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VOLUME XI

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FLORIDA LOCAL MASTERS SWIM COMMITTEE NEWSLETTER

MEET ENTRY INCLUDED

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CALENDAR OF EVENTS

	DATE	PLACE	EVENT	CONTACT	
1994					
May	13-16	Tempe, AZ	USMS National SCY	Neil Morrow	602-902-0431
	15-	Sept 30	USMS 10 K Postal Champ.	Cathy Copeland	980-828-4679
	22	St. Petersburg, FL	Dev. Meet	Harold Ferris	813-896-0250
	28	Coral Springs, FL	B4th Annual SCY Relay Carnival	Judy Bonning	305-345-5370
June	04	Delray Beach, FL	Aqua Crest LCM	Msg. 407-278-7341 or	407-278-7141
	10-12	Ft. Lauderdale, FL	3 day Swim Camp-ISHOF	Jack Nelson	305-468-1580
	11-12	Sarasota, FL	SMS LCM Tee-Shirt Meet	Steve Grossman	813-955-5449
	17-19	Coral Springs, FL	LCM-Coral Springs A.C.	Judy Bonning	305-345-5370
July	02-10	Montreal, QUE	LCM FINA World Masters	see Swim	
	09	Charlottesville, VA	USMS 2 Mile Cable Champ.	Linda McCowan	804-379-2537
	13-14	Greenville, SC	LCM	Beth Scheimanin	803-963-9189
	16	Lake Placid, NY	USMS 1.5 Mile Open Water Champ.	Betsy Owens	518-482-4278h
	16	Seal Beach, CA	USMS 8.2 Mile Open Water Champ.	Joe Klien	310-430-9801
	23	Key West, FL	Swim Around Key West	Judy Bonning	305-345-5370
	22-24	St. Petersburg, FL	LCM Dixie Zone Championships	Harold Ferris	813-896-0250
	29-31	Baton Rouge, LA	LCM	Scott Rabalais	504-928-5596
Aug	06	Delray Beach, FL	Aqua Crest LCM		
	06	Lake Minnetonka, MN	USMS 5 Mile Open Water Champ.	Tom Rushfeldt	612-475-3403h
	07	St. Pete, FL	Dev Meet	Harold Ferris	813-896-0250
	07	Edgewater State Park, OH	1 Mile Open Water Champ.	Maureen Koss	216-362-6301
	13-14	Atlanta, GA	LCM	Lisa Watson	404-497-1901
	25-28	Buffalo, NY	USMS National LCM	May/June '94 Swim	
Sept	01-	Nov 30	USMS SCY 6000 Postal	Robert Mitchell	714-581-1135
	17	Delray Beach, FL	Aqua Crest SCM		
	26-	Brisbane, Australia	III World Masters Games	see Swim	
	Oct 3				
	28-	Kansas City, MO	USMS Convention	Suzanne Rague	503-531-9051
	Oct 2				
Oct	06-09	Barbados	Annual Outing	George Koski	800-833-7946
	08	Orlando, FL	Florida LMSC Annual Meeting	Meehan Wilson	904-373-0023
	08-09	Orlando, FL	Team Orlando SCM		407-351-4400
	15	Sarasota, FL	SMS Pentathlon		
Nov	12	Delray Beach, FL	Top Ten Challenge		
Dec	01-04	Bradenton, FL	Florida Senior State Games	G.T. Bray-Non-USMS	
	02-04	Ft. Lauderdale, FL	Gold Coast Invitational		305-468-1580
	10-11	New Orleans, LA	SCM Dixie Zone Champ.		504-456-9569
1995					
Jan	01-31	Atlanta, GA	USMS 1 Hour Postal Champ.	Bill Black	404-698-8020
May	18-21	Ft. Lauderdale, FL	USMS SCY Nationals-ISHOF	Stu Marvin	305-468-1580
	22	Ft. Lauderdale, FL	USMS Open Water 3.5 Mile Champ.	Stu Marvin	305-468-1580
Aug	24-27	Gresham, OR	USMS LCM Nationals-Mt. Hood C. C.	John Zell	503-282-9347
Sept	20-24	Houston, TX	USMS Convention	Suzanne Rague	503-531-9051

Minutes of the Florida Local Masters Swim Committee Meeting

April 16, 1994

The Florida LMSC meeting was held at the North Shore Pool in St. Petersburg during the 24th Annual SCY St. Pete Masters Swimming Championships. The meeting was called to order by Meegan Wilson, Secretary and Interim Chair.

Others present were: Dick Avery, Treasurer/HLJ; Charles Kohnken, Registrar; Frank Tillotson, Newsletter Editor; Al Rogerson, BSAM; Pate Cantrell, FAST; Michael Castle, JAM; Larry Peck, ORLM; Alice Lawrence, SWSM; Sandy Steer and John Bishop, SPM; Earl Dickey, SCC; and Jerry Glancy, SMS.

- I. Comments - Meegan Wilson explained the events following the resignation of John Maguire and the board's decision on an interim chair until the October 1994 elections. John Maguire, Chairman of the Florida LMSC for the past 11 years, resigned effective January 14, 1994. Members of the board felt that the interim chair position should be filled by a board member. Frank Tillotson volunteered for the position and an informal polling of the board members produced a consensus. A notification of this was put into the February, 1994 issue of the Florida LMSC Newsletter. While our bylaws do not state the specific procedure, John Maguire contacted Meegan and suggested that a written ballot was more appropriate. At this time Charles Kohnken decided to run for the position. The vote ended in a tie between Charles Kohnken and Frank Tillotson. Meegan Wilson then volunteered to fill the position and the board unanimously accepted the offer.
- II. Minutes - The minutes of the Florida LMSC Annual Meeting on November 13, 1993 were approved after correcting the statement under Sanctions that a Sanction fee was collected from Suncoast Masters for the Pentathlon.
- III. Reports of Officers
 - A. Treasurer Report - Dick Avery reported a bank balance of \$6021.55. He has also sent 1992 and 1993 financial reports to the national office as required.
 - B. Registration Report - Charles Kohnken reported that as of April 12 we have 813 members and 22 teams. Two teams from 1993, Hunter's Green and Leesburg Lakes, did not register. Two new clubs have registered: Dunedin Loch Ness Monsters and South West Swim Masters. One team has changed its name from Team Episcopal Amberjax Masters to Jacksonville Area Masters.
 - C. Records Report - Meegan Wilson read Catie's report since she could not attend the meeting. Catie thanked Scott Guthrie for sending her a copy of the 1989 Orlando SCM meet. This resulted in many Florida LMSC SCM corrections.

Catie has recently completed an errata sheet for the 1993 SCY Florida Top 5 in the Women 75-79 age group. She recently received a complete copy of the Tampa February 1993 meet but it is too late to submit the errata results for the National and Zone Top 10. She asks that meet directors double check the copy that they send her.

Meet directors also need to check the registration card numbers submitted with meet applications to make sure that the swimmer is registered in the current year. A swimmer was allowed to swim under his 1993 registration earlier this year. The first two digits of the registration number (14) refer to our Florida LMSC #. The third digit (4) is the present year and the last five digits are the swimmers LMSC registration number.
 - D. Sanctions Report - Meegan read a report from Bill Uhrich. As of March 7, Bill has issued a sanction for the Suncoast Masters Long Course Championship on June 11-12. He has tentatively assigned Orlando Masters SCM meet for October 8-9 and Suncoast Masters SCY Pentathlon for October 15. IRCC Masters has reserved April 29 - May 1 but they have yet to apply for a sanction.

- E. Newsletter Report - Frank Tillotson requested that teams send club news to be include in the Newsletter. The deadline is April 26 for May 3rd publication.

IV. New Business

- A. Selection of a Nominating Committee - Sandy Steer - SPM, Larry Peck - ORLM, Meegan Wilson - FAST, and Jerry Glancy - SMS volunteered to serve on the Nominating Committee that will be responsible for recommending names of members who will serve on the Florida LMSC board for the 1994-1996 period. These recommendations will be presented to the team representatives at the July 23rd business meeting in St. Pete. Election of officers will be held at the annual meeting in October.
- B. By-Laws Changes - Current By-Laws of the Florida LMSC were handed out to each team representative. Meegan asked that each team present any bylaws change at the July meeting. She noted that under Article IV Section 5, Article V Section 2 and Article VI, Sections 2&4 the word bi-annual (i.e. twice a year) should be replaced with biennial (i.e. every two years) since Article IV section 6 clearly states that the term of office for officers of the corporation shall be for a period of two years. Another change to be noted is under Article I section 4, membership in the Florida LMSC is from January to December rather than October to September. Charles Kohnken said that memberships for the following year will be accepted in November.
- C. File for Corporation Renewal - Meegan reported that the Florida LMSC must file to renew their Corporation status. The cost is \$200 if filed prior to May 1st and \$225 thereafter. John Bishop stated that for non-profit organizations there is an exemption to this filing fee and that SPM saved some money when they filed. He located in the general instructions a savings of \$138.75
- D. Delegates to the National Convention - Meegan Wilson stated that we need to decide who will represent us at the National Convention in Kansas City, Missouri September 28 - October 2nd. John Bishop said that when a delegate got on a USMS committee they continued to represent our LMSC year after year. He would like to see more people in our LMSC get involved. He asked how our delegates were chosen. Charles Kohnken said that according to our bylaws the Chairman is responsible for selecting the delegates. Meegan said that we may want to address this issue when we update our bylaws at the Annual Meeting in October.

In 1986, a second amendment to the bylaws was approved which states that Delegates to the annual USMS convention shall have their rooms and air-fair paid for by the Florida LMSC. Due to our membership (over 800) we can send 3 voting delegates. We also have two voting delegates-at-large due to their membership on Rules and Legislation committees: Frank Tillotson, Legislation committee, and Catie Cooper, Rules committee. Our bylaws do not distinguish delegate status. We may want to consider an equal monetary amount for each delegate depending on the number going and our budget.

- E. Annual Meeting - Charlie Kohnken suggested that we hold our annual meeting at the SCM meet in Orlando on Saturday October 8, 1994. Larry Peck said he could get us a room for the meeting.

V. Announcements

Our next Florida LMSC meeting will be on July 23, 1994 at the LCM meet at St. Pete.

With no further business the meeting was adjourned.

Respectively Submitted,



Meegan Wilson
Chair/Secretary Florida LMSC

4/23/99

Frank,

It was good to see you last week. I hope all went well.

Here are just a couple of quick notes to put under Team Orlando.

1, Yes, we are having our Short Course Master's meet. It will be Columbus weekend Oct 8+9.

Please include us in your schedule.

2, Orlando, actually Altamonte Springs has a new 80m x 25yd. Training pool. We will be holding Masters workouts, and guest swimmers are welcome. Contact Larry Peck 407-647-7793 for more info.

Thanks

Larry Peck

SWIMMING NEWS FROM AROUND OUR LMSC

BREVARD SWIMMING ASSOC. MASTERS

One Hour Swim

January 22, 1994 - Indian Harbour Beach Pool

Competitor	Age	Yards
John Harvey	40	4370
Tom Hoffman	42	4290
Ruth Bielefeld	34	4175
John Eckert	28	3950
Al Rogerson	68	3050
Bunny Cederlund	72	2900
Angie Sinacore	63	2825
Sue McGaughey	72	2550
Richard Fletcher	78	2500
Al Chipman	71	2425

The sun was out, the wind stopped blowing and the water was warm. It was an ideal morning for the one hour postal swim. Sarah Tyler, meet coordinator, started the event which included a field of ten masters swimmers (ages ranging from 28 to 78 years). Our thanks to the counters (Ernie Ogilvie, Betsy Hobbs, Nate O'Connell, Sarah Tyler, Etta Russo, Walter Cederlund, Mary Hoffman and Howard Peterson). A special thanks to Tom Hoffman who brought an electronic timer so swimmers could easily see how much time was left. Our thanks as well to our lifeguard Bill!

SUNCOAST MASTERS

Downsized SMS Team Places 7th - Tampa Open

"A Few Good Men" (11) and fewer but equally good women (2) scrapped their way to a 7th place finish out of 29 teams competing in the 13th Annual Tampa Open Masters Swim Meet held February 12 & 13 at the Long Center indoor pool in Clearwater. Deb Walker, Edna Gordon, Bert Bowers, Jim Donnelly, Mike Drews, Jerry Glancy, Steve Grossman, Kevin McCormack, Mike Schremmer, Tom Schwartz, Joe Securo, Rick Walker and Niel Wilson turned in some good performances but were

not able to match points with the larger numbers of swimmers and relays put in the water by the JAX-Holmes, St. Pete, Orlando, and Clearwater teams. Bardi Dendy was not able to swim but she was on the deck pulling for the beleaguered cadre of 13 in the pool.

Edna Gordon of Suncoast Masters requests swimmers to send in your meet entries for the June SMS Annual LCM meet early since "P.O. service is not what it used to be.

JACKSONVILLE AREA MASTERS

For your information, this editorial note: This line was omitted from our last newsletter - "'90's you know. Or, if you would prefer, maybe this motley crew is" hopefully, this will help you in interpreting that memo.

And now on to new business. Thanks again to the St. Pete Masters Team for running an excellent meet, as always, and a special thanks to Harold Ferris and John Bishop for all their hard work. It is amazing to see the level of competition at that meet.

JAM with the incredible contingent of 6 men and 3 women took fourth for visiting teams! JAM is proud to have the following high point winners:

19-24: Nick Mina-1st and Erin Mitchell-1st, 25-29: Greg Stelle-1st, 30-34: Ron Collins-1st, 35-39: Clark Hamilton- 1st, Paul Wise-2nd, and Kim Wise-2nd.

Here's a "how about that" factoid- Katie Adams, 37, swam in this meet, only six weeks after having had her third child.

Good Luck to all Florida Masters going to either Short Course Nationals or World Championships - Swim well, prosper and kick butt.

See you in July at St. Pete Long Course!

We be JAMmin'

AN EDITORIAL OPINION

Noting that some meet entries "encourage swimmers to enter five events per day", it occurs to me that this is not necessarily a good encouragement. Appreciating the need for money from entries, at all meets, it might be safer to raise the entry fee a quarter. Some people DO overdo, and do poorly in all events. Some simply skip events entered and some go home early. There is an old saying that "hard work never killed anyone" but is it true in swimming. Those who are trained for five events might well be encouraged. Not everyone. F H T

SWIMMING LIBRARY

Joan Glaraton has added two swimming videos to the LMSC library. These are: *Swim Smarter, Swim Faster* and *Swim Smarter, Swim Faster II* by Richard Quick and Skip Kenney. Rental fee is \$5 to cover postage and handling and a \$25 refundable deposit is required. Contact Joan Glaraton if you would like to rent a video.

SWIMMER 30,000 WHERE ARE YOU?

USMS President has challenged each LMSC to increase its membership by 10%. In 1993, USMS's total membership was 28,108. There will be special recognition to the 30,000 USMS member and also recognition to his LMSC. See *Swim* magazine for further details.

NATIONAL BIDS

Meg Smath, Rule Book Committee Chairman, will consider bids for publication of the 1995 and 1996 Rule Books and bids for cover design. September 1 is the deadline for submission.

Babs Larsen, Registration Committee Chairman, is also accepting bids for the position of National Registrar. Bids must be submitted by July 1.

If anyone is interested please contact Meegan Wilson for a copy of the specs.

NATIONAL CONVENTION DELEGATES

Quoted from a USMS correspondence:

In the interest of continuity, LMSCs are encouraged, whenever possible, to send the same delegates to Convention at least two years in a row, and/or to give preference to those in your LMSC who serve on National Committees.

NATIONAL CONVENTION PROPOSALS

Rules and Long Distance proposals must be sent to the appropriate committee chair by July 10, 1994. Legislation proposals will only be considered if they are deemed emergencies.

WHOM TO CONTACT

Safety	Frank Tillotson	813-321-5802
Change of Address*	Charles Kohnken	813-532-0008
Correction to Records	Catie Cooper	904-336-9027
News-Ideas-Entries	Meegan Wilson	904-373-0023
	Frank Tillotson	813-321-5802
Out of Area Contact	Frank Tillotson	813-321-5802
Sanction Applications	Bill Uhrich	813-634-7564
Rules	Catie Cooper	904-336-9027
Officiating	Joan Glaraton	904-338-8727
	Frank Tillotson	813-321-5802
Video Rental	Joan Glaraton	904-338-8727
Fitness	Meegan Wilson	904-373-0023

*Swim Magazine must be contacted directly. Write to:
SWIM Magazine; P.O. Box 91870, Pasadena, CA 91109

MASTERS FACTS

APPRECIATION FOR JOHN MAGUIRE

During the SPM Short Course Yard meet, John P. Maguire, 11 years as the Florida LMSC Chairman and also several years as a member of the USMS Finance Committee was presented with a golf driver through contributions from Florida LMSC clubs and individuals. He also received a handsome plaque in appreciation for his excellent work. We all thank you John!

1994 FLORIDA LMSC ELECTIONS

A nominating committee was selected at the Florida LMSC meeting in April at St. Pete. The committee members are: Jerry Glancy, SMS, (408-862-0283); Larry Peck, ORLM, (407-647-7793); Sandy Steer, SPM, (813-578-2859); and Meegan Wilson, FAST, (904-373-0023).

The committee is responsible for recommending names of members who are willing to serve on the Florida LMSC board. The seven positions are; Chairman, Secretary, Treasurer, Registrar, Recorder, Sanctions, and Newsletter Editor. Please contact one of the committee members if you are interested in serving on the board. This is a two year position. We would like to get more clubs involved with the running of our LMSC.

TIMERS AND TIMING

We always need you. A few tips if you are new at this. First, try the watch. Start, Stop and Clear it several times until it feels O. K. Listen to the head timer. Hold the watch comfortably with activating finger lightly on the button. At the flash, smoke or sound of the gun press the button (or at the flash of the light or sound of the horn). Do this with no sweeping or other hand-arm motion. At the finish, place yourself over the edge of the pool so that you can see the wall and be ready to press the button WHEN the swimmer touches. Record the time. Thanks for helping.

ENTRIES IN OUR LMSC NEWSLETTER

We would love to be able to include all meet entries in the LMSC newsletter, but the cost to do this is very high. One way to cut costs is to limit meet entries to two pages. One page for entry and one page of information. With a little planning this does not seem unreasonable.

FITNESS

All clubs should have received a copy of the *Fitness Swimmer Clinic Packet* compiled by the USMS Fitness Committee. It contains information on how to run a swimming clinic for fitness swimmers. Contact your team representative if you have not seen this information.

If your club participated in the February Fitness Challenge this year please send us your results.

REGARDING MEET RESULTS

To all Florida LMSC Meet Directors:

It has come to my attention that the meet results I received from a short course meet in 1993 were not complete which resulted in times swum in two events by a competitor in the women's 75-79 age group to be deleted from the USMS Top 10, Dixie Zone Top 10, and Florida LMSC Top 5. At this time, I'm not sure what can be done about the national and zone Top 10; however, I can change our Top 5 to give the swimmer credit where credit is due because she will be included in the list on the two omitted events. If this has happened to one swimmer, it obviously has happened to a number of other swimmers in those two events as well as other events.

Therefore, please double check all meet results you send to me to be absolutely sure that they are complete.

Catie Cooper, Records Chair

ABOUT MEET ENTRIES

If you wondered why "empty" lanes were occupied at the St. Pete meet, one reason for this was that mail is not delivered in a reasonable time, eight days in one case. I would suggest that we realize this and get our entries in the mail at least 7 or more days before due date. This would also give time for a cancellation if it became necessary.

24th ANNUAL ST. PETE MASTERS INC. SCY MEET

Attendance of the longest running masters meet was about 280. The Dixie Zone meet in NC on the same date helped neither meets attendance. Marian McKechnie, 90 in three weeks, the elder stateswoman and Chris Robbins, 20, spanned the ages. Both did well.

The pool was ready, the pool staff headed by Kathy Arnot and Paul Hoffacker cooperated in every way and did a fine job. A small contingent of Boy Scouts, volunteers, and swimmers handled the backup timing. Should the automatic equipment fail, these volunteers provide your ONLY time. That's why they are important. SPM took over the refreshment stand. The McDaniels finally gave in to health problems, although Woody was on deck Friday eve and still heads the SPM Dev. meets. We owe the McDaniels many thanks for their years of serving up requested refreshments, more a labor of love rather than a profit making effort. I miss those *sausage dogs* Woody.

Harold Ferris, John Bishop and many other volunteers had things ready. There were few entries not in order and only 4 or 5 who entered didn't come. The pool temperature was good Friday eve and Saturday and Sunday it was fine... cooler. In lieu of trophies, funds were donated to charities of Teams choice in the amounts of \$150, \$100, \$50, respectively for 1st, 2nd, and 3rd. Individual high point awards were given for 1-3rd place in each age group.

There were, as always, some outstanding swims. Anne McGuire and June Krauser, Gold Coast, each with 11 firsts. Maureen Jones of Harbour Island was, alone, the 16th team out of 25 entered. *Mo* says Dad will be back, meaning Bumpy Jones. Good. ORLM member Charles Weatherbee, inventor and promoter of the *Dynamic Duo*, a combination kick board and pull buoy which fits in your swim bag, entered only 7 events but won them all. Jim Smith, UNA, had the fastest 100 Free - 47.92 and Mitzi Kremer, ORLM, had the fastest woman's 100 free - 54.17.

Jack Beattie, HLJ; Walker, Cartee and Donnelly of SMS; Robert Strauss, Gold Coast; Chet Miltenberger, ORLM; Jim Zeigler, GAKW; (a meet without Jim is like a day without sunshine), John Woods, UNA; Al Rogerson, BSAM; Hamilton and Wise, JAM; Schofield, Conn; and Harrelson, Stefanick, Lambke-Bromwich, tie at 86, Specht, Betzer, John Johnston, who lost one of his 11 swims, all SPM. These as well as more had super times or were gathering points to finish high in their age groups. A few of the more...Judy Parret, Esther Smith, Rozanne Miller, FHA; Meegan Wilson, FAST; Dalton, Lawrence, Etzel and Green from our newest Club, SWSM; and not far behind those fast 30-34 women, Mary Holmes Roebuck was back after a recess to add a new face to Tiger Holmes' HLJ family. Next year, the 25th Annual SPM Meet bodes well for competition and fun. Plan ahead.

1994 USMS POSTAL HOUR SWIM

The 1994 USMS Postal Hour Swim attracted the largest entry to date. The FL LMSC fielded entries from 7 Clubs with SPM being 6th in the 31-49 size range and HLJ 6th in the under 15 group. The 40-44 mens age fielded 111 while the womens 35-39 fielded 93. Davis, CA with 96 had the largest single entry, overall. The longest distance swum by a woman (age 29) was 5560 yards and by a man (age 28) was 6115 yards. The largest number of competition swimmers seems to be in the 35-39 age, gleaned, casually, from meet results.

1994 HONOREE - INTERNATIONAL SWIMMING HALL OF FAME

Your Editor received an invitation to the 1994 Honoree weekend at the International Swimming Hall of Fame. Of *OUR* people, June Krauser and Taylor Drysdale are being inducted. A very interesting program, which I will be unable to attend.

SOUTH WEST SWIM MASTERS

We have a new Club in Bonita Springs, quoting LILLIAN ETZEL. SWSM was chartered in Jan 1994 and now has 11 members. We come from Minnesota, Virginia, Maine, Pennsylvania, Florida, Texas and Ontario. Our goals are to promote physical fitness, to compete, and also socialize. The SWSM team is in the "SWIM OF LIFE" and loving it.

Speaking with Alice Lawrence, swimmer and coach, it was learned that there is a 25 yard pool in Bonita Springs equipped for competition and is virtually unknown. Space is always available and the fee, YES, is \$ 15 per year. Use it folks, bet it doesn't stay that way.

Timers & Timing

We always need you. A few tips if you are new at this, First try the watch, Start, Stop and Clear it several times till it feels O K. Listen to the head timer. Hold the watch comfortably with activating finger lightly on the button. At the flash, smoke or sound of the gun press the button (or at the flash of the light or sound of the horn). Do this with no sweeping or other hand-arm motion. At the finish place yourself over the edge of the pool so that you can see the wall and be ready to press the button WHEN the swimmer touches. Record the time. Thanks for helping.

FLORIDA AQUATIC SWIM TEAM MASTERS

The 300 Club pool was empty from November 1993 to mid January 1994 due to major renovations. This fact kept us from participating in the TAMPA swim meet but we had six swimmers attend the SPM meet in April. As always it was a very well run meet. Those attending from FAST were: Kelly Bergdoll, David Groisser, Tina Myers, Paula Porter, Nancy Saliwanchik, and Meegan Wilson. Paula Porter finished first in the 40-44 age group.

Meegan Wilson traveled to Ft. Pierce for the IRCC 5th Annual Stanton C. Craigie Memorial Swim Meet and was impressed with the facilities as well as the running of the meet. The hospitality table and the barbecue were greatly appreciated.

7. A member of United States Masters Swimming, Inc., practices with a USS team. What is the status of the liability insurance for the member club and its members?

The USS liability program is in full force. There is an unwritten agreement between USS and USMS allowing each other's members to practice with one another.

8. A USS member acts as an official or in a volunteer capacity at a USMS event. How is the USS member insured for this USMS activity?

USS coverage does not apply at all. Coverage for a USMS activity would be provided by the USMS insurance program. ●

ST PETE MEET ENTRY BY CLUBS

CCL		MEN	WOMEN	SWIMS
1776	COLONIALS "1776"	0	1	7
BLUE	BLUE WAVE MASTERS	3	1	28
BRYB	BRUNSWICK Y BARRACUDAS	1	0	4
BSAM	BREVARD SWIMMING ASSOC MASTERS	4	5	76
CATM	CLEARWATER AQUATICS TEAM (MASTERS)	4	11	100
CONN	CONN MASTERS	1	0	9
DMC	DUNEDIN MASTERS CLUB	2	1	10
FAM	FLORIDA AQUATICS MASTERS	0	1	5
FAST	F.A.S.T. MASTERS	1	6	58
FHA	FOREST HILLS AQUATICS	4	4	64
GAKW	GEORGIA MASTERS KILLER WHALES	8	4	86
GOLD	GOLD COAST MASTERS	6	7	100
GSUP	GEORGIA STATE UNIVERSITY PANTHERS	1	1	16
HIST	HARBOUR ISLAND SWIM TEAM	0	1	11
HLJ	HOLMES LUMBER JAX	19	25	323
IRCC	INDIAN RIVER COMMUNITY COLLEGE MASTERS	1	1	16
JAM	JACKSONVILLE AREA MASTERS	7	3	89
LYTA	LYTAL AQUATIC	0	1	6
MARY	MARYLAND MASTERS	1	0	2
MESC	MAINE MASTERS SWIM CLUB	1	1	10
OMSC	OCALA MASTERS SWIM CLUB	0	1	3
ORLM	TEAM ORLANDO MASTERS	19	13	248
SCC	SUN CITY CENTER SWIM CLUB	3	2	34
SMS	SUNCOAST MASTERS SWIMMING	16	5	131
SPM	ST. PETE MASTERS, INC.	43	31	395
SUNY	SUNCOAST FAMILY YMCA MASTERS	2	1	21
SWIM	S.W.I.M. FLORIDA MASTERS, INC.	0	1	4
SWSM	SOUTH WEST SWIM MASTERS	1	4	35
UNA	UNATTACHED SWIMMERS	6	1	56
TOTALS		154	133	1947

TEAM SCORES THRU EVENT # 42

1	SPM	2742.00
2	HLJ	2318.00
3	ORLM	1112.50
4	SMS	987.00
5	GOLD	589.50
6	JAM	588.00
7	GAKW	439.00
8	BSAM	427.00
9	CATM	409.00
10	UNA	376.00
11	FHA	362.00
12	FAST	245.00
13	SCC	149.00
14	SWSM	143.00
15	IRCC	132.00
16	SUNY	93.00
17	BLUE	89.00
18	HIST	84.00
19	GSUP	82.00
20	MESC	65.00
21	CONN	57.00
22	1776	54.00
23	LYTA	41.00
24	FAM	26.00
25	DMC	19.00
26	MARY	14.00
27	OMSC	9.00

6	(29)NEMET, GLORIA	LYTA	41.00
7	(29)KIRSTEN, CATHY C	ORLM	36.00
8	(25)LISCHINSKY, LORA LE	GSUP	36.00
9	(25)SUTTON, MICHELLE L	HLJ	31.00
10	(27)HOLDERMAN, MARY C	HLJ	21.00
11	(29)QUEZADA, RONDA D	OMSC	9.00

60-64 WOMEN SCORES THRU EVENT # 41

1	(64)DURSTEIN, NANCY N	CATH	95.00
2	(64)LAWRENCE, ALICE R	SWSM	65.00
3	(63)SHACORE, ANGIE	BSAM	55.00
4	(60)ALLEN, BARBARA A	SPM	46.00
5	(61)BOHANS, MARGARET T	MESC	41.00
6	(64)HOSKINSON, RUTH A	UNA	34.00
7	(61)VOGEL, ALYCE M	ORLM	29.00
8	(62)GALVIN, JOAN M	CATH	28.00
9	(63)MITCHELL, MARY LOU	SPM	25.00
10	(63)ETZEL, LILLIAN J	SWSM	11.00

65-69 WOMEN SCORES THRU EVENT # 41

1	(67)KRAUSER, JUNE	GOLD	99.00
2	(66)TROY, JEAN D	1776	54.00
3	(69)MC EWAN, DORIS M	SPM	47.00
4	(65)BOAZ, MARY E	SPM	42.00
5	(67)GORDON, EDNA B	SMS	39.00
6	(69)MILLER, EMILY G	HLJ	35.00
7	(68)CARR, FLORENCE E	HLJ	28.00

70-74 WOMEN SCORES THRU EVENT # 41

1	(71)BEERS, JEAN A	HLJ	82.00
2	(72)CEDERLUND, BUNNY	BSAM	79.00
3	(73)ZULICH, JEAN B	SCC	61.00
4	(70)HEWMAN, MARJORIE R	HLJ	57.00
5	(72)MC GAUGHEY, SUE S	BSAM	52.00
6	(73)WALTER, WINNIE F	CATH	44.00
7	(73)DENDY, BARDI J	SMS	26.00

75-79 WOMEN SCORES THRU EVENT # 37

1	(76)ZINT, GERTRUD J	HLJ	90.00
2	(77)SULLIVAN, VICKEE R	HLJ	52.00
3	(77)CICHANSKI, FRANCES	SPM	37.00
4	(79)MC ELROSE, MILDRED	SCC	24.00

80-84 WOMEN SCORES THRU EVENT # 37

1	(80)WILDER, ANNE	IRCC	93.00
2	(80)KENNEDY, WIN	SPM	61.00

85-89 WOMEN SCORES THRU EVENT # 31

1	(86)SCOTT, SALLY J	HLJ	52.00
2	(89)MC KEENE, MARIAM	SPM	23.00

246U MEN SCORES THRU EVENT # 38

1	(24)SMITH, JAMES R	UNA	72.00
2	(23)FRICK, TOM	HLJ	50.00
3	(21)MINA, NICK	JAM	48.00
4	(24)LASBRAS, ALEXANDER	GAKW	44.00
5	(23)BARCATO, CHRIS J	ORLM	43.00
6	(23)HARMS, ROBERT JOEL	HLJ	42.00
7	(23)WEAFER, RICHARD L	ORLM	17.00
8	(20)ROBBINS, CHRISTOPHE	CATM	10.00

25-29 MEN SCORES THRU EVENT # 42

1	(27)STELLE, GREG B	JAM	79.00
2	(27)CHARNOBOOSH, FARSH	ORLM	65.00
3	(29)STEELE, WALTER	HLJ	52.00
4	(27)NIXON, TERRANCE R	GSUP	46.00
5	(26)BURROWS, WILLIAM B	GAKW	43.00
6	(29)MC KEAN, JACK C	HLJ	41.00

30-34 MEN SCORES THRU EVENT # 42

1	(31)COLLINS, ROW L	JAM	86.00
2	(32)GROSSMAN, STEVE W	SMS	82.00
3	(30)ALLEN, KELLEY	UNA	41.00
4	(34)WIEDRICH, RONALD W	BSAM	40.00
5	(31)OLDEN, CHRISTOPHER	SPM	36.00
6	(34)LOW, LARRY D	SPM	30.00
7	(33)WILLIAMS, CHRISTOPHE	HLJ	29.00
8	(31)CHIRILLO, JEFFREY A	UNA	26.00
9	(33)REEVES, RIP L	SPM	24.00
10	(33)MINYON, MICHAEL P	ORLM	20.00
11	(32)BRUNHAMMER, ANDREW	FRA	20.00
12	(33)COMBS, DONALD L	ORLM	15.00
13	(32)DEARY, ROY C	HLJ	14.00
14	(31)WEBB, MICHAEL P	SPM	10.00
15	(34)SCHWARTZ, THOMAS C	SMS	4.00

35-39 MEN SCORES THRU EVENT # 42

1	(38)HAMILTON, CLARK	JAM	75.00
2	(38)WISE, PAUL S	JAM	74.00
3	(35)SPECHT, WILLIAM L	SPM	72.00
4	(39)COBE, BARTON G	HLJ	49.00
5	(37)GREENWOOD, BRUCE A	ORLM	45.00
6	(39)CASTLE, MICHAEL L	JAM	34.00
7	(37)SECURO, JOE F	SMS	30.00
8	(36)MC GINNIS, TIM S	SPM	30.00
9	(35)LENSE, JORGE J	ORLM	26.00
10	(36)NICHOLS, ROBERT K	SUNY	25.00

30-34 WOMEN SCORES THRU EVENT # 41

1	(30)JONES, MAUREEN	RIST	84.00
2	(33)MILLER, ROZANNA L	FRA	71.00
3	(32)ROEBUCK, MARY H	HLJ	59.00
4	(30)GREAVES, MERIT L	CATM	50.00
5	(32)GOODWYNE, DEBRA L	HLJ	42.00
6	(31)SPIVEY, KELLY	SPM	40.00
7	(30)NELSON, BECKY A	FRA	39.00
8	(34)BIELEFELD, RUTH M	BSAM	29.00
9	(33)SALINANCHIK, NANCY	FAST	29.00
10	(33)KREBS, SUSAN M	HLJ	28.00
11	(33)GROSSMAN, AMY B	GAKW	23.00
12	(31)WILCOX, VICKI L	HLJ	22.00
13	(30)RADER, TINA M	SUNY	16.00
14	(32)MYERS, TINA M	FAST	15.00
15	(33)GATTO, CAROLINE E	ORLM	14.00
16	(33)BRADLEY, ANDREA	GOLD	12.00
17	(31)SWANSON, CHRISTINE	SPM	7.00
18	(32)NATION, JACQUELYN M	ORLM	5.00
19	(34)MISTELE, NICOLE D	ORLM	4.00
20	(30)GELINEAU, MELISSA D	SPM	2.00

35-39 WOMEN SCORES THRU EVENT # 41

1	(38)HARRELSON, JO ANN	SPM	57.00
2	(35)AGUILAR, GINA M	HLJ	52.00
3	(37)WISE, KIMBERLY J	JAM	51.00
4	(35)BOWEN, MAG L	HLJ	46.00
5	(35)KOSTHA, JEANNE B	CATM	45.00
6	(35)FULLILOVE, KAREN M	FRA	45.00
7	(35)SHOPE, LISA G	GOLD	32.00
8	(39)LEFEVRE, CHERNTAL A	HLJ	27.00
9	(39)HARRIS, ELAINE	FAM	26.00
10	(37)ADAMS, KATHERINE J	JAM	21.00
11	(36)BERGDOLL, KELLY	FAST	19.00
12	(39)KIERNAN, NANCY S	SPM	19.00
13	(35)LUDWIG, SUSAN F	GOLD	18.00
14	(37)HOFMEISTER, SUSAN K	SPM	16.00
15	(39)ROSS, LISA H	SPM	15.00
16	(36)MOUCHA, SUE A	BLUE	15.00
17	(38)EVANS, LISA	CATM	11.00
18	(39)KELLY, CHRISTINE A	DMC	7.00
19	(36)ROBSON, KAY	ORLM	3.00
20	(37)REX, STEPHANIE A	HLJ	1.00

40-44 WOMEN SCORES THRU EVENT # 41

1	(43)PORTER, PAULA B	FAST	79.00
2	(43)STEPANICK, JUDY K	SPM	65.00
3	(42)COWEN, CAROL M	BSAM	56.00
4	(41)GEIGER, PAM	SPM	46.00
5	(42)WALKER, DEB W	SMS	43.00
6	(44)EISEN, SUSAN B	FAST	26.00
7	(40)WATSON, LISA L	GAKW	24.00
8	(41)EGAN, COLLEEN M	SPM	21.00
9	(42)KETCHUM, DONNA L	CATM	19.00
10	(43)PRESCOTT, BARBARA	SPM	12.00

45-49 WOMEN SCORES THRU EVENT # 41

1	(46)CARTEZ, LYNN	SMS	72.00
2	(45)WILSON, MEGAN J	FAST	66.00
3	(46)POWELL, SANDRA K	HLJ	42.00
4	(45)TREAT, LESLIE L	SPM	33.00
5	(46)DINGFIELD, SHERRY D	HLJ	32.00
6	(45)PAGE, ANNE M	SPM	32.00
7	(46)POTTER, PENNY M	ORLM	32.00
8	(48)GARDNER, KAREN L	CATM	8.00

50-54 WOMEN SCORES THRU EVENT # 41

1	(54)LANBKE, JAYNE M	SPM	86.00
2	(51)BROWNIC, ELAINE	SPM	86.00
3	(54)STYER, SANDY L	SPM	60.00
4	(52)LEE, MARY LOU	SPM	59.00
5	(53)GREEN, BARBARA S	SWSM	35.00
6	(50)WHITCOMB, SHARON L	FRA	30.00
7	(54)RUTINGER, MARGIE	SPM	29.00

55-59 WOMEN SCORES THRU EVENT # 41

1	(59)MC GUIRE, ANNE B	GOLD	99.00
2	(56)FARRETT, JUDY L	SMS	47.00
3	(57)STERLING, JEAN W	HLJ	46.00
4	(58)KNIGHT-PERRY, KATE	SPM	42.00
5	(57)MARTIN, KAY	HLJ	41.00
6	(57)BEATTIE, ERNESTINE	HLJ	39.00
7	(57)PIPER, JACQUELYN G	SPM	28.00
8	(57)LEONARD, SHIRLEY L	SMS	22.00

WOMEN SCORES THRU EVENT # 41

1	SPM	1198.00
2	HLJ	1155.00
3	ORLM	371.00
4	CATM	308.00
5	GOLD	297.00
6	BSAM	271.00
7	SMS	249.00
8	FAST	234.00
9	FHA	205.00
10	GAKW	137.00
11	JAM	134.00
12	SWSM	111.00
13	IRCC	93.00
14	UNA	88.00
15	SCC	85.00
16	HIST	84.00
17	1776	54.00
18	LYTA	41.00
19	MESC	41.00
20	GSUP	36.00
21	FAM	26.00
22	SUNY	16.00
23	BLUE	15.00
24	OMSC	9.00
25	DMC	7.00

MEN SCORES THRU EVENT # 42

1	SPM	1296.00
2	HLJ	939.00
3	SMS	680.00
4	ORLM	671.50
5	JAM	428.00
6	UNA	288.00
7	GAKW	288.00
8	GOLD	256.50
9	BSAM	156.00
10	FHA	139.00
11	CATM	83.00
12	SUNY	77.00
13	BLUE	74.00
14	SCC	64.00
15	CONN	57.00
16	GSUP	46.00
17	IRCC	39.00
18	SWSM	32.00
19	MESC	24.00
20	MARY	14.00
21	DMC	12.00
22	FAST	11.00

246U WOMEN SCORES THRU EVENT # 41

1	(22)MITCHELL, ERIN D	JAM	62.00
2	(21)SMITH, ESTHER S	UNA	54.00
3	(23)HANSEN, YASHA L	HLJ	45.00
4	(22)PERRY, HEATHER L	ORLM	20.00
5	(20)HOLDERMAN, NATASERA	GOLD	13.00
6	(22)DOWNER, CHRISTINA M	HLJ	9.00

25-29 WOMEN SCORES THRU EVENT # 41

1	(26)KREMER, MITZI P	ORLM	69.00
2	(26)VAN DER MOLEN, JENN	ORLM	62.00
3	(29)GEIBEL, DIANNE L	ORLM	47.00
4	(28)BENNETT, LIESA A	GAKW	46.00
5	(27)BRON, CARMEN L	GAKW	44.00

11	(39)	DREWS, MICHAEL S...	SMS	22.00
12	(36)	FERONTI, JOHN T...	BSAM	22.00
13	(35)	CATES, GRANT R...	ORLM	21.00
14	(38)	SEIDEL, JIM P...	ORLM	17.00
15	(35)	BARRY, MARK W...	UNA	15.00
16	(37)	GROISSER, DAVID...	FAST	11.00
17	(36)	ELIASON, GEORGE T...	SPM	11.00
18	(36)	OPALACH, ED...	GAKW	10.00
19	(35)	GOOD, JEFFREY A...	SPM	7.00
20	(38)	LANG, NICHOLAS F...	SPM	3.00

8	(66)	HOMANS, HARRISON...	MESC	24.00
9	(65)	COXHEAD, RALPH N...	SPM	23.00
10	(65)	HOLMES, LORING E...	GOLD	22.00
11	(68)	ZULICH, CARL J...	SCC	7.00

70-74 MEN SCORES THRU EVENT # 42

1	(70)	WOODS, JOHN M...	UNA	80.00
2	(71)	SCHOFIELD, ELLIOTT	CONN	57.00
3	(71)	AVERY, RICHARD L...	HLJ	54.00
4	(73)	DICKEY, EARL R...	SCC	49.00
5	(72)	HOLMES, ROGERS B...	HLJ	49.00
6	(72)	PAPP, BALINT...	SMS	48.00
7	(71)	BRAININ, ABRASHA...	SPM	33.00
8	(73)	ATWOOD, ROBERT D...	SPM	23.00
9	(74)	HAAKE, JOHN G...	CATM	22.00
10	(71)	CHIPMAN, ALBERT B...	BSAM	18.00
11	(71)	LAVANTURE, ROBERT E	CATM	18.00
12	(72)	PATTON, ROBERT S...	SPM	13.00
13	(74)	EDWARDS, CHARLES P	SCC	8.00

40-44 MEN SCORES THRU EVENT # 42

1	(42)	MILTENBERGER, CHEST	ORLM	73.50
2	(41)	STRAUSS, ROBERT...	GOLD	59.00
3	(41)	WESLEY, DAVID H...	ORLM	45.00
4	(41)	BURNS, CRAIG J...	GOLD	41.50
5	(40)	MC MILLEN, SCOTT P.	IRCC	39.00
6	(42)	HUTTO, JOE D...	GOLD	32.00
7	(40)	MC CORMACK, KEVIN M	SMS	32.00
8	(41)	RUTH, BOB...	HLJ	29.00
9	(40)	PECK, LARRY D...	ORLM	25.00
10	(43)	WALKER, RICK B...	SMS	25.00
11	(41)	FRASER, WOODY...	ORLM	23.00
12	(44)	NICKODEM, PETER W...	HLJ	17.00
13	(40)	SCHIOF, JAMES...	BLUE	14.00
14	(42)	DAVIE, ROBERT W...	SMS	12.00
15	(42)	GAULDIN, DAVID P...	HLJ	12.00
16	(42)	STEPHENS, BILL D...	SPM	11.00
17	(43)	HALTTUNEN, ARTHUR...	SPM	7.00
18	(44)	WALL, KENNETH...	SMS	6.00
19	(43)	SALTZMAN, EDWARD M.	GAKW	3.00

75-79 MEN SCORES THRU EVENT # 42

1	(78)	JOHNSTON, JOHN D...	SPM	97.00
2	(79)	HOTVEDT, KERMIT O...	SPM	56.00
3	(79)	TILLOTSON, FRANK H.	HLJ	48.00
4	(76)	PARDEW, MICKEY...	MARY	14.00

80-84 MEN SCORES THRU EVENT # 42

1	(82)	KANE, RICHARD M...	GOLD	57.00
2	(82)	MITCHELL, JAMES F...	SPM	43.00

45-49 MEN SCORES THRU EVENT # 42

1	(45)	DONNELLY, JAMES M...	SMS	81.00
2	(48)	ZEIGLER, JOHN V...	GAKW	64.00
3	(46)	FILLMORE, BILL...	HLJ	64.00
4	(47)	NAFFZIGER, DAVE...	FHA	61.00
5	(46)	DANIELS, VIRGIL C...	HLJ	59.00
6	(45)	BURKE, GEORGE A...	SMS	34.00
7	(45)	EDWARDS, JOHN F...	SPM	30.00
8	(49)	PYHEL, H. JACK...	SPM	25.00
9	(49)	BROWN, HOWARD...	SPM	23.00
10	(48)	STRAYER, RICHARD F.	ORLM	22.00
11	(48)	O'CONNELL, JERRY R.	ORLM	21.00
12	(49)	VAN DER VEEN, THEUN	SPM	21.00
13	(47)	LUEN, JOHN H...	BLUE	11.00
14	(49)	ROBERGE, THOMAS C...	SPM	9.00
15	(45)	LOTZ JR, WILLIAM J.	GAKW	9.00
16	(46)	MAGEE, PETER-MICHAEL	SPM	5.00

1994 USMS Postal Hour Swim Statistics

Individual entrants: 1202 (a record)
 Relay team entries: 183 (a record)
 Clubs represented: 151 (a record)

50-54 MEN SCORES THRU EVENT # 42

1	(51)	BETZER, PETER R...	SPM	85.00
2	(50)	KEENAN, BILL...	SMS	75.00
3	(50)	JENKINS, DANIEL H...	SUNY	52.00
4	(52)	DAVIS, RON D...	HLJ	51.00
5	(51)	RODENFELS, BILL...	HLJ	50.00
6	(50)	GRANT, C DAVID...	GAKW	41.00
7	(52)	WARD, ROY...	CATM	33.00
8	(54)	HOUSE, CARL...	GOLD	33.00
9	(52)	RAGAN, WILLIAM E...	FHA	28.00
10	(53)	WHITCOMB, ALLEN J...	FHA	22.00
11	(54)	BAKER, JOE H...	SPM	21.00

Individual records broken: 8
 Relay records broken: 8
 Total yards swum: 4,502,805 (2558 miles)

Milestones:

Gus Langner became the first 90 year old to enter and swam 2220 yards.
 Daniel Veatch became the first to swim over 6000 yards having swum 6115 yards.

55-59 MEN SCORES THRU EVENT # 42

1	(59)	BEATTIE, JACK R...	HLJ	85.00
2	(56)	MANN, GEORGE W...	ORLM	58.00
3	(56)	GLANCY, JERRY...	SMS	56.00
4	(58)	MARAFFY, TELFAIR...	HLJ	48.00
5	(55)	WILSON, NEIL T...	SMS	31.00
6	(59)	COX, JOHN R...	SPM	29.00
7	(57)	LEONARD, ADAM C...	SMS	25.00
8	(59)	PIPER, HARRY M...	SPM	20.00
9	(58)	TIPPENS, JAMES...	DMC	12.00
10	(56)	BALLARD, WILLIAM C.	SPM	11.00
11	(58)	BURNS, RAY S...	SPM	10.00

60-64 MEN SCORES THRU EVENT # 42

1	(64)	STOLZ JR, IRWIN W...	GAKW	74.00
2	(63)	ALLEN, NED P...	SPM	67.00
3	(61)	WEATHERBEE, CHARLES	ORLM	63.00
4	(62)	KOHNKEN, CHARLES H.	SPM	59.00
5	(63)	LEE, JOHN H...	SPM	35.00
6	(63)	FERRIS, HAROLD...	SPM	30.00
7	(61)	PERRY, RALPH G...	SPM	30.00
8	(62)	DUPES, WEST...	SPM	6.00

65-69 MEN SCORES THRU EVENT # 42

1	(68)	ROGERSON, AL...	BSAM	76.00
2	(65)	MALONEY, ALAN...	SPM	61.00
3	(66)	WILLIAMS, ROBERT M.	UNA	54.00
4	(69)	HUTINGER, PAUL...	SPM	54.00
5	(65)	BURBRIDGE, KEITH...	BLUE	49.00
6	(65)	RANDALL, CHARLIE P.	SMS	39.00
7	(68)	DALTON, AL R...	SWSM	32.00

JACKSONVILLE AREA MASTERS

For your information, this editorial note: This line was omitted from our last newsletter - "'90's you know. Or, if you would prefer, maybe this motley crew is" hopefully, this will help you in interpreting that memo.

And now on to new business. Thanks again to the St. Pete Masters Team for running an excellent meet, as always, and a special thanks to Harold Ferris and John Bishop for all their hard work. It is amazing to see the level of competition at that meet.

JAM with the incredible contingent of 6 men and 3 women took fourth for visiting teams! JAM is proud to have the following high point winners:

19-24: Nick Mina-1st and Erin Mitchell-1st, 25-29: Greg Stelle-1st, 30-34: Ron Collins-1st, 35-39: Clark Hamilton-1st, Paul Wise-2nd, and Kim Wise-2nd.

Here's a "how about that" factoid- Katie Adams, 37, swam in this meet, only six weeks after having had her third child.

Good Luck to all Florida Masters going to either Short Course Nationals or World Championships - Swim well, prosper and kick butt.

See you in July at St. Pete Long Course!

We be JAMmin'



**1994 TEAM MEMBERSHIP
OF THE
FLORIDA LOCAL MASTERS SWIM COMMITTEE**

Team	Representative	Address	Phone #
Blue Wave Masters	John Luhn	1110 Glen Park Lane Valrico, FL	33594 813-685-9675
Brevard Swimming Association Masters	Al Rogerson	1119 W Wren Circle Barefoot Bay, FL	32976 407-664-4503
Clearwater Aquatic Team Masters	Dave Perkey	1520 Pleasant Grove Dr. Dunedin, FL	34698 813-733-1980
Duned In Masters Club	Jerry Rutigliano	1149 Rohe St. #B Tarpon Springs, FL	34689
Florida Aquatic Swim Team Masters	Pate Cantrell	PO Box 15384 Gainesville, FL	32604 904-377-7922
Florida Aquatic Masters	Heather O'Keeffe	3425 SW 2nd Ave Gainesville, FL	32607 904-371-7177
Florida League of Aquatics	Bruce Meintjies	5530 Pedrick Plantation Circle Tallahassee, FL	32311 904-878-6089
Forest Hills Aquatics	Milt Bedingfield	11110 Carrollwood Dr Tampa, FL	33618 813-932-5417
Harbour Island Swim Team	Jeff Copper	14129 Stonegate Dr Tampa, FL	33624 813-264-7918
Holmes Lumber Jax Swim Team	Telfair Mahaffy	6550 Roosevelt Blvd Jacksonville, FL	32244 904-772-6100
Indian River Community College Masters	Robert C. Stroup	2400 S. Ocean Dr #7224 Pt. Pierce, FL	34949 407-465-1154
Jacksonville Area Masters	Michael Castle	11089 Percheron Dr Jacksonville, FL	32257 904-292-4241
Jax Navy Masters Swim Team	Joan Glaraton	4590 Colonial Ave Jacksonville, FL	32210 904-388-8727
Ocala Masters Swim Club	Mark MacDonald	1920 SW 31st Ave Apt. #19 Ocala, FL	34474 904-237-7858
TEAM Orlando Masters	Lucky Meisenheimer	7300 Sandlake Commons Blvd #105 Orlando, FL	32819 407-352-2444
South West Swim Masters	Alice Lawrence	10161 Wales Loop #147 Bonita Springs, FL	33923
S.W.L.M. Florida Masters, Inc.	Joan Garnso	27579 Suffridge Dr Bonita Springs, FL	33923 813-495-7324
St. Pete Masters, Inc	John Bishop	4717 Overlook Dr NE St. Petersburg, FL	33703 813-526-2373
Sun City Center Swim Team	Earl Dickey	504 Valley Forge Blvd Sun City Center, FL	33573 813-634-7590
Suncoast Family YMCA Masters	Michael Kline	10297 Monarch Dr. Largo, FL	34644 813-595-3560
Suncoast Masters Swimming	Jerry Glancy	122 Pine Needle Lane Altamont Springs, FL	32714 407-862-0283

April 28, 1994

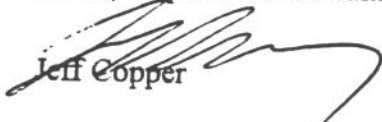
To: Frank Tillotson

From: Jeff Copper

I received your letter of April 5th regarding the incorrect results from the Clearwater swim meet. Under separate cover, from John Ware, you will receive the updated results. By copy of this memo I am informing Catie Cooper that she will receive it as well.

Error like this will occur from time to time. We very much appreciate you forwarding the issue to our attention. This may be a issue that should be highlighted in the next newsletter. All swimmers have a responsibility to review at least their own results for accuracy.

Frank, copies of the results will be sent to the participants who we involved.


Jeff Copper

cc: Catie Cooper

The renovations to the facility at the Indian River Community College Swimming complex are almost an inspiration when you walk into the locker rooms. New. White background with the IRCC colors in pattern. All new equipment. The 50 M pool refinished and smiles in greeting.

Senior member of the group Peter Jurczyk was back on deck after eye surgery. And in the pool, swimming several events. He is nearly blind and is an inspiration to see his enthusiasm, even though he cannot recognize you.

The largest attendance 95-100, very scattered localities. Gold Coast, with their myriad of "teams" 23, Brevard with 20, IRCC and Orlando with 11 each. The rest from 18 places. This time the gods of rain didn't show up, the constant Ocean breeze cooled one and all. A very social gathering, as it should be. The newest Club, Southwest Swim Masters, Bonita Springs really cheering and urging their comrades.

200 and 400 relays came in all ages groups. As three over 70 swimming with a 52 in the 45 age. FUN.. For those who appreciate medals this is a fine place to gather them. For next Spring lets see that we pass the 100 mark. Good job. Well Done. Tom , Anne and IRCC swimmers and all. THANK YOU.

SWIM MAGAZINE RENEWALS

SWIM MAGAZINE HAS SENT OUT MAGAZINE RENEWAL NOTICES TO FORMER REGISTERED USMS SWIMMERS. SOME OF YOU MAY HAVE RECEIVED THIS NOTICE. IF YOU ARE A CURRENTLY, PROPERLY REGISTERED USMS MEMBER YOU WILL CONTINUE TO RECEIVE "SWIM" WITH NO ACTION ON YOUR PART

SANCTIONS

CK

THE 1994USMS RULE BOOK, ON PAGE 61 .2 READS:

"ENTRY FORMS AND PROGRAMS MUST BEAR THE STATEMENT, "SANCTIONED BY
(LMSC NAME) FOR USMS INC. SANCTION NUMBER _____."

Three entry forms in hand are incomplete.

**SUNCOAST MASTERS 17TH ANNUAL LONG COURSE
SWIMMING CHAMPIONSHIPS
TEE-SHIRT MEET**

For Men and Women 19 and Older
June 11-12, 1994

**Arlington Aquatic Center, Sarasota, Florida
Sanctioned by Florida LMSC, Inc. Sanction # 94-6
Meet Directors: Steve Grossman and Jim Donnelly**

Eligibility: The meet is open to all registered masters. A copy of your 1994 registration card must be included with your entry form. Non-US citizens should have a letter of introduction from their own swimming association.

Number of Events: Competitors may enter no more than 5 individual events per day.

Entry Fees: The entry fee shall be \$ 2.75 per event. There is also a \$6.00 surcharge for the electronic timing and the heat sheet.

Entries Due: Entries must be in the hands of the meet director no later than Wednesday, June 1, 1994.

Entry Forms: Complete and return the ENTRY FORM, SEEDING FORM, AND A COPY OF YOUR 1994 REGISTRATION CARD. Mark your tee-shirt size! Enclose a self-addressed envelope or postcard if you wish verification that your entry was received.

Seeding: All heats will be seeded slowest to fastest, regardless of age. All entries must have a time: NO TIME entries cannot be accepted. Submit your best time from meets not more than 2 years previous. Remember, submit METER times! All events are timed finals.

Pool Facilities: Arlington Aquatic Center is located at 2650 Waldemere Street, between Shade and Tuttle Avenues. It has 8 nine foot wide lanes for long course meters, and stainless steel bulkheads and gutter system, which makes for a very fast pool.

Two of the lanes will be used for a buffer lane, and a continuous warm-down lane.

Scratch Procedure: If a swimmer is unable to attend the meet, call Steve Grossman (813-955-5449) no later than June 9 and your money will be refunded. Fax number: 813-922-5881. Swimmers not reporting to the block when their heat is called will be scratched from that event.

Warm-up: Warm-up will begin one hour prior to the start of the meet: On Saturday, June 11, warm-up will begin at noon. On Sunday, June 12, warm-up will begin at 8 AM.

Timing: Colorado timing will be used with hand-held watches for back-up.

Awards: Every swimmer who enters at least 5 events will win a Tee-Shirt, custom designed by Jim Donnelly. The 100% cotton shirt will sport a new design that every Florida Master swimmer will want to have !

Heat Sheet, Tee-Shirts, Results: A heat sheet will be furnished to each swimmer, and a free shirt if the swimmer qualifies. Results may be ordered at the meet. One free copy will be sent to each team provided that the team rep indicates this on his/her entry. There will be a limited number of shirts for sale, also !

Social: There will be a social with food and liquid refreshments immediately following Saturday's events in the adjoining park. The cost is \$6 per person.

ENTRY FORM
Suncoast Masters 17th Annual Long Course Championships
 Sanctioned by Florida LMSC, Inc Sanction #

NAME _____ AGE _____ DOB _____ SEX _____

ADDRESS _____

HOME PHONE _____ TEAM NAME _____ LMSC _____

1994 REGISTRATION # _____

Number of Events _____ X \$ 2.75 = _____

Automatic Timing/heat sheet \$ 6.00

Social \$6 per person X _____ = _____

Free Tee-Shirt (with minimum 5 event entry)

Circle size S M L XL

Additional shirts \$ 9.00 X quantity _____ = _____

Total _____

Age Group as of June 12, 1994

Please circle age group and events entered

19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74
 75-79 80-84 85-89 90-94 95-99 100+

Saturday, June 11, 1994

Women Men

1	200 M Back	2
3	100 M Breast	4
5	50 M Free	6
7	200 M Fly	8
9	100 M Free	10
11	50 M Back	12
13	400 M IM	14

Sunday, June 12, 1994

Women Men

15	200 M Breast	16
17	50 M Fly	18
19	100 M Back	20
21	200 M Free	22
23	50 M Breast	24
25	200 M IM	26
27	100 M Fly	28
29	400 M FREE	30

Make checks payable to Suncoast Masters. Send to Steve Grossman
2114 Bougainvillea Street Sarasota, Fl 34239 Entries due June 1, 1994!!

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEETS SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES, AS A CONDITION OF MY PARTICIPATING IN MASTERS SWIMMING. In addition, I agree to abide by and be governed by the rules of USMS."

DATE

SIGNATURE

SEEDING FORM

Suncoast Masters 17th Annual Long Course Championships

NAME _____ Circle M or F AGE _____

TEAM NAME _____ TEAM INITIALS _____ LMSC _____

1994 USMS NUMBER _____

Circle events entered, and enter seed time in the space provided.

Saturday, June 11, 1994

Warm-up 12:00 Noon

Meet starts 1:00 PM

Sunday, June 12, 1994

Warm-up 8:00 AM

Meet starts 9:00 AM

Saturday Events

	W/M	
_____	1/2	200 M Back
_____	3/4	100 M Breast
_____	5/6	50 M Free
_____	7/8	200 M Fly
_____	9/10	100 M Free
_____	11/12	50 M Back
_____	13/14	400 M IM

Sunday Events

_____	15/16	200 M Breast
_____	17/18	50 M Fly
_____	19/20	100 M Back
_____	21/22	200 M Free
_____	23/24	50 M Breast
_____	25/26	200 M IM
_____	27/28	100 M Fly
_____	29/30	400 M Free

Note: "No Time" entries cannot be accepted.
Please attach a copy of your 1994 registration card.

You Must send a copy of your registration
card or present it at the registration desk.
You can't swim without it.

Attach a copy of your registration card here.

Motel List:

Sunshine Motor Lodge 811 S Tamiami Trail 813-365-0350 1 mile to pool
Food nearby. Mention the meet.

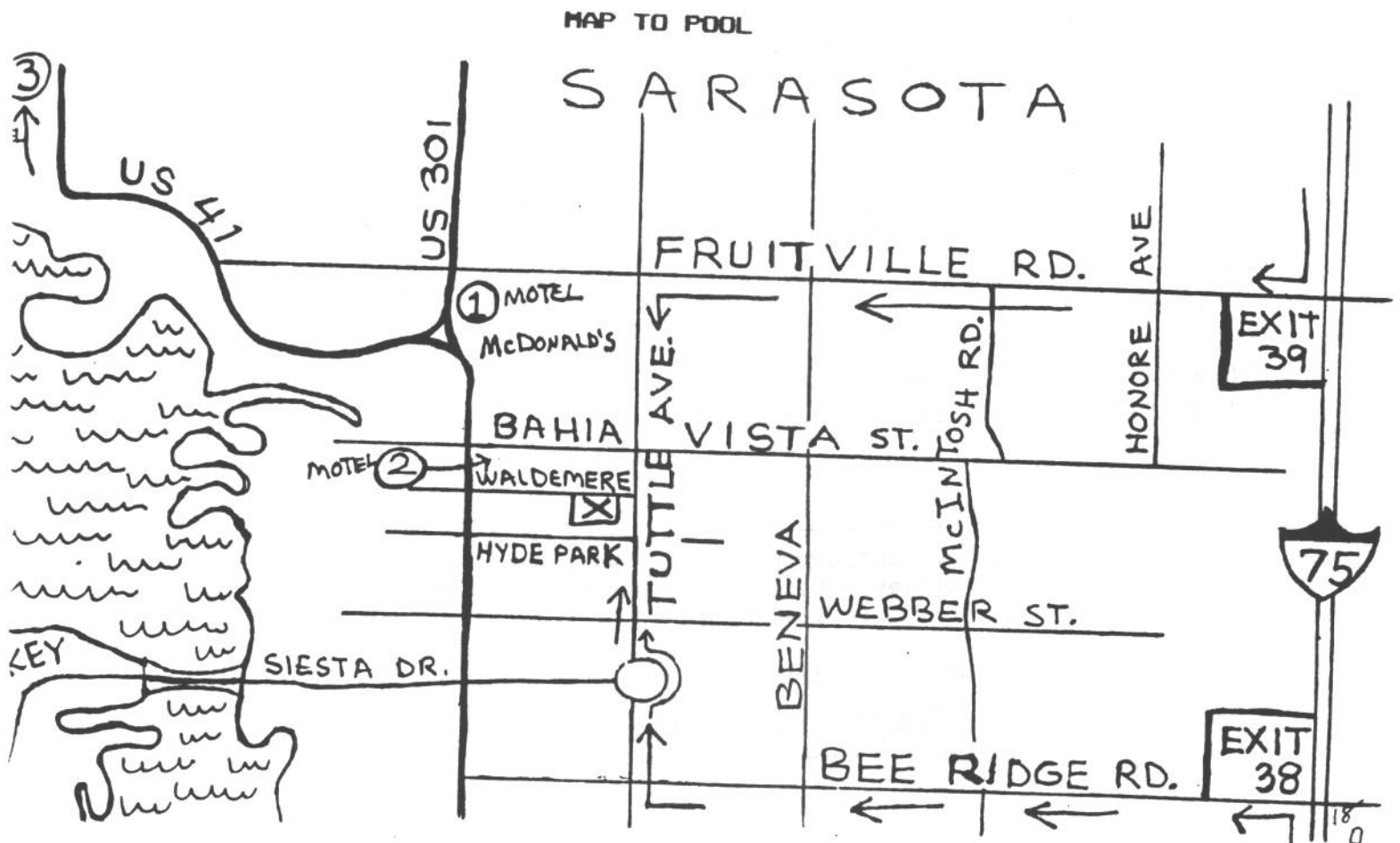
Best Western Midtown Motor Inn 1425 S Tamiami Trail 813-955-9841
5 blocks to pool Food nearby. Mention meet

Flamingo Colony Motel 4703 N Tamiami Trail, south of Ringling Museum
813-355-5135 5 miles to pool

Directions to pool:

From the north: Take I75 to Fruitville Rd (exit 39) and go right, WEST towards town for 4 miles to Tuttle Ave. Turn left at the Chevron station, going past the 3rd light (Bahia Vista St). Go 4 blocks further south, and turn right on Waldemere St. Pool is one block down on left.

From the south: Take I75 to Bee Ridge (exit 38) and turn left, WEST towards town for 4 miles until Swift Rd/Tuttle Ave. Turn right, going north. After passing the 2nd light at Hyde Park, go 4 more blocks to Waldemere St, and turn left. Pool is one block down on the left.



**Coral Springs Masters
Summer Sizzler
June 17-19, 1994
Long Course Meters**

Sanction: Florida Gold Coast Masters (Sanction #503-00)

Date and Time: June 17 Warmup 5:30 p.m. Meet 6:00 p.m.
June 18 Warmup 10:00 a.m. Meet 11:00 a.m.
June 19 Warmup 8:00 a.m. Meet 9:00 a.m.

Location: The Coral Springs Aquatic Complex, 12441 Royal Palm Blvd., Coral Springs, Florida. If taking I-95, take Copans Road and go west approximately 8-10 miles. (Copans becomes Royal Palm Blvd. at 441). Royal Palm will deadend and the Aquatic Complex will be on your right. If taking the Sawgrass Expressway from the north, take the Coral Ridge exit and go south to Royal Palm. Turn right onto Royal Palm. If taking the Sawgrass from the south take the Atlantic Avenue exit, go to Coral Ridge (first light) and make a left onto Royal Palm.

Pool Spec.: 6 lane, 50 meter course. One to two lanes will be opened during competition for warming up or loosening down. Fully automatic Colorado timing system will be utilized.

Eligibility: The meet is open to all USMS registered swimmers 19 years of age or older. Eligibility will be determined by age as of June 19, 1994.

Entries: Competitors are encouraged to enter a maximum of five individual events per days. Combined men and women seeding will be used. Entries will be slowest to fastest for all events less than 400 meters. Events 400 meters or longer (distance events) may be deck seeded and be swum fastest to slowest. Check in for distance events close at 5:45 p.m. on June 17, 11:00 a.m. on June 18 and 9:00 a.m. on June 19. **PLEASE ENCLOSE A COPY OF YOUR USMS CARD WITH YOUR ENTRY.** Late entries may be accepted at the discretion of the Entry Chairman with the payment of a \$5.00 surcharge until 8:00 p.m. June 16, 1994, Thursday.

Rules: 1994 USMS Official Rules shall govern this meet.

Deadlines: Entries with full payment should be received by the Entry Chairman by June 11, 1994. Mail entries with checks made payable to **Coral Springs Masters, Inc.** to:
Coral Springs Aquatic Complex
c/o Judy Bonning-Summer Sizzler
12441 Royal Palm Blvd., Coral Springs, Florida 33065

Questions: Call Judy Bonning at (305) 345-5370 (8 a.m to 6 p.m.)

Awards: Will be given for first thru sixth place. Relays will be awarded first thru third place.

Social: A delicious Italian buffet social will be held at the Aquatic Complex on Saturday immediately following the 400 FR. Tickets will be available at \$7.00 per person.

Hotels: Be sure to tell them you are with the Coral Springs Summer Sizzler
Wellsley Inn (305) 344-2200 - 3100 N. University Drive
Holiday Inn 1-800-441-9763 - 3701 N. University Drive

**4th Annual
Coral Springs Masters Summer Sizzler
June 17, 18, 19, 1994
Long Course Meters**

Name: _____ 1994 USMS # _____
 Address: _____ Team Name _____
 City: _____ State _____ Zip _____ Training Pool (GC Swimmers) _____

Sex: M F Phone: Home _____ Work _____

Age Group as of June 19, 1994
 (Circle) 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69,
 70-74, 75-79, 80-84, 85-89, 90-94, 95+

Circle event number and place entry times in space provided. Do not put "No Time", estimate a time.

Friday, June 17, 1994

Registration begins at 5 p.m.

Warmups 5:30 p.m.

Meet at 6:00 p.m.

Event Entry Time

- 1. 800 Freestyle _____
- 2. 1500 Freestyle _____

Saturday, June 18, 1994

Registration at 9:30 a.m.

Warmups at 10 a.m.

Meet at 11 a.m.

- 6. 200 I. M. _____
- 7. 50 Backstroke _____
- 8. 100 Butterfly _____
- 9. 200 Freestyle _____
- 10. 100 Breaststroke _____
- 11. 200 Backstroke _____
- 12. 50 Butterfly _____
- 13/14/15 200 Medley Relay (Women/
Men/Mixed) Deck Seeded
- 16. 400 Freestyle _____

Sunday June 19, 1994

Registration opens at 8 a.m.

Warmups begin at 8 a.m., Meet at 9 a.m.

Event Entry Time

- 17/18/19 400 Medley (Women/Men/Mixed)
- 20. 200 Breaststroke _____
- 21. 50 Freestyle _____
- 22. 100 Backstroke _____
- 23. 200 Butterfly _____
- 24. 50 Breaststroke _____
- 25. 100 Freestyle _____
- 26/27/28 200 Freestyle Relay (Women/
Men/Mixed) Deck Seeded
- 29. 400 I.M. _____
- 30/31/32 800 Free Relay (Women/Men)

**You must send a copy of your 1994 USMS
Card with this entry!**

Surcharge (required of all swimmers.....)\$5.00

Social @ \$7.00 per person..... _____

Event charge @ \$2.00 per event..... _____

Results mailed to your home address \$3.00..... _____

Late Entry surcharge (rcvd after 6/17 but b/f 6/16) \$5 _____

TOTAL THIS ENTRY..... _____

Note early due date is June 11, 1994!!

PLEASE NOTE THAT LATE ENTRIES MUST BE TURNED INTO CORAL SPRINGS NO LATER THAN 8:00 P.M. ON THURSDAY, JUNE 16, 1994. LATE ENTRIES MAY BE SEEDED IN EMPTY LANES OR IN A SEPARATE HEAT.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES, AS A CONDITION OF MY PARTICIPATION IN MASTERS SWIMMING. I further agree to abide by and be governed by the rules and regulations of USMS.

Swimmer's Signature: _____ Date _____

ANNUAL ST. PETERSBURG MASTERS LONG COURSE SWIMMING CHAMPIONSHIPS
FOR MEN AND WOMEN NINETEEN AND OLDER

JULY 22,23 & 24, 1994

ST. PETERSBURG, FLORIDA

SANCTIONED BY: FLORIDA LOCAL MASTERS SWIM COMMITTEE - SANCTION #: 94-7

SPONSORED BY: ST. PETERSBURG DEPARTMENT OF LEISURE SERVICES

ST. PETE MASTERS, INC.

MEET DIRECTOR: HAROLD FERRIS

ELIGIBILITY:

The meet is open to all registered MASTERS. A COPY OF YOUR 1994 REGISTRATION CARD MUST BE INCLUDED WITH YOUR ENTRY FORM. All entrants must have a current 1994 USMS Registration on file with the local team registrar PRIOR to the meet entry deadline.

RELAY ELIGIBILITY:

All relay members must be registered members of the team they represent, sign a meet waiver form and pay the \$2.00 timing surcharge.

NUMBER OF EVENTS:

Competitors may enter no more than 5 individual events per day, plus one freestyle, one medley, one mixed freestyle and one mixed medley relay per meet.

ENTRY FEES:

Entry fee shall be \$2.50 for each individual event. There is a \$6.00 surcharge for the automatic timing and the heat sheet.

RELAYS:

Deck entered relays will be accepted at the meet at \$4.00 per team entered.

ENTRIES DUE:

Entries must be in the hands of the Meet Director no later than TUESDAY, JULY 12, 1994. NO DECK ENTRIES; EXCEPT RELAYS.

ENTRY FORMS:

Please complete and return the ENTRY FORM, SEEDING FORM and a COPY OF YOUR 1994 USMS CARD. Enclose a self-addressed and stamped post card if you wish verification your entry was received.

SEEDING:

All heats will be seeded SLOWEST to FASTEST regardless of AGE. All entries submitted MUST HAVE A TIME - "NO TIME" ENTRIES CANNOT BE ACCEPTED (FLA LMSC, INC. rule effective 6-1-87). Submit best competitive times in meets not more than two years previous. All events are timed finals. The 1500 Freestyle will be deck seeded, combining men and women. Names of all swimmers entered in the 1500 Freestyle will be called until the last heat is seeded - with late arrivals being placed in the next available heat. SWIMMERS MUST CHECK IN FOR THIS EVENT.

POOL FACILITIES:

Northshore Pool is located on Tampa Bay, 901 North Shore Drive N.E., St. Petersburg, Florida. There is one-eight lane, 50 meter course, with a warm-up lane available.

SCRATCH PROCEDURES:

If a swimmer is unable to attend the meet, CALL Harold Ferris (813) 896-0250 no later than July 21st and your money will be refunded in full. Swimmers and relays not reporting to the blocks when their HEAT is called will be scratched in that event. Please report scratches to the Head Referee as soon as known.

WARM-UP:

Warm-up will be approximately one hour before starting time. On Friday, July 22nd warm-up will begin at 4:30 p.m.

TIMING:

Colorado Timing will be used with hand held back-up timing on each lane.

SCORING:

First - 9; Second - 7; Third - 6; Fourth - 5; Fifth - 4; Sixth - 3; Seventh - 2; Eighth - 1. DOUBLE POINTS FOR RELAYS.

AWARDS:

Special medals will be awarded for FIRST PLACE and ribbons for second through eighth place in individual events. Relays will receive ribbons for FIRST, SECOND and THIRD. Individual high point awards, FIRST through THIRD place will be given for men and women with the most points in their age group. A competitor must enter a minimum of 5 individual events to qualify. High Point Awards will ONLY be awarded POST-COMPETITION on Sunday, April 4th after points are officially tallied. Swimmers departing early should have friends pick-up awards or make other arrangements.

HIGH POINT VISITING TEAM AWARDS:

The visiting team with the highest combined total points, men and women will receive certificates for first, second and third place. Cash donations will be made to the winning teams designated charity (in lieu of trophies).

21 6

HEAT SHEET AND RESULTS:

A heat sheet will be furnished to each swimmer. Results may be ordered at the meet. One free copy will be sent to each team (team representatives should indicate so on their entry form).

INFORMATION ENVELOPES:

Upon arrival, each competitor should check in at the information table and pick up his/her envelope containing Heat Sheet, Dinner Tickets additional meet information.

REFRESHMENTS:

Refreshments will be available for purchase adjacent to the stands.

SATURDAY SOCIAL:

Join us for fun and food at the Olive Garden, 6700 US Highway 19 (34th St. North) on July 23rd at 5:30 p.m.

ADDITIONAL COMMENTS:

Competitors 19 to 24 years of age may jeopardize their amateur standing with FINA by competing in MASTERS.

Masters Swimming is a strenuous physical activity and each participant should first consult with his/her personal physician.

HOTEL LIST:

The ST. PETE HILTON	333 1st Ave. So.	(813) 894-5000
BEST WESTERN	5005 34th St. No.	525-1181
The HERITAGE	234 3rd Ave. No.	822-4814
BEACH PARK	300 Beach Drive N.E.	898-6325

**CALL FOR
SPECIAL
RATES**

FRIDAY, JULY 22, 1994 - Warmup 4:30, Swim 5:00

WOMEN

MEN

1

1500 M. FREESTYLE

2

<u>WOMEN</u>	<u>Saturday, July 17, 1994</u>	<u>MEN</u>	<u>WOMEN</u>	<u>Sunday, July 18, 1994</u>	<u>MEN</u>
	Warmup 8:00 am, Swim 9:00 am			Warmup 8:00 am, Swim 9:00 am	
3	200 M. BACK	4	23	100 M. FREE	24
5	100 M. BREAST	6	25	200 M. BREAST	26
7	50 M. FREE	8	27	100 M. FLY	28
9	200 M. FLY	10	29	200 M. MEDLEY RELAY	30
11	200 M. FREE RELAY	12	31	200 M. FREE	32
13	50 M. BACK	14	33	100 M. BACK	34
15	200 M. I.M.	16	35	50 M. FLY	36
17	50 M. BREAST	18	37/38	200 M. MIXED MEDLEY RELAY	
19/20	200 M. MIXED FREE RELAY		39	400 M. I.M.	40
21	400 M. FREE	22			

UNDER THE ADVISE OF THE USMS MEDICAL COMMITTEE, IT IS RECOMMENDED THAT AT ALL MEETS THE COMPETITORS EXIT FROM THE SIDES OF THE POOL AND NOT FROM THE END OF THEIR LANE. SWIMMERS SHOULD WAIT UNTIL THE LAST PERSON IN THE HEAT FINISHES BEFORE CROSSING LANES TO EXIT. SWIMMERS SHOULD WAIT AT LEAST ONE YARD FROM THE END OF THE LANE, ON THE RIGHT SIDE OF THE LANE DURING A RELAY EVENT.