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Editor  
2494 13th Ave. No  
St. Petersburg, FL

**VOLUME X**

**NOVEMBER 1993**

**NUMBER IV**



# FLORIDA LOCAL MASTERS SWIM COMMITTEE NEWSLETTER

## FLORIDA LMSC OFFICERS

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Co-Officiate Chair  
Video Library Coordinator  
4590 COLONIAL AVENUE  
JACKSONVILLE, FLORIDA 32210  
904-388-8721



MEET ENTRY INCLUDED

## COMING EVENTS

Date	Place	Meet	Pool	Contact	
<b>1993</b>					
December	5	St. Petersburg, FL	Dev. Meet	North Shore Pool	John Bishop; 813-526-2373
	10-12	Ft. Lauderdale, FL	FL Gold Coast Invit.	ISHOF Pool	Stu Marvin; 305-468-1580
<b>1994</b>					
January	9	St. Petersburg, FL	Dev. Meet	North Shore Pool	John Bishop; 813-526-2373
	1-31		1 Hour Postal National Champ.		<i>Swim</i> magazine has entry
February	12-13	Cearwater, FL	Harbour Island (Tampa) & CATM	Long Center	Jeff Copper; 813-264-7981
	11-13	New Orleans, LA	Annual Mardi Gras Meet	Univ. New Orleans	Dick Bowers; 504-456-9569
	21-27	Bradenton, FL	Gulf Coast Senior Games		Non-USMS
March	19-20	Atlanta, GA	Annual St. Patricks Day Meet		Lisa Watson; 404-497-1901
April	15-17	St. Petersburg, FL	Annual SCY Champ.	North Shore Pool	John Bishop; 813-526-2373
	21-24	Indianapolis, IN	National YMCA SCY Champ.		Kristi Umstead; 708-647-8222
May	13-16	Tempe, AZ	USMS National SCY Champ.		Neil Morrow; 602-902-0431
July	2-10	Montreal, QUE	LCM FINA World Masters		see <i>Swim</i> magazine
	22-24	St. Petersburg, FL	Annual LCM Champ.	North Shore Pool	John Bishop; 813-526-2373
August	25-28	Buffalo, NY	USMS National LCM Champ.		
September	26- Oct 3	Brisbane, Australia	III World Masters Games		see <i>Swim</i> magazine
December	1-4		Florida Senior State Games		Non-USMS
<b>1995</b>					
May		Ft. Lauderdale, FL	USMS SCY Nationals	ISHOF Pool	
August		Gresham, OR	Mt. Hood Community College		

### 1994 Masters Swim Camps

	3 day	4 day	one week
<b>Billibong Aquatics</b>	Feb 12-14	Dec 27-30	Feb 19-25
<b>Judy Bonning</b>		(1993)	
<b>305-345-5370</b>	Mar 12-14	Jan 28-30	
	Mar 26-28		
<b>ISHOF</b>	Nov 12-14		
<b>Jack Nelson</b>	(1993)		
<b>305-764-4822</b>	Jan 21-23		
	June 10-12		
<b>Total Immersion</b>			Nov 13-20
<b>Terry Laughlin</b>			(1993)
<b>914-292-3510</b>			Jan 17-23
			Mar 13-19

**THE THIRTEENTH ANNUAL  
TAMPA OPEN MASTERS SWIM MEET**  
Sponsored by THE HARBOUR ISLAND ATHLETIC CLUB &  
THE CLEARWATER MASTERS SWIM TEAM

- Dates:** February 12 and 13, 1994 Short Course-Indoors
- Information:** Jeff Copper (Meet Director) 264-7918 Talpha Terrana 229-5062
- Sanctioned By:** Sanction # 94-1 by Florida LMSC inc.
- Eligibility:** All athletes 19 years of age and older as of February 12, 1994 and registered with USMS, Inc. Non U.S. citizens should have a letter of introduction from their own swimming association.
- Facilities:** The Long Center indoor pool, eight lanes with warm-up lanes. Full electronic timing. Dressing rooms are equipped with showers. Even though the enclosed pool area is heated, please do bring adequate clothing for between events.
- Schedule:** Warm-up Saturday at 10:00 a.m., meet begins at 11:00 a.m.  
Warm-up Sunday at 8:00 a.m., meet begins at 9:00 a.m.
- Seeding Times:** Please show your best short course (25 yard pool) times during the past two years. Heats will be seeded by time regardless of age, with the slowest heat first in each event. The 500 free and the 400 IM will be deck seeded. You must submit a time.
- Entries and Fees:** Swimmers must pre-enter by mail. Maximum of five individual events per day. Send the signed and completed entry form. Each event entry, must be submitted on the entry form, filled out completely with your name, club, age, event description, event number, USMS registration number and seeding time. The scoring of the event will be computerized. Please be sure all information and signed waiver are filled out on the entry form \$2.75 per individual event, \$6 surcharge for computer scoring and electronic timing and \$2 per relay team. A full refund will be given to cancellations if Talpha Terrana (229-5062) is called before 10:00 a.m. on Feb. 11, 1994.
- \* Relay teams can be deck entered during the meet both Saturday and Sunday.
  - \* Entry deadline is Friday, February 5th. It is your responsibility to mail your entry early enough to meet the deadline.
  - \* Age Categories for individuals are 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-89, 90+. Age categories for relays are 19+, 25+, 35+, 45+, 55+, 65+ 75+.
  - \* Only team members registered for this meet may swim in a relay.
  - \* You must send a copy of your registration card or present it at the registration desk. You can't swim without it.
  - \* Send entry form, event entries and fees by February 5th payable to:  
THE HARBOUR ISLAND ATHLETIC CLUB ATTN:TALPHA TERRANA  
900 SOUTH HARBOUR ISLAND BLVD. TAMPA, FLORIDA 33602
- Heat Sheets & Awards:** Heat sheets are free. Results will be \$4 with a complimentary copy for each team. Payment for the results should be included with the entry form. Ribbons for 1st, 2nd, and 3rd in each event. Individual high-point awards for 1st, 2nd, 3rd in all age groups. Team trophies for combined men and women 1st, 2nd, and 3rd.
- Points:** 7-5-4-3-2-1 for individual points. Double for relay points.
- Rules and Officials:** Current masters swimming rules will govern. There will be a Officials certified stroke and turn judge, starter and referee for all events.
- Directions:** From Tampa take Rt. 60 across the Bay. Turn right on Belcher and follow north. Facility will be on your right hand side. Telephone # (813) 736-2181

# TAMPA OPEN MASTERS SWIM MEET OFFICIAL ENTRY FORM

*You must send a copy of your registration card or present it at the registration desk.  
You can't enter the water without it.  
Attach a copy of your registration card here.*

Age: \_\_\_\_\_ Telephone: (\_\_\_\_) \_\_\_\_\_ (home) Telephone: (\_\_\_\_) \_\_\_\_\_ (work)

"I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES, AS A CONDITION OF MY PARTICIPATION IN MASTERS SWIMMING. In addition, I hereby agree to abide and be governed by the rules and regulations of USMS."

Date: \_\_\_\_\_ Signed: \_\_\_\_\_

Masters swimming is a strenuous athletic activity and each participant is advised to consult his/her personal physician before competing.

## EVENT ROSTER

Saturday, February 12  
11:00 A.M.  
(Warm-up 10:00 A.M.)

Sunday, February 13  
9:00 A.M.  
(Warm-up 8:00 A.M.)

Women	Men	Women	Men
1 200 free relay	2	19 200 medley relay	20
3 100 free	4	21 200 free	22
5 200 fly	6	23 50 breast	24
7 100 back	8	25 100IM	26
9 200 breast	10	27 200 back	28
11 50 fly	12	29 100 fly	30
13 200 IM	14	31 50 free	32
15 50 back	16	33 100 breast	34
17 500 free	18	35 400IM	36

**Fees:** **Deadline mailed by: Monday, February 5**

Events \_\_\_\_\_ X\$2.75 each =\$ \_\_\_\_\_  
 Results @ \$4.00 =\$ \_\_\_\_\_  
 Surcharge (timing) =\$6.00  
 Total =\$ \_\_\_\_\_  
 Pay for relays at the meet.

Mail To:  
 Talpha Terrana  
 HIAC  
 900 S. Harbour Isl. Blvd.  
 Tampa, FL 33602

SANCTIONED BY FLORIDA LMSC INC. FOR USMC INC. SANCTION NUMBER 94-1



SEEDING FORM

NAME \_\_\_\_\_ AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ SEX \_\_\_\_\_

CLUB LETTERS \_\_\_\_\_ 1994 USMS INC REGISTRATION # \_\_\_\_\_

CLUB NAME \_\_\_\_\_

Circle Event	Event Name	Time
Odd # = women Even # = men	Saturday (maximum of 5 events)	
1/2	200 YD FREESTYLE RELAY (DECK ENTERED)	
3/4	100 YD FREESTYLE	
5/6	200 YD BUTTERFLY	
7/8	100 YD BACKSTROKE	
9/10	200 YD BREASTSTROKE	
11/12	50 YD BUTTERFLY	
13/14	200 YD INDIVIDUAL MEDLEY	
15/16	50 YARD BACKSTROKE	
17/18	500 YD FREESTYLE (DECK SEEDED)	

	SUNDAY (MAXIMUM OF 5 EVENTS)	
19/20	200 YD MEDLEY RELAY (DECK ENTERED)	
21/22	200 YD FREESTYLE	
23/24	50 YD BREASTSTROKE	
25/26	100 YD INDIVIDUAL MEDLEY	
27/28	200 YD BACKSTROKE	
29/30	100 YD BUTTERFLY	
31/32	50 YD FREESTYLE	
33/34	100 YD BREASTSTROKE	
35/36	400 YD INDIVIDUAL MEDLEY (DECK SEEDED)	

# Florida Local Masters Swim Committee Annual Meeting

November 13, 1993

The Annual Florida LMSC Membership meeting was held at Maguire Printing in St. Petersburg, FL. Chairman John Maguire called the meeting to order at 10:05 a.m.

Others present were: Charles Kohnken, Registrar; Catie Cooper, Records and Tabulation; Richard Avery, Treasurer and HLJ rep.; Bill Uhrich, Sanctions; Frank Tillotson, Newsletter Editor; Meegan Wilson, Secretary and FAST rep.; Roy Ward and Dave Perkey, CATM; Al Rogerson, BSAM; John Bishop and Abrasha Brainin, SPM.

## I. General Business

- A. **Minutes** - The minutes of the General Florida LMSC July 17, 1993 meeting were approved after correcting the following sentence under Recorder's Report. The added words are italicized: Catie Cooper requests that meet directors provide a list of out-of-LMSC competitors that includes the swimmers full name, club affiliation, and current USMS registration number *and also include a xerox copy of their USMS Registration card.*
- B. **Treasurer Report** - Richard Avery reported a bank balance of \$4581.39. Richard said that Frank Tillotson requested that records of income and expenses be itemized and reported. John Maguire said that in the past there have been no clear cut guidelines for this, but now reports need to be filed at the National level. John and Richard are compiling records for 1992 and 1993 that will include operational expenses, Convention costs, newsletter expenses, and postage costs. The \$25/day sanction fee for meets is not considered income since this fee is returned if all sanction requirements are met. It is not necessary to file an income tax form for a nonprofit organization if income is below \$25,000. The Florida LMSC annual income is around \$8,000. The treasurer report was approved.
- C. **Sanctions** - Bill Uhrich reported that when he was out of town, a sanction fee was not collected from Suncoast Masters for the Pentathlon. He has approved one sanction for 1994.

Bill has changed the waiver that swimmers sign before participating in a meet. The sentence 'In addition, I agree to abide and be governed by the rules and regulations of USMS' has the added words 'and Florida LMSC swimming'. There was discussion whether or not this would invalidate the waiver since it must be presented 'as is' for insurance purposes.

John Bishop has decided to do away with the one page waiver form that all swimmers could sign prior to swimming at a development meet. Each swimmer will have to sign an individual waiver prior to warming up at a development meet.

Bill has developed a sanctions packet that will be sent to meet directors when a sanction is applied for. John Bishop requested that the packet be sent to all meet directors prior to sanction application so that they have more time to meet the requirements. The items to be included in the packet were discussed. The packet will include: 1) An application for a National or World Record; 2) A list of Florida LMSC Clubs; 3) An information sheet on how to report meet results; 3) A suggested Medical Planning sheet which should stress that no diving or jumping into lanes is allowed at meets during warm up and warm down. Swimmers must 'slide in' only or they can be disqualified from the meet. Diving is acceptable in designated one way sprint lanes. 4) A Report of Occurrence for incidents, no matter how minor is to be filled out by the Safety Coordinator; 5) A suggested format for meet announcements and entry form. In addition, meets should conform to the rules and regulations listed in the *USMS Rules Handbook*.

Bill included some additional guidelines to follow and the following points were discussed: 1) A designated Safety Coordinator with up to date certification in CPR, First Aid, and Life Guard training or equivalent must be on deck and must have an emergency action plan. The plan would include emergency phone #'s and the precise action to take in case of an emergency. 2) Two to four officials are required and must fill the following positions: referee, starter, and two stroke and turn judges if automatic timing is not used. 3) The waiver must be signed by all swimmers prior to entering the water. 4) A \$25 per day deposit will be collected. Make checks out to Florida LMSC. 5) The warning to swimmers 19-24 about jeopardizing their amateur status has been deleted. 6) Individual event splits are acceptable for records and top ten times provided times are completely automatic and are brought to the attention, in writing, to the LMSC Top Ten Recorder (Catie Cooper). Relay splits are not eligible 7) Deck entries are acceptable provided no heat sheets are available. 8) 'No time' meet entries are not permitted. 9) Heats must be swum slowest to fastest. This is not a National rule. 10) Smoking is not permitted, even outdoors, anywhere there is a swimmer. Signs must be posted. 11) Meet Results *must* be sent to the FLMSC Top Ten Recorder (Catie) within 21 days after the meet and also *must* be sent directly to the National Recorder with required paperwork. 12) LMSC registration cards must be presented prior to swimming if entries are sent in without a copy of the card on the entry form. They must also be shown at development meets or meets where deck entries are permitted

Charlie asked about getting the Good Life Games 'approved' so that swim times of Masters swimmers competing will count toward 'top 5/top 10' consideration. Masters swimmers must sign the waiver to get approval. Frank Tillotson said that the word 'approved' was changed to 'recognized' at the Convention. He volunteered to be present at the meet. Bill Uhrich can 'recognize' a meet, if it meets all qualifications and is observed by someone active in masters.

- D. **Registrar Report** - Charles Kohnken reported 1012 registered FLMSC swimmers as of October 31. This is an increase over last years membership of 874. Registrations for 1994 has begun with about 40 swimmers and one team registered so far.

Registration for the new year can't begin until November. Charlie reported that at the 1993 Convention the National registration fee will be reduced by \$5 (from \$15 to \$10) for registrations applied for in September and October. There was discussion and a motion made to reduce FLMSC fees from \$8 to \$5. The motion was defeated. Abrasha Brainin said that individual clubs can waive their club fees during September and October if they want to cut costs. Catie reminded members that new members have a one month (one time only) trial period. They must fill out the registration form and sign a check. After a month the check can be returned if the swimmer decides not to join.

Charlie said that a 'one event only' registration fee was approved at the National Convention. It is now up to individual LMSCs to approve this. John Maguire said that many swimmers who wish to compete in open water swims are complaining that they have to join USMS. Frank Tillotson moved that we don't approve the one day registration fee. The motion carried.

In the past, the *Swim* magazine subscription was good for one year regardless of membership date. In the future, the magazine subscription will expire at the end of the registration year. If you want to keep getting *Swim*, register early in the year. *Swim* magazine is published bimonthly starting with the Jan/Feb issue.

- E. **Records Report** - Catie Cooper apologized for the lateness of the SCY Top 5 results. Her computer problem has finally been solved. She has completed the LCM results also. She still needs the SCM IRCC meet and the St. Pete SCM Development meet results to finish the SCM Top 5. SCM records have been lost. Please notify Catie of any errors when the SCM Top 5 come out. She needs: A past Florida LMSC Top 5 list; official meet results from a Florida LMSC Sanctioned Meet; or other official documentation. She reminds members that these times must have been swum in a Florida LMSC Sanctioned or 'Recognized' meet. Other

meets also count for National Top 10 and Zone.

Catie's new address is: 9775 SW 52nd Road, Gainesville FL 32608. Home phone: 904-336-9027. Work phone: 904-392-8283 (for the next 5-6 months - then it will change to 392-4251).

- F. **Newsletter Report** - Frank Tillotson reported that the newsletter is progressing and requested more contributions. He would like to see a one page entry form with all necessary information. This would save money when printing the FLMSC Newsletter. He passed out a copy of a one page Colorado entry form. John Maguire said that the Newsletter should promote swim meets within the LMSC and include as much information as possible. He felt that meet directors rely on the Newsletter for getting this information out and they should be contacted to see if meets should be included. Frank said that if more than one page is required for meet info, the host club could pay the extra cost.

Frank informed members that this will be his last year as Newsletter Editor. He felt we needed to get someone new involved.

## II. Old Business - None

## III. New Business

- A. **1993 USMS Convention** - Also see the Registrar and Sanctions report for Convention highlights.
1. **Awards Across America** - John Maguire reported that 'Awards Across America' is a program sponsored by the USMS Dixie Zone. The purpose of the program is to recycle awards by giving them to those agencies and groups that represent the disabled and underprivileged. LMSCs have been asked to donate used awards and also solicit agencies in their area who may benefit. Scott Rabalais will coordinate the effort for the Dixie Zone. John Maguire has volunteered to collect awards for the Florida LMSC and he will send them on to Scott. Those interested in recycling your awards should send them to John. If you know of an agency that might benefit send that information also.
  2. **Computer Committee** - The House of Delegates approved a program to encourage LMSCs and USMS clubs to automate their swim meets and Top 10 reports by utilizing the Hy-Tek, Ltd. computer program. USMS, Inc. is offering to subsidize the purchase of one set of programs (Meet Manager, Team Manager, and Commlink) for each LMSC. The package which lists for \$689 could be purchased for \$200. Catie Cooper said that while it would speed up processing of the Top 10, it could not be used for the Top 5. She feels that John Ware's Meet Management program is working well and we should wait to see what problems arise for other LMSCs. John Maguire said that our LMSC may not need the program but that some Clubs may benefit.
  3. Delegates to the USMS Convention can now only serve on one committee at a time.
  4. **Coach of the Year** - Catie said there were six candidates for coach of the year. Coach George Bole was one of them. Emmett Hines from Houston TX was the winner for 1993 and was a Marketing Committee member at Convention. It appears that the 'National Coach of the Year, must also be involved at the National Convention. The Coaches Committee urged LMSCs to initiate their own 'Coach of the Year' award since all coaches cannot be involved at the National level.
  5. **Finance Committee** - John Maguire said that LMSCs must submit an annual financial report to the National Committee.
  6. **Sports Medicine Committee** - John Maguire reported that a brochure will be developed on how to handle a cut on the pool deck. The possibility of blood borne pathogens puts swimmers at risk. If the bleeding can't be stopped, the meet must be delayed until the situation is controlled. The brochure will have no copyright infringements.

7. Insurance premiums have decreased.
8. **1996 SCY Nationals** - Catie Cooper reported that there was a possibility of Georgia Masters bidding to hold the 1996 Nationals in Atlanta in the Olympic Pool. This would be an out-of-rotation bid and caused much discussion at the Convention about its fairness. Frank said that if Washington relinquishes their bid then there would be no problem.

**B. Swim Calendar**

1. The swim meet calendar was discussed and set.
2. Dave Perkey said that the Tampa meet will no longer be held at the University of South Florida pool. The university feels that it is needed for faculty and students. Tampa and Clearwater will have a combined meet at the Long Center in February.
3. John Bishop said that in 1995, St. Pete will be celebrating their 25th anniversary for their SCY meet. They are starting to plan for this now.

Also, St. Pete is offering underwater taping of swimmers every Sunday. Paul Hutinger will do the taping. All you need to bring is a VHS tape.

4. John Maguire said that he was contacted by Bruce Douglass from the University of Florida about holding masters meets at the O'Connell Center pool.

With no further business, the meeting was adjourned at 1:25 p.m.

Respectfully submitted,



Meegan Wilson  
FLMSC Secretary

## SWIMMING NEWS FROM AROUND OUR LMSC

### FOREST HILLS AQUATICS

I have turned over the running of the 13th Annual Tampa/USF swim meet to Jeff Copper, coach of Harbour Island Swimming Team. I have enjoyed and learned a lot having organized a meet the past 3 years, however, I believe its time to turn the privilege over to someone else now. I appreciate Jeff and Harbour Island's agreeing to take over the responsibility and have no doubts that they will do a fine job of hosting the meet.

Milt Bedingfield

### THE LONG CENTER - CLEARWATER

The Thirteen Annual Tampa Masters Swim Meet will be a combined effort of the **Harbour Island Athletic Club** and the **Clearwater Masters Swim Team** on February 12-13. The Tampa Host was unable to obtain the USF pool for the meet as in the past twelve years. The Clearwater Team felt that they could not afford the cost of the Long Center for their Annual Spring Meet. So, the marriage. Now we need to gather our forces and descend on the Long Center in great numbers since this is one meet instead of two.

### FLORIDA AQUATIC SWIM TEAM MASTERS

Four FAST Swimmers competed in the 1993 Titanium Man Triathlon. Kim Kazimour placed 2nd overall female. Tina Myers was the swimmer of a mixed team that received top honors. Jim Garrison placed second in his 35-39 age group and Beth Bigelow placed first in her 35-39 age group. Four swimmers competed in the Cypress Gardens Sertoma Triathlon: Chuck Bigelow (27th), Kim Barrett (5th), Jacquie Dodge (14), and Beth Bigelow (11th).

Jenny Bassett, Noel Maun and Meegan Wilson completed the Suncoast Masters Pentathlon and enjoyed the Social following the meet. Kelly Bergdoll, Cathy Honeycutt, Nancy Saliwanchik, and Meegan Wilson traveled to Orlando for their SCM Invitational Swim Meet on October 9th and 10th. We all enjoyed the social Saturday night. High point awards went to Nancy 3rd place (30-34) and Meegan 2nd place (40-44).

Congratulations to Paula Porter who placed 8th in the National SCY Top Ten in the 50 Breaststroke in the 40-44 age group.

### INDIAN RIVER COMMUNITY COLLEGE MASTERS

**Peter Jurczyk**, Indian River Community College Masters Swimmer, was inducted into the 'St. Lucie County Sports Hall of Fame' early this summer. Pete, still active, has been since the early 70's *Mr. IRCC Masters*. At the same time he has been coach to both Masters and IRCC. His swimming has brought many records, National and World, to his honor.



## ST. PETE MASTERS *Don't Swim With The Pike*

At the conclusion of the Long Course Nationals, St. Pete Masters' member Harold Ferris and his wife Betty went on a camping trip to Ontario, Canada. While there, they visited another St. Pete swimmer, Sandy Steer, who had also swum in Minneapolis. Sandy and her husband, Don, another long suffering spouse of a swimmer, were spending the summer at their cabin on Lake Superior. Don, an ardent fisherman, took Harold to one of his favorite spots. Before long, Harold caught a thirty inch Northern Pike, which Don expertly netted. Later, when they cleaned the Pike, which looks and acts like a fresh water Barracuda, they found a whole Red Squirrel in its stomach. The squirrel had probably fallen in the lake from an overhanging tree and was grabbed by the Pike before it could swim to shore. Not to be completely outdone, Don caught a Pike with a mouse in its stomach the next day. If you belong in the slow lane, don't try to swim with a Pike.

Don Steer

## SUNCOAST MASTERS SWIMMING

The Suncoast Masters held the First Annual Pentathlon Meet on September 25 in Sarasota. Seventy four masters attended the one day meet, which was a great success, and will be held again next year! There were two pentathlons offered: 50 yards of each stroke plus the 100 IM or 100 of each stroke plus the 200 IM. Every swimmer who completed either level received a trophy for his/her efforts!! Gertrude Z set yet another national record in the 100 Breast, breaking her own by 10 seconds!! The meet was then followed by a roaring social in the park. Next year do we have any takers for the BIGGIE? 200 of each stroke plus the 400 IM!!!

Deb Walker

## S.W.I.M. FLORIDA MASTERS

The return of Doug Messineo to college and the loss of our coach has allowed S.W.I.M. Florida's triathletes and their distance freestyle allies to hijack our Naples Y.M.C.A. program. Unfortunately, this coup has yielded results. After several years of second place finishes, Tim Lyster was the overall winner of the Sedgwick Fitness Challenge, the local sprint event. After breaking his collar bone early in the season last year, Joe Bonness finished third in Florida's sprint series for his age group. This year he decided to break his collar bone a month earlier and is currently in contention to duplicate his 1991 first place finish. Ring leader Bud Wallace won his age group at Miami and reports an eleventh place finish at the World Championships in Manchester, England. Fortunately, relief is at hand for the rest of us: the Naples Y plans to break ground on a 50 meter pool in early 1994, which will give us more pool time and space. In the meantime, our Bonita Beach branch continues in Masters tradition.

Scott Harris

*Subsequent conversation with Scott Harris, in response to an inquiry: Doug Messineo is not active in SWIM at this time. He has the same address, and is attending Edison Community College in Ft. Meyers pending transfer to a four year school.*

## TEAM ORLANDO MASTERS

The Shade UVA Guard Team Orlando Masters Short Course Meters Invitational Swim Meet was held on October 9th and 10th at the International Drive YMCA and Aquatic Center in Orlando. The more than 190 masters swimmers that attended this extremely competitive event saw 17 WORLD and 13 NATIONAL records fall. The Holmes Lumber Jax team took the combined team honors with Team Orlando close behind. Individually, Jeff Poppell (HLJ) set 11 national records in the 10 events that he swam (his 800 split of his 1500 Free was also a record). St. Pete's Bill Specht continued his assault on the record book with new world records in the 50,100, & 200 Back. Gertrud Zint (HLJ) and Chester Miltenberger (ORLM) also set four world records each. Team Orlando's coach Lucky Meisenheimer was extremely pleased with the meet and received many positive comments. His only concern was: "What do I do with the extra keg of beer we got for the social for the Amber Jax team?"

Scot Hartle

### Orlando 1993 SCM Results

Women		Men		Combined	
HLJ	1166	HLJ	1310	HLJ	2746
ORLM	907	ORLM	1224	ORLM	2309
SPM	386	SPM	479	SPM	929
GOLD	203	SMS	287	SMS	405

### Records Set During Team Orlando Masters SCM Meet October 9 & 10, 1993

Current records taken from a fax from Walt Reid with titles :

USMS National Records - SCM as of 5/8/93 & FINA Masters World Records - SCM as of 5/1/93

SWIMMER	SEX	AGE	USMS #	EVENT	TIME	TYPE	WORLD	USMS
June Krauser	F	67	503-00013	200 Fly	3:36.36	W	3:38.65	3:36.03
Gertrud J. Zint	F	76	143-00344	50 Brst	53.94	W	58.41	58.91
Gertrud J. Zint	F	76	143-00344	100 Brst	2:03.89	N	2:00.27	2:10.17
Gertrud J. Zint	F	76	143-00344	200 Brst	4:32.71	W	4:35.24	4:35.24
Gertrud J. Zint	F	76	143-00344	50 Fly	56.53	W	59.09	59.09
Gertrud J. Zint	F	76	143-00344	100 IM	1:58.06	W	2:00.07	2:00.07
Jeff Poppell	M	23	143-00981	100 Free	53.12	N	---	54.21
Jeff Poppell	M	23	143-00981	200 Free	1:56.27	N	---	2:01.20
Jeff Poppell	M	23	143-00981	400 Free	4:08.28	N	---	4:16.24
Jeff Poppell	M	23	143-00981	800 Free	8:39.19	N	---	8:52.70
Jeff Poppell	M	23	143-00981	1500 Free	16:15.25	N	---	17:03.17
Jeff Poppell	M	23	143-00981	100 Back	1:00.67	N	---	1:01.29
Jeff Poppell	M	23	143-00981	200 Back	2:10.62	N	---	2:19.68
Jeff Poppell	M	23	143-00981	100 Fly	57.54	N	---	58.41
Jeff Poppell	M	23	143-00981	200 Fly	2:07.64	N	---	2:13.68
Jeff Poppell	M	23	143-00981	200 IM	2:11.25	N	---	2:14.07
Jeff Poppell	M	23	143-00981	400 IM	4:44.27	N	---	4:45.83
Paul W. Robinson	M	26	143-00242	800 Free	8:41.80	N	8:34.26	8:45.95
Chester D. Miltenberger	M	42	143-00414	100 Free	55.02	W	55.35	55.28
Chester D. Miltenberger	M	42	143-00414	50 Brst	30.80	W	31.33	31.33
Chester D. Miltenberger	M	42	143-00414	100 Brst	1:07.98	W	1:10.61	1:11.22
Chester D. Miltenberger	M	42	143-00414	200 Brst	2:36.32	W	2:38.16	2:31.37
William L. Specht	M	35	143-00437	50 Fly	25.89	W	25.96	25.96
William L. Specht	M	35	143-00437	100 Fly	57.02	W	1:00.50	1:00.50
William L. Specht	M	35	143-00437	200 Fly	2:06.97	W	2:14.64	2:14.64
William L. Specht	M	35	143-00437	50 Back	27.54	W	28.05	28.05
William L. Specht	M	35	143-00437	100 Back	1:00.65	W	1:01.45	1:01.45
William L. Specht	M	35	143-00437	200 Back	2:10.01	W	2:15.47	2:15.47
Paul Hutinger	M	68	143-00108	100 Back	1:19.68	W	1:21.06	1:20.13
Paul Hutinger	M	68	143-00108	100 IM	1:19.90	W	1:20.20	1:20.20

\*\*\*\* Total of 17 FINA Masters World records & 13 USMS National records \*\*\*\*

## LONG COURSE NATIONALS

The first day, the 800 and 1500 concluded about 9 p.m. One wonders why these events cannot be swum as Zone Championships and the results posted for National Champions. Many more would take part and it would perhaps eliminate some need for qualifying times for Nationals.

The following days came off well. Many National and World marks were made. Tom Lane, 99, swam the 100 Back to an ovation, but he has competition. There are two 100 year old men now registered in the Pacific NW. Notwithstanding this, my swimmer of the meet was Gus Langner of Connecticut Masters. Gus, at 90, swam his five events, anchored the Connecticut 200+ Relay and entered the Kick contest. And he can SWIM! A swimming gentlemen.

Mary-Beth and Paul Windrath, Wayde Mulhern and many other volunteers made the meet a well run success. The aquatic complex, one of the best, had the advantage of two other pools in the 'building' one of which is old enough to be designated in the almost forgotten 220 and 440 yard swim events in the tile.

There was much speculation on the coming Election of National Officers. It appeared that three West Coast women might control USMS. Among those who knew Kevin, there were remembrances of good times with him.

The Florida LMSC was well represented. St. Petersburg had the strongest team with standouts Marian McKechnie, Kay Schimph, Win Kennedy and the unstoppable Bill Specht, plus good relays. Holmes Lumber Jax came next, lead by Gertrude Zint and Florence Carr and good relays. TEAM Orlando, third, were sparked by Chet Miltenberger's setting a new 100 Free record. Thought you were a breaststroker, Chet.

### Florida Team Results

Women		Men		Combined	
SPM	2	HLJ	13	SPM	5
HLJ	13	SPM	18	HLJ	16
IRCC	61	ORLM	26	ORLM	35
CATM	83	BLUE	80	IRCC	82
		BSAM	81	CATM	85
		SMS	89	SMS	117

### 1993 NATIONAL USNSO MEET

Area swimmers who did well in the 1993 National USNSO meet in Baton Rouge this past summer included John Woods, Sarasota; Alan Maloney, Clearwater; Pat LaFountain and Katie Knight-Perry, St. Pete; all Masters.



### 1994 Membership Application

RENEWAL. My Current USMS No. Is 143-

NEW REGISTRATION

LMSC Fee 8.00  
USMS Fee 15.00  
Club Fee  
Total Fee:

Membership expires 12/31/94

Make check payable to:

Mail check to:

Register with same name you will use for competition. Print clearly.

Form with fields: Last Name, First Name, Init, For Office Use, Street, Apt, City, State, Zip, Phone No., Date of Birth, Age, Sex, Today's Date, Mo., Day, Yr., Mo., Day, Yr.

Club or Unattached

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEETS SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. AS A CONDITION OF MY PARTICIPATING IN MASTERS SWIMMING. In addition, I agree to abide by and be governed by the rules of USMS.

Signature



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Make check payable to:

Mail check to:

Register with same name you will use for competition. Print clearly.

Form with fields: Last Name, First Name, Init, For Office Use, Street, Apt, City, State, Zip, Phone No., Date of Birth, Age, Sex, Today's Date, Mo., Day, Yr., Mo., Day, Yr.

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Signature

## GULF COAST SENIOR GAMES

The new date for the Gulf Coast Senior Games is:

**February 21, 1994 - February 27, 1994**

That means we will not be hosting the Games in December of '93 as we have in the past. This is a very positive change. Athletes who compete in the Gulf Coast Senior Games in February, will now be eligible to compete in the Florida Senior Games State Championship to be held December 1-4, 1994. The Florida Senior Games State Championship will be the only Florida qualifier for the 1995 Nationals in San Antonio, Texas.

Barbara Shapiro

Vice President of Administration

## NORTH MIAMI BEACH WINS WATER POLO TOURNAMENT

The first two qualifying tournaments for this years Seniors Mens Indoor Nationals was held October 2nd and 3rd in perfect conditions at St. Petersburg. The eight visiting teams enjoyed St. Pete's shaded high-rise grandstands while watching other teams battle it out. Games started at 7 a.m. each morning while teams making it to Sunday's final matches found themselves playing up to three games each day. North Miami Beach beat Orlando for first place position. University of Florida took the St. Pete Thunder for third place.

Rod Swanigan

*Chris Olden and Rod Swanigan, SPM Master Swimmers, are President and Secretary of the St. Pete Thunder Team.*

## TRIATHLETES

Our correspondent has been absent and has supplied nothing. Alan Maloney, CATM Master, sent us a card with 8 names of events in which he took part.



**HELP BUILD THE  
FLORIDA LMSC VIDEO LIBRARY  
BY DONATING YOUR  
SWIMMING VIDEOS**

We will publish available tapes for your free rental plus a \$25.00 refundable deposit and \$5.00 postage and handling.

Send your videos to:  
JOAN GLARATON  
4590 Colonial Ave. • Jacksonville, FL 32210  
(904) 388-8727.



## 1993 AQUATIC SPORTS CONVENTION

The USMS section of the Convention was covered for the Florida LMSC by Chairman John Maguire, Registrar Charlie Kohnken, Top Ten Recorder Catie Cooper, and Legislation Committee member Frank Tillotson.

The most interesting election of National Officers in many years elected Mel Goldstein, President; Jim Miller, Vice President; Susanne Rague, Secretary; and Lucy Johnson, Treasurer.

The matter of pool injuries received serious attention. In a meet, it is now permissible to disqualify a swimmer for diving or jumping into a swimming lane during warm-ups. Swimmers are also advised not to do this in workouts either. Additionally, all "workouts" are required to have specifically trained personnel on deck. Swim alone on your own, as I read it. And finally, registration cards are required at a meet; you cannot warm up or swim without it.

Sports Medicine (now called Sports Medicine, Health and Safety) Committee will emphasize noncompetitive masters swimming.

The International Meet Calendar will be published in *Swim* magazine. Scott Rabalais' "February Fitness Challenge" will be promoted internationally.

USMS has established an officials certifying plan. USS and YMCA officials comply.

The long awaited computer program is at hand. LMSCs have or will receive details.

The location of the 1995 National meets, Ft. Lauderdale FL for Short Course and Mt. Hood Community College, Gresham OR for Long Course, were voted favorably as recommended by the Championship Committee.

Previously, meets which were open to USMS and non USMS swimmers were 'Approved' by USMS, providing that they were run and reported according to USMS rules. The use of the word 'Approved' in this connection has been eliminated. The word 'Recognized' is substituted. For Masters swimming in such a meet, that is the only change: the word 'Recognized'. Times will still qualify for Masters so long as the meets meet USMS standards and recording.

Again we have a new liability release form. A copy is attached. Resulting from a claim made on the West Coast, this release must be used 'as is'. Do not retype it. Copy it with a copier. Mistakes in it render it useless.

Both the change from 'approved' to 'recognized' and the new liability release form take effect at once, as voted on by the Delegates.

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"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEETS SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. AS A CONDITION OF MY PARTICIPATING IN MASTERS SWIMMING. In addition, I agree to abide by and be governed by the rules of USMS."



## THE FITNESS PAGE

There have been a number of requests that this article about FAT be repeated. There is also some additional information that may help some of us lose a little FAT

### FAT, You Can Live Without It.

We live in a society that is deluged with fad diets and a constant rhetoric of dietary do's and do not's. All this is suppose to be there to help us shed our excess FAT. What most of this is doing is making a few people wealthy and putting the rest of us on a weight loss roller coaster.

Most diets are temporary, nutritionally unsound, and in many cases, more destructive then constructive. We often hear about the people that lose twenty to forty (and more) pounds in one month. This is possible, but it is no way to lose weight. These diets usually involve an extreme reduction in the caloric input. Your bodies natural reaction is to assume that you are starving and will slow your metabolism. The last thing you want if you are trying to lose a couple pounds of FAT is a slow metabolism.

The average person can lose no more than one to three pounds of FAT per week, depending on the amount to be lost and the size of the dieter. So, the huge quick drops in weight are not FAT loss. They are often muscle loss. Then after the diet is over and you return to your normal eating habits, the FAT you lost will return and the muscle you lost is gone. After a couple of these diets you can be approximately the same weight as when you started, but your FAT percentage will probably be way up.

In order for you to lose FAT, you have to put less calories in your body than you use during the day. Most people respond to this with "Right, but then I am always hungry." The reduction of calories without being hungry, is actually quite simple. A gram of FAT contains nine calories. A gram of alcohol contains seven calories. A gram of protein or carbohydrates contains four calories. The way to reduce calories is obvious. Reduce the amount of FAT in your diet. The typical American diet contains approximately 37% FAT. The American Heart Association recommends no more than 30%. Most sports nutritionist recommend no more than 25% and the people from the Pritikin diet recommend 10%.

Most of us know where the majority of the FAT in our diets comes from. Dairy products, meats and added FATS like butter. The hidden places that many of us tend to overlook are, salad dressings (*you've seen those people at the salad bar with 1/2 cup of dressing on what could have been a healthy low FAT meal*), creamed soups, oil packed tuna, poultry skin, milk (*even in 2% milk the caloric count is 37% from FAT*), cooking oils (*strangely, a good substitute in baking is apple sauce*), nuts and nut products (*peanut butter is 76% FAT*), mayonnaise, desserts and snack foods. This is only a very brief list to help you get started on reducing your FAT intake.

Another place where many of us eat too much FAT is when we dine out. Unfortunately, many of the foods that we enjoy the most also contain high amounts of FAT. Restaurants realize this and therefore they serve us FATTY foods that we will enjoy again and again. Go to your favorite eating establishment and take a close look at the menu. You will probably find many items covered with cheeses and sauces. The other place restaurants tend to add FATS are the added items; sour cream, butter, guacamole, salad dressing, cheese, bacon, etc. Overcome the restaurants high FAT content is often very simple. Ask them to put any dressings or extras on the side, avoid fried foods, do not add cheeses or ask the cheese to be left off, when there is a choice have chicken rather than beef, ask if any chicken is skinless and if not have them remove it before cooking, always have broth soup or salad before the meal and think before you order (sauce, cheese, sour cream?). If you find the menu does not offer many low or nonFAT choices, create your own meal. For example: Ask them to bake a piece of available fish, steam available vegetables and have nonFAT cottage cheese on your baked potato. Most restaurant will do this without any hesitation.

A place where the restaurants often sneak FAT past us is calling something "light" or "lite". The government presently allows this to mean lower in calories, lower in FAT, lighter in weight or even lighter in color. Don't just assume "light" or "lite" means better for you.

Excess FAT in your diet is ready to be stored in you body as FAT because it is basically already in the correct form. Excess carbohydrates and proteins have to be converted into body FAT before they can be stored. This converting process requires the burning of some calories. Eating before you go to bed is asking your body to store FAT. While you are sleeping you do require some calories to function but not very many. If you have a bowl of ice cream or a glass of milk and a sandwich before bed, this FAT is going to be stored. If you must eat something before you go to bed eat something with a low amount of FAT: fruit, plain popcorn, a low fat cereal (read the side label to determine low fat cereals, don't just take their word for it) w/skim milk, vegetables, unsweetened juice, etc.

Don't just instantly change your diet. It is hard to just give it up, but it can easily be done over a little time. In fact, you could eventually find those foods high in FAT unappetizing.

And finally when changing your diet do not watch your weight. Your weight is not an accurate reflection of how well you are doing in reducing the FAT percentage of your body. Especially if you are also working out. Muscle weighs more than FAT. So it is possible that you will weigh the same while losing FAT. If you must have something tangible, measure your body. Get out the tape measure and measure everywhere: around arms, legs (3-4 places), lower rib cage, chest, butt, stomach, hips, neck, etc. Keep a record of these measurements with specific locations recorded. Then at the same

time each month retake all the measurements. If you are loosing FAT you will be able to see that lose in your measurements.

GOOD LUCK and remember for most of us to lose FAT and to keep it off, will require a permanent change in our eating habits not just a temporary one.

### DID YOU KNOW?

- \* 8 cups of plain popcorn has the same amount of FAT as 1/4 cup of peanuts.
- \* Every tablespoon of FAT-free mayonnaise substituted for regular mayonnaise will save you 12 grams of FAT, 108 calories.
- \* Fresh fruits contain no FAT.
- \* Skinless dark poultry meat has more than twice as much FAT as skinless light meat.
- \* Buffalo is very lean (low in FAT) and very tasty.
- \* Removing chicken skin reduces FAT by over 60%.
- \* Fish contain Omega-3 Fatty Acid, which can possibly reduce heart disease.
- \* Ground turkey has less FAT than most ground beef. When cooked most people cannot tell the difference. Try it without telling anyone!
- \* 2 tablespoons of sour cream has more FAT then a small filet.

If there are any topics or ideas that you would like to see discussed, if you have a recipe or a cooking tip that you think others would enjoy having or if you come across any articles or books from which other COMSA members could benefit, please send them to:

Russ Marsh  
P.O. Box 4011  
Englewood, CO 80155

# February Fitness Challenge '94



**Purpose:** To promote fitness through swimming and to encourage participants to swim regularly and to track their results over a monthly period

**Sponsors:** Southern Masters Swimming, United States Masters Swimming Fitness Committee, SWIM Magazine, Speedo America, American Lap Swimmers Association

**Eligibility:** Must be at least 19 years of age

**Recording Distance:** Beginning February 1, 1994, record on form below the number of YARDS completed each day. PLEASE BE AS ACCURATE AS POSSIBLE! To convert meters to yards, add 10% to meter distance to obtain yard total. (For example, 3000 meters + (10%) 300 = 3300 yards.)

**Monthly Totals:** At month's end, add daily yardage totals to obtain monthly total. To calculate number of miles divide monthly yardage total by 1760.

**Caution:** Use caution when attempting to improve fitness level. Increases in yardage should be gradual over an extended period.

**Awards & Results:** All participants receive final results and an achievement certificate. The three males and females in each age group with the highest monthly total receive medals. Allow 30 days after deadline for mailing of results/awards.

**Age Groups:** 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59... (in five year increments)

**Age:** Determined by your age on February 28, 1994

**Rules:** Use of training aids such as kickboards, fins, paddles, and buoys IS permitted.

**Entry Fee:** \$5.00, all fees (check or money order) payable to Southern Masters Swimming

**T-shirts:** \$12.00, short sleeve, 100% cotton.

**Theme:** "Fitness Frog: Sittin' On Top Of The World!"

**Caps:** Swim caps with FFC logo available for \$3.00

**Entry Deadline:** Entries must be RECEIVED by March 21, 1993. Late entries will be returned!

**Entry Procedure:** Send form below and fees to:

FEBRUARY FITNESS CHALLENGE  
c/o Scott Rabalais  
950 South Foster Dr. #29  
Baton Rouge, LA 70806 USA  
Phone: (504)928-5596

**International Entries:** Subject to a \$3.00 postage fee; mail early to ensure arrival by entry deadline.

**Workout Guide:** For a free brochure entitled "Ten Great Workouts for the February Fitness Challenge," send a self-addressed stamped envelope to above address.

## FEBRUARY FITNESS CHALLENGE '94

(please print)

NAME: \_\_\_\_\_ AGE:(as of 2/28/94): \_\_\_\_\_ SEX: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_  
ZIP: \_\_\_\_\_ COUNTRY: \_\_\_\_\_ PHONE:(\_\_\_\_\_) \_\_\_\_\_ USMS MEMBER? Y N

TUE FEB 1 _____ yds	TUE FEB 8 _____	TUE FEB 15 _____	TUE FEB 22 _____
WED FEB 2 _____	WED FEB 9 _____	WED FEB 16 _____	WED FEB 23 _____
THU FEB 3 _____	THU FEB 10 _____	THU FEB 17 _____	THU FEB 24 _____
FRI FEB 4 _____	FRI FEB 11 _____	FRI FEB 18 _____	FRI FEB 25 _____
SAT FEB 5 _____	SAT FEB 12 _____	SAT FEB 19 _____	SAT FEB 26 _____
SUN FEB 6 _____	SUN FEB 13 _____	SUN FEB 20 _____	SUN FEB 27 _____
MON FEB 7 _____	MON FEB 14 _____	MON FEB 21 _____	MON FEB 28 _____

TOTAL MONTHLY YARDAGE = \_\_\_\_\_ YARDS  
TOTAL MONTHLY MILEAGE = \_\_\_\_\_ MILES  
(To calculate mileage, divide monthly yardage by 1760.)

I attest that the above results are accurate and true.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

\*\*\*\*\*  
FEES  
Entry fee \$ 5.00 \_\_\_\_\_ (required)  
T-Shirt 12.00 \_\_\_\_\_ (optional)  
Shirt size: \_\_\_\_\_ S M L XL  
Swim cap 3.00 \_\_\_\_\_ (optional)  
Int'l fee 3.00 \_\_\_\_\_ (outside U.S.)

TOTAL \_\_\_\_\_ (U.S. dollars)  
(payable to Southern Masters Swimming)  
\*\*\*\*\*

# Florida 1992-1993 SCY Top 5

(times are by FLMSC swimmers achieved in FLMSC meets)

<b>50y Free Women 19-24</b>		<b>200y Fly Women 19-24</b>		38.81 J.L. Vandermolen 25 05/02/93		<b>200y Free Women 30-34</b>	
R: 24.67 Sudi Miller 91		R: 2:22.20 Margaret Bell 86		39.56 Lisa A. Hudak 28 03/07/93		R: 2:00.88 Mary Roebuck 92	
29.20 Erin D. Mitchell 21 04/04/93		-no swimmer-		39.74 Debra G. Hanson 29 02/07/93		2:05.95 Eileen O. Hartle 31 04/04/93	
29.43 Katya A. Lefebure 22 03/07/93		<b>100y LM. Women 19-24</b>		<b>100y Brst Women 25-29</b>		2:09.42 H.L. Stevenson 33 02/07/93	
29.48 C.A. Sullenberger 22 11/02/92		R: 1:00.54 Sudi Miller 91		R: 1:10.35 Merit L. Greaves 92		2:13.35 Gina M. Aguilar 33 11/02/92	
30.23 Ann Coccagnia 20 05/02/93		1:06.54 E.A. Sollee 21 05/02/93		1:10.35 Merit L. Greaves 28 11/02/92		2:14.07 Ann L. Heller 31 11/02/92	
32.88 A.G. Garrigues 24 04/04/93		1:12.84 Rachel M. Gunn 22 12/06/92		1:22.26 Heidi W. Wahl 27 02/07/93		2:15.27 Lisa A. Flanagan 30 04/04/93	
<b>100y Free Women 19-24</b>		1:14.04 Erin D. Mitchell 21 04/04/93		1:23.59 C.C. Kirsten 28 04/04/93		<b>500y Free Women 30-34</b>	
R: 53.89 Mary Wayte 90		<b>200y LM. Women 19-24</b>		1:25.11 Lisa A. Hudak 28 03/07/93		R: 5:33.25 Mary Roebuck 92	
59.51 E.A. Sollee 21 05/02/93		R: 2:19.90 Sudi Miller 91		1:26.46 Jacquie J. Dodge 29 02/07/93		5:46.20 Eileen O. Hartle 31 02/07/93	
1:03.16 C.A. Sullenberger 22 11/02/92		2:39.09 Erin D. Mitchell 21 04/04/93		<b>200y Brst Women 25-29</b>		5:54.45 Jody Lee Bedran 31 02/07/93	
1:05.57 Erin D. Mitchell 21 02/07/93		2:44.95 Rachel M. Gunn 22 01/10/93		R: 2:36.96 Merit L. Greaves 92		6:05.84 Ann L. Heller 31 11/02/92	
1:08.78 Ann Coccagnia 20 05/02/93		2:57.86 Ann Coccagnia 20 05/02/93		2:36.96 Merit L. Greaves 28 11/02/92		6:22.70 Tish P. Oleksy 31 04/04/93	
1:09.12 Linda B. Sharer 23 02/07/93		<b>400y LM. Women 19-24</b>		2:50.95 Heidi W. Wahl 27 02/07/93		6:42.64 Jacquie J. Dodge 30 04/04/93	
<b>200y Free Women 19-24</b>		R: 5:01.72 Maureen Jones 87		2:57.95 Lisa A. Hudak 28 03/07/93		<b>1000y Free Women 30-34</b>	
R: 1:57.18 Mary Wayte 90		-no swimmer-		3:19.06 Dianne L. Geibel 28 04/04/93		R: 12:46.69 Linda Bamber 86	
2:23.19 Erin D. Mitchell 21 04/04/93		<b>50y Free Women 25-29</b>		<b>50y Fly Women 25-29</b>		13:56.27 C.T. Swanson 30 12/06/92	
2:24.29 C.A. Sullenberger 22 11/02/92		R: 24.27 Mary Holmes 88		R: 26.47 Rosemarie Seaman 86		<b>1650y Free Women 30-34</b>	
2:29.68 Katya A. Lefebure 22 03/07/93		25.66 Merit L. Greaves 28 11/02/92		26.86 Sudi S. Miller 26 02/07/93		R: 19:53.03 Wanda Brown 88	
2:36.49 A.G. Garrigues 24 04/04/93		26.32 Linda S. Neary 29 04/04/93		27.28 Linda S. Neary 28 02/07/93		19:57.68 Eileen O. Hartle 31 04/04/93	
2:42.47 J.L. Edwards 19 11/02/92		27.24 K.R. Bruner-Raine 28 04/04/93		28.32 Merit L. Greaves 28 11/02/92		21:00.16 Ann L. Heller 31 11/02/92	
<b>500y Free Women 19-24</b>		27.99 Maureen Jones 29 04/04/93		29.14 K.R. Bruner-Raine 28 04/04/93		21:07.84 Mary F. Kyle 30 04/04/93	
R: 5:21.59 Maureen Jones 86		28.18 Rebecca A. Nelson 29 02/07/93		30.55 Rebecca A. Nelson 29 02/07/93		23:42.91 Tina M. Myers 31 04/04/93	
6:02.00 E.A. Sollee 21 05/02/93		<b>100y Free Women 25-29</b>		<b>100y Fly Women 25-29</b>		23:46.71 Jacquie J. Dodge 30 04/04/93	
6:23.94 C.A. Sullenberger 22 11/02/92		R: 53.52 Rosemarie Seaman 86		R: 57.92 Rosemarie Seaman 86		<b>50y Back Women 30-34</b>	
6:40.67 Erin D. Mitchell 21 02/07/93		55.32 Sudi S. Miller 26 02/07/93		59.39 Sudi S. Miller 26 02/07/93		R: 30:29 Jody Lee Bedran 93	
7:31.64 J.L. Edwards 19 11/02/92		59.08 K.R. Bruner-Raine 28 04/04/93		59.71 Linda S. Neary 28 02/07/93		30.29 Jody Lee Bedran 31 02/07/93	
<b>1000y Free Women 19-24</b>		1:01.39 Rebecca A. Nelson 29 02/07/93		1:03.83 Merit L. Greaves 28 11/02/92		31.65 H.L. Stevenson 33 02/07/93	
R: 11:13.60 Maureen Jones 86		1:01.48 Sarah B. Williams 28 02/07/93		1:05.34 K.R. Bruner-Raine 28 04/04/93		32.25 Gina M. Aguilar 33 02/07/93	
14:39.19 Katya A. Lefebure 22 03/07/93		1:01.62 Heidi W. Wahl 27 02/07/93		1:07.84 Heidi W. Wahl 27 02/07/93		32.52 Rozanna L. Miller 32 03/07/93	
<b>1650y Free Women 19-24</b>		<b>200y Free Women 25-29</b>		<b>200y Fly Women 25-29</b>		34.77 Mag L. Bowen 34 04/04/93	
R: 18:27.14 Maureen Jones 86		R: 1:52.85 Mary Holmes 86		R: 2:11.14 Laurene Welting 91		<b>100y Back Women 30-34</b>	
-no swimmer-		2:07.64 Merit L. Greaves 29 04/04/93		2:14.60 Linda S. Neary 28 02/07/93		R: 1:04.14 Michelle Falls 90	
<b>50y Back Women 19-24</b>		2:09.75 Maureen Jones 29 04/04/93		2:27.24 Heidi W. Wahl 27 02/07/93		1:04.72 Jody Lee Bedran 31 02/07/93	
R: 28.89 Sudi Miller 91		2:10.28 Sarah B. Williams 28 04/04/93		2:30.15 K.R. Bruner-Raine 28 04/04/93		1:08.67 H.L. Stevenson 33 02/07/93	
35.72 Katya A. Lefebure 22 03/07/93		2:13.56 Heidi W. Wahl 27 02/07/93		2:54.56 Jenny Bassett 26 04/04/93		1:12.97 Rozanna L. Miller 32 03/07/93	
35.78 Erin D. Mitchell 21 02/07/93		2:14.75 J.L. Vandermolen 25 05/02/93		3:16.20 Dianne L. Geibel 28 04/04/93		1:14.73 Lisa A. Flanagan 30 04/04/93	
36.12 Ann Coccagnia 20 05/02/93		<b>500y Free Women 25-29</b>		<b>100y LM. Women 25-29</b>		1:15.81 D.L. Pigiampampi 30 04/04/93	
39.78 J.L. Edwards 19 11/02/92		R: 4:59.52 Mary Holmes 88		R: 1:01.08 Rosemarie Seaman 86		<b>200y Back Women 30-34</b>	
43.46 A.G. Garrigues 24 04/04/93		5:44.12 Sarah B. Williams 28 02/07/93		1:01.73 Sudi S. Miller 26 02/07/93		R: 2:23.92 Michelle Falls 90	
<b>100y Back Women 19-24</b>		5:54.24 Heidi W. Wahl 27 02/07/93		1:03.92 Merit L. Greaves 28 11/02/92		2:26.84 Jody Lee Bedran 31 11/02/92	
R: 1:01.74 Mary Wayte 90		6:08.79 Mary C. Holderman 26 02/07/93		1:07.58 K.R. Bruner-Raine 28 04/04/93		2:36.32 Lisa A. Flanagan 30 04/04/93	
1:22.59 J.L. Edwards 19 11/02/92		6:11.44 Rebecca A. Nelson 29 02/07/93		1:10.93 Maureen Jones 29 04/04/93		2:37.51 Rozanna L. Miller 32 04/04/93	
1:27.48 Ann Coccagnia 20 05/02/93		6:11.87 J.L. Vandermolen 25 04/04/93		1:11.00 Heidi W. Wahl 27 02/07/93		2:46.08 Vicki L. Wilcox 30 04/04/93	
<b>200y Back Women 19-24</b>		<b>1000y Free Women 25-29</b>		<b>200y LM. Women 25-29</b>		2:46.50 D.L. Pigiampampi 30 04/04/93	
R: 2:15.05 Dawn Braciak 87		R: 10:32.45 Mary Holmes 88		R: 2:12.82 Laurene Welting 91		<b>50y Brst Women 30-34</b>	
2:37.46 Clara A. Booth 22 02/07/93		-no swimmer-		2:15.34 Sudi S. Miller 26 02/07/93		R: 30:19 Rosemarie Seaman 88	
<b>50y Brst Women 19-24</b>		<b>1650y Free Women 25-29</b>		2:15.90 Linda S. Neary 28 02/07/93		35.04 Lisa A. Flanagan 30 04/04/93	
R: 33.13 Sudi Miller 91		R: 18:31.91 Rosemarie Seaman 86		2:22.03 Merit L. Greaves 28 11/02/92		36.30 Eileen O. Hartle 31 04/04/93	
35.81 Rachel M. Gunn 22 12/06/92		19:28.76 Maureen Jones 29 04/04/93		2:25.27 K.R. Bruner-Raine 28 04/04/93		36.91 Debra L. Goodwyne 30 02/07/93	
39.54 Katya A. Lefebure 22 03/07/93		22:35.37 Dianne L. Geibel 28 04/04/93		2:31.44 Heidi W. Wahl 27 02/07/93		37.01 Gina M. Aguilar 33 11/02/92	
40.17 Erin D. Mitchell 21 02/07/93		22:45.32 Jenny Bassett 26 04/04/93		<b>400y LM. Women 25-29</b>		38.39 Caroline A. Gatto 32 05/02/93	
44.84 A.G. Garrigues 24 04/04/93		<b>50y Back Women 25-29</b>		R: 4:42.75 Laurene Welting 91		<b>100y Brst Women 30-34</b>	
<b>100y Brst Women 19-24</b>		R: 28.30 Michelle Falls 83		4:48.59 Linda S. Neary 28 02/07/93		R: 2:06.42 Rosemarie Seaman 88	
R: 1:09.75 Sudi Miller 91		28.72 Sudi S. Miller 26 02/07/93		5:21.73 Heidi W. Wahl 27 02/07/93		1:14.41 Lisa A. Flanagan 30 04/04/93	
1:10.98 E.A. Sollee 21 05/02/93		30.80 Merit L. Greaves 28 11/02/92		5:27.00 J.L. Vandermolen 25 05/02/93		1:21.30 D.L. Pigiampampi 30 04/04/93	
1:17.27 Rachel M. Gunn 22 02/14/93		33.58 J.L. Vandermolen 25 05/02/93		5:33.91 Sarah B. Williams 28 04/04/93		1:25.70 Caroline A. Gatto 32 05/02/93	
<b>200y Brst Women 19-24</b>		35.94 Debra G. Hanson 29 04/04/93		5:55.66 Jenny Bassett 26 04/04/93		1:28.20 N.H. Sahiwanchik 32 04/04/93	
R: 2:41.10 Donna Jungbluth 91		37.12 Rebecca A. Nelson 29 03/07/93		<b>50y Free Women 30-34</b>		1:28.27 Jacquie J. Dodge 30 04/04/93	
2:51.06 Rachel M. Gunn 22 01/10/93		<b>100y Back Women 25-29</b>		R: 25.36 Mary Roebuck 92		<b>200y Brst Women 30-34</b>	
<b>50y Fly Women 19-24</b>		R: 1:01.08 Michelle Falls 83		25.93 Gina M. Aguilar 33 04/04/93		R: 2:40.28 Lisa A. Flanagan 93	
R: 27.00 Sudi Miller 91		1:11.05 J.L. Vandermolen 25 05/02/93		26.58 Eileen O. Hartle 31 04/04/93		2:40.28 Lisa A. Flanagan 30 04/04/93	
33.02 Rachel M. Gunn 22 02/14/93		1:15.10 Debra G. Hanson 29 04/04/93		27.63 Rozanna L. Miller 32 02/07/93		2:56.94 D.L. Pigiampampi 30 04/04/93	
33.02 Erin D. Mitchell 21 02/07/93		1:18.53 Rebecca A. Nelson 29 02/07/93		28.11 Tish P. Oleksy 31 04/04/93		3:07.45 Caroline A. Gatto 32 02/07/93	
35.60 Ann Coccagnia 20 05/02/93		<b>200y Back Women 25-29</b>		28.41 Ann L. Heller 31 11/02/92		3:15.91 C.T. Swanson 30 11/02/92	
39.42 J.L. Edwards 19 11/02/92		R: 2:15.44 Michelle Falls 83		<b>100y Free Women 30-34</b>		3:22.32 Jeanne B. Kostha 34 03/07/93	
40.30 A.G. Garrigues 24 04/04/93		2:33.16 Maureen Jones 29 04/04/93		R: 51.30 Rosemarie Seaman 88		<b>50y Fly Women 30-34</b>	
<b>100y Fly Women 19-24</b>		2:33.31 J.L. Vandermolen 25 05/02/93		57.40 Eileen O. Hartle 31 04/04/93		R: 25.76 Rosemarie Seaman 88	
R: 59.27 Sudi Miller 91		2:44.89 Sarah B. Williams 28 04/04/93		58.65 Gina M. Aguilar 33 04/04/93		29.01 Eileen O. Hartle 31 04/04/93	
1:16.51 C.A. Sullenberger 22 11/02/92		2:48.02 Rebecca A. Nelson 29 04/04/93		1:00.60 Rozanna L. Miller 32 03/07/93		29.90 Gina M. Aguilar 33 02/07/93	
1:26.32 Ann Coccagnia 20 05/02/93		<b>50y Brst Women 25-29</b>		1:02.79 Ann L. Heller 31 11/02/92		30.35 H.L. Stevenson 33 04/04/93	
		R: 31.91 Merit L. Greaves 92		1:03.04 Tish P. Oleksy 31 04/04/93		30.38 Rozanna L. Miller 32 02/07/93	
		31.91 Merit L. Greaves 28 11/02/92				32.47 Ann L. Heller 31 11/02/92	
		32.76 Sudi S. Miller 26 02/07/93					



100y Fly Women 30-34  
R: 56.50 Rosemarie Seaman 88  
1:07.89 Rozanna L. Miller 32 03/07/93  
1:15.57 Ann L. Heller 31 11/02/92  
1:16.46 Tish P. Oleksy 31 04/04/93  
1:19.93 D.L. Pigliacampi 30 04/04/93

200y Fly Women 30-34  
R: 2:26.97 Anne Grams 80  
2:34.76 Rozanna L. Miller 32 03/07/93  
2:46.40 Mary F. Kyle 30 02/07/93

100y L.M. Women 30-34  
R: 59.02 Rosemarie Seaman 88  
1:07.88 Eileen O. Hartle 31 04/04/93  
1:07.99 Gina M. Aguilar 33 04/04/93  
1:08.28 H.L. Stevenson 33 02/07/93  
1:09.45 Rozanna L. Miller 32 03/07/93  
1:11.09 Lisa A. Flanagan 30 04/04/93

200y L.M. Women 30-34  
R: 2:20.77 Mary Roebuck 92  
2:31.61 Lisa A. Flanagan 30 04/04/93  
2:36.16 Rozanna L. Miller 32 03/07/93  
2:37.13 Gina M. Aguilar 33 11/02/92  
2:42.00 D.L. Pigliacampi 30 04/04/93  
2:43.16 Tish P. Oleksy 31 04/04/93

400y L.M. Women 30-34  
R: 5:10.31 Anne Adams 81  
5:33.50 Jody Lee Bedran 31 11/02/92  
5:36.42 Rozanna L. Miller 32 03/07/93  
5:47.32 D.L. Pigliacampi 30 04/04/93  
6:09.93 C.T. Swanson 30 05/02/93  
6:54.88 Jeanne B. Kostiha 34 03/07/93

50y Free Women 35-39  
R: 25.27 Martha Martin 88  
26.95 Kimberly J. Wise 36 05/02/93  
28.54 Gay Guthrie 37 04/04/93  
29.60 B.K. Nichols 36 04/04/93  
29.85 Kelly Bergdoll 35 02/07/93  
31.19 Peggy J. Evans 36 02/07/93

100y Free Women 35-39  
R: 56.25 Martha Martin 88  
1:01.62 Kimberly J. Wise 36 05/02/93  
1:01.85 Gay Guthrie 37 04/04/93  
1:03.00 B.K. Nichols 36 04/04/93  
1:03.22 K.D. Pollman 35 04/04/93  
1:07.45 Kelly Bergdoll 35 02/07/93

200y Free Women 35-39  
R: 2:05.39 Susan Halfacre 91  
2:14.71 Wanda H. Brown 35 02/07/93  
2:15.86 K.D. Pollman 35 04/04/93  
2:18.63 Gay Guthrie 37 04/04/93  
2:18.69 B.K. Nichols 35 02/07/93  
2:38.04 Peggy J. Evans 36 02/07/93

500y Free Women 35-39  
R: 5:39.04 Anne Grams 83  
5:50.10 Wanda H. Brown 35 02/07/93  
6:03.90 K.D. Pollman 35 04/04/93  
6:12.69 B.K. Nichols 36 04/04/93  
6:29.28 Gay Guthrie 37 02/07/93  
7:07.25 Kelly Bergdoll 35 02/07/93

1000y Free Women 35-39  
R: 12:41.21 Deb Walker 86  
12:52.32 B.K. Nichols 35 03/07/93  
13:02.20 Pam J. Geiger 39 12/06/92

1650y Free Women 35-39  
R: 20:00.62 Anne Grams 83  
20:09.10 Wanda H. Brown 35 04/04/93  
20:58.07 K.D. Pollman 35 04/04/93  
21:48.23 B.K. Nichols 36 04/04/93  
22:18.71 Joan E. Gamso 35 04/04/93  
24:43.57 Kelly Bergdoll 35 04/04/93

50y Back Women 35-39  
R: 31.48 Judy Humbarger 86  
35.73 K.D. Pollman 35 04/04/93  
36.86 B.K. Nichols 36 04/04/93  
36.96 Kelly Bergdoll 35 04/04/93  
39.41 Kimberly J. Wise 36 05/02/93  
40.22 Peggy J. Evans 36 02/07/93

100y Back Women 35-39  
R: 1:07.85 Judy Humbarger 87  
1:15.46 K.D. Pollman 35 04/04/93  
1:19.95 B.K. Nichols 36 04/04/93  
1:21.30 Kelly Bergdoll 35 02/07/93

1:44.94 C.A. Lefevre 38 04/04/93  
2:04.92 Sue A. Moucha 35 05/02/93

200y Back Women 35-39  
R: 2:29.85 Judy Humbarger 87  
2:42.67 K.D. Pollman 35 04/04/93  
3:40.43 Ann M. Connor 36 04/04/93  
4:56.42 Lisa Evans 37 04/04/93

50y Brst Women 35-39  
R: 33.94 Deb Walker 86  
35.88 Kimberly J. Wise 36 05/02/93  
37.88 Wanda H. Brown 35 02/07/93  
38.48 Lisa H. Ross 38 04/04/93  
40.61 Peggy J. Evans 36 02/07/93  
41.35 Kelly Bergdoll 35 04/04/93

100y Brst Women 35-39  
R: 1:11.95 Deb Walker 89  
1:20.01 Wanda H. Brown 35 02/07/93  
1:23.18 Lisa H. Ross 38 04/04/93  
1:24.51 Kimberly J. Wise 36 05/02/93  
1:27.69 Kelly Bergdoll 35 02/07/93  
1:31.64 Peggy J. Evans 36 02/07/93

200y Brst Women 35-39  
R: 2:40.89 Deb Walker 91  
2:51.56 Wanda H. Brown 35 02/07/93  
3:00.09 Lisa H. Ross 38 04/04/93  
3:11.19 Kelly Bergdoll 35 04/04/93  
3:46.89 C.A. Lefevre 38 04/04/93

50y Fly Women 35-39  
R: 27.91 Helen Ryan 92  
30.87 Kimberly J. Wise 36 05/02/93  
31.17 B.K. Nichols 35 03/07/93  
31.84 Gay Guthrie 37 04/04/93  
33.77 K.D. Pollman 35 04/04/93  
33.95 Lisa H. Ross 38 04/04/93

100y Fly Women 35-39  
R: 1:03.60 Martha Martin 88  
1:08.78 B.K. Nichols 35 03/07/93  
1:39.92 Nancy S. Kiernan 38 04/04/93  
1:44.43 Chris Coxwell 38 04/04/93

200y Fly Women 35-39  
R: 2:24.50 Anne Grams 83  
2:31.89 B.K. Nichols 36 04/04/93  
2:58.67 K.D. Pollman 35 04/04/93

100y L.M. Women 35-39  
R: 1:06.20 Martha Martin 88  
1:14.27 Kimberly J. Wise 36 05/02/93  
1:14.95 B.K. Nichols 35 02/07/93  
1:15.38 Gay Guthrie 37 04/04/93  
1:15.45 C.S. Hazlewood 38 05/02/93  
1:16.95 Lisa H. Ross 38 04/04/93

200y L.M. Women 35-39  
R: 2:24.74 Susan Halfacre 91  
2:43.97 Gay Guthrie 37 04/04/93  
2:44.74 B.K. Nichols 35 02/07/93  
2:49.35 K.D. Pollman 35 04/04/93  
2:54.19 Kimberly J. Wise 36 05/02/93  
2:58.00 Kelly Bergdoll 35 04/04/93

400y L.M. Women 35-39  
R: 5:05.49 Anne Grams 83  
5:38.78 B.K. Nichols 36 04/04/93  
5:57.21 K.D. Pollman 35 04/04/93  
6:16.47 Lisa H. Ross 38 04/04/93  
6:27.15 Kelly Bergdoll 35 04/04/93  
7:00.95 Nancy S. Kiernan 38 02/14/93

50y Free Women 40-44  
R: 25.61 Martha Martin 91  
27.96 Deborah W. Walker 41 03/07/93  
28.75 Anne M. Page 44 04/04/93  
29.84 Kathryn A. Wine 41 02/07/93  
30.97 Meegan J. Wilson 44 02/07/93  
34.81 Barbara Prescott 42 12/06/92

100y Free Women 40-44  
R: 56.54 Martha Martin 90  
1:02.13 Deborah W. Walker 41 11/02/92  
1:03.15 Paula B. Porter 42 04/04/93  
1:05.69 Kathryn A. Wine 41 02/07/93  
1:06.03 Meegan J. Wilson 44 02/07/93  
1:11.49 Mary E. Barker 42 03/07/93

200y Free Women 40-44  
R: 2:09.17 Martha Martin 91  
2:20.28 Anne M. Page 44 04/04/93  
2:21.08 Kathryn A. Wine 41 02/07/93  
2:34.18 Meegan J. Wilson 44 04/04/93  
2:37.53 Mary E. Barker 42 03/07/93  
2:52.75 Joan F. Stapel 42 04/04/93

500y Free Women 40-44  
R: 6:09.77 Laurie M. Grubbs 93  
6:09.77 Laurie M. Grubbs 41 04/04/93  
6:31.73 Judy K. Stefanick 42 04/04/93  
6:59.26 Meegan J. Wilson 44 02/07/93  
7:10.12 Mary E. Barker 42 02/07/93  
7:45.66 Joan F. Stapel 42 04/04/93

1000y Free Women 40-44  
R: 13:22.01 Lynn Brownstein 86  
13:43.15 Judy K. Stefanick 42 03/07/93  
14:39.12 Mary E. Barker 42 03/07/93  
16:02.84 Barbara Prescott 42 12/06/92

1650y Free Women 40-44  
R: 21:23.58 Pam J. Geiger 93  
21:23.58 Pam J. Geiger 40 04/04/93  
24:00.56 Meegan J. Wilson 44 04/04/93  
25:03.83 Mary E. Barker 42 04/04/93  
25:37.99 Joan F. Stapel 42 04/04/93  
26:05.45 Barbara Prescott 42 04/04/93

50y Back Women 40-44  
R: 30.93 Judy Stefanick 92  
31.94 Judy K. Stefanick 42 04/04/93  
33.42 Deborah W. Walker 41 04/04/93  
40.46 E.C. Blazuk 43 04/04/93  
42.17 Mary E. Barker 42 04/04/93  
45.59 Joan F. Stapel 42 04/04/93

100y Back Women 40-44  
R: 1:08.00 Judy Stefanick 92  
1:09.03 Judy K. Stefanick 42 04/04/93  
1:12.20 Deborah W. Walker 41 11/02/92  
1:16.93 Paula B. Porter 42 04/04/93  
1:30.86 Mary E. Barker 42 03/07/93  
2:07.10 B.L. Coccagnia 44 05/02/93

200y Back Women 40-44  
R: 2:25.69 Judy Stefanick 92  
2:28.91 Judy K. Stefanick 42 04/04/93  
2:37.03 Deborah W. Walker 41 04/04/93  
3:06.43 Mary E. Barker 42 04/04/93

50y Brst Women 40-44  
R: 33.57 Deborah Walker 92  
34.18 Deborah W. Walker 41 03/07/93  
36.61 Paula B. Porter 42 04/04/93  
37.36 Meegan J. Wilson 44 04/04/93  
41.71 Joan F. Stapel 42 04/04/93  
43.12 E.C. Blazuk 43 04/04/93

100y Brst Women 40-44  
R: 1:13.40 Deborah Walker 92  
1:13.58 Deborah W. Walker 41 04/04/93  
1:22.09 Meegan J. Wilson 44 04/04/93  
1:25.35 Laurie M. Grubbs 41 04/04/93  
1:30.89 Joan F. Stapel 42 04/04/93  
1:35.54 E.C. Blazuk 43 04/04/93

200y Brst Women 40-44  
R: 2:38.99 Deborah Walker 92  
2:41.09 Deborah W. Walker 41 11/02/92  
2:57.81 Meegan J. Wilson 44 04/04/93  
2:59.76 Laurie M. Grubbs 41 04/04/93  
3:22.89 Joan F. Stapel 42 04/04/93  
3:37.13 E.C. Blazuk 43 04/04/93

50y Fly Women 40-44  
R: 27.92 Martha Martin  
30.58 Paula B. Porter 42 04/04/93  
31.30 Judy K. Stefanick 42 04/04/93  
32.87 Deborah W. Walker 41 04/04/93  
36.97 Meegan J. Wilson 44 04/04/93  
40.36 E.C. Blazuk 43 04/04/93

100y Fly Women 40-44  
R: 1:03.56 Martha Martin  
1:12.03 Judy K. Stefanick 42 04/04/93  
1:26.50 Meegan J. Wilson 44 04/04/93  
1:37.86 E.C. Blazuk 43 04/04/93

200y Fly Women 40-44  
R: 2:37.84 Judy Stefanick 92  
2:42.23 Judy K. Stefanick 42 03/07/93

100y L.M. Women 40-44  
R: 1:04.30 Martha Martin  
1:09.12 Deborah W. Walker 41 04/04/93  
1:12.94 Judy K. Stefanick 42 04/04/93  
1:13.82 Anne M. Page 44 04/04/93  
1:18.85 Meegan J. Wilson 44 04/04/93  
1:20.30 Laurie M. Grubbs 41 04/04/93

200y L.M. Women 40-44  
R: 2:30.57 Deborah W. Walker 93  
2:30.57 Deborah W. Walker 41 04/04/93  
2:34.04 E.C. Blazuk 43 04/04/93  
2:34.44 Judy K. Stefanick 42 04/04/93  
2:45.72 Laurie M. Grubbs 41 04/04/93  
2:54.76 Meegan J. Wilson 44 04/04/93

400y L.M. Women 40-44  
R: 5:25.13 Judy Stefanick 92  
5:33.81 Judy K. Stefanick 42 04/04/93  
5:44.09 Laurie M. Grubbs 41 04/04/93  
6:19.61 Meegan J. Wilson 44 04/04/93

50y Free Women 45-49  
R: 29.40 Jayne Lambke 88  
29.82 Lynn Cartee 45 04/04/93  
32.16 Susan W. Kaineg 46 11/02/92  
34.09 G.J. Pingley 45 11/02/92  
34.13 Janet H. Thompson 46 11/02/92  
38.35 Sandra K. Powell 45 04/04/93

100y Free Women 45-49  
R: 1:03.65 Susan Van Royen 90  
1:10.94 Susan W. Kaineg 46 11/02/92  
1:18.36 G.J. Pingley 45 11/02/92  
1:19.01 Janet H. Thompson 46 11/02/92  
1:27.66 V.A. Barfield 49 03/07/93  
1:46.31 Sherry V. Orr 49 05/02/93

200y Free Women 45-49  
R: 2:21.71 Susan Van Royen 90  
2:43.15 Susan W. Kaineg 46 11/02/92  
2:45.08 L.P. Brownstein 46 12/06/92  
2:55.00 Penny M. Potter 45 04/04/93  
2:55.25 Janet H. Thompson 46 11/02/92  
3:07.13 G.J. Pingley 45 11/02/92

500y Free Women 45-49  
R: 6:33.61 Susan Van Royen 91  
6:36.87 Lynn Cartee 45 04/04/93  
7:02.13 L.P. Brownstein 46 02/14/93  
8:06.20 Janet H. Thompson 46 11/02/92  
8:41.05 V.A. Barfield 49 03/07/93

1000y Free Women 45-49  
R: 14:29.43 Jayne Lambke  
14:59.59 L.P. Brownstein 46 12/06/92  
17:48.81 V.A. Barfield 49 03/07/93

1650y Free Women 45-49  
R: 23:21.75 Elaine Bromwich 90  
25:48.38 Susan W. Kaineg 46 11/02/92

50y Back Women 45-49  
R: 36.70 Barbara Hoellen  
47.40 Janet H. Thompson 46 11/02/92  
53.84 Sandra K. Powell 45 04/04/93

100y Back Women 45-49  
R: 1:23.92 Jayne Lambke 88  
1:47.31 Janet H. Thompson 46 11/02/92

200y Back Women 45-49  
R: 2:57.89 Suzy Carlson  
-no swimmer-

50y Brst Women 45-49  
R: 35.81 Elaine Bromwich 92  
36.45 Elaine Bromwich 49 12/06/92  
38.74 Lynn Cartee 45 04/04/93  
41.60 Susan W. Kaineg 46 11/02/92  
41.68 Janet H. Thompson 46 11/02/92  
42.86 G.J. Pingley 45 11/02/92

100y Brst Women 45-49  
R: 1:16.53 Elaine Bromwich 91  
1:20.17 Elaine Bromwich 49 12/06/92  
1:23.66 Lynn Cartee 45 04/04/93  
1:31.72 Susan W. Kaineg 46 11/02/92  
1:33.05 G.J. Pingley 45 11/02/92  
1:33.23 Janet H. Thompson 46 11/02/92

200y Brst Women 45-49  
R: 2:51.03 Elaine Bromwich 91  
3:19.66 Janet H. Thompson 46 11/02/92  
3:31.92 G.J. Pingley 45 11/02/92

**50y Fly Women 45-49**  
R: 31.17 Barbara Hoellen  
33.89 Lynn Cartee 45 04/04/93  
44.07 Sandra K. Powell 45 04/04/93

**100y Fly Women 45-49**  
R: 1:11.32 Barbara Hoellen  
-no swimmer-

**200y Fly Women 45-49**  
R: 2:58.15 Elaine Bromwich  
-no swimmer-

**100y L.M. Women 45-49**  
R: 1:14.87 Lynn Cartee 93  
1:14.87 Lynn Cartee 45 04/04/93  
1:27.67 Susan W. Kaineg 46 11/02/92  
1:30.27 G.J. Pingley 45 11/02/92  
1:32.30 Janet H. Thompson 46 11/02/92  
1:37.51 Sandra K. Powell 45 04/04/93

**200y L.M. Women 45-49**  
R: 2:44.17 Lynn Cartee 93  
2:44.17 Lynn Cartee 45 04/04/93

**400y L.M. Women 45-49**  
R: 5:51.85 Elaine Bromwich 90  
-no swimmer-

**50y Free Women 50-54**  
R: 30.24 Jayne Lambke 91  
31.08 Jayne M. Lambke 53 04/04/93  
32.81 Margaret VanEvery 52 05/02/93  
38.20 Mary Lou Lee 51 04/04/93  
39.05 Sandy L. Steer 53 04/04/93  
39.20 Corrine B. Linton 51 04/04/93

**100y Free Women 50-54**  
R: 1:04.24 Jayne Lambke 89  
1:16.79 Margaret VanEvery 52 05/02/93  
1:24.36 Sandy L. Steer 53 04/04/93  
1:27.06 Corrine B. Linton 51 04/04/93  
1:30.08 Mary Lou Lee 51 03/07/93  
1:36.23 Barbara S. Green 52 05/02/93

**200y Free Women 50-54**  
R: 2:25.71 Jayne Lambke 90  
2:33.63 Jayne M. Lambke 53 04/04/93  
3:05.80 Sandy L. Steer 53 04/04/93  
3:19.55 Mary Lou Lee 51 03/07/93  
3:26.66 Corrine B. Linton 51 04/04/93  
3:33.12 Barbara S. Green 52 05/02/93

**500y Free Women 50-54**  
R: 6:37.93 Jayne Lambke 90  
8:37.05 Sandy L. Steer 53 04/04/93  
8:41.27 Mary Lou Lee 51 03/07/93

**1000y Free Women 50-54**  
R: 13:41.06 Jayne Lambke 90  
18:00.30 Mary Lou Lee 51 03/07/93

**1650y Free Women 50-54**  
R: 22:39.73 Jayne Lambke 90  
24:03.08 Jayne M. Lambke 53 04/04/93  
30:45.86 Mary Lou Lee 51 04/04/93

**50y Back Women 50-54**  
R: 37.38 Elizabeth Kirby 86  
39.54 Jayne M. Lambke 53 04/04/93  
41.11 Suzy Carlson 51 04/04/93  
41.30 Margaret VanEvery 52 05/02/93  
47.37 Mary Lou Lee 51 03/07/93  
53.88 Margie Simsic 53 01/10/93

**100y Back Women 50-54**  
R: 1:23.34 Elizabeth Kirby 86  
1:31.60 Margaret VanEvery 52 05/02/93  
1:44.78 Mary Lou Lee 51 04/04/93  
1:58.33 Margie Simsic 52 12/06/92

**200y Back Women 50-54**  
R: 3:01.86 Elizabeth Kirby 86  
3:02.00 Elaine Bromwich 50 04/04/93  
3:02.83 Suzy Carlson 51 04/04/93  
3:09.22 Jayne M. Lambke 53 04/04/93  
3:14.28 Margaret VanEvery 52 05/02/93  
4:06.18 Margie Simsic 53 03/07/93

**50y Brst Women 50-54**  
R: 36.86 Elaine Bromwich 93  
36.86 Elaine Bromwich 50 04/04/93  
42.73 Margaret VanEvery 52 05/02/93  
46.93 Sandy L. Steer 53 11/02/92  
52.09 Margie Simsic 52 09/13/92

53.25 Barbara S. Green 52 05/02/93

**100y Brst Women 50-54**  
R: 1:18.11 Elaine Bromwich 93  
1:18.11 Elaine Bromwich 50 04/04/93  
1:34.23 Margaret VanEvery 52 05/02/93  
1:41.49 Sandy L. Steer 53 04/04/93  
2:01.96 Margie Simsic 52 11/02/92  
2:04.66 Barbara S. Green 52 05/02/93

**200y Brst Women 50-54**  
R: 2:56.37 Elaine Bromwich 93  
2:56.37 Elaine Bromwich 50 04/04/93  
3:21.26 Margaret VanEvery 52 05/02/93  
3:41.61 Sandy L. Steer 53 11/02/92  
4:16.44 Margie Simsic 52 11/02/92

**50y Fly Women 50-54**  
R: 33.30 Jayne Lambke 89  
36.27 Elaine Bromwich 50 04/04/93  
49.82 Margie Simsic 53 01/10/93

**100y Fly Women 50-54**  
R: 1:18.61 Jayne Lambke 90  
1:22.92 Elaine Bromwich 50 04/04/93  
2:08.00 Margie Simsic 53 04/04/93

**200y Fly Women 50-54**  
R: 3:02.35 Jayne Lambke 90  
3:13.24 Elaine Bromwich 50 04/04/93  
4:56.25 Margie Simsic 52 05/02/93

**100y L.M. Women 50-54**  
R: 1:17.82 Elaine Bromwich 93  
1:17.82 Elaine Bromwich 50 04/04/93  
1:22.67 Jayne M. Lambke 53 04/04/93  
1:29.72 Margaret VanEvery 52 05/02/93  
1:41.71 Sandy L. Steer 53 04/04/93  
1:47.16 Margie Simsic 53 02/14/93

**200y L.M. Women 50-54**  
R: 2:56.13 Jayne Lambke 90  
2:59.50 Elaine Bromwich 50 04/04/93  
3:46.73 Sandy L. Steer 53 04/04/93  
4:02.61 Margie Simsic 53 03/07/93

**400y L.M. Women 50-54**  
R: 6:00.68 Elaine Bromwich 93  
6:00.68 Elaine Bromwich 50 04/04/93  
8:27.48 Margie Simsic 52 05/02/93

**50y Free Women 50-59**  
R: 34.29 J.G. Piper 93  
34.29 J.G. Piper 56 04/04/93  
36.04 Kate Knight-Perry 57 11/02/92  
36.73 Nancy F. Meissner 59 11/02/92  
38.26 Barbara A. Allen 59 03/07/93  
38.99 B.J. Tucker 57 12/06/92

**100y Free Women 50-59**  
R: 1:15.65 Peg Morrison 82  
1:19.26 J.G. Piper 56 04/04/93  
1:21.25 Kate Knight-Perry 57 11/02/92  
1:25.05 Barbara A. Allen 59 03/07/93  
1:39.02 B.J. Tucker 57 09/13/92  
1:43.21 Doris C. Prokopi 57 02/07/93

**200y Free Women 50-59**  
R: 2:48.36 Peg Morrison 82  
2:54.95 Judy L. Parrett 55 04/04/93  
3:03.29 Kate Knight-Perry 57 11/02/92  
3:09.20 Barbara A. Allen 59 03/07/93  
3:11.88 B.J. Tucker 58 04/04/93  
3:27.58 Nancy F. Meissner 59 11/02/92

**500y Free Women 50-59**  
R: 7:24.78 Judy L. Parrett 93  
7:24.78 Judy L. Parrett 55 04/04/93  
8:03.13 Kate Knight-Perry 57 11/02/92  
8:30.93 Barbara A. Allen 59 03/07/93  
8:33.51 B.J. Tucker 58 04/04/93  
10:17.39 Doris C. Prokopi 57 04/04/93

**1000y Free Women 50-59**  
R: 16:32.63 Nancy Durstein  
17:49.14 B.J. Tucker 57 12/06/92  
17:51.47 Barbara A. Allen 59 12/06/92  
21:40.46 Kay Martin 56 03/07/93

**1650y Free Women 50-59**  
R: 25:41.35 Judy L. Parrett 93  
25:41.35 Judy L. Parrett 55 04/04/93  
27:29.68 Kate Knight-Perry 57 01/10/93  
29:15.80 B.J. Tucker 58 04/04/93  
29:40.41 Barbara A. Allen 59 04/04/93

36:41.59 Kay Martin 56 04/04/93

**50y Back Women 55-59**  
R: 40.59 Peg Morrison 82  
44.47 B.Culbertson 55 04/04/93  
44.97 Barbara A. Allen 59 04/04/93  
45.47 Doris C. Prokopi 57 04/04/93  
48.76 Nancy F. Meissner 59 11/02/92  
51.96 Kate Knight-Perry 57 11/02/92

**100y Back Women 55-59**  
R: 1:29.61 Peg Morrison 82  
1:34.92 Judy L. Parrett 55 04/04/93  
1:37.09 J.G. Piper 55 02/14/93  
1:39.00 Barbara A. Allen 59 12/06/92  
1:41.58 B.Culbertson 55 04/04/93  
1:46.72 Doris C. Prokopi 57 02/07/93

**200y Back Women 55-59**  
R: 3:14.68 Peg Morrison 80  
3:17.18 Judy L. Parrett 55 02/07/93  
3:35.14 Barbara A. Allen 59 03/07/93  
3:47.43 B.J. Tucker 57 09/13/92  
4:02.90 Doris C. Prokopi 57 03/07/93  
4:03.57 Nancy F. Meissner 59 11/02/92

**50y Brst Women 55-59**  
R: 42.33 J.G. Piper 92  
42.33 J.G. Piper 55 12/06/92  
43.65 B.Culbertson 55 04/04/93  
46.21 B.J. Tucker 57 02/07/93  
47.75 E.J. Beattie 56 04/04/93  
48.55 Doris C. Prokopi 57 03/07/93

**100y Brst Women 55-59**  
R: 1:33.04 J.G. Piper 93  
1:33.04 J.G. Piper 56 04/04/93  
1:37.20 B.Culbertson 55 04/04/93  
1:44.40 Doris C. Prokopi 57 04/04/93  
1:46.57 B.J. Tucker 57 02/07/93  
2:07.42 Barbara A. Allen 59 04/04/93

**200y Brst Women 55-59**  
R: 3:21.67 J.G. Piper 93  
3:21.67 J.G. Piper 56 04/04/93  
3:59.46 Doris C. Prokopi 57 02/07/93  
4:28.73 Kay Martin 56 01/10/93

**50y Fly Women 55-59**  
R: 41.72 E.J. Beattie 93  
41.72 E.J. Beattie 56 04/04/93  
47.04 Kate Knight-Perry 57 01/10/93  
51.33 Doris C. Prokopi 57 04/04/93  
53.02 B.J. Tucker 57 09/13/92  
1:06.31 Kay Martin 56 05/02/93

**100y Fly Women 55-59**  
R: 1:46.35 Judy L. Parrett 93  
1:46.35 Judy L. Parrett 55 02/07/93  
2:00.44 B.J. Tucker 58 04/04/93  
2:30.08 Kay Martin 55 12/06/92

**200y Fly Women 55-59**  
R: 3:49.15 Judy L. Parrett 93  
3:49.15 Judy L. Parrett 55 02/07/93  
5:31.77 Joan A. Joesting 55 02/07/93

**100y L.M. Women 55-59**  
R: 1:35.32 Bardi Dendy 77  
1:37.83 B.J. Tucker 58 04/04/93  
1:45.69 Doris C. Prokopi 57 05/02/93  
2:19.46 Kay Martin 55 11/02/92

**200y L.M. Women 55-59**  
R: 3:30.11 Ruth Manfredi 80  
3:46.09 B.J. Tucker 58 04/04/93  
4:01.70 Doris C. Prokopi 57 05/02/93  
5:07.63 Kay Martin 56 03/07/93  
5:51.52 Joan A. Joesting 55 02/07/93

**400y L.M. Women 55-59**  
R: 7:16.20 Nancy Durstein  
12:22.55 Joan A. Joesting 55 02/07/93

**50y Free Women 60-64**  
R: 34.44 Peg Morrison 80  
39.11 Alice R. Lawrence 63 05/02/93  
40.85 Nancy N. Durstein 63 02/07/93  
42.14 Ruth A. Hoskinson 62 11/02/92  
43.75 Angie Sinacore 62 05/02/93  
43.97 Pat M. LaFountain 63 04/04/93

**100y Free Women 60-64**  
R: 1:18.15 Peg Morrison 83  
1:26.01 Alice R. Lawrence 63 04/04/93  
1:28.53 Nancy N. Durstein 62 11/02/92  
1:34.54 Joan M. Galvin 61 02/07/93  
1:37.94 Ruth A. Hoskinson 63 04/04/93  
1:45.74 Angie Sinacore 62 02/07/93

**200y Free Women 60-64**  
R: 2:49.27 Peg Morrison 83  
3:05.10 Alice R. Lawrence 63 04/04/93  
3:09.14 Nancy N. Durstein 63 02/07/93  
4:52.17 Mary E. Boaz 64 04/04/93

**500y Free Women 60-64**  
R: 7:13.10 Peg Morrison 83  
8:08.05 Nancy N. Durstein 62 11/02/92  
8:15.73 Alice R. Lawrence 63 04/04/93  
9:40.09 Ruth A. Hoskinson 63 02/14/93  
10:08.79 Angie Sinacore 62 02/07/93  
11:28.52 Mary E. Boaz 63 09/13/92

**1000y Free Women 60-64**  
R: 16:40.65 Nancy Durstein 92  
16:46.74 Nancy N. Durstein 63 03/07/93  
17:06.92 Alice R. Lawrence 63 05/02/93

**1650y Free Women 60-64**  
R: 26:14.97 Peg Morrison 83  
-no swimmer-

**50y Back Women 60-64**  
R: 41.93 Peg Morrison 83  
43.59 Sylvia Eisele 63 04/04/93  
46.70 Nancy N. Durstein 63 03/07/93  
48.09 Alice R. Lawrence 63 04/04/93  
51.26 Ruth A. Hoskinson 62 09/13/92  
58.38 Pat M. LaFountain 63 04/04/93

**100y Back Women 60-64**  
R: 1:30.44 Peg Morrison 83  
1:35.35 Sylvia Eisele 63 04/04/93  
1:41.46 Nancy N. Durstein 63 03/07/93  
1:46.42 Alice R. Lawrence 62 02/07/93  
1:53.72 Ruth A. Hoskinson 63 04/04/93  
2:31.49 Mary E. Boaz 64 04/04/93

**200y Back Women 60-64**  
R: 3:12.49 Peg Morrison 83  
3:27.02 Sylvia Eisele 63 04/04/93  
3:32.09 Nancy N. Durstein 63 02/07/93  
3:54.00 Ruth A. Hoskinson 62 11/02/92  
5:07.02 Mary E. Boaz 63 09/13/92

**50y Brst Women 60-64**  
R: 42.03 Sylvia Eisele 93  
42.03 Sylvia Eisele 63 04/04/93  
51.78 Alice R. Lawrence 63 05/02/93  
54.61 Pat M. LaFountain 63 04/04/93  
55.20 Ruth A. Hoskinson 62 09/13/92  
55.44 Alice M. Vogel 60 05/02/93

**100y Brst Women 60-64**  
R: 1:33.83 Sylvia Eisele 93  
1:33.83 Sylvia Eisele 63 04/04/93  
1:54.06 Alice R. Lawrence 63 04/04/93  
1:56.35 Nancy N. Durstein 62 11/02/92  
2:03.25 Alice M. Vogel 60 05/02/93  
2:09.74 Angie Sinacore 62 02/07/93

**200y Brst Women 60-64**  
R: 3:26.76 Sylvia Eisele 93  
3:26.76 Sylvia Eisele 63 02/07/93  
4:00.92 Nancy N. Durstein 62 11/02/92  
4:04.69 Alice R. Lawrence 63 05/02/93  
4:25.64 Alice M. Vogel 60 05/02/93

**50y Fly Women 60-64**  
R: 44.73 Sylvia Eisele 91  
46.53 Alice R. Lawrence 63 05/02/93  
47.10 Ruth A. Hoskinson 63 01/10/93  
48.29 Angie Sinacore 62 02/07/93  
49.57 Nancy N. Durstein 63 03/07/93

**100y Fly Women 60-64**  
R: 1:37.37 Sylvia Eisele 93  
1:37.37 Sylvia Eisele 63 04/04/93  
1:52.72 Ruth A. Hoskinson 62 11/02/92  
2:03.09 Angie Sinacore 62 02/07/93

**200y Fly Women 60-64**  
R: 3:31.67 Sylvia Eisele 91  
3:44.59 Sylvia Eisele 63 02/07/93  
3:53.11 Nancy N. Durstein 63 03/07/93





11:44.23 Anne Wilder 79 04/04/93

**50y Free Women 80-84**

R: 5:22.33 Ruth Switzer 88  
54.25 Helmi B. Meise 80 05/02/93

**100y Free Women 80-84**

R: 1:53.23 Ruth Switzer 88  
-no swimmer-

**200y Free Women 80-84**

R: 4:08.36 Ruth Switzer 88  
-no swimmer-

**500y Free Women 80-84**

R: 10:45.81 Ruth Switzer 88  
-no swimmer-

**1000y Free Women 80-84**

R: 22:36.51 Dorothy Hopkins 90  
-no swimmer-

**1650y Free Women 80-84**

R: 38:35.07 Dorothy Hopkins 90  
-no swimmer-

**50y Back Women 80-84**

R: 53.50 Carrie Merson 78  
1:12.40 Helmi B. Meise 80 05/02/93

**100y Back Women 80-84**

R: 2:15.78 Marian McKecknie 78  
-no swimmer-

**200y Back Women 80-84**

R: 4:52.78 Marian McKecknie 85  
-no swimmer-

**50y Brst Women 80-84**

R: 59.02 Helmi B. Meise 93  
59.02 Helmi B. Meise 80 05/02/93

**100y Brst Women 80-84**

R: 2:17.42 Helmi B. Meise 93  
2:17.42 Helmi B. Meise 80 05/02/93

**200y Brst Women 80-84**

R: 6:03.20 Dorothy Hopkins 90  
-no swimmer-

**50y Fly Women 80-84**

R: 1:10.80 Dorothy Hopkins 90  
-no swimmer-

**100y Fly Women 80-84**

R: 2:45.34 Dorothy Hopkins 90  
-no swimmer-

**200y Fly Women 80-84**

R: 6:04.30 Dorothy Hopkins 90  
-no swimmer-

**100y L.M. Women 80-84**

R: 2:21.57 Dorothy Hopkins 90  
-no swimmer-

**200y L.M. Women 80-84**

R: 5:09.03 Dorothy Hopkins 90  
-no swimmer-

**400y L.M. Women 80-84**

R: 11:06.31 Dorothy Hopkins 90  
-no swimmer-

**50y Free Women 85-89**

R: 1:07.13 Marian McKecknie 92  
-no swimmer-

**100y Free Women 85-89**

R: 2:23.95 Marian McKecknie 90  
2:41.88 M.B. McKecknie 88 04/04/93

**200y Free Women 85-89**

R: 5:28.47 Marian McKecknie 92  
5:55.30 M.B. McKecknie 88 04/04/93

**500y Free Women 85-89**

R: 14:15.17 Marian McKecknie 90  
-no swimmer-

**1000y Free Women 85-89**

-no record-

-no swimmer-

**1650y Free Women 85-89**

-no record-

-no swimmer-

**50y Back Women 85-89**

R: 1:15.03 Marian McKecknie 92  
1:26.66 M.B. McKecknie 88 04/04/93

**100y Back Women 85-89**

R: 2:45.73 Marian McKecknie 90  
3:05.71 M.B. McKecknie 88 04/04/93

**200y Back Women 85-89**

R: 6:32.26 Marian McKecknie 92  
6:42.14 M.B. McKecknie 88 04/04/93

**50y Brst Women 85-89**

-no record-

-no swimmer-

**100y Brst Women 85-89**

-no record-

-no swimmer-

**200y Brst Women 85-89**

-no record-

-no swimmer-

**50y Fly Women 85-89**

-no record-

-no swimmer-

**100y Fly Women 85-89**

-no record-

-no swimmer-

**200y Fly Women 85-89**

-no record-

-no swimmer-

**100y L.M. Women 85-89**

-no record-

-no swimmer-

**200y L.M. Women 85-89**

-no record-

-no swimmer-

**400y L.M. Women 85-89**

-no record-

-no swimmer-

**50y Free Men 19-24**

R: 21.81 Chris Stevenson 87  
22.97 Mark A. MacDonald 24 11/02/92  
25.63 Marcos Diaz 22 02/07/93  
26.68 F.P. Cantrell 22 04/04/93  
30.95 C.P. Rutz 23 03/07/93

**100y Free Men 19-24**

R: 47.57 Chris Stevenson 88  
50.37 Mark A. MacDonald 24 11/02/92  
52.70 G.P. Swartwood 24 09/13/92  
57.52 Marcos Diaz 22 02/07/93  
1:00.10 F.P. Cantrell 22 04/04/93  
1:02.60 J.B. Daugherty 19 05/02/93

**200y Free Men 19-24**

R: 1:44.36 Chris Stevenson 88  
1:51.87 A.T. Costantini 22 04/04/93  
1:55.36 Mark A. MacDonald 24 11/02/92  
2:37.35 C.P. Rutz 23 03/07/93

**500y Free Men 19-24**

R: 4:42.65 Chris Stevenson  
4:57.91 A.T. Costantini 22 05/02/93  
5:54.89 Marcos Diaz 22 02/07/93  
6:58.78 C.P. Rutz 22 02/07/93

**1000y Free Men 19-24**

R: 10:46.94 Kurt Predmore 92  
14:20.29 C.P. Rutz 23 03/07/93

**1650y Free Men 19-24**

R: 17:10.44 A.T. Costantini 93  
17:10.44 A.T. Costantini 22 04/04/93  
24:10.92 C.P. Rutz 23 04/04/93  
25:08.58 F.P. Cantrell 22 04/04/93

**50y Back Men 19-24**

R: 24.37 Chris Stevenson 88  
30.63 G.P. Swartwood 24 09/13/92  
33.04 F.P. Cantrell 22 04/04/93  
39.69 C.P. Rutz 22 02/07/93

**100y Back Men 19-24**

R: 53.64 Chris Stevenson 88  
1:27.74 C.P. Rutz 23 03/07/93

**200y Back Men 19-24**

R: 1:58.24 Chris Stevenson 88  
-no swimmer-

**50y Brst Men 19-24**

R: 28.38 Doug Solits 87  
39.84 F.P. Cantrell 22 04/04/93  
42.02 C.P. Rutz 23 03/07/93  
44.55 J.B. Daugherty 19 05/02/93

**100y Brst Men 19-24**

R: 1:00.26 Marc Lapalme  
1:14.90 Marcos Diaz 22 02/07/93

**200y Brst Men 19-24**

R: 2:28.44 Stan Kupiszewski  
-no swimmer-

**50y Fly Men 19-24**

R: 23.36 Chris Stevenson  
28.69 Marcos Diaz 22 02/07/93  
32.65 J.B. Daugherty 19 05/02/93  
34.80 F.P. Cantrell 22 04/04/93  
41.97 C.P. Rutz 23 03/07/93

**100y Fly Men 19-24**

R: 51.63 Chris Stevenson  
-no swimmer-

**200y Fly Men 19-24**

R: 1:53.38 Chris Stevenson  
2:03.00 A.T. Costantini 22 05/02/93

**100y L.M. Men 19-24**

R: 55.89 Chris Stevenson  
1:00.53 Mark A. MacDonald 24 11/02/92  
1:06.45 G.P. Swartwood 24 09/13/92  
1:10.58 F.P. Cantrell 22 04/04/93

**200y L.M. Men 19-24**

R: 2:02.79 Marc Lapalme  
2:05.76 A.T. Costantini 22 04/04/93  
2:41.59 F.P. Cantrell 22 04/04/93

**400y L.M. Men 19-24**

R: 4:26.56 Stan Kupiszewski 85  
-no swimmer-

**50y Free Men 25-29**

R: 21.01 Doug Solits 88  
22.52 Jack C. McKean 28 11/02/92  
22.85 Mark A. MacDonald 25 04/04/93  
22.96 Paul W. Robinson 25 02/07/93  
23.08 Brian S. Starford 29 02/07/93  
24.25 F.Charmforoosh 26 05/02/93

**100y Free Men 25-29**

R: 46.69 Doug Solits 88  
48.95 Paul W. Robinson 25 02/07/93  
49.19 C.L. Stevenson 28 04/04/93  
50.49 Mark A. MacDonald 25 04/04/93  
51.70 Brian S. Starford 29 02/07/93  
51.71 Thomas R. Lewis 29 02/07/93

**200y Free Men 25-29**

R: 1:43.67 Mike Heath  
1:48.03 Paul W. Robinson 25 02/07/93  
1:48.40 C.L. Stevenson 28 04/04/93  
1:54.61 Mark A. MacDonald 25 04/04/93  
1:55.08 Jon H. Harris 26 02/07/93  
1:56.91 Mike Wise 28 04/04/93

**500y Free Men 25-29**

R: 4:43.64 Chris Stevenson 91  
4:54.16 C.L. Stevenson 28 04/04/93  
4:55.28 Paul W. Robinson 25 02/07/93  
5:22.85 Mike Wise 28 11/02/92  
5:44.78 Jack C. McKean 28 11/02/92  
6:26.12 Blake J. Mora 27 02/07/93

**1000y Free Men 25-29**

R: 11:00.95 Jeff Cuddeback 86  
-no swimmer-

**1650y Free Men 25-29**

R: 17:07.79 Cyle Sage 91  
-no swimmer-

**50y Back Men 25-29**

R: 24.40 Coy Cobb 91  
25.19 C.L. Stevenson 28 04/04/93  
27.14 Jack C. McKean 28 02/07/93  
29.03 Mike Wise 28 02/07/93  
29.36 Walter Steele 28 02/07/93  
36.23 Blake J. Mora 27 02/07/93

**100y Back Men 25-29**

R: 52.64 Chris Stevenson 92  
53.59 C.L. Stevenson 28 04/04/93  
56.01 Jeff T. Copper 29 02/07/93  
56.02 Paul W. Robinson 25 02/07/93  
57.24 Jon H. Harris 26 02/07/93  
1:00.95 Mike Wise 28 02/07/93

**200y Back Men 25-29**

R: 1:54.57 Stephen Barnicoat  
1:58.66 C.L. Stevenson 28 04/04/93  
2:03.97 Paul W. Robinson 25 02/07/93  
2:07.68 Jon H. Harris 26 02/07/93  
2:17.99 Mike Wise 28 04/04/93  
2:25.11 Walter Steele 28 02/07/93

**50y Brst Men 25-29**

R: 26.18 Doug Solits 88  
29.57 Jack C. McKean 28 11/02/92  
30.21 F.Charmforoosh 26 04/04/93  
30.45 Mark A. MacDonald 25 04/04/93  
31.39 Thomas R. Lewis 29 02/07/93  
38.02 J.A. Chirillo 29 11/02/92

**100y Brst Men 25-29**

R: 56.94 Doug Solits 88  
1:04.95 F.Charmforoosh 26 04/04/93  
1:07.25 Mark A. MacDonald 25 04/04/93  
1:08.27 Greg B. Stelle 26 04/04/93  
1:15.03 Robert W. Farnell 28 04/04/93  
1:24.95 J.A. Chirillo 29 11/02/92

**200y Brst Men 25-29**

R: 2:03.69 Doug Solits 88  
2:22.29 F.Charmforoosh 26 04/04/93

**50y Fly Men 25-29**

R: 22.70 Coy Cobb 91  
24.04 C.L. Stevenson 28 04/04/93  
24.12 Jack C. McKean 28 11/02/92  
25.72 Mark A. MacDonald 25 04/04/93  
25.77 F.Charmforoosh 26 05/02/93  
25.80 Brian S. Starford 29 02/07/93

**100y Fly Men 25-29**

R: 51.13 Chris Stevenson 90  
52.59 C.L. Stevenson 28 04/04/93  
57.71 F.Charmforoosh 26 05/02/93  
1:00.86 Mike Wise 28 02/07/93  
1:01.86 Robert W. Farnell 28 04/04/93

**200y Fly Men 25-29**

R: 1:54.27 Chris Stevenson 91  
2:21.52 F.Charmforoosh 26 05/02/93

**100y L.M. Men 25-29**

R: 52.66 Doug Solits 88  
57.30 Jon H. Harris 26 02/07/93  
58.66 Brian S. Starford 29 02/07/93  
59.09 Paul W. Robinson 25 02/07/93  
59.89 Jack C. McKean 28 11/02/92  
1:02.22 F.Charmforoosh 26 04/04/93

**200y L.M. Men 25-29**

R: 1:58.56 Stephen Barnicoat  
2:05.17 Paul W. Robinson 25 02/07/93  
2:05.21 Jon H. Harris 26 02/07/93  
2:16.76 Mike Wise 28 02/07/93  
2:23.98 Robert W. Farnell 28 04/04/93  
3:05.46 J.A. Chirillo 29 11/02/92

**400y L.M. Men 25-29**

R: 4:50.11 F. Charmforoosh 93  
4:50.11 F.Charmforoosh 26 04/04/93

**50y Free Men 30-34**

R: 21.73 T. Peek  
22.50 Bradley D. Brown 34 02/07/93  
22.78 Tim S. McGinnis 34 02/14/93  
22.87 M.T. Shephardson 32 02/07/93  
22.92 Brian E. Vaile 31 04/04/93  
23.77 Timothy M. Dodge 32 04/04/93

**100y Free Men 30-34**

R: 47.53 L. Meisenheimer  
49.63 Brian E. Vaile 31 04/04/93  
50.62 Bradley D. Brown 34 02/07/93  
50.67 M.T. Shephardson 32 02/07/93  
50.74 Tim S. McGinnis 34 03/07/93  
51.12 Thomas G. Smith 31 04/04/93

**200y Free Men 30-34**

R: 1:47.79 L. Meisenheimer  
1:50.25 Cris A. Williams 32 04/04/93  
1:52.98 Thomas G. Smith 31 04/04/93  
1:53.37 Timothy M. Dodge 32 04/04/93  
1:53.64 Brian E. Vaile 31 04/04/93  
1:54.38 Bradley D. Brown 34 02/07/93

**500y Free Men 30-34**

R: 4:49.80 L. Meisenheimer  
4:58.94 William L. Specht 34 04/04/93  
5:00.14 Cris A. Williams 32 04/04/93  
5:03.48 Thomas G. Smith 31 02/07/93  
5:11.81 Roy C. Deary 30 02/07/93  
5:13.65 Gary S. Peters 32 02/07/93

**1000y Free Men 30-34**

R: 10:20.74 Robert Nichols  
11:42.78 Ron L. Collins 30 03/07/93  
11:43.19 Larry R. Black 34 05/02/93  
12:57.74 David L. Rowland 30 12/06/92

**1650y Free Men 30-34**

R: 17:17.60 Thomas Smith 92  
17:28.20 Thomas G. Smith 31 04/04/93  
17:46.21 Gary S. Peters 32 04/04/93  
18:39.58 Timothy M. Dodge 32 04/04/93  
19:14.35 Larry R. Black 34 04/04/93  
20:29.78 Steve W. Grossman 31 04/04/93

**50y Back Men 30-34**

R: 25.54 William L. Specht 93  
25.54 William L. Specht 34 04/04/93  
26.45 M.T. Shepardson 32 02/07/93  
27.05 Brian E. Vaile 31 04/04/93  
28.99 B.L. Williams 32 02/07/93  
31.14 Tim S. McGinnis 34 03/07/93

**100y Back Men 30-34**

R: 52.57 William Specht 91  
54.74 William L. Specht 34 04/04/93  
55.62 Chris M. Olden 30 04/04/93  
57.40 M.T. Shepardson 32 02/07/93  
59.32 Brian E. Vaile 31 04/04/93  
1:00.12 Timothy M. Dodge 32 04/04/93

**200y Back Men 30-34**

R: 2:01.83 William L. Specht 93  
2:01.83 William L. Specht 34 04/04/93  
2:07.53 Thomas G. Smith 31 04/04/93  
2:15.70 Timothy M. Dodge 32 04/04/93  
2:20.50 Brian E. Vaile 31 03/07/93  
2:20.78 B.L. Williams 32 02/07/93

**50y Brst Men 30-34**

R: 26.71 Chester Miltenberger 83  
31.94 Greg S. Dietrich 32 04/04/93  
32.14 Steve W. Grossman 31 04/04/93  
32.22 Brian E. Vaile 31 03/07/93  
33.88 Roy C. Deary 30 02/07/93  
34.04 Gene R. Kennedy 33 02/07/93

**100y Brst Men 30-34**

R: 59.44 Chester Miltenberger 82  
1:07.24 Thomas G. Smith 31 04/04/93  
1:09.18 Brian E. Vaile 31 04/04/93  
1:10.53 Greg S. Dietrich 32 04/04/93  
1:11.63 Steve W. Grossman 31 04/04/93  
1:15.11 Gene R. Kennedy 33 02/07/93

**200y Brst Men 30-34**

R: 2:12.05 Michael Drews  
2:24.89 Thomas G. Smith 31 04/04/93  
2:26.29 Brian E. Vaile 31 04/04/93  
2:33.32 Greg S. Dietrich 32 04/04/93  
2:41.63 Stephen J. Gwinn 32 02/07/93  
2:43.74 Jeffrey A. Good 34 04/04/93

**50y Fly Men 30-34**

R: 23.69 David Zuber 90  
23.91 William L. Specht 34 04/04/93  
24.74 M.T. Shepardson 32 02/07/93  
24.86 Bradley D. Brown 34 02/07/93  
25.39 Timothy M. Dodge 32 04/04/93  
25.94 Ron L. Collins 30 05/02/93

**100y Fly Men 30-34**

R: 52.80 William Specht 91  
52.83 William L. Specht 34 04/04/93  
54.82 M.T. Shepardson 32 02/07/93  
55.26 Thomas G. Smith 31 04/04/93  
55.46 Bradley D. Brown 34 02/07/93  
56.45 Cris A. Williams 32 04/04/93

**200y Fly Men 30-34**

R: 1:57.69 William L. Specht 93  
1:57.69 William L. Specht 34 04/04/93  
2:02.40 Thomas G. Smith 31 02/07/93  
2:06.70 Ron L. Collins 30 02/07/93  
2:08.42 Timothy M. Dodge 32 04/04/93  
2:09.32 Cris A. Williams 32 04/04/93

**100y L.M. Men 30-34**

R: 53.58 Michael Drews  
56.65 Chris M. Olden 30 04/04/93  
57.37 M.T. Shepardson 32 02/07/93  
59.40 Bradley D. Brown 34 02/07/93  
59.71 Brian E. Vaile 31 04/04/93  
1:00.01 Roy C. Deary 30 02/07/93

**200y L.M. Men 30-34**

R: 1:58.18 Michael Drews  
2:02.05 Chris M. Olden 30 04/04/93  
2:05.16 Cris A. Williams 32 04/04/93  
2:07.87 Brian E. Vaile 31 04/04/93  
2:10.71 Timothy M. Dodge 32 04/04/93  
2:12.50 William L. Specht 34 01/10/93

**400y L.M. Men 30-34**

R: 4:17.58 Michael Drews  
4:24.97 Chris M. Olden 30 04/04/93  
4:32.55 Cris A. Williams 32 04/04/93  
4:43.55 Ron L. Collins 30 02/07/93  
4:50.08 Timothy M. Dodge 32 04/04/93  
4:56.45 Bradley D. Brown 34 02/07/93

**50y Free Men 35-39**

R: 22.34 L.J. Meisenheimer 93  
22.34 L.J. Meisenheimer 35 05/02/93  
22.51 Tim S. McGinnis 35 04/04/93  
24.01 John T. Feronti 35 05/02/93  
24.18 A.L. Poucher, Jr. 38 04/04/93  
24.31 Tarn S. Thompson 39 04/04/93

**100y Free Men 35-39**

R: 48.97 Jeff Perout  
49.32 L.J. Meisenheimer 35 04/04/93  
50.30 Tim S. McGinnis 35 04/04/93  
51.84 Bob W. Ruth 39 02/07/93  
53.01 Scott P. McMillen 39 05/02/93  
53.09 Paul S. Wise 37 05/02/93

**200y Free Men 35-39**

R: 1:48.22 Douglas Schlak 92  
1:49.55 L.J. Meisenheimer 35 02/07/93  
1:53.23 Paul S. Wise 37 04/04/93  
1:55.59 Tim S. McGinnis 35 04/04/93  
1:56.81 Scott P. McMillen 39 05/02/93  
2:03.82 Scott W. Hartle 36 04/04/93

**500y Free Men 35-39**

R: 5:02.82 Jeff Perout  
5:03.79 L.J. Meisenheimer 35 02/07/93  
5:16.29 Paul S. Wise 37 05/02/93  
5:28.40 Scott P. McMillen 39 05/02/93  
5:37.68 Scott W. Hartle 36 04/04/93  
5:58.73 Jeffrey Lane 37 02/07/93

**1000y Free Men 35-39**

R: 10:41.27 L.J. Meisenheimer 93  
10:41.27 L.J. Meisenheimer 35 05/02/93  
10:56.05 Paul S. Wise 37 05/02/93

**1650y Free Men 35-39**

R: 17:59.86 Paul S. Wise 93  
17:59.86 Paul S. Wise 37 04/04/93  
19:57.31 Scott W. Hartle 36 04/04/93

**50y Back Men 35-39**

R: 27.18 Jeff Perout 91  
28.10 Jim Dupree 36 04/04/93  
28.82 Scott P. McMillen 39 02/07/93  
29.52 Barton G. Cobb 38 11/02/92  
30.18 Tarn S. Thompson 39 11/02/92  
30.42 L.J. Meisenheimer 35 04/04/93

**100y Back Men 35-39**

R: 57.72 Jeff Perout  
1:01.87 Scott P. McMillen 39 04/04/93  
1:01.99 Jim Dupree 36 04/04/93  
1:05.32 Jeffrey Lane 37 02/07/93  
1:05.55 L.J. Meisenheimer 35 04/04/93  
1:06.20 Bob W. Ruth 39 02/07/93

**200y Back Men 35-39**

R: 2:06.59 Jeff Perout  
2:07.75 Michael S. Drews 38 04/04/93  
2:08.05 Scott P. McMillen 39 05/02/93

2:17.69 Jim Dupree 36 04/04/93  
2:21.79 L.J. Meisenheimer 35 05/02/93

**50y Brst Men 35-39**

R: 27.16 C. Miltenberger 88  
29.93 A.L. Poucher, Jr. 38 04/04/93  
31.19 Barton G. Cobb 38 11/02/92  
33.67 Tarn S. Thompson 39 04/04/93  
34.63 Michael L. Castle 38 04/04/93  
35.19 Scott W. Hartle 36 04/04/93

**100y Brst Men 35-39**

R: 59.19 C. Miltenberger  
1:06.05 A.L. Poucher, Jr. 38 04/04/93  
1:06.27 Bob W. Ruth 39 02/07/93  
1:08.65 Barton G. Cobb 38 11/02/92  
1:11.11 Scott P. McMillen 39 05/02/93  
1:15.11 Michael L. Castle 38 04/04/93

**200y Brst Men 35-39**

R: 2:13.73 C. Miltenberger 88  
2:27.02 Bob W. Ruth 39 02/07/93  
2:45.74 Michael L. Castle 38 04/04/93  
3:22.69 Keith Heathome 35 02/07/93

**50y Fly Men 35-39**

R: 24.62 Kevin McCormack  
25.57 L.J. Meisenheimer 35 04/04/93  
25.77 A.L. Poucher, Jr. 38 04/04/93  
25.80 Tarn S. Thompson 39 04/04/93  
25.90 Barton G. Cobb 38 11/02/92  
26.39 Paul S. Wise 37 05/02/93

**100y Fly Men 35-39**

R: 55.99 Kevin McCormack  
56.49 Paul S. Wise 37 04/04/93  
57.21 L.J. Meisenheimer 35 04/04/93  
58.66 Bob W. Ruth 39 02/07/93  
58.76 Scott P. McMillen 39 05/02/93  
59.86 Barton G. Cobb 38 11/02/92

**200y Fly Men 35-39**

R: 2:05.37 Paul S. Wise 93  
2:05.37 Paul S. Wise 37 04/04/93

**100y L.M. Men 35-39**

R: 55.10 C. Miltenberger 88  
57.62 Michael S. Drews 38 04/04/93  
59.09 A.L. Poucher, Jr. 38 04/04/93  
1:00.30 Bob W. Ruth 39 02/07/93  
1:02.62 L.J. Meisenheimer 35 04/04/93  
1:03.13 Tarn S. Thompson 39 04/04/93

**200y L.M. Men 35-39**

R: 2:08.13 Thomas Szuba  
2:09.07 Scott P. McMillen 39 05/02/93  
2:11.08 A.L. Poucher, Jr. 38 04/04/93  
2:14.12 Paul S. Wise 37 04/04/93  
2:19.19 Barton G. Cobb 38 11/02/92  
2:19.96 Jim Dupree 36 04/04/93

**400y L.M. Men 35-39**

R: 4:32.99 Scott McMillen  
4:43.12 Paul S. Wise 37 04/04/93  
4:55.72 L.J. Meisenheimer 35 04/04/93  
4:57.73 Fred Mayer 36 04/04/93  
4:58.60 Scott P. McMillen 39 04/04/93

**50y Free Men 40-44**

R: 22.72 Thomas Peek 88  
23.52 C.D. Miltenberger 41 04/04/93  
24.41 Bob Slama 42 04/04/93  
24.85 K.M. McCormack 40 11/02/92  
25.51 Robert W. Davie 41 04/04/93  
25.89 Rick B. Walker 42 03/07/93

**100y Free Men 40-44**

R: 50.82 Thomas Peek 88  
51.69 C.D. Miltenberger 41 04/04/93  
53.44 K.M. McCormack 40 04/04/93  
56.17 Rick B. Walker 42 04/04/93  
59.87 Kenneth D. Wall 43 04/04/93  
59.94 Bill D. Stephens 41 04/04/93

**200y Free Men 40-44**

R: 1:55.82 Burwell Jones 76  
2:00.09 Bob W. Ruth 40 04/04/93  
2:03.15 Rick B. Walker 42 04/04/93  
2:09.54 John F. Edwards 43 12/06/92  
2:17.40 Bill D. Stephens 41 04/04/93  
2:23.25 David N. Perkey 42 03/07/93

**500y Free Men 40-44**

R: 5:13.03 Burwell Jones 76  
5:37.43 Rick B. Walker 42 04/04/93  
6:17.17 Bill D. Stephens 41 04/04/93  
6:40.74 Stephen C. Knauss 43 04/04/93  
6:49.98 R.E. Swanigan 41 04/04/93  
7:01.75 A.K. Von Spiegelf 44 11/02/92

**1000y Free Men 40-44**

R: 11:04.03 Bruce Page  
14:48.99 Bruce E. Day 42 12/06/92

**1650y Free Men 40-44**

R: 18:25.66 Burwell Jones 76  
24:21.41 A.K. Von Spiegelf 44 11/02/92  
25:32.20 Jim P. Kiernan 42 04/04/93  
27:03.97 William S. Bowen 41 04/04/93

**50y Back Men 40-44**

R: 28.53 Thomas Peek 92  
29.52 K.M. McCormack 40 11/02/92  
31.93 Robert W. Davie 40 11/02/92  
32.26 James M. Donnelly 44 04/04/93  
33.75 Paul W. Nichols 41 11/02/92  
34.88 Dan J. Dawson 41 11/02/92

**100y Back Men 40-44**

R: 1:01.46 Burwell Jones 77  
1:09.90 Robert W. Davie 40 11/02/92  
1:14.72 Paul W. Nichols 42 04/04/93  
1:23.08 Dan J. Dawson 41 11/02/92

**200y Back Men 40-44**

R: 2:15.89 Burwell Jones 77  
2:21.30 K.M. McCormack 40 11/02/92  
2:30.97 Robert W. Davie 40 11/02/92  
2:45.19 Paul W. Nichols 41 11/02/92  
2:56.69 Dan J. Dawson 41 11/02/92  
3:07.66 Stephen C. Knauss 42 11/02/92

**50y Brst Men 40-44**

R: 28.89 C.D. Miltenberger 93  
28.89 C.D. Miltenberger 41 04/04/93  
29.24 Arthur Haltunen 42 04/04/93  
32.51 Rick B. Walker 42 03/07/93  
33.10 James M. Donnelly 44 04/04/93  
33.85 David P. Gauldin 41 04/04/93

**100y Brst Men 40-44**

R: 1:03.06 C.D. Miltenberger 93  
1:03.06 C.D. Miltenberger 41 04/04/93  
1:07.43 Bob W. Ruth 40 04/04/93  
1:10.33 Rick B. Walker 42 03/07/93  
1:12.73 James M. Donnelly 44 04/04/93  
1:14.18 David P. Gauldin 41 04/04/93

**200y Brst Men 40-44**

R: 2:27.94 Arihur Haltunen 92  
2:39.24 James M. Donnelly 44 04/04/93  
2:42.97 David P. Gauldin 41 04/04/93  
2:47.43 Pat Marzulli 44 04/04/93  
3:00.72 Paul W. Nichols 42 04/04/93

**50y Fly Men 40-44**

R: 24.73 Thomas Peek 88  
25.61 K.M. McCormack 40 03/07/93  
29.08 Robert W. Davie 40 11/02/92  
29.15 Bill D. Stephens 41 04/04/93  
29.81 Kenneth D. Wall 43 04/04/93  
30.31 Rick B. Walker 42 04/04/93

**100y Fly Men 40-44**

R: 56.96 K.M. McCormack 93  
56.96 K.M. McCormack 40 04/04/93  
1:09.95 David N. Perkey 42 04/04/93  
1:10.22 Stephen C. Knauss 42 11/02/92  
1:15.39 John R. Gross 43 11/02/92

**200y Fly Men 40-44**

R: 2:26.33 Burwell Jones 77  
2:51.46 Stephen C. Knauss 43 04/04/93  
2:55.68 David N. Perkey 42 03/07/93

**100y L.M. Men 40-44**

R: 59.20 C.D. Miltenberger 93  
59.20 C.D. Miltenberger 41 04/04/93  
1:00.47 Bob W. Ruth 40 04/04/93  
1:01.06 Arthur Haltunen 42 04/04/93  
1:06.47 James M. Donnelly 44 04/04/93  
1:06.63 Robert W. Davie 41 04/04/93

**200y L.M. Men 40-44**  
R: 2:12.80 *Burwell Jones 77*  
2:28.89 Robert W. Davie 40 11/02/92  
2:33.89 James M. Donnelly 44 04/04/93  
2:40.25 Paul W. Nichols 42 04/04/93  
2:44.03 David N. Perkey 42 04/04/93  
2:49.88 Stephen C. Knauss 42 11/02/92

**400y L.M. Men 40-44**  
R: 4:56.11 *Burwell Jones 76*  
5:14.34 Jorge A. Gonzalez 44 04/04/93  
5:27.11 Robert W. Davie 40 11/02/92  
5:37.01 James M. Donnelly 44 04/04/93  
5:56.02 Paul W. Nichols 41 11/02/92  
6:17.59 Stephen C. Knauss 43 04/04/93

**50y Free Men 45-49**  
R: 22.85 *Thomas W. Peek 93*  
22.85 Thomas W. Peek 45 04/04/93  
25.02 John P. Maguire 46 04/04/93  
26.64 Bill Pilmore 45 04/04/93  
26.84 Peter L. Cameron 49 04/04/93  
27.89 C.R. Iselin 49 04/04/93

**100y Free Men 45-49**  
R: 51.08 *Thomas W. Peek 93*  
51.08 Thomas W. Peek 45 04/04/93  
55.69 John P. Maguire 46 04/04/93  
57.53 H. Jack Pyhel 48 04/04/93  
59.07 Bill Pilmore 45 04/04/93  
59.46 Peter L. Cameron 49 04/04/93

**200y Free Men 45-59**  
R: 1:57.09 *Burwell Jones 78*  
1:58.67 Thomas W. Peek 45 04/04/93  
2:04.56 V.(III) C. Daniel 45 05/02/93  
2:26.21 John P. Bishop 47 04/04/93  
2:30.82 Daniel H. Jenkins 48 11/02/92  
4:05.78 John F. Ereen 48 11/02/92

**500y Free Men 45-49**  
R: 5:18.49 *Burwell Jones 78*  
5:39.11 V.(III) C. Daniel 45 05/02/93  
5:50.78 H. Jack Pyhel 48 04/04/93  
6:01.61 Bill Pilmore 45 04/04/93

**1000y Free Men 45-49**  
R: 12:53.20 *Raymond Burns 84*  
13:10.38 John P. Bishop 47 12/06/92  
14:06.22 Steven D. Grau 47 12/06/92

**1650y Free Men 45-49**  
R: 18:53.05 *Burwell Jones 78*  
20:22.08 H. Jack Pyhel 48 04/04/93  
22:06.91 Peter L. Cameron 49 04/04/93  
22:46.95 Steven D. Grau 47 01/10/93

**50y Back Men 45-49**  
R: 26.76 *V.C. Daniels, III 93*  
26.76 V.(III) C. Daniel 45 05/02/93  
31.37 Bill Pilmore 45 04/04/93  
34.05 Peter L. Cameron 49 04/04/93  
1:09.68 Joseph Egozcue 48 03/07/93

**100y Back Men 45-49**  
R: 1:01.59 *Burwell Jones 78*  
1:05.18 V.(III) C. Daniel 45 05/02/93  
1:09.23 Bill Pilmore 45 04/04/93  
1:16.06 Peter L. Cameron 49 04/04/93  
2:36.49 Joseph Egozcue 48 03/07/93

**200y Back Men 45-49**  
R: 2:18.07 *Burwell Jones 78*  
2:22.73 V.(III) C. Daniel 45 05/02/93  
2:30.10 Bill Pilmore 45 04/04/93

**50y Brst Men 45-49**  
R: 30.98 *Scott Guthrie*  
31.16 Scott Guthrie 48 04/04/93  
33.04 T.A. Van Der Veen 48 11/02/92  
35.44 Bill Pilmore 45 04/04/93  
36.36 C.R. Iselin 49 04/04/93  
37.68 John P. Bishop 47 04/04/93

**100y Brst Men 45-49**  
R: 1:10.68 *Burwell Jones 79*  
1:10.69 Scott Guthrie 48 04/04/93  
1:12.12 T.A. Van Der Veen 48 11/02/92  
1:17.31 Bill Pilmore 45 04/04/93  
1:19.20 C.R. Iselin 49 04/04/93

**200y Brst Men 45-49**  
R: 2:35.02 *Burwell Jones 79*  
2:39.49 Scott Guthrie 48 02/07/93  
2:39.77 T.A. Van Der Veen 48 11/02/92  
2:50.24 Dave Naffziger 45 02/07/93  
2:54.26 C.R. Iselin 49 04/04/93

**50y Fly Men 45-49**  
R: 25.41 *Thomas W. Peek 93*  
25.41 Thomas W. Peek 45 04/04/93  
27.68 George O. Brick 45 02/07/93  
28.23 John P. Maguire 46 04/04/93  
29.07 Peter L. Cameron 49 04/04/93  
29.79 H. Jack Pyhel 48 04/04/93

**100y Fly Men 45-49**  
R: 1:00.23 *Thomas W. Peek 93*  
1:00.23 Thomas W. Peek 45 04/04/93  
1:02.77 George O. Brick 45 02/07/93  
1:09.30 H. Jack Pyhel 48 04/04/93  
1:09.84 Steven D. Grau 47 04/04/93  
1:10.11 Peter L. Cameron 49 04/04/93

**200y Fly Men 45-49**  
R: 2:20.27 *Burwell Jones 79*  
2:43.24 Steven D. Grau 47 02/07/93  
2:59.02 C.R. Iselin 49 04/04/93  
3:30.79 Daniel H. Jenkins 48 11/02/92

**100y L.M. Men 45-49**  
R: 59.62 *Burwell Jones 78*  
1:03.01 Thomas W. Peek 45 04/04/93  
1:03.33 V.(III) C. Daniel 45 05/02/93  
1:06.92 Bill Pilmore 45 04/04/93  
1:09.00 Peter L. Cameron 49 04/04/93  
1:10.07 Dave Naffziger 45 02/07/93

**200y L.M. Men 45-49**  
R: 2:13.31 *Burwell Jones 80*  
2:19.14 V.(III) C. Daniel 45 05/02/93  
2:27.68 Bill Pilmore 45 04/04/93  
2:31.20 H. Jack Pyhel 48 04/04/93  
2:42.34 Dave Naffziger 45 02/07/93

**400y L.M. Men 45-49**  
R: 4:55.32 *Burwell Jones 80*  
5:06.60 V.(III) C. Daniel 45 02/07/93  
5:31.11 Peter L. Cameron 49 04/04/93  
6:28.06 Daniel H. Jenkins 48 11/02/92

**50y Free Men 50-54**  
R: 23.90 *Bob Bailie 88*  
29.76 Walter R. Abstein 50 11/02/92  
29.99 Bill Rodenfels 50 04/04/93  
30.07 S.W. Holcomb 50 04/04/93  
30.66 Allen J. Whitcomb 52 03/07/93  
34.80 Angelo Ventillo 54 04/04/93

**100y Free Men 50-54**  
R: 52.62 *Bob Bailie*  
1:01.77 C.R. Iselin 50 05/02/93  
1:06.67 Bill Rodenfels 50 04/04/93  
1:07.66 Peter R. Betzer 50 09/13/92  
1:08.07 S.W. Holcomb 50 04/04/93  
1:14.40 Al Whitcomb 52 02/07/93

**200y Free Men 50-54**  
R: 1:59.64 *Burwell Jones 85*  
2:27.88 Bill Rodenfels 50 02/07/93  
2:37.02 G.J. Kaufmann 54 04/04/93  
2:39.83 Michael H. Kline 53 04/04/93  
2:44.88 S.W. Holcomb 50 04/04/93  
3:01.00 John F. Ware 50 04/04/93

**500y Free Men 50-54**  
R: 5:25.99 *Burwell Jones 85*  
6:53.55 Bill Rodenfels 50 02/07/93  
6:59.42 Peter R. Betzer 50 09/13/92  
7:02.14 G.J. Kaufmann 54 04/04/93  
7:37.95 S.W. Holcomb 50 11/02/92  
8:31.82 John F. Ware 50 04/04/93

**1000y Free Men 50-54**  
R: 11:36.41 *Burwell Jones 85*  
17:21.07 Angelo Ventillo 54 05/02/93  
18:25.26 Roy Ward 51 03/07/93

**1650y Free Men 50-54**  
R: 18:53.29 *Burwell Jones 85*  
25:05.03 Michael H. Kline 53 04/04/93  
25:07.01 G.J. Kaufmann 54 04/04/93  
26:23.54 S.W. Holcomb 50 04/04/93  
26:24.28 Peter R. Betzer 50 01/10/93  
29:58.14 Angelo Ventillo 54 04/04/93

**50y Back Men 50-54**  
R: 29.15 *Jack Beattie 88*  
30.94 Peter R. Betzer 50 04/04/93  
35.43 Walter R. Abstein 50 04/04/93  
35.73 Henry J. Glancy 54 11/02/92  
37.14 S.W. Holcomb 50 02/07/93  
37.81 Allen J. Whitcomb 52 02/07/93

**100y Back Men 50-54**  
R: 1:01.93 *John Smith*  
1:07.58 Peter R. Betzer 50 04/04/93  
1:15.83 Henry J. Glancy 54 11/02/92  
1:19.39 Walter R. Abstein 50 04/04/93  
1:26.38 S.W. Holcomb 50 11/02/92  
1:28.36 Bill Rodenfels 50 04/04/93

**200y Back Men 50-54**  
R: 2:23.55 *Burwell Jones 85*  
2:29.31 Peter R. Betzer 50 09/13/92  
2:53.22 Henry J. Glancy 54 11/02/92  
2:55.60 Walter R. Abstein 50 11/02/92  
3:11.90 S.W. Holcomb 50 11/02/92  
3:40.23 Roy Ward 51 02/07/93

**50y Brst Men 50-54**  
R: 32.19 *Ted Robinson 86*  
33.53 Peter R. Betzer 50 04/04/93  
34.00 Allen J. Whitcomb 52 03/07/93  
39.23 Walter R. Abstein 50 04/04/93  
40.03 John F. Ware 50 04/04/93  
41.88 Angelo Ventillo 54 05/02/93

**100y Brst Men 50-54**  
R: 1:11.70 *Ted Robinson 86*  
1:15.62 Peter R. Betzer 50 04/04/93  
1:17.15 Allen J. Whitcomb 52 04/04/93  
1:19.43 C.R. Iselin 50 05/02/93  
1:30.33 Walter R. Abstein 50 11/02/92  
1:33.30 Angelo Ventillo 54 05/02/93

**200y Brst Men 50-54**  
R: 2:40.32 *Ted Robinson 86*  
2:48.60 Peter R. Betzer 50 01/10/93  
2:51.92 C.R. Iselin 50 05/02/93  
3:05.30 Allen J. Whitcomb 52 02/07/93  
3:20.21 Walter R. Abstein 50 02/07/93  
3:27.82 Angelo Ventillo 54 05/02/93

**50y Fly Men 50-54**  
R: 26.78 *Bob Bailie 88*  
33.89 Bill Rodenfels 50 04/04/93  
34.18 Allen J. Whitcomb 52 02/07/93  
35.45 Walter R. Abstein 50 04/04/93  
38.13 Angelo Ventillo 54 05/02/93  
43.92 S.W. Holcomb 50 02/07/93

**100y Fly Men 50-54**  
R: 1:03.14 *Ernie Leskowitz*  
1:16.33 C.R. Iselin 50 05/02/93  
1:20.80 Bill Rodenfels 50 02/07/93  
2:40.21 William E. Ragan 51 04/04/93  
3:04.04 Joe H. Baker 53 12/06/92

**200y Fly Men 50-54**  
R: 2:29.78 *Ernie Leskowitz*  
3:03.10 C.R. Iselin 50 05/02/93

**100y L.M. Men 50-54**  
R: 1:00.96 *John Smith*  
1:10.55 Peter R. Betzer 50 09/13/92  
1:15.85 Allen J. Whitcomb 52 04/04/93  
1:18.30 Walter R. Abstein 50 02/07/93  
1:19.50 Bill Rodenfels 50 04/04/93  
1:30.03 S.W. Holcomb 50 11/02/92

**200y L.M. Men 50-54**  
R: 2:15.42 *Burwell Jones 85*  
2:37.16 Peter R. Betzer 50 04/04/93  
2:54.84 Walter R. Abstein 50 02/07/93  
2:57.84 Henry J. Glancy 54 11/02/92  
3:10.99 Allen J. Whitcomb 52 11/02/92  
3:26.68 Angelo Ventillo 54 04/04/93

**400y L.M. Men 50-54**  
R: 4:57.03 *Burwell Jones 85*  
5:43.47 Peter R. Betzer 50 04/04/93  
5:55.59 C.R. Iselin 50 05/02/93  
6:26.53 Henry J. Glancy 54 11/02/92  
7:05.75 Allen J. Whitcomb 52 03/07/93

**50y Free Men 55-59**  
R: 26.03 *Chuck Thomas 82*  
27.00 Jack R. Beattie 58 04/04/93  
27.19 Henry J. Glancy 55 05/02/93

29.10 George W. Mann 55 02/07/93  
29.28 Ray S. Burns 57 12/06/92  
29.68 Harry M. Piper 58 04/04/93

**100y Free Men 55-59**  
R: 57.39 *Burwell Jones*  
59.98 Jack R. Beattie 58 04/04/93  
1:01.47 Henry J. Glancy 55 05/02/93  
1:03.80 George W. Mann 55 04/04/93  
1:04.32 Ray S. Burns 57 04/04/93  
1:09.11 Victor Sirbu 55 04/04/93

**200y Free Men 55-59**  
R: 2:04.94 *Burwell Jones 88*  
2:19.36 Henry J. Glancy 55 05/02/93  
2:21.08 George W. Mann 55 02/07/93  
2:21.95 Ray S. Burns 57 02/14/93  
2:26.47 Telfair Mahaffy 57 04/04/93  
2:39.38 Victor Sirbu 55 04/04/93

**500y Free Men 55-59**  
R: 5:32.17 *Burwell Jones 88*  
5:51.30 Henry J. Glancy 55 05/02/93  
6:28.89 Ray S. Burns 57 02/14/93  
6:33.05 George W. Mann 55 02/07/93  
7:38.65 John R. Cox 57 02/07/93  
7:45.37 Victor Sirbu 55 04/04/93

**1000y Free Men 55-59**  
R: 12:34.02 *Burwell Jones*  
13:40.43 Ray S. Burns 57 12/06/92  
15:52.73 Victor Sirbu 55 05/02/93  
15:53.50 John R. Cox 57 12/06/92  
16:52.71 Harry M. Piper 58 12/06/92

**1650y Free Men 55-59**  
R: 19:02.45 *Burwell Jones 88*  
22:47.33 Ray S. Burns 57 01/10/93  
23:37.42 George W. Mann 55 04/04/93  
26:20.76 John R. Cox 57 04/04/93  
27:12.60 Victor Sirbu 55 04/04/93

**50y Back Men 55-59**  
R: 30.30 *Burwell Jones*  
31.20 Jack R. Beattie 58 04/04/93  
33.40 Henry J. Glancy 55 05/02/93  
36.67 C.E. Weatherbee 59 11/02/92  
44.82 Victor Sirbu 55 04/04/93  
46.14 Adam C. Leonard 56 02/07/93

**100y Back Men 55-59**  
R: 1:05.35 *Burwell Jones*  
1:08.05 Jack R. Beattie 58 04/04/93  
1:14.98 Henry J. Glancy 55 05/02/93  
1:25.28 C.E. Weatherbee 59 11/02/92  
1:37.17 Victor Sirbu 55 05/02/93  
1:48.53 Adam C. Leonard 56 02/07/93

**200y Back Men 55-59**  
R: 2:20.58 *Burwell Jones 88*  
2:30.16 Jack R. Beattie 58 04/04/93  
2:41.50 Henry J. Glancy 55 05/02/93  
3:02.53 C.E. Weatherbee 59 11/02/92  
3:16.40 Robert G. Coulter 59 02/07/93  
3:29.25 Simon 55 03/07/93

**50y Brst Men 55-59**  
R: 33.39 *Thomas Koeng 91*  
34.64 Ray S. Burns 57 03/07/93  
36.31 Harry M. Piper 58 12/06/92  
37.88 Henry J. Glancy 55 04/04/93  
41.10 Robert G. Coulter 59 02/07/93  
42.01 George W. Mann 55 04/04/93

**100y Brst Men 55-59**  
R: 1:14.88 *Thomas Koeng 88*  
1:17.00 Ray S. Burns 57 02/14/93  
1:21.55 Harry M. Piper 58 04/04/93  
1:22.12 Telfair Mahaffy 57 04/04/93  
1:22.55 Henry J. Glancy 55 04/04/93  
1:39.91 Victor Sirbu 55 04/04/93

**200y Brst Men 55-59**  
R: 2:52.39 *Raymond Burns 91*  
2:55.83 Ray S. Burns 57 01/10/93  
2:56.60 Mike T. Tschirret 57 02/07/93  
3:05.44 Henry J. Glancy 55 03/07/93  
3:05.46 Harry M. Piper 58 04/04/93  
3:37.06 Victor Sirbu 55 05/02/93

**50y Fly Men 55-59**  
R: 29.65 *Burwell Jones 88*  
31.25 Jack R. Beattie 58 04/04/93  
32.46 Telfair Mahaffy 57 04/04/93



32.86 Ray S. Burns 57 11/02/92  
33.95 Simon 55 04/04/93  
35.31 Victor Sirbu 55 04/04/93  
**100y Fly Men 55-59**  
R: 2:05.88 Burwell Jones 88  
1:11.23 Telfair Mahaffy 57 04/04/93  
1:25.87 Victor Sirbu 55 05/02/93  
1:29.30 Simon 55 04/04/93

**200y Fly Men 55-59**  
R: 2:35.32 Telfair Mahaffy 91  
2:46.50 Mike T. Tschirret 57 02/07/93  
2:59.23 Ray S. Burns 57 02/07/93  
3:41.26 Simon 55 04/04/93

**100y L.M. Men 55-59**  
R: 1:03.11 Burwell Jones 88  
1:11.84 Ray S. Burns 57 11/02/92  
1:13.66 Jack R. Beattie 58 04/04/93  
1:14.82 Telfair Mahaffy 57 04/04/93  
1:16.50 C.E. Weatherbee 59 11/02/92  
1:22.75 Victor Sirbu 55 04/04/93

**200y L.M. Men 55-59**  
R: 2:17.88 Burwell Jones 88  
2:34.52 Jack R. Beattie 58 04/04/93  
2:44.73 Ray S. Burns 57 02/07/93  
2:46.05 Telfair Mahaffy 57 04/04/93  
2:59.27 C.E. Weatherbee 59 11/02/92  
3:00.57 Henry J. Glancy 55 03/07/93

**400y L.M. Men 55-59**  
R: 5:03.72 Burwell Jones 88  
6:37.90 C.E. Weatherbee 59 11/02/92  
6:53.01 George W. Mann 55 04/04/93  
7:12.86 Simon 55 04/04/93

**50y Free Men 60-64**  
R: 27.44 Roger Holmes 83  
29.10 Harold Ferris 62 04/04/93  
29.57 C.E. Weatherbee 60 02/07/93  
30.13 Thomas H. Koenig 60 11/02/92  
31.00 Alan Maloney 64 03/07/93  
31.55 A.S. Friedland 62 11/02/92

**100y Free Men 60-64**  
R: 1:03.75 Thomas Koenig 92  
1:06.86 C.H. Kohnken 61 02/07/93  
1:10.53 Thomas H. Koenig 61 02/07/93  
1:11.40 A.S. Friedland 62 11/02/92  
1:11.61 Harold Ferris 62 01/10/93  
1:21.85 C.P. Randall 64 04/04/93

**200y Free Men 60-64**  
R: 2:25.44 Thomas Koenig 92  
2:28.20 C.H. Kohnken 61 11/02/92  
2:36.79 Thomas H. Koenig 61 04/04/93  
2:42.24 A.S. Friedland 62 02/07/93  
2:56.25 Harold Ferris 62 02/07/93  
3:10.39 C.P. Randall 64 04/04/93

**500y Free Men 60-64**  
R: 6:41.26 Harwell Moseley 86  
6:46.54 C.H. Kohnken 61 11/02/92  
8:38.77 Ralph G. Perry 60 11/02/92  
8:39.18 C.P. Randall 64 04/04/93  
8:51.15 Ned P. Allen 62 04/04/93  
9:52.79 R.R. Masovcevic 63 02/07/93

**1000y Free Men 60-64**  
R: 13:45.85 Robert Beach 91  
14:04.46 C.H. Kohnken 61 03/07/93  
14:25.92 Robert E. Beach 62 12/06/92  
16:08.38 Harold Ferris 61 12/06/92  
17:52.40 Ned P. Allen 62 12/06/92

**1650y Free Men 60-64**  
R: 23:19.27 Robert Beach 92  
23:30.99 C.H. Kohnken 61 04/04/93  
24:45.45 Robert E. Beach 62 04/04/93  
27:08.55 Harold Ferris 62 01/10/93  
29:11.39 Jerry G. O'connor 64 11/02/92  
29:28.59 C.P. Randall 64 04/04/93

**50y Back Men 60-64**  
R: 32.43 Thomas Smith 88  
35.35 Thomas H. Koenig 60 11/02/92  
36.28 C.E. Weatherbee 60 02/07/93  
37.16 Ralph N. Coxhead 64 04/04/93  
39.17 A.S. Friedland 62 02/07/93  
40.04 Alan Maloney 64 03/07/93

**100y Back Men 60-64**  
R: 1:12.17 Thomas Smith 88  
1:22.79 Ralph N. Coxhead 64 04/04/93  
1:23.27 C.E. Weatherbee 60 02/07/93  
1:25.12 A.S. Friedland 62 11/02/92  
1:31.02 Alan Maloney 64 03/07/93  
1:34.75 Harold Ferris 62 02/07/93

**200y Back Men 60-64**  
R: 2:43.57 Thomas Smith 88  
3:00.61 Ralph N. Coxhead 64 04/04/93  
3:04.13 Thomas H. Koenig 61 02/07/93  
3:06.16 C.E. Weatherbee 60 02/07/93  
3:07.26 A.S. Friedland 62 02/07/93  
3:19.05 C.H. Kohnken 61 03/07/93

**50y Brst Men 60-64**  
R: 33.83 Thomas H. Koenig 92  
33.83 Thomas H. Koenig 60 11/02/92  
39.77 Alan Maloney 64 03/07/93  
41.95 C.H. Kohnken 61 03/07/93  
52.60 John H. Lee 62 04/04/93  
53.31 John H. Lee 62 03/07/93

**100y Brst Men 60-64**  
R: 1:15.49 Thomas H. Koenig 92  
1:15.49 Thomas H. Koenig 60 11/02/92  
1:29.82 Alan Maloney 64 04/04/93  
1:33.70 C.H. Kohnken 60 09/13/92  
1:50.18 Harold Ferris 62 02/07/93  
1:56.02 R.M. Williams 64 11/02/92

**200y Brst Men 60-64**  
R: 2:53.22 Robert MacDonald  
3:08.45 Thomas H. Koenig 61 02/07/93  
3:20.45 Alan Maloney 64 03/07/93  
3:25.14 C.H. Kohnken 61 03/07/93  
4:17.99 John H. Lee 62 01/10/93  
4:26.76 R.M. Williams 64 11/02/92

**50y Fly Men 60-64**  
R: 30.61 Thomas Smith 88  
36.89 Thomas H. Koenig 61 02/07/93  
37.36 Alan Maloney 64 04/04/93  
38.00 Harold Ferris 62 02/14/93  
38.62 C.H. Kohnken 61 03/07/93  
46.28 R.M. Williams 64 11/02/92

**100y Fly Men 60-64**  
R: 1:11.79 Thomas Smith 88  
1:21.88 C.H. Kohnken 61 03/07/93  
1:24.70 Alan Maloney 64 03/07/93  
1:31.33 Harold Ferris 61 12/06/92  
1:54.40 Ned P. Allen 62 04/04/93

**200y Fly Men 60-64**  
R: 3:03.63 Robert MacDonald  
3:16.58 Alan Maloney 64 03/07/93  
3:18.45 C.H. Kohnken 61 04/04/93  
4:08.08 Ned P. Allen 62 04/04/93

**100y L.M. Men 60-64**  
R: 1:09.65 Thomas Smith 88  
1:15.52 Thomas H. Koenig 61 04/04/93  
1:18.09 C.E. Weatherbee 60 02/07/93  
1:22.30 Alan Maloney 64 04/04/93  
1:23.16 C.H. Kohnken 61 02/07/93  
1:26.44 Harold Ferris 61 11/02/92

**200y L.M. Men 60-64**  
R: 2:37.49 Thomas Smith 88  
2:57.48 C.H. Kohnken 61 02/07/93  
3:00.81 C.E. Weatherbee 60 02/07/93  
3:44.04 R.M. Williams 64 11/02/92  
4:06.57 Ned P. Allen 62 04/04/93  
4:15.74 R.R. Masovcevic 63 02/07/93

**400y L.M. Men 60-64**  
R: 6:08.77 Robert MacDonald  
6:13.98 C.H. Kohnken 61 11/02/92  
8:43.44 Ned P. Allen 62 04/04/93

**50y Free Men 65-69**  
R: 27.77 Paul Hutinger 93  
27.77 Paul Hutinger 68 05/02/93  
30.11 John M. Woods 69 05/02/93  
32.20 Richard L. Avery 69 11/02/92  
34.35 Al Rogerson 67 03/07/93  
35.57 Al R. Dalton 67 05/02/93

**100y Free Men 65-69**  
R: 1:05.65 John Woods  
1:09.21 John M. Woods 69 03/07/93  
1:15.69 Richard L. Avery 69 11/02/92

1:18.83 Al Rogerson 67 02/07/93  
1:23.27 Alex McIntosh 69 02/07/93  
1:27.38 John D. Tinny 67 02/07/93

**200y Free Men 65-69**  
R: 2:28.70 John Woods  
2:35.26 John M. Woods 69 11/02/92  
3:02.57 Al Rogerson 67 03/07/93  
3:17.22 R.M. Williams 65 03/07/93  
3:22.34 Al R. Dalton 67 05/02/93  
3:31.28 John D. Tinny 67 02/07/93

**500y Free Men 65-69**  
R: 7:01.68 James Williamson  
8:37.11 Al Rogerson 67 04/04/93

**1000y Free Men 65-69**  
R: 14:24.96 John Woods  
18:01.00 Al Rogerson 67 03/07/93

**1650y Free Men 65-69**  
R: 25:44.17 Harwell Moseley 84  
29:50.26 Al Rogerson 67 04/04/93

**50y Back Men 65-69**  
R: 31.26 Paul Hutinger 93  
31.26 Paul Hutinger 68 05/02/93  
37.03 John M. Woods 69 11/02/92  
39.69 Richard L. Avery 69 11/02/92  
45.28 R.M. Williams 65 03/07/93  
48.03 John D. Tinny 67 02/07/93

**100y Back Men 65-69**  
R: 1:10.78 Paul Hutinger 93  
1:10.78 Paul Hutinger 68 04/04/93  
1:24.02 John M. Woods 69 03/07/93  
1:33.06 Richard L. Avery 69 11/02/92  
1:38.03 William P. Wallace 65 04/04/93  
1:41.68 R.M. Williams 65 04/04/93

**200y Back Men 65-69**  
R: 2:38.33 Paul Hutinger 93  
2:38.33 Paul Hutinger 68 03/07/93  
3:06.23 John M. Woods 69 05/02/93  
3:38.94 R.M. Williams 65 03/07/93  
3:56.68 Al Rogerson 67 03/07/93

**50y Brst Men 65-69**  
R: 36.93 Paul Hutinger 93  
36.93 Paul Hutinger 68 02/07/93  
41.62 Richard L. Avery 69 11/02/92  
45.58 John S. Sinacore 69 02/07/93  
45.65 John D. Tinny 67 02/07/93  
51.24 R.M. Williams 65 03/07/93

**100y Brst Men 65-69**  
R: 1:22.86 Paul Hutinger 93  
1:22.86 Paul Hutinger 68 02/07/93  
1:37.13 Richard L. Avery 69 11/02/92  
1:46.55 John S. Sinacore 69 02/07/93  
1:53.76 John D. Tinny 67 02/07/93  
1:57.28 R.M. Williams 65 04/04/93

**200y Brst Men 65-69**  
R: 3:03.98 Paul Hutinger 93  
3:03.98 Paul Hutinger 68 01/10/93  
4:08.56 John S. Sinacore 69 05/02/93  
4:08.65 John D. Tinny 67 02/07/93  
4:18.59 R.M. Williams 65 04/04/93  
5:04.08 Al R. Dalton 67 05/02/93

**50y Fly Men 65-69**  
R: 29.79 Paul Hutinger 93  
29.79 Paul Hutinger 68 04/04/93  
36.95 John M. Woods 69 11/02/92  
41.92 Al Rogerson 67 03/07/93  
47.13 R.M. Williams 65 03/07/93  
49.74 John D. Tinny 67 02/07/93

**100y Fly Men 65-69**  
R: 1:22.34 Harwell Moseley 84  
1:57.56 Al Rogerson 67 03/07/93

**200y L.M. Men 65-69**  
R: 2:45.28 Paul Hutinger 93  
2:45.28 Paul Hutinger 68 04/04/93  
3:12.03 John M. Woods 69 02/07/93  
3:46.74 R.M. Williams 65 03/07/93  
4:07.29 Al Rogerson 67 05/02/93

**400y L.M. Men 65-69**  
R: 6:17.60 Paul Hutinger 93  
6:17.60 Paul Hutinger 68 03/07/93

**50y Free Men 70-74**  
R: 29.79 Rogers Holmes 92  
30.56 Rogers B. Holmes 71 04/04/93  
32.00 Richard L. Avery 70 03/07/93  
32.14 Bill Molvie 74 04/04/93  
33.92 R.E. Lavanture 70 03/07/93  
36.77 Robert S. Patton 70 11/02/92

**100y Free Men 70-74**  
R: 1:10.43 Bill Molvie  
Richard L. Avery 70 03/07/93  
1:16.06 Richard L. Avery 70 03/07/93  
1:20.30 Earl R. Dickey 72 11/02/92  
1:20.37 Bill Molvie 74 04/04/93  
1:21.70 R.E. Lavanture 70 03/07/93  
1:21.72 John G. Haake 73 11/02/92

**200y Free Men 70-74**  
R: 2:46.81 Harwell Moseley  
3:15.99 Earl R. Dickey 72 11/02/92  
3:17.33 John G. Haake 73 11/02/92  
3:20.12 Robert D. Atwood 72 12/06/92  
3:28.38 Dick Lyman 74 02/07/93  
3:42.65 Albert B. Chipman 70 04/04/93

**500y Free Men 70-74**  
R: 7:39.02 Harwell Moseley  
9:05.31 Earl R. Dickey 72 11/02/92  
9:33.97 Dick Lyman 74 04/04/93  
9:49.04 Albert B. Chipman 70 04/04/93  
10:02.09 Robert D. Atwood 72 04/04/93

**1000y Free Men 70-74**  
R: 15:59.87 Gil Spear 86  
19:32.31 Dick Lyman 74 03/07/93  
24:37.95 Robert C. Stroup 74 05/02/93

**1650y Free Men 70-74**  
R: 26:59.12 Harwell Moseley  
32:39.27 Dick Lyman 74 04/04/93  
33:48.83 Albert B. Chipman 70 04/04/93

**50y Back Men 70-74**  
R: 36.00 Bill Molvie  
36.72 Rogers B. Holmes 71 04/04/93  
37.82 Bill Molvie 74 04/04/93  
38.59 Richard L. Avery 70 04/04/93  
42.55 R.E. Lavanture 70 03/07/93  
45.09 John G. Haake 73 11/02/92

**100y Back Men 70-74**  
R: 1:21.29 Rogers Holmes 92  
1:28.32 Bill Molvie 74 04/04/93  
1:34.71 Richard L. Avery 70 03/07/93  
1:40.67 John G. Haake 73 11/02/92  
1:55.82 Dick Lyman 74 11/02/92  
1:56.26 Robert D. Atwood 72 04/04/93

**200y Back Men 70-74**  
R: 3:00.78 Rogers Holmes 92  
3:06.96 Rogers B. Holmes 71 04/04/93  
3:36.14 John G. Haake 73 11/02/92  
4:06.85 Earl R. Dickey 72 11/02/92  
4:19.07 Dick Lyman 74 02/07/93

**50y Brst Men 70-74**  
R: 39.29 Russ Witte 87  
40.09 Rogers B. Holmes 71 04/04/93  
41.20 Abrasha Brainin 70 04/04/93  
42.65 Richard L. Avery 70 03/07/93  
43.28 Earl R. Dickey 72 11/02/92  
45.52 Bill J. Uhrich 72 09/13/92

**100y Brst Men 70-74**  
R: 1:28.54 Russ Witte 87  
1:33.48 Abrasha Brainin 70 04/04/93  
1:38.85 Richard L. Avery 70 03/07/93  
1:44.04 Earl R. Dickey 72 11/02/92  
1:56.78 James R. Skinner 70 11/02/92  
2:00.19 Robert S. Patton 70 11/02/92

**200y Brst Men 70-74**

R: 3:21.50 Russ Witte 87  
 3:34.15 Abrasha Brainin 70 04/04/93  
 3:37.91 Richard L. Avery 70 04/04/93  
 3:56.34 Earl R. Dickey 72 11/02/92  
 4:43.28 James R. Skinner 70 11/02/92  
 6:24.80 Robert C. Stroup 74 05/02/93

**50y Fly Men 70-74**

R: 32.98 Rogers B. Holmes 93  
 32.98 Rogers B. Holmes 71 04/04/93  
 40.90 Bill J. Uhrich 72 09/13/92  
 42.60 Abrasha Brainin 70 04/04/93  
 51.84 Earl R. Dickey 72 11/02/92

**100y Fly Men 70-74**

R: 1:23.10 Harwell Moseley  
 1:46.28 Herb McAuley 70 04/04/93

**200y Fly Men 70-74**

R: 3:15.41 Harwell Moseley  
 -no swimmer-

**100y L.M. Men 70-74**

R: 1:20.20 Rogers Holmes 92  
 1:20.78 Rogers B. Holmes 71 04/04/93  
 1:30.38 Richard L. Avery 70 04/04/93  
 1:36.90 Abrasha Brainin 70 04/04/93  
 1:40.27 Bill J. Uhrich 72 09/13/92  
 1:50.41 Robert D. Atwood 72 11/02/92

**200y L.M. Men 70-74**

R: 3:10.29 Harwell Moseley  
 3:51.50 Earl R. Dickey 72 11/02/92

**400y L.M. Men 70-74**

R: 7:03.14 Harwell Moseley  
 8:22.32 Earl R. Dickey 72 11/02/92

**50y Free Men 75-70**

R: 34.07 Carl Lindstrand 87  
 36.20 Joe M. Herrera 75 05/02/93  
 36.86 Russ Witte 76 03/07/93  
 37.43 N.H. Skjersaa 76 05/02/93  
 40.42 Kermit O. Hotvedt 78 04/04/93  
 40.58 John D. Johnston 77 04/04/93

**100y Free Men 75-70**

R: 1:19.24 Carl Lindstrand 87  
 1:22.57 John D. Johnston 76 09/13/92  
 1:25.00 N.H. Skjersaa 76 05/02/93  
 1:27.04 Russ Witte 76 03/07/93  
 1:32.65 Joe M. Herrera 75 05/02/93  
 1:32.82 Kermit O. Hotvedt 78 04/04/93

**200y Free Men 75-70**

R: 2:59.68 Carl Lindstrand 87  
 3:11.23 N.H. Skjersaa 76 05/02/93  
 3:32.99 Kermit O. Hotvedt 78 04/04/93  
 3:44.94 Fred B. Walbolt 79 11/02/92  
 3:50.70 Gil A. Spear 78 05/02/93  
 4:13.92 R.H. Fletcher 77 03/07/93

**500y Free Men 75-70**

R: 8:24.39 N.H. Skjersaa 93  
 8:24.39 N.H. Skjersaa 77 04/04/93  
 10:10.74 Fred B. Walbolt 79 11/02/92  
 10:12.40 Russ Witte 76 03/07/93  
 10:18.32 F.H. Tillotson 78 02/07/93  
 10:26.54 Gil A. Spear 78 05/02/93

**1000y Free Men 75-70**

R: 17:35.24 John Johnston 91  
 18:33.98 N.H. Skjersaa 76 05/02/93

**1650y Free Men 75-70**

R: 29:00.76 N.H. Skjersaa 93  
 29:00.76 N.H. Skjersaa 77 04/04/93  
 39:30.92 R.H. Fletcher 77 04/04/93

**50y Back Men 75-70**

R: 43.78 William Mackey 91  
 45.49 Russ Witte 76 03/07/93  
 47.20 F.H. Tillotson 78 01/10/93  
 52.13 N.H. Skjersaa 76 05/02/93  
 53.81 Joe M. Herrera 75 05/02/93  
 55.81 Kermit O. Hotvedt 78 04/04/93

**100y Back Men 75-70**

R: 1:39.31 Carl Thornburg 88  
 1:44.69 F.H. Tillotson 78 03/07/93  
 1:45.97 Russ Witte 76 03/07/93  
 2:16.07 R.H. Fletcher 77 03/07/93  
 2:25.14 Emie J. Ogilvie 78 03/07/93

**200y Back Men 75-79**

R: 3:37.78 Carl Thornburg 88  
 4:02.23 F.H. Tillotson 78 01/10/93  
 4:10.06 Russ Witte 76 03/07/93  
 5:08.17 Fred B. Walbolt 79 11/02/92  
 5:09.44 Emie J. Ogilvie 78 03/07/93

**50y Brst Men 75-79**

R: 41.59 Russ Witte 92  
 42.18 Russ Witte 76 03/07/93  
 48.81 John D. Johnston 76 09/13/92  
 53.69 N.H. Skjersaa 76 05/02/93  
 56.51 Gil A. Spear 78 05/02/93  
 57.15 Joe M. Herrera 75 05/02/93

**100y Brst Men 75-79**

R: 1:34.04 Russ Witte 92  
 1:35.97 Russ Witte 76 03/07/93  
 1:49.49 John D. Johnston 76 09/13/92  
 2:10.26 F.H. Tillotson 78 02/07/93  
 2:25.65 R.H. Fletcher 77 04/04/93

**200y Brst Men 75-79**

R: 3:31.39 Russ Witte 92  
 3:40.47 Russ Witte 76 03/07/93  
 4:32.99 F.H. Tillotson 78 03/07/93  
 5:22.57 R.H. Fletcher 77 02/07/93

**50y Fly Men 75-79**

R: 40.67 Bill Stinson 84  
 49.65 John D. Johnston 76 09/13/92  
 1:03.54 Emie J. Ogilvie 78 03/07/93  
 1:04.97 N.H. Skjersaa 76 05/02/93

**100y Fly Men 75-79**

R: 1:40.97 Bill Stinson 84  
 -no swimmer-

**200y Fly Men 75-79**

R: 3:56.43 John Johnston 91  
 -no swimmer-

**100y L.M. Men 75-79**

R: 1:34.59 John Johnston 92  
 1:41.27 John D. Johnston 76 09/13/92  
 1:45.93 Russ Witte 76 03/07/93  
 1:55.98 Gil A. Spear 78 05/02/93  
 1:56.69 F.H. Tillotson 77 11/02/92  
 2:00.19 N.H. Skjersaa 76 05/02/93

**200y L.M. Men 75-79**

R: 3:30.78 John Johnston 91  
 4:19.69 Gil A. Spear 78 05/02/93  
 4:20.09 N.H. Skjersaa 76 05/02/93  
 8:04.08 George L. Rafter 76 02/07/93

**400y L.M. Men 75-79**

R: 7:41.94 John Johnston 91  
 9:05.90 N.H. Skjersaa 76 05/02/93  
 9:31.73 Gil A. Spear 78 05/02/93

**50y Free Men 80-84**

R: 37.36 William Molloy  
 50.29 James F. Mitchell 80 04/04/93

**100y Free Men 80-84**

R: 1:34.26 William Molloy 92  
 1:39.12 Carl W. Thornburg 80 03/07/93  
 1:54.74 James F. Mitchell 80 04/04/93

**200y Free Men 80-84**

R: 3:34.96 William Molloy 92  
 3:47.30 Carl W. Thornburg 80 03/07/93  
 4:01.23 James F. Mitchell 80 04/04/93

**500y Free Men 80-84**

R: 9:57.55 William Molloy 91  
 10:22.04 Carl W. Thornburg 80 03/07/93

**1000y Free Men 80-84**

R: 21:28.67 Carl W. Thornburg 93  
 21:28.67 Carl W. Thornburg 80 03/07/93

**1650y Free Men 80-84**

R: 35:38.04 Carl W. Thornburg 93  
 35:38.04 Carl W. Thornburg 80 04/04/93  
 35:48.36 Fred B. Walbolt 80 04/04/93

**50y Back Men 80-84**

R: 51.13 Peter Jurczyk 87  
 51.83 Carl W. Thornburg 80 02/07/93  
 1:00.07 James F. Mitchell 80 04/04/93

**100y Back Men 80-84**

R: 1:47.61 Carl W. Thornburg 93  
 1:47.61 Carl W. Thornburg 80 03/07/93  
 2:09.48 James F. Mitchell 80 04/04/93

**200y Back Men 80-84**

R: 4:03.18 Carl W. Thornburg 93  
 4:03.18 Carl W. Thornburg 80 03/07/93  
 4:43.72 James F. Mitchell 80 04/04/93

**50y Brst Men 80-84**

R: 50.74 William Molloy  
 55.84 Carl W. Thornburg 80 12/06/92

**100y Brst Men 80-84**

R: 1:51.01 William Molloy  
 2:05.62 Carl W. Thornburg 80 02/07/93

**200y Brst Men 80-84**

R: 4:11.23 William Molloy 91  
 4:23.48 Carl W. Thornburg 80 04/04/93

**50y Fly Men 80-84**

R: 53.91 Carl W. Thornburg 93  
 53.91 Carl W. Thornburg 80 04/04/93

**100y Fly Men 80-84**

R: 2:04.98 Carl W. Thornburg 93  
 2:04.98 Carl W. Thornburg 80 04/04/93

**200y Fly Men 80-84**

R: 5:28.66 Carl W. Thornburg 93  
 5:28.66 Carl W. Thornburg 80 04/04/93

**100y L.M. Men 80-84**

R: 1:50.26 Carl W. Thornburg 93  
 1:50.26 Carl W. Thornburg 80 02/07/93

**200y L.M. Men 80-84**

R: 4:10.03 Carl W. Thornburg 93  
 4:10.03 Carl W. Thornburg 80 04/04/93

**400y L.M. Men 80-84**

R: 9:00.55 Carl W. Thornburg 93  
 9:00.55 Carl W. Thornburg 80 03/07/93

**50y Free Men 85-89**

R: 50.92 Peter Jurczyk 93  
 50.92 Peter Jurczyk 87 04/04/93

**100y Free Men 85-89**

R: 1:56.48 Peter Jurczyk 93  
 1:56.48 Peter Jurczyk 87 02/07/93

**200y Free Men 85-89**

-no record-  
 -no swimmer-

**500y Free Men 85-89**

-no record-  
 -no swimmer-

**1000y Free Men 85-89**

-no record-  
 -no swimmer-

**1650y Free Men 85-89**

-no record-  
 -no swimmer-

**50y Back Men 85-89**

R: 59.05 Peter Jurczyk 93  
 59.05 Peter Jurczyk 87 05/02/93

**100y Back Men 85-89**

R: 2:11.32 Peter Jurczyk 93  
 2:11.32 Peter Jurczyk 87 02/07/93

**200y Back Men 85-89**

R: 4:45.54 Peter Jurczyk 93  
 4:45.54 Peter Jurczyk 87 02/07/93

**50y Brst Men 85-89**

-no record-  
 -no swimmer-

**100y Brst Men 85-89**

-no record-  
 -no swimmer-

**200y Brst Men 85-89**

-no record-  
 -no swimmer-

**50y Fly Men 85-89**

-no record-  
 -no swimmer-

**100y Fly Men 85-89**

-no record-  
 -no swimmer-  
**200y Fly Men 85-89**  
 -no record-  
 -no swimmer-  
**100y L.M. Men 85-89**  
 R: 2:25.74 Peter Jurczyk 93  
 2:25.74 Peter Jurczyk 87 05/02/93

**200y L.M. Men 85-89**

-no record-  
 -no swimmer-

**400y L.M. Men 85-89**

-no record-  
 -no swimmer-

# Florida 1993 LCM Top 5

(times are by FLMSC swimmers achieved in FLMSC meets)

<p><b>50m Free Women 19-24</b> R: 28.17 Sudi S. Miller 90</p> <p>29.97 E.A. Sollee 21 07/18/93 31.62 Amanda L. Hall 24 07/18/93 31.91 Danielle M. Sirbu 19 07/18/93 34.48 Anita L. Cook 21 07/18/93</p>	<p>32.03 Rebecca A. Nelson 29 06/13/93</p> <p><b>100m Free Women 25-29</b> R: 58.97 Rosemarie J. Seaman 87</p> <p>1:06.44 Kathy A. Steele 29 07/18/93 1:07.90 Maureen Jones 29 06/13/93 1:08.89 Mary C. Holderman 26 07/18/93 1:11.26 Rebecca A. Nelson 29 06/13/93 1:13.43 Debra G. Hanson 29 06/13/93</p>	<p><b>200m Fly Women 25-29</b> R: 3:07.51 Joanne Weber 82 -no swimmer-</p> <p><b>200m L.M. Women 25-29</b> R: 3:02.16 Debra G. Hanson 93</p> <p>3:02.16 Debra G. Hanson 29 07/18/93 3:18.45 Betty A. Linck 29 07/18/93</p>	<p><b>100m Brst Women 30-34</b> R: 1:20.21 Rosemarie J. Seaman 89</p> <p>1:24.04 Lisa A. Flanagan 30 06/13/93 1:40.49 N.H. Saliwanchik 32 07/18/93 1:40.86 Ruth M. Bielefeld 33 07/18/93 1:40.91 Caroline A. Gatto 32 07/18/93 1:41.83 Jeanne B. Kostiha 34 07/18/93</p>
<p><b>100m Free Women 19-24</b> R: 1:02.94 Paige Winters 89</p> <p>1:07.16 E.A. Sollee 21 07/18/93 1:10.19 Amanda L. Hall 24 07/18/93 1:14.65 Danielle M. Sirbu 19 07/18/93</p>	<p><b>200m Free Women 25-29</b> R: 2:09.66 Mary Holmes 88</p> <p>2:30.70 Maureen Jones 29 06/13/93 2:33.47 Mary C. Holderman 26 07/18/93 2:37.26 Rebecca A. Nelson 29 06/13/93 2:43.43 Debra G. Hanson 29 06/13/93 2:52.08 Lisa A. Hudak 28 07/18/93</p>	<p><b>400m L.M. Women 25-29</b> R: 5:35.38 Gwen R. Cressman 88</p> <p>5:54.54 Maureen Jones 29 06/13/93 7:02.34 Betty A. Linck 29 07/18/93</p>	<p><b>200m Brst Women 30-34</b> R: 3:02.64 Lisa A. Flanagan 93</p> <p>3:02.64 Lisa A. Flanagan 30 06/13/93 3:37.70 N.H. Saliwanchik 32 07/18/93 3:41.53 Jeanne B. Kostiha 34 07/18/93 3:46.77 Caroline A. Gatto 32 07/18/93</p>
<p><b>200m Free Women 19-24</b> R: 2:28.97 Sheri B. Brownstein 88</p> <p>2:31.13 E.A. Sollee 21 07/18/93 2:33.40 Amanda L. Hall 24 07/18/93 2:49.38 Danielle M. Sirbu 19 07/18/93</p>	<p><b>400m Free Women 25-29</b> R: 4:31.02 Mary Holmes 88</p> <p>5:15.97 Maureen Jones 29 06/13/93 5:28.08 Mary C. Holderman 26 07/18/93 6:05.52 Lisa A. Hudak 28 06/13/93</p>	<p><b>50m Free Women 30-34</b> R: 1:00.36 Rosemarie J. Seaman 89</p> <p>1:05.55 Gina M. Aguilar 34 07/18/93 1:06.95 Eileen O. Hartle 32 07/18/93 1:08.63 Tish P. Oleksy 31 07/18/93 1:11.79 Heather O'Brien 30 07/18/93 1:16.89 Ruth M. Bielefeld 33 07/18/93</p>	<p><b>50m Fly Women 30-34</b> R: 2:44.29 Rosemarie J. Seaman 89</p> <p>2:50.87 Eileen O. Hartle 32 07/18/93 2:51.79 Lisa A. Flanagan 30 07/18/93 2:59.17 Tish P. Oleksy 31 07/18/93 3:02.86 Heather O'Brien 30 07/18/93 3:13.10 N.H. Saliwanchik 32 07/18/93</p>
<p><b>800m Free Women 19-24</b> -no record- -no swimmer-</p> <p><b>1500m Free Women 19-24</b> R: 19:54.89 Sheri B. Brownstein 89</p> <p>21:39.25 E.A. Sollee 21 07/18/93</p>	<p><b>800m Free Women 25-29</b> R: 9:18.74 Mary Holmes 88</p> <p>12:12.29 Lisa A. Hudak 28 08/08/93</p> <p><b>1500m Free Women 25-29</b> R: 18:13.30 Mary H. Roebuck 90 -no swimmer-</p>	<p><b>100m Free Women 30-34</b> R: 1:27.59 Wanda H. Brown 88</p> <p>2:28.37 Eileen O. Hartle 32 07/18/93 2:33.61 Tish P. Oleksy 31 07/18/93 2:47.89 Ruth M. Bielefeld 33 07/18/93 2:55.72 N.H. Saliwanchik 32 07/18/93 2:59.55 Tina M. Myers 31 07/18/93</p>	<p><b>100m Fly Women 30-34</b> R: 2:41.29 Linda S. Bamber 88</p> <p>3:03.79 Rozanna L. Miller 33 06/13/93</p>
<p><b>50m Back Women 19-24</b> R: 33.46 Sudi S. Miller 90</p> <p>35.72 Amanda L. Hall 24 07/18/93 39.74 Danielle M. Sirbu 19 07/18/93 41.93 Anita L. Cook 21 07/18/93</p>	<p><b>50m Back Women 25-29</b> R: 31.92 Michele D. Falls 83</p> <p>37.37 Kathy A. Steele 29 07/18/93 38.21 Lori J. Stauch 28 07/18/93 40.54 Rebecca A. Nelson 29 06/13/93 41.07 Debra G. Hanson 29 07/18/93 1:05.60 Ronda D. Quezada 29 07/18/93</p>	<p><b>200m Free Women 30-34</b> R: 5:11.85 Wanda H. Brown 88</p> <p>5:17.58 Eileen O. Hartle 32 07/18/93 5:26.72 Tish P. Oleksy 31 07/18/93 5:58.55 Ruth M. Bielefeld 33 07/18/93 6:17.52 N.H. Saliwanchik 32 07/18/93 6:25.93 Tina M. Myers 31 07/18/93</p>	<p><b>400m L.M. Women 30-34</b> R: 5:58.56 Lisa A. Flanagan 93</p> <p>5:58.56 Lisa A. Flanagan 30 06/13/93 6:25.34 Rozanna L. Miller 33 06/13/93 7:08.95 N.H. Saliwanchik 32 07/18/93 7:35.38 Jeanne B. Kostiha 34 07/18/93</p>
<p><b>100m Back Women 19-24</b> R: 1:13.81 Sudi S. Miller 90</p> <p>1:17.62 Amanda L. Hall 24 07/18/93</p>	<p><b>100m Back Women 25-29</b> R: 1:08.44 Michele D. Falls 83</p> <p>1:22.38 Kathy A. Steele 29 07/18/93 1:27.87 Rebecca A. Nelson 29 06/13/93 1:31.49 Debra G. Hanson 29 06/13/93</p>	<p><b>800m Free Women 30-34</b> R: 10:49.09 Wanda H. Brown 88</p> <p>11:35.06 Tish P. Oleksy 31 05/02/93 13:02.89 C.T. Swanson 31 08/08/93</p>	<p><b>50m Free Women 35-39</b> R: 29.88 Deb W. Walker 88</p> <p>30.50 Kimberly J. Wise 36 07/18/93 32.89 Marcia S. Connell 36 07/18/93 35.55 Ingrid Archer 35 07/18/93 38.07 Jo Ann Harrelson 37 07/18/93 38.66 Karen A. Beaulieu 38 07/18/93</p>
<p><b>200m Back Women 19-24</b> R: 2:47.37 Amanda L. Hall 93</p> <p>2:47.37 Amanda L. Hall 24 07/18/93</p>	<p><b>200m Back Women 25-29</b> R: 2:32.37 Michele D. Falls 83</p> <p>2:52.36 Lori J. Stauch 28 07/18/93 2:55.21 Maureen Jones 29 06/13/93 3:04.63 Rebecca A. Nelson 29 06/13/93 3:07.07 Debra G. Hanson 29 07/18/93</p>	<p><b>1500m Free Women 30-34</b> R: 20:34.51 Linda S. Bamber 88</p> <p>20:45.78 Eileen O. Hartle 32 07/18/93 24:50.22 Tina M. Myers 31 07/18/93 25:43.72 Jeanne B. Kostiha 34 07/18/93</p>	<p><b>100m Free Women 35-39</b> R: 1:00.25 Susan E. Halfacre 88</p> <p>1:09.07 Kimberly J. Wise 36 07/18/93 1:11.91 B.K. Nichols 36 07/18/93 1:12.45 Patty C. Conolly 35 08/08/93 1:15.45 Marcia S. Connell 36 07/18/93 1:25.98 Jo Ann Harrelson 37 07/18/93</p>
<p><b>50m Brst Women 19-24</b> R: 37.12 E.A. Sollee 93</p> <p>37.12 E.A. Sollee 21 07/18/93 50.69 Danielle M. Sirbu 19 07/18/93</p>	<p><b>50m Brst Women 25-29</b> R: 34.36 Rosemarie J. Seaman 87</p> <p>40.18 Kathy A. Steele 29 07/18/93 44.49 Lisa A. Hudak 28 07/18/93 47.05 Betty A. Linck 29 07/18/93 51.82 Ronda D. Quezada 29 07/18/93</p>	<p><b>50m Back Women 30-34</b> R: 34.50 Katie J. Adams 88</p> <p>37.69 Rozanna L. Miller 33 06/13/93 41.20 N.H. Saliwanchik 32 07/18/93 44.27 Jeanne B. Kostiha 34 07/18/93 50.29 Nicole D. Mistele 33 07/18/93 50.38 Tina M. Myers 31 07/18/93</p>	<p><b>200m Free Women 35-39</b> R: 2:09.33 Susan E. Halfacre 88</p> <p>2:35.31 B.K. Nichols 36 06/13/93 3:08.71 Jo Ann Harrelson 37 07/18/93 3:21.97 Nancy S. Kiernan 39 07/18/93 3:23.43 C.A. Lefevre 39 07/18/93 3:24.41 Karen A. Beaulieu 38 07/18/93</p>
<p><b>100m Brst Women 19-24</b> R: 1:22.11 E.A. Sollee 93</p> <p>1:22.11 E.A. Sollee 21 07/18/93</p>	<p><b>100m Brst Women 25-29</b> R: 1:18.31 Rosemarie J. Seaman 87</p> <p>1:29.71 Lisa A. Hudak 28 08/08/93 1:30.48 Kathy A. Steele 29 07/18/93 1:41.91 Debra G. Hanson 29 07/18/93 1:55.09 Ronda D. Quezada 29 07/18/93</p>	<p><b>200m Back Women 30-34</b> R: 1:15.31 Katie J. Adams 88</p> <p>1:27.11 Lisa A. Flanagan 30 07/18/93 1:38.18 Jeanne B. Kostiha 34 07/18/93 1:48.77 Tina M. Myers 31 07/18/93</p>	<p><b>400m Free Women 35-39</b> R: 4:33.08 Susan E. Halfacre 88</p> <p>5:29.60 B.K. Nichols 36 07/18/93 6:05.62 Kimberly J. Wise 36 07/18/93 6:52.77 Nancy S. Kiernan 39 07/18/93 7:01.24 C.A. Lefevre 39 07/18/93 7:09.14 Karen A. Beaulieu 38 07/18/93</p>
<p><b>200m Brst Women 19-24</b> R: 3:03.47 Sheri B. Brownstein 88</p> <p>3:04.37 E.A. Sollee 21 07/18/93</p>	<p><b>200m Brst Women 25-29</b> R: 2:59.04 Gwen R. Cressman 89</p> <p>3:14.30 Lisa A. Hudak 28 08/08/93 3:15.19 Kathy A. Steele 29 07/18/93 4:40.78 Ronda D. Quezada 28 06/13/93</p>	<p><b>50m Fly Women 30-34</b> R: 2:44.95 Katie J. Adams 88</p> <p>2:57.52 Lisa A. Flanagan 30 06/13/93 3:02.87 Rozanna L. Miller 33 06/13/93 3:28.36 Jeanne B. Kostiha 34 07/18/93 3:42.74 Tina M. Myers 31 07/18/93</p>	<p><b>800m Free Women 35-39</b> R: 9:24.54 Susan E. Halfacre 88 -no swimmer-</p>
<p><b>50m Fly Women 19-24</b> R: 30.44 Sudi S. Miller 90</p> <p>33.58 Amanda L. Hall 24 07/18/93 34.63 E.A. Sollee 21 07/18/93 38.34 Danielle M. Sirbu 19 07/18/93</p>	<p><b>50m Fly Women 25-29</b> R: 28.79 Rosemarie J. Seaman 87</p> <p>33.37 Kathy A. Steele 29 07/18/93 34.21 Rebecca A. Nelson 29 06/13/93 34.30 Debra G. Hanson 29 06/13/93 35.07 Mary C. Holderman 26 07/18/93 42.01 Betty A. Linck 29 07/18/93</p>	<p><b>50m Brst Women 30-34</b> R: 37.08 Rosemarie J. Seaman 88</p> <p>38.74 Lisa A. Flanagan 30 07/18/93 40.63 Gina M. Aguilar 34 07/18/93 43.14 Eileen O. Hartle 32 07/18/93 45.22 Caroline A. Gatto 32 07/18/93 46.26 N.H. Saliwanchik 32 07/18/93</p>	<p><b>1500m Free Women 35-39</b> R: 20:26.10 Linda S. Bamber 89</p> <p>22:00.85 B.K. Nichols 36 07/18/93 23:21.86 Joan E. Gamso 35 07/18/93</p>
<p><b>100m Fly Women 19-24</b> R: 1:06.63 Sudi S. Miller 90 -no swimmer-</p>	<p><b>100m Fly Women 25-29</b> R: 1:03.91 Rosemarie J. Seaman 87</p> <p>1:16.62 Rebecca A. Nelson 29 06/13/93 1:21.79 Debra G. Hanson 29 06/13/93</p>	<p><b>200m Back Women 30-34</b> R: 1:48.95 Katie J. Adams 88</p>	
<p><b>200m Fly Women 19-24</b> R: 2:36.49 Sheri B. Brownstein 88 -no swimmer-</p>			
<p><b>200m L.M. Women 19-24</b> R: 2:38.91 Sudi S. Miller 90</p> <p>2:49.91 E.A. Sollee 21 07/18/93 3:08.58 Anita L. Cook 21 07/18/93</p>			





**1500m Free Women 55-59**  
R: 28:04.82 Kate Knight-Perry 93  
28:04.82 Kate Knight-Perry 58 07/18/93  
37:52.07 Kay Martin 56 07/18/93

**50m Back Women 55-59**  
R: 46.12 Scottie Holliday 93  
46.12 Scottie Holliday 59 07/18/93  
51.52 Doris C. Prokopi 57 07/18/93  
51.84 B.Culbertson 56 07/18/93  
52.41 Barbara A. Allen 59 05/02/93  
1:13.36 S.L. Leonard 57 07/18/93

**100m Back Women 55-59**  
R: 1:48.71 Scottie Holliday 93  
1:48.71 Scottie Holliday 59 06/13/93  
1:58.38 B.J. Tucker 58 06/13/93  
1:58.45 B.Culbertson 56 07/18/93  
2:04.80 Doris C. Prokopi 57 07/18/93  
2:29.03 Kay Martin 56 08/08/93

**200m Back Women 55-59**  
R: 3:59.70 Scottie Holliday 93  
3:59.70 Scottie Holliday 59 07/18/93  
5:12.50 Kay Martin 56 06/13/93

**50m Brst Women 55-59**  
R: 47.12 J.G. Piper 93  
47.12 J.G. Piper 56 05/02/93  
48.29 B.Culbertson 55 06/13/93  
53.13 Doris C. Prokopi 57 07/18/93  
53.97 B.J. Tucker 58 06/13/93

**100m Brst Women 55-59**  
R: 1:47.46 J.G. Piper 93  
1:47.46 J.G. Piper 56 07/18/93  
1:52.51 B.Culbertson 56 07/18/93  
1:58.90 Doris C. Prokopi 57 07/18/93

**200m Brst Women 55-59**  
R: 3:54.49 J.G. Piper 93  
3:54.49 J.G. Piper 56 07/18/93  
4:21.24 Doris C. Prokopi 57 07/18/93

**50m Fly Women 55-59**  
R: 49.95 Angie Sinacore 88  
58.63 Doris C. Prokopi 57 07/18/93  
1:01.32 B.J. Tucker 58 06/13/93  
1:18.93 Kay Martin 56 06/13/93

**100m Fly Women 55-59**  
R: 2:08.30 Ruth A. Hoskinson 89  
2:29.41 Doris C. Prokopi 57 07/18/93  
3:37.34 Kay Martin 56 08/08/93

**200m Fly Women 55-59**  
R: 4:20.01 Nancy N. Durstein 89  
-no swimmer-

**200m L.M. Women 55-59**  
R: 4:07.55 Nancy N. Durstein 89  
4:15.81 B.J. Tucker 58 06/13/93  
4:29.31 Doris C. Prokopi 57 07/18/93  
5:47.91 Kay Martin 56 07/18/93

**400m L.M. Women 55-59**  
R: 8:30.41 Nancy N. Durstein 88  
-no swimmer-

**50m Free Women 60-64**  
R: 47.92 Ruth A. Hoskinson 93  
47.92 Ruth A. Hoskinson 63 06/13/93  
49.76 Pat M. LaFountain 63 07/18/93  
1:00.01 Alyce M. Vogel 60 07/18/93  
1:16.16 Mary E. Boaz 64 07/18/93

**100m Free Women 60-64**  
R: 1:41.23 Nancy N. Durstein 93  
1:41.23 Nancy N. Durstein 63 07/18/93  
1:55.81 Ruth A. Hoskinson 63 07/18/93  
2:34.18 Mary E. Boaz 64 07/18/93

**200m Free Women 60-64**  
R: 3:35.00 Nancy N. Durstein 93  
3:35.00 Nancy N. Durstein 63 07/18/93

**400m Free Women 60-64**  
R: 7:29.42 Nancy N. Durstein 93  
7:29.42 Nancy N. Durstein 63 07/18/93  
8:49.30 Ruth A. Hoskinson 63 06/13/93

**800m Free Women 60-64**  
R: 20:49.56 Mary E. Boaz 89  
23:19.05 Mary E. Boaz 64 05/02/93

**1500m Free Women 60-64**  
R: 29:12.82 Nancy N. Durstein 93  
29:12.82 Nancy N. Durstein 63 07/18/93

**50m Back Women 60-64**  
R: 54.85 Nancy N. Durstein 93  
54.85 Nancy N. Durstein 63 07/18/93  
59.45 Ruth A. Hoskinson 63 07/18/93  
1:08.00 Pat M. LaFountain 63 07/18/93  
1:08.91 Alyce M. Vogel 60 07/18/93  
1:18.24 Mary E. Boaz 64 07/18/93

**100m Back Women 60-64**  
R: 1:58.70 Nancy N. Durstein 93  
1:58.70 Nancy N. Durstein 63 07/18/93  
2:12.34 Ruth A. Hoskinson 63 07/18/93  
2:48.53 Mary E. Boaz 64 07/18/93

**200m Back Women 60-64**  
R: 4:04.00 Nancy N. Durstein 93  
4:04.00 Nancy N. Durstein 63 07/18/93  
4:29.46 Ruth A. Hoskinson 63 06/13/93

**50m Brst Women 60-64**  
R: 52.11 Joan M. Glaraton 89  
1:03.62 Alyce M. Vogel 60 07/18/93  
1:04.46 Ruth A. Hoskinson 63 07/18/93  
1:04.71 Pat M. LaFountain 63 07/18/93

**100m Brst Women 60-64**  
R: 2:05.61 Joan M. Glaraton 89  
2:11.74 Pat M. LaFountain 63 07/18/93  
2:22.78 Alyce M. Vogel 60 07/18/93

**200m Brst Women 60-64**  
R: 4:30.24 Joan M. Glaraton 88  
4:40.36 Nancy N. Durstein 63 07/18/93

**50m Fly Women 60-64**  
R: 55.71 Ruth A. Hoskinson 93  
55.71 Ruth A. Hoskinson 63 06/13/93

**100m Fly Women 60-64**  
R: 2:09.80 Ruth A. Hoskinson 93  
2:09.80 Ruth A. Hoskinson 63 06/13/93

**200m Fly Women 60-64**  
R: 4:20.08 Nancy N. Durstein 93  
4:24.08 Nancy N. Durstein 63 07/18/93  
4:43.39 Ruth A. Hoskinson 63 07/18/93

**200m L.M. Women 60-64**  
R: 4:10.79 Nancy N. Durstein 93  
4:10.79 Nancy N. Durstein 63 07/18/93  
4:24.94 Ruth A. Hoskinson 63 07/18/93  
5:26.94 Alyce M. Vogel 60 07/18/93

**400m L.M. Women 60-64**  
R: 8:38.37 Nancy N. Durstein 93  
8:38.37 Nancy N. Durstein 63 07/18/93  
9:27.47 Ruth A. Hoskinson 63 06/13/93

**50m Free Women 65-69**  
R: 38.91 Florence E. Carr 93  
38.91 Florence E. Carr 67 06/13/93  
45.65 Alice M. Yungert 66 07/18/93  
50.38 Edna B. Gordon 66 07/18/93  
53.04 B.Ancker-Johnson 66 07/18/93  
53.36 M.R. Newman 69 07/18/93

**100m Free Women 65-69**  
R: 1:27.80 Florida E. Carr 93  
1:27.80 Florence E. Carr 67 06/13/93  
1:44.94 Alice M. Yungert 66 07/18/93  
1:54.74 Edna B. Gordon 66 07/18/93  
2:04.23 M.R. Newman 69 07/18/93

**200m Free Women 65-69**  
R: 3:07.68 Florence E. Carr 90  
3:15.25 Florence E. Carr 68 07/18/93  
3:47.07 Alice M. Yungert 66 07/18/93  
4:32.11 Edna B. Gordon 66 06/13/93  
4:26.37 M.R. Newman 69 07/18/93

**400m Free Women 65-69**  
R: 6:30.19 Florence E. Carr 90  
6:55.26 Florence E. Carr 67 06/13/93  
8:00.72 Alice M. Yungert 66 07/18/93  
8:47.84 M.R. Newman 69 07/18/93  
9:03.05 B.Ancker-Johnson 66 07/18/93

**800m Free Women 65-69**  
R: 13:50.69 Florence E. Carr 90  
14:29.21 Florence E. Carr 68 08/08/93

**1500m Free Women 65-69**  
R: 26:18.31 Florence E. Carr 90  
27:13.94 Florence E. Carr 68 07/18/93

**50m Back Women 65-69**  
R: 47.99 Florence E. Carr 90  
49.35 Florence E. Carr 67 06/13/93  
1:04.49 B.Ancker-Johnson 66 07/18/93  
1:06.29 M.R. Newman 69 07/18/93  
1:07.09 Alice M. Yungert 66 07/18/93  
1:08.52 Edna B. Gordon 66 07/18/93

**100m Back Women 65-69**  
R: 1:48.24 Florence E. Carr 90  
2:26.13 M.R. Newman 69 07/18/93  
2:27.85 Edna B. Gordon 66 07/18/93

**200m Back Women 65-69**  
R: 3:52.00 Florence E. Carr 93  
3:52.00 Florence E. Carr 67 06/13/93  
4:55.65 M.R. Newman 69 07/18/93

**50m Brst Women 65-69**  
R: 49.22 Gertrud J. Zint 84  
52.99 Florence E. Carr 67 06/13/93  
1:08.85 Alice M. Yungert 66 07/18/93

**100m Brst Women 65-69**  
R: 1:50.29 Gertrud J. Zint 83  
1:59.13 Florence E. Carr 68 07/18/93

**200m Brst Women 65-69**  
R: 4:05.90 Gertrud J. Zint 84  
-no swimmer-

**50m Fly Women 65-69**  
R: 43.55 Florence E. Carr 90  
45.31 Florence E. Carr 67 06/13/93  
1:18.83 M.R. Newman 69 07/18/93

**100m Fly Women 65-69**  
R: 2:02.47 Florence E. Carr 93  
2:02.47 Florence E. Carr 68 07/18/93

**200m Fly Women 65-69**  
R: 5:01.04 June B. Reynolds 89  
-no swimmer-

**200m L.M. Women 65-69**  
R: 3:34.41 Florence E. Carr 90  
3:47.67 Florence E. Carr 67 06/13/93  
5:20.58 M.R. Newman 69 07/18/93

**400m L.M. Women 65-69**  
R: 7:57.09 Florence E. Carr 90  
8:15.25 Florence E. Carr 68 07/18/93  
12:11.53 M.R. Newman 69 07/18/93

**50m Free Women 70-74**  
R: 44.24 Bardi J. Dendy 93  
44.24 Bardi J. Dendy 72 07/18/93  
47.41 June B. Reynolds 71 07/18/93  
58.25 Rachel M. Erwin 73 07/18/93  
1:01.99 Winnie F. Walter 72 07/18/93

**100m Free Women 70-74**  
R: 1:46.12 Bardi J. Dendy 93  
1:46.12 Bardi J. Dendy 72 07/18/93  
1:52.15 June B. Reynolds 71 07/18/93  
2:10.59 Winnie F. Walter 72 07/18/93  
2:19.66 Rachel M. Erwin 73 07/18/93

**200m Free Women 70-74**  
R: 3:58.34 Gertrud J. Zint 89  
4:12.49 June B. Reynolds 71 07/18/93  
4:40.79 Winnie F. Walter 72 07/18/93  
5:09.07 Rachel M. Erwin 73 07/18/93

**400m Free Women 70-74**  
R: 8:26.16 Gertrud J. Zint 88  
8:43.79 Bardi J. Dendy 72 06/13/93  
8:52.95 June B. Reynolds 71 06/13/93  
9:33.81 Winnie F. Walter 72 07/18/93  
10:54.64 Rachel M. Erwin 73 07/18/93

**800m Free Women 70-74**  
R: 18:28.52 Kay M. Schimpf 87  
18:46.17 June B. Reynolds 71 08/08/93

**1500m Free Women 70-74**  
R: 34:24.27 Gertrud J. Zint 88  
42:28.57 Rachel M. Erwin 73 07/18/93

**50m Back Women 70-74**  
R: 52.05 Gertrud J. Zint 88  
58.48 June B. Reynolds 71 07/18/93  
59.01 Bardi J. Dendy 72 07/18/93

1:17.47 Winnie F. Walter 72 07/18/93  
1:27.35 Rachel M. Erwin 73 07/18/93

**100m Back Women 70-74**  
R: 1:56.55 Gertrud J. Zint 88  
2:10.91 June B. Reynolds 71 06/13/93  
2:13.93 Bardi J. Dendy 72 07/18/93  
2:57.70 Winnie F. Walter 72 07/18/93  
3:14.68 Rachel M. Erwin 73 07/18/93

**200m Back Women 70-74**  
R: 4:19.23 Gertrud J. Zint 88  
4:55.24 June B. Reynolds 71 06/13/93

**50m Brst Women 70-74**  
R: 52.17 Gertrud J. Zint 88  
1:01.21 Bardi J. Dendy 72 07/18/93  
1:03.93 June B. Reynolds 71 06/13/93  
1:32.44 Rachel M. Erwin 73 07/18/93  
1:48.58 Winnie F. Walter 72 07/18/93

**100m Brst Women 70-74**  
R: 1:56.24 Gertrud J. Zint 88  
2:23.77 June B. Reynolds 71 06/13/93  
3:28.85 Rachel M. Erwin 73 07/18/93

**200m Brst Women 70-74**  
R: 4:18.13 Gertrud J. Zint 88  
5:04.57 June B. Reynolds 71 06/13/93  
7:23.92 Rachel M. Erwin 73 07/18/93

**50m Fly Women 70-74**  
R: 50.72 Gertrud J. Zint 88  
1:03.38 June B. Reynolds 71 07/18/93  
1:11.84 Winnie F. Walter 72 07/18/93  
1:24.67 Rachel M. Erwin 73 07/18/93

**100m Fly Women 70-74**  
R: 2:09.61 Gertrud J. Zint 88  
2:17.62 June B. Reynolds 71 06/13/93  
2:37.29 Winnie F. Walter 72 07/18/93

**200m Fly Women 70-74**  
R: 4:56.49 June B. Reynolds 93  
4:56.49 June B. Reynolds 71 06/13/93  
5:35.39 Winnie F. Walter 72 07/18/93

**200m L.M. Women 70-74**  
R: 4:10.08 Gertrud J. Zint 88  
4:41.65 June B. Reynolds 71 07/18/93

**400m L.M. Women 70-74**  
R: 9:13.66 Gertrud J. Zint 88  
10:08.43 June B. Reynolds 71 07/18/93

**50m Free Women 75-79**  
R: 50.23 Gertrud J. Zint 93  
50.23 Gertrud J. Zint 75 06/13/93  
50.91 Kay M. Schimpf 75 06/13/93  
1:03.40 Win Kennedy 79 05/02/93  
1:06.93 F.E. Cichanski 76 07/18/93  
1:13.25 Anne Wilder 79 07/18/93

**100m Free Women 75-79**  
R: 1:55.20 Ruth D. Switzer 83  
1:55.69 Kay M. Schimpf 75 06/13/93

**200m Free Women 75-79**  
R: 4:10.57 Ruth D. Switzer 83  
4:11.17 Kay M. Schimpf 76 07/18/93  
6:09.43 Anne Wilder 79 07/18/93

**400m Free Women 75-79**  
R: 8:46.15 Ruth D. Switzer 83  
8:57.53 Gertrud J. Zint 75 06/13/93

**800m Free Women 75-79**  
R: 18:41.29 Kay M. Schimpf 93  
18:41.29 Kay M. Schimpf 75 05/02/93

**1500m Free Women 75-79**  
R: 33:56.46 Kay M. Schimpf 93  
33:56.46 Kay M. Schimpf 76 07/18/93

**50m Back Women 75-79**  
R: 58.06 Gertrud J. Zint 93  
58.06 Gertrud J. Zint 75 06/13/93  
1:03.02 Kay M. Schimpf 76 07/18/93  
1:06.37 F.E. Cichanski 76 07/18/93  
1:17.33 Win Kennedy 79 05/02/93

**100m Back Women 75-79**  
R: 2:10.95 Gertrud J. Zint 93  
2:10.95 Gertrud J. Zint 75 06/13/93  
2:23.61 Kay M. Schimpf 76 07/18/93

**200m Back Women 75-79**  
R: 4:41.53 Kay M. Schimpf 93  
4:41.53 Kay M. Schimpf 75 06/13/93  
5:13.16 F.E. Cichanski 76 07/18/93

**50m Brst Women 75-79**  
R: 56.22 Gertrud J. Zint 93  
56.22 Gertrud J. Zint 75 06/13/93  
1:05.81 Kay M. Schimpf 75 05/02/93  
1:25.29 Win Kennedy 79 05/02/93  
1:31.62 F.E. Cichanski 76 07/18/93  
1:36.29 Anne Wilder 79 07/18/93

**100m Brst Women 75-79**  
R: 2:05.99 Gertrud J. Zint 93  
2:05.99 Gertrud J. Zint 75 06/13/93  
2:24.26 Kay M. Schimpf 75 06/13/93  
3:27.36 Anne Wilder 79 07/18/93

**200m Brst Women 75-79**  
R: 4:42.87 Gertrud J. Zint 93  
4:42.87 Gertrud J. Zint 75 06/13/93  
4:58.09 Kay M. Schimpf 75 06/13/93  
8:18.45 Anne Wilder 79 07/18/93

**50m Fly Women 75-79**  
R: 1:02.75 Kay M. Schimpf 93  
1:02.75 Kay M. Schimpf 75 06/13/93  
1:21.54 Win Kennedy 79 05/02/93  
1:25.52 Anne Wilder 79 07/18/93

**100m Fly Women 75-79**  
R: 2:21.77 Gertrud J. Zint 93  
2:21.77 Gertrud J. Zint 75 06/13/93  
2:26.20 Kay M. Schimpf 75 06/13/93  
3:22.44 Anne Wilder 79 07/18/93

**200m Fly Women 75-79**  
R: 6:33.64 Dorothy F. Hopkins 87  
7:29.68 Anne Wilder 79 07/18/93

**200m L.M. Women 75-79**  
R: 4:55.25 Kay M. Schimpf 93  
4:55.25 Kay M. Schimpf 76 07/18/93  
6:53.42 Anne Wilder 79 07/18/93

**400m L.M. Women 75-79**  
R: 9:43.06 Gertrud J. Zint 93  
9:43.06 Gertrud J. Zint 75 06/13/93  
14:56.29 Anne Wilder 79 07/18/93

**50m Free Women 80-84**  
R: 58.54 Ruth D. Switzer 88  
1:00.86 Sally Sheppard 81 06/13/93  
1:06.78 Win Kennedy 80 07/18/93

**100m Free Women 80-84**  
R: 2:09.09 Ruth D. Switzer 88  
2:36.18 Win Kennedy 80 08/08/93

**200m Free Women 80-84**  
R: 4:41.78 Ruth D. Switzer 88  
-no swimmer-

**400m Free Women 80-84**  
R: 9:48.24 Ruth D. Switzer 88  
12:27.11 Win Kennedy 80 07/18/93

**800m Free Women 80-84**  
R: 20:32.07 Ruth D. Switzer 88  
-no swimmer-

**1500m Free Women 80-84**  
R: 41:35.18 Dorothy F. Hopkins 90  
-no swimmer-

**50m Back Women 80-84**  
R: 1:08.92 Marian B. McKechnie 85  
1:18.60 Sally Sheppard 81 06/13/93

**100m Back Women 80-84**  
R: 2:42.86 Marian B. McKechnie 85  
2:48.81 Win Kennedy 80 08/08/93

**200m Back Women 80-84**  
R: 5:49.67 Marian B. McKechnie 84  
-no swimmer-

**50m Brst Women 80-84**  
R: 1:21.08 Dorothy F. Hopkins 90  
-no swimmer-

**100m Brst Women 80-84**  
R: 3:10.07 Win Kennedy 93  
3:10.07 Win Kennedy 80 08/08/93

**200m Brst Women 80-84**  
R: 7:04.15 Dorothy F. Hopkins 90  
-no swimmer-

**50m Fly Women 80-84**  
R: 1:22.10 Dorothy F. Hopkins 90  
-no swimmer-

**100m Fly Women 80-84**  
R: 3:02.99 Dorothy F. Hopkins 90  
-no swimmer-

**200m Fly Women 80-84**  
R: 6:58.98 Dorothy F. Hopkins 90  
-no swimmer-

**200m L.M. Women 80-84**  
R: 6:02.99 Dorothy F. Hopkins 89  
6:37.58 Win Kennedy 80 07/18/93

**400m L.M. Women 80-84**  
R: 13:07.22 Dorothy F. Hopkins 89  
-no swimmer-

**50m Free Women 85-89**  
R: 1:07.18 Marian B. McKechnie 89  
1:22.00 M.B. McKechnie 88 05/02/93

**100m Free Women 85-89**  
R: 2:59.29 Marian B. McKechnie 90  
-no swimmer-

**200m Free Women 85-89**  
R: 5:47.38 Marian B. McKechnie 89  
-no swimmer-

**400m Free Women 85-89**  
R: 13:37.88 Marian B. McKechnie 90  
-no swimmer-

**800m Free Women 85-89**  
R: 28:05.83 Marian B. McKechnie 90  
28:23.86 M.B. McKechnie 88 05/02/93

**1500m Back Women 85-89**  
R: 52:23.80 Marian B. McKechnie 89  
-no swimmer-

**50m Back Women 85-89**  
R: 1:18.66 Marian B. McKechnie 89  
1:30.59 M.B. McKechnie 88 05/02/93

**100m Back Women 85-89**  
R: 3:04.69 Marian B. McKechnie 89  
-no swimmer-

**200m Back Women 85-89**  
R: 6:20.47 Marian B. McKechnie 89  
-no swimmer-

**50m Free Men 19-24**  
R: 25.02 Chris L. Stevenson 89  
26.03 Greg Burns 19 07/18/93  
26.19 Anthony I. Zarka 23 07/18/93  
26.50 Mickey M. Mitaly 22 07/18/93  
26.77 John P. Carr 23 07/18/93  
26.91 A.T. Costantini 22 07/18/93

**100m Free Men 19-24**  
R: 54.16 Chris L. Stevenson 88  
56.95 Greg Burns 19 07/18/93  
57.69 A.T. Costantini 22 07/18/93  
58.48 John P. Carr 23 07/18/93  
58.75 Mickey M. Mitaly 22 07/18/93  
1:02.69 Todd V. Haraminac 24 07/18/93

**200m Free Men 19-24**  
R: 2:01.49 Chris L. Stevenson 89  
2:05.00 A.T. Costantini 22 07/18/93  
2:11.76 John P. Carr 23 07/18/93  
2:15.29 Mickey M. Mitaly 22 07/18/93  
2:17.11 Anthony I. Zarka 23 07/18/93  
2:22.22 Todd V. Haraminac 24 07/18/93

**400m Free Men 19-24**  
R: 4:20.67 A.T. Costantini 93  
4:20.67 A.T. Costantini 22 07/18/93  
4:43.92 John P. Carr 23 07/18/93  
5:02.84 Mickey M. Mitaly 22 07/18/93

**800m Free Men 19-24**  
-no record-  
-no swimmer-

**1500m Free Men 19-24**  
R: 18:06.12 A.T. Costantini 93  
18:06.12 A.T. Costantini 22 07/18/93  
19:12.89 John P. Carr 23 07/18/93

21:14.12 Anthony I. Zarka 23 07/18/93

**50m Back Men 19-24**  
R: 28.06 Chris L. Stevenson 87  
28.74 Greg Burns 19 07/18/93

**100m Back Men 19-24**  
R: 1:01.85 Chris L. Stevenson 88  
1:04.76 Greg Burns 19 07/18/93

**200m Back Men 19-24**  
R: 2:15.36 Chris L. Stevenson 87  
2:20.93 A.T. Costantini 22 07/18/93  
2:46.97 Anthony I. Zarka 23 07/18/93

**50m Brst Men 19-24**  
R: 32.39 Greg Burns 93  
32.39 Greg Burns 19 07/18/93  
35.65 John P. Carr 23 07/18/93  
38.38 Todd V. Haraminac 24 07/18/93  
47.83 Jame B. Daugherty 19 07/18/93

**100m Brst Men 19-24**  
R: 1:15.24 Greg Burns 93  
1:15.24 Greg Burns 19 07/18/93  
1:19.94 John P. Carr 23 07/18/93  
1:29.95 Anthony I. Zarka 23 07/18/93

**200m Brst Men 19-24**  
R: 2:54.78 A.T. Costantini 93  
2:54.78 A.T. Costantini 22 07/18/93  
3:02.58 John P. Carr 23 07/18/93

**50m Fly Men 19-24**  
R: 26.59 Chris L. Stevenson 87  
26.82 Greg Burns 19 07/18/93  
29.32 A.T. Costantini 22 07/18/93  
29.51 Mickey M. Mitaly 22 07/18/93  
29.59 John P. Carr 23 07/18/93  
33.12 Anthony I. Zarka 23 07/18/93

**100m Fly Men 19-24**  
R: 58.84 Chris L. Stevenson 88  
1:01.20 Greg Burns 19 07/18/93  
1:08.05 John P. Carr 23 07/18/93  
1:08.73 Mickey M. Mitaly 22 07/18/93

**200m Fly Men 19-24**  
R: 2:17.46 A.T. Costantini 93  
2:17.46 A.T. Costantini 22 07/18/93

**200m L.M. Men 19-24**  
R: 2:20.67 A.T. Costantini 93  
2:20.67 A.T. Costantini 22 07/18/93  
2:30.11 John P. Carr 23 07/18/93  
2:39.64 Anthony I. Zarka 23 07/18/93  
2:41.97 Mickey M. Mitaly 22 07/18/93

**400m L.M. Men 19-24**  
R: 6:06.17 Anthony I. Zarka 93  
6:06.17 Anthony I. Zarka 23 07/18/93

**50m Free Men 25-29**  
R: 23.69 Robin G. Ramirez 85  
25.81 Daniel J. Hayes 29 07/18/93  
26.43 Jack C. McKean 28 07/18/93  
26.97 Greg B. Stelle 26 07/18/93  
27.52 Keith T. Wiley 25 07/18/93  
27.85 Joe R. Noel 27 07/18/93

**100m Free Men 25-29**  
R: 54.53 Robin G. Ramirez 85  
56.66 Paul W. Robinson 25 07/18/93  
57.95 Daniel J. Hayes 29 07/18/93  
1:00.54 Greg B. Stelle 26 07/18/93  
1:01.40 Walter Steele 29 07/18/93  
1:02.76 Keith T. Wiley 25 07/18/93

**200m Free Men 25-29**  
R: 2:03.72 Paul W. Robinson 93  
2:03.72 Paul W. Robinson 25 07/18/93  
2:12.26 Daniel J. Hayes 29 07/18/93  
2:13.73 Greg B. Stelle 26 07/18/93  
2:18.38 Walter Steele 29 07/18/93

**400m Free Men 25-29**  
R: 4:23.17 Robert K. Nichols 85  
4:28.13 Paul W. Robinson 25 07/18/93  
4:49.94 Greg B. Stelle 26 07/18/93

**800m Free Men 25-29**  
R: 9:25.52 Robert K. Nichols 85  
-no swimmer-

**1500m Free Men 25-29**  
R: 17:08.92 Robert K. Nichols 85  
20:36.10 Greg B. Stelle 26 07/18/93

**50m Back Men 25-29**  
R: 29.68 Stephen D. Barnicoat 89  
30.42 Jack C. McKean 28 07/18/93  
33.46 Greg B. Stelle 26 07/18/93  
33.87 Walter Steele 29 07/18/93  
34.67 Daniel J. Hayes 29 07/18/93

**100m Back Men 25-29**  
R: 1:03.54 Jack Salzman 88  
1:09.68 Paul W. Robinson 25 07/18/93  
1:13.12 Greg B. Stelle 26 07/18/93  
1:17.10 Walter Steele 29 07/18/93  
1:21.31 Keith T. Wiley 25 07/18/93

**200m Back Men 25-29**  
R: 2:17.77 Stephen D. Barnicoat 89  
2:22.66 Paul W. Robinson 25 07/18/93  
2:46.58 Walter Steele 29 07/18/93

**50m Brst Men 25-29**  
R: 31.83 Doug Solits 87  
33.52 Greg B. Stelle 26 07/18/93  
34.88 F.Charmforoosh 27 07/18/93  
35.54 Jack C. McKean 28 07/18/93

**100m Brst Men 25-29**  
R: 1:10.84 Doug Solits 87  
1:14.27 Greg B. Stelle 26 07/18/93  
1:17.64 F.Charmforoosh 27 07/18/93  
1:28.33 Mike Wise 29 06/13/93

**200m Brst Men 25-29**  
R: 2:41.56 Ty B. Segrest 89  
2:48.48 F.Charmforoosh 27 07/18/93  
2:54.52 Greg B. Stelle 26 07/18/93

**50m Fly Men 25-29**  
R: 26.46 Robin G. Ramirez 85  
27.62 Jack C. McKean 28 07/18/93  
28.22 Daniel J. Hayes 29 07/18/93  
29.35 F.Charmforoosh 27 07/18/93  
29.42 Joe R. Noel 27 07/18/93  
30.97 Greg B. Stelle 26 07/18/93

**100m Fly Men 25-29**  
R: 58.71 Chris L. Stevenson 90  
1:09.06 F.Charmforoosh 27 07/18/93  
1:10.23 Walter Steele 29 07/18/93

**200m Fly Men 25-29**  
R: 2:15.02 Timothy M. Dodge 88  
2:44.30 Paul W. Robinson 25 07/18/93

**200m L.M. Men 25-29**  
R: 2:23.67 Stephen D. Barnicoat 89  
2:25.27 Paul W. Robinson 25 07/18/93  
2:37.61 F.Charmforoosh 27 07/18/93  
2:52.08 Keith T. Wiley 25 07/18/93

**400m L.M. Men 25-29**  
R: 5:08.68 Stephen D. Barnicoat 89  
5:19.44 Paul W. Robinson 25 07/18/93  
5:36.94 F.Charmforoosh 27 07/18/93

**50m Free Men 30-34**  
R: 25.08 Robin G. Ramirez 89  
25.96 Brian E. Vaile 31 06/13/93  
26.49 Thomas G. Smith 31 07/18/93  
27.39 J.T. Salomon 32 07/18/93  
27.47 Ron L. Collins 31 07/18/93  
28.01 Steve W. Grossman 31 06/13/93

**100m Free Men 30-34**  
R: 56.52 Roy C. Deary 93  
56.52 Roy C. Deary 31 07/18/93  
56.98 Brian E. Vaile 31 06/13/93  
58.71 Thomas G. Smith 31 07/18/93  
59.40 Ron L. Collins 31 07/18/93  
1:01.96 Steve W. Grossman 31 06/13/93

**200m Free Men 30-34**  
R: 2:03.08 Lucky Meisenheimer 90  
2:05.63 Thomas G. Smith 31 07/18/93  
2:08.66 Roy C. Deary 31 07/18/93  
2:12.02 Ron L. Collins 31 07/18/93  
2:23.63 Larry D. Low 34 07/18/93

**400m Free Men 30-34**  
R: 4:30.60 Robert K. Nichols 88  
4:35.37 Thomas G. Smith 31 07/18/93  
5:49.42 Jorge J. Lense 34 07/18/93



6:05.00 Michael P. Minyon 32 07/18/93  
**800m Free Men 30-34**  
R: 9:21.04 Robert K. Nichols 89  
9:45.28 Gary S. Peters 32 05/02/93  
**1500m Free Men 30-34**  
R: 17:06.73 Robert K. Nichols 88  
19:33.21 Ron L. Collins 31 07/18/93  
20:41.56 Steve W. Grossman 31 07/18/93  
22:34.45 Paul G. O'Brien 33 07/18/93  
25:56.24 Kenneth S. Morgan 30 07/18/93

**50m Back Men 30-34**  
R: 30.68 Brian E. Vaile 93  
30.68 Brian E. Vaile 31 07/18/93  
32.97 Ron L. Collins 31 07/18/93  
33.19 J.T. Salomon 32 07/18/93  
35.65 Lary D. Low 34 07/18/93  
40.52 Steve E. Willis 32 06/13/93

**100m Back Men 30-34**  
R: 1:10.45 Michael B. Darling 88  
1:12.38 Brian E. Vaile 31 06/13/93  
1:16.02 J.T. Salomon 32 07/18/93  
1:20.69 Gene R. Kennedy 33 07/18/93

**200m Back Men 30-34**  
R: 2:34.20 Michael B. Darling 88  
2:45.96 R.W. Niedrich 33 07/18/93  
2:52.35 Gene R. Kennedy 33 07/18/93  
3:10.73 Steve E. Willis 32 06/13/93

**50m Brst Men 30-34**  
R: 30.88 Chester Miltenberger 82  
36.63 Brian E. Vaile 31 07/18/93  
37.38 Steve W. Grossman 31 06/13/93  
37.73 Ron L. Collins 31 07/18/93  
39.77 Gene R. Kennedy 33 07/18/93  
41.81 James A. Gildea 30 07/18/93

**100m Brst Men 30-34**  
R: 1:11.60 Doug Malcolm 89  
1:18.69 Thomas G. Smith 31 07/18/93  
1:19.05 Brian E. Vaile 31 07/18/93  
1:21.30 Steve W. Grossman 31 06/13/93  
1:28.03 R.W. Niedrich 33 07/18/93  
1:29.98 Gene R. Kennedy 33 07/18/93

**200m Brst Men 30-34**  
R: 2:46.89 Chester Miltenberger 86  
2:50.86 Thomas G. Smith 31 07/18/93  
2:53.61 Brian E. Vaile 31 06/13/93  
3:03.95 Steve W. Grossman 31 06/13/93  
3:19.94 Gene R. Kennedy 33 07/18/93

**50m Fly Men 30-34**  
R: 27.35 Robin G. Ramirez 89  
28.05 Thomas G. Smith 31 07/18/93  
28.40 Brian E. Vaile 31 07/18/93  
29.01 Ron L. Collins 31 07/18/93  
30.29 Larry D. Low 34 07/18/93  
30.63 Steve W. Grossman 31 06/13/93

**100m Fly Men 30-34**  
R: 1:00.87 Chester Miltenberger 83  
1:01.91 Thomas G. Smith 31 07/18/93  
1:03.31 Ron L. Collins 31 07/18/93  
1:04.63 Brian E. Vaile 31 06/13/93  
1:07.94 R.W. Niedrich 33 07/18/93  
1:19.60 Steve W. Grossman 31 06/13/93

**200m Fly Men 30-34**  
R: 2:18.24 Paul S. Wise 88  
2:18.36 Thomas G. Smith 31 07/18/93  
2:22.63 Ron L. Collins 31 07/18/93  
3:00.03 Steve W. Grossman 31 06/13/93

**200m L.M. Men 30-34**  
R: 2:20.60 Chris M. Olden 93  
2:20.60 Chris M. Olden 31 07/18/93  
2:24.13 Thomas G. Smith 31 07/18/93  
2:26.53 Brian E. Vaile 31 07/18/93  
2:30.17 Ron L. Collins 31 07/18/93  
2:41.38 R.W. Niedrich 33 07/18/93

**400m L.M. Men 30-34**  
R: 5:14.80 Scott P. McMillen 87  
5:23.04 Brian E. Vaile 31 07/18/93  
5:58.01 Steve W. Grossman 31 06/13/93

**50m Free Men 35-39**  
R: 25.53 Chester Miltenberger 88  
26.03 Tim S. McGinnis 35 07/18/93  
26.11 L.J. Meisenheimer 35 07/18/93

26.41 Andy D. Smith 36 07/18/93  
27.66 William L. Specht 35 05/02/93  
27.72 A.L. Poucher, Jr. 38 07/18/93

**100m Free Men 35-39**  
R: 56.05 Chester Miltenberger 88  
57.04 L.J. Meisenheimer 35 07/18/93  
58.59 Tim S. McGinnis 35 07/18/93  
58.67 Andy D. Smith 36 07/18/93  
1:00.95 Paul S. Wise 37 07/18/93  
1:03.41 A.L. Poucher, Jr. 38 07/18/93

**200m Free Men 35-39**  
R: 2:04.61 Jeffrey J. Perout 89  
2:05.59 L.J. Meisenheimer 35 07/18/93  
2:11.54 Paul S. Wise 37 07/18/93  
2:12.36 Andy D. Smith 36 07/18/93  
2:14.52 Tim S. McGinnis 35 07/18/93  
2:29.89 E. Howard Dixon 35 07/18/93

**400m Free Men 35-39**  
R: 4:29.03 Jeffrey J. Perout 89  
4:38.12 Paul S. Wise 37 07/18/93  
4:38.44 L.J. Meisenheimer 35 07/18/93  
4:50.62 Andy D. Smith 36 07/18/93  
5:17.32 M.S. Hoffman 39 07/18/93  
5:28.02 Michael L. Castle 38 07/18/93

**800m Free Men 35-39**  
R: 9:09.59 Brant S. Bittner 88  
-no swimmer-

**1500m Free Men 35-39**  
R: 18:39.55 Paul S. Wise 93  
18:39.55 Paul S. Wise 37 07/18/93  
20:00.26 Andy D. Smith 36 07/18/93  
21:03.18 A.L. Poucher, Jr. 38 07/18/93  
21:31.45 Michael L. Castle 38 07/18/93  
21:56.38 Larry D. Peck 39 07/18/93

**50m Back Men 35-39**  
R: 29.77 Jeffrey J. Perout 89  
31.11 William L. Specht 35 05/02/93  
32.24 Andy D. Smith 36 07/18/93  
32.77 Barton G. Cobb 38 07/18/93  
33.90 A.L. Poucher, Jr. 38 07/18/93  
33.97 Paul S. Wise 37 07/18/93

**100m Back Men 35-39**  
R: 1:05.48 Jeffrey J. Perout 89  
1:05.72 William L. Specht 35 08/08/93  
1:12.06 Andy D. Smith 36 07/18/93  
1:13.90 Barton G. Cobb 38 07/18/93  
1:14.42 Paul S. Wise 37 07/18/93  
1:14.77 Clinton R. Riley 37 07/18/93

**200m Back Men 35-39**  
R: 2:26.20 Brant S. Bittner 88  
2:32.72 William L. Specht 35 08/08/93  
2:39.42 Paul S. Wise 37 07/18/93  
2:43.63 Clinton R. Riley 37 07/18/93  
2:50.98 Joe F. Securo 37 07/18/93  
3:07.64 E. Howard Dixon 35 07/18/93

**50m Brst Men 35-39**  
R: 31.52 Chester Miltenberger 87  
35.11 Andy D. Smith 36 07/18/93  
36.03 A.L. Poucher, Jr. 38 07/18/93  
36.39 Clinton R. Riley 37 07/18/93  
36.66 Barton G. Cobb 38 07/18/93  
38.83 David S. Maehr 37 07/18/93

**100m Brst Men 35-39**  
R: 1:10.20 Chester Miltenberger 87  
1:20.72 Barton G. Cobb 38 07/18/93  
1:20.75 A.L. Poucher, Jr. 38 07/18/93  
1:21.04 Clinton R. Riley 37 07/18/93  
1:31.63 Michael L. Castle 38 07/18/93  
1:36.20 R.A. Robinson 39 07/18/93

**200m Brst Men 35-39**  
R: 2:38.58 Chester Miltenberger 88  
2:57.39 Clinton R. Riley 37 07/18/93  
3:01.72 Barton G. Cobb 38 07/18/93  
3:02.22 A.L. Poucher, Jr. 38 07/18/93  
3:31.69 Michael L. Castle 38 07/18/93

**50m Fly Men 35-39**  
R: 27.34 Kevin M. McCormack 90  
27.55 William L. Specht 35 05/02/93  
28.79 L.J. Meisenheimer 35 07/18/93  
29.11 A.L. Poucher, Jr. 38 07/18/93  
29.45 Tim S. McGinnis 35 07/18/93  
29.75 Barton G. Cobb 38 07/18/93

**100m Fly Men 35-39**  
R: 1:00.73 William L. Specht 93  
1:00.73 William L. Specht 35 08/08/93  
1:04.36 Paul S. Wise 37 07/18/93  
1:10.34 A.L. Poucher, Jr. 38 07/18/93

**200m Fly Men 35-39**  
R: 2:25.65 Paul S. Wise 93  
2:25.65 Paul S. Wise 37 07/18/93  
2:53.74 L.J. Meisenheimer 35 07/18/93

**200m L.M. Men 35-39**  
R: 2:23.34 Brant S. Bittner 88  
2:32.99 Paul S. Wise 37 07/18/93  
2:37.55 A.L. Poucher, Jr. 38 07/18/93  
2:38.81 L.J. Meisenheimer 35 07/18/93  
2:39.81 Clinton R. Riley 37 07/18/93  
2:50.36 M.S. Hoffman 39 07/18/93

**400m L.M. Men 35-39**  
R: 5:04.63 Brant S. Bittner 88  
5:28.56 Paul S. Wise 37 07/18/93  
5:45.36 L.J. Meisenheimer 35 07/18/93  
6:08.23 Clinton R. Riley 37 07/18/93

**50m Free Men 40-44**  
R: 26.54 C.D. Miltenberger 93  
26.54 C.D. Miltenberger 41 07/18/93  
27.41 K.M. McCormack 40 06/13/93  
27.62 Robert A. Maestre 43 07/18/93  
28.53 Rick B. Walker 42 06/13/93  
28.69 John F. Edwards 44 07/18/93

**100m Free Men 40-44**  
R: 58.91 Burwell Jones 74  
59.59 C.D. Miltenberger 41 07/18/93  
1:02.11 Robert A. Maestre 43 07/18/93  
1:02.23 K.M. McCormack 40 06/13/93  
1:03.76 Rick B. Walker 42 06/13/93  
1:04.20 John F. Edwards 44 07/18/93

**200m Free Men 40-44**  
R: 2:09.08 Burwell Jones 74  
2:21.69 Robert A. Maestre 43 07/18/93  
2:22.73 Rick B. Walker 42 07/18/93  
2:23.97 John F. Edwards 44 07/18/93  
2:39.24 Bill D. Stephens 41 07/18/93  
2:44.21 David N. Perkey 42 07/18/93

**400m Free Men 40-44**  
R: 4:38.82 Burwell Jones 74  
4:59.96 John F. Edwards 44 07/18/93  
5:18.60 Robert A. Maestre 43 06/13/93  
5:39.44 Bill D. Stephens 41 07/18/93  
5:54.22 David N. Perkey 42 07/18/93

**800m Free Men 40-44**  
R: 12:14.95 John P. Bishop 89  
14:06.67 Bruce E. Day 43 05/02/93  
14:07.22 Jim P. Kiernan 42 05/02/93

**1500m Free Men 40-44**  
R: 18:41.90 Burwell Jones 74  
-no swimmer-

**50m Back Men 40-44**  
R: 33.77 Peter R. Betzer 84  
34.20 Scott M. Harris 40 07/18/93  
34.60 K.M. McCormack 40 06/13/93  
37.47 Robert W. Davie 41 06/13/93  
38.14 James M. Donnelly 44 06/13/93  
41.82 Kenneth D. Wall 43 06/13/93

**100m Back Men 40-44**  
R: 1:10.67 Burwell Jones 73  
1:16.10 Scott M. Harris 40 07/18/93  
1:24.73 K.M. McCormack 40 06/13/93

**200m Back Men 40-44**  
R: 2:40.18 Burwell Jones 76  
2:52.61 Robert W. Davie 41 06/13/93  
2:53.20 Robert A. Maestre 43 07/18/93  
2:53.79 Scott M. Harris 40 07/18/93  
3:05.05 Thomas Durban 43 07/18/93  
3:32.09 Bill D. Stephens 41 07/18/93

**50m Brst Men 40-44**  
R: 33.38 C.D. Miltenberger 93  
33.38 C.D. Miltenberger 41 07/18/93  
35.22 Rick B. Walker 42 06/13/93  
37.35 James M. Donnelly 44 07/18/93  
38.91 David P. Gauldin 41 07/18/93

**100m Brst Men 40-44**  
R: 1:15.46 C.D. Miltenberger 93  
1:15.46 C.D. Miltenberger 41 07/18/93  
1:17.95 Rick B. Walker 42 06/13/93  
1:23.40 James M. Donnelly 44 07/18/93  
1:25.32 David P. Gauldin 41 07/18/93  
1:33.31 Kenneth D. Wall 43 06/13/93

**200m Brst Men 40-44**  
R: 2:48.53 C.D. Miltenberger 93  
2:48.53 C.D. Miltenberger 41 07/18/93  
2:53.28 Rick B. Walker 42 07/18/93  
3:05.07 David P. Gauldin 41 07/18/93  
3:05.08 James M. Donnelly 44 07/18/93

**50m Fly Men 40-44**  
R: 28.13 K.M. McCormack 93  
28.13 K.M. McCormack 40 06/13/93  
31.26 Robert A. Maestre 43 06/13/93  
33.67 Bill D. Stephens 41 07/18/93  
34.54 Rick B. Walker 42 07/18/93  
34.79 Kenneth D. Wall 43 06/13/93

**100m Fly Men 40-44**  
R: 1:04.58 K.M. McCormack 93  
1:04.58 K.M. McCormack 40 06/13/93  
1:22.31 David N. Perkey 42 07/18/93  
1:24.69 Bill D. Stephens 41 07/18/93

**200m Fly Men 40-44**  
R: 2:49.20 Burwell Jones 77  
3:13.16 David N. Perkey 42 07/18/93  
3:20.02 Bill D. Stephens 41 07/18/93

**200m L.M. Men 40-44**  
R: 2:29.70 Burwell Jones 74  
2:47.54 John F. Edwards 44 07/18/93  
2:48.34 Robert A. Maestre 43 07/18/93  
2:55.55 James M. Donnelly 44 07/18/93  
3:04.38 Kenneth D. Wall 43 07/18/93  
3:06.12 David N. Perkey 42 07/18/93

**400m L.M. Men 40-44**  
R: 5:41.96 Burwell Jones 77  
6:14.03 John F. Edwards 44 07/18/93

**50m Free Men 45-49**  
R: 26.28 Thomas W. Peek 93  
26.28 Thomas W. Peek 45 07/18/93  
28.11 John A. McCarthy 48 06/13/93  
28.43 John P. Maguire 46 05/02/93  
29.46 H. Jack Pyhel 49 07/18/93  
33.36 Steven D. Grau 47 05/02/93

**100m Free Men 45-49**  
R: 1:04.54 John A. McCarthy 93  
1:04.54 John A. McCarthy 48 06/13/93  
1:07.70 Mark T. Ebel 45 07/18/93  
1:15.19 John P. Bishop 48 07/18/93  
1:16.32 Howard Brown 48 08/08/93

**200m Free Men 45-49**  
R: 2:25.53 John A. McCarthy 93  
2:25.53 John A. McCarthy 48 06/13/93  
2:35.35 Bill Pilmore 45 07/18/93  
2:44.32 C.D. Nielsen 47 07/18/93

**400m Free Men 45-49**  
R: 5:20.63 H. Jack Pyhel 93  
5:20.63 H. Jack Pyhel 49 07/18/93  
5:52.32 C.D. Nielsen 47 07/18/93

**800m Free Men 45-49**  
R: 13:33.61 Howard Brown 93  
13:33.61 Howard Brown 48 08/08/93

**1500m Free Men 45-49**  
-no record-  
-no swimmer-

**50m Back Men 45-49**  
R: 33.34 Peter R. Betzer 87  
34.15 Thomas W. Peek 45 07/18/93  
36.48 Bill Pilmore 45 07/18/93  
38.11 John P. Maguire 46 05/02/93  
39.75 H. Jack Pyhel 49 07/18/93  
42.29 John P. Bishop 48 07/18/93

**100m Back Men 45-49**  
R: 1:14.59 Peter R. Betzer 87  
1:20.03 Bill Pilmore 45 07/18/93

**200m Back Men 45-49**  
R: 2:40.81 *Burwell Jones 78*  
2:54.89 *Bill Pilmore 45 07/18/93*

**50m Brst Men 45-49**  
R: 36.45 *Scott Guthrie 93*  
36.45 *Scott Guthrie 48 07/18/93*  
41.16 *Bill Pilmore 45 07/18/93*  
42.63 *John P. Bishop 48 07/18/93*

**100m Brst Men 45-49**  
R: 1:22.62 *Peter R. Betzer 88*  
1:24.54 *Scott Guthrie 48 07/18/93*  
1:30.70 *Bill Pilmore 45 07/18/93*  
1:36.12 *John P. Bishop 48 07/18/93*

**200m Brst Men 45-49**  
R: 3:08.57 *Peter R. Betzer 88*  
3:17.57 *Bill Pilmore 45 07/18/93*

**50m Fly Men 45-49**  
R: 30.26 *C.D. Nielsen 93*  
30.26 *C.D. Nielsen 47 07/18/93*  
34.49 *Bill Pilmore 45 07/18/93*

**100m Fly Men 45-49**  
R: 1:16.34 *C.D. Nielsen 93*  
1:16.34 *C.D. Nielsen 47 07/18/93*  
1:52.06 *Howard Brown 48 08/08/93*

**200m Fly Men 45-49**  
R: 3:13.56 *H. Jack Pyhel 93*  
3:13.56 *H. Jack Pyhel 49 07/18/93*  
3:18.39 *C.D. Nielsen 47 07/18/93*

**200m L.M. Men 45-49**  
R: 2:37.60 *Burwell Jones 78*  
2:50.76 *Bill Pilmore 45 07/18/93*  
2:53.85 *H. Jack Pyhel 49 07/18/93*  
3:04.35 *C.D. Nielsen 47 07/18/93*

**400m L.M. Men 45-49**  
R: 6:18.92 *Peter R. Betzer 88*  
6:44.22 *John A. McCarthy 48 06/13/93*

**50m Free Men 50-54**  
R: 27.40 *John C.S. Smith 89*  
29.61 *Gary Trimble 50 07/18/93*  
31.29 *D.L. Greele, Jr. 50 07/18/93*  
33.14 *Bill Rodenfels 51 07/18/93*  
35.11 *G.J. Kauffman 54 07/18/93*  
37.06 *Allen J. Whitcomb 53 06/13/93*

**100m Free Men 50-54**  
R: 1:02.87 *Bob Bailie 89*  
1:06.61 *Gary Trimble 50 07/18/93*  
1:14.30 *Bill Rodenfels 51 07/18/93*  
1:34.39 *Roy Ward 52 07/18/93*  
2:17.34 *Joe H. Baker 54 08/08/93*

**200m Free Men 50-54**  
R: 2:17.97 *Burwell Jones 85*  
2:39.58 *Gary Trimble 50 07/18/93*  
2:54.03 *Bill Rodenfels 51 07/18/93*  
3:43.43 *Roy Ward 52 07/18/93*

**400m Free Men 50-54**  
R: 5:13.86 *Burwell Jones 88*  
6:06.63 *Bill Rodenfels 51 07/18/93*  
6:25.71 *G.J. Kauffman 54 07/18/93*  
10:48.58 *Joe H. Baker 54 07/18/93*

**800m Free Men 50-54**  
R: 10:43.71 *Burwell Jones 88*  
21:20.25 *Joe H. Baker 54 08/08/93*

**1500m Free Men 50-54**  
R: 19:28.41 *Burwell Jones 85*  
25:04.80 *Bill Rodenfels 51 07/18/93*  
26:03.50 *G.J. Kauffman 54 07/18/93*  
42:00.96 *Joe H. Baker 54 07/18/93*

**50m Back Men 50-54**  
R: 30.93 *John C.S. Smith 88*  
36.74 *Gary Trimble 50 07/18/93*  
44.33 *Allen J. Whitcomb 53 06/13/93*  
46.79 *Bill Rodenfels 51 07/18/93*  
53.27 *Roy Ward 52 07/18/93*  
1:02.78 *William E. Ragan 51 07/18/93*

**100m Back Men 50-54**  
R: 1:10.14 *John C.S. Smith 88*  
1:29.83 *Gary Trimble 50 07/18/93*  
1:46.31 *Bill Rodenfels 51 07/18/93*  
1:56.84 *Roy Ward 52 07/18/93*  
2:34.74 *William E. Ragan 51 07/18/93*

**200m Back Men 50-54**  
R: 2:35.44 *Burwell Jones 85*  
4:01.33 *Roy Ward 52 07/18/93*

**50m Brst Men 50-54**  
R: 38.41 *Raymond S. Burns 85*  
38.96 *Allen J. Whitcomb 53 06/13/93*  
39.26 *Gary Trimble 50 07/18/93*  
51.28 *Roy Ward 52 07/18/93*  
1:05.48 *William E. Ragan 51 07/18/93*

**100m Brst Men 50-54**  
R: 1:25.15 *Raymond S. Burns 85*  
1:29.75 *Gary Trimble 50 07/18/93*  
1:30.65 *Allen J. Whitcomb 53 06/13/93*  
2:05.82 *Roy Ward 52 07/18/93*  
2:29.16 *William E. Ragan 51 07/18/93*  
3:43.09 *Joe H. Baker 54 07/18/93*

**200m Brst Men 50-54**  
R: 3:16.22 *Raymond S. Burns 85*  
3:19.46 *Gary Trimble 50 07/18/93*  
4:52.91 *Roy Ward 52 07/18/93*  
5:26.41 *William E. Ragan 51 07/18/93*

**50m Fly Men 50-54**  
R: 30.04 *John C.S. Smith 88*  
32.77 *Gary Trimble 50 07/18/93*  
38.05 *Bill Rodenfels 51 07/18/93*  
40.67 *Allen J. Whitcomb 53 06/13/93*  
1:23.83 *William E. Ragan 51 07/18/93*

**100m Fly Men 50-54**  
R: 3:12.56 *W.E. Ragan 93*  
3:12.56 *William E. Ragan 51 07/18/93*  
3:23.73 *Joe H. Baker 54 08/08/93*

**200m Fly Men 50-54**  
R: 3:05.99 *Burwell Jones 85*  
7:59.80 *Joe H. Baker 54 07/18/93*

**200m L.M. Men 50-54**  
R: 2:35.51 *Burwell Jones 85*  
3:00.97 *Gary Trimble 50 07/18/93*  
7:04.41 *Joe H. Baker 54 07/18/93*

**400m L.M. Men 50-54**  
R: 5:41.04 *Burwell Jones 85*  
-no swimmer-

**50m Free Men 55-59**  
R: 28.76 *Jack R. Beattie 90*  
30.26 *Jack R. Beattie 58 07/18/93*  
31.52 *Henry J. Glancy 55 07/18/93*  
33.22 *Victor Sirbu 55 07/18/93*  
33.71 *Harry M. Piper 58 05/02/93*  
34.17 *George W. Mann 55 07/18/93*

**100m Free Men 55-59**  
R: 1:04.19 *Burwell Jones 88*  
1:08.19 *Jack R. Beattie 58 07/18/93*  
1:11.05 *Henry J. Glancy 55 07/18/93*  
1:17.44 *Victor Sirbu 55 07/18/93*  
1:17.46 *George W. Mann 55 07/18/93*  
1:17.82 *John R. Cox 58 07/18/93*

**200m Free Men 55-59**  
R: 2:22.94 *Burwell Jones 88*  
2:41.98 *Henry J. Glancy 55 07/18/93*  
2:53.49 *George W. Mann 55 07/18/93*  
2:57.67 *Victor Sirbu 55 07/18/93*  
3:03.50 *John R. Cox 58 07/18/93*  
3:08.60 *Neil T. Wilson 55 06/13/93*

**400m Free Men 55-59**  
R: 4:58.41 *Burwell Jones 88*  
5:53.93 *Telfair Mahaffy 57 07/18/93*  
5:56.38 *George W. Mann 55 07/18/93*  
6:21.12 *Henry J. Glancy 55 06/13/93*  
6:25.74 *Victor Sirbu 55 07/18/93*  
6:37.46 *John R. Cox 58 07/18/93*

**800m Free Men 55-59**  
R: 10:24.08 *Burwell Jones 88*  
14:00.87 *John R. Cox 58 05/02/93*

**1500m Free Men 55-59**  
R: 19:54.72 *Burwell Jones 90*  
23:44.24 *Jack R. Beattie 58 07/18/93*  
24:08.63 *George W. Mann 55 07/18/93*  
24:36.04 *Victor Sirbu 55 07/18/93*  
26:55.60 *John R. Cox 58 07/18/93*

**50m Back Men 55-59**  
R: 33.45 *Jack R. Beattie 90*  
35.31 *Jack R. Beattie 58 07/18/93*  
39.10 *Henry J. Glancy 55 07/18/93*  
44.93 *John R. Cox 58 07/18/93*  
50.26 *Victor Sirbu 55 07/18/93*  
52.82 *Jon R. Culbertson 58 07/18/93*

**100m Back Men 55-59**  
R: 1:13.15 *Jack R. Beattie 90*  
1:17.95 *Jack R. Beattie 58 07/18/93*  
1:26.20 *Henry J. Glancy 55 07/18/93*  
2:05.37 *Jon R. Culbertson 58 07/18/93*  
2:08.55 *Adam C. Leonard 56 06/13/93*

**200m Back Men 55-59**  
R: 2:44.29 *Burwell Jones 90*  
2:52.66 *Jack R. Beattie 58 07/18/93*  
3:01.92 *Henry J. Glancy 55 07/18/93*  
4:34.46 *Adam C. Leonard 56 06/13/93*

**50m Brst Men 55-59**  
R: 39.24 *Burwell Jones 88*  
41.22 *Henry J. Glancy 55 07/18/93*  
42.74 *Harry M. Piper 58 05/02/93*  
46.08 *George A. Andrasi 56 07/18/93*  
46.26 *Jack R. Beattie 58 07/18/93*  
46.35 *Angelo Ventillo 55 07/18/93*

**100m Brst Men 55-59**  
R: 1:39.13 *Harry M. Piper 93*  
1:39.13 *Harry M. Piper 58 08/08/93*  
1:40.85 *George A. Andrasi 56 06/13/93*  
1:43.11 *Angelo Ventillo 55 07/18/93*  
1:46.70 *Neil T. Wilson 55 07/18/93*  
2:04.94 *George W. Mann 55 07/18/93*

**200m Brst Men 55-59**  
R: 3:12.60 *Burwell Jones 88*  
3:37.97 *Harry M. Piper 58 08/08/93*  
3:43.73 *George A. Andrasi 56 07/18/93*  
3:44.00 *Angelo Ventillo 55 07/18/93*  
3:59.31 *Neil T. Wilson 55 07/18/93*  
4:50.43 *Adam C. Leonard 56 06/13/93*

**50m Fly Men 55-59**  
R: 32.12 *Burwell Jones 88*  
36.04 *Jack R. Beattie 58 07/18/93*  
36.44 *Telfair Mahaffy 57 07/18/93*  
38.34 *Victor Sirbu 55 07/18/93*  
44.60 *Angelo Ventillo 55 07/18/93*  
46.13 *George A. Andrasi 56 06/13/93*

**100m Fly Men 55-59**  
R: 1:13.94 *Burwell Jones 88*  
1:22.25 *Telfair Mahaffy 57 07/18/93*  
1:24.88 *Jack R. Beattie 58 07/18/93*  
1:44.18 *Victor Sirbu 55 07/18/93*  
1:49.39 *Angelo Ventillo 55 07/18/93*

**200m Fly Men 55-59**  
R: 3:13.77 *Telfair Mahaffy 93*  
3:13.77 *Telfair Mahaffy 57 07/18/93*  
4:41.09 *Angelo Ventillo 55 07/18/93*

**400m L.M. Men 55-59**  
R: 2:46.78 *Jack R. Beattie 90*  
2:57.51 *Jack R. Beattie 58 07/18/93*  
3:11.61 *Telfair Mahaffy 57 07/18/93*  
3:36.47 *Victor Sirbu 55 07/18/93*  
3:43.42 *George A. Andrasi 56 07/18/93*  
3:47.09 *Angelo Ventillo 55 07/18/93*

**50m Free Men 60-64**  
R: 29.90 *Gene G. Cunney 88*  
32.20 *Harold Ferris 62 07/18/93*  
39.70 *C.P. Randall 64 06/13/93*  
47.44 *Keith Burbridge 64 07/18/93*

**100m Free Men 60-64**  
R: 1:10.24 *Gene G. Cunney 88*  
1:17.34 *C.H. Kohnken 61 07/18/93*  
1:19.98 *Harold Ferris 62 07/18/93*  
1:34.60 *C.P. Randall 64 07/18/93*  
1:42.73 *West Dupes 62 07/18/93*  
1:43.34 *Ralph G. Perry 60 07/18/93*

**200m Free Men 60-64**  
R: 2:46.77 *Jim F. Williamson 88*  
2:50.90 *C.H. Kohnken 61 06/13/93*  
3:28.56 *Harold Ferris 62 06/13/93*  
3:31.04 *C.P. Randall 64 07/18/93*  
3:43.43 *Ralph G. Perry 60 07/18/93*  
4:29.12 *Keith Burbridge 64 07/18/93*

**400m Free Men 60-64**  
R: 6:04.47 *C.H. Kohnken 93*  
6:04.47 *C.H. Kohnken 61 06/13/93*  
6:43.21 *Roy H. Hewitt 60 07/18/93*  
7:26.13 *Harold Ferris 62 06/13/93*  
7:35.23 *C.P. Randall 64 06/13/93*  
7:56.02 *Ralph G. Perry 60 07/18/93*

**800m Free Men 60-64**  
R: 12:40.20 *C.H. Kohnken 93*  
12:40.20 *C.H. Kohnken 61 05/02/93*  
14:11.45 *Harold Ferris 62 08/08/93*  
17:11.97 *Ralph G. Perry 60 08/08/93*

**1500m Free Men 60-64**  
R: 24.28.08 *C.H. Kohnken 93*  
24:28.08 *C.H. Kohnken 61 07/18/93*  
31:58.82 *Ralph G. Perry 60 07/18/93*

**50m Back Men 60-64**  
R: 36.72 *Thomas E. Smith 88*  
40.24 *Roy H. Hewitt 60 07/18/93*  
40.27 *Robert G. Coulter 60 07/18/93*  
42.02 *Ralph N. Coxhead 64 07/18/93*  
46.55 *Harold Ferris 62 07/18/93*  
1:07.18 *Keith Burbridge 64 07/18/93*

**100m Back Men 60-64**  
R: 1:21.34 *Thomas E. Smith 88*  
1:26.32 *Roy H. Hewitt 60 07/18/93*  
1:36.02 *Ralph N. Coxhead 64 07/18/93*  
1:38.76 *Robert G. Coulter 60 07/18/93*  
1:47.95 *Harold Ferris 62 06/13/93*  
2:20.54 *West Dupes 62 07/18/93*

**200m Back Men 60-64**  
R: 3:04.93 *Thomas E. Smith 88*  
3:13.01 *Roy H. Hewitt 60 07/18/93*  
3:23.17 *Ralph N. Coxhead 64 07/18/93*  
3:41.66 *Robert G. Coulter 60 07/18/93*  
3:55.86 *Harold Ferris 62 06/13/93*  
5:23.16 *Keith Burbridge 64 07/18/93*

**50m Brst Men 60-64**  
R: 40.05 *Robert C. MacDonald 89*  
49.09 *Robert G. Coulter 60 06/13/93*  
1:00.67 *Keith Burbridge 64 07/18/93*

**100m Brst Men 60-64**  
R: 1:32.05 *Robert C. MacDonald 89*  
2:26.94 *Keith Burbridge 64 07/18/93*

**200m Brst Men 60-64**  
R: 3:44.66 *Abrasha Brainin 85*  
4:36.84 *Robert G. Coulter 60 07/18/93*  
5:27.51 *Keith Burbridge 64 06/13/93*

**50m Fly Men 60-64**  
R: 35.48 *Rogers B. Holmes 84*  
43.35 *Harold Ferris 62 07/18/93*  
1:04.25 *West Dupes 62 07/18/93*

**100m Fly Men 60-64**  
R: 1:31.42 *Robert C. MacDonald 89*  
-no swimmer-

**200m Fly Men 60-64**  
R: 3:57.64 *C.H. Kohnken 93*  
3:57.64 *C.H. Kohnken 61 07/18/93*

**200m L.M. Men 60-64**  
R: 3:03.49 *Thomas E. Smith 88*  
3:29.72 *C.H. Kohnken 61 07/18/93*

**400m L.M. Men 60-64**  
R: 7:38.60 *C.H. Kohnken 93*  
7:38.60 *C.H. Kohnken 61 07/18/93*

**50m Free Men 65-69**  
R: 31.31 *Rogers B. Holmes 87*  
31.92 *Paul Hutinger 68 06/13/93*  
35.37 *John M. Woods 69 07/18/93*  
39.13 *Al Rogerson 67 07/18/93*  
41.02 *R.M. Williams 65 07/18/93*

**100m Free Men 65-69**  
R: 1:17.72 Paul Hutinger 93  
1:17.72 Paul Hutinger 68 07/18/93  
1:20.01 John M. Woods 69 07/18/93  
1:37.88 Al Rogerson 67 07/18/93  
1:40.76 R.M. Williams 65 07/18/93

**200m Free Men 65-69**  
R: 3:05.28 John M. Woods 93  
3:05.28 John M. Woods 69 07/18/93  
3:54.31 R.M. Williams 65 07/18/93  
3:56.39 Al Rogerson 67 07/18/93

**400m Free Men 65-69**  
R: 6:22.63 Paul Hutinger 93  
6:22.63 Paul Hutinger 68 06/13/93  
8:21.74 Al Rogerson 67 07/18/93

**800m Free Men 65-69**  
R: 14:19.32 Harwell P. Moseley 88  
-no swimmer-

**1500m Free Men 65-69**  
R: 26:58.53 Harwell P. Moseley 85  
32:07.61 Al Rogerson 67 07/18/93

**50m Back Men 65-69**  
R: 36.51 Rogers B. Holmes 89  
36.90 Paul Hutinger 68 06/13/93  
42.89 John M. Woods 69 07/18/93  
50.68 R.M. Williams 65 07/18/93  
54.25 Al Rogerson 67 07/18/93

**100m Back Men 65-69**  
R: 1:21.14 Paul Hutinger 93  
1:21.14 Paul Hutinger 68 08/08/93  
1:40.58 John M. Woods 69 07/18/93  
1:54.05 R.M. Williams 65 07/18/93

**200m Back Men 65-69**  
R: 3:04.84 Paul Hutinger 93  
3:04.84 Paul Hutinger 68 07/18/93  
3:41.72 John M. Woods 69 07/18/93  
4:13.91 R.M. Williams 65 07/18/93  
4:36.47 Al Rogerson 67 07/18/93

**50m Brst Men 65-69**  
R: 42.71 Paul Hutinger 93  
42.71 Paul Hutinger 68 07/18/93

**100m Brst Men 65-69**  
R: 1:43.23 Abrasha Brainin 89  
2:25.91 R.M. Williams 65 07/18/93

**200m Brst Men 65-69**  
R: 3:49.84 Abrasha Brainin 89  
5:00.31 R.M. Williams 65 07/18/93

**50m Fly Men 65-69**  
R: 35.63 Paul Hutinger 93  
35.63 Paul Hutinger 68 07/18/93  
53.49 Al Rogerson 67 07/18/93  
55.30 R.M. Williams 65 07/18/93

**100m Fly Men 65-69**  
R: 1:39.07 Harwell P. Moseley 85  
2:25.88 Al Rogerson 67 07/18/93

**200m Fly Men 65-69**  
R: 3:58.70 Harwell P. Moseley 85  
-no swimmer-

**200m L.M. Men 65-69**  
R: 3:16.66 Paul Hutinger 93  
3:16.66 Paul Hutinger 68 06/13/93  
4:24.51 R.M. Williams 65 07/18/93  
4:35.84 Al Rogerson 67 07/18/93

**400m L.M. Men 65-69**  
R: 7:16.86 Paul Hutinger 93  
7:16.86 Paul Hutinger 68 07/18/93

**50m Free Men 70-74**  
R: 35.36 Balint Papp 93  
35.36 Balint Papp 71 07/18/93  
35.92 Jim W. Conger 73 07/18/93  
36.61 Richard L. Avery 70 07/18/93  
38.91 R.E. Lavanture 71 07/18/93  
40.44 Robert S. Patton 71 07/18/93

**100m Free Men 70-74**  
R: 1:22.38 Harwell P. Moseley 89  
1:29.41 Richard L. Avery 70 07/18/93  
1:32.11 Jim W. Conger 73 07/18/93  
1:38.07 R.E. Lavanture 71 07/18/93  
1:43.34 Dick Lyman 74 07/18/93

1:45.75 Robert D. Atwood 73 07/18/93

**200m Free Men 70-74**  
R: 3:13.77 Harwell P. Moseley 89  
3:41.20 Robert S. Patton 71 07/18/93  
3:56.90 Dick Lyman 74 06/13/93  
4:03.55 Robert D. Atwood 73 07/18/93  
4:13.29 Albert B. Chipman 71 06/13/93

**400m Free Men 70-74**  
R: 6:50.68 Harwell P. Moseley 89  
8:38.74 Dick Lyman 74 06/13/93  
9:12.91 Albert B. Chipman 71 06/13/93

**800m Free Men 70-74**  
R: 15:37.56 John D. Johnston 89  
-no swimmer-

**1500m Free Men 70-74**  
R: 29:06.64 John D. Johnston 88  
34:23.05 Dick Lyman 74 07/18/93

**50m Back Men 70-74**  
R: 42.37 Richard L. Avery 93  
43.37 Richard L. Avery 70 07/18/93  
49.29 Jim W. Conger 73 07/18/93  
49.60 R.E. Lavanture 71 07/18/93  
55.24 Robert S. Patton 71 07/18/93  
58.12 Robert D. Atwood 73 07/18/93

**100m Back Men 70-74**  
R: 1:47.74 John G. Haake 89  
1:48.36 Richard L. Avery 70 06/13/93  
2:14.19 Abrasha Brainin 70 06/13/93  
2:19.98 Dick Lyman 74 07/18/93

**200m Back Men 70-74**  
R: 3:52.23 Bill J. Uhrich 90  
5:10.89 Robert D. Atwood 73 08/08/93

**50m Brst Men 70-74**  
R: 44.16 Russ Witte 87  
46.48 Abrasha Brainin 70 05/02/93  
50.45 Richard L. Avery 70 07/18/93  
53.86 R.E. Lavanture 71 07/18/93  
56.65 Robert S. Patton 71 07/18/93

**100m Brst Men 70-74**  
R: 1:40.23 Russ Witte 88  
1:45.78 Abrasha Brainin 70 08/08/93  
1:56.00 Richard L. Avery 70 06/13/93  
2:16.92 Robert S. Patton 71 06/13/93

**200m Brst Men 70-74**  
R: 3:38.80 Russ Witte 87  
3:54.81 Abrasha Brainin 70 07/18/93  
4:20.09 Richard L. Avery 70 06/13/93  
5:12.65 Robert S. Patton 71 07/18/93

**50m Fly Men 70-74**  
R: 41.30 Harwell P. Moseley 89  
48.26 Abrasha Brainin 70 07/18/93  
59.92 Robert D. Atwood 72 05/02/93  
1:04.40 Robert S. Patton 71 07/18/93

**100m Fly Men 70-74**  
R: 1:43.47 Harwell P. Moseley 89  
1:55.50 Balint Papp 71 07/18/93

**200m Fly Men 70-74**  
R: 3:59.65 Harwell P. Moseley 89  
-no swimmer-

**200m L.M. Men 70-74**  
R: 3:42.18 Harwell P. Moseley 89  
3:51.32 Balint Papp 71 07/18/93

**400m L.M. Men 70-74**  
R: 8:29.44 Harwell P. Moseley 89  
-no swimmer-

**50m Free Men 75-79**  
R: 38.48 Brud Cleaveland 93  
38.48 Brud Cleaveland 75 07/18/93  
42.01 N.H. Skjersaa 77 07/18/93  
44.24 Kermit O. Hotvedt 78 07/18/93  
45.45 John D. Johnston 77 07/18/93

**100m Free Men 75-79**  
R: 1:29.12 Carl B. Lindstrand 87  
1:39.49 N.H. Skjersaa 77 07/18/93  
1:43.57 Kermit O. Hotvedt 78 08/08/93  
1:45.04 John D. Johnston 77 07/18/93  
2:03.45 F.H. Tillotson 78 08/08/93

**200m Free Men 75-79**  
R: 3:31.57 Carl B. Lindstrand 87  
3:37.75 N.H. Skjersaa 77 07/18/93  
3:52.73 Brud Cleaveland 75 07/18/93  
4:03.83 Kermit O. Hotvedt 78 07/18/93  
4:05.14 John D. Johnston 77 07/18/93  
4:47.66 F.H. Tillotson 78 06/13/93

**400m Free Men 75-79**  
R: 7:58.18 N.H. Skjersaa 93  
7:58.18 N.H. Skjersaa 77 07/18/93  
9:07.17 John D. Johnston 77 07/18/93  
9:08.91 Kermit O. Hotvedt 78 07/18/93  
9:43.81 F.H. Tillotson 78 06/13/93

**800m Free Men 75-79**  
R: 17:28.22 Bill C. Stinson 85  
-no swimmer-

**1500m Free Men 75-79**  
R: 32:02.68 N.H. Skjersaa 93  
32:02.68 N.H. Skjersaa 77 07/18/93  
34:06.00 John D. Johnston 77 07/18/93

**50m Back Men 75-79**  
R: 51.75 Carl B. Lindstrand 89  
53.82 F.H. Tillotson 78 07/18/93  
1:04.23 John D. Johnston 77 05/02/93  
1:04.46 Kermit O. Hotvedt 78 05/02/93  
1:17.46 N.H. Skjersaa 77 07/18/93

**100m Back Men 75-79**  
R: 1:51.93 Carl W. Thornburg 87  
2:04.73 F.H. Tillotson 78 08/08/93  
2:21.60 John D. Johnston 77 08/08/93

**200m Back Men 75-79**  
R: 4:06.33 Carl W. Thornburg 87  
4:35.40 F.H. Tillotson 78 07/18/93

**50m Brst Men 75-79**  
R: 50.91 Brud Cleaveland 93  
50.91 Brud Cleaveland 75 07/18/93  
1:04.41 John D. Johnston 77 05/02/93  
1:09.92 F.H. Tillotson 78 06/13/93  
1:12.42 N.H. Skjersaa 77 07/18/93

**100m Brst Men 75-79**  
R: 1:56.34 Brud Cleaveland 93  
1:56.34 Brud Cleaveland 75 07/18/93  
2:23.17 John D. Johnston 77 07/18/93

**200m Brst Men 75-79**  
R: 4:28.74 Edward P. Fulmer 89  
4:38.24 Brud Cleaveland 75 07/18/93  
5:04.75 John D. Johnston 77 08/08/93  
5:32.73 F.H. Tillotson 78 06/13/93

**50m Fly Men 75-79**  
R: 48.31 Bill C. Stinson 84  
1:11.56 John D. Johnston 77 05/02/93  
1:15.82 N.H. Skjersaa 77 07/18/93

**100m Fly Men 75-79**  
R: 2:01.37 Bill C. Stinson 84  
2:37.15 John D. Johnston 77 08/08/93

**200m Fly Men 75-79**  
R: 4:34.00 Bill C. Stinson 85  
5:43.15 John D. Johnston 77 07/18/93

**200m L.M. Men 75-79**  
R: 4:20.26 Carl W. Thornburg 87  
4:52.79 John D. Johnston 77 07/18/93  
5:07.16 N.H. Skjersaa 77 07/18/93

**400m L.M. Men 75-79**  
R: 9:17.20 Carl W. Thornburg 87  
10:35.19 John D. Johnston 77 07/18/93  
10:55.75 N.H. Skjersaa 77 07/18/93

**50m Free Men 80-84**  
R: 48.01 Fred B. Walbolt 93  
48.01 Fred B. Walbolt 80 07/18/93  
54.81 James F. Mitchell 81 07/18/93

**100m Free Men 80-84**  
R: 1:53.09 Fred B. Walbolt 93  
1:53.09 Fred B. Walbolt 80 07/18/93  
2:08.97 James F. Mitchell 81 08/08/93

**200m Free Men 80-84**  
R: 4:12.93 Fred B. Walbolt 93  
4:12.93 Fred B. Walbolt 80 07/18/93  
4:38.78 James F. Mitchell 81 07/18/93

**400m Free Men 80-84**  
R: 7:43.68 Peter Jurczyk 86  
9:12.77 Fred B. Walbolt 80 07/18/93  
9:30.99 James F. Mitchell 81 07/18/93

**800m Free Men 80-84**  
R: 19:58.41 James F. Mitchell 93  
19:58.41 James F. Mitchell 81 08/08/93

**1500m Free Men 80-84**  
R: 35:57.13 Fred B. Walbolt 93  
35:57.13 Fred B. Walbolt 80 07/18/93

**50m Back Men 80-84**  
R: 59.85 Peter Jurczyk 88  
1:23.51 Fred B. Walbolt 80 07/18/93

**100m Back Men 80-84**  
R: 2:19.09 Peter Jurczyk 88  
2:24.84 James F. Mitchell 81 08/08/93  
3:03.28 Fred B. Walbolt 80 07/18/93

**200m Back Men 80-84**  
R: 4:58.15 Peter Jurczyk 88  
5:24.82 James F. Mitchell 81 08/08/93  
6:04.17 Fred B. Walbolt 80 07/18/93

**50m Brst Men 80-84**  
R: 1:07.56 Bill C. Stinson 89  
1:32.58 James F. Mitchell 81 05/02/93

**50m Fly Men 80-84**  
R: 1:04.59 Bill C. Stinson 89  
-no swimmer-

**100m Fly Men 80-84**  
R: 2:55.69 Bill C. Stinson 90  
-no swimmer-

**200m Fly Men 80-84**  
R: 6:18.65 Bill C. Stinson 90  
-no swimmer-

**200m L.M. Men 80-84**  
R: 5:10.89 Bill C. Stinson 89  
-no swimmer-

**50m Free Men 85-89**  
R: 54.50 Peter Jurczyk 93  
54.50 Peter Jurczyk 87 07/18/93

**100m Free Men 85-89**  
R: 2:13.17 Peter Jurczyk 93  
2:13.17 Peter Jurczyk 87 07/18/93

**50m Back Men 85-89**  
R: 1:05.42 Peter Jurczyk 93  
1:05.42 Peter Jurczyk 87 07/18/93

**100m Back Men 85-89**  
R: 2:33.85 Peter Jurczyk 93  
2:33.85 Peter Jurczyk 87 07/18/93

**200m Back Men 85-89**  
R: 5:19.44 Peter Jurczyk 93  
5:19.44 Peter Jurczyk 87 07/18/93