Vol. XII, No. 2

Local Masters Swim Committee, Inc.

May 1995

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CHAIRMAN HAROLD FERRIS

1116 44th AVENUE N.E. ST. PETERSBURG, FLORIDA 33706 813-896-0250

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> REGISTRATION CHARLES H. KOHNKEN

1258 FLUSHING AVENUE CLEARWATER, FLORIDA 34624 813-531-0008

> RECORDS JEFF PEROUT

5022 N.W. 76th LANE GAINESVILLE, FLORIDA 32653 904-338-0512

NEWSLETTER EDITOR JIM DONNELLY

5239 BOX TURTLE CIRCLE SARASOTA, FLORIDA 34232 HOME: 813-371-4084 WORK: 813-365-3014 FAX: 813-955-4861

### St. Pete Masters Silver Anniversary

by Margie Hutinger

Twenty four years of lead-up meets. Months of planning. Three hundred and eighty one entries. One hundred fiftty-two relays. Forty teams. Sixteen overnight entries to beat the deadline. Twelve heats of the 1650. LET THE CELEBRATION BEGIN!!!

ven before the last Speedo-clad body emerged from heat 12 on Friday night, swimmers and friends donned their creative meet t-shirts and gathered at The Big Catch in downtown St. Pete. Friends and competitors shared memories and good times over plates of free food and glasses of free ice cold beer. Strumming guitar players in the courtyard added to the lighthearted atmosphere.

Early Saturday morning showers sent vendors and swimmers scurrying for the bleachers, locker rooms, tents and any other port in a temporary distraction. The squelching of the rain gods occurred before the first event, the 200 Backstroke, and sunny skies prevailed for Saturday and Sunday. Twenty-four years of history and tradition brought swimmers from three countries, eight states and all corners 25th Anniber & Act

of Florida to compete swim groups, from 19 year old our grande dame, 90 year Some made their debut: off the blocks since high back 20th Beach, our enterprising first America's longest, continuing Swimmers competed in all age youngster, Jennifer Keys, to Marian McKechnie. some made their first splash school or college, some came appearance, or more; and Bob meet director, also swam. Many

competitors recorded personal bests; others were happy to have survived their first 200 Fly or 400 IM; While Paul Hutinger, 70, set new National

ST. PETE MASTERS

CHAMPIONSHIPS

1971-1995

Twenty-four years of history and tradition brought swimmers from three countries. eight states and all corners of Florida to compete...



### **CALENDAR OF EVENTS**

DATE		PLACE	EVENT	CONTACT	
1995				2001254000314	
May	06-07	Orlando, FL	Total Immersion Swim Camp	Terry Laughlin	914-294-3510
	07	St. Petersburg, FL	SCY Developmental Meet	Margie Hutinger	813-521-1172
	18-21	Ft. Lauderdale, FL	USMS SCY Nationals-ISHOF	Stu Marvin	305-468-1580
	22	Ft. Lauderdale, FL	USMS Open Water 3.5 Mile Champ.	Stu Marvin	305-468-1580
June	03	Delray Beach, FL	Aqua Crest LCM Meet	Scott Barlow	407-278-7341
	10-11	Sarasota, FL	Suncoast LCM T'Shirt Meet	Deb Walker	813-923-3540
July	01	Key West, FL	Swim Around Key West	Tricia Holm	305-340-8454
	14-15	St. Petersburg, FL	St. Pete Masters LCM Championships	Margie Hutinger	813-521-1172
	28-30	Baton Rouge, LA	Southern LCM Dixie Zone Champs		
Aug	06	St. Petersburg, FL	LCM Developmental Meet	Margie Hutinger	813-521-1172
	24-27	Gresham, OR	USMS LCM Nationals-Mt. Hood C. C.	Ginger Pierson	503-224-7706
Sept	10	St. Petersburg, FL	SCM Developmental Meet	Margie Hutinger	813-521-1172
	20-24	Houston, TX	USMS Convention	Suzanne Rague	503-531-9051
Oct	07-08	Orlando, FL	<b>TEAM Orlando SCM Invitational</b>	Scot Hartle	407-351-4400
Nov	04-05	Anderson, SC	Electric City Invitational Dixie Zone SCM		
1996					
May	09-12	Cupertino, CA	SCY Nationals @DeAnza Community Col.		
June	22 -	Sheffield, Eng	VI World Masters		
July	2	Leader House	Surrey StreetS1 2LH	Fax 44-(0)	114-273-6731
Aug	21-25	Ann Arbor, MI	LCM Nationals @ U of MI	and the second s	
Sept	11-15	Orlando, FL	USMS Convention		

Silver Anniversary...continued from page 1

time standards in the 50, 100, and 200 Back, as well as the 50 Fly.

The publishing of the meet records, an added feature this year, created much enthusiasm. All told, 33 swimmers established 90 new meet records. We sent specially designed certificates to all individual record breakers.

Brilliant colors of red, green, orange, and blue from the team banners rippled across the bleachers and deck. Massive gridlock reigned supreme behind the blocks for the six relay events. Loud shrieks and wild screams from the crowd cheered on the 152 eager relay teams striving for each possible point for the visiting team awards. After the final tally, only 34.5 points separated the first place team, Orlando, from the runner-ups, Holmes Lumber Jax. WHEW! Orlando also won the men's award, and the Gold Coast women rose to the top in their division.

Saturday night, the 3rd floor on The Pier rocked with DJ music from the 40's - 90's. Pink, yellow, orange, and green helium-filled balloons added to the festiveness of the occassion, with ceiling-high palm trees and table centerpieces. John Ziegler, Georgia Masters, displayed his massive collection of memorabilla, including pins, t-shirts, slides, etc., from his previous 24 St. Pete meets. Incredibled! Bob Beach, John Spannuth, and June Krauser enlightened us on the history of Masters Swimming and our very first annual meet. Out of the five hundred entries Bob Beach sent out, June Krauser and 46 men showed up.

CONGRATULATIONS and THANKS to all participants who helped us share in the joy of our celebration of our first twenty five years. See you July 14-16, and come back for our 26th meet in April 1996.

Sidebar...

The Saturday Night Palm Tree Caper



wo septuagenarians stuffed, crammed, and tugged on of the helium filled palm trees into the elevator as

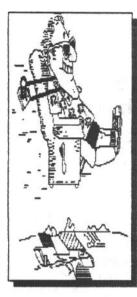
they left the dinner on Saturday night. They tried to hawk the once magnificent decoration as they walked down the Pier, but they had no takers. Not ones to let a good deal go to waste, they decided to decorate the North Shore Pool with their booty. Scared off by the thought of scaling the ten foot fence and the risk of security catching up with them (they both had events to swim on Sunday), they pushed and shoved the mighty palm tree over the front gate at the pool entrance. If you missed this wondrous sight, too bad. It was a great moment! Thanks Gertrude Zint and Jean Beers.

### National Records Broken at Meet

Paul Hutinger (70-74) 50 Bk 32.62 100 Bk 1:12.23 200 Bk 2:42.35 50 Fly 31.70

### Canadian Records Broken

Mike Torsney (60-64) 100 Fly 1:22.22 200 Fly 3:08.46



### The Chairman's Corner

Harold L. Ferris, Jr.

s I write this, the 1994-95 Short Course Season is winding down and will conclude with the Nationals in Ft. Lauderdale, May 18 through 21.

The Suncoast Masters will kick off the Long Course Season with the meet at Sarasota on June 10 and 11, 1995. Swimmers from the Florida LMSC showed up in large numbers to support the Clearwater and St. Pete meets. Now let's do a great job of supporting the Sarasota Long Course meet being put on by the Suncoast Masters June 10 and 11, as well as the St. Pete Long Course meet on July 14, 15 and 16. Long Course Nationals are far away in Oregon, so let's take advantage of these two Florida meets.

I would like to remind all meet managers and record keepers about the new FINA rules for World Records. Please review the letter from Walt Reid, which is reprinted in this issue. The individual swimmer should alert you, but you should also look for "early" aging up in short or long course meter meets. When someone breaks a World Record, we should all do our best to make sure he or she receives proper recognition.

### Should We Change Our Florida Top 5 Rule?

A question was raised at our business meeting in St. Pete on April 8, 1995 regarding the compilation of our Florida Top 5 swimmers. We have a rule that went into effect at our annual meeting in 1990 that states: for a time to count toward top 5 consideration in our LMSC the swim must take place in a USMS sanctioned meet in Florida and be performed by a FL LMSC registered swimmer. Should we rescind this rule and give times swum outside of Florida Top 5 consideration? It would be up to the individual swimmer to contact our recorder with the official results of those swims.

When this was allowed before, two problems occurred: 1. Educating all swimmers that it was their responsibility to get official results to our recorder was nearly impossible since membership is continually changing. Swimmers who were unaware of this responsibility became upset that their times were not included. 2. Allowing outside swims caused more work for our LMSC recorder.

One advantage to this rule is that it encourages attendance of our own Florida meets.

Please contact your team representative with your thoughts on this question. We will continue discussion at our next FL LMSC business meeting on July 15 in St. Pete before making a decision.

## Minutes of the Florida Local Masters Swim Committee Meeting April 8, 1995

The Florida LMSC meeting was held at the North Shore Pool in St. Petersburg during the 25th Annual SCY St. Pete Masters Swimming Championships. The meeting was called to order by Chairman Harold Ferris at 5:07 p.m.

Others present were: Chip Jones, Treasurer; Charles Kohnken, Registrar; Jim Donnelly, Newsletter Editor; Meegan Wilson, Secretary; Al Rogerson, BSAM; Tom Harmon, IRCC; Larry Peck, ORLM; Joan Glaraton, JNM; Margie Huntinger, SPM and Jerry Glancy, SMS.

I. Minutes - The minutes of the October 8, 1994 Annual Meeting were approved as they appeared in the November 1994 Florida LMSC newsletter.

#### II. Reports of Officers

A. Treasurer Report - Chip Jones reported a cash balance of \$7037.81 as of March 31, 1995 which is an increase of \$2781.98 from the January 1 balance of \$4255.83. Since 11/1/94, 892 swimmers have registered.

Receipts (from USMS registrations @\$23)	\$12141.50
Expenditures	4
USMS fees	7812.00
Newsletter	730.00
Rule books	180.00
Postage	289.12
Annual Report	61.25
Other expenses	242.15
Service charge	45.00
Total Expenses	9359.52

The Treasurer's report was approved as read.

- B. Registration Charlie Kohnken reported that 915 swimmers have registered with the FL LMSC as of 4/7/95. Charlie requested that Club registrars contact swimmers who have not reregistered this year.
- C. Records Short course meter times have been turned in to Walt Reid for Top Ten consideration.
- D. Sanctions A combined age-group and masters swim meet at the end of April in Tallahassee has been sanctioned.
- E. Newsletter Jim Donnelly reported that he is unable to obtain a new non-profit bulk rate permit from Sarasota since we are unable to find our original Articles of Incorporation and Mission Statement. After he labels and bundles the newsletters into zip codes he has been taking them to St. Pete where we renewed our current permit. Jim thanked Frank Tillotson for mailing the November '94 issue and Harold Ferris for mailing the February '95 issue. This has saved \$200 for a new permit fee.

Over 1100 November '94 newsletters were printed at a cost of \$788 with postage costs of \$150. Over 1250 February '95 newsletters were printed at a cost of \$730 with postage costs of \$180.

Jim requested news items for the May '95 newsletter. He will have a new article called "Ask Mr. D.Q." and is requesting questions about start, stroke and turn rules. Al Soltis, Ex-Officio Officials Chairman will answer the questions.

The new backstroke rule was discussed since someone was D.Q.'d at the St. Pete SCY meet for rolling to the stomach, touching the wall and pushing off on her back. Tom Harmon believes that this is legal.

F. Video Library Update - Joan Glaraton reported that Paul Wise donated video tapes of a coaches presentation at a swim meet which teaches stroke mechanics.

#### III. New Business

A. FINA Aging-Up Rule - The new FINA aging-up rule, which came into effect on September 1, 1994, was discussed. This rule affects World Records for both SCM and LCM meets and states that your 'age shall be determined as of December 31st of the year of competition'. I.e. on January 1 everyone ages up one year. Since USMS did not adopt this policy, it is up to the swimmers to bring to the meet director's attention that they qualify for a world record in the next older age group.

This information needs to be included in the packet that Bill Uhrich sends to meet directors. Jim Donnelly included this rule information in the February '95 issue and will rerun it in the May '95 issue. He will also send copies to Bill to include in his packet.

It was also suggested that when meet directors send world records to Walt Reid they should also send the same information to the swimmer as a cross check of the information.

B. Florida Top 5 - Margie Hutinger questioned our LMSC rule which states: for a time to count toward the Florida Top 5, the swim must occur in a USMS sanctioned meet in the state of Florida by a FL-LMSC member. This rule was passed at the 1990 FL LMSC Annual Meeting. Margie felt that FL-LMSC participation at meets outside the state of Florida should be allowed Top 5 consideration but should be the responsibility of the swimmer to get official results to our recorder. Charlie Kohnken said that the rule was passed because swimmers were unaware that it was their responsibility and were upset when their times were not included. He said that he received numerous calls from upset swimmers.

Two problems would occur if this rule was rescinded: 1. Education of all swimmers that it is their responsibility to get official results to our recorder is very hard to accomplish since membership is continually changing. 2. A change in this rule would cause more work for our LMSC recorder.

It was decided to take this question back to the local clubs for input from their swimmers. We will also ask Rocky Motter how she receives this information since the Dixie Zone Top Ten includes all meets

- C. Meet Scheduling Margie Huttinger requested that we set a time to schedule meets throughout the year so that there is no overlap of meets causing those with low attendance to be canceled. Charlie Kohnken pointed out that we do this at our annual meeting in October. Discussion followed that since only about five clubs put on meets during the year and many of these have traditional dates for these meets, sanctions should carefully be administered so that overlap or closeness of meets are closely monitored. Tom Harmon said that he was locked into his schedule by the college and suggested that clubs should work together and try to have their meets set by our October Annual Meeting so that meets will not be canceled due to low attendance. There was also a suggestion to try and coordinate our meets around Gold Coast meets which particularly effect IRCC due to its location.
- D. IRCC Stanton C. Craigie Memorial Swim Meet Tom Harmon reported that there will be a new award this year in honor of Anne Wilder.
- IV. Announcements The next FL LMSC business meeting will take place at the annual LCM meet in St. Pete on July 15, 1995.

With no further business, the meeting was adjourned at 6:07 p.m.

Respectfully Submitted,

Muyan Wilson Meegan Wilson

### Florida LMSC Registered Teams and Team Representatives

Amberjax Masters Swim Club Blue Wave Masters Clearwater Aqua. Team Masters Downtown YMCA F.A.S.T. Masters Florida Aquatic Masters Florida League of Aquatics Forest Hills Aquatics Harbour Island Swim Team Hernando County Family YMCA Holmes Lumber Jax Indian River Comm. College Jacksonville Area Masters Jax Navy Masters Naples Area Masters Swim Team Ocala Masters Swim Club S.W.I.M. Florida Masters, Inc. South West Swim Masters Space Coast Masters St. Pete Masters, Inc. Sun City Center Swim Team Suncoast Family YMCA Masters Suncoast Masters Swimming **TEAM Orlando Masters** Westchase Aquatic Masters Winter Haven Masters

Jacque Barker Susan Ann Moucha Cashel Mack Cee Cee Collins Kelly Bergdoll Tony DeLisle Bruce Meintjies Milt Bedingfield Jeff Copper Ruth M. Smith Telfair Mahaffy Tom Harmon Michael Castle Joan Glaraton Rich De Galan Claire "Red" Bailey Joan Gamso Alice Lawrence Al Rogerson Sandy Steer Jean Zulich Tina M. Rader Jerry Glancy Larry Peck Joe Biondi

Greg Hoeker

1120 8th St. South 109 E. Sadie 1501 N. Belcher Rd. #229 104 S. Franklin St. (YMCA) 502 NW 145th Terr. P.O. Box 12605 5530 Pedrick Plantation Circle 603 Chancellar 14129 Stonegate Dr 1300 Mariner Blvd. 6550 Roosevelt Blvd. 2806 Atlantic Ave. 11089 Percheron Dr 4590 Colonial Ave 3300 Santa Barbara Blvd. 4224 SE 12th PL. 27271 Preservation St. 10161 Wales Loop #147 1119 W. Wren Circle P.O. Box #449 704 Huxley Place 31790 US 19 N. Apt. 112 122 Pine Needle Lane 5625 Satel Drive 10405 Countryway Blvd. 2150 Central Ave W.

Jacksonville Beach, FL 32250 Brandon, FL 33510 Clearwater, FL 34625 Tampa, FL 34602 Newberry, FL 32669 Gainesville, FL 32604 Tallahassee, FL 32311 Lutz, FL 33549 Tampa, FL 33624 Spring Hill, FL 34609 Jacksonville, FL 32244 Ft. Pierce, FL 34947 Jacksonville, FL 32257 Jacksonville, FL 32210 Naples, FL 33999 Ocala, FL 34471 Bonita Springs, FL 33923 Bonita Springs, FL 33923 Barefoot Bay, FL 32976 St. Petersburg, FL 33731-0449 Sun City Center, FL 33573 Palm Harbor, FL 34684 Altamont Springs, FL 32714 Orlando, FL 32810 Tampa, FL 33626 Winter Haven, FL 33880

### SWIMMING NEWS FROM AROUND THE LMSC



et's start this JAM newsflash with a public apology. To the reading audience and my JAM brethren, meant in a politically correct way-of course, excuse me for missing the last Florida Newsletter. I'll try not to let it happen again.

Now on to more important topics; it is a nice new look by James Donnelly, don't you think? How about that St. Pete Meet? I for one am proud to have been a participant in the longest continuously run Masters Meet. It certainly says something for Florida Masters swimming. It was a great meet-again, with lot's of participants, good weather, and fast times. Did Paul Hutinger's name get called every time he raced for a new record of some kind, or maybe I fell asleep and missed one - WOW! There was one other swim I thought was incredible-Ron Collins in the 200 Fly - 1:59.96! That is Ron's lifetime best. Mr. Collins also swam numerous Masters personal best times. Well done, R.C.!

I'd like to throw out one more credit to JAM. Once again, anonymous sources report, while attending the Friday night St. Pete social, members of JAM were on hand when the beer keg emptied. Well, it is a record of sorts! (Editor's note: the Suncoast Masters Friday night contingent is sorry you all got there after we had finished most of the keg.)

Congratulations to Nick Mina for qualifying ALL-America in the SCM 50 and 100 Free. Others who JAM'ed to TOP-TEN times at the meet include: Maureen Jones, Merit Graves and Roy Deary. Thanks also to Orlando Masters and Lucky for having the meet and most importantly, the social.

Lastly, to the newest member of JAM, my daughter, Carlye Logan Castle, born 10-6-94. May she come to enjoy the lifetime of pleasures and benefits swimming can bring. You can rest assured that she has already been bestowed with one of those almost infamous, JAM Coach T-Shirts.

Her's hoping to see everyone in Fort Lauderdale. Swim well and prosper.

Mike Castle



Southwest Florida was represented at St. Pete Short Course Championships by three teams; Swim Florida Masters (Naples/Ft. Myers), Southwest Swim Masters (Bonita Springs) and Naples Area Masters (Golden Gate). Several unattached swimmers also entered from our area for a total of 22.

The Swim Florida Masters group in Ft. Myers has hired a coach, Danny Stern. Danny has competed in Masters quite successfully over the past several years and has many years of experience as an age group and high school swimming coach. Workouts are held at the Cypress Lake Middle School pool M/Tu/Th at 7:30 pm and Sundays at 1:00. Visitors to the area are always welcome.

The drive to finance and build a 50 meter pool in SW Florida is on again with Naples

YMCA close financially to their fundraising goal. In Ft. Myers, a 50 meter pool committee is being established to investigate financing and feasibility for construction at Lakes Park.

Election of Officers for Swim Florida (Ft. Myers Club) was held recently. Results are:

President:

Larry Black

Vice President:

Keith DeWitt

Secretary:

Mandy Shumbacker

Treasurer:

**Jack Thomas** 

Social Chairman:

Christa Gottschalk

Newsletter Editor:

Jeff Bergin

Assistant News-

Jen Deigin

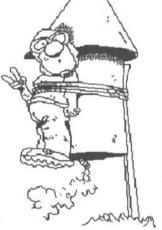
letter Editor:

Tim Hochuli

### Larry Black

### SPACE COAST MASTERS

we are now again the
Space Coast
Masters (SPCO).
Formerly were Brevard
Swimming Association
Masters.



The quartet of Roberta Franz, 33, Angie Sinacore, 64, Cory Lawler, 40, and Al Rogerson, 69, helped the group place 14th in the 26 team competition, at the recent SCY Clearwater meet. Although our membership ranks have been reduced we continue to look for swimmers, in our area, who wish to swim Masters.

The SPCO team had eight swimmers participate in the One Hour Postal Swim National Championships at the Indian Harbour Beach Pool, on Jan. 21, 1995. Ages ranged from 30 to 80. The oldest was Dick Fletcher, 80, who swam 2185 yards (made Top Ten), Keith Carter, 70, was the second oldest and

swam 3225. Others included: Al Rogerson, 69, swam 2875; Angie Sinacore, 64, swam 2825; Mike Darling, 41, did 4555 yds, and earlier in the day finished a 10 K race; Dave Crispin, 40, swam 3170; Ruth Bielfeld, 35, 4080 and John Eckert, 30, had 4050 yards.

Our Developmental - fun swim meet on March 18th was a success. We had a fine turnout of 55 swimmers, a majority of the participants were in the 65 to 85 age groups, who had been entering the Florida Senior Games meets. It was encouraging to have them enter.

Many thanks to Sue McGaughey (who hopes to re-enter competition in the near future) and her committee for their help with the meet.

"Have Suit Will Travel (Swim)" - Al Rogerson, who rarely misses a meet, was at it again. Al competed in Vero Beach, Indian Harbour Beach and Jupiter, in the span of eight days in Senior Games competition.

Angie Sinacore will probably miss the rest of the SCY season, since she is in Illinois, at her daughter's home, awaiting the birth of a Grandchild. We miss her as she provides the spark that helps the rest of our Senior Members to swim.

Al Rogerson

## BluewaveMasters

swimmer from Brandon, has been invited to participate in the 1995 Joint Disabled Organizations Swimming Camp at the U.S. Olympic Training Center in Colorado Springs, Co. The camp will be held May 12-19, 1995. Sue is one of only seven swimmers from the United States Cerebral Palsy Athletic Association to be selected.

The camp is funded by a grant from the U.S. Oympic Committee. Participants will receive

free room and board, as well as travel arrangements.

The camp will include practices, research studies, educational sessions, as well as other camp activities.

Sue has been a member of three Paralympic Teams receiving gold medals in cross-country and the 800 meter track in 1984 and '88 respectively and three bronze medals in swimming. She has also participated in three U.S. Olympic Festival competition - two for cycling receiving gold and silver medals and one for swimming - receiving two silver medals. Sue has also been a member of two World Disabled Teams.

Recognized in 1989 as one of ten Healthy American Fitness Leaders, she represented the U.S. at the International Olympic Academy (Olympia, Greece) in 1991, and attended the Academy at the invitation of the President of the International Olympic Committee as a presenter and discussion leader in 1992, '93, and '94.

Sue also participates regularly in ablebodied 5K and mile road races.

### F.A.S.T. Masters

Swim Team Masters have competed at the Clearwater Masters Valentine Meet and at the 25th Annual St. Pete SCY Meet this year: Gerard Bencen, Kelly Bergdoll, Tim Dodge, David Groisser, Susan Halfacre, Elaine Harris, Jennifer Keys, Trish Markey, Jeff Perout, Clinton Riley, Bill Rodenfels, and Meegan Wilson. While three of the members are not registered with F.A.S.T., all have benefitted from Coach Mitch Ivey's training and enjoyed two well run meets.

Meegan Wilson



e're proud to announce the following achievements announced at our recent Awards Outing, held at the home of Rick and Deb Walker.

Results compiled by Jerry Glancy.

#### 1994 USMS All America

Deb Walker 40-44

100 Y Breast 100 SCM Breast 100 M Breast

Kevin McCormack 40-44 50 SCM Fly 100 SCM Fly

#### 1994

Short Course Yards / Long Course Meters 1993 Short Course Meters National Top Ten

Brooke Bowman 6 events
Suzy Carlson 1 event
Lynn Cartee 9 events
Bob Coulter 2 events
Bardi Dendy 5 events
Jim Donnelly 5 events
Mike Drews 3 events 3 records
Jerry Glancy 8 events
Kevin McCormack 5 events 1 First
Balint Papp 8 events
Judy Parrett 1 event
Deb Walker 14 events 3 Firsts 2 Records
Rick Walker 1 Event

John Woods 27 events

#### SMS Dixie Zone Top Ten

Ken Boring 2 events Bert Bowers 4 events Brooke Bowman 9 events 7 Firsts George Burke 12 events Lvnn Cartee 14 events 2 Firsts 2 Records **Bob Coulter** 10 events **Boots Culbertson** 13 events Jon Culbertson 9 events Robert Davie 5 events Bardi Dendy 11 events 1 First Jim Donnelly 21 events 3 Firsts Mike Drews 8 events 8 Records Jerry Glancy 28 events 3 Firsts Edna Gordon 16 events Steve Grossman 20events2 Firsts Scottie Holliday 3 events2 Firsts Bill Keenan 22 events2 Firsts Adam Leonard 7 events Shirley Leonard 3 events Kevin McCormack 17 events 1 First 1 Record Chuck Neilsen 7 events 1 First Balint Papp 18 events 5 Firsts 1 Record Judy Parrett 6 events 2 Firsts Charlie Randall 9 events Mike Schremmer levent Tom Schwartz 1 event Joe Securo 7 events

Andy Voikos 2 events Deb Walker 18 events 14 Firsts 13 Records Rick Walker 10 events Neil Wilson 7 events John Woods 25 events 17 Firsts 13 Records

Ruth Switzer 1 Record

### Florida LMSC Top Five

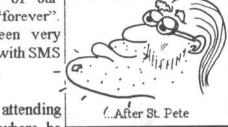
Thirty-five Suncoast Masters swam to 128 first place times and hold 92 of the records in all three courses combined for 1994. Congratulations!

#### SMS Profile...George Burke by Bob Coulter

oving to Florida from Carmel, N.Y. in 1956. George the Suncoast ioined Masters team in 1974 and has been one of our most active and dependable He members. President of SMS for two vears and as he put it, has been in charge of our social functions "forever". He has also been very active in helping with SMS sponsored meets.

After





Sarasota H.S., where he was Captain of the Swim Team, George graduated from Florida State University with a B.S. in Criminology-Corrections in 1970 and became a Certified Behavior Analyst in October 1994. He is currently a case worker with the Coastal Recovery Centers (Mental Health).

In the water, George enjoys open water long distance swimming and has swum the Pensacola Bay (3.5 miles), Key West (12.5 miles) and Midnight Pass to Venice (8 miles). For Masters events he likes the 1650 the best and the 200 Breast the least. George has acheived both the Florida Top Five, Dixie Zone Top Ten, and National Top Ten.

After a long acquaintance with a Clearwater swimmer (7 years!), George married Flight Attendant, Anita, a few years ago. Predictable was his comment about his most interesting Masters experience when he said "traveling with Jim Donnelly to away meets when we were free and single-especially those to St. Pete and Ft. Lauderdale". SMS has been blessed with such a loval and enthusiastic member for over 21 years!

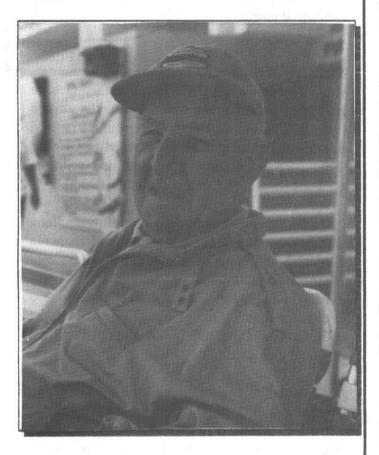
(Editor's note: George shaved his beard for the St. Pete Meet. His wife Anita has never seen him without it before...she couldn't stop laughing.)

## "Sporting Success is All in the Mind"

by George E. Bole

AM STEALING the headline from the London Times science editor, but not to discuss the yeas or nays of

mental practice. Rather, am I going to plug a favorite theme of mine, inspired by Robert Browning's word's, viz.: "A man's reach should exceed his grasp, or - what's a heaven for?"



SPM Coach George E. Bole

To me, these words, written more than a century ago, could have been penned by a 20th century Masters swim coach. The mind connection - it is my firm belief that few of us, if any, reach out farther than our grasps. Our minds set our limits, which our bodies respect. When our minds recognize a record time and

believe it possible, we have new records.

The previous record is the target
— never what is our potential, but
always someone else's previous
potential. It has been quoted that the
very best of us — the untouchables
— perform at but 4% their potential.

Which makes all those records seem pretty easily obtainable.

I believe that many of us decide beforehand how far we are going to reach and that is where we get.

St. Petersburg

**Masters** 

Just as all those rehearsal performances are in the mind, so do I think that records are in the mind. The old saying that "what the mind can conceive and the heart believe, the body can achieve" is a truism.

"The previous record is the target--never what is our potential, but always someone else's previous potential."

George E. Bole

The history of man is littered with the impossible deeds of explorers, adventurers, and yes, scientists. This is the nation that put a man on the moon. What further proof do you need that the impossible today is a certainty tomorrow.

When I talk of records, I am fully aware that only some people are capable of world records, etc. But your records, or your "grasp" can still be attained by "reaching" a little more.

Strengthen your resolve, go for gold, ignore the pre-competition "what-ifs", reach for it - it's outside your grasp - learn what heaven's for!

### Who's Too Old?

by George E. Bole

Researchers in the United States did three separate studies between 1990 and 1995 into the effect of aging on athletes and concluded that physiological decline begins well into the forties, not at 35 as scientists had thought.

To lend credence to their findings came the Russian, Yekaterina Podkopayeva, 42 years of age, whose successes provided evidence worth a thousand studies

Podkopayeva was the No. 1 ranked woman 1500 meters runner of 1994, and one of only two to break four minutes.

determination influence on running declining performance than age itself.

Yekaterina says, ...loss of Young runners often ask me when I'm going to has greater retire and why I've been long? 50 Sometimes I ask myself this question, but it is difficult to answer. I do it because it's possible."

> Dr. Owen Anderson, America physiologist,

who publishes Running Research News, asserts that loss of determination has greater influence on declining performance than age itself.

"We used to think that, at 35 or so, athletes began a steady physiological decline, but now we find that what we thought was an age-related decline is due to reduction in training", Anderson said. "We are finding that runners who are able to continue their training with intense work-outs do not lose much between 35 and 45."

At 45, your race times may be slower, but it is not the aging process that has given you It is probably reduced weaker legs. motivation, a reduction in quality training and lack of consistency of training."

If we talk Masters swimmers instead of runners, then I believe what these studies are proving. During my ten plus years coaching Masters, I have witnessed the steady rise of standards in all age groups. And most of the performances could only come through intensive training.

Furthermore, I believe that, what they now state as the beginning age of physiological decline will advance even into the fifties as more people become better coached in better facilities.

So one more excuse goes out the window. No more can we plead, "I'm getting too old for this!" Get off the walls, out of the comfort zone, and extend that horizon.

During my ten plus vears coaching Masters, I have witnessed the steady rise of standards in all age groups.

### Quips & Quotes

browsing through upcoming events in the heat sheet at the 25th Annual St. Pete Meet, my eyes lit up when I noticed I had some competition in the 50 Breaststroke. Scott Guthrie and Theunis Van Der Veen had just aged up out of my age group, to 50, so I didn't have any pressure from them and I thought I would be able to just swim my hardest, and try to hit a good time without any pressure from anyone in my age group. In other words...an easy 9 points! But what is this? John Edwards, a close second behind me in total individual points, is seeded in a faster heat than me with a 31.00 seed time! When did John become a Breaststroker? So I asked him about his seed time and he replied, "This is the first time I've entered this event...its only a 50...how long could it possibly take?" (It took John over 35 seconds, and I got my 9 points.)

James M. Donnelly

### Winter Haven Masters

inter Haven Masters Swim Team, formed in June 1994, is growing fast now with 27 registered swimmers. Coach Jim Grazier keeps us all (happily!) training hard and working to attain our individual and team goals. We salute him and appreciate his dedication and hard work.

Good luck to our four swimmers competing in USMS Nationals, May 18-21: Lori

Edwards, Greg Hoecker, Bryan Rutledge, Laurie Zolnierowski.

We are pleased to announce that we are hosting our first meet this year. We hope to see you all here - November 4 & 5 - for the Winter Haven Stingray Masters Swim Meet. Mark your calendars now - more information and meet entry form will be sent out in the August Issue of the Florida LMSC Newsletter. Best wishes from all of us at WIN!

Laurie Zolnierowski

### I Know its True... I Asked

## Mr. D.Q.

by Al Soltis - Florida Officials Chairman

Dear Mr. D.Q.: "Under the new backstroke rule, is it a legal turn to turn past the vertical, touch the wall on your breast, and then push off on your back.?"

Answer: "Following are two sources from Annaliese Eggert, National Officials Chairman, as to this specific question." From the U.S. Swimming News - June 1992... Q. "Under the new rule, what about the 8 & U (or 80 year old) who turns past the vertical, grabs for the wall, hangs there and then pushes off with their feet — is this legal?" "Yes, (it is legal), if reaching for the wall is a continuous part of their turning action —this is considered to be their turn."

From the USS Bulletin Board in answer to an officials question, about 8 months ago,

"TOUCHING THE WALL - Some swimmer may turn past the vertical as they reach with their hand for the wall, sometimes hanging onto the wall for a short pause before pushing off with their feet while on their backs. This would be a legal turn if their shoulders go past vertical as part of a continuous turning action

in reaching for the wall. This would not be a legal finish. The finish still requires a touch while on the back."

"The key word here is continuous. Keep in mind that turning past the vertical, grabbing for the wall, putting the feet on the wall and pushing off can be a continuous turning action when it is executed. The mind may assume it is not possible. We do not deal in assumptions. It is the rule to judge what you see and not what you assume. Remember, assuming is a degree of doubt and in that case, the benefit goes to the swimmer. The word "continuous" does not mean you must go in a straight line or curved turn. It means, as given in the dictionary, "Joined together closely, The written words are conjoined." important, but can be misinterpreted, so keep in mind and concentrate on "WHAT IS THE INTENT OF THE RULE".

Mr. D.Q.

Dear Mr. D.Q.: "What recourse does a swimmer have if he disagrees with an official's call?" D.Q.'d and Confused

Answer: "At all meets, be it Age Group, Senior, or Masters, the swimmer or coach has the right to question a DQ. Properly done, it is addressed to the Referee, who then seeks the reasoning why the call was made from the

official making the call. 99% of the time it is a good call and the explanation to the swimmer or coach suffices, agreed or not. The referee cannot overturn a call they did not personally observe, if the official gives the proper rule, interpretation and explanation and position they were in when DQ was called, and what the rule infraction was. The call will stand, if the foregoing were adhered to. By the same token, after the call is made

and the Referee has followed this line and upholds the call, there is no procedure to be followed to offset any placement, points or times that may have accrued to the swimmer. USS rule simply states that "judgement calls can only be considered by the Referee of the meet."

Mr. D.Q. - aka Al Soltis

### From The Editor's Swim Bag

ow about the great articles that you swimmers have contributed to this issue! A big thanks to Margie Hutinger for her front page article on the Silver Anniversary Meet. Her creative writing class is paying off! And her husband Dr. Paul Hutinger, for his "Preventing Shoulder Injuries" article. You Team Reps keep up the good job of keeping the rest of the Florida LMSC informed of whats going on with your teams. JAM has a new logo that they sent me, that I saw sported on their new team shirts at the St. Pete Meet. Jeff Perout compiled the Florida SCM Top Five for this issue



and Meegan Wilson transformed it into the easy to read format through her computor wizardry. SPM Coach George Bole blesses us with his inspirational articles that make us all want to "go for the gold"! Send in your questions on stroke and turn rules to "Mr. D.Q." - Al Soltis, I think he answered the big question we all had at the St. Pete Meet in this issue. And a special thanks to my mentor, Frank Tillotson for his interesting stories from the South African National Championships.

NEXT ISSUE... Watch for an article on Butterfly training from Olympic Gold Medalist Anthony Nesty. He is starting his first head coaching job in Sarasota for the Boys & Girls Club Chapter of Swim Florida. My son and Deb Walker's kids are among the age group swimmers he will be coaching! He also has plans to coach Masters Swimmers.

James M. Donnelly

### We Get Letters

Jim

LMSC February
Newsletter.
Without a doubt the
BEST ISSUE ever
done.

What more can be said?

THANK YOU!

"Swim in Good Health",

Frank Tillotson

Dear Mr. Ferris,

Just rec'd your Florida LMSC Newsletter and wanted to congratulate you and those involved for an excellent, informative, and fun to read publication. Great job!

Additionally I'd like to ask a favor - would you list on your schedule a meet that Coral Springs Masters is hosting, "The 19th Annual Swim Around Key West" to be held July 1, 1995. If you have an Open Water Committee please pass along the event form to them as well.

Sincerely,

Randy Nutt Chairman, Florida Gold Coast LMSC

United States Masters Swimming

**Mel Goldstein**, President 6456 Broadway Indianapolis, IN 46220 (317) 253-8289



April 12, 1995

To: Jim Donnelly, Florida Newsletter Editor

From: Mel Goldstein

This is just a short note to give you a "Pat on the Back" for the great work you are doing on the "Florida Newsletter." Communication to our membership is the backbone of our organization. Without dedicated people like you USMS would not enjoy the many success' we have had. Your newsletter is interesting as well as informative. Thank you for putting me on your mailing list.

Scott Rabalais received the enclosed letter from the wife of a Masters Swimmer who participated in the "February Fitness Challenge" last year. I receive a lot of letters throughout the year but none so moving as this one. I thought you might like to share it with your members.

Look forward to seeing you in Ft. Lauderdale.

Mr. Scott Rabalais February Fitness Challenge 950 S. Foster Drive #29 Baton Rouge, LA 70806

Dear Scott:

It is with regret that I am writing you this letter in lieu of Charless submitting an entry to the February Fitness Challenge '95. For reasons that the rest of us will never fully understand, Charless took his own life last November.

Because of the nature of the head wound, he became a candidate for organ donation. When we first spoke with the organ donor group, they expressed reluctance to consider some of his organs due to his advanced age - he was 60 at the time. However, I requested that they run all tests pointing out he had been such an active masters athlete for so many years. Later that evening, once the tests had been completed, we met with them again. While they tried to remain restrained and respectful, they could not conceal their amazement and enthusiasm. All organs were not only suitable for transplant, they were comparable to those of someone half his age. I've since learned that, due to the gift of life from Charless, six lives were extended and the prognosis for all was very good.

I firmly believe that Charless's participation in master's athletic programs (swimming, running, triathlons, etc.) increased the quality of his life as he lived it. Programs, such as the February Fitness Challenge, made training more fun and gave additional meaning to the daily workouts thus promoting the continuation of regular training. And, in his case, this training not only provided many opportunities to compete successfully and reap personal satisfaction from an excellent performance, but his fitness also had a very positive impact on the lives of six others and their families. This fact has helped ease the pain my family has experienced these past few months. I hope his story might also increase the awareness of the benefits of fitness training not only for oneself, but perhaps also for others.

Sincerely, Penny Le Bourgeois

### **South African Nationals**

11th Renewal, 23-25 March 1995 by Frank H. Tillotson

elspruit Northern Transvaal is the hub city of this Northeastern part of South Africa. Famous for Kruger National Park, Farming, Forestry and Tourism. Truly enjoyable.

Entries 255, 22 of whom from other countries. Brazil, Swaziland, Canada, Britain, USA. Few older swimmers, 84 being the eldest and FINA limiting the young

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the beer and
wine was readily
available.

to 25. This meeting was notable for the enthusiasm of all. Clubs were all loudly identified hats. by jackets, shirts, warmups. There were organized cheers for during an event and congratulatory outburst for the winners, by name. The atmosphere was perhaps more relaxed than our meets, more socializing, and while we may not agree, smoking was unnoticed

and the beer and wine was readily available. As well, of course as food and "speed foods". Competition was keen. Meet and South African records were prey to both local and foreign swimmers. Record times by non R S A swimmers were announced as unofficial records, with medals going to the winning swimmer, homeland not the factor.

The USA contingent was Georgia Coggin 65, Dallas, TX, Graham Johnston 63, Houston, TX, Frank Tillotson 80, St. Pete, FL. Graham's wife, Janis, was our keeper.

Georgia medaled her events, and did a dance series at the party which loudly cheered. Graham won all his events and Frank won 1-2nd and 4 - 1sts. The dinner, and party was a rousing success. Dancing seems to be the thing overseas. Food and wine good and plenty.

We three, Janis, Graham and I spent the next 4 days in Kruger Park visiting the gorgeous African animals from the ground squirrel to the towering giraffe, filled in with the

elephant, lion. water buck. jaeckel, hippo's, omnipresent impala and other antelope many more. All almost at arms away. length Continuing North through the Berlin and Blvde River canvon country



of mountains, escarpments, waterfalls and forests under cultivation. Finishing with an overnight at Pilgrims Rest, site of the original gold rush. Thence back to Johannesburg through fertile farmland...mango's, bananas, macademia nuts, apples, grapes and vegetables. Depending on the elevation and latitude. We all were appreciative of the hospitality and helpfulness of all we met.

(Continued next issue...Frank at Victoria Falls and Cape Town...Antarctic winds...)

## PREVENTING SHOULDER INJURIES SERIES #1--ROTATOR CUFF

Dr. Paul Hutinger, Professor Emeritus Western Illinois University

The most important muscles for the swimmer and the most overused, involve the rotator cuff. These are a group of muscles and tendons (Fig. #1) that help hold the head of the humerus (upper arm bone) in the shallow socket in the scapula (shoulder blade). There are no strong ligaments to do the job. The tendons of the rotator cuff pass under the bony arch of the acromion (outer tip of the shoulder). The muscles and tendons can get pinched under the acromion arch, especially with poor stroke mechanics. Other swimming injuries can occur from overwork and old injuries to the shoulder and arm.

The rotator cuff is primarily four muscles (subscapularis, infraspinatus, supraspinatus, and teres minor) and their tendons. It stabilizes the upper arm in the shoulder socket and allows a great range of motion. Rotator cuff pain is caused by an "impingement syndrome" (Fig. #4). This is because exertion or overuse causes a compression of tendons by the shoulder bone, resulting in tears and/or inflammation. Bursa are fluid-filled sacs that protect muscles and tendons from irritation by the bone. A shoulder problem of tendinitis or bursitis may be a result.

The next series of articles about the shoulder will include exercises that can be used to prevent rotator cuff problems and some rehabilitatory programs that physical therapists use to restore use of the shoulder. For chronic rotator cuff pain, you will need professional advice to design an exercise program, such as with Karen Beaulieu (SPM member), who is an RPT, at Jernigan's Clinic. Extreme problems may need surgery to bring about significant improvement.

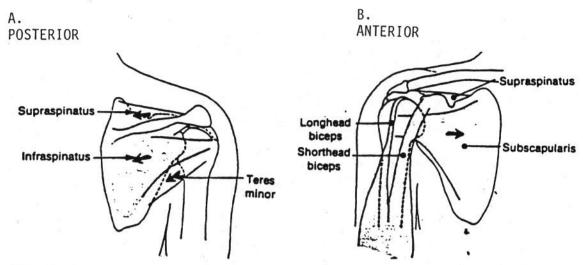


FIG. 1

The above muscles, underlying the deltoid muscle, are widely termed the "rotator cuff." Together, they have an essential steadying effect on the head of the humerus.

#### DESCRIPTION OF MUSCLES

#### <u>Infraspinatus and Teres Minor</u>

Location: lower posterior aspect of the scapula

Origin: scapula

Insertion: tuberosity of the humerus

Prime Mover: outward rotation and horizontal extension

#### Superspinatus

Origin: superior aspect of the scapula

Insertion: top of the tuberosity of the humerus

Prime Mover: abduction--pulls head of humerus directly into socket

and raises arm laterally

#### Deltoid (3 parts)

Origin: ·clavicle, acromion, top of scapula

Insertion: outer surface of humerus

Prime Mover: abduction, flexion, horizontal extension

#### Subscapularis

Origin: interior surface of scapula Insertion: lesser tuberosity of humerus

Prime Mover: inward rotation

#### Biceps Brachii

Origin: long head, from the scapula at top of glenoid fossa, and

passes over the head of humerus

Phase	Description
Pull-through (right arm)	
Hand entry	Shoulder is in external rotation and abduction. Body roll begins
Mid pull-through	Shoulder is at 90° of abduction and neutral rotation. Body roll is at maximum of 40°-60° from horizontal
End of pull-through	Shoulder is in internal rotation and full adduction. Body roll has returned to horizontal
Recovery (left arm)	
Elbow lift	Shoulder begins abduction and external rotation. Body roll begins in opposite direction of pull- through phase
Mid recovery	Shoulder is at 90° of abduction and external rotation beyond neutral. Body roll is at maximum of 40°-60° from horizontal. Head is turned to side for breathing
Hand entry	Shoulder is in external rotation and maximal abduction. Hand is in neutral position or slightly pronated

The swimmer should pay attention to the beginning of pain in the shoulder and use some of the following recommendations:

- 1. Take time off from the activity.
- Use aspirin, ibuprofen, or naproxen as an anti-inflammatory.
- 3. Use ice before, and especially after training.
- 4. Do other strokes that do not cause pain. Peter Betzer used just one arm and rested his pained arm. Paul Hutinger does half his training with kicking and swims back stroke with fins to lessen the stress on his arms. He can also swim breaststroke, but not free and fly.

Fig. 2. Stroke mechanics for freestyle swimming. For the right arm, three phases are identified: hand entry (top), mid pull-through (middle), and end of pull-through (bottom). For the left arm, three stages are likewise depicted: elbow lift (top), mid recovery (middle), and hand entry (bottom).

5. Use stretching exercises to keep range of motion and light weights (2-5 lbs.) to strengthen the rotator cuff. John Edwards used stretching exercises to work his way through a shoulder that was beginning to be a problem.

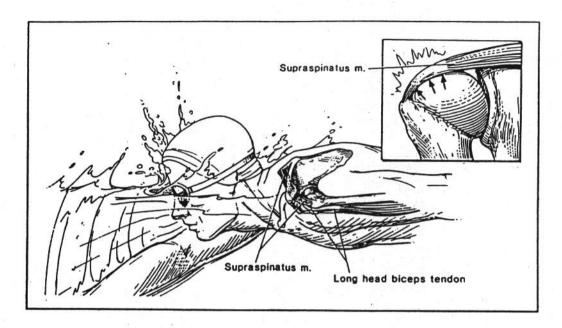


Fig. 3. Adduction of arm, as in late pull-through phase of freestyle swimming, is mechanism that causes "wringing out" of supraspinatus and biceps tendons.

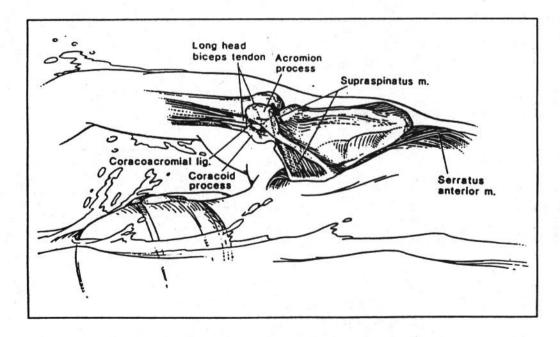


Fig. 4. Impingement of supraspinatus and biceps tendons between humeral head and coracoacromial arch can occur with abduction and internal rotation of humerus, as in recovery phase of freestyle stroke.

United States Masters Swimming



## LONG DISTANCE SWIMMING 1995 LONG DISTANCE CALENDAR

NOTE: OPN = Open Water, PST = Postal Swim, LD = Long Distance in Pool

	EMONTO OF THE LOUISING CA	ODN	Dill Dlook DO Day 99963 Atlanta GA 30356-8963	404-698-8020
5/13/95	5 K State Champs - Lake Lanier Is., GA	OPN	Bill Black, PØ Box 88863, Atlanta, GA 30356-8863 Sabrina Spear, PØ Box 337, Healdsburg, CA 95448	707-524-4036
5/13/95	1-Mile Lake Swim - Santa Rosa, CA	OPN	Mike Stott, 403 Lakewood Dr., Richmond, VA 23229, 804-288-8809 FAX	
5/15/95 - 10/15/95	10 K * 2 Person Relay	PST	MIKE Stott, 403 Lakewood Dr., Hichinord, 4A 25225, 504-200-0003 1 A	004 200 0000
5/15/95 -	*** NATIONAL CHAMPIONSHIP ***	PST	Jane Moore, 1867 58th St NE, Tacoma, WA 98422	206-925-0803
9/30/95	5 & 10 K Postal Championship			
5/21/95	1.7-Mile Swim - Kailua Beach Park	OPN	Waikiki Swim Club, PO Box 8462, Honolulu, HI 96830	
5/22/95	*** NATIONAL CHAMPIONSHIP ***	OPN	Stu Marvin, 501 Seabreeze Blvd, Ft Lauderdale, FL 33316	305-465-1580
	3.5-Mile Championship - Ft Lauderdale, FL		2 1 2 2 10 10 10 10 10 10 10 10 10 10 10 10 10	700 045 0484
5/28/95	Reston 2-Mile Lake Swim - Reston, VA	OPN	Lynn Hazlewood, 11714 Decade Ct., Reston, VA 22091	703-845-SWIM
6/3/95	Lk Berryessa 1 & 2-Mile Swims - Davis, CA	OPN	Andrew McPherson, Box 921, Davis, CA 95617	916-753-0307
6/3/95	7.5-mi Potomac River Swim	OPN	Joe Stewart, 3212 Avon Ave, Baltimore, MD 21218, (1995 entries closed-get info for 1996)	410-243-4418
6/4/95	2-Mile Guess Your Time - Honolulu, HI	OPN	Waikiki Swim Club, PO Box 8462, Honolulu, HI 96830	
6/10/95	5K Ocean Swim - Wrightsville Beach, NC	OPN	Daniel Forrester, 4718 Greenway Ave., Wilmington, NC 28403	910-799-2845
6/11/95	4.4-Mi Chesapeake Bay Swim - Baltimore, MD	OPN	Lyn Brooks, 701 Scarlett Dr., Baltimore, MD 21286	410-825-7442
6/16/95 - 9/15/95	Fitness 500 - 500 Yds/500 Mtrs Any Stroke	PST	DAM Fitness 500, PO Box 1366, Davis, CA 95617	
6/17/95	MD Swim for Life - Baltimore, MD	OPN	Joe Stewart, P.O. Box 39464, Baltimore, MD 21212	410-243-4418
6/17/95	2-Mile Swim - Lake Sonoma, CA	OPN	Mike Joyce, 38 Knoll Rd., San Anselmo, CA 94960	415-456-7404
6/18/95	*** NATIONAL CHAMPIONSHIP *** 1-Mile Championship - Virginia Beach, VA	OPN	Betsy Durrant, 211 66th St, Virginia Beach, VA 23451	804-422-6811
6/24/95	Roughwater Swim Clinic - Honolulu, HI	OPN	James K. Anderson, 3176 East Manoa Rd., Honolulu, HI 96822	
6/24/95	5K Open Water - Puerto Cabello, Venezuela	OPN	Frances Echevarria, PO Box 10225, Santurce Station, San Juan, PR 00908-0225	809-763-6621
6/25/95	1.5-Mile Swim - Lake Del Valle, CA	OPN	Linda Gilchrist, Box 4020, Alameda, CA 94501	510-522-0787
6/25/95	1-Mile Swim - Sunset Beach	OPN	Kalaheo Sports Productions, PO Box 25277, Honolulu, HI 96825	
6/30/95	1-Mile Bay Swim - Somers Point, NJ	OPN	Karen Pratz Aquatic & Fitness Center, 18th & Simpson Ave., Ocean City, NJ 08226	609-398-6900
7/1/95	2 K Swim - Ka'anapali, Maui	OPN	Maui Masters Swim Club, P.O. Box 424, Pu'Unene, Maui, HI 96784	
7/1/95	12.5-Mi Swim Around Key West	OPN	Tricia Holm, Note: Individual swim or 3-6 person relays, Send SASE to	0 305-340-8454
77 1130	TELO IIII OMATI MODELLO PORTO		Coral Springs Masters, c/o JPC, PO Box 8086, Coral Springs, FL 33065	
7/2/95	1-Mile Swim - Hapuna, Hawai'i	OPN	Frozen Pea Productions, PO Box 1583, Kailua-Kona, HI 96745	
7/2/95	1/2 & 1-Mile Lake Swims - Lake Erie	OPN	Demaree Brady, c/o Dept. of Pediatric Dentistry, Children's Hospital o Buffalo, 239 Bryant St., Buffalo, NY 14222	
7/4/95	Open Water Challenge - Omaha, NE	OPN	Todd Samland, 12613 Burt St., Omaha, NE 68154	402-554-2223
7/8/95	3-Mile Ocean Swim - Santa Barbara, CA	OPN	Sarah Clayton, Parks & Recreation, PO Box 1990, Santa Barbara, CA 93102-1990	805-965-0509
7/8/95	1-Mile Swim - Greenwich, CT	OPN	Peter Crumbine, 3 Copper Beach Rd., Greenwich, CT 06830, 203-961-0845 FAX	203-961-7290
7/8/95	2-Mile Cable Swim - Charlottesville, VA	OPN	Linda McCowan, 13613 Prince William Dr., Midlothian, VA 23113	804-379-2537
7/8/95	1-Mile Swim - Greenwich, CT	OPN	Peter Crumbine, 3 Copper Beach Rd., Greenwich, CT 06830, 203-961-0845 FAX	203-961-7290
7/9/95	6-Mile Ocean Swim - Santa Barbara, CA	OPN	Pete Kelley, 1921 Aspen St., Los Osos, CA 93402	805-528-3575
7/9/95	2.4-Mile Swim - 'Ehukai Beach Park	OPN	Waikiki Swim Club, PO Box 8462, Honolulu, HI 96830	
7/14/95	The Race for the Record - New York City	OPN	Morty Berger, c/o MIMSF, 461 West 43rd St., New York, NY 10036, Send 2 SASE (postage 32¢ & 64¢) + \$10 check to MIMSF by 3/21/95 - world class swimmers only	216-333-2163
THENE	1-Mile Ocean Swim - Bradley Beach, NJ	OPN	Dick Johnson, 306 Evergreen Ave., Bradley Beach, NJ 07720	908-988-9616
7/15/96		OPN	Mickey Wender, 1156 High St., Santa Cruz, CA 95064	408-476-8816
7/15/95	Rough Water Sprint - Santa Cruz, CA	OPN	Jan Huneke, 8068 Asbury Hills, Cincinnati, OH 45255	513-231-8168
7/16/95 7/16/95	2-Mile Lake Swim - Clermont, OH *** NATIONAL CHAMPIONSHIP *** 2-Mi Cable Championship - Cincinnati, OH	OPN	Jan Huneke, 8068 Asbury Hills, Cincinnati, OH 45255	513-231-8168
7/22/95	1, 3, 5, 10K Canal Swim - Welland, ON	OPN	Elma Couture, 308 Schofield Ave., Welland, ON L3B1N8	905-732-3626
7/22/95	Trans Tahoe Relay - Lake Tahoe, CA	OPN	Dana Totten, 524 Post St., San Francisco, CA 94102-1295	415-775-3088 (x205)
7/23/95	2.4-Mile Swim - Waimea Bay	OPN	Waikiki Swim Club, PO Box 8462, Honolulu, HI 96830	, , , , , , , , , , , , , , , , , , ,
7/23/95	1 & 2-Mile Lake Swims - Southern Oregon	OPN	Dave Cobb, 4008 NE Thompson, Portland, OR 97212	503-282-0472
7/23/95	*** NATIONAL CHAMPIONSHIP ***	OPN	Lucy Johnson, 769 Stanley Ave, Long Beach, CA 90804	310-433-5299
7/23/95	2.7-Mile Championship - Long Beach, CA 1-Mile Swim - Hilo, HI	OPN	County of Hawai'i Parks & Rec, 2349 Kalaniana'ole St., Hilo, HI 96720	
7/23/95	1 & 2 Mile Swims - Lake Erie	OPN	Doug Brogan, 398 Elmwood Rd., Bay Village, OH 44140	216-835-0142
7/23/95	1.5-Mile Swim - Lake Lanier Is., GA	OPN	Bill Black, PO Box 88863, Atlanta, GA 30356-8863	404-698-8020
7/29/95	Roughwater Swim Clinic - Honolulu, HI	OPN	James K. Anderson, 3176 East Manoa Rd., Honolulu, HI 96822	- AND
7/29/95	1-Mile Ocean Swim - Sea Isle City, NJ	OPN	Dean Castellini, 44th St. & Boardwalk, Sea Isle City, NJ 08243, (phone after 6/1)	609-263-3655

7/29/95	1-Mi & 2-Mi Lake Swim - Canandaigua, NY	OPN	Vern Hecker, 3452 Gehan Rd., Canandaigua, NY 14424	716 204 4075
8/5/95	11.8K Lake Swim - Skaha Lake, B.C.	OPN	Karl Donoghue, 837, C1, RR1, Okanagan Falls, BC V0H1R0	716-394-4075
8/5/95	Open Water Swim - Utah	OPN	Annette Taylor, 4286 Lynne Ln., Salt Lake City, UT 84124	604-497-5074
8/5/95	10K/5K Swim - Blaisdale Pool, Gage Park, KS	LD	Mary Anderson	801-277-6942 913-273-9095
8/5/95	Roughwater 1-Mile Swim - Santa Cruz, CA	OPN	Rick Gould, 323 Church St, Santa Cruz, CVA 95060	408-429-3197
8/6/95	Lake Swim - Bend, OR	OPN	Dave Cobb, 4008 NE Thompson, Portland, OR 97212	503-282-0472
8/6/95	2 K Swim - Waimea Bay	OPN	Rainbow Aquatics, 1299 S. Beretania St., Rm. 20, Honolulu, HI 96814	000 202 04/2
8/6/95	1 & 2-Mile Swims - Harbor Springs, MI	OPN	Marilyn Early, 1423 Quick Rd., Harbor Springs, MD 49740	616-526-9824
8/6/95	Pier to Pier 5-Mile - Santa Cruz, CA	OPN	Joel Wilson, PO Box 8422, Santa Cruz, CA 95061	408-425-5762
8/8-12/95	Hawai'i Masters Festival - Univ of HI	OPN	HMF, 46-459 Hololio St., Kane'ohe, HI 96744	
8/12/95	Roughwater Swim Clinic - Honolulu, HI	OPN	James K. Anderson, 3176 East Manoa Rd., Honolulu, HI 96822	
8/12/95	1K & 3K Swims - Georgian Bay, ON	OPN	Beth Whittall, RR#1, Meaford, N4L1W5	519-538-5548
8/12/95	2.7 Mile Donner Lake Swim - Truckee, CA	OPN	Sierra Nevada Masters, PO Box 9122, Truckee, CA 96162	916-582-1214
8/13/95	Manhattan Island Marathon - New York City	OPN	Morty Berger, c/o MIMSF, 461 West 43rd St., New York, NY 10036, Send 2 SASE (postage 32¢ & 64¢) + \$10 check to MIMSF by 3/21/95	216-333-2163
8/19/95	1/2 & 1-Mile Swims - 1000 Islands, ON	OPN	Marilee Taylor, 463 Curson Ave., Elizabethtown, ON, K6V7C1	613-345-0705
8/19/95	1.7-Mile Save the Bay - Newport, RI	OPN	Dana Cross, c/o Save The Bay, 434 Smith St., Providence, RI 02908-3770	401-272-3540
8/20/95	2 x 1-Mile Relay - Lake Del Valle	OPN	Steve Toschi, 7645 Desertwood Ln., Pleasanton, CA 94588	510-484-9776
8/20/95	*** NATIONAL CHAMPIONSHIP *** 11.8-Mile Championship - San Diego Bay	OPN	Dave Lamott, 2425 Palermo Dr, San Diego, CA 92106	619-222-3436
8/26/95	Roughwater Swim Clinic - Honolulu, HI	OPN	James K. Anderson, 3176 East Manoa Rd., Honolulu, HI 96822	
8/28/95	Lake Swim - Sandy, OR	OPN	Ginger Pierson, 7655 S.W. Cedarcrest St., Portland, OR 97223, (1500 & 3000 Meter Swims)	503-244-7706
9/1/95 - 11/30/95	*** NATIONAL CHAMPIONSHIP *** 3000 Yd Postal Championship	PST	Kris Wingenroth, 3830 Drummond, Houston, TX 77025	713-527-4077
9/2/95	Maui Channel Swim (10-Mile Relay Swim)	OPN	Maui Channel Swim, 1141 Aukele St., Kailua, HI 96734	
9/3/95	1.5-Mi Ocean Swim - Atlantic City, NJ	OPN	Bill Brooks, 3716 Boulevard Ave., Atlantic City, NJ 08401	609-344-0809
9/4/95	2.4 mile Roughwater Swim - Honolulu, HI	OPN	James K. Anderson, 3176 East Manoa Rd., Honolulu, HI 96822	
9/6/95	Various Ocean Events - Waimea Bay	OPN	Event Marketing, 1001 Bishop St., Pauahi Tower #477, Honolulu, HI 96813	
9/9/95	1.4-Mile Swim for Life - Provincetown, MA	OPN	Jay Critchley, 7 Cames Ln., Provincetown, MA 02657	509-487-3684
9/9/95	1.5-Mile Swim - Lake Lanier Is., GA	OPN	Bill Black, PO Box 88863, Atlanta, GA 30356-8863	404-698-8020
9/10/95	PMS 2-Mile Champs - Redding, CA	OPN	John Clark, 1325 Bambury Ct., Redding, CA 96001	916-246-4971
9/10/95	Rough Water Swims - La Jolla, CA	OPN	LJRWS, Inc., P.O. Box 2127, La Jolla, CA 92038	619-456-2100
9/10/95	5K Provincial Champs - London, ON	OPN	Bryan Finlay, 61 Hampton Ct., London, ON, N6H2P1, 519-472-1346(R)	519-663-3063(B)
9/16/95	Carlsbad Seawall Swim - Carlsbad, CA	OPN	Julie & Jeff Williams, 1914 Cheyenne Circle, Oceanside, CA 92056	619-724-4613
9/23/95	1.2-Mile Swim - Lake Natomas, CA	OPN	Bill Henderson, Box 1993, Rocklin, CA 95677	916-791-4228
9/24/95	2-Mile Swim - Kealakekua Bay 2K Turkey Swim - Ala Moana Park	OPN	Frozen Pea Productions, PO Box 1583, Kailua-Kona, HI 96745	
		OPN	YMCA, 1441 Pali Highway, Honolulu, HI 96813	
11/26/95 12/17/95	1.3-Mile Swim - Kailua-Kona Pier, Hawai'i	OPN	Frozen Pea Productions, PO Box 1583, Kailua-Kona, HI 96745	
1/1-31/96	7 K Roughwater Swim - Honolulu, HI *** NATIONAL CHAMPIONSHIP *** 1-Hour Postal Championship	OPN PST	James K. Anderson, 3176 East Manoa Rd., Honolulu, HI 96822 Jane Moore, 1867 58th St. NE, Tacoma, WA 98422-1517	206-925-0803
5/15/96 - 9/30/96	*** NATIONAL CHAMPIONSHIP *** 5 & 10 K Postal Championships	PST	Scott Rabalais, 950 S. Foster Dr., #29, Baton Rouge, LA 70806	504-928-5596
7/6/96	*** NATIONAL CHAMPIONSHIP *** 2-Mile Cable Championship	OPN	Linda McCowan, 13613 Prince William Dr., Midlothian, VA 23113	804-379-2537
7/20/96	*** NATIONAL CHAMPIONSHIP *** 10-Mile Open Water Championship	OPN	Ron Kempster, 201 Second St., Seal Beach, CA 90740	310-430-4380
8/3/96	*** NATIONAL CHAMPIONSHIP ***  1-Mile Open Water Championship	OPN	Rick Gould, 323 Church St., Santa Cruz, CA 95060	408-429-3197
9/1/96 - 11/30/96	*** NATIONAL CHAMPIONSHIP *** 3000 Yard Postal Championship	PST	Michael Collins, PO Box 1366, Davis, CA 95617	916-758-7212
9/7/96	*** NATIONAL CHAMPIONSHIP *** 2-Mile Open Water Championship	OPN	Craig Tribuzi, 7504 Zurich Dr., Plano, TX 75025	214-517-2498
9/21/96	*** NATIONAL CHAMPIONSHIP *** 5 K Open Water Championship	OPN	Tom Katsouleas, 20452 Pacific Coast Hwy., Malibu, CA 90265	310-456-3657

Please send a self-addressed-stamped-envelope (SASE) with written requests and don't expect the meet directors to be able to return long distance phone calls—Thank You.

NOTE: All events listed on this calendar are not sanctioned by USMS, Inc. and are therefor not necessarily covered by insurance. Swimmers are advised to check with meet directors to determine if an event is insured. USMS Sanctioned events are covered by USMS insurance and can be recognized by the following statement on the entry form: "Sanctioned by (LMSC name) for USMS, Inc. Sanction Number \_\_\_\_\_."

### Florida 1994 SCM Top 5

	50 Free Women 19-24	1:16.26 Geri P Heier 29 WIN	R: 5:44.58 K.R. Brunerrainey 93	200 Brst Women 30-34
	R: 0:30.23 Amanda L. Hall 93 0:30.31 Danielle M Sirbu 20 ORLM	200 Free Women 25-29	50 Free Women 30-34	R: 2:55.16 Lisa A. Flanagan 93
	100 Free Women 19-24	R: 2:16.46 Jennifer T Willis 94	R: 0:28.24 Kathy A Steele 94	2:57.44 Merit L Greaves 30 JAM 3:24.20 Nancy H Saliwanchik 33 FAST
	R: 1:06.85 Tasha L Hansen 94	2:16.46 Jennifer T Willis 26 ORLM 2:29.06 Jennifer L Van Der Molen 27 ORLM	0:28.24 Kathy A Steele 30 HLJ 0:29.04 Merit L Greaves 30 JAM	3:54.94 Nicole D Mistele 34 ORLM
	1:06.85 Tasha L Hansen 24 HLJ	2:48.34 Lisa A Hudak 29 SPM	0:29.04 Merit L Greaves 30 JAM 0:29.29 Eileen O Hartle 33 ORLM	3:59.66 Jennifer E Nanney 30 WIN
	200 Free Women 19-24	2:54.34 Geri P Heier 29 WIN	0:30.88 Rebecca A Nelson 30 FHA	50 Fly Women 30-34
	R: 2:24.26 Tasha L Hansen 94	400 Free Women 25-29	0:30.91 Debra G Hanson 31 ORLM	R: 0:32.10 Rosalie A. Cretin 93
	2:24.26 Tasha L Hansen 24 HLJ	R: 4:51.84 Jennifer T Willis 94	100 Free Women 30-34	0:32.93 Eileen O Hartle 33 ORLM 0:32.99 Merit L Greaves 30 JAM
	400 Free Women 19-24	4:51.84 Jennifer T Willis 26 ORLM 5:24.27 Jennifer L Van Der Molen 27 ORLM	R: 1:03.95 Eileen O. Hartle 93 1:03.98 Kathy A Steele 30 HLJ	0:33.67 Rebecca A Nelson 30 FHA
	R: 5:42.00 Danielle M Sirbu 94 5:42.00 Danielle M Sirbu 20 ORLM	5:41.36 Dianne L Geibel 29 ORLM	1:03.98 Kathy A Steele 30 HLJ 1:04.97 Maureen Jones 30 JAM	0:33.93 Debra G Hanson 31 ORLM
		5:48.45 Lisa A Hudak 29 SPM	1:08.54 Debra L Goodwyne 32 HLJ	0:38.08 Lori P Edwards 34 WIN
	800 Free Women 19-24 R: 13:17.10 Heather L Perry 94	800 Free Women 25-29	1:09.09 Debra G Hanson 31 ORLM	100 Fly Women 30-34
	13:17.10 Heather L Perry 23 ORLM	R: 11:44.67 Dianne L. Geibel 93	1:09.28 Rebecca A Nelson 30 FHA	R: 1:12.46 Rosalie A. Cretin 93 1:12.64 Maureen Jones 30 JAM
	1500 Free Women 19-24	11:57.52 Lisa A Hudak 29 SPM 11:58.34 Dianne L Geibel 29 ORLM	200 Free Women 30-34 R: 2:20.74 Maureen Jones 94	1:14.68 Merit L Greaves 30 JAM
	R: 24:56.45 Heather L Perry 94		2:20.74 Maureen Jones 30 JAM	1:16.14 Rebecca A Nelson 30 FHA
	24:56.45 Heather L Perry 23 ORLM	1500 Free Women 25-29 R: 22:23.24 Dianne L. Geibel 93	2:23.16 Merit L Greaves 30 JAM	1:18.15 Debra G Hanson 31 ORLM 1:18.34 Kathy A Steele 30 HLJ
	50 Back Women 19-24	22:51.66 Dianne L Geibel 29 ORLM	2:24.79 Kathy A Steele 30 HLJ	
	R: 0:34.98 Amanda L. Hall 93 0:40.04 Danielle M Sirbu 20 ORLM	50 Back Women 25-29	2:29.89 Debra L Goodwyne 32 HLJ 2:41.57 Nancy H Saliwanchik 33 FAST	200 Fly Women 30-34 R: 2:46.73 Maureen Jones 94
		R: 0:32.28 Jennifer T Willis 94	400 Free Women 30-34	2:46.73 Maureen Jones 30 JAM
	100 Back Women 19-24 R: 1:16.48 Esther S Smith 94	0:32.28 Jennifer T Willis 26 ORLM	R: 5:09.39 Eileen O. Hartle 93	100 L.M. Women 30-34
	1:16.48 Esther S Smith 22 UNAT	0:37.23 Jennifer L Van Der Molen 27 ORLM 0:40.59 Lorie J Stauch 29 SPM	5:42.81 Nancy H Saliwanchik 33 FAST	R: 1:13.59 Kathy A Steele 94
	1:18.80 Tasha L Hansen 24 HLJ	0:41.17 Geri P Heier 29 WIN	6:01.82 Lori P Edwards 34 WIN	1:13.59 Kathy A Steele 30 HLJ
	1:26.45 Danielle M Sirbu 20 ORLM	0:45.42 Dianne L Geibel 29 ORLM	6:17.18 Jacquelyn Nation 32 ORLM 6:46.26 Nicole D Mistele 34 ORLM	1:14.01 Merit L Greaves 30 JAM 1:17.68 Eileen O Hartle 33 ORLM
	200 Back Women 19-24	100 Back Women 25-29	6:52.53 Jennifer E Nanney 30 WIN	1:18.92 Debra L Goodwyne 32 HLJ
	R: 2:44.91 Tasha L Hansen 94 2:44.91 Tasha L Hansen 24 HLJ	R: 1:09.74 Jennifer T Willis 94 1:09.74 Jennifer T Willis 26 ORLM	800 Free Women 30-34	1:21.25 Rebecca A Nelson 30 FHA
		1:09.74 Jennifer T Willis 26 ORLM 1:19.77 Jennifer L Van Der Molen 27 ORLM	R: 10:19.44 Maureen Jones 94	200 LM. Women 30-34
	50 Brst Women 19-24 R: 0:45.27 M.A. McNiece 93	1:24.49 Lorie J Stauch 29 SPM	10:19.44 Maureen Jones 30 JAM	R: 2:40.52 Merit L Greaves 94
	100 Brst Women 19-24	200 Back Women 25-29	11:04.73 Sarah Docter-Williams 30 HLJ 11:08.53 Eileen O Hartle 33 ORLM	2:40.52 Merit L Greaves 30 JAM 2:45.01 Maureen Jones 30 JAM
	R: 1:22.47 Esther S Smith 94	R: 2:32.66 Sudi S. Miller 93	11:30.45 Debra G Hanson 31 ORLM	2:59.35 Debra G Hanson 31 ORLM
	1:22.47 Esther S Smith 22 UNAT	2:47.44 Jennifer L Van Der Molen 27 ORLM	13:01.15 Jacquelyn Nation 32 ORLM	3:02.20 Sarah Docter-Williams 30 HLJ
	200 Brst Women 19-24	50 Brst Women 25-29	1500 Free Women 30-34	3:03.49 Nancy H Saliwanchik 33 FAST
	R: 2:56.19 Esther S Smith 94	R: 0:35.70 Sudi S. Miller 93 0:38.24 Michelle L Sutton 26 HLJ	R: 19:39.15 Maureen Jones 94 19:39.15 Maureen Jones 30 JAM	400 I.M. Women 30-34
	2:56.19 Esther S Smith 22 UNAT	0:40.82 Lisa A Hudak 29 SPM	25:46.44 Nicole D Mistele 34 ORLM	R: 5:43.73 Lisa A. Flanagan 93 5:48.38 Maureen Jones 30 JAM
	50 Fly Women 19-24	0:42.13 Jennifer L Van Der Molen 27 ORLM	50 Back Women 30-34	50 Free Women 35-39
	R: 0:37.07 Danielle M Sirbu 94 0:37.07 Danielle M Sirbu 20 ORLM	0:44.62 Dianne L Geibel 29 ORLM 0:49.64 Geri P Heier 29 WIN	R: 0:35.69 Merit L Greaves 94	R: 0:28.49 Gina M Aguilar 94
	100 Fly Women 19-24		0:35.69 Merit L Greaves 30 JAM	0:28.49 Gina M Aguilar 35 HLJ
	R: 1:27.97 Danielle M Sirbu 94	100 Brst Women 25-29 R: 1:19.68 Sudi S. Miller 93	0:35.77 Kathy A Steele 30 HLJ 0:37.81 Vicki L Wilcox 31 HLJ	0:32.79 Kelly Bergdoll 36 FAST
	1:27.97 Danielle M Sirbu 20 ORLM	1:26.85 Lisa A Hudak 29 SPM	0:37.81 Vicki L Wilcox 31 HLJ 0:38.09 Lori P Edwards 34 WIN	0:34.43 Mary K McCarthy 37 BSAM 0:34.75 Jennifer E Nanney 36 FHA
	200 Fly Women 19-24	1:38.80 Dianne L Geibel 29 ORLM	0:38.91 Debra G Hanson 31 ORLM	0:39.64 Lydia R Thames 39 ORLM
	R: 3:11.45 Heather L Perry 94	200 Brst Women 25-29	100 Back Women 30-34	100 Free Women 35-39
	3:11.45 Heather L Perry 23 ORLM	R: 3:07.75 Kathy A. Steele 93	R: 1:18.31 Maureen Jones 94	R: 1:12.72 Mag L. Bowen 93
	100 I.M. Women 19-24	3:10.10 Lisa A Hudak 29 SPM 3:34.69 Dianne L Geibel 29 ORLM	1:18.31 Maureen Jones 30 JAM 1:18.54 Kathy A Steele 30 HLJ	1:15.03 Kelly Bergdoll 36 FAST
	R: 1:15.16 Esther S Smith 94 1:15.16 Esther S Smith 22 UNAT	50 Fly Women 25-29	1:22.59 Rebecca A Nelson 30 FHA	1:17.45 Jennifer E Nanney 36 FHA 1:25.88 Lydia R Thames 39 ORLM
	1:19.78 Tasha L Hansen 24 HLJ	R: 0:30.09 Sudi S. Miller 93	1:24.33 Lori P Edwards 34 WIN	1:31.48 Laurie S Zolnierowski 36 WIN
	1:23.42 Danielle M Sirbu 20 ORLM	0:31.62 Michelle L Sutton 26 HLJ	1:24.76 Debra G Hanson 31 ORLM	1:40.41 Kay Robson 36 ORLM
	1:29.75 Heather L Perry 23 ORLM	0:37.41 Geri P Heier 29 WIN	200 Back Women 30-34	200 Free Women 35-39
	200 I.M. Women 19-24	0:39.08 Dianne L Geibel 29 ORLM	R: 2:42.64 Maureen Jones 94 2:42.64 Maureen Jones 30 JAM	R: 2:48.29 Kelly Bergdoll 94 2:48.29 Kelly Bergdoll 36 FAST
	R: 2:40.17 Esther S Smith 94 2:40.17 Esther S Smith 22 UNAT	100 Fly Women 25-29 R: 1:10.95 K.R. Brunerrainey 93	2:58.58 Debra G Hanson 31 ORLM	3:10.27 Lydia R Thames 39 ORLM
	400 L.M. Women 19-24	1:33.27 Geri P Heier 29 WIN	3:04.68 Lori P Edwards 34 WIN	400 Free Women 35-39
*	R: 5:38.00 Esther S Smith 94	200 Fly Women 25-29	3:08.79 Sarah Docter-Williams 30 HLJ 3:54.98 Nicole D Mistele 34 ORLM	R: 5:16.06 Wanda H. Brown 93
	5:38.00 Esther S Smith 22 UNAT	R: 2:43.22 K.J. Johnson 93		9:25.32 Sue A Moucha 36 BLUE
	50 Free Women 25-29	3:39.78 Dianne L Geibel 29 ORLM	50 Brst Women 30-34 R: 0:36.87 Merit L Greaves 94	800 Free Women 35-39
	R: 0:28.38 Sudi S. Miller 93	100 I.M. Women 25-29	0:36.87 Merit L Greaves 30 JAM	R: 10:41.30 Wanda H. Brown 93
	0:28.54 Jennifer T Willis 26 ORLM 0:29.69 Michelle L Sutton 26 HLJ	R: 1:10.49 Jennifer T Willis 94	0:38.84 Kathy A Steele 30 HLJ	11:15.11 Jo Ann Harrelson 38 SPM 12:53.77 Wanda H Brown 37 SWIM
	0:31.14 Jennifer L Van Der Molen 27 ORLM	1:10.49 Jennifer T Willis 26 ORLM 1:17.63 Michelle L Sutton 26 HLJ	0:39.74 Debra L Goodwyne 32 HLJ 0:40.58 Eileen O Hartle 33 ORLM	19:11.41 Sue A Moucha 36 BLUE
	0:32.64 Geri P Heier 29 WIN	1:18.80 Jennifer L Van Der Molen 27 ORLM	0:40.58 Eileen O Hartle 33 ORLM 0:43.58 Caroline A Gatto 34 ORLM	1500 Free Women 35-39
	0:32.93 Lorie J Stauch 29 SPM	1:27.53 Lisa A Hudak 29 SPM	100 Brst Women 30-34	R: 21:16.78 Jo Ann Harrelson 94
	100 Free Women 25-29	1:28.12 Geri P Heier 29 WIN	R: 1:20.23 Merit L Greaves 94	21:16.78 Jo Ann Harrelson 38 SPM
	R: 1:01.48 Sudi S. Miller 93 1:01.74 Jennifer T Willis 26 ORLM	200 L.M. Women 25-29	1:20.23 Merit L Greaves 30 JAM	50 Back Women 35-39
	1:06.01 Michelle L Sutton 26 HLJ	R: 2:32.58 Jennifer T Willis 94 2:32.58 Jennifer T Willis 26 ORLM	1:22.42 Kathy A Steele 30 HLJ 1:26.53 Debra L Goodwyne 32 HLJ	R: 0:37.91 R.J. Seaman 93
	1:07.45 Jennifer L Van Der Molen 27 ORLM	2:50.20 Jennifer L Van Der Molen 27 ORLM	1:32.98 Nancy H Saliwanchik 33 FAST	0:39.25 Kelly Bergdoll 36 FAST 0:41.68 Jennifer E Nanney 36 FHA
	1:12.33 Lorie J Stauch 29 SPM	400 L.M. Women 25-29	1:37.80 Caroline A Gatto 34 ORLM	0:46.72 Lydia R Thames 39 ORLM

19.0   First Woman 15-9		war awakan bi sila			
100 Back Woman 3-5-9	1:03.41 Kay Robson 1:10.87 Sue A Moucha	36 ORLM 36 BLUE	27:58.06 Barbara Prescott 44 SPM	100 Brst Women 45-49 R: 1:28.40 Meegan J Wilson 94	
E. F. 12-67 Mag. L. Rovers 30 PRA (2012) De Sw Walker 4 St SSS (2012) De S	100 Rack Women 3				
12.746   January   19 PAA					
1.0.1.0.1.0.1.0.1.0.1.0.1.0.1.0.1.0.1.0					
200 Beck Woman 35-39	1:28.37 Kelly Bergdoll	36 FAST	100 Back Women 40-44		
200   Joseph C   Nomery   94   11   11   12   13   13   13   13   13	200 Back Women 35	5-39			
9 Si Bret Woman 36-39 6 Si Bret Woman 36-39	R: 3:09.09 Jennifer E Nat	nney 94	1:27.89 Kathryn A Wine 42 HLJ		
## 50-01-17 Cites of Against 20 Cited No. 19 Cites of Section 25 S	3:09.09 Jennifer E Nanney	36 FHA	50 Brst Women 40-44		
0-0.77   Claim M Argulate   35   HLJ   100   Inch Woman 64-4   R.   1.224   Inch W Wilder 93   Inch Woman 18-59   R.   1.224   Inch W Wilder 93   Inch Woman 18-59	50 Brst Women 35	5-39			
100 Feet Woman \$5-9  20.323 feating E Namey 36  20.324 feeting S 9 GRLM 20.325 feating E Namey 36  20.325 feeting E Namey 36  20.325 feeting E Namey 36  20.325 feeting E Namey 36  20.327 feeting S 9 GRLM 30.327 feeting E Namey 36  20.327 feeting S 9 GRLM 30.327 feeting			면 가게 되었다면 가게 하면 되었다면 가게 되었다면 하면 되었다면 하다		400 LM. Women 50-54
19.11-16   Light R Thanner   30 (RIM   100   1			1:08.66 Carol M Seidel 40 ORLM	4:11.88 Sherry D Dingfield 47 HLJ	
9.9990 Key Robose 16.08 L Sept. Monoch 3 5 ELUE 100 Ret Women 35-99 21.7526 FL Johnson 29 21.7526 FL Johnson 29 22.7537 Sept. Monoch 3 5 ELUE 23.751 Lanel M Grabbs 4 2 ELU 20.7537 Sept. Monoch 3 5 ELUE 25.757 Sept. Monoch 25 Sept. Monoch 26 Sept. Monoch 26 Sept. Monoch 26 Sept. Monoch 26 Sept. Monoch 27 Sept. Monoch 27 Sept. Monoch 28 Sept. Monoch 28 Sept. Monoch 28 Sept. Monoch 29 Sept. Monoch 20 Sept. Mono					50 Free Women 55-59
109.4 st A Modelan 15-39  109.1 lext Women 15-39  109.2 lext Women 15-39  109.1 lext Women 15-39  109.					
100 Feet Women 34-59	1:08.43 Sue A Moucha	36 BLUE			0:33.75 Jayne M Lambke 55 SPM
R. 2.12.5d R. Sammar 95 1PAL 2.22.1 familer M. Grabbe 4 2 BLJ 200 Bret Women 35-39 200 FLM 23.11.5 lamies M. Grabbe 4 2 BLJ 200 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 200 Bret Women 35-39 200 FLM 23.11.5 lamies M. Grabbe 4 2 BLJ 200 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 200 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 200 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 201 Bret Women 35-39 23.77 Lamie M. Grabbe 4 2 BLJ 23.77 Lamie M. Grabbe 4 2 B	100 Brst Women 3	5-39			
1.00.200   1.0	R: 1:25.61 R.J. Seam	an 93		그리 없는 것이 되었다면 하는데	
19.45   19.00   19.0				0:55.87 Angie L Wilson 46 ORLM	
2:19.07 See A Moocha				100 Fly Women 45-49	
200 Brst Women 35-39 5-397-72 Lydia R Thames 39 ORLM 5-39-72 Lydia R Thames 39 ORLM 5-39-72 Lydia R Thames 39 ORLM 5-39-72 Lydia R Thames 39 ORLM 10-38-36 Insuffer E Namey 30 Feb. 30-32-73 Can May Revenue 30-4-8 10-38-36 Insuffer E Namey 30 Feb. 30-32-73 Can May Revenue 30-4-8 10-38-36 Insuffer E Namey 30 Feb. 30-32-12 May Revenue 30-4-8 10-38-36 Insuffer E Namey 30 Feb. 30-32-73 Insuffer E Namey 30 Feb. 30-32-73 Insuffer E Namey 30 Feb. 30-32-74 Insuffer E Namey 30 Feb. 30-32-					
## 2011.1. M. Women 40-44  ## 24-31.5 see A Monacha  ## 36 BLUE  ## 21.13.7 Debr W Wilder  ## 37.5 See A Monacha  ## 36 BLUE  ## 37.5 See A Monacha  ## 37.5				1:27.65 Ann M Page 46 SPM	
3-39-71 Lydia R Thames 3-9 ORLM 44-71-73 and Months 3-1 BULE 11-83 7 Deborah W Wilder 91 1-84-70 Namey K Homes 3-59 (1-84) Namey A Series 1-84-70 Namey K Homes 3-59 (1-84) Namey A Series 1-84-70 Namey K Homes 3-59 (1-84) Namey A Series 1-84-70 Namey K Homes 3-59 (1-84) Namey A Series 1-84-70 Namey K Homes 3-79 (1-84) Namey A Series 1-84-70 Namey K Homes 3-79 (1-84) Namey A Series 1-84-70 Namey K Homes 3-79 (1-84) Namey A Series 1-84-70 Namey K Homes 3-79 (1-84) Namey A Series 1-84-70 Namey K Homes 3-79 (1-84) Namey A Series 1-84-70 Namey K Homes 3-79 (1-84) Namey A Series 1-84-70 Namey K Homes 3-79 (1-84) Namey A Series 1-84-70 Namey K Homes 3-79 (1-84) Namey A Series 1-84-70 Namey K Homes 3-70 Namey K Home			PARAMETER STATE OF THE STATE OF		A TOUR OF THE SAME AND THE SAME
59 F. Women 35-39 67 J. J. J. J. Women 35-30 67 J. J. J. J. Women 35-30 67 J. J. J. J. Women 35-30 68 J. J. J. Women 35-30 68 J. Women 35-30 68 J. J. J. J. Women 35-30 69 J. J. J. J. Women 35-30 69 J. J. J. J. Women 35-30 60 J. J. J. J. Women 35-30 60 J. J. Women 35-30 60 J. J. J. Women 35-30 60 J. Women 35-	3:59.72 Lydia R Thames				
1.5-3.0   Nampy in value   4.5   SPM   1.5-3.0   Nampy	4:54.73 Sue A Moucha	36 BLUE			
## ## ## ## ## ## ## ## ## ## ## ## ##	50 Fly Women 35	-39	- [BONGS 17:17] [BONGS ] [BONGS ] [BONGS [BONGS ]		3:40.20 Sandy L Steer 55 SPM
0.9.846 Jennifer E Namey 9 6 PHA			AND REAL OF THE COURT OF THE CO	1:45.16 Angie L Wilson 46 ORLM	
0.64.83   Judia R Thames 9 ORLM 30.00 Lauric M Griebbs 2 HIJ 20 Free Women 5-59 Smyl L Siles 5 S SPM 10.01 M, Women 5.59   40.01 M, Women 6.54   40.01 M, Women 6.54   40.01 M, Women 6.54   40.01 M, Women 6.55   40.01 M,				1:45.90 Penny M Potter 47 ORLM	그 사이 보다 하다 있다면 보다 하다 하는 그리를 하고 있다고 하는 그 때문에 하는 그리고 하는 것이다.
9.05.63 T kip Robono 3 o ORLM 200 FFW Women 35.49 R: 32012 Jo. Ann Harricon 92 R: 32013 Jo. Ann Harricon 92 R: 32013 Jo. Ann Harricon 93 R: 32013 Jo. Ann Harricon 94 R: 32013 Jo. Ann Harricon 94 R: 32013 Jo. Ann Harricon 94 R: 32013 Jo. Ann Harricon 95 R: 32013 Jo. Ann Harrico			선물 보고 있는 것이 있는 것이 있는 것이 없었다. 그런 보고 있는 경우를 받는 것이 없는	200 I.M. Women 45-49	
3.94.2.9 Naticy 9. Kiernam 40 SPM 3.14.2.0 Ann M Fuge 46 SPM 3.16.07 Meagan J Wilson 93 SPA PAST 18.00 LM, Women 35.39 K. 7:05.23 Meagan J Wilson 93 SPA PAST 18.00 LM, Women 45.49 K. 7:05.23 Meagan J Wilson 93 SPA PAST 18.00 Free Women 95.49 K. 7:05.23 Meagan J Wilson 93 SPA PAST 18.00 Free Women 95.40 SPM 19.00 LM, Women 45.49 K. 7:05.23 Meagan J Wilson 93 SPA PAST 18.00 Free Women 95.40 SPM 19.00 LM, Women 45.49 K. 7:05.23 Meagan J Wilson 93 SPA PAST 18.00 Free Women 95.40 SPM 19.00 LM, Women 45.49 K. 7:05.23 Meagan J Wilson 94 SPA PAST 18.00 Free Women 95.44 K. 7:05.23 Meagan J Wilson 94 SPA PAST 18.00 Free Women 95.44 K. 7:05.23 Meagan J Wilson 94 SPA PAST 18.00 Free Women 95.44 K. 7:05.23 Meagan J Wilson 94 SPA PAST 18.00 Free Women 95.44 K. 7:05.25 SPA PAST 18.00 Free Women 95.44 K. 7:05.25 SPA PAST 18.00 Free Women 95.44 K. 7:25.25 SPA PAST 18.00 Free Women 95.44 K.					
100 LM, Women 35-39	200 Fly Women 35.3	30	3:42.39 Nancy S Kiernan 40 SPM		
100 I.M. Women 35-39   R. 750.5 23 Meagen J. Wilson 93   SPFW Women 45-49   R. 10-127 A mm M Page 94   SPFW Women 35-39   R. 10-127 A mm M Page 94   SPFW Women 35-39   O. 125.6 I Daniel E Threat 95   SPFW Women 35-39   SPFW Women 35-30   Daniel E More 95   SPFW Women 35-39   SPFW Women 35-30   SPFW Women 35-39   SPFW Women 3			400 I.M. Women 40-44	25 27 27 27 27 27 27 27 27 27 27 27 27 27	
## 217.37 R.J. Sommon 93 E27.54 Jemnifer Pixanney 94 E27.67 Many K.McCarthy 37 BSAM 127.67 Many K.McCarthy 37 BSAM 127.67 Many K.McCarthy 37 BSAM 129.32 Kelly Bergdoll 36 FAST 32.32 Meegan J Wilson 45 FAST 19.32 Kelly Bergdoll 37 FAST 39 ORLM 20.01 M. Women 35.39 E27.60 May K. McCarthy 37 BSAM 20.01 M. Women 35.39 E27.60 Carthy M. Wilson 93 GPHA 31.05 Pomp M Potter 47 ORLM 31.09 Kelly Bergdoll 36 FAST 11.32 Meegan J Wilson 45 FAST 39.90 Like L. Treat 45 SFM 20.01 M. Women 35.39 E27.60 May K. McCarthy 94 E27.61 May K. McCarthy 97 E27.62 May K. McCarthy 97 E2	100 I M. Women 3	5.30	R: 7:05.23 Meegan J. Wilson 93	[11] [11] [11] [11] [11] [11] [11] [12] [12	
12574   Smally R. Cardy 37   SAM   Scale   Sept   Smally R. Cardy 37   Smally Regard   Small	171 143 N. H.	50/61/52	50 Free Women 45-49	400 I.M. Women 45-49	
129.32 Kelly Bergdoll   36 FAST   33.34 Mergan I Wilson   45 FAST   129.87 Lydfa F Rhames   30 ORLM   36.02 ML   36.02					그 그 그 그는 일반을 하는 것이다면 이번 역시 회사 사는 경기를 하면 하는 회에서 하는 사람들이 되는 것이다.
1.129.3 Kelly Bergedoll 36 PAS1				6:30.15 Anne P Grams 47 UNAT	50 Back Women 55-59
200 I.M. Women 35-39 R. 3:06.07 Jennifer E Namey 94 R. 1:11.73 Am M Page 46 R. 1:11.73 Am M Page 34 R. 2:11.73 Marge Huttinger 54 SPM 1:00 Free Women 45-49 R. 2:11.73 Marge Huttinger 54 SPM 1:14.46 Anne P Grams 47 UNAT 49.57 Sace Am Moncha 36 BLUE 1:17.33 Mergan J Wilson 45 R. 2:77 ORAM Rutinger Space 1:12.269 Lealie Lireat 45 SPM 200 Free Women 50-54 R. 2:71.73 Mergan Huttinger 54 SPM 1:14.46 Anne P Grams 47 UNAT 8. 2:71.73 Mergan Huttinger 54 SPM 1:12.27 Kathryn A Wine 42 R. 1:10.25 Kathryn A. Wine 93 1:10.25 Free Women 40-44 R. 1:10.25 Kathryn A. Wine 93 1:10.25 Free Women 40-44 R. 1:10.25 Kathryn A. Wine 93 1:10.27 Free Women 40-44 R. 2:35.55 Kathryn A. Wine 93 1:10.27 Free Women 40-44 R. 2:35.55 Kathryn A. Wine 93 1:10.23 Kathryn A. Wine 93 1:10.23 Kathryn A. Wine 93 1:10.23 Kathryn A. Wine 93 1:10.25 Kathryn A. Wi				50 Free Women 50-54	
200 LM. Women 35-39 200 LM. Women 35-39 3:05.97 Jennifer E Namney 94 3:05.97 Jennifer E Namney 94 3:05.97 Jennifer E Namney 95 3:05.97 Jennifer E Namney 96 3:05.97 Jennifer E Namney 97 3:05.97 Jennifer E Namney 97 3:05.97 Jennifer E Namney 97 3:05.97 Jennifer E Namney 98 3:05.97 Jennifer E Namney 99 3:05.97 Jennifer M Stewner 90-54 3:05.97 Jennifer E Namney 99 3:05.97 Jennifer M Jennifer M Stewner 90-54 3:05.97 Jennifer M Jennifer M Stewner Stewner 90-54 3:05.97 Jennifer M Jennifer M Stewner Stewner 90-5				R: 0:34.13 Jayne M. Lambke 93	
100 Free Women 45-49   111.73 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   111.44 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   111.44 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   111.44 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   111.44 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   111.44 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   111.44 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   111.44 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   111.44 Ann M Page 46 SPM   151.20 Ann P Forms 47 VINAT   151.20 Ann P Forms 47 VINAT   151.20 Ann P Forms 54 SPM   152.20 Ann P F				0:47.07 Margie Hutinger 54 SPM	0:52.63 Doris C Prokopi 58 FHA
3.05.97   Jennifer E Namey   36   FHA   R.			100 Free Women 45-49	100 Free Women 50-54	
318.99 Kelly Bergdoll 36 FAST   1.11.78 Ann M Page 46 SPM   1.21.23 Margh Hutinger 34 SPM   200 Free Women 49.44   1.12.26 M Limbk 93   1.22.69 Leslie L Treat 4 S SPM   1.22.88 Penny M Potter 47 ORLM   200 Free Women 49.44   1.22.69 Label L Treat 45 SPM   1.22.88 Penny M Potter 47 ORLM   200 Free Women 49.44   1.22.28 Kathryn A Wine 9   2.41.20 Anne P Grams 47 UNAT   2.21.23 Kathryn A Wine 9   2.41.20 Anne P Grams 47 UNAT   2.21.23 Kathryn A Wine 9   2.41.20 Anne P Grams 47 UNAT   2.21.23 Kathryn A Wine 9   2.41.20 Anne P Grams 47 UNAT   2.21.23 Kathryn A Wine 9   2.23.23 Kathryn A Wine 9   2.23.24 Kathryn A Wine 9   2.23.25 Kathryn A				집에 위하였다. 프로네이지 아이들에게 하겠다면 가지 않아 되었다. 그리고 아이들이 되었다.	R: 1:59.74 B. Culbertson 93
449457 Sue A Moucha 36 BLUE 1:17.33 Meegan J Wilson 4 S FAST Re 2:49.08 Layne M. Lambke 93 4:00 LM. Women 35-39 R & 8:07.70 Nancy K. Kiernan 92 50 Free Women 40-44 R : 1:20 26 Back Women 45-49 R : 2:30.50 S locale L Treat 4 S SPM 3:10.03 Free Women 40-44 R : 1:10.02 S Kathryn A Wine 4 HJ 1:00 Free Women 40-44 R : 1:20 28 Kathryn A Wine 4 HJ 2:00 Free Women 40-44 R : 1:20 28 Kathryn A Wine 4 HJ 3:00 S aroll M Seidel 4 O RLM 4:00 S Caroll M Seidel 5 S Caroll M Seidel 6 O RLM 4:00 S Caroll M Seidel 5 S Caroll M Seidel 6 O RLM 4:00 S Caro		36 FAST			
400 LM. Women 35-39   1:22.69   Leslie L Treat   45 SPM   400 Free Women 60-54   R. 2-37.50 Jayne M. Lambke 93   R. 2-47.65 Jayne M. Lambke 94   R. 2-27.75 Jayne M. Lambke 95   R. 2-27.75 Jayne M. Lambke 97   R. 2-27.75					1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
## 1.28.88 Penny M Potter 47 ORLM  ## 8.07.70 Nameny K Kiernan 92  **So Free Women 40-44  **R. 0.31.53 Debrach W Walker 93  0.31.98 Deb W Walker 43 SMS  0.32.13 Kathryn A Wine 42 HLJ  0.41.88 Namey S Kiernan 40 SPM  0.44.57 Carol M Seidel 40 ORLM  ## R. 1.30.26 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  0.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.25 Kathryn A Wine 42 HLJ  2.00 Free Women 45-49  **R. 1.23.27 Kathryn A Wine 42 HLJ  2.00 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.00 SPM  4.00 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Women 40-44  **R. 5.34.37 Pam J. Geiger 93  4.04.05 Free Wome	4:49.57 Sue A Moucha	36 BLUE			
Softree Women 40-44   R. 0-31.53 Deborah W. Walker 93   R. 2-41.20 Anne P Grams 94   R. 2-59.55.5 Jayne M. Lambke 93   Co.51.53 Deborah W. Walker 94   Co.52.59 Deborah W. Walker 94   Co.52.59 Deborah W. Walker 94   Co.52					
So Free Women 40-44   R. 2-41.20 Anne P Grams 94   SPM   2-31.20 Anne P Grams 94   SPM   2-3					
2.41.20 Anne P Grams 47 UNAT 3.16.53 Rathryn A Wine 42 HLJ 3.16.57 Penny M Potter 47 ORLM 4.18.7 Nancy S Kiernan 40 SPM 4.14.15 Joseph Free Women 40-44 R. 2.32.55.5 Kathryn A. Wine 93 Lessie L Treat 45 SPM 4.16.05 Carol M Seidel 40 ORLM 4.00 Free Women 40-44 R. 2.32.55.5 Kathryn A. Wine 93 Lessie L Treat 45 SPM 4.16.05 Carol M Seidel 40 ORLM 4.00 Free Women 40-44 R. 2.32.55.5 Kathryn A. Wine 93 Lessie L Treat 45 SPM 4.16.05 Carol M Seidel 40 ORLM 4.00 Free Women 40-44 R. 2.32.55.5 Kathryn A. Wine 93 Lessie L Treat 45 SPM 6.45.04 Penny M Potter 47 ORLM 4.00 Seron M Seidel 40 ORLM 5.00 Seron M Seidel 40 ORLM 6.45.04 Penny M Potter 47 ORLM 6.45.04				Margaretta Company Company	이 가는 가지 않는 것이 있는 이번 내가 되었다면 주어와 하지만 하는 것이 가득하다 하는 사람이 되었다면 되었다면 하고 있다면 하다.
9.32.53 Kathryn A Wine 42 HLJ 3:00.03 Lessie L Ireat 45 SPM (0.44.87 Carol M Seidel 40 ORLM 40 ORLM 400 Free Women 40-44 (2.17.70 Nancy S Kiernan 40 ORLM 40					2000년 100년 100년 11일 대한 대한 경험 11일 11일 대한 국민 대한 11일 11일 11일 11일 11일 11일 11일 11일 11일 11
0.44.87   Carol M Seidel   40 ORLM   3:27.37   Sherry D Dingfield   47 ORLM   1500 Free Women 50-54   R: 23:56.91   Elaine Bromwich   94   14:17.5   Jacquelyn G Piper   95   15:12.32   Kathryn A. Wine   93   1:12.32   Kathryn A. Wine   93   1:12.32   Kathryn A. Wine   94   1:27.70   Nancy S Kiernan   40   SPM   6:25.59   Leslie L Treat   45   SPM   R: 1:0.045   Margie Hutinger   93   1:53.28   Doris C Prokopi   58   FHA   1:53.28   Doris C Prokopi   58   FHA   1:38.07   Suzy Carlson   94   1:38.07   Suzy Carlson   95   1:38.07   Suzy Carl					0:53.33 Sandy L Steer 55 SPM
100 Free Women 40-44   R. 5.39.01 Anne P Grams 94   R. 6.25.59   Leslie L Treat 45 SPM   R. 6.25.55   Kathryn A. Wine 93   R. 6.25.55   Kathryn A. Wine 93   R. 6.26.50   Penny M Potter 47 ORLM   100 Back Women 50-54   R. 6.26.50   SPM   Song Free Women 40-44   R. 6.26.50   Penny M Potter 47 ORLM   2.02.13 Margie Hutinger 54 SPM   3.58.64   Jean M Sterling 57 HJJ   4.04.80 Penny M Potter 47 ORLM   2.02.13 Margie Hutinger 54 SPM   3.58.64   Jean M Sterling 57 HJJ   4.04.80 Penny M Potter 47 ORLM   4.05 Reagen J Wilson 94   4.05.44   Angie L Wilson 94   4.05.54   Angie L Wilson 94   4.05.54   Angie L Wilson 94   4.05.54   Angie L Wilson 94   4.05.58 Meegan J Wilson 94					100 Brst Women 55-59
100 Free Women 40-44 R: 1:10.26 Kathryn A. Wine 93 1:12.32 Kathryn A. Wine 94 1:12.77 Nancy S Kiernan 40 SPM 1:27.70 Nancy S Kiernan 40 SPM 1:27.70 Nancy S Kiernan 40 SPM 1:27.70 Nancy S Kiernan 40 SPM 1:28.25.55 Kathryn A. Wine 93 1:23.79 Kathryn A. Wine 93 1:40.48 Denny M Potter 47 ORLM 1:50 Back Women 50-54 1:50.06 Sandy L Steer 55 SPM 1:50.06 Sandy L Steer 5	0:44.57 Carol M Seidel	40 ORLM			
R: 1710.20   Kathryn A. Wine 93   5:39.01   Anne P Grams   47   UNAT   50   Back Women 50-54   1:52.72   Sandy L Steer   55   SPM   1:77.70   Nancy S Kiernan   40   SPM   6:25.59   Leslie L Treat   45   SPM   R: 1:00.45   Margie Hutinger 93   1:53.28   Dairs C Prokopi   58   FHA   1:52.72   Sandy L Steer   55   SPM   1:52.72   Sandy L Steer	100 Free Women 4	10-44			
1:12.32 Rathryn A Wine 42 HLJ				50 Back Women 50-54	
1:40.05 Carol M Seidel 40 ORLM  200 Free Women 40-44  R: 2:35.55 Kathryn A. Wine 93 2:37.91 Kathryn A Wine 42 2:37.91 Kathryn A Wine 42 3:4.12 Carol M Seidel 40 ORLM 3:4.12 Carol M Seidel 40 ORLM 4:00 Free Women 40-44 R: 5:34.73 Pam J. Geiger 93 6:31.54 Nancy S Kierman 40 8:15.41 Carol M Seidel 40 ORLM 8:15.41 Carol M Seidel 40 ORLM 8:15.42 Laurie M Grubbs 42 R: 11:32.218 Kathryn A. Wine 93 11:31.75 Nancy S Kierman 40 SPM 10:43.69 Penny M Potter 47 ORLM 2:02.13 Margie Hutinger 54 SPM 2:00 Back Women 50-54 R: 4:18.76 Margie Hutinger 94 4:18.76 Margie Hutin	- 0.000 1.300 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000				1:53.28 Doris C Prokopi 58 FHA
200 Free Women 40-44 R: 2:35.55 Kathryn A. Wine 93 14:04.80 Penny M Potter 94 3:08.22 Nancy S Kiernan 40 SPM 3:44.12 Carol M Seidel 40 ORLM R: 0:43.64 Meegan J Wilson 94 R: 13:8.07 Suzy Carlson 94 R: 1:38.07 Suzy Carlson 52 SMS R: 3:51.35 J.G. Piper 93 3:58.64 Jean M Sterling 57 HLJ 3:08.22 Nancy S Kiernan 40 SPM 3:44.12 Carol M Seidel 40 ORLM R: 0:43.64 Meegan J Wilson 94 R: 5:34.73 Pam J. Geiger 93 6:31.54 Nancy S Kiernan 40 SPM 8:05.12 Sandra K Powell 47 HLJ 8:00 Free Women 40-44 R: 11:22.18 Kathryn A. Wine 93 11:23.05 Pam Geiger 41 SPM 11:31.05 Pam Ge			6:45.04 Penny M Potter 47 ORLM	100 Back Women 50-54	1:56.06 Sandy L Steer 55 SPM
R: 2:35.55 Kathryn A. Wine 93 2:37.91 Kathryn A. Wine 93 3:08.22 Nancy S Kiernan 40 SPM 3:08.42 Nancy S Kiernan 40 ORLM 400 Free Women 40-44 R: 5:34.73 Pam J. Geiger 93 6:31.54 Nancy S Kiernan 40 ORLM 8:05.912 Sandra K Powell 47 HLJ 800 Free Women 40-44 R: 11:22.18 Kathryn A. Wine 93 11:27.32 Laurie M Grubbs 42 HLJ 13:3.75 Nancy S Kiernan 40 SPM 13:3.75 Nancy S Kiernan			800 Free Women 45-49		200 Brst Women 55-59
2:37.91 Kathryn A Wine 3:08.22 Nancy S Kiernan 40 SPM 50 Back Women 45-49 40.04 Free Women 40-44 R: 5:34.73 Pam J. Geiger 93 6:31.54 Nancy S Kiernan 40 SPM 8:15.41 Carol M Seidel 40 ORLM 8:15.42 Sandra K Powell 47 HLJ 47 HLJ 47 HLJ 47 HLJ 47 HLJ 47 HLJ 48 Co.40.43 Elaine Bromwich 48 Co.40.43 Elaine Bromwich 49 Co.40.43 Elaine Bromwich 40 SPM 40.58.52 Margie Hutinger 40 SPM 41.4.16 Doris C Prokopi 58 FHA 41.8.76 Margie Hutinger 54 SPM 41.8.76 Margie Hutinger 41 SPM 41.8.76 Margie Hutinger 41 SPM 41.8.76 Margie Hutinger 41 SPM 41.8.76 Margie Hutinger 42 SPM 41.8.76 Margie Hutinger 42					
3:08.22 Nancy S Kiernan 40 SPM 3:44.12 Carol M Seidel 40 ORLM R: 0:43.64 Meegan J Wilson 94 400 Free Women 40-44 R: 5:34.73 Pam J. Geiger 93 40:49.19 Sherry D Dingfield 47 HLJ 8:15.41 Carol M Seidel 40 ORLM 8:15.41 Carol M Seidel 40 ORLM 8:15.41 Carol M Seidel 40 ORLM 8:15.42 Rathryn A. Wine 93 11:31.05 Pam Geiger 41 SPM 1:31.379 Angle L Wilson 45 FAST 11:31.379 Nancy S Kiernan 40 SPM 0:40.58 Meegan J Wilson 94 11:31.370 Nancy S Kiernan 40 SPM 0:45.36 Angle L Wilson 94 0:41.63 Leslie L Treat 45 SPM 0:45.36 Angle L Wilson 46 ORLM R: 0:40.48 Elaine Bromwich 93 1:57.71 Jean M Sterling 57 HLJ 8:15.53.65 Sandy L. Steer 93 2:11.42 Margie Hutinger 54 SPM 0:45.36 Angle L Wilson 94 0:40.58 Meegan J Wilson 94 0:40.58 Meegan J Wilson 94 0:40.58 Meegan J Wilson 94 0:41.63 Leslie L Treat 45 SPM 0:45.36 Angle L Wilson 46 ORLM 0:45.48 Elaine Bromwich 94 0:45.36 Elaine Bromwich 94 0:45.36 Elaine Bromwich 94 0:45.36 Elaine Bromwich 94 0:45.36 Elaine Bromwich 94 0:55.59M 0:45.36 Angle L Wilson 46 ORLM 0:45.48 Elaine Bromwich 94 0:45.36 Elaine Bromwich 94 0:45.36 Elaine Bromwich 94 0:45.			14:04.80 Penny M Potter 47 ORLM	2:02.13 Margie Hutinger 54 SPM	그리 얼마를 하지 않는 하를 하면 하면 하는 것이 되었다면 하는 바로 그리고 있다고 있다면 되었다
3:44.12 Carol M Seidel 40 ORLM  400 Free Women 40-44  R: 5:34.73 Pam J. Geiger 93  6:31.54 Nancy S Kiernan 40 SPM 8:15.41 Carol M Seidel 40 ORLM 8:15.41 Carol M Seidel 40 ORLM 8:15.42 Carol M Seidel 40 ORLM 8:15.42 Carol M Seidel 40 ORLM 8:15.45 Nancy S Kiernan 40 SPM 8:15.41 Carol M Seidel 40 ORLM 8:15.42 Carol M Seidel 40 ORLM 8:15.45 Nancy S Kiernan 40 SPM R: 1:43.79 Angie L Wilson 45 HLJ 8:15.218 Kathryn A. Wine 93 11:31.05 Pam Geiger 41 SPM 11:35.99 Kathryn A Wine 42 HLJ 13:13.75 Nancy S Kiernan 40 SPM R: 0:40.58 Meegan J Wilson 94 11:35.99 Kathryn A Wine 42 HLJ 15:00 Free Women 40-44 R: 21:31.56 Laurie M Grubbs 94 R: 21:31.57 Dany M Potter 47 ORLM R: 3:28.37 Jayne M Lambke 94 R: 3:28.37 Jayne M Lambke 94 R: 4:18.76 Margie Hutinger 54 SPM R: 4:18.76 Margie Hutinger 54 SPM S: 18.76 Margie Hutinger 54 SPM R: 0:40.43 Elaine Bromwich 94 0:41.63 Elaine Bromwich 94 0:41.63 Carol M Seidel 40 ORLM R: 0:40.43 Elaine Bromwich 94 0:58.52 Margie Hutinger 54 SPM 0:40.43 Elaine Bromwich 94 0:58.52 Margie Hutinger 54 SPM 0:40.43 Elaine Bromwich 94 0:58.52 Margie Hutinger 54 SPM 0:40.43 Elaine Bromwich 94 0:58.52 Margie Hutinger 54 SPM 0:40.43 Elaine Bromwich 94 0:58.52 Margie Hutinger 54 SPM 0:40.43 Elaine Bromwich 94 0:58.52 Margie Hutinger 54 SPM 0:40.43 Elaine Bromwich 94 0:41.63 Carol M Seidel 40 ORLM 0:40.43 Elaine Bromwich 94 0:4			50 Back Women 45-49	200 Back Women 50-54	
## 100 Free Women 40-44 R: 5:34.73 Pam J. Geiger 93 0:45.44 Angie L Wilson 46 ORLM 8:15.41 Carol M Scidel 40 ORLM 8:15.41 Carol M Scidel 40 ORLM  ## 100 Back Women 45-49 R: 1:22.18 Kathryn A. Wine 93 11:27.32 Laurie M Grubbs 42 HLJ 11:35.99 Kathryn A Wine 42 HLJ 11:35.99 Kathryn A Wine 42 HLJ 11:35.99 Kathryn A Wine 42 HLJ 11:35.90 Free Women 40-44 R: 21:31.55 Laurie M Grubbs 94 R: 21:55.23 Pam Geiger 41 SPM R: 21:31.55 Laurie M Grubbs 94 R: 21:31.55 Laurie M G	3:44.12 Carol M Seidel	40 ORLM			A SANCTON CONTRACTOR OF THE SANCTON CONTRACT
R. 5:34.73 Pam J. Getger 93	400 Free Women 4	10-44			
6:31.54 Nancy S Kiernan 40 SPM 8:15.41 Carol M Seidel 40 ORLM 8:15.42 Carol M Seidel 40 ORLM 8:15.42 Carol M Seidel 40 ORLM 8:15.45 Carol M Seidel 40 ORLM 8:15.46 Carol M Seidel 40 ORLM 8:15.47 Carol M Seidel 40 ORLM 8:15.48 Carol M Seidel 40 ORLM 8:15.41 Carol M Seidel 40 ORLM 8:15.41 Carol M Seidel 40 ORLM 8:15.42 Carol M Seidel 40 ORLM 8:15.45 Carol M Seidel 40 ORLM 8:15.46 Carol M Seidel 40 ORLM 8:15.46 Carol M Seidel 40 ORLM 100 Back Women 45-49 8:15.42 Sandra K Powell 47 HLJ 8:16.43 Sandra K Powell 47 HLJ 8:16.44 Sandra K Powell 48 Indicates A SPM 8:15.45					그 그 아이에 하면
800 Free Women 40-44 R: 11:22.18 Kathryn A. Wine 93 11:27.32 Laurie M Grubbs 42 HLJ 11:35.99 Kathryn A Wine 42 HLJ 13:13.75 Nancy S Kiernan 40 SPM R: 0:40.58 Meegan J Wilson 94 R: 0:40.58 Meegan J Wilson 94 R: 1:31.26 Jayne M Lambke 94 R: 1:31.36 Laurie M Grubbs 94 R: 1:31.36 Jayne M Lambke 93 R: 1:31.36 Jayne M Lambke 94 R: 1:31.36 Jayne M Lambke 94 R: 1:31.36 Jayne M Lambke 95 R: 1:31.36 Jayne M Lambke 94 R: 1:31.36 Jayne M Lambke 95 R: 1:31.36 Jayne			0:59.12 Sandra K Powell 47 HLJ		
8: 1:43.79 Angie L Wilson 94  R: 11:22.18 Kathryn A. Wine 93  11:27.32 Laurie M Grubbs 42 HLJ  11:31.05 Pam Geiger 41 SPM  11:31.37 Nancy S Kiernan 40 SPM  11:31.37 Nancy S Kiernan 40 SPM  11:31.37 Nancy S Kiernan 40 SPM  11:31.36 Laurie M Grubbs 94  11:31.35 Laurie M Grubbs 94  11:31.36 Jayne M Lambke 95  11:31.26 Jayne M Lambke 94			100 Back Women 45-49		
11:27.32 Laurie M Grubbs 42 HLJ 11:33.79 Angie L Wilson 46 ORLM 11:35.99 Kathryn A Wine 13:13.26 Brst Women 45-49 11:35.99 Kathryn A Wine 42 HLJ 13:13.75 Nancy S Kiernan 40 SPM 13:13.75 Nancy S Kiernan 40 SPM 15:50 Free Women 40-44 15:20 Free Women 40-44 16:21:31.56 Laurie M Grubbs 94 16:41.63 Leslie L Treat 45 SPM 16:43.79 Angie L Wilson 45 ORLM 16:40.58 Meegan J Wilson 94 16:41.63 Leslie L Treat 45 SPM 16:41.63 Leslie L Treat 45 SPM 16:41.63 Leslie L Treat 45 SPM 16:43.63 Anne P Grams 47 UNAT 17:47.74 Penny M Potter 47 ORLM 17:47.74 Penny M Potter 47 ORLM 18:1:55.36 Sandy L. Steer 93 100 Fly Women 55-59 11:31.26 Jayne M Lambke 94 11:31.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 11:31.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 11:31.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 11:31.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 11:31.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 11:31.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 11:31.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 11:51.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 11:51.26 Jayne M Lambke 94 11:57.71 Jean M Sterling 57 HLJ 15:50 Fly Women 50-54 15:50.50 Fly Women 50-54 15:50 Fly Women					19일 경기에 하다 되어 가지 하면 있다. 그리고 하다가 들어가게 하다 그 그리고 있네 ! 그리고 있네!
11:31.05   Pam Geiger   41   SPM   50   Brst Women 45-49   2:11.42   Margie Hutinger   54   SPM   R: 0.40.58   Meegan J Wilson 94   13:13.75   Nancy S Kiernan   40   SPM   0.40.58   Meegan J Wilson 94   1500   Free Women 40-44   1500   Free Women 40-44   163   Leslie L Treat   45   SPM   0.45.36   Anne P Grams   47   UNAT   47			1:43.79 Angie L Wilson 46 ORLM		
11:31.37 Nancy S Kiernan 40 SPM 0:40.58 Meegan J Wilson 94 200 Brst Women 50-54 1:31.26 Jayne M Lambke 55 SPM 13:31.37 Nancy S Kiernan 40 SPM 0:40.58 Meegan J Wilson 94 200 Brst Women 50-54 1:37.71 Jean M Sterling 57 HLJ 1500 Free Women 40-44 0:41.63 Leslie L Treat 45 SPM 0:45.36 Anne P Grams 0:45.36 Anne P Grams 0:45.36 Anne P Grams 0:47.74 Penny M Potter 47 ORLM 100 Fly Women 50-54 1:31.26 Jayne M Lambke 55 SPM 1:37.71 Jean M Sterling 57 HLJ 1500 Free Women 40-44 0:45.36 Anne P Grams 0:45.36 Anne P Grams 0:45.36 Anne P Grams 0:47.74 Penny M Potter 47 ORLM 100 Fly Women 50-54 1:31.26 Jayne M Lambke 55 SPM 1:37.71 Jean M Sterling 57 HLJ 1500 Free Women 40-44 1:37.71 Jean M Sterling 57 HLJ 1500 Free Women 40-44 1:37.71 Jean M Sterling 57 HLJ 1500 Free Women 40-44 1:37.71 Jean M Sterling 57 HLJ 1500 Free Women 50-54 1	11:31.05 Pam Geiger	41 SPM		전 가입하다 하나 가게 하면 하나 가지 않아 있다면 바람이 있었다. 이 사람이 있는데 이번 가입니다.	
13:13.75 Nancy S Kiernan 40 SPM 0:40.58 Meegan J Wilson 45 FAST R: 3:09.57 Elaine Bromwich 93 1:57.71 Jean M Sterling 57 HLJ  1500 Free Women 40-44 R: 21:31.56 Laurie M Grubbs 94 0:45.36 Anne P Grams 0:45.36 Anne P Grams 0:47.74 Penny M Potter 0:47.74 Penny M Potter 0:47.74 Penny M Potter 0:48.56 Angie L Wilson 0:48.56	하는데 하는데 아니는 이번 나는데 하는데 하는데 하는데 하는데 하는데 하는데 하는데 하는데 하는데 하		- 100 전에 가면 NO (1987) 전 전에 되는 100 전에 가득하는 것이다.	200 Brst Women 50-54	
1500 Free Women 40-44 0:45.36 Anne P Grams 0:45.36 Anne P Grams 0:47. UNAT 50 Fly Women 50-54 2:00. Fly Women 55-59 0:47.74 Penny M Potter 0:47.0RLM R: 39:03.00 Jayne M. Lambke 93 200 Fly Women 55-59 21:31.56 Laurie M Grubbs 42 HLJ 0:48.56 Angie L Wilson 0:48.56 Angie L Wils					1:57.71 Jean M Sterling 57 HLJ
R: 21:31.56 Laurie M Grubbs 94 21:31.56 Laurie M Grubbs 42 HLJ 21:31.56 Laurie M Grubbs 42 HLJ 0:47.74 Penny M Potter 47 ORLM 0:48.56 Angie L Wilson 46 ORLM 100 Fly Women 50-54 3:28.37 Jayne M Lambke 94 3:28.37 Jayne M Lambke 55 SPM				50 Fly Women 50-54	2:04.93 Doris C Prokopi 58 FHA
21:57.23 Pam Geiger 41 SPM 0:48.50 Angie L Wilson 40 ORLM 100 Fly Women 50-54 3:28.37 Jayne M Lambke 55 SPM					
5:28.37 Javne M Lampke 55 SPM			0:48.56 Angie L Wilson 46 ORLM	100 Fly Women 50-54	그 얼마가 이 얼마가 하고 하게 하는 것이 하는 것이 없는 것이 없는 것이 없는 것이 없는 것이 없는 것이다.
AND ADDRESS OF THE PARTY OF THE	25:51.56 Nancy S Kiernan	40 SPM		R: 1:33.77 Jayne M. Lambke 93	5.26.51 Jayne M Lamoke 55 SPM

R: 14:33.06 Anne Wilder 94	<b>50 Back Men 25-29</b>	1:08.80 Gregory J Salomon 32 SPM	1500 Free Men 35-39
14:33.06 Anne Wilder 80 IRCC	R: 0:29.87 Jack C. McKean 93	1:15.03 Bill S Korey 31 ORLM	R: 18:50.82 Robert K Nichols 94
50 Back Women 85-89	100 Back Men 25-29	200 Back Men 30-34	18:50.82 Robert K Nichols 37 SUNY
R: 1:31.84 M.B. McKechnie 93	R: 1:02.06 Paul W. Robinson 93	R: 2:22.85 William L. Specht 92	18:56.70 Larry R Black 36 ORLM
50 Free Men 19-24	200 Back Men 25-29	2:29.25 Kelley M Allen 31 JAM	50 Back Men 35-39
R: 0:24.84 Nick Mina 94	R: 2:10.95 Paul W. Robinson 93	2:32.75 Gregory J Salomon 32 SPM	R: 0:27.54 William L. Specht 93
0:24.84 Nick Mina 22 JAM	2:37.42 William T Matthews 28 ORLM	2:39.61 Bill S Korey 31 ORLM	0:28.17 William L Specht 36 SPM
0:26.12 Christophe Wait 22 ORLM		50 Brst Men 30-34	0:31.21 Arnie Perez 35 ORLM
0:26.54 Chris J Brancato 23 ORLM	<b>50 Brst Men 25-29</b> <i>R: 0:32.89 F. Charmforoosh 93</i>	R: 0:33.36 Jack C McKean 94 0:33.36 Jack C McKean 30 HLJ	0:34.43 Joe F Securo 38 SMS 0:40.59 Scot W Hartle 37 ORLM
100 Free Men 19-24	0:33.46 Farshad Charunforoosh 28 ORLM	0:34.31 Steve W Grossman 32 SMS	100 Back Men 35-39
R: 0:53.12 Jeff Poppell 93	0:33.90 Patrick R Fischer 29 ORLM	0:34.96 Jeff T Salomon 33 SPM	R: 0:59.57 William L Specht 94
0:58.25 Chris J Brancato 23 ORLM	0:40.56 Robert E Falkenberry 27 HLJ	0:40.34 James A Gildea 32 SPM	0:59.57 William L Specht 36 SPM
200 Free Men 19-24	100 Brst Men 25-29		1:05.92 William L Specht 36 SPM
R: 1:56.27 Jeff Poppell 93 2:02.42 Nick Mina 22 JAM	R: 1:15.16 Farshad Charmforoosh 94 1:15.16 Farshad Charmforoosh 28 ORLM	100 Brst Men 30-34 R: 1:16.41 Thomas G Smith 94	200 Back Men 35-39
400 Free Men 19-24 R: 4:08.28 Jeff Poppell 93	200 Brst Men 25-29 R: 2:38.55 F. Charmoroosh 93	1:16.41 Thomas G Smith 33 JAM 1:20.49 Jeff T Salomon 33 SPM 1:31.12 Chris Hartsfield 31 WIN	R: 2:10.01 William L. Specht 93 2:11.74 William L Specht 36 SPM 2:41.25 Joe F Securo 38 SMS
800 Free Men 19-24	2:42.14 Farshad Charmforoosh 28 ORLM	200 Brst Men 30-34	50 Brst Men 35-39
R: 8:39.19 Jeff Poppell 93	50 Fly Men 25-29	R: 2:44.79 Thomas G Smith 94	R: 0:34.78 Barton G. Cobb 93
1500 Free Men 19-24	R: 0:26.23 Jack C. McKean 93	2:44.79 Thomas G Smith 33 JAM	0:35.53 Arnie Perez 35 ORLM
R: 16:15.25 Jeff Poppell 93	0:27.82 Patrick R Fischer 29 ORLM	50 Fly Men 30-34	0:38.89 Scot W Hartle 37 ORLM
	0:29.53 Farshad Charmforoosh 28 ORLM	R: 0:27.13 Jack C McKean 94	100 Brst Men 35-39
50 Back Men 19-24  R: 0:30.83 Chris J Brancato 94	100 Fly Men 25-29	0:27.13 Jack C McKean 30 HLJ	R: 1:16.60 Barton G. Cobb 93
	R: 1:01.98 Paul W. Robinson 93	0:28.78 Gregory J Salomon 32 SPM	1:25.47 Jim P Seidel 38 ORLM
0:30.83 Chris J Brancato 23 ORLM	1:07.12 Farshad Charmforoosh 28 ORLM	0:28.82 Steve W Grossman 32 SMS	200 Brst Men 35-39
0:32.49 Nick Mina 22 JAM	100 I.M. Men 25-29	0:29.29 JeffT Salomon 33 SPM	R: 2:58.59 Barton G. Cobb 93
100 Back Men 19-24 R: 1:00.67 Jeff Poppell 93	R: 1:05.41 Patrick R Fischer 94 1:05.41 Patrick R Fischer 29 ORLM	0:29.51 Kelley M Allen 31 JAM 100 Fly Men 30-34	3:11.61 Scot W Hartle 37 ORLM
1:09.89 Chris J Brancato 23 ORLM	1:09.69 William T Matthews 28 ORLM	R: 1:01.89 John W. Black 93	50 Fly Men 35-39
200 Back Men 19-24	1:09.72 Farshad Charmforoosh 28 ORLM	1:04.35 Thomas G Smith 33 JAM	R: 0:25.89 William L. Specht 93
R: 2:10.62 Jeff Poppell 93 2:28.69 Chris J Brancato 23 ORLM	1:10.57 Richard G Kramer 29 SPM	1:07.21 Steve W Grossman 32 SMS	0:26.14 William L Specht 36 SPM 0:27.78 Arnie Perez 35 ORLM
50 Brst Men 19-24 R: 0:38.04 Robert J. Harms 93	200 LM. Men 25-29  R: 2:13.96 Paul W. Robinson 93 2:33.75 William T Matthews 28 ORLM	200 Fly Men 30-34 R: 2:15.59 William L. Specht 92	0:30.95 Scot W Hartle 37 ORLM 0:32.66 Jorge J Lense 35 ORLM 0:34.38 Jim P Seidel 38 ORLM
100 Brst Men 19-24	2:34.27 Farshad Charmforoosh 28 ORLM	100 I.M. Men 30-34 R: 1:03.86 Michael T Shepardson 94	100 Fly Men 35-39
R: 1:19.70 Todd V. Haraminac 93 50 Fly Men 19-24	400 I.M. Men 25-29	1:03.86 Michael T Shepardson 34 ORLM	R: 0:57.02 William L. Spect 93
	R: 4:52.77 Paul W. Robinson 93	1:06.07 Thomas G Smith 33 JAM	0:57.14 William L. Specht 36 SPM
R: 0:28.88 Chris J Brancato 94	5:28.98 Farshad Charmforoosh 28 ORLM	1:06.38 Gregory J Salomon 32 SPM	1:06.05 Bruce A Greenwood 37 ORLM
0:28.88 Chris J Brancato 23 ORLM	50 Free Men 30-34	1:07.04 Kelley M Allen 31 JAM	1:17.46 Jorge J Lense 35 ORLM
100 Fly Men 19-24	R: 0:24.18 John W. Black 93	1:15.31 Frederick J Leadbetter 34 SPM	200 Fly Men 35-39
R: 0:57.54 Jeff Poppell 93	0:24.98 Roy C Deary 32 HLJ	200 I.M. Men 30-34	R: 2:06.48 William L Specht 94
1:06.24 Chris J Brancato 23 ORLM	0:25.01 Michael T Shepardson 34 ORLM	R: 2:23.54 Cris A. Williams 93	2:06.48 William L Specht 36 SPM
	0:25.17 Jack C McKean 30 HLJ	2:26.22 Thomas G Smith 33 JAM	3:22.79 Jorge J Lense 35 ORLM
<b>200 Fly Men 19-24</b> R: 2:07.64 Jeff Poppell 93	0:25.27 Gregory J Salomon 32 SPM	2:31.35 Kelley M Allen 31 JAM	100 I.M. Men 35-39
	0:26.77 Kelley M Allen 31 JAM	2:33.07 Gregory J Salomon 32 SPM	R: 1:07.69 William L Specht 94
100 I.M. Men 19-24	100 Free Men 30-34	2:41.20 Bill S Korey 31 ORLM	1:07.69 William L Specht 36 SPM
R: 1:04.72 Nick Mina 94	R: 0:53.62 John W. Black 93	400 I.M. Men 30-34	1:08.41 Bruce A Greenwood 37 ORLM
1:04.72 Nick Mina 22 JAM	0:57.30 Gregory J Salomon 32 SPM	R: 5:08.11 Cris A. Williams 93	1:16.96 Scot W Hartle 37 ORLM
1:08.96 Chris J Brancato 23 ORLM	1:00.58 Kelley M Allen 31 JAM		1:18.65 Jim P Seidel 38 ORLM
200 I.M. Men 19-24	1:02.12 Frederick J Leadbetter 34 SPM	50 Free Men 35-39  R: 0:24.86 Tim S. McGinnis 93	1:23.01 Jorge J Lense 35 ORLM
R: 2:11.25 Jeff Poppell 93	1:03.97 Chris Hartsfield 31 WIN		200 I.M. Men 35-39
2:32.89 Chris J Brancato 23 ORLM	1:08.76 James A Gildea 32 SPM 200 Free Men 30-34	0:25.00 Lucky J Meisenheimer 37 ORLM 0:25.57 Bruce A Greenwood 37 ORLM 0:26.50 Arnie Perez 35 ORLM	R: 2:25.27 William L. Specht 93 2:53.10 Jim P Seidel 38 ORLM
<b>400 I.M. Men 19-24</b>	R: 2:00.12 Cris A. Williams 93	0:27.81 Larry R Black 36 ORLM	3:12.04 Jorge J Lense 35 ORLM
R: 4:44.27 Jeff Poppell 93	2:02.75 Roy C Deary 32 HLJ	0:28.25 Scot W Hartle 37 ORLM	
5:36.35 Chris J Brancato 23 ORLM	2:05.22 Cristopher Williams 33 HLJ	100 Free Men 35-39	400 I.M. Men 35-39
50 Free Men 25-29	2:20.36 Chris Hartsfield 31 WIN		R: 5:28.44 Douglas H. Schlak 93
R: 0:24.74 Paul W. Robinson 93 0:24.91 Patrick R Fischer 29 ORLM	2:21.39 Bill S Korey 31 ORLM	R: 0:54.06 Lucky J Meisenheimer 94 0:54.06 Lucky J Meisenheimer 37 ORLM	6:46.61 Jorge J Lense 35 ORLM 50 Free Men 40-44
0:27.09 William T Matthews 28 ORLM 0:27.53 Farshad Charmforoosh 28 ORLM	400 Free Men 30-34 R: 4:21.63 Cris A. Williams 93 5:01.45 Bill S Korey 31 ORLM	0:56.78 Bruce A Greenwood 37 ORLM 1:04.17 Scot W Hartle 37 ORLM 1:05.78 Jim P Seidel 38 ORLM	R: 0:25.24 C.D. Miltenberger 93 0:26.85 Jeffrey J Perout 41 HLJ
0:31.99 Robert E Falkenberry 27 HLJ	5:06.38 Chris Hartsfield 31 WIN	1:05.78 Jim P Seidel 38 ORLM	0:27.24 David H Wesley 42 ORLM
100 Free Men 25-29		1:07.61 Jorge J Lense 35 ORLM	0:28.25 Larry D Peck 40 ORLM
<ul> <li>R: 0:53.09 Paul W. Robinson 93</li> <li>0:56.72 Patrick R Fischer 29 ORLM</li> </ul>	800 Free Men 30-34 R: 9:07.32 Cris A. Williams 93	<b>200 Free Men 35-39</b> <i>R: 1:57.31 Lucky J Meisenheimer 94</i>	0:28.41 Rick J Scray 40 ORLM 0:29.96 Greg Hoecker 41 WIN
0:58.84 William T Matthews 28 ORLM	9:16.25 Cristopher Williams 33 HLJ	1:57.31 Lucky J Meisenheimer 37 ORLM	100 Free Men 40-44 R: 0:55.02 C.D. Miltenberger 93
1:12.94 Robert E Falkenberry 27 HLJ	10:26.36 Bill S Korey 31 ORLM	2:07.24 Bruce A Greenwood 37 ORLM	
200 Free Men 25-29	1500 Free Men 30-34	2:14.45 Larry R Black 36 ORLM	0:58.43 Chester D Miltenberger 43 ORLM
R: 1:57.15 Paul W. Robinson 93	R: 19:41.16 Bill S Korey 94	2:25.74 Scot W Hartle 37 ORLM	0:58.84 Jeffrey J Perout 41 HLJ
2:14.34 William T Matthews 28 ORLM	19:41.16 Bill S Korey 31 ORLM	2:26.62 Jim P Seidel 38 ORLM	0:59.08 Bob W Ruth 41 HLJ
	50 Back Men 30-34	400 Free Men 35-39	1:01.55 David H Wesley 42 ORLM
400 Free Men 25-29 R: 4:10.40 Paul W. Robinson 93	R: 0:29.27 Michael T Shepardson 94	R: 4:19.04 Lucky J Meisenheimer 94	1:08.74 Greg Hoecker 41 WIN
	0:29.27 Michael T Shepardson 34 ORLM	4:19.04 Lucky J Meisenheimer 37 ORLM	200 Free Men 40-44
4:48.55 William T Matthews 28 ORLM	0:30.24 Kelley M Allen 31 JAM	5:11.36 Scot W Hartle 37 ORLM	R: 2:33.15 Greg Hoecker 94
800 Free Men 25-29	0:30.85 Gregory J Salomon 32 SPM	5:19.21 Jim P Seidel 38 ORLM	2:33.15 Greg Hoecker 41 WIN
R: 8:41.80 Paul W. Robinson 93	0:30.97 Jack C McKean 30 HLJ	800 Free Men 35-39	400 Free Men 40-44
10:28.87 William T Matthews 28 ORLM	0:31.92 Jeff T Salomon 33 SPM	R: 8:58.85 William L. Specht 93	R: 5:31.80 Greg Hoecker 94
1500 Free Men 25-29 R: 19:42.35 William T Matthews 94	100 Back Men 30-34 R: 1:05.29 William L. Specht 92	10:00.97 Robert K Nichols 37 SUNY 10:08.32 Larry R Black 36 ORLM	5:31.80 Greg Hoecker 41 WIN
19:42.35 William T Matthews 28 ORLM	1:05.87 Kelley M Allen 31 JAM	11:01.47 Scot W Hartle 37 ORLM	500 Free Men 40-44

4:48.35 Doris C Prokopi 58 FHA	R: 6:51.63 Florence E. Carr 93	R: 16:35.68 Jean A. Beers 93
100 L.M. Women 55-59	7:03.39 Florence E Carr 69 HLJ	1500 Free Women 70-74
R: 1:41.90 Jean M Sterling 94	800 Free Women 65-69	R: 35:28.36 June B Reynolds 94
1:41.90 Jean M Sterling 57 HLJ 1:51.83 Emestine J Beattie 58 ORLM	R: 13:53.71 Florence E. Carr 93	35:28.36 June B Reynolds 72 HLJ
1:53.63 Doris C Prokopi 58 FHA	1500 Free Women 65-69 R: 29:42.65 Florence E Carr 94	50 Back Women 70-74
1:57.85 Sandy L Steer 55 SPM	29:42.65 Florence E Carr 69 HLJ	R: 0:58.15 Bardi J Dendy 94 0:58.15 Bardi J Dendy 73 SMS
200 LM. Women 55-59	50 Back Women 65-69	0:59.07 June B Reynolds 72 HLJ
R: 3:48.16 Jean M Sterling 94 3:48.16 Jean M Sterling 57 HLJ	R: 0:48.46 Doris M McEwan 94	1:01.35 Jean B Zulich 74 SCC
4:25.11 Doris C Prokopi 58 FHA	0:48.46 Doris M McEwan 69 SPM	1:03.76 Marjorie R Newman 70 HLJ
400 LM. Women 55-59	0:49.58 Florence E Carr 69 HLJ 1:02.93 Gladys Olsen 68 SPM	100 Back Women 70-74
R: 8:05.15 Jean M Sterling 94		R: 2:12.92 Jean B Zulich 94 2:12.92 Jean B Zulich 74 SCC
8:05.15 Jean M Sterling 57 HLJ	100 Back Women 65-69 R: 1:46.51 Florence E Carr 94	2:14.86 Marjorie R Newman 70 HLJ
50 Free Women 60-64	1:46.51 Florence E Carr 69 HLJ	200 Back Women 70-74
R: 0:43.68 Barbara A Allen 94	1:47.80 Doris M McEwan 69 SPM	R: 4:43.65 Marjorie R Newman 94
0:43.68 Barbara A Allen 61 SPM 0:58.26 Alyce M Vogel 62 ORLM	200 Back Women 65-69	4:43.65 Marjorie R Newman 70 HLJ 4:43.81 June B Reynolds 72 HLJ
100 Free Women 60-64	R: 3:55.02 Doris M McEwan 94 3:55.02 Doris M McEwan 69 SPM	5:00.75 Jean B Zulich 74 SCC
R: 1:40.94 Barbara A Allen 94	4:41.11 Joan M Glaraton 67 HIJ	50 Brst Women 70-74
1:40.94 Barbara A Allen 61 SPM	50 Brst Women 65-69	R: 1:04.14 June B Reynolds 94
200 Free Women 60-64	R: 0:51.18 Doris M McEwan 94	1:04.14 June B Reynolds 72 HLJ
R: 3:45.43 Barbara A Allen 94	0:51.18 Doris M McEwan 69 SPM	1:12.16 Jean B Zulich 74 SCC
3:45.43 Barbara A Allen 61 SPM	0:57.13 Joan M Glaraton 67 HLJ	100 Brst Women 70-74
400 Free Women 60-64	1:01.74 Florence E Carr 69 HLJ 1:01.88 Gladys Olsen 68 SPM	R: 2:15.32 Jean A. Beers 93 2:51.31 Jean B Zulich 74 SCC
R: 8:00.26 Barbara A Allen 94 8:00.26 Barbara A Allen 61 SPM	100 Brst Women 65-69	SUMMARIA THE SAME OF THE SAME
	R: 2:09.00 Joan M Glaraton 94	200 Brst Women 70-74 R: 4:46.31 Jean A. Beers 93
800 Free Women 60-64 R: 15:00.71 Nancy N. Durstein 93	2:09.00 Joan M Glaraton 67 HLJ	50 Fly Women 70-74
1500 Free Women 60-64	2:09.15 Gladys Olsen 68 SPM 2:19.64 Florence E Carr 69 HLJ	R: 1:00.39 June B Reynolds 94
R: 31:16.31 Barbara A Allen 94	004889 8955 - 500665 - 500669	1:00.39 June B Reynolds 72 HLJ
31:16.31 Barbara A Allen 61 SPM	200 Brst Women 65-69 R: 4:32.32 Gladys Olsen 94	1:05.87 Jean B Zulich 74 SCC
50 Back Women 60-64	4:32.32 Gladys Olsen 68 SPM	100 Fly Women 70-74
R: 0:49.75 Barbara A Allen 94	4:32.49 Joan M Glaraton 67 HLJ	R: 2:14.89 June B. Reynolds 93 2:17.53 June B Reynolds 72 HLJ
0:49.75 Barbara A Allen 61 SPM 1:11.51 Alyce M Vogel 62 ORLM	50 Fly Women 65-69	2:36.34 Jean B Zulich 74 SCC
100 Back Women 60-64	R: 0:45.78 Florence E. Carr 93	2:51.53 Marjorie R Newman 70 HLJ
R: 1:53.72 Barbara A Allen 94	0:47.21 Florence E Carr 69 HLJ 1:04.95 Gladys Olsen 68 SPM	200 Fly Women 70-74
1:53.72 Barbara A Allen 61 SPM	1:06.29 Joan M Glaraton 67 HLJ	R: 4:51.66 June B. Reynolds 93 4:53.39 June B Reynolds 72 HLJ
200 Back Women 60-64	100 Fly Women 65-69	AND
R: 4:08.07 Barbara A Allen 94	R: 1:58.76 Florence E Carr 94	100 I.M. Women 70-74 R: 2:05.61 Jean A. Beers 93
4:08.07 Barbara A Allen 61 SPM	1:58.76 Florence E Carr 69 HLJ 2:18.02 Gladys Olsen 68 SPM	2:21.80 Marjorie R Newman 70 HLJ
50 Brst Women 60-64		2:23.68 Jean B Zulich 74 SCC
R: 0:59.73 Alyce M Vogel 94 0:59.73 Alyce M Vogel 62 ORLM	200 Fly Women 65-69 R: 4:43.23 Gladys Olsen 94	4:32.43 June B Reynolds 72 HLJ
100 Brst Women 60-64	4:43.23 Gladys Olsen 68 SPM	200 I.M. Women 70-74
R: 2:10.97 Alyce M Vogel 94	100 I.M. Women 65-69	R: 4:33.77 June B. Reynolds 93 5:05.27 Marjorie R Newman 70 HLJ
2:10.97 Alyce M Vogel 62 ORLM	R: 1:39.75 Florence E. Carr 93	5:16.74 Jean B Zulich 74 SCC
200 Brst Women 60-64	1:43.04 Florence E Carr 69 HLJ	400 I.M. Women 70-74
R: 4:40.81 Nancy N. Durstein 93	1:44.29 Doris M McEwan 69 SPM 2:11.80 Gladys Olsen 68 SPM	R: 9:37.99 June B. Reynolds 92
5:01.07 Alyce M Vogel 62 ORLM	2:15.04 Joan M Glaraton 67 HLJ	9:49.05 June B Reynolds 72 HLJ
50 Fly Women 60-64 R: 0:56.28 Ruth A. Hoskinson 93	200 I.M. Women 65-69	10:45.33 Marjorie R Newman 70 HLJ
	R: 3:49.03 Florence E Carr 94	50 Free Women 75-79 R: 0:48.70 Gertrud J. Zint 93
200 Fly Women 60-64 R: 4:22.37 Nancy N. Durstein 93	3:49.03 Florence E Carr 69 HLJ 4:36.95 Joan M Glaraton 67 HLJ	0:49.63 Kay M Schimpf 77 SPM
100 I.M. Women 60-64	4:38.32 Gladys Olsen 68 SPM	0:50.31 Gertrud J Zint 77 HLJ
R: 2:18.90 Alyce M. Vogel 93	400 I.M. Women 65-69	1:04.35 Frances E Cichanski 77 SPM 1:21.39 Millie L Hupp 78 HLJ
2:21.26 Alyce M Vogel 62 ORLM	R: 8:16.12 Florence E Carr 94	AND THE PARTY OF T
200 L.M. Women 60-64	8:16.12 Florence E Carr 69 HLJ	100 Free Women 75-79 R: 1:55.28 Kay M. Schimpf 93
R: 4:05.10 Nancy N. Durstein 93	9:36.15 Gladys Olsen 68 SPM	1:55.37 Kay M Schimpf 77 SPM
50 Free Women 65-69	50 Free Women 70-74 R: 0:44.85 Jean A. Beers 93	200 Free Women 75-79
R: 0:39.18 Florence E. Carr 93 0:39.24 Florence E Carr 69 HLJ	0:46.50 Bardi J Dendy 73 SMS	R: 4:08.55 Kay M. Schimpf 93
0:39.24 Florence E Carr 69 HLJ 0:41.04 Doris M McEwan 69 SPM	0:50.90 Jean B Zulich 74 SCC	4:09.73 Kay M Schimpf 77 SPM 6:36.39 Millie L Hupp 78 HLJ
0:49.59 Joan M Glaraton 67 HLJ	0:51.10 Marjorie R Newman 70 HLJ	400 Free Women 75-79
100 Free Women 65-69	100 Free Women 70-74	R: 8:33.49 Kay M. Schimpf 93
R: 1:26.53 Florence E. Carr 93	R: 1:47.56 Jean A. Beers 93 1:50.43 June B Reynolds 72 HLJ	8:42.22 Kay M Schimpf 77 SPM
1:26.88 Florence E Carr 69 HLJ 1:32.35 Doris M McEwan 69 SPM	1:54.82 Marjorie R Newman 70 HLJ	9:07.51 Gertrud J Zint 77 HLJ
1:55.40 Joan M Glaraton 67 HLJ	200 Free Women 70-74	800 Free Women 75-79
1:58.03 Gladys Olsen 68 SPM	R: 3:49.78 Jean A. Beers 93	R: 18:26.73 Kay M Schimpf 94 18:26.73 Kay M Schimpf 77 SPM
200 Free Women 65-69	400 Free Women 70-74	18:46.92 Gertrud J Zint 77 HLJ
R: 3:10.86 Florence E. Carr 93 3:15.44 Florence E Carr 69 HLJ	R: 8:15.29 Jean A. Beers 93	24:09.06 Anneliese Zoeller 76 UNAT
3:15.44 Florence E Carr 69 HLJ 4:27.04 Joan M Glaraton 67 HLJ	8:36.06 Marjorie R Newman 70 HLJ 8:45.42 June B Reynolds 72 HLJ	1500 Free Women 75-79
400 Free Women 65-60	900 F. W. 70 74	R: 33:23.53 Kay M. Schimpf 92

800 Free Women 70-74

35:04.26 Kay M Schimpf

400 Free Women 65-69

35:05.78 Gertrud J Zint 50 Back Women 75-79 R: 0:56.00 Gertrud J Zint 94 0:56.00 Gertrud J Zint 1:11.98 Frances E Cichanski 77 SPM 1:12.68 Anneliese Zoeller 76 UNAT 1:29.89 Millie L Hupp 78 HLJ 100 Back Women 75-79 R: 2:08.12 Gertrud J Zint 94 2:08.12 Gertrud J Zint 2:13.23 Kay M Schimpf 2:30.58 Frances E Cichanski 77 SPM 2:41.98 Anneliese Zoeller 76 UNAT 200 Back Women 75-79 R: 4:32,35 Gertrud J Zint 94 4:32.35 Gertrud J Zint 6:29.29 Millie L Hupp 50 Brst Women 75-79 R: 0:53.94 Gertrud J. Zint 93 0:55.12 Gertrud J Zint 1:11.42 Anneliese Zoeller 1:33.94 France S 1:04.38 Kay M Schimpf 1:33.94 Frances E Cichanski 77 SPM 100 Brst Women 75-79 R: 2:03.89 Gertrud J. Zint 93 2:18.33 Kay M Schimpf 77 SPM 2:36.06 Anneliese Zoeller 76 UNAT 200 Brst Women 75-79

R: 4:32.71 Gertrud J. Zint 93 4:42.20 Gertrud J Zint 77 HLJ 5:33.84 Anneliese Zoeller 76 UNAT 50 Fly Women 75-79 R: 0:56.53 Gertrud J. Zint 93 1:02.85 Kay M Schimpf 77 SPM 100 Fly Women 75-79 R: 2:25.74 Kay M Schimpf 94 2:25.74 Kay M Schimpf 77 SPM 200 Fly Women 75-79 R: 5:22.24 Kay M. Schimpf 93 5:39.59 Kay M Schimpf 100 I.M. Women 75-79 R: 1:58.06 Gertrud J. Zint 93 2:13.16 Kay M Schimpf 77 SPM 200 I.M. Women 75-79 R: 4:27.83 Gertrud J. Zint 93 4:47.99 Kay M Schimpf 77 SPM 400 I.M. Women 75-79 R: 9:41.36 Gertrud J. Zint 93 9:58.67 Gertrud J Zint 77 HLJ 10:11.35 Kay M Schimpf 77 SPM 50 Free Women 80-84 R: 1:12.42 Anne Wilder 94 1:12.42 Anne Wilder 80 IRCC 100 Free Women 80-84 R: 2:48.92 Anne Wilder 94 2:48.92 Anne Wilder 80 IRCC 200 Free Women 80-84 R: 5:49.59 Anne Wilder 94 5:49.59 Anne Wilder 80 IRCC 50 Back Women 80-84 R: 1:12.94 Win Kennedy 93 50 Brst Women 80-84 R: 1:39.94 Anne Wilder 94 1:39.94 Anne Wilder 80 IRCC 100 Brst Women 80-84 R: 3:43.23 Anne Wilder 94 3:43.23 Anne Wilder 80 IRCC 50 Fly Women 80-84 R: 1:22.11 Anne Wilder 94 1:22.11 Anne Wilder 80 IRCC 100 Fly Women 80-84 R: 3:15.25 Anne Wilder 94 3:15.25 Anne Wilder 80 IRCC 200 Fly Women 80-84 R: 6:55.74 Anne Wilder 94 6:55.74 Anne Wilder 80 IRCC 400 I.M. Women 80-84

77 HIJ

77 HIJ

77 HLJ

77 SPM

77 HIJ

78 HIJ

77 HLJ

77 SPM

76 UNAT

50 Free Men 60-64	10:33.28 Ned P Allen 64 SPM	R: 3:39,26 John M Woods 94	50 Brst Men 75-79
R: 0:31.12 Jack R Beattie 94	50 Free Men 65-69	3:39.26 John M Woods 71 SMS	R: 0:47.86 Brud Cleaveland 93
0:31.12 Jack R Beattie 60 ORLM 0:31.99 Charles E Weatherbee 61 ORLM	R: 0:31.85 Paul Hutinger 94	50 Brst Men 70-74	1:05.55 Frank H Tillotson 79 HLJ
0:33.58 Harold Ferris 63 SPM	0:31.85 Paul Hutinger 69 SPM	R: 0:45.09 Abrasha Brainin 94	1:08.07 Harwell P Moseley 75 SPM 1:12.04 Norman H Skjersaa 78 ORLM
0:43.07 JeffT Salomon 61 ORLM	0:41.90 William P Wallace 67 SPM	0:45.09 Abrasha Brainin 71 SPM 0:47.93 Richard L Avery 71 HLJ	1:13.22 Harwell P Moseley 75 SPM
0:43.34 Robert G Coulter 61 SMS	100 Free Men 65-69	0:48.29 Robert E Lavanture 72 CATM	100 Brst Men 75-79
100 Free Men 60-64	R: 1:32.48 Al Rogerson 93 1:47.07 Keith Burbridge 65 BLUE	100 Brst Men 70-74	R: 1:50.72 Brud Cleaveland 93
R: 1:05.00 Jack R Beattie 94 1:05.00 Jack R Beattie 60 ORLM	200 Free Men 65-69	R: 1:44.26 Abrasha Brainin 94	2:19.92 John D Johnston 79 SPM
1:18.18 Charles E Weatherbee 61 ORLM	R: 3:29.13 Al Rogerson 93	1:44.26 Abrasha Brainin 71 SPM	200 Brst Men 75-79
1:24.51 Harold Ferris 63 SPM	400 Free Men 65-69	1:51.98 Richard L Avery 71 HLJ 1:55.96 Robert E Lavanture 72 CATM	R: 4:32.96 Brud Cleaveland 93 5:48.45 Frank H Tillotson 79 HLJ
1:48.93 Ned P Allen 64 SPM	R: 8:14.54 Al Rogerson 93	2:15.70 Robert S Patton 72 SPM	50 Fly Men 75-79
200 Free Men 60-64 R: 2:48.62 C.H. Kohnken 93	800 Free Men 65-69	200 Brst Men 70-74	R: 1:07.97 Harwell P Moseley 94
2:52.15 Charles H Kohnken 63 SPM	R: 15:49.54 Al Rogerson 93	R: 3:55.10 Abrasha Brainin 93	1:07.97 Harwell P Moseley 75 SPM
4:04.88 Ned P Allen 64 SPM	1500 Free Men 65-69	3:58.28 Abrasha Brainin 71 SPM	1:17.26 Norman H Skjersaa 78 ORLM
400 Free Men 60-64	R: 0:36.47 Paul Hutinger 93	50 Fly Men 70-74	100 Fly Men 75-79
R: 6:00.76 C.H. Kohnken 93	50 Back Men 65-69	R: 0:43.64 John M Woods 94 0:43.64 John M Woods 71 SMS	R: 2:19.63 John D Johnston 94 2:19.63 John D Johnston 79 SPM
8:38.46 Ned P Allen 64 SPM	R: 0:37.06 Paul Hutinger 94 0:37.06 Paul Hutinger 69 SPM	0:47.16 Abrasha Brainin 71 SPM	200 Fly Men 75-79
800 Free Men 60-64 R: 12:22.28 C.H. Kohnken 93	0:49.12 William P Wallace 67 SPM	100 L.M. Men 70-74	R: 4:34.32 John D. Johnston 92
16:55.40 Ned P Allen 64 SPM	100 Back Men 65-69	R: 1:32.88 John M. Woods 93	100 LM. Men 75-79
1500 Free Men 60-64	R: 1:19.68 Paul Hutinger 93	1:38.53 John M Woods 71 SMS	R: 1:48.89 Brud Cleaveland 93
R: 25:07.86 Robert E. Beach 92	1:22.04 Paul Hutinger 69 SPM 2:47.17 Keith Burbridge 65 BLUE	200 I.M. Men 70-74 R: 3:49.54 John M Woods 94	2:01.92 John D Johnston 79 SPM 2:18.63 Frank H Tillotson 79 HLJ
32:15.97 Ned P Allen 64 SPM	200 Back Men 65-69	3:49.54 John M Woods 71 SMS	2:32.69 Norman H Skjersaa 78 ORLM
50 Back Men 60-64 R: 0:34.05 Jack R Beattie 94	R: 3:01.06 Paul Hutinger 92	50 Free Men 75-79	200 I.M. Men 75-79
0:34.05 Jack R Beattie 60 ORLM	3:03.89 Paul Hutinger 69 SPM	R: 0:40.21 Brud Cleaveland 93	R: 4:29.34 John D Johnston 94
0:40.64 Robert G Coulter 61 SMS	200 Brst Men 65-69	0:42.08 John G Haake 75 CATM	4:29.34 John D Johnston 79 SPM
0:42.23 Charles E Weatherbee 61 ORLM	R: 4:49.00 Keith Burbridge 94	0:46.00 Dick Lyman 76 HLJ 0:47.07 Norman H Skjersaa 78 ORLM	400 I.M. Men 75-79
0:45.84 Harold Ferris 63 SPM	4:49.00 Keith Burbridge 65 BLUE	0:48.46 Kermit D Hotvedt 79 SPM	R: 9:17.64 John D. Johnston 92
100 Back Men 60-64 R: 1:13.55 Jack R Beattie 94	50 Fly Men 65-69	0:50.31 Fred B Walbolt 79 SPM	50 Free Men 85-89
1:13.55 Jack R Beattie 60 ORLM	R: 0:35.41 Paul Hutinger 93 0:59.62 Keith Burbridge 65 BLUE	100 Free Men 75-79	R: 0:58.76 Peter Jurczyk 94 0:58.76 Peter Jurczyk 89 IRCC
1:33.29 Charles E Weatherbee 61 ORLM	100 Fly Men 65-69	R: 1:33.52 Brud Cleaveland 93 1:35.81 John G Haake 75 CATM	100 Free Men 85-89
1:35.56 Robert G Coulter 61 SMS 2:26.30 Ned P Allen 64 SPM	R: 2:16.99 Al Rogerson 93	1:41.28 John D Johnston 79 SPM	R: 2:13.05 Peter Jurczyk 94
200 Back Men 60-64	100 I.M. Men 65-69	1:42.22 Norman H Skjersaa 78 ORLM	2:13.05 Peter Jurczyk 89 IRCC
R: 2:40.75 Jack R Beattie 94	R: 1:19.90 Paul Hutinger 93	1:47.79 Dick Lyman 76 HLJ 1:51.03 Kermit D Hotvedt 79 SPM	50 Back Men 85-89
2:40.75 Jack R Beattie 60 ORLM	1:24.96 Paul Hutinger 69 SPM 2:01.72 William P Wallace 67 SPM	200 Free Men 75-79	R: 1:09.37 Peter Jurczyk 94 1:09.37 Peter Jurczyk 89 IRCC
3:19.95 Charles E Weatherbee 61 ORLM 3:39.89 Robert G Coulter 61 SMS	200 L.M. Men 65-69	R: 3:38.50 John D. Johnston 92	
3:39.89 Robert G Coulter 61 SMS 4:46.82 Ned P Allen 64 SPM	R: 4:28.98 Al Rogerson 93	3:41.55 John G Haake 75 CATM	100 Back Men 85-89 R: 2:33.42 Peter Jurczyk 94
50 Brst Men 60-64	4:56.69 Keith Burbridge 65 BLUE	4:05.71 Norman H Skjersaa 78 ORLM 4:10.21 Dick Lyman 76 HLJ	2:33.42 Peter Jurczyk 89 IRCC
R: 0:38.40 Thomas H. Koenig 93	400 I.M. Men 65-69	4:46.00 Frank H Tillotson 79 HLJ	200 Back Men 85-89
100 Brst Men 60-64	R: 9:43.58 Al Rogerson 93	400 Free Men 75-79	R: 5:25.70 Peter Jurczyk 94
R: 2:05.55 Keith Burbridge 93	50 Free Men 70-74	R: 7:49.47 John G Haake 94	5:25.70 Peter Jurczyk 89 IRCC
3:11.38 Ned P Allen 64 SPM	R: 0:34.68 John M Woods 94 0:34.68 John M Woods 71 SMS	7:49.47 John G Haake 75 CATM 8:09.54 Norman H Skjersaa 78 ORLM	50 Brst Men 85-89 R: 1:35.87 Peter Jurczyk 94
200 Brst Men 60-64 R: 3:26.44 Thomas H. Koenig 93	0:36.30 Richard L Avery 71 HLJ	8:55.63 Dick Lyman 76 HLJ	1:35.87 Peter Jurczyk 89 IRCC
4:10.62 Robert G Coulter 61 SMS	0:37.93 Robert E Lavanture 72 CATM 0:43.91 Robert S Patton 72 SPM	9:56.35 Frank H Tillotson 79 HLJ	100 L.M. Men 85-89
6:58.97 Ned P Allen 64 SPM	0:45.09 Robert D Atwood 74 SPM	800 Free Men 75-79	R: 2:53.23 Peter Jurczyk 94
50 Fly Men 60-64	100 Free Men 70-74	R: 16:29.01 N.H. Skjersaa 93 17:51.61 Dick Lyman 76 HLJ	2:53.23 Peter Jurczyk 89 IRCC
R: 0:38.64 Charles E Weatherbee 94 0:38.64 Charles E Weatherbee 61 ORLM	R: 1:18.92 John M Woods 94	1500 Free Men 75-79	
0:42.54 Harold Ferris 63 SPM	1:18.92 John M Woods 71 SMS 1:29.03 Richard L Avery 71 HLJ	R: 34:29.00 Fred B Walbolt 94	
0:59.54 Ned P Allen 64 SPM	1:29.03 Richard L Avery 71 HLJ 1:34.90 Robert E Lavanture 72 CATM	34:29.00 Fred B Walbolt 79 SPM	
100 Fly Men 60-64	1:47.26 Robert D Atwood 74 SPM	37:54.13 Frank H Tillotson 79 HLJ	
R: 2:15.21 Ned P Allen 94 2:15.21 Ned P Allen 64 SPM	200 Free Men 70-74	50 Back Men 75-79	
200 Fly Men 60-64	R: 3:00.15 John M. Woods 93 3:02.09 John M Woods 71 SMS	R: 0:52.19 John G Haake 94 0:52.19 John G Haake 75 CATM	
R: 3:41.43 Charles H Kohnken 94	3:02.09 John M Woods 71 SMS 4:19.70 Robert S Patton 72 SPM	0:55.42 Frank H Tillotson 79 HLJ	
3:41.43 Charles H Kohnken 63 SPM	400 Free Men 70-74	1:00.36 Kermit D Hotvedt 79 SPM	
4:55.88 Ned P Allen 64 SPM	R: 6:34.75 John M. Woods 93	1:03.43 Dick Lyman 76 HLJ 1:06.16 Harwell P Moseley 75 SPM	
100 I.M. Men 60-64	8:08.65 Robert E Lavanture 72 CATM	100 Back Men 75-79	
R: 1:26.08 Charles E Weatherbee 94 1:26.08 Charles E Weatherbee 61 ORLM	50 Back Men 70-74	R: 1:57.63 John G Haake 94	
2:18.08 Ned P Allen 64 SPM	R: 0:41.67 John M. Woods 93 0:43.25 John M Woods 71 SMS	1:57.63 John G Haake 75 CATM 2:03.77 Frank H Tillotson 79 HLJ	
200 I.M. Men 60-64	0:45.02 Richard L Avery 71 HLJ	2:14.09 Kermit D Hotvedt 79 SPM	
R: 2:49.03 Jack R Beattie 94	0:50.94 Robert E Lavanture 72 CATM	2:24.11 Dick Lyman 76 HLJ	
2:49.03 Jack R Beattie 60 ORLM 3:21.27 Charles E Weatherbee 61 ORLM	0:52.50 Abrasha Brainin 71 SPM 1:06.40 Robert D Atwood 74 SPM	2:44.72 Norman H Skjersaa 78 ORLM	
3:47.15 Robert G Coulter 61 SMS	100 Back Men 70-74	200 Back Men 75-79	
5:10.76 Ned P Allen 64 SPM	R: 1:35.61 John M. Woods 93	R: 4:10.03 John G Haake 94 4:10.03 John G Haake 75 CATM	
400 I.M. Men 60-64	1:38.21 John M Woods 71 SMS	4:36.80 Frank H Tillotson 79 HLJ	
R: 7:10.81 C.H. Kohnken 92 7:13.76 Charles E Weatherbee 61 ORLM	1:51.22 Richard L Avery 71 HLJ 2:17.22 Robert D Atwood 74 SPM	5:51.86 Norman H Skjersaa 78 ORLM	
7:16.61 Charles U.V. shales 62 CDM			

1:38.21 John M Woods 71 SMS 1:51.22 Richard L Avery 71 HLJ 2:17.22 Robert D Atwood 74 SPM 200 Back Men 70-74

### 400 I.M. Men 60-64

R: 7:10.81 C.H. Kohnken 92

7:13.76 Charles E Weatherbee 61 ORLM

7:16.61 Charles H Kohnken 63 SPM

R: 23:05.93 Thomas G. Hoffman 93	2:32.65 Mark T Ebel 46 HLJ	1:15.57 Bill Rodenfels 52 HLJ	3:11.13 Christian Iselin 51 ORLM
800 Free Men 40-44	2:36.32 Bob Lombard 46 ORLM	1:32.93 Roy Ward 53 CATM	3:25.16 Walter R Abstein 52 HLJ
R: 10:41.82 Robert A. Maestre 93 50 Back Men 40-44	<b>400 Free Men 45-49</b> <i>R: 5:17.03 Bill Keenan 93</i>	200 Free Men 50-54 R: 2:30.41 David H Darst 94	400 I.M. Men 50-54 R: 6:43.34 C.R. Iselin 93
R: 0:30.90 Jeffrey J Perout 94	5:23.53 Mark T Ebel 46 HLJ	2:30.41 David H Darst 51 FAST	7:00.98 Christian Iselin 51 ORLM
0:30.90 Jeffrey J Perout 41 HLJ	5:24.38 Bill Pillmore 46 HLJ	2:48.57 Bill Rodenfels 52 HLJ	50 Free Men 55-59
0:32.70 Barton G Cobb 40 HLJ	5:35.52 Bob Lombard 46 ORLM	3:33.52 Roy Ward 53 CATM	R: 0:31.33 Henry J. Glancy 93
0:33.49 Rick J Scray 40 ORLM	800 Free Men 45-49	400 Free Men 50-54	0:31.63 George W Mann 56 ORLM
0:39.61 Greg Hoecker 41 WIN	R: 11:25.93 Bill Keenan 93	R: 6:02.95 Bill Rodenfels 93	0:34.60 Victor Sirbu 57 ORLM
100 Back Men 40-44	1500 Free Men 45-49	6:04.78 Bill Rodenfels 52 HLJ	0:35.83 Harry M Piper 59 SPM
R: 1:09.07 Jeffrey J Perout 94	R: 24:03.43 Rusty D Earp 94	7:47.45 Roy Ward 53 CATM	0:37.86 Jack C Parnelle 58 ORLM
1:09.07 Jeffrey J Perout 41 HLJ	24:03.43 Rusty D Earp 45 UNAT	800 Free Men 50-54	100 Free Men 55-59
1:14.97 Rick J Scray 40 ORLM 1:28.90 Greg Hoecker 41 WIN	50 Back Men 45-49	R: 11:37.49 David H Darst 94 11:37.49 David H Darst 51 FAST	R: 1:08.89 Jerry Glancy 94 1:08.89 Jerry Glancy 56 SMS
200 Back Men 40-44	R: 0:34.75 Bill Pillmore 93	12:17.26 Bill Rodenfels 52 HLJ	1:12.38 George W Mann 56 ORLM
	0:35.70 Bob Lombard 46 ORLM	15:44.81 Roy Ward 53 CATM	1:18.56 Victor Sirbu 57 ORLM
R: 2:39.92 Rick J Scray 94 2:39.92 Rick J Scray 40 ORLM	0:36.17 Bill Pillmore 46 HLJ 0:36.24 Peter W Nickodem 45 HLJ	1500 Free Men 50-54	1:25.70 Jack C Parnelle 58 ORLM
2:42.59 Barton G Cobb 40 HLJ	0:37.70 Edward A Dawson 45 ORLM	R: 21:32.64 David H Darst 94	200 Free Men 55-59 R: 2:40.27 Henry J. Glancy 93
50 Brst Men 40-44	0:38.86 Mark T Ebel 46 HLJ	21:32.64 David H Darst 51 FAST	
R: 0:30.80 C.D. Miltenberger 93 0:32.32 Chester D Miltenberger 43 ORLM	100 Back Men 45-49 R: 1:17.21 Bill Pillmore 93	24:32.91 Peter R Betzer 52 SPM 29:44.11 Roy Ward 53 CATM	2:44.65 George W Mann 56 ORLM 2:57.31 Victor Sirbu 57 ORLM
0:33.57 David H Wesley 42 ORLM	1:20.39 Peter W Nickodem 45 HLJ	50 Back Men 50-54	3:17.04 Jack C Parnelle 58 ORLM
0:34.73 Bob W Ruth 41 HLJ	1:21.11 Bob Lombard 46 ORLM	R: 0:35.20 Peter R Betzer 94	400 Free Men 55-59 R: 5:31.61 George W. Mann 93
0:37.31 Rick J Scray 40 ORLM	1:21.87 Bill Pillmore 46 HLJ	0:35.20 Peter R Betzer 52 SPM	
0:37.40 David P Gauldin 43 HLJ	200 Back Men 45-49 R: 2:47.08 Bill Pillmore 93	0:40.99 Walter R Abstein 52 HLJ	5:35.03 George W Mann 56 ORLM
100 Brst Men 40-44		0:45.87 Christian Iselin 51 ORLM	5:48.70 Jerry Glancy 56 SMS
R: 1:07.98 C.D. Miltenberger 93 1:16.34 David H Wesley 42 ORLM	2:59.74 Bob Lombard 46 ORLM	0:48.67 Bill Rodenfels 52 HLJ	6:37.91 Victor Sirbu 57 ORLM
	3:14.59 Jerry R O'Connell 49 ORLM	0:49.60 Roy Ward 53 CATM	7:16.83 Jack C Parnelle 58 ORLM
1:17.67 Barton G Cobb 40 HLJ	50 Brst Men 45-49	100 Back Men 50-54	800 Free Men 55-59
1:24.57 David P Gauldin 43 HLJ		R: 1:16.04 Peter R Betzer 94	R: 11:42.92 George W Mann 94
1:31.65 Greg Hoecker 41 WIN	R: 0:34.77 Scott Guthrie 93	1:16.04 Peter R Betzer 52 SPM	11:42.92 George W Mann 56 ORLM
	0:36.67 James M Donnelly 45 SMS	1:30.96 Walter R Abstein 52 HLJ	14:05.11 Victor Sirbu 57 ORLM
200 Brst Men 40-44 R: 2:36.32 C.D. Miltenberger 93	0:46.39 Bob Lombard 46 ORLM 100 Brst Men 45-49	1:41.85 Bill Rodenfels 52 HLJ	1500 Free Men 55-59
2:47.42 Chester D Miltenberger 43 ORLM	R: 1:19.04 James M Donnelly 94	1:47.73 Roy Ward 53 CATM	R: 23:32.11 Ray S. Burns 92
3:06.11 David P Gauldin 43 HLJ		2:41.70 William E Ragan 52 FHA	26:20.68 Victor Sirbu 57 ORLM
50 Fly Men 40-44	1:19.04 James M Donnelly 45 SMS 1:36.51 Thomas B Hury 45 ORLM	200 Back Men 50-54 R: 2:44.76 Peter R. Betzer 92	50 Back Men 55-59
R: 0:27.47 Kevin M McCormack 94	1:47.16 Bob Lombard 46 ORLM	3:17.99 Walter R Abstein 52 HLJ	R: 0:37.57 Henry J. Glancy 93
0:27.47 Kevin M McCormack 42 SMS	200 Brst Men 45-49	3:58.86 Roy Ward 53 CATM	100 Back Men 55-59
0:29.06 Chester D Miltenberger 43 ORLM	R: 3:28.61 Bill Pillmore 94	5:48.03 William E Ragan 52 FHA	R: 1:23.44 Henry J. Glancy 93
0:29.89 Bob W Ruth 41 HLJ	3:28.61 Bill Pillmore 46 HLJ		1:24.82 Jerry Glancy 56 SMS
0:30.06 David H Wesley 42 ORLM 0:31.13 Rick J Scray 40 ORLM	4:04.27 Bob Lombard 46 ORLM	50 Brst Men 50-54 R: 0:36.14 Gary Trimble 93	200 Back Men 55-59
100 Fly Men 40-44 R: 1:02.74 Kevin M McCormack 94	<b>50 Fly Men 45-49</b> <i>R: 0:30.00 C.D. Nielsen 93</i>	0:39.88 Peter R Betzer 52 SPM 0:41.52 Christian Iselin 51 ORLM	R: 2:56.17 Henry J. Glancy 93 2:56.80 Jerry Glancy 56 SMS
1:02.74 Kevin M McCormack 42 SMS	0:30.81 Mark T Ebel 46 HLJ	0:43.36 Walter R Abstein 52 HLJ	50 Brst Men 55-59
1:14.35 Rick J Scray 40 ORLM	0:32.71 Edward A Dawson 45 ORLM	0:53.32 Roy Ward 53 CATM	R: 0:40.51 Henry J. Glancy 93
200 Fly Men 40-44	0:33.03 Peter W Nickodem 45 HLJ	1:03.64 William E Ragan 52 FHA	0:40.72 Jerry Glancy 56 SMS
	100 Fly Men 45-49	100 Brst Men 50-54	0:44.36 Harry M Piper 59 SPM
R: 3:13.71 David P Gauldin 94	R: 1:08.90 Mark T. Ebel 93	R: 1:22.67 Gary Trimble 93	0:47.27 George W Mann 56 ORLM
3:13.71 David P Gauldin 43 HLJ	1:09.78 Mark T Ebel 46 HLJ	1:26.02 Peter R Betzer 52 SPM	
100 LM. Men 40-44	1:21.75 Rusty D Earp 45 UNAT	1:31.89 Christian Iselin 51 ORLM	100 Brst Men 55-59 R: 1:29.91 Ray S. Burns 92
R: 1:04.46 C.D. Miltenberger 93 1:10.18 Barton G Cobb 40 HLJ	100 I.M. Men 45-49 R: 1:13.26 Bill Pillmore 93	1:39.26 Walter R Abstein 52 HLJ 2:01.89 Roy Ward 53 CATM	1:40.15 Harry M Piper 59 SPM
1:10.33 David H Wesley 42 ORLM	1:13.47 James M Donnelly 45 SMS	2:19.16 William E Ragan 52 FHA	200 Brst Men 55-59  R: 3:23.20 Jerry Glancy 94  3:23.20 Jerry Glancy 56 SMS
1:12.01 Rick J Scray 40 ORLM	1:15.79 Bill Pillmore 46 HLJ	200 Brst Men 50-54	
1:22.83 Greg Hoecker 41 WIN	1:17.91 Edward A Dawson 45 ORLM	R: 3:06.37 Gary Trimble 93	3:23.20 Jerry Glancy 56 SMS
1:23.70 David P Gauldin 43 HLJ	1:27.47 Rusty D Earp 45 UNAT	3:42.43 Walter R Abstein 52 HLJ	50 Fly Men 55-59
200 L.M. Men 40-44	1:29.09 Jerry R O'Connell 49 ORLM	4:30.80 Roy Ward 53 CATM	R: 0:35.43 Telfair Mahaffy 93
R: 2:27.72 Bob W. Ruth 93		5:17.38 William E Ragan 52 FHA	0:36.39 Telfair Mahaffy 58 HLJ
2:39.77 Rick J Scray 40 ORLM	200 I.M. Men 45-49 R: 2:43.45 Bill Pillmore 93	50 Fly Men 50-54	0:38.59 Victor Sirbu 57 ORLM 0:46.22 George W Mann 56 ORLM
400 I.M. Men 40-44	2:46.76 James M Donnelly 45 SMS	R: 0:30.97 Fred S Lipp 94	100 Fly Men 55-59
R: 5:55.07 Rick J Scray 94	2:47.13 Bill Pillmore 46 HLJ	0:30.97 Fred S Lipp 50 ORLM	
5:55.07 Rick J Scray 40 ORLM	2:53.90 Mark T Ebel 46 HLJ	0:36.23 Christian Iselin 51 ORLM	R: 1:20.28 Telfair Mahaffy 93
50 Free Men 45-49	2:58.90 Edward A Dawson 45 ORLM	0:43.63 Walter R Abstein 52 HLJ	1:21.09 Telfair Mahaffy 58 HLJ
R: 0:25.27 Thomas W. Peek 93	3:10.61 Rusty D Earp 45 UNAT	1:03.47 Roy Ward 53 CATM	1:39.28 Victor Sirbu 57 ORLM . *  200 Fly Men 55-59
0:28.66 Peter W Nickodem 45 HLJ	400 LM. Men 45-49	100 Fly Men 50-54	
0:28.84 Edward A Dawson 45 ORLM 0:29.81 Bill Pillmore 46 HLJ	R: 6:06.28 James M Donnelly 94 6:06.28 James M Donnelly 45 SMS	R: 1:12.05 Fred S Lipp 94 1:12.05 Fred S Lipp 50 ORLM	R: 2:26.22 Ray S. Burns 92
0:29.95 Bob Lombard 46 ORLM 0:32.44 Jerry R O'Connell 49 ORLM	7:14.08 Jerry R O'Connell 49 ORLM	1:29.48 Christian Iselin 51 ORLM	100 I.M. Men 55-59 R: 1:23.30 Telfair Mahaffy 94
100 Free Men 45-49	50 Free Men 50-54	200 Fly Men 50-54	1:23.30 Telfair Mahaffy 58 HLJ
	R: 0:28.60 Gary Trimble 93	R: 3:21.87 C.R. Iselin 93	1:35.45 George W Mann 56 ORLM
R: 0:57.17 Thomas W. Peek 93	0:30.62 David H Darst 51 FAST	100 L.M. Men 50-54	1:35.88 Victor Sirbu 57 ORLM
1:05.08 Edward A Dawson 45 ORLM	0:32.15 Christian Iselin 51 ORLM	R: 1:13.35 Gary Trimble 93	200 L.M. Men 55-59
1:06.48 Peter W Nickodem 45 HLJ 1:06.52 Bill Pillmore 46 HLJ	0:32.87 Bill Rodenfels 52 HLJ 0:34.86 Walter R Abstein 52 HLJ	1:20.18 Peter R Betzer 52 SPM	R: 3:03.93 Telfair Mahaffy 93 3:05.38 Telfair Mahaffy 58 HLJ
1:06.63 Rusty D Earp 45 UNAT 1:07.22 Bob Lombard 46 ORLM	0:43.33 Roy Ward 53 CATM	1:26.71 Walter R Abstein 52 HLJ	3:35.94 George W Mann 56 ORLM
200 Free Men 45-49	100 Free Men 50-54  R: 1:05.33 Gary Trimble 93	1:30.89 Bill Rodenfels 52 HLJ 1:55.12 Roy Ward 53 CATM	400 L.M. Men 55-59 R: 6:43.92 Telfair Mahaffy 93
R: 2:15.56 Thomas W. Peek 93 2:28.57 Bill Pillmore 46 HLJ	1:06.38 Fred S Lipp 50 ORLM 1:06.79 David H Darst 51 FAST	200 L.M. Men 50-54 R: 2:50.55 Gary Trimble 93	7:41.61 George W Mann 56 ORLM
2:31.03 Peter W Nickodem 45 HLJ	1:12.01 Christian Iselin 51 ORLM	which is the country of the state of the Country of	

### New FINA Rules for WORLD RECORDS and FINA WORLD CHAMPIONSHIP MEETS

Starting with swims performed after September 1, 1994, the following rules are in effect for WORLD RECORDS:

- 1 You have 60 days to submit an application for a WORLD RECORD.
- 2 Additional age groups were added to include 90-94, 95-99, 100-104...
- 3 Relay age groups now have upper limits; 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359...
- 4 "Age shall be determined as of December 31 of the year of competition." This applies to individual events and to relays. This means that as of January 1 of each year everyone ages up one year. For example, if you will be 40 years old sometime during 1995 then you can set WORLD RECORDS as a 40-year-old starting January 1, 1995. Since USMS did not adopt this age determing rule (we still use the last day of competition to determine our age), it will be up to you, the swimmer, to call to the attention of the meet director that you qualify for WORLD RECORDS in the next older age group.

Walt Reid, USMS Records/Tabulations Chairman 11114 111 th St. SW / Tacoma, WA 98498 / (206) 588-4879 (206) 589-8321

## Documentation of NATIONAL and WORLD RECORDS Margie Hutinger, SPM

National and World Records. These swimmers train hard, travel to meets, and swim hard to reach their goals. However, all this is to no avail if the necessary paper work is not completed in a timely fashion. In the past, several NV (non-verified) times have not been recognized as records. This is unfortunate.

It is the swimmer's responsibility to inform the meet director of his/her record breaking swims, and the meet director's responsibility to document these swims. I propose that we (all teams hosting meets), take this one step further. Make a copy of each swimmer's documentation sent to Walt Reid and send it to the swimmer. I implemented this plan for SPM in January, 1995.

This is a simple and inexpensive method to avoid the dreaded NV in the Top Ten Times, and recognize the outstanding swims in Florida.

# FLORIDA

LMSC NEWSLETTER

Jim Donnelly, Editor 5239 Box Turtle Circle Sarasota, Florida **34232-4312**  Non-Profit U.S. Postage PAID Permit #1179 St. Pete, FL 33730

### Inside This Issue:

- Meet Entry Forms
- Ask "Mr. D.Q."
- News From Around Our LMSC
- Florida 1994 SCM Top Five
- Calendar of Events
- And More...

Attention Team Reps: Deadline for August Issue July 16, 1995

