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Editor  
2494 13th Ave. North #46  
St. Petersburg, FL 33713

VOLUME VII

MAY 1992

NUMBER II

# **FLORIDA LOCAL MASTERS SWIM COMMITTEE NEWSLETTER**

**Meet Entry Forms Enclosed**



COMING EVENTS

MAY

1991

May				
03	St Petersburg FlDev Meet The "NEW" North Shore Pool John Bishop 4717 Overlook Dr NE St Pete. Fl 33703	813-526-2373	SCY	
09-10	Delray Bch FL "Aqua Crest" Greg Tye 2503 Seacrest Blvd Delray Bch FL 33444	407-278-7174	SCY	
21-24	Chapel Hill NC NATIONAL SHORT COURSE			
June				
03	St. Pete Dev Meet John Bishop Above		LCM	
? ?	Nashville TN		LCM	
19-21	Coral Springs FL Judy Bonning12441 Royal Blvd Coral Springs FL 33065	305-345-5370	LCM	
30				
July				
05	Indianapolis IN World Masters Championships FINA/MSI Heidi Neuburger 901 W New York St 204 Indianapolis IN 46202 Postmark or FAX Midnight May 22			
24-26	St Petersburg FL Annual Championships John Bishop Above		LCM	
31				
August				
01-02	Baton Rouge LA DIXIE ZONE CHAMPIONSHIPS Scott Rabalais 950 So Foster Dr #35 Baton Rouge LA 70806	504-928-5596	LCM	
? ?	Charlotte NC			
20-23	Federal Way WA NATIONAL LONG COURSE Jane Moore MD 30891 14 Av So Federal Way WA 98003			
29	Coral Springs FL Relay Carnival Judy Bonning Above		LCM	
30	Delray Bch FL Greg Tye Above		LCM	
Sept				
26-27	Delray Bch Annual Fall Classic Greg Tye Above		SCY	
Oct				
? ?	Boca Raton FL 7th Fall Classic Barbara Bertram 2299 NE 4th Way Boca Raton FL 33431		SCY	
Nov				
28-29	Boca Raton FL Top 10 Challenge Greg Tye Above		SCM	
Dec				
11-13	Coral Springs FL Judy Bonning Above		SCY	
Swimp Camp	Coral Springs Above July 11-19			
Usual Meets...	No Data			
July	Atlanta Charleston			

FROM THE REGISTRAR: 4/11/92

1. 715 Total registered swimmers:  
    513 Renewals  
    202 News
2. **REMINDER:** There is a 30-day TRIAL (not GRACE) period in which swimmers are permitted by USMS to try out a club to see if their program meets the swimmers' needs. After 30 days, if the swimmers plan to continue working out with that/those club(s), they are then to be registered with USMS via the LMSC registrar.
3. For health reasons, I have resigned as the Florida LMSC Registrar. Charlie Kohnken and I will be exchanging positions, and all club registrars will be notified when the change will take place.

Ed Note: Charles Kohnken is currently our Recorder

This year, even numbered, is RULES year for changes or modification by majority vote at the Annual Convention. You should have any comments, proposals or modifications in the hands of either Chairman John P Maguire or Catie Cooper, a member of the Rules committee no later than June 15th.

Any other proposals coming up for the Legislation sector should be in the hands of John P Maguire or Frank H Tillotson, a member of the Legislation committee. Any such proposal would take a 90% vote at Convention to pass. Next year, odd year, Legislation proposals will require the majority.

The LMSC officers and National Committee members are anxious to hear your suggestions. We hear them at meets and on pool decks but these ideas must be in writing or directly presented to a person who can relay it to the various committee chairpersons. Only LMSC's can present your ideas.

## News from Gold Coast Masters

Reduced attendance at meets has prompted Florida Gold Coast to consolidate with Boca Masters, Coral Springs and Aquacrest Masters to combine to register as one Club. Ft Lauderdale Swim Team has not joined this group. Team names will continue to be used for meet location identification.

## A Monumental Task

Up in Jacksonville swimming takes on a new importance. Rogers B Holmes (Tiger), Mentor of Holmes Lumber Jax Masters Swim Club, and the Club have taken on the project of teaching all 200,000 there to swim. To accomplish this an unidentified donor has set to finance the training of 60 Volunteers to learn and use the Red Cross Water Safety Instructor program. The City's some 30 pools will be used for instruction so long as weather allows their outdoor use. What an example to follow!

## St Pete Masters 22nd Annual Short Course Championship

This is always a good meet and this year attracted an even 300 entries. The weather Gods cooperated and while not perfect conditions were good. John Bishop and Harold Ferris with their assistants and cooperation of the North Shore Pool Staff along with the indispensable John Ware at the computer kept things in focus and things went well. Albeit too many DQ's. 9 Women and 16 Men. The Officials kept the meet moving along and their effort of volunteer time was greatly appreciated.

Individual high point winners: Listed 24 & U through 85-89

Patricia M Domal	Anne B McGuire	Mark A Mac Donald	Thomas E Smith
Merit L Graves	Nancy N Durstein	Chris L Stevenson	Al Rogerson
Mary H Roebuck	June Krauser 93	Thomas G Smith	Rogers B Holmes
Barbara K Nichols	Florence E Carr 93	Clark Hamilton	John D Johnston
Judy K Stefanick	June B Reynolds	Virgil C Daniels	Richard M Kane
Elaine Bromwich	Frances E Cichanski	John V Zeigler	nc 85-89
Jayne Lambke	Ruth D Switzer	William E Ragan	
	Marian B McKechnie		

## Team Placings

Women	Men	Combined
1 SPM	SPM	SPM
2 HLJ	HLJ	HLJ
3 Gold	Gold	UNA
		SMS

29 Clubs represented

NOW ON TO LONG COURSE JULY 24-26

At the BOLTS MARDI GRAS meet SHERI BROWNSTEIN, St Pete Masters, won high point. Combining with Mother LYNN, the two finished 10th in team standings.

KURT PREDMORE, Clearwater Masters won his high point scoring points enough to tie for 17th team wise. WILLIAM (Bill) GRANT representing Holmes Lumber Jax won his high point award, and, again alone, was 19th on the team list. 25 teams scored points.

The FLORIDA LMSC was not highly represented but quality sure was high.

## 1992 FLORIDA STATE SENIOR GAMES

Swimming G.T. Bray Complex Bradenton FL

April 4-5 Long Course Meters with Colorado Timing

These meets are a mix of recreational and Master Swimmers. Competitive in all areas. About 75 took part looking for the first, second, and third place medals. Over a third attending were USMS registered swimmers.

The overall purpose of these games is to encourage physical activity and friendship among the entrants, Toward better health and pleasure in living. 55+ ages up. The staff at G T Bray and Manatee County with volunteers made the meet to run well and be enjoyed whilst consuming the refreshments set out for all. AND the weather cooperated with warm breezes and mostly sunny skies.

**U.S. National Senior Sports Classic IV  
Baton Rouge, Louisiana  
June 12-18, 1993**

The following is a listing of all USNSO member games. Qualifying sites for the 1993 U.S. National Senior Sports Classic are labeled as are games that are closed to out-of-state residents. For information about a specific game, contact the coordinator (COOR) shown.

**ALABAMA**

Alabama Sr. Olympics  
P.O. Box 1000  
Montgomery, AL 36101  
PH: 205-261-1564  
COOR: Ms. Bobbie Anderson  
DATES: 5/2-8/92  
QUALIFYING GAME

Oxford Parks & Recreation  
P.O. Box 3383  
Oxford, AL 36203  
PH: 205-831-2660  
COOR: Don Hudson  
DATES: 10/21-22/92

**MISSISSIPPI**

South Mississippi Senior Sports Classic  
1800 Beach Drive  
Gulfport, MS 39507  
PH: 601-896-8469  
COOR: Donald Cross  
DATES: 10/14-17/92  
QUALIFYING GAME

Mississippi Golden Games  
421 W. Pascagoula Street  
Jackson, MS 39203  
PH: 601-949-2064  
COOR: Jane Mapp  
DATES: 5/21-23/92  
QUALIFYING GAME

**LOUISIANA**

★ Louisiana Senior Olympic Games  
P.O. Box 14748  
Baton Rouge, LA 70898-4748  
PH: 504-925-1748  
COOR: Jennifer Taylor  
DATES: 10/19-26/92  
QUALIFYING GAME

**TEXAS**

Texas Senior Games For Fun And Fitness  
P.O. Box 13309  
Arlington, TX 76094-13309  
PH: 817-572-6978  
COOR: Kelly Arceneaux  
DATES: 5/27-30/92  
QUALIFYING GAME

Corpus Christi Senior Games  
YMCA of Corpus Christi  
417 S. Broadway  
Corpus Christi, TX 78403  
PH: 512-882-1741  
COOR: Dusty Wilson  
DATES: 4/2-4/92

**FLORIDA**

Gulf Coast Senior Games  
c/o NCNB National Bank  
P.O. Box 1061  
Bradenton, FL 34206  
PH: 813-745-3062  
COOR: Barbara Shapiro  
7 DATES: 11/20-12/6/92  
QUALIFYING GAME

South Florida Senior Games  
Parks and Recreation Dept.  
City of Fort Lauderdale  
301 N. Andrews Avenue  
Fort Lauderdale, FL 33301  
PH: 305-761-5394  
2 COOR: Suzanne Broucek  
DATES: LATE OCTOBER 1992

Polk County Senior Games  
4215 Forest Hills Drive  
Lakeland, FL 33813  
PH: 813-646-8151  
5 COOR: Nancy Thornberry  
DATES: 11/16-22/92

Village Senior Games  
1403 Paradise Drive  
Lady Lake, FL 32159  
PH: 904-753-0637  
1 COOR: Pat Evenson  
DATES: 10/12-20/92

The Paradise Games  
P.O. Box 1942  
Marco Island, FL 33967  
PH: 813-394-4229  
3 COOR: Connie M. Kormanyos  
DATES: 10/31-11/7/92

Golden Age Games  
P.O. Box 1298  
Sanford, FL 32772-5687  
PH: 407-330-5687  
COOR: Jim Adams  
4 DATES: 11/1-7/92  
QUALIFYING GAME

Nu-Hope of Highlands Co., Inc.  
6414 US Hwy 27, South  
Sebring, FL 33870  
PH: 813-382-2134  
COOR: Kathleen Crivello  
DATES: 2/28-29/92 *fib*

Good Life Games  
P.O. Box 12288 (MC226-8050)  
St. Petersburg, FL 33733-2288  
PH: 813-539-9487  
COOR: Shirley Lewis  
6 DATES: 11/17-22/92  
*Qualifying Game*

**GEORGIA**

Georgia Golden Olympics  
Division of Health  
878 Peachtree St., NE #102  
Atlanta, GA 30309  
PH: 404-894-4451  
COOR: Vicki C. Pilgrim  
DATES: 10/1-3/92  
QUALIFYING GAME

**SOUTH CAROLINA**

★ South Carolina Senior Sports Classic  
326 Townes Road  
Columbia, SC 29210  
PH: 803-772-0363  
COOR: Carl M. Hust  
DATES: 5/21-23/92  
QUALIFYING GAME

Low Country Senior Sports Classic, Inc.  
391 Egypt Road  
Mt. Pleasant, SC 29464  
PH: 803-884-2528  
COOR: Laurie Clarke  
DATES: 4/30-5/2/92

**NORTH CAROLINA**

★ North Carolina Senior Games  
P.O. Box 33590  
Raleigh, NC 27363  
PH: 919-851-5456  
COOR: Margot Raynor  
DATES: 10/1-4/92  
QUALIFYING GAME

**TENNESSEE**

★ Tennessee Senior Games, Inc.  
400 S. Highland Ave.  
Jackson, TN 38301  
PH: 901-423-0075  
COOR: Sylvia Pinson  
DATES: 7/27-30/92  
QUALIFYING GAME

★ Closed to out-of-state Residents

Florida Dates

1 10-20 12-20  
2 Late Oct  
3 10-31=11-7  
4 11-1-7  
5 11-16-22  
6 11-17-22  
7 11-20-12-6  
Actual Swim dates later



# PONTE VEDRA TRAVEL

2280 S THIRD ST • PABLO PLAZA  
JACKSONVILLE BEACH FL 32250-4030  
Phone: 904-241-3271 Fax #: 904-241-4206

March 19, 1992

Mr. Frank Tillotson  
Florida Newsletter  
2494 13th Avenue N. #46  
St. Petersburg, FL 33713

Dear Frank,

We wanted to advise you as soon as possible of our plans to cancel the Russian Swim Trip scheduled for this June. The reasons for the cancellation are the concerns over the political and economic situation in Russia and the possible financial risks faced by the operators of the trip if the trip was cancelled or interrupted after the final payments were made. It was an extremely difficult decision to make, as we had a large number of swimmers who had signed up for the trip. We of course are completely refunding the deposit to all swimmers and hope to reschedule the trip at a future time.

The to decision to postpone the Russian trip until the situation is more stable in Russia does not effect our other swim trips we have scheduled for 1992 and we hope you will advise your fellow swimmers. It is our hope many of the swimmers originally signed up for Russia will now consider the other swim packages we are offering:

**VI WORLD MASTERS SWIMMING CHAMPIONSHIPS:** This is the first time the World Masters has ever been held in the USA. A record number of swimmers are expected. Only two hotels in Indianapolis are within walking distance of the pool. Our package includes seven nights accommodations at the Marriott Courtyard Hotel, just a short walk to the pool, transfers to and from the airport, special events and meet registration. The price is just \$498 per person based on double occupancy. There are just a limited number of rooms remaining. A \$50 deposit is required, confirmed on a space available basis and is due now. (Call Ann for details)

**BARBADOS INTERNATIONAL CHAMPIONSHIPS:** Last October the first Barbados International Championships were held in the brand new competition pool in Barbados. Over fifty USA swimmers attending agreed that it was "the Best". The beauty of the island combined with the beauty of the people made this one of the most fun and successful meets of 1991. Our package will be a repeat of our 1991 package, including beach front hotel, breakfast, transfers, meet registration, pool shuttles, special events and party and much more. The price will be \$998 per person based on double occupancy. A \$150 deposit is required by May. (Call Kathi for details)

**HAWAII OPEN-ROWDY GAINES:** Olympic Gold Medal Swimmer, Rowdy Gaines will host the Third Annual Hawaii Masters Swimming Championships in Oahu, Hawaii, November 11-16, 1992. For this exciting event we have developed a super package that includes five nights hotel accommodations at the Outrigger Hotel right opposite the world famous Waikiki Beach and just a short commute to the pool. The package includes rental car, swim registration, a big special Hawaii closing party, parking and a special commemorative tee shirt from the Swim meet. Rowdy Gaines and special guests will also conduct swim clinics during the break each day. Entires are excepted from around the world including Japan, Canada, USA and Europe. The price is an amazing low price of \$399 per person based on double occupancy. Special airfares are also available from all over the USA as low as \$516 from the east coast. A deposit of \$100 per person is needed by the end of June. (Call Ann for details)

Again we regret the cancellation of the Russian Trip, but hope you understand our concerns that led to the decision. Thank you for your help and we will keep you informed on our swim trips. If you have any questions please call our toll free number 1 800 833-SWIM.

Respectfully,

George Koski  
Ponte Vedra Travel



## DIXIE ZONE S.C.Y. CHAMPIONSHIP

Dynamo Swim Center in Atlanta was the site of the Dixie Zone Short Course Yards Championship for 1992. A total of 227 swimmers attended - an increase of 56 swimmers from the previous year's meet! Each of the 7 LMSC's in Dixie were represented.

Host team Georgia Masters Killer Whales dismissed themselves from the team competition, leaving Greater Knoxville Masters with the team title. The Music City Masters (Nashville) finished second, and Palmetto Masters (Charleston, SC) finished third.

## DIXIE ZONE L.C.M. CHAMPIONSHIP

The Louisiana State University Natatorium in Baton Rouge will be the site of our Zone's LCM Championship this summer. The meet is scheduled for July 31 - August 2, with the 1500 meter free on Friday evening.

The meet will feature team and LMSC awards, along with high-point and "Zone Champion" awards. A Seafood Social will highlight Saturday evening.

For entry information, contact Zone Representative and Meet Director:

Scott Rabalais  
950 S. Foster Drive #35  
Baton Rouge, LA 70806  
(504) 928-5596

## DIXIE ZONE RECORDS AND TOP TEN

Our Zone Recorder, Rocky Motter of Bristol, TN, has been busy at the keyboard compiling results from meets in all three courses and producing Zone Records and Top Ten. Each team representative in Dixie Zone has been sent the Records and Top Ten for LCM and SCM in 1991.

Meet Directors are reminded to send to Rocky a copy of your meet results. Her address is:

Rocky Motter  
108 Tiffany Rd.  
Bristol, TN 37620  
(615) 652-1998

The deadline for sending Rocky meet results coincides with the USMS deadline for sending Walt Reid Top Ten information at the end of each season. Therefore, please send all SCY results to Rocky by May 31.

**FOR YOUR INFORMATION: DIXIE ZONE CONSISTS OF APPROXIMATELY 3000 SWIMMERS AND 120 TEAMS. IT INCLUDES THE FOLLOWING LMSC'S: FLORIDA, FLORIDA GOLD COAST, GEORGIA, NORTH CAROLINA, SOUTH CAROLINA, SOUTHEASTERN, AND SOUTHERN.**



Gulf Masters Swimming, Inc,

### Open Your Home to Visiting Swimmers

It has been suggested that it might be convenient if there were a "Network" set up with information on people who are willing and able to house guests during swim meets. This information would be made available to meet directors, who would then be able to match up out-of-town members with in-town hosts, upon request.

This would result in decreased cost for swimmers, which might lead to more participation, and more fun for everyone. Being a host just means providing a place to sleep for the night or nights during the meet in your town.

All that's needed is for people to volunteer to be hosts, and for someone to gather the information and pass it on. I will host, and I've offered to be the "gatherer".

If your town holds masters swim meets, and you are willing and able to provide a bed for one or more visiting swimmers when these occur, please take the time and twenty-nine cents to send me the following information:

- Your name**
- Your address**
- Your phone number**
- Visitors you can accommodate (number and sex)**

A list of all volunteers will be compiled and will be available to meet directors.

It is understood that volunteers will not always be available as hosts, but hopefully it will simplify the task of finding "homes" for people who might otherwise have to miss a meet, or who would just prefer to stay with fellow swimmers rather than in a hotel. Thanks!

Send to:

# Local Swimming Committee NEWS

## USS, U.S. Masters Get Together

Many U.S. Swimming and U.S. Masters Swimming clubs cooperate closely to run meets, share practice time and coordinate fund raisers at the local level. Since the two organizations are separate, however, this relationship can result in questions about membership and insurance issues.

During its semi-annual meeting in January, 1991 the U.S. Sports Insurance Company board of directors considered several questions that have been raised by members of both organizations. They made the following recommendations which were then adopted by the U.S. Swimming Board of Directors.

1.) *Question:* Can a U.S. Masters Swimming member train with a U.S. Swimming club without purchasing a separate U.S. Swimming athlete membership?

*Answer:* Yes, a USMS athlete can train with a USS club without purchasing a separate USS athlete membership. If he were injured during the workout, the USMS secondary accident medical insurance would respond.

If the USMS athlete wants to compete in a U.S. Swimming-sanctioned meet, he must first join U.S. Swimming as an athlete member.

2.) *Question:* Is a USS official covered by liability insurance when he works at a U.S. Masters Swimming meet?

*Answer:* Yes, U.S. Masters provides liability insurance on a primary basis to cover USS officials who work at USMS meets. The limits of coverage are \$1 million per occurrence, \$2 million in total.

3.) *Question:* Can a U.S. Masters Swimming member officiate at a U.S. Swimming meet without having to purchase a separate USS non-athlete membership?

*Answer:* Yes, but only in those positions where USS membership is not required. U.S. Swimming Rules and Regulations Article 202.3.2 states, "All meet directors, referees, starters, marshals, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be members of United States Swimming, Inc...." Therefore, USMS members can serve only in administrative or timing capacities. Meets always need help in these vital areas, however!

Hopefully this information will help to foster the cooperative relationship between U.S. Swimming and U.S. Masters Swimming clubs across the country. Questions about this information should be directed to either organizations' national headquarters.



## THE TRIALS

Your Editor was fortunate to be able to attend the Olympic Team Selection Meet at Indianapolis the first week in March, as an official. Although in format this seems like a National Championship meet, it isn't. The intensity of individual drive, as well as that of the coaches, is most apparent. The attention and enthusiasm and partisanship of the spectators reaches a high level. Steve Crocker, St Louis, was cheered on by 200 fans who came en masse to cheer. Steve was 3rd in the 50 fr. At the finish of events there were obvious outbursts of success and gloomy faces of not being that few hundreds of a second faster. No one who made the trip to compete was less than successful, the pinnacle meet short of the Olympics themselves. Diversity of ages was unusual..from Anita Nall, 15, to Pablo Morales and Matt Biondi beyond 25. The elder swimmer in the meet, Master swimmer Sandy Neilson-Bell, 35 who swam 26.74 and was tied for 13th overall. Nicole Haislett was certainly Florida's most successful swimmer. Nicole won the two hundred free, was second in the hundred, second in the two hundred I.M. and will swim two relays. St Petersburg and the University of Florida are proud of Nicole. Some of us have been swimming with Nicole since she was eight years old at St Pete's North Shore Pool. A fine representative of Florida. Indianapolis has made itself a center of athletic and racing activity and has learned well how to bring people back. Hospitality is a practiced art. The residents take it seriously. Albeit they know it brings money and they do know how to get it. At the meet itself we were showered with kindness, food, accommodations at the pool, a swim if you wished, more than usual "gifts" from sponsors. We did get there and reside at our own expense. Security was tight, several levels of passes existed and without yours you didn't go beyond spectator areas. While the stands were not full every session attendance was high and exceeding enthusiastic. It was a great occasion.

## OATMEAL BARS FOR SWIMMERS

A Betty Ferris Family Recipe

St Pete Masters

1 1/2 c. brown sugar	1 t. vanilla
4 c. oatmeal	1 c. vegetable oil
1 c. whole wheat flour	3 eggs (or eggbeaters)
1 t. soda	1 1/2 c. chopped dates
1 t. salt	1 c. chopped nuts

Mix dry and liquid ingredients separately; then combine. Spread in 11 X 15 pan and bake 30 min. at 350 degrees. Cut in bars.



Upon the one year anniversary of the demise of Backstroke we are marking its passage as a unique competitive stroke. On March 3, 1991 Backstroke as a competitive stroke ended when the requirement to swim on ones back for the entire distance was eliminated. Now anyone with a flip turn can swim something called Backstroke. Some day we may be able to look back and find Backstroke again. Until then we will have to swim the new Alternative Freestyle and let FINA and other rule making bodies call it backstroke.

FROM MINNESOTA MASTERS

### Timely

Al: "I got up at dawn yesterday to see the sunrise."  
Abe: "Well, you couldn't have picked a better time."

## SUNCOAST MASTERS SPRINT MEET

MAY 30, 1992 (This is NOT Memorial Day weekend)

Sanction # 92-14 by Florida LMSC Inc  
1509 Bunker Hill Drive SCC, FL 33573

Sponsored by Suncoast Masters  
Meet Directors: Deb Walker and Peg Carlson

**TYPE OF MEET** Six lanes, fifty meters long course course. Lane seven will be a buffer lane, and lane eight will be a warm-up/warm-down lane. All events are timed finals.

**DATE & TIME** Saturday, May 30, 1992.  
Warm-up at 11 AM Meet starts at 12 noon

**LOCATION** ARLINGTON AQUATIC CENTER  
2650 WALDEMERE STREET SARASOTA, FL 34239  
Directions attached

**TIMING EQUIPMENT** Colorado timing equipment, computer scoring

**WARM-UPS** Saturday, May 30: 11 AM

**ELIGIBILITY** Open to all registered Masters. A copy of your 1992 card must accompany the entry.

**SEEDING** All heats will be seeded slowest to fastest, regardless of age. All entries submitted must have a time: NO TIME is not permitted. Submit times in meets not more than 2 years previous.

**ENTRY LIMIT** Five (5) individual events for the day.

**ENTRY FEE** \$ 2.50 per event plus a \$ 5 surcharge (timing).  
A free heat sheet is included in this cost.  
Relay time trials: \$ 2 per relay.

**ENTRIES DUE** Entries are due in the hands of the meet director no later than May 20, 1992. A check MUST accompany the entry, made to Suncoast Masters.

**SCRATCHES** If a swimmer is unable to attend the meet, call Deb Walker at 813-923-3540 no later than May 28 to receive a full refund. Swimmers not reporting to the blocks when their event is called will be scratched.

**AWARDS** Each swimmer will receive a custom T shirt that promotes Masters swimming: a multi-color design by Jim Donnelly. You must SWIM 3 events to get a T shirt.

**SOCIAL** There will be a social immediately following the meet at the adjoining park next to the pool.

**ANNUAL ST. PETERSBURG MASTERS LONG COURSE SWIMMING CHAMPIONSHIPS  
FOR MEN AND WOMEN NINETEEN AND OLDER**

**JULY 24, 25, 26, 1992**

**ST. PETERSBURG, FLORIDA**

**SANCTIONED BY: FLORIDA LOCAL MASTERS SWIM COMMITTEE - SANCTION #: 92-13**

**SPONSORED BY: ST. PETERSBURG DEPARTMENT OF LEISURE SERVICES**

**ST. PETE MASTERS, INC.**

**MEET DIRECTORS: JOHN P. BISHOP AND HAROLD FERRIS**

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**ELIGIBILITY:**

The meet is open to all registered MASTERS. A COPY OF YOUR 1992 REGISTRATION CARD MUST BE INCLUDED WITH YOUR ENTRY FORM. All entrants must have a current 1992 USMS Registration on file with the local team registrar PRIOR to the meet entry deadline.

**RELAY ELIGIBILITY:**

All relay members must be registered members of the team they represent, sign a meet waiver form and pay the \$2.00 timing surcharge.

**NUMBER OF EVENTS:**

Competitors may enter no more than 5 individual events per day, plus one freestyle, one medley, one mixed freestyle and one mixed medley relay per meet.

**ENTRY FEES:**

Entry fee shall be \$2.50 for each individual event. There is a \$6.00 surcharge for the automatic timing and the heat sheet.

**RELAYS:**

Deck entered relays will be accepted at the meet at \$4.00 per team entered.

**ENTRIES DUE:**

Entries must be in the hands of the Meet Director no later than TUESDAY, JULY 14, 1992. NO DECK ENTRIES; EXCEPT RELAYS.

**ENTRY FORMS:**

Please complete and return the ENTRY FORM, SEEDING FORM and a COPY OF YOUR 1992 USMS CARD. Enclose a self-addressed and stamped post card if you wish verification your entry was received.

**SEEDING:**

All heats will be seeded SLOWEST to FASTEST regardless of AGE. All entries submitted MUST HAVE A TIME - NO TIME ENTRIES CANNOT BE ACCEPTED (FLA LMSC, INC. rule effective 6-1-87). Submit best competitive times in meets not more than two years previous. All events are timed finals. The 1500 Freestyle will be deck seeded, combining men and women. Names of all swimmers entered in the 1500 Freestyle will be called until the last heat is seeded - with late arrivals being placed in the next available heat. SWIMMERS MUST CHECK IN FOR THIS EVENT.

**POOL FACILITIES:**

Northshore Pool is located on Tampa Bay, 901 North Shore Drive N.E., St. Petersburg, Florida. There is one-eight lane, 50 meter course, with a warm-up lane available.

**SCRATCH PROCEDURES:**

If a swimmer is unable to attend the meet, CALL John Bishop (813) 526-2373 or Harold Ferris (813) 896-0250 no later than July 23rd and your money will be refunded in full. Swimmers and relays not reporting to the blocks when their HEAT is called will be scratched in that event. Please report scratches to the Head Referee as soon as known.

**WARM-UP:**

Warm-up will be approximately one hour before starting time. On Friday, July 24th warm-up will begin at 4:30 p.m.

**TIMING:**

Colorado Timing will be used with hand held back-up timing on each lane.

**SCORING:**

First - 9; Second - 7; Third - 6; Fourth - 5; Fifth - 4; Sixth - 3; Seventh - 2; Eighth - 1. DOUBLE POINTS FOR RELAYS.

**AWARDS:**

Special medals will be awarded for FIRST PLACE and ribbons for second through eighth place in individual events. Relays will receive ribbons for FIRST, SECOND and THIRD. Individual high point awards, FIRST through THIRD place will be given for men and women with the most points in their age group. A competitor must enter a minimum of 5 individual events to qualify. High Point Awards will ONLY be awarded POST-COMPETITION on Sunday, after points are officially tallied. Swimmers departing early should have friends pick-up awards.

**HIGH POINT VISITING TEAM AWARDS:**

The visiting team with the highest combined total points, men and women will receive certificates for first, second and third place. Cash donations will be made to the winning teams designated charity (in lieu of trophies). In addition, men and women high point visiting team certificates will be awarded with donations being made to the teams designated charities.

**HEAT SHEET AND RESULTS:**

A heat sheet will be furnished to each swimmer. Results may be ordered at the meet. One free copy will be sent to each team (team representatives should indicate so on their entry form).

**INFORMATION ENVELOPES:**

Upon arrival, each competitor should check in at the information table and pick up his/her envelope containing Heat Sheet, Dinner Tickets additional meet information.

**REFRESHMENTS:**

Refreshments will be available for purchase adjacent to the stands.

**SOUTHERN HOSPITALITY:**

On Saturday, July 25, 1992 at 5:30 p.m., we will begin "Happy Hour" with dinner being served at 6:30 p.m. Our famous "Southern Hospitality" will consist of a Spaghetti and meatless Spaghetti dinner with salad, bread, iced tea and dessert. Also included will be FREE BEER - so come early! Dress is very casual. Dinner will be served at the Heritage Hotel. Tickets for swimmers and guests must be purchased with your entry. Cost is \$12.00 per person.

HERITAGE HOTEL & GRILLE BANQUET ROOM - 234 Third Avenue North (about 1 mile from the pool). Enter the Hotel, the Hospitality party will be the East side.

**ADDITIONAL COMMENTS:**

Competitors 19 to 24 years of age may jeopardize their amateur standing with FINA by competing in MASTERS.

Masters Swimming is a strenuous physical activity and each participant should first consult with his/her personal physician.

**HOTEL LIST:**

The BOND HOTEL	421 4th Ave. No.	(813) 822-4783	<b>CALL FOR SPECIAL RATES</b>
The ST. PETE HILTON	333 1st Ave. So.	894-5000	
The TROPICAL INN	1400 34th St. No.	323-3100	

Reservations for the hotels must be made at least TWO WEEKS prior to arrival date and there are a limited number of rooms available at the quoted rate. Be sure to MENTION MASTERS SWIMMING when making your reservation.

**FRIDAY, JULY 24, 1992 - Warmup 4:30, Swim 5:00**

<b>WOMEN</b>		<b>1500 M. FREESTYLE</b>		<b>MEN</b>	
<b>1</b>		<b>2</b>			
<u>WOMEN</u>	<u>Saturday, July 25, 1992</u>	<u>MEN</u>	<u>WOMEN</u>	<u>Sunday, July 26, 1992</u>	<u>MEN</u>
	Warmup 8:00 am, Swim 9:00 am			Warmup 8:00 am, Swim 9:00 am	
3	200 M. BACK	4	23	100 M. FREE	24
5	100 M. BREAST	6	25	200 M. BREAST	26
7	50 M. FREE	8	27	100 M. FLY	28
9	200 M. FLY	10	29	200 M. MEDLEY RELAY	30
11	200 M. FREE RELAY	12	31	200 M. FREE	32
13	50 M. BACK	14	33	100 M. BACK	34
15	200 M. I.M.	16	35	50 M. FLY	36
17	50 M. BREAST	18	37/38	200 M. MIXED MEDLEY RELAY	
19/20	200 M. MIXED FREE RELAY		39	400 M. I.M.	40
21	400 M. FREE	22			

UNDER THE ADVISE OF THE USMS MEDICAL COMMITTEE, IT IS RECOMMENDED THAT AT ALL MEETS THE COMPETITORS EXIT FROM THE SIDES OF THE POOL AND NOT FROM THE END OF THEIR LANE. SWIMMERS SHOULD WAIT UNTIL THE LAST PERSON IN THE HEAT FINISHES BEFORE CROSSING LANES TO EXIT. SWIMMERS SHOULD WAIT AT LEAST ONE YARD FROM THE END OF THE LANE, ON THE RIGHT SIDE OF THE LANE DURING A RELAY EVENT.

## THIRD ANNUAL STANTON C CRAGIE MEMORIAL

April 24-26 1992

### PETER JURCZYK IRCC Masters

The First Stanton C Cragie Memorial Awards was presented to Peter before the start of the meet. Pete Jurczyk , in his association with the Indian River College and IRCC Masters Swim team has been for some 15 years the leading Master on the Central East Coast. In addition to being an annual Masters Champion and World record holder, he has been responsible for the continuity of the team . He has coached , managed and encouraged many swimmers. In addition he has been active in assisting with swimming in more than one phase with the IRCC Swim team, which incidentally has been Nationals Community College Champion for 18 consecutive years.

This award is richly deserved by Pete and we all thank , you, Pete for your contributions to swimming in Florida

The meet. 89 entries, nice weather, strong competition ,individually and between Space Coast and the newly congeled and enthusiased Gold Coast. The Team Championship came down to the last events on Sunday. 16 Clubs represented with half having one member. Space Coast won with Gold Coast second and Holmes Lumber Jax third. Scoring: 1393--1378--1075. Members: SPCO 17; Gold 20--HLJ 9.

High Point Winners not available except I know Gil Spear bettered me in the 75-79.

Tom Harmon and Pete Jurczyk made this the best meet they've had in years. Everything went smoothly, Results wre available almost at once,The swimmers and friends from IRCC worked on deck and loudly cheered and encouaged the competitors as if they were their own team. Really nice.. An appreciated touch was coffee, iced tea and lemonade available all meet, gratis..After Saturday LEE'S chicken dinners were available on deck before the last event..really a late lunch as we were done shortly after 2. There were only 5 swimmers from the West Coast of FL and that is disappointing. We should be able to support a good meet better than that.

So next year lets get some interest stirred up to support an honestly good meet.

### STRETCHING GETS SOME MUSCLE

**LISMORE, Australia**—Most weight lifters view stretching as the cautious ritual of people clad in tights. Now a new study suggests that limbering up increases strength—which could promote a more flexible attitude among weight room purists.

University of New England biomechanist Gregory Wilson measured how much 18 competitive power lifters could bench press, then enrolled half of them in a flexibility course. Twice a week these nine athletes did a series of stretches to limber up their chest and shoulder muscles, including one called the pole stretch—holding a broomstick in front of them and lifting it overhead and back. All of the lifters continued to work out as usual, but by the end of eight weeks the flexible ones had improved their bench presses by an average of 5.5 percent, or between five and 25 pounds each. The other group showed no gain in strength.

“For lifters at this level, it’s hard to improve, so it was a significant gain,” says Wilson. He suggests that stretching

a muscle is like elongating a bungee cord: It not only extends its reach, but allows it to snap back with more force. Wilson says flexibility training could just as well help baseball pitchers, high jumpers, shot-putters—any athlete looking for more power in a throw, lift, or jump.

- Throw** - the follow through of the stroke force: faster forward, faster recovery = speed.
- Lift** - down force of the hand, body rides higher in water = speed.
- Jump** - flip turn and off the wall, strength = speed.



## MINUTES OF THE FLORIDA LMSC MEETING ON APRIL 12, 1992

Present: Chairman John Maguire, Registrar Catie Cooper, Editor Frank Tillotson. The following clubs were represented: Abrasha Brainin, SPM; Catherine Datres, HLJ; Charles Nielsen, Sun Coast; Telfair Mahaffey, Navy Jax Masters; Tom Harmon, IRCC; Meegan Wilson, FAST.

The treasurers report will be submitted later but the LMSC is in good financial shape. We have a balance of \$8611.81.

It was noted that Top Ten Chairman Charles Kohnken and Registrar Catie Copper need to have meet results promptly. Also, registration delays cause too much work for the registrar right before meets. Large teams such as Holmes and SPM need to get organized earlier (by late November) so that any registration delays do not cause a problem with meet entries.

Catherine Datres, the new registrar for Holmes Lumber, pointed out that since both old and new registration forms had been sent out last year and since it was difficult to determine which form was which, Holmes inadvertently used the wrong form and had to re-register all of their swimmers causing such a delay that their swimmers were unable to attend the Tampa meet.

Frank Tillotson pointed out that the 1992 Rule Book allows swimmers, at the discretion of the meet director and exclusive of National Championship Meets, to enter meets without a copy of their current registration card by indicating "number pending" so long as they present proof of valid registration prior to meet participation. He felt that this condition should be allowed in our Florida LMSC.

Catherine Datres felt that a penalty should be added if the above option is used to encourage swimmers to register early.

The following motion was proposed by John Maguire:

At the meet directors discretion he may accept a proper entry without a copy of registration card stating "registration pending". Then when proof is presented at meet check in and \$10 fee is paid, the entry is accepted.

Abrasha Brainin seconded the motion. The motion carried.

Catie Cooper clarified the clause in our insurance that states that a swimmer has a 30 day trial period before he must register with USMS. Such swimmers are covered by USMS insurance and their presence does not negate the insurance of those registered swimmers swimming in their lane. Catie pointed out that FAST requires all trial swimmers to fill out the registration form and pay the registration fee which is returned to the swimmer if he decides not to join after the trial period.

The meeting was adjourned.

Respectfully submitted,



Meegan Wilson  
Acting Secretary



# OFFICIALS NEWSLETTER

FLORIDA SWIMMING - APRIL - 1992

## Backstroke - Interpretation -

I am addressing this one more time, because we still have some folks who are reading something in the rule or making their own interpretation, **at the expense of the swimmer.**

Please read this carefully and understand it. If you got the USS News, it is in there. It evidently has been a bit of a problem thru out USS, thus the article quoted below.

## From USS News - Charly Mallery-Tech.Rules Comm. Chrmn

"It seems that many are **writing and disseminating their own interpretations** of the USS Backstroke Rule. The "official" interpretation adopted by USS, FINA, NCAA, NFSHSA in March '91 was and continues to be:"

"The key to a proper interpretation of the new backstroke rule is the phrase "continuous turning action", i.e., a uniform unbroken motion with no pauses. After the upper shoulder rotates beyond the vertical toward the breast, a continuous single arm pull or a continuous simultaneous double arm pull may be used to initiate the turn. There shall be no kick, arm pull, or floatation **that is independent of the turn.** The position of the head is not relevant".

**"No two backstrokers will have the same "turning action"** It may well be that everyone glides a little **as a normal part of the backstroke turn** after going past vertical...it's just **a matter of degree.** 1/2 inch or a foot. Our purpose is **not to disqualify anyone** who doesn't do something **immediately** or departs from someone's idea of what a turn sequence should be."

"We must remember that an infraction of the rules in our sport can **eliminate an athlete** from the competition, a rarity in athletic events. There is no penalty box or points deduction, but rather elimination." -

"The official must interpret the new backstroke turn with a **protective rather than a punitive attitude** toward enforcement of the rule, **he must focus on observation** not expectation, anticipation, nor preference: and he must know his intention is right and his attention was correctly focused. "

If any of the quotes above make you feel uncomfortable, then perhaps you should rethink your interpretation of the rule as given above. Also remember the key words in the quotes above. Action independent of the turn - No two backstrokers have the same turning action- It is a matter of degree - Be protective and not punitive - Eliminates a competitor. - Focus on observation.

## Situations:

**10.** Q. A breaststroke swimmer moves his hands in a sculling or flipper movement at the end of the first armstroke after the start and also after the turn. Should he be disqualified?

A. No, he should not be disqualified. This is legal provided "The arms shall move simultaneously and in the same horizontal plane without alternating movement." A sculling motion of the hands only as part of the armstroke is not considered the beginning of a new stroke.

Please submit your  
Nominations for the  
**Florida LMSC  
Masters Swimming  
Coach of the Year**

to

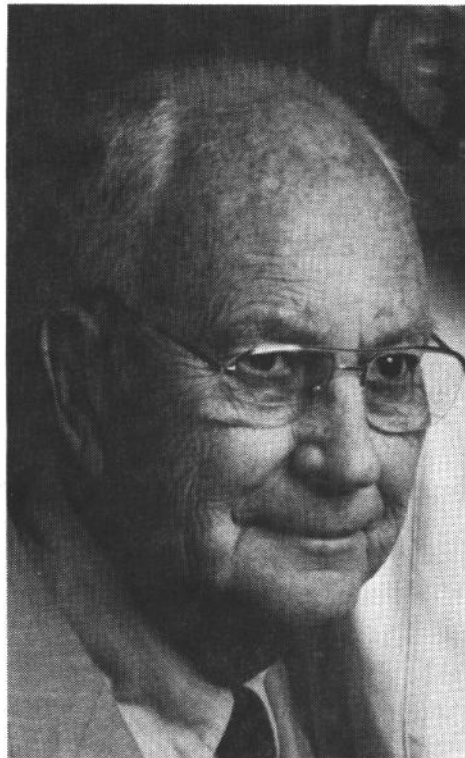
John Maguire

by June 15th

(813) 823-7116

4033 12th Street N.E.  
St. Petersburg, FL 33703

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Bill Stinson, a member of St. Petersburg Masters, died on March 25th 1992. Bill was a continuing nationally ranked champion who swam for SPM for the last 11 years. He leaves behind his wife of 56 years. Mary, and many, many friends. He was loved and he will be missed.

16

## RELAY ALL AMERICANS

The almost endless list of these swimmers was distributed to various persons in the LMSC's. These names are not identified as to team membership and thus take some research in some cases. Not with addresses either.

In the near future there will be available from the National Secretaries office a Certificate and a Patch for a FEE OF \$5. We hope to get this in order soon.

### To the North

We will let the information supplied by Scott Rabalais take care of the Dynamo meet, or the Dixie Zone meet as it was also designated.

The 22nd St Pete Masters Championship meet , with 300 entries, was held April 10-12. 226 entrants were not SPM. Second largest group Holmes Lumber Jax, Gold Coast 24, and Suncoast 21. Friday night and Saturday were near perfect summer days. Sunday started out cloudy with light rain but by noon it was clearing and warmed everyone up by 1 PM

The newly redone pool was most well received. It sure is an improvement. USS officials carried the load in that department and the McDaniels saw to it that no one lacked for the opportunity to quench their thirst or restock their stomachs. Swim Zone, staffed by Sheri and Lesly kept all in swim gear. Alan Poucher was extolling the new 'after swim' product "GO". Formulated by the maker of 'Gatorade'.

As we graduate toward younger swimmers the welcome number of children accompanying parents to meets grows. Nice to see families together, And to see the times of events drop dramatically...49 +'s in the 100 and 22's in the fifty. And a 17:17 in the 1650. Marian McKechnie, at 87, was the elder competitor. And doing well. Christina Rice at 22 was the youngest.

### To the South

Coral Springs Masters, Boca Masters and Aqua Crest have joined Gold Coast Masters so that combined meets will be more economical. Meets may or will be listed as at former locations for identification only..all will be Gold Coast Masters. Ft Lauderdale swim team has not changed affiliation.



Sandy Neilson - Bell & Family

## UNITED STATES MASTERS SWIMMING PLACES TO SWIM -- SOUTHEAST

Places To Swim - Nancy Ridout will be doing her annual update of this very popular document soon. We hope to add swimmable hotel pools, as well as some international watering spots. The final product is only as good as the information submitted. We've enclosed the present listing for your area. Please correct, add, delete and return as soon as possible to Nancy Ridout, 580 Sunset Parkway, Novato, CA 94947.

### FLORIDA:

**ALTAMONTE SPRINGS:** PARNELL'S FITNESS & AQUATICS, 738 Palm Springs Rd. Contact Clay Parnell, (305)774-4677.

**BOCA RATON:** BOCA RATON MASTERS: Meadow Park Pool. Contact Bill Kirkland (305)393-7851. MISSION BAY AQUATIC CENTER, 10333 Diego Dr S. Contact Judy Bonning (407)488-2001 x.36. Workouts M-F 6-8am, 12-1:30pm, 6:30-8pm, Sat 12-1:30pm, Sun 8:30-10am. Lap swim times same. Weight room available.

**CLEARWATER:** Contact Joe Biondi (813)461-9622 or 442-9902.

**COCOA BEACH:** COCOA BEACH RECREATION COMPLEX POOL, Tom Warringer Blvd (off Minuteman Causeway). Contact Chris Lyle (305)783-4911 x.240. Workouts & lap swimming daily, year round. Call for times. 50m x 25yd outdoor pool, unheated (mid-Feb to late Dec 75-85 degrees, Jan & Feb mid 60's).

**DUNEDIN:** DUNEDIN LOCH NESS MASTERS: Highlander Pool, 903 Michigan Blvd, (813)733-1262 or David Hunt (813)733-744. Workouts M-F 6:30-8am.

**FORT PIERCE:** INDIAN RIVER COMMUNITY COLLEGE. Contact Tom Harmon, 2806 Allantic Ave, 34947, (407)465-8385(h), 468-4770(ask for pool or swim office). M-F 7-9am, 5-7pm.

**GAINESVILLE:** FAST MASTERS: 300 Club Pool, 3715 NW 12th Ave. Contact Walter Rosebaum (904)376-0662. Wkouts M-F 6-7:30.

**LONGWOOD:** Sheridan Aquatic Club, 1655 E. Williamson Rd, (305)862-3232.

**ORLANDO:** TRINITY AQUATIC TEAM, Cadyway Pool. Contact Pat Hogan (407)740-7946. La swim & coached w/o's.

**CENTRAL FLORIDA MASTERS:** Pinehill Boys Club, 5211 Hernandes Dr. Contact Larry Peck (305)295-1100(pool) or 647-7793(h) or Chris Carey (305)295-8285(h). Sept-June 1pm to 7pm; summer variable. \$.50/ swim. Masters w/o from coach or lap swim. Call first.

**DOWNTOWN BRANCH YMCA:** 433 N. Mills Ave, (305)351-9417.

**DR. PHILLIPS BRANCH YMCA:** 7000 Dr. Phillips, (305)351-9417.

**ORLANDO INTERNATIONAL AQ & FITNESS CENTER:** 8444 International Dr. Contact Steve Barnicoat (407)679-3068 or Mark Hesse (407)345-0417. M-Th6:30-8pm, Sat 10-11:30am. Lap swimming M-F 6am-10pm, Sat 8am-5pm, Sun 8am-12 noon.

**PENSACOLA:** GREATER PENSACOLA AQUATIC CLUB, 1000 College Blvd. Contact Steve Bultman, Pensacola Jr. College, (904)476-5410.

**ST. PETERSBURG:** St. Petersburg Masters. North Shore Pool, 901 N. Shore Dr. NE. Contact George Bole, coach, (813)896-2434. M-F - 6am-6:30pm; Sat. 9am-4:30pm; Sun. 9:30-12:30pm. \$1.25 fee. Bring USMS card.

**SARASOTA:** SWIM FLORIDA, Arlington Park Rec Center, 50m outdoor pool, Sarasota Boys Club, indoor/6 in. Contact Deb Walker, 3671 Beneva Oaks Dr, Sarasota 34238, (813)923-3540.

**VERO BEACH:** Contact Jocelyn Ross, 1901 Indian River Blvd #202-D, 32900, (407)778-4236.

**WINTER PARK:** NE WINTER PARK BRANCH YMCA, 1201 N. Lakemonte Ave, (305)644-1509.

Certified Officials - Effective Jan. 1, 1992, every sanctioned competition must have at least one official who is certified by USS, YMCA, or other USMS-approved certifying bodies. Our Ad-hoc Officials Committee is working on "standards" to be expected of an organization which wishes its certification of officials approved by USMS.

While waiting for these standards to become official, the Executive Committee has designated the National Federation as a USMS approved certifying body, so Federation certified officials may be utilized and will fulfill the requirements for your sanctioned meets

SWIM You've all had a chance to peruse our newest communication tool - SWIM Magazine - with 13 pages of USMS Info in the March-April edition. Your suggestions, opinions and criticisms are earnestly solicited. Please send them to the National Office. This first year subscription is funded by the \$3 dues increase, plus \$3 from our General Fund. We will be voting at our September Convention in Minneapolis about continuing the relationship.

Those whose 1992 registrations were on the National database by Feb. 15th received the March April issue. As swimmers register/reregister during the year, they will be picked up for the upcoming issue, and will receive a full year (six issues) a moot point if we vote to continue!

For those who were already SWIM subscribers, SWIM is offering as a substitute, Swimming Technique. If your swimmers haven't received notice of the substitution, if they receive a notification that their subscription has expired, or if they had purchased a multi-year subscription, advise them to WRITE to SWIM at P O Box 45497, Los Angeles CA 90045 to resolve the matter.

Safety Coordinator Conducting safe activities is an important aspect of any program. I'm afraid we scared some people off when we asked the LMSCs to appoint a "Risk Manager." The more appropriate title is "Safety Coordinator." This is an important function within the LMSC. The purpose is to designate a person who will request each event sponsor and each club or workout group to identify:

- .....where the telephone is located, and the number(s) to call in an emergency
- .....who is responsible for and capable of rendering emergency assistance to a victim
- .....who is responsible for guarding the rest of the people in the pool
- .....who completes the Report of Occurrence for ALL incidents, no matter how small.

Remember, the "person" or "Position" doesn't have to DO all these things---just has to be able to pinpoint WHO DOES. Precautions and quick and knowledgeable response can minimize most hazards.



## 1992 U.S. Olympic Swimming Team Roster

Position	Name	Hometown	Affiliation
National Team Director	Dennis Pursley	Colorado Springs, Colo.	U.S. Swimming
Head Coach - Men:	Eddie Reese	Austin, Texas	Texas/ Texas Aquatics
Head Coach - Women:	Mark Schubert	Austin, Texas	Texas/ Texas Aquatics
Assistant Coach - Men:	Jon Urbanchek	Ann Arbor, Mich.	Michigan/ Club Wolverine
Ass'l Coach - Men:	Dick Shoulberg	Ft. Washington, Pa.	Germantown Academy/ Team Foxcatcher
Ass'l Coach (points) - Women:	Richard Quick	Menlo Park, Calif.	Stanford
Ass'l Coach (points) - Men:	Nort Thornton	Berkeley, Calif.	California/ Golden Bear Aquatics
Ass'l Coach (select) - Women:	Chris Martin	Hightstown, N.J.	Peddle School/ Peddie Aquatics
Ass'l Coach (select) - Women:	Mike Hastings	Sacramento, Calif.	California Capital Aquatics
Head Manager:	Bev Montrella	Columbus Ohio	Ohio State University
Ass'l Manager:	Phill Hansel	Houston, Texas	University of Houston
Ass'l Manager:	Penny Taylor	Ballwin, Mo.	Parkway Swim Club
Trainer:	Lonnice Clark	Birmingham, Ala.	
Trainer:	Alan Howell	Cincinnati, Ohio	

Name	Age	Hometown	Club/ College	Event
Mike Barrowman	23	Potomac, Md.	Curl-Burke/ Michigan '91	200 *breaststroke
David Berkoff	25	Huntington Valley, Pa.	Team Foxcatcher/ Harvard '89	100 backstroke
Matt Biondi	26	Castro Valley, Calif.	Golden Bear/ California '88	50/ 100* free, 400 free relay
Greg Burgess	20	Jacksonville, Fla.	Bolles School/ Florida '94 (rs)	200 IM
Hans Dersch	24	Atlanta, Ga.	Swim Atlanta/ Texas '90	100 breaststroke
Nelson Diebel	20	Chicago, Ill.	Peddle / Princeton '94 (rs)	100 #breaststroke
Lawrence Frostad	25	Sacramento, Calif.	Texas Aquatics/ Miami (Fla.) '90	1500 freestyle
Doug Gjertsen	24	Atlanta, Ga.	Texas Aquatics/ Texas '90	200 free, 800 free relay
Joe Hudepohl	18	Cincinnati, Ohio	Cincinnati Marlins	200 free, 400/800 free relay
Scott Jaffe	22	Lexington, Mass.	Jersey Gators/ California '92	800 free relay
Tom Jager	27	Tijeras, N.M.	Lobo Aquatics/ UCLA '87	50* free, 400 free relay
Shaun Jordan	21	Dallas, Texas	Texas Aquatics/ Texas '91	400 free relay (alt.)
Dan Jorgensen	23	Rancho Bernardo, Calif.	Team Foxcatcher/ USC '90	400 free, 800 free relay (alt.)
Ron Karnaugh	25	Maplewood, N.J.	Mission Viejo/ California '89	200 IM
Sean Killion	24	Cherry Hill, N.J.	Team Foxcatcher/ California '90	400/ 1500 free
Pablo Morales	27	Santa Clara, Calif.	Stanford Swimming/ Stanford '87	100 *butterfly
Eric Namesnik	21	Butler, Pa.	Club Wolverine/ Michigan '93 (rs)	400 #IM
Jon Olsen	22	Jonesboro, Ark.	North River / Alabama '91	100 free, 400/800 free relay
Jeff Rouse	22	Fredricksburg, Va.	Stanford '92	100 *backstroke
Roque Santos	24	Chico, Calif.	Curl-Burke/ California '90	200 breaststroke
Tripp Schwenk	20	Sarasota, Fla.	Sarasota Y/ Tennessee '93	200 backstroke
Royce Sharp	19	Houston, Texas	Peddle Aquatics	200 #backstroke
Melvin Stewart	23	Charlotte, N.C.	unattached/ Tennessee '92	100/200* fly, 800 free relay
Joel Thomas	25	Pasadena, Calif.	Ft. Lauderdale / California '90	400 free relay (alt.)
David Wharton	22	Warminster, Pa.	Team Foxcatcher/ USC '91	400 IM, 200 butterfly
<b>Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Club/ College</b>	<b>Event</b>
Crissy Ahmann-Leighton	21	Tucson, Ariz.	Arizona '92	100 fly, 400 free relay (alt.)
Janet Evans	20	Placentia, Calif.	Texas Aquatics	400*/800* freestyle
Nicole Haislett	19	St. Petersburg, Fla.	Florida '94	100/200 free, 200 IM, 400 free relay
Erika Hansen	21	King of Prussia, Pa.	Texas '92	400 IM, 400/ 800 freestyle
Jill Johnson	22	Lutherville, Md.	Mass. Bay Marlins/ Stanford '91	200 breaststroke
Megan Kleine	17	Lexington, Ky.	Wildcat Aquatics	100 breaststroke
Lea Loveless	20	Crestwood, N.Y.	Badger / Stanford '94	100/ 200 backstroke
Angel Martino	21	Tuscaloosa, Ala.	North River/ Furman '89	50 free/ 400 free relay (alt.)
Anita Nall	15	Towson, Md.	North Baltimore Aquatic Club	100/ 200* breaststroke
Summer Sanders	19	Roseville, Calif.	California Capital/ Stanford '94	200/ 400 IM, 100/ 200 fly
Ashley Tappin	17	Metairie, La.	Great White Sharks	400 freestyle relay
Jenny Thompson	19	Dover, N.H.	Seacoast / Stanford '95	50#/ 100*/ 200 free, 400 free relay
Dara Torres	24	Gainesville, Fla.	Florida Aquatics/ Florida '89	400 free relay
Janie Wagstaff	18	Mission Hills, Kan.	Kansas City Blazers	100#/ 200 backstroke
Angie Wester-Krieg	27	Campbell, Calif.	Stanford Swim/ San Jose St. '86	200 butterfly

### Quickie Team Stats

**Average Age:** women, 20.0; men, 22.88

**Oldest/ Youngest:** women: Angie Wester-Krieg, 27 (10/28/64); Anita Nall, 15 (7/21/76); men: Tom Jager, 27 (10/6/64); Joe Hudepohl, 18 (11/16/73)

**Previous Olympic Experience:** women, 3 (Evans, '88; Hansen, '88; Torres, '84 & '88); men: 10 (Barrowman, '88; Berkoff, '88; Biondi, '84 & '88; Gjertsen, '88; Jager, '84 & '88; Jorgensen, '88; Jordan, '88; Morales, '84; Stewart, '88; Wharton, '88); Staff, 5 (Pursley '80; Quick, '84, '88; Reese, '88; Schubert '80, '84, '88; Carol Taylor, '48 (athlete), '84, '88)

**States Represented:** Total 21; men, 14 (Calif., 6; Pa., 3; Fla., Ga., N.J. & Texas: 2; Arkansas, Ill, Mass, Md., N.C., N.M., Ohio & Va., 1); women, 11 (Calif., 3; Fla. & Md., 2; Ala., Ariz., Kan., Ky., La., N.H., N.Y., & Pa., 1).

**Factoids:** The 40-swimmer roster is the smallest U.S. Olympic swim team since the expanded schedule was introduced in 1968...the men's roster (25) is the largest in history, while the women's roster (15) is the smallest since 1964...this is the most number of states ever represented on a U.S. Olympic swimming roster...four members of the '92 U.S. Olympic swimming team are married: Crissy Ahmann-Leighton (Glen); Angel Martino (Mike); Angie Wester-Krieg (Peter) and Tom Jager (Becky).

**Key:** \* - denotes world record holder; # - denotes American record holder; (rs) - denotes swimmer red-shirted the '92 season from NCAA swimming

## Olympic Prep Meets

Three regional competitions in the summer of '92 are designated as Olympic Prep meets. The Alamo Challenge Meet, May 22-24, in Ft. Lauderdale, Fla., will be the first competition site and will feature the entire 40-person U.S. Olympic roster.

The remaining two meets, the Charlotte Ultra-Swim, June 12-14 in Charlotte, N.C., and the Mission Viejo Send-Off Meet, July 2-5 in Mission Viejo, Calif., will feature most of the '92 Olympic team members in action.

The best senior swimmers in every LSC should try to attend at least one of these meets to compete against the '92 Olympians. It's an experience they'll never forget.

## '92 Olympic Swimming Schedule

### Sunday, July 26

100 free - women  
100 breast - men  
400 IM - women  
200 free - men

### Monday, July 27

100 butterfly - men  
200 free - women  
400 IM - men  
200 breast - women  
800 free relay - men

### Tuesday, July 28

400 free - women  
100 free - men  
100 back - women  
200 back - men  
400 free relay - women

### Wednesday, July 29

400 free - men  
100 butterfly - women  
200 breast - men  
100 breast - women  
400 free relay - men  
800 free - women (prelims)

### Thursday, July 30

200 butterfly - men  
200 IM - women  
50 free - men  
800 free - women (finals)  
100 back - men  
400 medley relay - women  
1500 free - men (prelims)

### Friday, July 31

200 butterfly - women  
200 IM - men  
50 free - women  
1500 free - men (finals)  
200 back - women  
400 medley relay - men