GARSTKA 24	1:23.35 KELLY SPIVEY 28	1:18.14 LORI JERMAN 30	1:14.07 KATHRYN WINE 39
41.59 PAMELA FEINBERG 24	1:26.34 LISA FLANAGAN 28	1:19.75 KELLY BERGDOLL 33	1:15.15 PAM BEIGER 38
48.86 CATHERINE DATRES 24	200 M. BACK WOMEN 25-29	1:22.33 JOAN GAMSD 33	1:32.23 NANCY KIERNAN 36
100 M. BACK WOMEN 19-24	2:56.79 LISA FLANAGAN 28	200 M. FREE WOMEN 30-34	1:48.14 COLLEEN EGAN 38
1:27.35 MARY GARSTKA 24	3:17.73 LISA HUDAK 26	2:29.26 WANDA BROWN 34	1:53.09 DIANE BRADLEY 38
1:45.05 CATHERINE DATRE 24	50 M. BRST WOMEN 25-29	2:42.59 BARBARA NICHOLS 34	200 M. FREE WOMEN 35-39
200 M. BACK WOMEN 19-24	39.24 LISA FLANAGAN 28	2:53.50 LORI JERMAN 30	2:41.57 PAM BEIGER 38
3:09.44 MARY GARSTKA 24	47.91 LISA HUDAK 26	2:56.20 JOAN GAMSD 33	2:41.66 KATHRYN WINE 39
3:11.29 PAMELA FEINBERG 24	47.94 JULIE CALAFIURA 29	400 M. FREE WOMEN 30-34	3:21.02 NANCY KIERNAN 36
50 M. BRST WOMEN 19-24	100 M. BRST WOMEN 25-29	5:15.97 WANDA BROWN 34	400 M. FREE WOMEN 35-39
42.10 CHRISTINE EARL 20	1:24.91 LISA FLANAGAN 28	5:48.19 BARBARA NICHOLS 34	5:38.06 PAM BEIGER 38
53.07 CATHERINE DATRES 24	1:41.18 LISA HUDAK 26	5:57.29 JULIE LEHMAN 32	5:44.01 KATHRYN WINE 39
100 M. BRST WOMEN 19-24	1:43.77 JULIE CALAFIURA 29	6:11.65 JOAN GAMSD 33	7:10.85 NANCY KIERNAN 36
1:36.17 CHRISTINE EARL 20	1:46.75 CINDY GODING 27	6:43.87 KELLY BERGDOLL 33	8:32.19 DIANE BRADLEY 38
200 M. BRST WOMEN 19-24	1:49.34 AMY JENKINS 27	1500 M. FREE WOMEN 30-34	800 M. FREE WOMEN 35-39
3:28.99 CHRISTINE EARL 20	200 M. BRST WOMEN 25-29	21:04.33 LAURA KALEEL 30	11:51.12 PAM BEIGER 38
50 M. FLY WOMEN 19-24	3:02.89 LISA FLANAGAN 28	23:06.61 BARBARA NICHOLS 34	15:14.69 NANCY KIERNAN 37
50.22 CATHERINE DATRES 24	3:29.66 BETTY LINCK 27	24:25.35 JOAN GAMSD 33	1500 M. FREE WOMEN 35-39
200 M. I.M. WOMEN 19-24	3:39.03 LISA HUDAK 26	28:38.90 ELLEN KAST 30	22:16.58 PAM BEIGER 38
3:10.52 PAMELA FEINBERG 24	50 M. FLY WOMEN 25-29	50 M. BACK WOMEN 30-34	27:47.89 NANCY KIERNAN 36
50 M. FREE WOMEN 25-29	32.48 KINBERLEE BRUNER 26	44.16 KELLY BERGDOLL 33	33:05.03 DIANE BRADLEY 38
30.16 KINBERLEE BRUNER 26	35.12 KELLY SPIVEY 28	100 M. BACK WOMEN 30-34	50 M. BACK WOMEN 35-39
34.05 CHRISTINE SWANSON 28	37.08 MARY KYLE 28	1:40.67 KELLY BERGDOLL 33	37.81 CYN HAIN 37
35.46 JULIE CALAFIURA 29	46.59 LISA HUDAK 26	200 M. BACK WOMEN 30-34	41.38 KATHRYN WINE 39
36.58 LISA HUDAK 26	100 M. FLY WOMEN 25-29	3:24.33 BARBARA NICHOLS 34	1:01.89 COLLEEN EGAN 38
38.47 AMY JENKINS 27	1:11.95 KINBERLEE BRUNER 26	3:36.60 KELLY BERGDOLL 33	100 M. BACK WOMEN 35-39
100 M. FREE WOMEN 25-29	1:34.39 CHRISTINE SWANSON 28	50 M. BRST WOMEN 30-34	1:29.82 CYN HAIN 37
1:11.74 LISA FLANAGAN 28	200 M. FLY WOMEN 25-29	46.07 LORI JERMAN 30	1:39.39 KATHRYN WINE 39
1:17.38 LISA HUDAK 26	3:21.34 CHRISTINE SWANSON 28	200 M. BRST WOMEN 30-34	200 M. BACK WOMEN 35-39
200 M. FREE WOMEN 25-29	3:25.65 LISA HUDAK 26	3:10.41 WANDA BROWN 34	3:09.15 CYN HAIN 37
2:35.55 LISA FLANAGAN 28	200 M. I.M. WOMEN 25-29	50 M. FLY WOMEN 30-34	100 M. BRST WOMEN 35-39
2:43.27 MARY KYLE 28	2:45.96 KINBERLEE BRUNER 26	35.56 BARBARA NICHOLS 34	1:39.39 KATHRYN WINE 39
2:44.72 CHRISTINE SWANSON 28	2:53.15 LISA FLANAGAN 28	47.50 KELLY BERGDOLL 33	50 M. FLY WOMEN 35-39
2:51.79 LISA HUDAK 26	3:14.25 CHRISTINE SWANSON 28	100 M. FLY WOMEN 30-34	36.27 KATHRYN WINE 39
3:12.33 CINDY GODING 27	3:19.37 LISA HUDAK 26	1:21.06 BARBARA NICHOLS 34	49.21 NANCY KIERNAN 36
400 M. FREE WOMEN 25-29	3:25.73 JULIE CALAFIURA 29	200 M. FLY WOMEN 30-34	200 M. I.M. WOMEN 35-39

3:02.98 KATHRYN WINE	39	46.61 DEBORAH MOORE	41	1:38.11 JACQUELYN PIPER	54	3:40.73 BEVERLEY TUCKER	56
3:13.34 CYN HAIN	37	100 M. BRST WOMEN 40-44		1:46.01 SANDY STEER	52	3:44.38 BARBARA ALLEN	57
3:14.09 PAM GEIGER	38	1:23.94 DEB WALKER	40	2:23.11 KAY MARTIN	54	400 M. FREE WOMEN 55-59	
3:58.04 NANCY KIERNAN	36	1:33.88 MEEGAN WILSON	42	200 M. FREE WOMEN 50-54		8:23.50 NANCY MEISSNER	58
400 M. I.M. WOMEN 35-39		1:36.05 ANNE PAGE	43	2:44.68 JAYNE LAMBKE	51	1500 M. FREE WOMEN 55-59	
6:51.43 PAM GEIGER	38	1:37.68 LYNN CARTEE	44	3:39.39 SANDY STEER	52	30:02.03 BEVERLEY TUCKER	56
50 M. FREE WOMEN 40-44		1:45.35 JOAN STAPEL	40	5:00.41 KAY MARTIN	54	31:13.16 BARBARA ALLEN	57
31.21 DEB WALKER	40	200 M. BRST WOMEN 40-44		400 M. FREE WOMEN 50-54		50 M. BACK WOMEN 55-59	
31.58 ANNE PAGE	43	3:01.46 DEB WALKER	40	5:50.96 JAYNE LAMBKE	51	54.44 BARBARA ALLEN	57
33.17 JUDY STEFANICK	40	3:21.74 MEEGAN WILSON	42	7:57.15 SANDY STEER	52	55.84 NANCY MEISSNER	58
34.28 MEEGAN WILSON	42	3:46.21 JOAN STAPEL	40	11:03.84 KAY MARTIN	54	1:17.74 SHIRLEY LEONARD	55
36.69 PATRICIA MARKEY	40	3:53.13 PENNY POTTER	43	800 M. FREE WOMEN 50-54		100 M. BACK WOMEN 55-59	
100 M. FREE WOMEN 40-44		50 M. FLY WOMEN 40-44		12:08.05 JAYNE LAMBKE	52	1:57.57 BEVERLEY TUCKER	56
1:13.47 JUDY STEFANICK	40	34.74 ANNE PAGE	43	1500 M. FREE WOMEN 50-54		200 M. BACK WOMEN 55-59	
1:21.32 MARY BARKER	41	35.25 JUDY STEFANICK	40	23:19.06 JAYNE LAMBKE	51	4:09.49 BARBARA ALLEN	57
1:25.39 BETTY LAROCHE	43	37.69 DEB WALKER	40	50 M. BACK WOMEN 50-54		4:14.38 BEVERLEY TUCKER	56
1:27.99 PENNY POTTER	43	42.12 MEEGAN WILSON	42	45.89 JAYNE LAMBKE	51	4:15.28 JOAN GALVIN	59
1:44.64 SANDRA POWELL	44	45.33 DEBORAH MOORE	41	54.03 ERNESTINE BEATTIE	54	4:38.78 NANCY MEISSNER	58
200 M. FREE WOMEN 40-44		100 M. FLY WOMEN 40-44		1:03.70 SANDY STEER	52	50 M. BRST WOMEN 55-59	
3:05.77 MARY BARKER	41	1:20.58 JUDY STEFANICK	40	1:05.59 KAY MARTIN	54	50.75 BEVERLEY TUCKER	56
3:12.69 BETTY LAROCHE	43	200 M. I.M. WOMEN 40-44		100 M. BACK WOMEN 50-54		1:18.31 NANCY MEISSNER	58
3:16.25 PENNY POTTER	43	2:55.07 DEB WALKER	40	1:40.15 JAYNE LAMBKE	51	200 M. BRST WOMEN 55-59	
3:28.41 JOAN STAPEL	40	3:01.19 JUDY STEFANICK	40	2:04.24 ERNESTINE BEATTIE	54	4:22.44 BEVERLEY TUCKER	56
400 M. FREE WOMEN 40-44		3:06.42 LYNN CARTEE	44	2:27.09 KAY MARTIN	54	50 M. FLY WOMEN 55-59	
5:55.17 LYNN CARTEE	44	3:07.79 ANNE PAGE	43	200 M. BACK WOMEN 50-54		57.33 BEVERLEY TUCKER	56
5:56.05 ANNE PAGE	43	3:23.20 MEEGAN WILSON	42	3:34.41 JAYNE LAMBKE	52	1:19.91 SHIRLEY LEONARD	55
6:08.68 JUDY STEFANICK	40	400 M. I.M. WOMEN 40-44		5:20.32 KAY MARTIN	54	50 M. FREE WOMEN 60-64	
6:25.25 MARY BARKER	41	6:28.39 JUDY STEFANICK	40	50 M. BRST WOMEN 50-54		44.96 NANCY DURSTEIN	61
6:36.36 BETTY LAROCHE	43	6:42.54 ANNE PAGE	43	52.31 JACQUELYN PIPER	54	45.55 MARYLOU MITCHELL	60
1500 M. FREE WOMEN 40-44		6:47.45 LYNN CARTEE	44	52.93 SANDY STEER	52	45.56 ALICE YUNGERT	64
22:48.74 ANNE PAGE	43	50 M. FREE WOMEN 45-49		55.15 ERNESTINE BEATTIE	54	47.16 RUTH HOSKINSON	61
25:17.98 MARY BARKER	41	38.93 ELAINE BROMWICH	48	1:36.31 KAY MARTIN	54	50.12 EDNA GORDON	64
25:53.38 BETTY LAROCHE	43	45.43 VAL BARFIELD	48	100 M. BRST WOMEN 50-54		100 M. FREE WOMEN 60-64	
27:26.85 LYN VAN VOORST	40	100 M. FREE WOMEN 45-49		1:49.56 JACQUELYN PIPER	54	1:46.60 NANCY DURSTEIN	61
50 M. BACK WOMEN 40-44		1:41.34 VAL BARFIELD	48	1:58.28 SANDY STEER	52	1:47.74 ALICE YUNGERT	64
36.29 JUDY STEFANICK	40	200 M. FREE WOMEN 45-49		200 M. BRST WOMEN 50-54		1:55.12 RUTH HOSKINSON	61
38.92 DEB WALKER	40	3:37.18 VAL BARFIELD	48	3:58.36 JACQUELYN PIPER	54	2:00.99 EDNA GORDON	64
40.58 ANNE PAGE	43	400 M. FREE WOMEN 45-49		4:13.77 SANDY STEER	52	2:25.85 MARY BOAZ	62
46.39 MEEGAN WILSON	42	7:43.64 VAL BARFIELD	48	50 M. FLY WOMEN 50-54		200 M. FREE WOMEN 60-64	
46.76 MARY BARKER	41	50 M. BACK WOMEN 45-49		38.26 JAYNE LAMBKE	51	3:38.51 NANCY DURSTEIN	61
100 M. BACK WOMEN 40-44		45.39 ELAINE BROMWICH	48	49.51 ERNESTINE BEATTIE	54	3:51.73 MARYLOU MITCHELL	60
1:18.43 JUDY STEFANICK	40	200 M. BACK WOMEN 45-49		100 M. FLY WOMEN 50-54		4:08.13 RUTH HOSKINSON	61
1:21.64 DEB WALKER	40	3:26.64 SUZY CARLSON	49	1:34.90 JAYNE LAMBKE	51	4:14.04 EDNA GORDON	64
1:41.22 MARY BARKER	41	100 M. BRST WOMEN 45-49		200 M. I.M. WOMEN 50-54		4:30.64 JOAN GLARATON	64
2:15.78 SANDRA POWELL	44	1:31.39 ELAINE BROMWICH	48	3:18.24 JAYNE LAMBKE	51	400 M. FREE WOMEN 60-64	
200 M. BACK WOMEN 40-44		200 M. FLY WOMEN 45-49		400 M. I.M. WOMEN 50-54		7:39.78 NANCY DURSTEIN	61
2:51.12 JUDY STEFANICK	40	3:46.41 SUZY CARLSON	49	7:14.16 JAYNE LAMBKE	51	8:06.96 ALICE YUNGERT	64
3:00.20 DEB WALKER	40	50 M. FREE WOMEN 50-54		50 M. FREE WOMEN 55-59		8:44.49 RUTH HOSKINSON	61
3:20.94 LYNN CARTEE	44	33.91 JAYNE LAMBKE	51	39.61 NANCY MEISSNER	58	10:19.21 MARY BOAZ	62
3:31.90 MARY BARKER	41	41.44 JACQUELYN PIPER	54	45.04 BARBARA ALLEN	57	800 M. FREE WOMEN 60-64	
50 M. BRST WOMEN 40-44		42.31 ERNESTINE BEATTIE	54	46.23 JOAN GALVIN	59	17:55.53 RUTH HOSKINSON	61
37.60 DEB WALKER	40	46.01 SANDY STEER	52	58.96 SHIRLEY LEONARD	55	1500 M. FREE WOMEN 60-64	
42.79 MEEGAN WILSON	42	59.97 KAY MARTIN	54	100 M. FREE WOMEN 55-59		29:17.09 NANCY DURSTEIN	61
44.11 ANNE PAGE	43	100 M. FREE WOMEN 50-54		1:40.01 BEVERLEY TUCKER	56	35:41.55 JOAN GLARATON	64
45.56 JOAN STAPEL	40	1:14.04 JAYNE LAMBKE	51	200 M. FREE WOMEN 55-59		41:08.02 MARY BOAZ	62

50 M. BACK WOMEN 60-64	100 M. BRST WOMEN 65-69	5:07.92 FRANCES CICHANSKI 74	2:14.21 DOROTHY HOPKINS 82
54.73 NANCY DURSTEIN 61	2:17.14 JUNE REYNOLDS 69	7:08.98 RACHEL ERWIN 71	50 M. FLY WOMEN 80-84
58.01 RUTH HOSKINSON 61	200 M. BRST WOMEN 65-69	50 M. BRST WOMEN 70-74	1:26.44 DOROTHY HOPKINS 82
58.06 MARYLOU MITCHELL 60	4:36.74 JUNE REYNOLDS 69	57.47 GERTRUD ZINT 73	100 M. FLY WOMEN 80-84
1:05.67 ALICE YUNGERT 64	5:47.41 ELLEN BOWEN 67	1:02.62 BARDI DENDY 70	3:23.86 DOROTHY HOPKINS 82
1:10.01 MARY BOAZ 62	50 M. FLY WOMEN 65-69	1:04.30 KAY SCHIMPF 73	<b>MEN</b>
100 M. BACK WOMEN 60-64	1:00.57 JUNE REYNOLDS 69	1:14.87 MARY FULMER 72	50 M. FREE M E N 19-24
2:01.13 NANCY DURSTEIN 61	100 M. FLY WOMEN 65-69	1:24.26 RACHEL ERWIN 71	28.34 STEVE SHOTTS 20
2:16.49 JOAN GLARATON 64	2:18.91 JUNE REYNOLDS 69	100 M. BRST WOMEN 70-74	100 M. FREE M E N 19-24
2:31.03 EDNA GORDON 64	200 M. FLY WOMEN 65-69	2:26.43 KAY SCHIMPF 74	1:03.06 STEVE SHOTTS 20
2:31.91 MARY BOAZ 62	4:56.67 JUNE REYNOLDS 69	200 M. BRST WOMEN 70-74	200 M. FREE M E N 19-24
200 M. BACK WOMEN 60-64	6:44.99 ELLEN BOWEN 67	5:09.78 KAY SCHIMPF 73	2:18.54 STEVE SHOTTS 20
4:06.82 NANCY DURSTEIN 61	200 M. I.M. WOMEN 65-69	6:45.48 RACHEL ERWIN 71	2:32.87 MARION MILNE 23
5:14.61 MARY BOAZ 62	4:31.98 JUNE REYNOLDS 69	50 M. FLY WOMEN 70-74	400 M. FREE M E N 19-24
50 M. BRST WOMEN 60-64	400 M. I.M. WOMEN 65-69	55.48 GERTRUD ZINT 73	4:51.67 STEVE SHOTTS 20
56.44 JOAN GLARATON 64	9:47.24 JUNE REYNOLDS 69	1:05.54 KAY SCHIMPF 74	5:27.04 MARION MILNE 23
1:03.64 RUTH HOSKINSON 61	50 M. FREE WOMEN 70-74	1:16.37 WINNIE WALTER 70	1500 M. FREE M E N 19-24
100 M. BRST WOMEN 60-64	42.22 BARDI DENDY 70	1:16.73 RACHEL ERWIN 71	19:45.92 STEVE SHOTTS 20
2:09.02 JOAN GLARATON 64	49.58 MARY FULMER 72	100 M. FLY WOMEN 70-74	21:12.50 MARION MILNE 23
2:22.96 RUTH HOSKINSON 61	51.73 GERTRUD ZINT 73	2:27.16 KAY SCHIMPF 74	100 M. BACK M E N 19-24
200 M. BRST WOMEN 60-64	54.86 RACHEL ERWIN 71	2:42.17 WINNIE WALTER 70	1:20.87 MARION MILNE 23
4:30.88 NANCY DURSTEIN 61	59.76 WINNIE WALTER 70	200 M. FLY WOMEN 70-74	200 M. BACK M E N 19-24
4:48.32 JOAN GLARATON 64	100 M. FREE WOMEN 70-74	5:30.48 KAY SCHIMPF 74	2:48.65 MARION MILNE 23
4:55.35 RUTH HOSKINSON 61	1:42.89 BARDI DENDY 70	5:41.15 WINNIE WALTER 70	100 M. BRST M E N 19-24
50 M. FLY WOMEN 60-64	1:57.01 GERTRUD ZINT 73	200 M. I.M. WOMEN 70-74	1:28.94 MARION MILNE 23
52.90 RUTH HOSKINSON 61	2:00.82 KAY SCHIMPF 73	4:46.25 KAY SCHIMPF 74	200 M. BRST M E N 19-24
1:06.36 JOAN GLARATON 64	2:05.62 MARY FULMER 72	400 M. I.M. WOMEN 70-74	3:11.59 MARION MILNE 23
100 M. FLY WOMEN 60-64	2:12.35 WINNIE WALTER 70	9:59.58 KAY SCHIMPF 74	50 M. FLY M E N 19-24
2:05.58 RUTH HOSKINSON 61	200 M. FREE WOMEN 70-74	10:04.89 GERTRUD ZINT 73	31.49 STEVE SHOTTS 20
2:11.74 NANCY DURSTEIN 61	3:52.19 BARDI DENDY 70	50 M. FREE WOMEN 75-79	100 M. FLY M E N 19-24
200 M. FLY WOMEN 60-64	4:14.97 GERTRUD ZINT 73	58.75 WIN KENNEDY 78	1:15.89 MARION MILNE 23
4:33.48 RUTH HOSKINSON 61	4:18.71 KAY SCHIMPF 74	1:13.47 MILLIE HUPP 75	200 M. FLY M E N 19-24
5:05.49 JOAN GLARATON 64	4:41.42 WINNIE WALTER 70	100 M. FREE WOMEN 75-79	3:01.47 MARION MILNE 23
200 M. I.M. WOMEN 60-64	4:57.25 MARY FULMER 72	2:20.50 WIN KENNEDY 78	200 M. I.M. M E N 19-24
4:12.81 NANCY DURSTEIN 61	400 M. FREE WOMEN 70-74	3:01.37 MILLIE HUPP 75	2:38.78 STEVE SHOTTS 20
4:19.40 RUTH HOSKINSON 61	8:47.90 KAY SCHIMPF 73	200 M. FREE WOMEN 75-79	2:43.88 MARION MILNE 23
4:58.62 JOAN GLARATON 64	9:16.09 GERTRUD ZINT 73	5:28.19 WIN KENNEDY 78	400 M. I.M. M E N 19-24
400 M. I.M. WOMEN 60-64	9:34.61 WINNIE WALTER 70	6:10.94 MILLIE HUPP 75	6:06.14 MARION MILNE 23
8:39.28 NANCY DURSTEIN 61	10:19.66 RACHEL ERWIN 71	400 M. FREE WOMEN 75-79	50 M. FREE M E N 25-29
9:16.94 RUTH HOSKINSON 61	800 M. FREE WOMEN 70-74	12:24.48 MILLIE HUPP 75	28.94 STEVE GROSSMAN 29
50 M. FREE WOMEN 65-69	18:41.16 KAY SCHIMPF 74	50 M. BACK WOMEN 75-79	29.03 DAVID MILBURN 29
45.99 JUNE REYNOLDS 69	50 M. BACK WOMEN 70-74	1:13.98 WIN KENNEDY 78	100 M. FREE M E N 25-29
100 M. FREE WOMEN 65-69	55.73 GERTRUD ZINT 73	1:33.09 MILLIE HUPP 75	55.75 CHRIS STEVENSON 26
1:48.59 JUNE REYNOLDS 69	56.63 BARDI DENDY 70	100 M. BACK WOMEN 75-79	56.96 THOMAS SMITH 29
200 M. FREE WOMEN 65-69	1:04.49 MARY FULMER 72	2:52.71 WIN KENNEDY 78	1:00.84 RONALD COLLINS 29
4:04.89 JUNE REYNOLDS 69	1:08.12 FRANCES CICHANSKI 74	3:18.79 MILLIE HUPP 75	1:03.84 STEVE GROSSMAN 29
4:53.43 ELLEN BOWEN 67	1:24.68 WINNIE WALTER 70	200 M. BACK WOMEN 75-79	1:04.18 CLIFF MORAN 26
800 M. FREE WOMEN 65-69	100 M. BACK WOMEN 70-74	6:38.34 MILLIE HUPP 75	200 M. FREE M E N 25-29
21:15.11 ELLEN BOWEN 67	2:05.68 BARDI DENDY 70	50 M. BRST WOMEN 75-79	2:01.14 CHRIS STEVENSON 26
100 M. BACK WOMEN 65-69	2:10.27 GERTRUD ZINT 73	1:25.25 WIN KENNEDY 78	2:05.53 THOMAS SMITH 29
2:10.99 JUNE REYNOLDS 69	2:22.12 KAY SCHIMPF 74	100 M. BRST WOMEN 75-79	2:29.54 STEVE GROSSMAN 29
200 M. BACK WOMEN 65-69	3:04.10 WINNIE WALTER 70	3:06.09 WIN KENNEDY 78	2:33.81 CLIFF MORAN 26
4:48.45 JUNE REYNOLDS 69	3:23.08 RACHEL ERWIN 71	50 M. FLY WOMEN 75-79	2:34.50 DAVID MILBURN 29
50 M. BRST WOMEN 65-69	200 M. BACK WOMEN 70-74	1:20.21 WIN KENNEDY 78	400 M. FREE M E N 25-29
1:04.65 JUNE REYNOLDS 69	4:44.18 KAY SCHIMPF 74	100 M. FREE WOMEN 80-84	4:24.47 CHRIS STEVENSON 26
			4:26.11 THOMAS SMITH 29



5:27.08 STEVE GROSSMAN 29	19:48.10 ANDY SMITH 34	5:42.23 ANDY SMITH 34	2:27.30 PAUL WISE 35
1500 M. FREE M E N 25-29	19:58.50 GARY ZARKIS 30	5:46.16 ALLEN LYDICK 33	2:33.45 CLARK HAMILTON 35
17:55.89 THOMAS SMITH 29	19:59.50 JOHN WOODRUFF 30	6:20.42 MURRAY YOUNG 33	200 M. I.M. M E N 35-39
22:45.32 STEVE GROSSMAN 29	20:25.10 LARRY BLACK 33	50 M. FREE M E N 35-39	2:33.60 CLARK HAMILTON 35
50 M. BACK M E N 25-29	22:27.26 HOWARD DIXON 33	27.24 KEVIN MC CORMACK 38	2:45.67 THOMAS ATKINS 37
29.71 CHRIS STEVENSON 26	50 M. BACK M E N 30-34	28.83 BERT BOWERS 37	2:45.85 ROBERT DAVIE 39
200 M. BACK M E N 25-29	30.03 WILLIAM SPECHT 33	29.06 ROBERT DAVIE 39	400 M. I.M. M E N 35-39
2:20.21 CHRIS STEVENSON 26	32.33 ANDY SMITH 34	100 M. FREE M E N 35-39	5:55.09 THOMAS ATKINS 37
100 M. BRST M E N 25-29	35.09 GENE KENNEDY 31	1:02.78 KEVIN MC CORMACK 38	6:22.17 ROBERT DAVIE 39
1:24.23 CLIFF MORAN 26	35.16 STEVE MORELAND 33	1:05.59 ROBERT DAVIE 39	50 M. FREE M E N 40-44
200 M. BRST M E N 25-29	38.37 LARRY BLACK 33	1:06.35 BERT BOWERS 37	27.83 JOHN MAGUIRE 44
2:53.17 THOMAS SMITH 29	100 M. BACK M E N 30-34	1:12.60 RODNEY SWANIGAN 39	28.49 RICK WALKER 40
50 M. FLY M E N 25-29	1:04.12 WILLIAM SPECHT 33	1:19.38 BILL LAVERTY 38	29.64 RUSTY EARP 42
26.63 CHRIS STEVENSON 26	1:14.24 ANDY SMITH 34	200 M. FREE M E N 35-39	29.72 JOHN EDWARDS 42
30.47 STEVE GROSSMAN 29	1:15.97 LARRY LOW 31	2:29.18 TOM ATKINS 37	31.34 GEORGE BURKE 42
30.94 DAVID MILBURN 29	1:17.55 STEVE MORELAND 33	2:54.62 BILL LAVERTY 38	100 M. FREE M E N 40-44
100 M. FLY M E N 25-29	1:18.97 GENE KENNEDY 31	400 M. FREE M E N 35-39	1:02.73 RICK WALKER 40
59.55 CHRIS STEVENSON 26	200 M. BACK M E N 30-34	4:47.47 PAUL WISE 35	1:03.89 JOHN MAGUIRE 44
1:00.72 THOMAS SMITH 29	2:32.49 WILLIAM SPECHT 33	6:08.78 BILL LAVERTY 38	1:08.57 RUSTY EARP 42
1:05.06 RONALD COLLINS 29	2:43.82 ANDY SMITH 34	1500 M. FREE M E N 35-39	1:11.36 DAVID PERKEY 40
1:19.75 STEVE GROSSMAN 29	2:52.46 CHRIS PRATHER 33	19:22.60 PAUL WISE 35	1:13.51 GEORGE BURKE 42
1:20.86 DAVID MILBURN 29	2:53.28 MURRAY YOUNG 33	24:48.27 BILL LAVERTY 38	200 M. FREE M E N 40-44
200 M. FLY M E N 25-29	2:55.48 GENE KENNEDY 31	26:23.39 RODNEY SWANIGAN 39	2:23.50 RICK WALKER 40
2:14.41 THOMAS SMITH 29	50 M. BRST M E N 30-34	50 M. BACK M E N 35-39	2:24.89 JOHN MAGUIRE 44
3:31.24 STEVE GROSSMAN 29	32.89 ALLEN LYDICK 33	34.19 KEVIN MC CORMACK 38	2:27.30 JOHN EDWARDS 42
200 M. I.M. M E N 25-29	35.10 ANDY SMITH 34	37.11 THOMAS ATKINS 37	2:38.53 RUSTY EARP 42
2:21.10 THOMAS SMITH 29	37.53 STEVE MORELAND 33	38.17 ROBERT DAVIE 39	2:40.72 GEORGE BURKE 42
2:44.02 CLIFF MORAN 26	42.63 KURT KITMAN 33	41.56 BILL LAVERTY 38	400 M. FREE M E N 40-44
400 M. I.M. M E N 25-29	49.25 STEVE HOUSE 31	100 M. BACK M E N 35-39	5:12.99 RICK WALKER 40
5:44.85 RONALD COLLINS 29	100 M. BRST M E N 30-34	1:18.61 THOMAS ATKINS 37	5:29.79 RUSTY EARP 42
50 M. FREE M E N 30-34	1:14.95 ALLEN LYDICK 33	1:19.24 ROBERT DAVIE 39	7:02.76 BRUCE DAY 41
25.83 ANDY SMITH 34	1:21.65 ANDY SMITH 34	1:31.27 BILL LAVERTY 38	7:22.53 SPENCER BOWEN 40
28.15 FRED LEADBETTER 31	1:34.35 KURT KITMAN 33	200 M. BACK M E N 35-39	1500 M. FREE M E N 40-44
28.22 WILLIAM SPECHT 33	200 M. BRST M E N 30-34	2:49.04 THOMAS ATKINS 37	27:17.07 BRUCE DAY 41
28.28 LARRY BLACK 33	2:47.44 ALLEN LYDICK 33	2:56.12 ROBERT DAVIE 39	30:55.59 SPENCER BOWEN 40
28.32 LARRY LOW 31	3:03.20 ANDY SMITH 34	3:12.68 BILL LAVERTY 38	50 M. BACK M E N 40-44
100 M. FREE M E N 30-34	50 M. FLY M E N 30-34	50 M. BRST M E N 35-39	35.65 JOHN MAGUIRE 44
57.74 ANDY SMITH 34	27.11 WILLIAM SPECHT 33	34.39 CLARK HAMILTON 35	37.55 JAMES DONNELLY 42
1:02.02 LARRY LOW 31	29.19 ALLEN LYDICK 33	41.54 BILL LAVERTY 38	100 M. BACK M E N 40-44
1:02.41 LARRY BLACK 33	30.46 MURRAY YOUNG 33	41.71 ROBERT DAVIE 39	1:25.85 JAMES DONNELLY 42
1:04.17 ALLEN LYDICK 33	30.50 FRED LEADBETTER 31	100 M. BRST M E N 35-39	200 M. BACK M E N 40-44
1:04.40 GENE KENNEDY 31	30.68 ANDY SMITH 34	1:18.58 CLARK HAMILTON 35	3:13.12 JAMES DONNELLY 42
200 M. FREE M E N 30-34	100 M. FLY M E N 30-34	1:35.26 BILL LAVERTY 38	50 M. BRST M E N 40-44
2:10.12 ANDY SMITH 34	59.14 WILLIAM SPECHT 33	200 M. BRST M E N 35-39	33.36 ARTHUR HALTTUNEN 41
2:16.29 WILLIAM SPECHT 33	1:09.49 FRED LEADBETTER 31	2:59.00 CLARK HAMILTON 35	34.91 RICK WALKER 40
2:18.24 LARRY BLACK 33	200 M. FLY M E N 30-34	3:30.49 TOM ATKINS 37	36.61 JAMES DONNELLY 42
2:19.12 FRED LEADBETTER 31	2:17.41 WILLIAM SPECHT 33	50 M. FLY M E N 35-39	39.55 RUSTY EARP 42
2:35.09 CHRIS PRATHER 33	200 M. I.M. M E N 30-34	27.91 KEVIN MC CORMACK 38	100 M. BRST M E N 40-44
400 M. FREE M E N 30-34	2:30.82 ALLEN LYDICK 33	29.17 CLARK HAMILTON 35	1:16.06 ARTHUR HALTTUNEN 41
4:44.15 ANDY SMITH 34	2:34.14 FRED LEADBETTER 31	31.29 ROBERT DAVIE 39	1:18.59 RICK WALKER 40
4:53.21 LARRY BLACK 33	2:36.00 ANDY SMITH 34	100 M. FLY M E N 35-39	1:22.06 JAMES DONNELLY 42
4:58.88 JOHN WOODRUFF 30	2:38.72 LARRY LOW 31	1:05.75 KEVIN MC CORMACK 38	200 M. BRST M E N 40-44
5:02.10 FRED LEADBETTER 31	2:45.98 MURRAY YOUNG 33	1:06.59 CLARK HAMILTON 35	2:52.22 RICK WALKER 40
5:14.59 MURRAY YOUNG 33	400 M. I.M. M E N 30-34	1:28.86 ROBERT DAVIE 39	3:03.05 JAMES DONNELLY 42
1500 M. FREE M E N 30-34	5:24.32 WILLIAM SPECHT 33	200 M. FLY M E N 35-39	50 M. FLY M E N 40-44

31.11 JOHN MAGUIRE	44	2:48.68 PETER BETZER	49	26:16.93 DOUG MESSINEDO	50	42.90 C.WEATHERBEE	58
32.82 RICK WALKER	40	3:11.64 GARY TRIMBLE	48	31:28.76 BILL CASTLEMAN	50	48.89 CHARLES KOHNKEN	59
33.33 RUSTY EARP	42	3:26.33 BRUCE MEINTJIES	49	33:26.72 FORREST MCDANIEL	54	100 M. BACK M E N 55-59	
33.78 DAVID PERKEY	40	5:26.18 BILL RAGAN	49	40:33.13 JOE BAKER	51	1:17.13 JACK BEATTIE	56
36.93 GEORGE BURKE	42	50 M. BRST M E N 45-49		50 M. BACK M E N 50-54		1:34.83 C.WEATHERBEE	58
100 M. FLY M E N 40-44		37.20 PETER BETZER	49	35.29 RICHARD CAMPBELL	51	200 M. BACK M E N 55-59	
1:22.03 DAVID PERKEY	40	38.00 T.VAN DER VEEN	46	48.49 DOUG MESSINEDO	50	2:51.88 JACK BEATTIE	56
200 M. FLY M E N 40-44		38.55 GARY TRIMBLE	48	100 M. BACK M E N 50-54		3:34.65 C.WEATHERBEE	58
3:23.23 DAVID PERKEY	40	41.24 JOHN BISHOP	46	1:18.21 RICHARD CAMPBELL	51	3:41.03 ROBERT COULTER	58
200 M. I.M. M E N 40-44		42.76 CHUCK NIELSEN	45	200 M. BACK M E N 50-54		50 M. BRST M E N 55-59	
3:02.18 RUSTY EARP	42	100 M. BRST M E N 45-49		2:55.52 RICHARD CAMPBELL	51	40.10 RAY BURNS	55
400 M. I.M. M E N 40-44		1:26.00 T.VAN DER VEEN	46	3:39.41 DOUG MESSINEDO	50	43.03 HARRY PIPER	56
6:26.51 JAMES DONNELLY	42	1:28.71 GARY TRIMBLE	48	4:20.00 WILLIAM BALLARD	53	47.79 ROBERT COULTER	58
6:52.70 RUSTY EARP	42	1:30.63 PETER BETZER	49	50 M. BRST M E N 50-54		100 M. BRST M E N 55-59	
7:05.36 GEORGE BURKE	42	1:35.25 JOHN BISHOP	46	39.49 DOUG MESSINEDO	50	1:38.75 HARRY PIPER	56
50 M. FREE M E N 45-49		2:29.56 BILL RAGAN	49	43.38 RICHARD CAMPBELL	51	200 M. BRST M E N 55-59	
29.07 GARY TRIMBLE	48	200 M. BRST M E N 45-49		100 M. BRST M E N 50-54		3:40.57 HARRY PIPER	56
30.05 CHUCK NIELSEN	45	3:07.02 T.VAN DER VEEN	46	1:32.50 DOUG MESSINEDO	50	50 M. FLY M E N 55-59	
31.69 BRUCE MEINTJIES	49	3:12.18 PETER BETZER	49	200 M. BRST M E N 50-54		37.15 JACK BEATTIE	56
32.22 BILL RODENFELS	49	3:17.63 GARY TRIMBLE	48	3:26.18 DOUG MESSINEDO	50	100 M. FLY M E N 55-59	
32.71 JOHN BISHOP	46	3:22.11 JOHN BISHOP	46	50 M. FLY M E N 50-54		1:23.28 JACK BEATTIE	56
100 M. FREE M E N 45-49		5:31.67 BILL RAGAN	49	39.09 DOUG MESSINEDO	50	1:24.33 RAY BURNS	55
1:06.45 GARY TRIMBLE	48	50 M. FLY M E N 45-49		1:34.85 JOE BAKER	52	200 M. FLY M E N 55-59	
1:12.33 CHUCK NIELSEN	45	30.12 CHUCK NIELSEN	45	100 M. FLY M E N 50-54		3:31.48 RAY BURNS	55
1:13.14 BILL RODENFELS	49	32.57 GARY TRIMBLE	48	1:16.49 ERNIE LESKOVITZ	54	200 M. I.M. M E N 55-59	
1:16.06 BRUCE MEINTJIES	49	37.64 BILL RODENFELS	49	1:45.81 DOUG MESSINEDO	50	2:58.21 JACK BEATTIE	56
2:35.00 BILL RAGAN	49	45.47 BRUCE MEINTJIES	49	200 M. FLY M E N 50-54		3:30.07 CHARLES KOHNKEN	59
200 M. FREE M E N 45-49		1:11.82 BILL RAGAN	49	3:46.26 DOUG MESSINEDO	50	3:32.37 C.WEATHERBEE	58
2:35.79 GARY TRIMBLE	48	100 M. FLY M E N 45-49		7:32.41 JOSEPH BAKER	52	400 M. I.M. M E N 55-59	
2:43.17 BILL RODENFELS	49	1:13.15 CHUCK NIELSEN	45	200 M. I.M. M E N 50-54		7:33.62 CHARLES KOHNKEN	59
2:43.27 JOHN BISHOP	46	200 M. I.M. M E N 45-49		3:17.71 DOUG MESSINEDO	50	7:37.39 C.WEATHERBEE	58
2:49.54 PETER BETZER	49	2:58:42 GARY TRIMBLE	48	6:51.91 JOSEPH BAKER	52	50 M. FREE M E N 60-64	
2:52.81 BRUCE MEINTJIES	49	2:58.88 PETER BETZER	49	400 M. I.M. M E N 50-54		32.41 DUDLEY DEGROOT	63
400 M. FREE M E N 45-49		3:00.28 CHUCK NIELSEN	45	7:07.68 DOUG MESSINEDO	50	32.80 HAROLD FERRIS	60
5:44.36 JOHN BISHOP	46	5:30.72 BILL RAGAN	49	50 M. FREE M E N 55-59		35.13 WARREN ANDERSON	64
5:44.50 CHUCK NIELSEN	45	400 M. I.M. M E N 45-49		29.77 JACK BEATTIE	56	37.06 WILLIAM AUSTIN	64
6:01.48 BILL RODENFELS	49	6:24.32 PETER BETZER	49	33.34 HARRY PIPER	56	40.05 CHARLIE RANDALL	62
6:24.47 BRUCE MEINTJIES	49	6:37.25 CHUCK NIELSEN	45	34.65 CHARLES KOHNKEN	59	100 M. FREE M E N 60-64	
1500 M. FREE M E N 45-49		50 M. FREE M E N 50-54		35.52 ROBERT COULTER	58	1:19.65 HAROLD FERRIS	60
23:32.55 JOHN BISHOP	46	31.78 DOUG MESSINEDO	50	100 M. FREE M E N 55-59		1:23.50 WARREN ANDERSON	64
24:54.89 BILL RODENFELS	49	32.66 RICHARD CAMPBELL	51	1:07.46 JACK BEATTIE	56	1:34.76 WEST DUPES	60
33:13.32 DANIEL DERUSSY	48	100 M. FREE M E N 50-54		1:16.18 CHARLES KOHNKEN	59	1:37.18 EDWARD ALLEN	60
50 M. BACK M E N 45-49		1:11.23 GEORGE MANN	53	1:16.66 RAY BURNS	55	1:39.63 ROBERT WILLIAMS	63
35.52 PETER BETZER	49	1:13.73 RICHARD CAMPBELL	51	1:25.98 HARRY PIPER	56	200 M. FREE M E N 60-64	
36.59 GARY TRIMBLE	48	1:14.42 DOUG MESSINEDO	50	200 M. FREE M E N 55-59		3:13.68 HAROLD FERRIS	60
43.55 JOHN BISHOP	46	1:54.27 FORREST MCDANIEL	54	2:52.99 CHARLES KOHNKEN	59	3:28.60 WARREN ANDERSON	64
43.91 BRUCE MEINTJIES	49	200 M. FREE M E N 50-54		400 M. FREE M E N 55-59		3:34.36 EDWARD ALLEN	60
45.79 BILL RODENFELS	49	2:40.30 GEORGE MANN	53	6:13.59 CHARLES KOHNKEN	59	3:42.70 WEST DUPES	60
100 M. BACK M E N 45-49		3:29.09 WILLIAM BALLARD	53	800 M. FREE M E N 55-59		4:13.11 CHARLES RANDALL	62
1:15.40 PETER BETZER	49	5:12.69 JOSEPH BAKER	52	15:42.20 HARRY PIPER	56	400 M. FREE M E N 60-64	
1:24.20 GARY TRIMBLE	48	400 M. FREE M E N 50-54		1500 M. FREE M E N 55-59		7:44.16 EDWARD ALLEN	60
1:35.55 JOHN BISHOP	46	5:41.50 RICHARD CAMPBELL	51	25:12.64 CHARLES KOHNKEN	59	8:34.25 CHARLIE RANDALL	62
1:39.07 BRUCE MEINTJIES	49	8:32.12 FORREST MCDANIEL	54	50 M. BACK M E N 55-59		800 M. FREE M E N 60-64	
1:42.66 BILL RODENFELS	49	11:21.90 JOE BAKER	52	34.49 JACK BEATTIE	56	13:32.35 ROBERT BEACH	61
200 M. BACK M E N 45-49		1500 M. FREE M E N 50-54		41.28 ROBERT COULTER	58	15:14.83 HAROLD FERRIS	60

16:18.31 EDWARD ALLEN 61	9:35.70 EDWARD ALLEN 60	100 M. FREE M E N 70-74	1:35.01 KERMIT HOTVEDT 76
1500 M. FREE M E N 60-64	50 M. FREE M E N 65-69	1:30.46 JOHN HAAKE 72	1:58.10 JAMES MITCHELL 79
24:09.98 ROBERT BEACH 60	34.71 BALINT PAPP 69	1:34.86 EARL DICKEY 71	200 M. FREE M E N 75-79
27:51.24 HAROLD FERRIS 60	38.09 ALVIN ROGERSON 65	1:42.32 ROBERT ATWOOD 71	3:29.60 JOHN JOHNSTON 75
30:38.12 EDWARD ALLEN 60	39.55 ROBERT PATTON 69	1:50.33 JOE HERRERA 74	3:49.47 KERMIT HOTVEDT 76
50 M. BACK M E N 60-64	39.89 RALPH ROGERS 67	2:00.00 BILL UHRICH 70	4:18.32 JAMES MITCHELL 79
42.28 RALPH COXHEAD 62	43.15 MARION WELLFORD 69	200 M. FREE M E N 70-74	4:25.70 ED FULMER 79
42.49 DUDLEY DEGRODT 63	100 M. FREE M E N 65-69	3:28.74 JOHN HAAKE 72	400 M. FREE M E N 75-79
47.01 HAROLD FERRIS 60	1:25.37 BALINT PAPP 69	3:44.73 EARL DICKEY 71	8:51.97 JAMES MITCHELL 79
50.85 ROBERT WILLIAMS 63	1:28.77 RALPH ROGERS 67	3:52.02 ROBERT ATWOOD 70	9:10.95 FRANK TILLOTSON 76
50.85 WARREN ANDERSON 64	1:31.90 ALVIN ROGERSON 65	400 M. FREE M E N 70-74	1500 M. FREE M E N 75-79
100 M. BACK M E N 60-64	1:47.08 ROBERT PATTON 69	7:33.06 JOHN HAAKE 72	30:40.06 JOHN JOHNSTON 75
1:34.73 RALPH COXHEAD 62	1:59.20 MARION WELLFORD 69	8:22.78 BILL UHRICH 70	50 M. BACK M E N 75-79
1:42.71 WILLIAM WALLACE 63	200 M. FREE M E N 65-69	8:28.46 EARL DICKEY 71	54.10 FRANK TILLOTSON 76
1:49.13 HAROLD FERRIS 60	3:19.85 RALPH ROGERS 67	1500 M. FREE M E N 70-74	57.86 JAMES MITCHELL 79
1:54.93 WARREN ANDERSON 64	3:34.76 ALVIN ROGERSON 65	32:58.90 EARL DICKEY 71	59.42 KERMIT HOTVEDT 76
2:09.62 EDWARD ALLEN 60	3:53.05 ROBERT PATTON 69	50 M. BACK M E N 70-74	1:01.55 ED FULMER 79
200 M. BACK M E N 60-64	4:39.42 MARION WELLFORD 69	46.75 BILL UHRICH 70	100 M. BACK M E N 75-79
3:28.68 RALPH COXHEAD 62	400 M. FREE M E N 65-69	48.40 JOHN HAAKE 72	2:03.70 FRANK TILLOTSON 76
3:51.37 HAROLD FERRIS 60	7:57.55 ALVIN ROGERSON 65	51.47 EARL DICKEY 71	2:11.54 JAMES MITCHELL 79
4:12.23 WILLIAM WALLACE 64	1500 M. FREE M E N 65-69	58.18 ROBERT ATWOOD 70	200 M. BACK M E N 75-79
4:18.38 ROBERT WILLIAMS 63	32:56.48 ALVIN ROGERSON 65	1:02.04 JOE HERRERA 74	4:26.97 FRANK TILLOTSON 76
4:25.72 WARREN ANDERSON 64	50 M. BACK M E N 65-69	100 M. BACK M E N 70-74	4:35.45 JOHN JOHNSTON 75
50 M. BRST M E N 60-64	51.37 ABRASHA BRAININ 68	1:48.45 JOHN HAAKE 72	4:55.12 JAMES MITCHELL 79
44.16 WILLIAM AUSTIN 64	54.94 ALVIN ROGERSON 65	1:49.47 BILL UHRICH 70	50 M. BRST M E N 75-79
47.13 WARREN ANDERSON 64	58.02 ROBERT PATTON 69	2:07.27 EARL DICKEY 71	54.58 JOHN JOHNSTON 75
50.90 HAROLD FERRIS 60	59.70 MARION WELLFORD 69	2:28.75 ROBERT ATWOOD 70	55.39 ED FULMER 79
1:11.19 CHARLIE RANDALL 62	100 M. BACK M E N 65-69	200 M. BACK M E N 70-74	59.93 FRANK TILLOTSON 76
100 M. BRST M E N 60-64	2:12.78 MARION WELLFORD 69	3:56.96 JOHN HAAKE 72	1:08.87 KERMIT HOTVEDT 76
1:39.85 WILLIAM AUSTIN 64	200 M. BACK M E N 65-69	4:16.34 BILL UHRICH 70	100 M. BRST M E N 75-79
1:47.67 WARREN ANDERSON 64	5:08.88 MARION WELLFORD 69	4:57.83 EARL DICKEY 71	2:04.34 JOHN JOHNSTON 75
2:02.16 HAROLD FERRIS 60	50 M. BRST M E N 65-69	50 M. BRST M E N 70-74	2:13.32 ED FULMER 79
2:15.49 ROBERT WILLIAMS 63	45.27 ABRASHA BRAININ 68	47.63 BILL UHRICH 70	200 M. BRST M E N 75-79
3:01.60 EDWARD ALLEN 60	53.92 ROBERT PATTON 69	48.17 EARL DICKEY 71	4:27.33 JOHN JOHNSTON 75
200 M. BRST M E N 60-64	1:02.41 ALVIN ROGERSON 65	1:02.67 JOE HERRERA 74	4:58.34 ED FULMER 79
3:46.37 WILLIAM AUSTIN 64	100 M. BRST M E N 65-69	1:14.93 ROBERT ATWOOD 70	5:03.27 FRANK TILLOTSON 76
4:16.57 WARREN ANDERSON 64	1:50.69 ABRASHA BRAININ 68	100 M. BRST M E N 70-74	100 M. FLY M E N 75-79
4:47.74 ROBERT WILLIAMS 63	1:53.70 BALINT PAPP 69	1:53.84 BILL UHRICH 70	2:10.77 JOHN JOHNSTON 75
6:50.09 EDWARD ALLEN 60	2:32.40 ALVIN ROGERSON 65	2:00.94 EARL DICKEY 71	200 M. FLY M E N 75-79
50 M. FLY M E N 60-64	200 M. BRST M E N 65-69	200 M. BRST M E N 70-74	4:36.42 JOHN JOHNSTON 75
41.53 HAROLD FERRIS 60	4:01.53 ABRASHA BRAININ 68	4:16.52 BILL UHRICH 70	200 M. I.M. M E N 75-79
42.15 WILLIAM AUSTIN 64	4:12.71 BALINT PAPP 69	4:27.00 EARL DICKEY 71	4:07.97 JOHN JOHNSTON 75
47.98 WARREN ANDERSON 64	4:54.43 ROBERT PATTON 69	50 M. FLY M E N 70-74	4:52.81 FRANK TILLOTSON 76
54.01 WEST DUPES 60	50 M. FLY M E N 65-69	40.51 BILL UHRICH 70	400 M. I.M. M E N 75-79
54.02 ROBERT WILLIAMS 63	51.62 ALVIN ROGERSON 65	1:03.24 EARL DICKEY 71	8:39.06 JOHN JOHNSTON 75
100 M. FLY M E N 60-64	100 M. FLY M E N 65-69	200 M. I.M. M E N 70-74	
2:01.58 EDWARD ALLEN 60	1:50.51 BALINT PAPP 69	3:54.84 BILL UHRICH 70	
200 M. FLY M E N 60-64	200 M. I.M. M E N 65-69	4:53.15 EARL DICKEY 71	
4:27.38 EDWARD ALLEN 60	3:47.47 BALINT PAPP 69	50 M. FREE M E N 75-79	
200 M. I.M. M E N 60-64	400 M. I.M. M E N 65-69	40.05 JOHN JOHNSTON 75	
3:52.32 HAROLD FERRIS 60	8:27.72 BALINT PAPP 69	42.31 KERMIT HOTVEDT 76	
4:04.62 WARREN ANDERSON 64	50 M. FREE M E N 70-74	52.02 JAMES MITCHELL 79	
4:22.25 ROBERT WILLIAMS 63	38.66 EARL DICKEY 71	53.05 FRANK TILLOTSON 76	
4:37.25 EDWARD ALLEN 60	40.15 JOE HERRERA 74	100 M. FREE M E N 75-79	
400 M. I.M. M E N 60-64	42.06 ROBERT ATWOOD 70	1:30.75 JOHN JOHNSTON 75	