

# FL ÷ RIDA

Vol XVII No. 1

Local Masters Swim Committee, Inc.

February 2000

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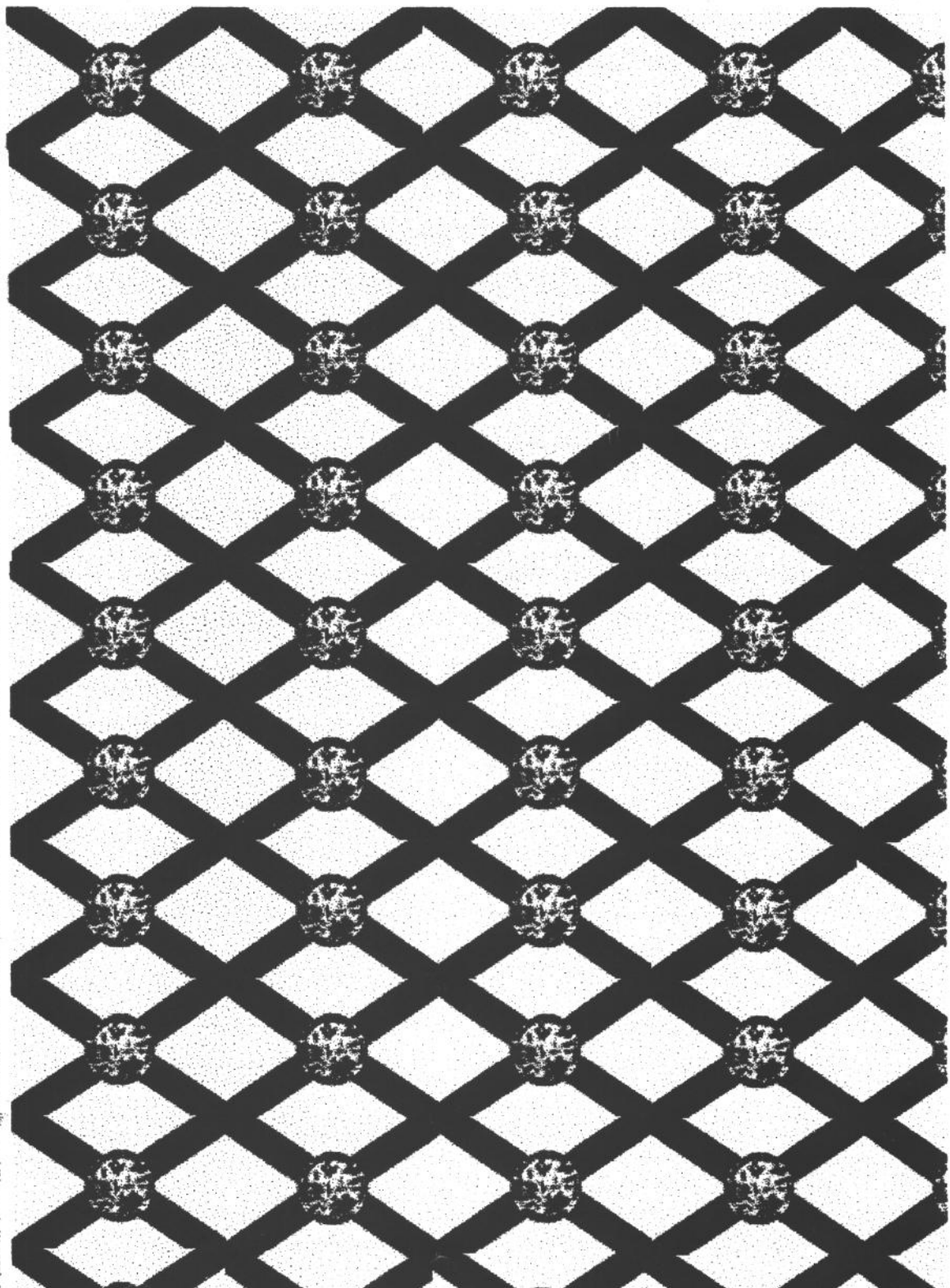
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# DISTANCE MATTERS

## CALENDAR OF EVENTS

- 6/17/00 The Victor 12.5 Mi Swim Around Key West - Key West, FL  
OW; Randy Nutt, c/o Aqua-Moon Adventures, 2857 NW 91 Ave #101, Coral Springs, FL 33065, 800-356-5132(w) 954-755-3318(h), [Randy@TheVictor.com](mailto:Randy@TheVictor.com); Entries available late Dec / early Jan. Send SASE for entry. [www.TheVictor.com](http://www.TheVictor.com)
- 6/24/00 2000 USMS 3-Mile Open Water Championship - Mashpee (Cape Cod), MA  
OW; Gus Frederick, Mashpee Leisure Services, 16 Great Neck Rd, N, Mashpee, MA 02649, 508-539-1447, 508-539-1400(x519), [leisure@cape.com](mailto:leisure@cape.com); Sanctioned by NE LMSC
- June TBA 5th Annual Gator Chase 1 & 2 Mile Swims - South Putnam Swim Team; Star Route 1, Box 129C, Crescent City, FL 32112
- 7/1/00 Lean Cuisine Ocean Mile Series - Cypress Gardens - Winter Haven, FL (See ESM contact info from 4/15/00)
- 7/8/00 2000 USMS 2-Mile Cable Championship - Charlottesville, VA  
OW; Patty Powis, 2112 Waters Mill Pointe, Richmond, VA 23235-2915, 804-272-7291, [ppowis@aol.com](mailto:ppowis@aol.com); Sanctioned by VA LMSC
- 7/15/00 2000 USMS 6-Mile Open Water Championship - Jacksonville, OR  
OW; Dan Gray, 8975 Hwy 66, Ashland, OR 97520, 541-944-0529, [openwater@swimoregon.org](mailto:openwater@swimoregon.org); Sanctioned by OR LMSC
- 7/27/00- VIII FINA Masters World Championships - Munich, Germany  
8/9/00 LCM; USMS National Office, PO Box 185, Londonderry, NH 03053-0185, 603-537-0203, 603-537-0204(fax), [usms@usms.org](mailto:usms@usms.org); Ponte Vedra Travel, 800-833-SWIM, 904-280-0045(fax), [ann@pvtapi.com](mailto:ann@pvtapi.com); Send \$3 to USMS National Office for entry packet; [www.munich-2000.de](http://www.munich-2000.de)
- 7/29/00 Lean Cuisine Ocean Mile Series - Birch State Park - Ft. Lauderdale, FL (See ESM contact info from 4/15/00)
- 8/12/00 Jacksonville Beaches 1.25 and 2.5 mile swims - Jacksonville, FL  
OW; Ralph Marcello, PO Box 330421, Atlantic Beach, FL 32233, 904-285-6384(h), 904-241-1222(w) <mailto:ralph-marcello@worldnet.att.net>
- 8/17/00- 2000 USMS LC Nationals - Baltimore, MD  
8/20/00 LCM; Barbara Protzman, 7919 Main Falls Circle, Catonsville, MD 21228, 410-788-2964, 410-992-3760, 410-992-3772, [swimbarb@hotmail.com](mailto:swimbarb@hotmail.com); Sanctioned by MD LMSC
- 8/19/00 Lean Cuisine Ocean Mile Series - Siesta Key Beach - Sarasota, FL (See ESM contact info from 4/15/00)
- 9/1/00- 2000 USMS 3000 & 6000 Yard Postal Championship  
10/31/00 PST-LD; June Mather, 1056 Hillview Dr, Ashland, OR 97520, 541-482-0610, [csmath@jeffnet.org](mailto:csmath@jeffnet.org); Sanctioned by OR LMSC
- 9/3/00 Lean Cuisine Ocean Mile Series - Abaco Beach Resort - Abaco, Bahamas (See ESM contact info from 4/15/00)
- 9/10/00 2000 USMS 5K Open Water Championship - Chicago, IL  
OW; Kathleen Pisula, 2112 W Cortland, #1, Chicago, IL 60647, 773-292-0620(h), 312-616-1087(x290); Sanctioned by CE LMSC
- 9/16/00 Lean Cuisine Ocean Mile Series - Pennekamp State Park - Key Largo, FL (See ESM contact info from 4/15/00)
- 10/14/00 Lean Cuisine Ocean Mile Series - Beach Deck Pavilion - Jekyll Island, GA (See ESM contact info from 4/15/00)
- 11/5/00 The Victor 5 Mi St. Croix Coral Reef Swim - St. Croix, U.S.V.I.  
OW; Randy Nutt, 2857 N W 91 Ave, Apt 101, Coral Springs, FL 33065, 800-356-5132(w), 954-755-3318(h), [nutt1@mindspring.com](mailto:nutt1@mindspring.com)
- 11/18/00- 2000 FINA Open Water Champs - Waikiki Beach, Honolulu, HI  
11/22/00 OW; Sam Freas, Univ of HI, 1337 Lower Campus Rd, Honolulu, HI 96822, 808-956-5377, 808-956-9943(fax), [info@openwaterswimming.com](mailto:info@openwaterswimming.com); Includes 1K & 3K Masters events; [www.openwaterswimming.com](http://www.openwaterswimming.com)
- 5/17/01- 2001 USMS SC Nationals - Santa Clara, CA  
5/20/01 SCY; Alma Guimarin, 2150 Paseo Del Oro, San Jose, CA 95124, 408-947-2298(d), 408-371-4488(e), [aguimarin@aol.com](mailto:aguimarin@aol.com); Sanctioned by PC LMSC; Pre-entry
- 8/16/01- 2001 USMS LC Nationals - Federal Way, WA  
8/19/00 LCM; Hugh Moore, 1867 58th St NE, Tacoma, WA 98422-1517, 253-925-0803, [weswim@mindspring.com](mailto:weswim@mindspring.com); Sanctioned by PN LMSC;

**NOTE:** All events listed on this calendar are not sanctioned by USMS, Inc. and are therefore not necessarily covered by insurance. Swimmers are advised to check with event directors to determine if an event is insured. USMS sanctioned events are covered by USMS insurance and can be recognized by the following statement on the entry form: "Sanctioned by (LMSC name) for USMS, Inc. Sanction Number \_\_\_\_\_."

All events on this calendar are subject to change or cancellation without notice. Please contact the event director or visit us on-line for event updates at <http://distancematters.com>

# ***DISTANCE MATTERS***

## **CALENDAR OF EVENTS**

- 2/1/00-  
2/29/00 February Fitness Challenge  
PST-LD; Bill Volckening, 370 NW Island Cir, #B-5, Beaverton, OR 97006, 503-533-5567, [BillVolckening@usms.org](mailto:BillVolckening@usms.org);  
[www.usms.org/fitness/ffc99.pdf](http://www.usms.org/fitness/ffc99.pdf)
- 2/5/00  
2/6/00 Valentines Meet - Clearwater, FL Sanctioned by Florida LMSC # 140-002  
SCY; Kelley Allen, 727-791-9542, 727-462-6028(fax); Info and 98 results <http://distancematters.com/cats.html>
- 2/27/00-  
2/29/00 Hall of Fame Masters Challenge - ISHOF, Ft Lauderdale, FL  
SCY; Stu Marvin, International Swimming Hall of Fame, 501 Seabreeze Blvd, Ft. Lauderdale, FL 33316, 954-468-1580(w), 954-474-7010(h),  
[stum@ci.ftlaud.fl.us](mailto:stum@ci.ftlaud.fl.us)
- 3/4/00 March to Munich Swim Meet - St. Petersburg, FL Sanctioned by Florida LMSC #140-001  
LCM; Harold Ferris, 1116 44th Ave NE, St Petersburg, FL 22703, 813-896-0250, [home.att.net/~dixiezone/dp\\_meets.htm](http://home.att.net/~dixiezone/dp_meets.htm)
- 3/13/00-  
3/18/00 Games for Life - Sarasota, FL Recognized by FL LMSC #140-006R  
LCM; Carolyn Brown, 6700 Clark Rd, Sarasota, FL 34241
- 3/18/00-  
3/19/00 Dixie Zone SC Champs - Atlanta, GA  
SCY; Lisa Watson, 804 Howell Ct, Duluth, GA 30136, 770-497-1901(h), 770-718-3646(o), [lwatson@hermes.gc.peachnet.edu](mailto:lwatson@hermes.gc.peachnet.edu)
- 4/7/00-  
4/9/00 30th Annual SPM Short Course Championships - St. Petersburg, FL Sanction pending  
LCM; Nancy Eaddy, 431 Park Street South, St Petersburg, FL 33707, 727-347-0565
- 04/15/00 Lean Cuisine Ocean Mile Series - Crandon Park - Key Biscayne, FL  
OW; Sean Black - ESM, Inc., 1060 Holland Drive, Suite 3L, Boca Raton, FL 33487; 888-ESM-SPORTS  
<http://www.exclusivesports.com/swim.html>; Email [black@exclusivesports.com](mailto:black@exclusivesports.com)
- 4/15/00-  
4/29/00 Open World Masters Games - Rio de Janeiro, Brazil  
Open World Masters Games, 55-21-9175-6544 / 557-3005, 55-21-220-9887(fax), [masters@openlink.com.br](mailto:masters@openlink.com.br)
- 4/22/00 The 24 Mile Tampa Bay Marathon Swim; Sanctioned by Florida LMSC #140-024  
OW; Ron Collins 1920 Cobblestone Way, Clearwater, FL 33760, 727-535-4067(e), 727-578-2663(d), <mailto:collins@tampabay.rr.com>;  
<http://distancematters.com/marathon.html>
- 4/27/00-  
4/30/00 2000 USMS SC Nationals - IUPUI Natatorium, Indianapolis, IN  
SCY; Mel Goldstein, 5735 Carrollton Ave, Indianapolis, IN 46220, 317-253-8289, [goldstein@mindspring.com](mailto:goldstein@mindspring.com)
- 4/29/00 The 4 Mile Lake Weir Swim  
OW; Eaton's Beach - Jane Pheil 352-360-0853 <http://distancematters.com/lakeweir.html>
- May TBA Penasacola 5k Open Water Swim - Steve Fair - Gulf Coast Aquatics, 4301 Creighton Rd, #55, Pensacola, FL 32504-9151
- 5/06/00 The Third Annual Tampa Bay Open Water Challenge 5k  
OW; Tampa Baywatch - Peter Clark 727-896-5320 <mailto:tpbaywatch@aol.com>; <http://distancematters.com/challenge.html>
- 5/6/00 Lean Cuisine Ocean Mile Series - MacArthur Beach State Park - N. Palm Beach, FL (See ESM contact info from 4/15/00)
- 5/12/00-  
5/15/00 2000 Canadian National Masters Championships - Halifax, Nova Scotia  
SCM; Swim Nova Scotia, PO Box 3010 South, 5515 Spring Garden Rd, Halifax, Nova Scotia B3J 3G6, Canada, 902-425-5450(x314),  
902-425-5606(fax), [bobconnon@ns.sympatico.ca](mailto:bobconnon@ns.sympatico.ca); [www3.ns.sympatico.ca/sportns/swimns/index.html](http://www3.ns.sympatico.ca/sportns/swimns/index.html)
- 5/13/00 Lean Cuisine Ocean Mile Series - Crescent Beach - St. Augustine, FL (See ESM contact info from 4/15/00)
- 5/15/00-  
9/30/00 2000 USMS 5 & 10 K Postal Championship  
PST-LD; Jane Moore, 1867 58th St NE, Tacoma, WA 98422-1517, 253-925-0803, [weswim@mindspring.com](mailto:weswim@mindspring.com); Sanctioned by PN LMSC
- 5/18/00-  
5/21/00 2000 YMCA National Championships - Augusta, GA  
SCY; Contact your Y Aquatic Director or Team Coach for more information; Recognized by GA LMSC
- 5/27/00 Lean Cuisine Ocean Mile Series - Wildwood Park - Augusta, GA (See ESM contact info from 4/15/00)
- 6/10/00 Lean Cuisine Ocean Mile Series - Davis Island - Tampa, FL (See ESM contact info from 4/15/00)
- 6/17/00 2000 USMS 1-Mile Open Water Championship - Indianapolis, IN  
OW; Mel Goldstein, 5735 Carrollton Ave, Indianapolis, IN 46220, 317-253-8289, [goldstein@mindspring.com](mailto:goldstein@mindspring.com); Sanctioned by IN LMSC

# Greetings from the President of the Florida L.M.S.C.

Upon at the meeting held in Orlando. We also sent out reminders for this meeting and only the officers on the board and 2 other team reps showed up for the meeting. In order to have Everyone's views represented we need to have more participation in the running of our organization.

As you know St. Pete is not holding a Long Course meet this summer, so our summer meeting will be held At the Sarasota meet on Saturday after the last event. We would like as many team reps to be present at the meetings so we can get a feel for the direction that the LMSC wants to take. This meeting will include Nominations for the list of officers to be voted on in October.

The USAS, United States Aquatic Sports, conference is to be held in Orlando the during the 10th -15th of October. This is the annual business meeting for all of the aquatic sports, swimming, diving, Waterpolo, and of course Masters swimming. We will need help hosting the hospitality room for Masters. This would also be a good chance for anyone who wants to see the inner working of Our organization to do so. This meeting is usually held in September but with the Olympics being Held later than usual this meeting had to be rescheduled. The Olympic athletes will be coming To Orlando from Australia after the Olympics are finished. This will be an excellent chance to see these Up close. We need as much help as we can get.

There has been a rules change for the start of all races. A copy of this rules change will be sent to all clubs And also sent to the webmaster to be We held our Spring meeting at the CAT Valentines meet in early February, the date agreed put on the LMSC web site. At the present time the meet information will state if the new rules are to be observed. This is only being done in order to have a smooth transition and because the officials are not expecting to change the start procedure until May.

LARRY

## A NOTE FROM THE EDITOR

Hello to everyone. I apologize for how late the newsletter is this time. I have been very busy with school and coaching. I hope everyone is doing well and training hard.

I have had a note from Lena N. Dunworth regarding her husband that passed away.- His name is Charlie Dunworth and he passed away on 11/7/99. I think I speak for all masters swimmers in sending my condolences to Mrs. Dunworth. I would also like to ask everyone to keep Larry Peck's wife in your thoughts. She has been ill and of course we hope her condition improves. Thanks to everyone and I hope you have a great couple of months.



# 300 CLUB MASTERS

Three Hundred Club Masters has doubled their membership from 14 in 1998 to 29 in 1999 and we are continuing to grow. Our coach, Albert Monge, deserves credit for this increase. Albert started swimming when he was 6 years old in San Juan, Puerto Rico. He finished 3rd in the 100 Butterfly at Junior Nationals in 1984. He received a degree in Special Education from the University of Puerto Rico and taught at Howard Bishop Middle School in Gainesville. Besides coaching a small age group team in Puerto Rico he coached at the YMCA, Oak Hall Private School and at the Gainesville Health and Fitness Center in Gainesville.

Albert started coaching 300 Club Masters in February 1999. His enthusiasm continues to grow along with his motivational skills, and he is starting to compete again as well. 300 Club Masters members, Victor Buehler, Carolyn Donnelly, Mack McLean, Teri McLean, and Meegan Wilson have finished in the Florida LMSC Top 5 SCY or SCM for 1999. Bill Rodenfels who swims with us also had some top five finishes. We welcome the following new swimmers: Marco Bosquez, Sean Keefe, Gretchen Lipman, Barry McEwen, Andrea Niedermeyer, Elana Rich, and Daniel Rubin.

## Florida Mavericks

NATIONAL CHAMPS.....ALMOST  
(2 points short)

In the 3000 Yards Postal National Championships, which we sponsored, our team of twelve Mavericks placed 2nd to Michigan, by only 2 points. Our five relays were winners, with four of them National record breakers: 55+ Women—Tullman, Lee, Bond; 65+ Men—MacDonald, Maloney, Schlegel; 55+ Mixed—Maloney, Schlegel, Tullman, Bond; 65+ Mixed—Malbrough, MacDonald, Hoskinson, Kenner. Individual award winners in the 3000 yards, included Maloney & Malbrough, 1st; Bond, Olsen, Kenner, & MacDonald, 2nd; and Tullman, 3rd. Lee, M Hutinger, Hoskinson, Paintner, and Schlegel also contributed points. Prokopi, our lone entrant in the 6000 yards, placed 2nd.

As sponsors, we were pleased with the record number of entries, 290. Although we faced awesome challenges, with entering data, final results, awards, t-shirts and the final mailing, stuffing everyone's packet correctly, the payoff was satisfying, and we made a major contribution to Masters swimming at the National level. Our board members have initially decided to invest some of our money, and use the interest for a Maverick prize. We have so much to be thankful for, we want to look beyond the confines of our own team to a broader perspective of the swimming community, and share our good fortunes with other teams, to promote and encourage swimming.

We couldn't have accomplished this monumental task, alone. These gracious volunteers pitched in at one or both of our stuffing parties: C & R MacDonald, Smith, DeTore, Stein, Prokopi, Tullman, Tillotson. Luke, Tillotson, Paintner, Olsen, Eliason, Schlegel, & MacDonald, made financial contributions, and C Hutinger, set up the computer program for final results.

Seven Mavericks competed at the Senior Nationals, in October, in Orlando, with gratifying results. Tullman had five second places, and one 5th; Troy, three 1sts; two 2nds, and one 3rd; Prokopi, 3rd, 5th, 6th, 7th & 8th; DeTore, 2nd, 5th & 6th; Williams, 7th & 8th; Cleaveland, three 1sts; two 2nds, & one 3rd. Criche also participated.

**CONGRATULATIONS to all our Senior athletes.**

**HALL OF FAME:** In 1999, USMS selected Paul Hutinger as their male Masters nominee to be inducted into the International Swimming Hall Of Fame, in Ft. Lauderdale, for 2000. His numerous and amazing accomplishments include 257 National Records, 95 World Records, 134 National Championships, 13 International Championships, and All American for 28 years. He awaits the final vote, including all the foreign candidates. This is a prestigious honor, as only one male and one female Masters swimmer is inducted, each year.....by Margie Hutinger

Paul Hutinger, Team Representative, Florida Maverick Masters

## SUN CITY CENTER SHARKS

Swimmers finning around the Last Chance Meet in Clearwater on December 4-5 were Jean and Jim Allen, Jim Browne, Sue Landers, Nancy Meissner, Jim Pitts and Jean Zulich. These teammates won 23 first places, 16 second places and 2 third places—not bad out of 45 swims.

High Point Awards were won by Sue Landers, Jim Pitts, Jean Zulich, Jim Browne.

The guy that was the happiest was Jim Browne. He swam his personal best in the 50 yrd. freestyle. He broke the 30's. "I never did that even when I was lots younger," says Jim.

Oh yeah, both our 200 yard mixed medley relay team and the 200 yard mixed freestyle team took **FIRST PLACES.**

## ASK THE SWIMMING DOCTOR

**Swimmer:** On the backstroke turn, can my legs kick when I roll over? Can I roll over and touch the wall while on my stomach? I'm fairly new to Masters swimming, and am confused by the differences in officiating.

**Answer:** Yes, the rule states: "...a continuous single or a continuous doublearm pull may be used to execute the turn. Once the body has left the position on the back, there shall be no kick or arm pull independent of a continuous turning action." You may use either the dolphin kick (used by world record holder, Bill Specht) or, the flutter kick. Perfect your turns in practice, by knowing your stroke count under the flags, before you begin to roll over. Once you have turned, adjust your out-of-water arm, so you will maintain the continuity in your turn. You cannot roll over, hold your arm straight ahead, or at your side, and kick in. That would not be continuous.

The answer is yes, for your 2nd question. From the rule book: ".....turns past vertical, and in a continuous motion, grabs the wall before pushing off with the feet while on the back....." Not all swimmers feel comfortable doing the rollover turn, and this rollover open turn is an alternative continuous turning action, available in Masters swimming, and not USA age group.

When this rule first appeared, ten years ago, videos were available to train swimmers, coaches and officials on proper technique, which was useful for uniformity in judging turns. I share your confusion about officiating calls, as some officials apparently have not kept pace with the rollover back turn. In the St. Petersburg area, I've seen elite swimmers DQ'd doing back rollover and open back rollover turns, for "kicking in" and "not continuous." These same swimmers and turns are legal in other meets. There is no advantage to not being continuous.

Anyone wanting additional information, or having personal questions, please send a large SASE to: Dr. Paul Hutinger; 1755 Georgia Ave. NE; St. Petersburg, FL 33703.

You can e-mail me at: [phut@usms.org](mailto:phut@usms.org)

Two of our SHARKS—Peg Homines and Jean Zulich— plan to "go German" for the World Games in July. We wish them good swims, lots of good food and a great time!

# TEAM ORLANDO MASTERS

Team Orlando has been in a dilemma for the last couple of months trying to decide what to do with our swim meet and the convention occurring at the same time. Since only a few of the team members will actually be participating in the convention, it has been decided that the meet will go on. We realize that there will be a few swimmers that will not be able to swim on Saturday, but you can swim on Friday night and Sunday. This is our fundraiser for the YMCA and the team does not want to skip a year. We have informed Nancy Ridout in order to see if she can schedule any wrap-up meetings to a time that will allow anyone that wants to swim, on Sunday, the time to get there.

The YMCA Aquatic Center is searching for a full time masters coach. Those who are interested can contact the "Y" at (407)- 363-1911.

#### Editor's Note:

There was an inadvertent omission by SWIM Magazine in the Jan/Feb issue. The Mens qualifying times for the 400 IM were left off of the National Qualifying Times Table. Here are the correct times:

#### Men's 400 IM

19-24 5:19.07

25-29 4:50.98

30-34 4:54.54

35-39 5:00.27

40-44 5:06.53

45-49 5:16.43

50-54 5:37.21

55-59 6:03.64

60-64 6:45.14

65-69 7:25.93 Greetings from the President of the Florida L.M.S.C.

70-74 8:36.81

75-79 12:14.26

80-84 No Time

85-89 No Time

# SPACE COAST MASTERS

Our 14 SPCO swimmers fared well by placing 5<sup>th</sup> in the 32 team field at the Orlando meet. Tom Bliss, 45, Pete Turner, 40, and Brandon Batemore, 20, were high point winners. John McCall, 48, who placed first in the 100 Fly at the USMS Long Course Nationals had a tremendous come from behind victory in the 200 fly.

Although he was listed on the meet program as a Space Coast entrant, we could not convince Martin Zubero, 30, to swim for our team. Martin, who holds the Olympic record in the 100 meter backstroke, was gracious to join us in our team picture.

Bole Segersmith, 75, had fine swims in the 1999 Florida State Senior Games Swimming Championships, held December 2,3 at Kissimmee. In his 5 events Bob tallied firsts in the 50 Free, 100 Free, 200 Free, 400 Free, and the 50 Back.

Our annual Christmas party which included elections and awards was another smashing success. For 2K, Pete Turner and Carl Finney were "elected" President and Vice President respectively. Our "elections" consist of a lot of begging: like "PLEEEZ take this job and we promise to give you a lane to yourself." Then there was the budget draining awards. Carl Finney received the Most Improved Swimmer award for a great year; Tom Bliss, our 98/99 President, got his name engraved on our Hall of Fame plaque for another outstanding year; and John McCall walked away with the Swimmer of the Year award.

In between the elections and the legitimate awards an excited team member received the third annual, prestigious "Dave Malbrough" trophy. Wait a minute you ask, is that the same 86 year old Dave Malbrough that swims for the MAVERICKS? The same. This trophy is a 27 inch twin poster on a marble base with twin swimmers on the top. The real deal. It has become Space Coast Masters' "traveling" fun trophy. Each recipient gets to keep it a year.

In 1997, while Dave Malbrough was working out in Indian Harbor Beach with SPCO, he donated the trophy to our team. Our then President Phil Lindsley happily accepted it and immediately ripped off the inscription plate. At our 97 Christmas party, Lindsley gave it to himself with the modest inscription "A Great President." In 98, our then VP, Pete Turner, received it with the inscription "1998 Absentee Award." And this year, the year of the woman, Missy Bliss received it with the inscription "1999 DQ Queen."

So, Dave Malbrough, Space Coast Masters thanks you again for your generosity. And remember Dave, should you decide to leave the Mavericks for any reason and join our team, you too may win the Dave Malbrough trophy.

## 3000/6000 YARDS POSTAL NATIONAL CHAMPIONSHIPS

The Florida Mavericks express their appreciation to the swimmers who competed, and coaches in the FL LMSC that supported and encouraged their members to enter this National Postal event. Besides the Maverick's 4 national relay records and 2nd place club award (see our club article), the Dianetics Swim Team set the 3000 yards mixed 19+ relay record and St. Pete Masters finished 3rd in the 6000 yards event.

Other swimmers, total of 47 entries, participated from Clearwater, Indian River, Sun City Center, 300 Club, Blue Wave and Manatee Masters. Remember, the meek may inherit the earth, but they'll never rule the pool.



# TOP TEN AND RECORDS REPORT

Margie Hutinger

I submitted SCM Top Ten, and the preliminary list will be posted on the internet, shortly. Unregistered swimmers are still a concern in the FL LMSC meets. I checked each final results, and deleted five swimmers from my submission, because they were NOT REGISTERED at the Orlando or St. Pete Development Meets. This affects all of us, as our USMS insurance only covers us at sanctioned meets where ALL competitors are USMS registered. NO REGISTRATION; NO SWIM!!!!!!!!!!

I have completed the FLLMSC records and Top 5 for LCM, as of August 31, 1999. Dick Brewer has them posted at the FL web site: <http://home.att.net/~floridalmc/> Twenty eight women's; 52 men's; and 8 relay records were broken, in 1999. In January, I mailed each team representative and individuals on the subscription list, a copy of the Top 5. You may order copies: \$2.00/single course or \$5.00/all 3 courses. Send check, payable to FL LMSC, with your address to: Margie Hutinger; 1755 Georgia Ave NE; St Petersburg, FL 33703. I will have copies available at the Clearwater and St. Pete Meets. Remember, if you want your times included for FL Top 5 & Records, send me documentation from meets outside the FLLMSC.

Last year, I mentioned having more Senior Meets Recognized, so Masters times would be submitted for Top Ten. I added times for 1999 LCM, from three meets, plus Senior Nationals, for 2000. So far, I have Recognitions for Sarasota, March 14-15 and Good Life Games, Clearwater, March 26. Bradenton, Feb. 17 is a good possibility. If you attend other senior meets, and feel that they are well run, let me know.

**When you enter a meet, keep it simple—  
enter your name as it appears on your card,  
which must be included.**

## DIXIE ZONE SCY RECORDS

A preliminary list of individual Dixie Zone SCY records is now available in pdf format on the Dixie Zone site. Go to the Top Ten page and the link is at the bottom.

No records or Top 10 were kept in 1998. The current list is a compilation of a mostly legible 1997 records list, the 1998 and 1999 USMS SCY Nationals results on-line, and the 1999 SCY Top 10 list from Karen Crossen. There will be omissions — definitely all swims in 1998 that weren't at the Nationals, and probably some others. I'll be glad to make additions/corrections if you send me the age/event, time, name, club initials, and year.

Dick Brewer  
[dickbrewer@worldnet.att.net](mailto:dickbrewer@worldnet.att.net)

# COACHES CORNER

Matt Cetlinski was world ranked from 1981-1988. He is the current American record holder in the 400 meter freestyle. He won a gold medal in the 800 meter freestyle relay in the 1988 Olympics and was a seven time national champion. He is currently the Head coach of the Gator Swim Club in Gainesville Florida. He is also a licensed acupuncturist and massage therapist. He has coached masters swimmers, open water swimmers and triathletes of all levels since 1992.

Spring is in the air and the masters swimmers are looking ahead to the summer racing season. Whether you are getting ready for Masters Nationals, open water swimming, or triathlons, I will offer some suggestions to add that extra pizzazz to your training.

Technique is all important. My coach Buddy Baarcke used to say, "Practice doesn't make you perfect. Perfect practice makes you perfect." Don't waste your time with sloppy technique. Your coach is the best place for guidance. I will offer some simple words of wisdom. Go for length. You want your stroke and your body to be long at all times. Also, anything new will feel funny for a while which is important to keep in mind when changing your technique. You want to constantly keep technique in mind and there will be times when you need to concentrate on swimming hard. When you are becoming fatigued and your stroke is faltering you need to keep vigilant of your stroke. I encourage you to swim through the fatigue while always bringing yourself back to good form. That is not easy!

Kicking is another area you can concentrate on and improve. Lose those fins and Zoomers. You can't wear them in your races. Swimming without fins can be hard, but the proof will be in the pudding. You can wear fins occasionally, not all the time. The same goes for pulling!

For those of you triathletes and open water swimmers, remember those long swims. A lot of your races will be twenty minutes or longer. I suggest you do one swim a week of at least thirty minutes at a good pace.

Feel the need for some speed. At least once a week do some sprinting. three 100's, or six 50's, or twelve 25's All Out with plenty of rest.

Remember to get enough rest and eat right. Drink water. Here's the formula for water. Try this and you will be amazed at the results in your life. Take your body weight divide it in half and that is how many ounces minimum a day you need to drink. Water only, sports drinks or juices do not count. Try it and you will be pleased with the results.

# FLORIDA LMSC RELAY RECORDS

## Long Course Meters (As of 8/30/99)

	200 FREE-WOMEN	200 MEDLEY-WOMEN	400 FREE-WOMEN	400 MEDLEY-WOMEN	800 FREE-WOMEN
76+	2:09.89 Booth, Markese Truhol, Cullen SPM-86	2:27.05 Burger, Braciak Truhol, Booth SPM-87			
100+	2:00.75 Stone, Niedermeyer M-Busse, Summers SPM-97	2:16.68 Niedermeyer, Stone M-Busse, Summers SPM-97	5:10.05 Sirbu, Casco Lee, Van Der Molen ORLM-97	5:20.15 V Der Molen, Visser Habecker, Sirbu ORLM-97	
120+	1:55.70 Summers, S'wiler Nauta, Petersen SPM-98	2:08.97 Lane, Summers Orlando, Petersen SPM-98	4:50.91 Abraham, Stott A'strong, Bellflower SPM-97	4:53.42 Keller, Lense Seaman, Shonkwiler ORLM-97	9:44.01 Seaman, Keller Matsuzaki, S'wiler ORLM-97
160+	2:08.57 Bergdoll, Dykehouse Halfacre, Markey 300-97	2:23.16 Stefanick, Lambke Flanagan, Page SPM-91	4:41.68 Orlando, Powell Tibma, Nauta SPM-97	5:26.44 Nauta, Orlando Tibma, Powell SPM-97	10:20.09 Nauta, Orlando Tibma, Powell SPM-97
200+	2:15.95 Page, Bromwich Lambke, Powell SPM-97	2:31.92 Powell, Bromwich Page, Lambke SPM-97	5:13.92 Page, Bromwich Lambke, Kelly SPM-97	6:05.11 Brewer, Bromwich Lambke, Page SPM-97	14:15.47 K-Perry, Lambke Bromwich, Steer SPM-95
240+	2:45.62 Piper, Carr Allen, Lambke SPM-95	3:26.92 Fulmer, Walker Dendy, Gordon SMS-91		8:24.26 Hutinger, Prokopi Reynolds, Mitchell SPM-95	13:12.45 Bromwich, Steer Carr, Lambke SPM-97
280+	3:23.41 Carr, Reynolds Newman, Erwin HLJ-93	4:00.15 Reynolds, Steer Carr, Schimpf SPM-97	7:57.85 Steer, Schimpf Reynolds, Carr SPM-97	9:06.33 Reynolds, Steer Carr, Schimpf SPM-97	
320+			10:13.80 Schimpf, Kennedy C'hanski, McKechnie SPM-94		22:37.07 Schimpf, Kennedy C'hanski, McKechnie SPM-94
	200 FREE-MEN	200 MEDLEY-MEN	400 FREE-MEN	400 MEDLEY-MEN	800 FREE-MEN
76+	1:42.54 Burns, Carr Mital, Zarka TEAM-93	1:54.94 Burns, Constantini Stelle, Zarka TEAM-93			
100+	1:40.69 Smith, Barton Hoffman, Eaton SPM-97	1:50.79 Hoffman, Smith Barton, Eaton SPM-97			
120+	1:42.83 McGlinis, Edwards Olden, Vaile SPM-93	1:52.80 Specht, Galloway Barton, Halfast SPM-99	4:03.05 Frazier, Hempel Freeman, Barton SPM-97	4:50.75 Milligan, Hempel Bastie, Barton SPM-97	10:27.72 Murphy, Lombard Korey, Lense ORLM-97
160+	1:45.13 Miltenberger, Scray Misenheimer, Ehmke ORLM-97	1:56.96 Buresh, Halttunen Specht, Forrestel SPM-97	3:58.31 Mrazek, Ruth Schlak, Williams BRAT-97	4:50.92 Mrazek, Ruth Williams, Schlak BRAT-97	9:18.31 Frazier, Bastie Atkins, Kennedy SPM-97
200+	1:51.87 Clafin, Geer Walker, Black SWIM-99	1:59.68 Brewer, Stollmeyer Shea, Stegman SWIM-97	4:48.11 Milligan, Marzulli Smith, Bastie SPM-97	5:12.54 Smith, Van Der Veen Freeman, Kennedy SPM-97	10:57.25 Beattie, Welpott Lipp, Iselin ORLM-97
240+	2:08.31 Jones, Taylor Holmes, Sears HLJ-90	2:29.82 Coulter, Walker Geer, Woods SWIM-97	5:09.85 Welpott, Mann Weatherbee, Beattie ORLM-97	6:10.46 Hutinger, MacDonald Kurtzman, Maloney FMM-97	12:49.47 Hall, Cox Ferris, Kohnken SPM-97
280+	2:29.30 Avery, Beach Kohnken, Beach SPM-98	2:38.18 Hutinger, M'Donald J Kurtzman, Maloney FMM-99	6:09.27 M'Donald, Malbrough Maloney, Hutinger FMM-97	8:30.79 Avery, Torsney Allen, Walbolt SPM-97	15:49.83 Tillotson, Malbrough Maloney, Hutinger FMM-97
320+	3:09.81 M'Cullough, M'brough Luke, Cleaveland FMM-99	3:13.89 M'brough, M'Cullough A K'tzman, Cle'land FMM-99			
	200 FREE-MIXED	200 MEDLEY-MIXED	400 FREE-MIXED	400 MEDLEY-MIXED	800 FREE-MIXED
76+	1:55.92 Sirbu, Habecker White, Rose ORLM-97	2:08.18 Braciak, DLalla Acker, Holmes SPM-87	4:37.74 Murphy, D Sirbu Habecker, White ORLM-97		
100+	1:46.89 Eaton, Stone Summers, Barton SPM-97	2:00.53 Hoffman, Stone Summers, Eaton SPM-97		5:02.12 VanDerMolen, White Habecker, Korey ORLM-97	
120+	1:50.58 Tibma, Barton Moses, Halfast SPM-99	2:03.67 Tibma, Orlando Specht, Halfast SPM-99	4:15.33 Orlando, W Hempel Nauta, Barton SPM-97	4:48.86 Nauta, Orlando Barton, W Hempel SPM-97	9:03.87 Seaman, Shonkwiler Scray, Misenheimer ORLM-97
160+	1:48.26 M'tenberger, Seaman S'wiler, M'heimer ORLM-97	2:02.49 S'wiler, M'tenberger Seaman, M'heimer ORLM-97	4:02.04 Seaman, M'tenberger S'wiler, M'heimer ORLM-97	4:41.21 S'wiler, M'tenberger Seaman, M'heimer ORLM-97	9:42.98 Halfacre, Nixon Bergdoll, Perout 300-97
200+	2:01.86 Bastie, Page L Powell, C'rington SPM-98	2:18.72 Betzer, Bromwich Bastie, Page SPM-97	5:15.72 Kelly, Van Der Veen Lambke, Marzulli SPM-97	5:43.81 Betzer, Bromwich Lambke, Ferris SPM-97	
240+	2:22.31 Walker, Papp Dendy, Glancy SMS-93	2:49.49 Beattie, Mahaffy Glaraton, Carr HLJ-92	5:58.57 Smith, Ferris Carr, Bromwich SPM-97	7:01.15 Avery, Bromwich Torsney, Steer SPM-97	12:38.82 Cox, Harrelson Torsney, Carr SPM-97
280+	2:40.28 Avery, Zint Carr, Holmes HLJ-94	2:53.93 Kenner, A Kurtzman J Kurtzman, Troy FMM-99	7:10.49 Kenner, Malbrough DProkopi, PHutinger FMM-97	7:59.57 Tillotson, Kenner DProkopi, M'Donald FMM-97	14:06.13 P Hutinger, Maloney Carr, Schimpf SPM-95
320+	3:35.78 Hotvedt, Reynolds Kennedy, Atwood SPM-98	4:42.88 Kennedy, Schimpf Mitchell, Walbolt SPM-94			

When you compete outside the FL LMSC and want your times included for records and the Top 5, it is your responsibility to send a **copy of your official time, date, place of meet**, to: Margie Hutinger, 1755 Georgia Ave NE, St Petersburg, FL 33703. This will insure the integrity and accuracy of the FL LMSC records. If you have questions, call Margie Hutinger: 727-521-1172 or e-mail: phut@usms.org  
Let me know if you can supply any missing teams or dates, or if I have inadvertently left out any times.

# FLORIDA LMSC RECORDS

## Long Course Meters (As of 8/30/99)

### W O M E N

50 FREE			100 FREE			200 FREE			400 FREE			800 FREE			1500 FREE		
19-24	28.17	Sudi Miller HILJ-90	1:02.94	Paige Winters 89	2:22.23	B Jo Runyon SWIM-96	4:47.31	Maureen Jones SMS-86	12:37.58	S Dearworth UNA-96	19:13.40	Mau een Jones SMS-86					
25-29	27.50	Mary Holmes HILJ-88	58.97	R Seaman 87	2:09.66	Mary Holmes HILJ-88	4:31.02	Mary Holmes HILJ-88	9:18.74	Mary Holmes HILJ-88	18:13.30	Mary Roebuck HILJ-90					
30-34	27.44	R Seaman 89	1:00.36	R Seaman 89	2:16.07	Mary Roebuck HILJ-94	4:47.64	Mary Roebuck HILJ-92	10:07.52	Marg Keller ORLM-97	18:12.67	Mary Roebuck HILJ-94					
35-39	28.26	Mary Roebuck HILJ-98	1:00.25	Shalfacre HILJ-88	2:09.33	Shalfacre HILJ-88	4:33.08	Shalfacre HILJ-88	9:24.54	Shalfacre HILJ-88	19:05.22	C Petersen SPM-99					
40-44	28.64	Martha Martin HILJ-88	1:03.40	Martha Martin HILJ-88	2:21.77	Martha Martin HILJ-88	5:04.96	Martha Martin HILJ-88	10:51.11	Wanda Brown BRAT-97	20:30.28	Wanda Brown BRAT-97					
45-49	31.57	Anne Page SPM-93	1:06.74	Shalfacre 300-97	2:24.47	Shalfacre 300-97	5:07.09	Shalfacre 300-97	10:39.38	Shalfacre 300-97	20:14.33	Shalfacre 300-97					
50-54	31.88	Anne Page SPM-98	1:13.21	Jayne Lambke SPM-93	2:37.47	Anne Grams DBMS-98	5:40.79	Anne Grams DBMS-98	12:29.90	Anne Page SPM-98	23:15.05	Jayne Lambke SPM-90					
55-59	34.06	Jayne Lambke SPM-95	1:16.52	Jayne Lambke SPM-95	2:52.93	Jayne Lambke SPM-96	6:04.24	Jayne Lambke SPM-95	12:36.62	Jayne Lambke SPM-94	24:33.26	Jayne Lambke SPM-95					
60-64	34.97	Jayne Lambke SPM-99	1:19.52	Jayne Lambke SPM-99	2:58.92	Jayne Lambke SPM-99	6:25.33	Jayne Lambke SPM-99	13:21.21	Jayne Lambke SPM-99	25:34.74	Jayne Lambke SPM-99					
65-69	38.64	Florence Carr HILJ-90	1:25.98	Florence Carr HILJ-90	3:07.68	Florence Carr HILJ-90	6:30.19	Florence Carr HILJ-90	13:50.69	Florence Carr HILJ-90	26:18.31	Florence Carr HILJ-90					
70-74	38.13	Florence Carr SPM-96	1:25.89	Florence Carr SPM-95	3:10.42	Jean Troy FMM-99	6:56.01	Jean Troy FMM-99	15:07.83	Florence Carr SPM-95	28:30.06	Florence Carr SPM-95					
75-79	45.56	B Cederlund SPCO-97	1:49.06	B Cederlund SPCO-98	4:06.11	B Cederlund SPCO-97	8:26.39	B Cederlund SPCO-97	17:24.13	B Cederlund SPCO-97	30:18.26	B Cederlund SPCO-97					
80-84	55.62	Kay Schimpf SPM-98	2:08.74	Kay Schimpf SPM-98	4:34.87	Kay Schimpf SPM-97	9:48.24	Ruth Switzer UNA-88	18:19.19	Kay Schimpf SPM-97	37:02.65	Kay Schimpf SPM-97					
85-89	1:07.18	M McKechnie SPM-89	2:59.29	M McKechnie SPM-90	5:47.38	M McKechnie SPM-89	13:30.49	M McKechnie SPM-92	28:05.83	M McKechnie SPM-90	52:23.80	M McKechnie SPM-89					
90-94																	
95-99																	
50 BACK			100 BACK			200 BACK			50 BREAST			100 BREAST			200 BREAST		
19-24	32.90	A Crowe FAST-99	1:10.40	A Crowe FAST-99	2:32.31	A Crowe FAST-99	37.12	Eliz Sollee TEAM-93	1:22.11	Eliz Sollee TEAM-93	3:02.23	C Hamilton SPM-98					
25-29	31.88	Tanya Lane SPM-98	1:08.44	Michelle Falls JUN-88	2:28.54	Tanya Lane SPM-98	34.36	R Seaman 87	1:18.31	R Seaman 87	2:54.09	Tanya Lane SPM-98					
30-34	34.19	V Richardson IRCC-97	1:15.31	Katie Adams HILJ-88	2:43.80	Marg Keller ORLM-97	36.61	Carol West TDY-97	1:20.21	R Seaman 89	2:56.34	Maud Orlando DLNM-96					
35-39	33.75	C Shonkwiler UNA-96	1:14.44	C Shonkwiler UNA-96	2:45.86	C Petersen SPM-99	36.95	R Seaman ORLM-97	1:22.46	Deb Walker SMS-87	3:00.05	Deb Walker SMS-88					
40-44	34.68	Martha Martin HILJ-88	1:17.99	J Stefanick SPM-92	2:49.31	J Stefanick SPM-92	38.16	Deb Walker SMS-92	1:24.08	Deb Walker SMS-92	3:03.11	Judy Tibma SPM-99					
45-49	36.48	Shalfacre 300-97	1:21.61	Shalfacre 300-97	3:22.88	Suzy Carlson SMS-88	38.67	Deb Walker SWIM-97	1:23.54	Deb Walker SWIM-97	3:01.69	Deb Walker SWIM-97					
50-54	39.04	Jean Mitchell SWIM-97	1:26.08	Jean Mitchell SWIM-97	3:12.57	Jean Mitchell SWIM-97	41.02	E Bronwich SPM-97	1:30.44	E Bronwich SPM-97	3:16.47	E Bronwich SPM-97					
55-59	46.12	S Holliday SMS-93	1:43.54	Jayne Lambke SPM-95	3:42.65	Jayne Lambke SPM-95	46.79	J Piper SPM-94	1:45.04	J Piper SPM-95	3:53.67	J Piper SPM-94					
60-64	46.60	Marg Morrison SPM-83	1:45.15	Marg Morrison SPM-83	3:46.34	Marg Morrison SPM-83	48.36	J Piper SPM-97	1:48.48	J Piper SPM-97	4:03.90	J Piper SPM-98					
65-69	47.90	Florence Carr HILJ-92	1:47.52	Florence Carr HILJ-92	3:52.00	Florence Carr HILJ-93	48.39	SylviaEisele SWIM-97	1:49.24	SylviaEisele SWIM-97	4:02.86	SylviaEisele SWIM-97					
70-74	47.18	B Cederlund SPCO-96	1:47.41	Regan Kenner FMM-98	3:50.83	Regan Kenner FMM-97	52.03	Regan Kenner FMM-98	1:56.24	Gertrud Zint HILJ-88	4:18.13	Gertrud Zint HILJ-88					
75-79	46.98	B Cederlund SPCO-97	1:46.70	B Cederlund SPCO-97	4:00.78	B Cederlund SPCO-97	56.22	Gertrud Zint HILJ-93	2:04.25	Regan Kenner FMM-99	4:28.51	Regan Kenner FMM-99					
80-84	1:05.52	Gertrud Zint IRCC-99	2:32.20	Gertrud Zint IRCC-99	5:14.92	Gertrud Zint IRCC-99	1:09.04	Kay Schimpf SPM-97	2:33.91	Kay Schimpf SPM-97	5:46.76	Kay Schimpf SPM-97					
85-89	1:14.07	Win Kennedy SPM-98	3:04.69	M McKechnie SPM-89	6:20.47	M McKechnie SPM-89	1:44.90	Win Kennedy SPM-98									
90-94																	
95-99																	
50 FLY			100 FLY			200 FLY			100 IM			200 IM			400 I.M.		
19-24	30.44	Sudi Miller HILJ-90	1:06.63	Sudi Miller HILJ-90	2:36.49	S Brownstein SPM-88	2:38.04	Abigail Goff FAST-99	5:26.44	Abigail Goff FAST-99							
25-29	28.79	R Seaman 87	1:03.91	R Seaman 87	2:35.01	Linda Neary HILJ-92	2:27.60	Lisa Summers SPM-97	5:17.40	Lisa Summers SPM-97							
30-34	29.92	R Seaman 89	1:06.24	R Seaman 89	2:35.86	Mary Roebuck HILJ-94	2:33.14	R Seaman 89	5:26.77	Mary Roebuck HILJ-94							
35-39	29.27	Shalfacre HILJ-88	1:05.39	Shalfacre HILJ-88	2:40.55	Jenn Ardolino SUNY-97	2:34.44	Mary Roebuck HILJ-98	5:57.98	Jenn Ardolino SUNY-97							
40-44	30.54	Martha Martin HILJ-87	1:10.22	Martha Martin HILJ-86	3:02.77	J Stefanick SPM-92	2:51.50	Judy Tibma SPM-99	6:11.17	J Harrelson SPM-98							
45-49	32.49	Shalfacre 300-97	1:22.26	B Hoellen 89	3:13.41	B Hoellen 88	2:46.03	Deb Walker SWIM-97	6:40.54	Anne Page SPM-93							
50-54	34.24	Anne Grams DBMS-98	1:17.18	Anne Grams DBMS-98	2:59.46	Anne Grams DBMS-98	2:58.52	Anne Grams DBMS-98	6:48.24	Lynn Cartee SWIM-98							
55-59	39.40	Jayne Lambke SPM-98	1:36.26	Jayne Lambke SPM-96	3:32.63	Jayne Lambke SPM-95	3:27.14	Jayne Lambke SPM-96	7:19.11	Jayne Lambke SPM-95							
60-64	40.28	Jayne Lambke SPM-99	1:39.63	Jayne Lambke SPM-99	4:20.08	N Durstein CATM-93	3:35.89	Jayne Lambke SPM-99	7:43.95	Jayne Lambke SPM-99							
65-69	43.55	Florence Carr HILJ-90	1:55.92	SylviaEisele SWIM-98	4:07.93	SylviaEisele SWIM-97	3:34.41	Florence Carr HILJ-90	7:57.09	Florence Carr HILJ-90							
70-74	46.47	Florence Carr SPM-95	2:03.15	Jean Troy FMM-99	4:51.87	Jane Reynolds HILJ-92	4:05.65	Florence Carr SPM-96	8:30.77	Florence Carr SPM-95							
75-79	1:00.61	Gertrud Zint HILJ-94	2:19.74	Kay Schimpf SPM-94	5:16.46	Jane Reynolds SPM-97	4:37.22	Gertrud Zint HILJ-94	9:43.06	Gertrud Zint HILJ-93							
80-84	1:07.84	Kay Schimpf SPM-97	2:48.73	Kay Schimpf SPM-97	6:38.90	Kay Schimpf SPM-97	5:20.78	Kay Schimpf SPM-97	11:22.65	Kay Schimpf SPM-97							
85-89	1:52.09	Win Kennedy SPM-98					8:04.55	Win Kennedy SPM-98									
90-94																	
95-99																	

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 I let me know if you can supply any missing teams or dates, or if I have inadvertently left out any times.



# FLORIDA LMSC RECORDS

## Long Course Meters (As of 8/30/99)

M E N

		50 FREE		100 FREE		200 FREE		400 FREE		800 FREE		1500 FREE							
19-24	24.54	Andrew Eaton	SPM-97	54.16	C Stevenson	FAST-88	2:01.49	C Stevenson	FAST-89	4:20.67	A Constantini	TEAM-93	10:25.53	Chris Connor	SWIM-98	18:06.12	Al Constantini	TEAM-93	
25-29	23.69	RRamirez	85	54.53	RRamirez	85	2:03.72	Paul Robinson	ORLM-93	4:23.17	Rob Nichols	CYM-85	9:25.52	Rob Nichols	CYM-85	17:08.92	R Nichols	CYM-86	
30-34	24.21	C M Halfast	SPM-99	53.64	C M Halfast	SPM-99	2:02.50	Todd Barry	ORLM-97	4:28.35	Meisenheimer	ORLM-92	9:21.04	Rob Nichols	CYM-89	17:06.73	R Nichols	CYM-88	
35-39	25.53	Miltenberger	88	56.05	Miltenberger	88	2:04.61	Jeff Perout	HILJ-89	4:29.03	Jeff Perout	HILJ-89	9:09.59	Brant Bittner	HILJ-88	18:21.08	Meisenheimer	ORLM-95	
40-44	25.90	Michael Scott	TBAC-99	56.80	Jeff Perout	300-97	2:07.38	Jeff Perout	300-97	4:25.45	Wm Specht	SPM-99	9:34.53	Eddie Riach	SPM-97	18:27.74	Larry Black	SWIM-99	
45-49	25.92	Miltenberger	ORLM-97	57.09	Miltenberger	ORLM-97	2:13.01	Russ Frazier	SPM-99	4:38.97	Eddie Riach	SPM-98	9:36.85	Eddie Riach	SPM-98	18:45.84	Rick Walker	SWIM-99	
50-54	27.40	John Smith	HILJ-89	1:01.26	G Woodsum	BRAT-97	2:17.97	B Jones	SMS-85	4:56.97	B Jones	SMS-85	10:43.71	B Jones	SMS-85	19:28.41	B Jones	SMS-85	
55-59	28.53	John Smith	HILJ-97	1:04.19	B Jones	HILJ-88	2:24.94	B Jones	HILJ-88	4:58.41	B Jones	HILJ-88	10:24.08	B Jones	HILJ-88	19:54.72	B Jones	90	
60-64	28.62	John Smith	HILJ-98	1:04.36	John Smith	HILJ-98	2:36.63	Jack Beattie	ORLM-95	5:37.86	B Jones	SMS-94	12:40.20	Chas Kohnken	SPM-93	24:09.98	Bob Beach	SPM-91	
65-69	31.31	R Holmes	HILJ-87	1:07.52	Dren Geer	SWIM-99	2:34.41	Dren Geer	SWIM-99	5:43.70	Dren Geer	SWIM-99	12:47.42	Dren Geer	SWIM-99	24:12.21	Dren Geer	SWIM-99	
70-74	33.01	Paul Hutinger	FMM-97	1:20.51	T Smith	SPM-97	3:03.47	Paul Hutinger	SPM-95	6:42.36	Paul Hutinger	SPM-95	13:58.08	Paul Hutinger	SPM-95	26:32.63	Paul Hutinger	SPM-95	
75-79	34.32	R Holmes	HILJ-98	1:27.83	John Briggs	SWIM-99	3:27.38	John Woods	UNA-99	7:25.01	John Woods	UNA-99	17:28.04	Alex R Miller	CATM-99	30:26.54	J Johnston	SPM-92	
80-84	38.32	B Cleaveland	ORLM-98	1:33.30	B Cleaveland	FMM-99	3:49.00	B Cleaveland	ORLM-98	7:43.68	Peter Jurczyk	IRCC-86	17:57.84	J Johnston	SPM-96	34:03.67	J Johnston	SPM-96	
85-89	46.70	C Lindstrand	UNA-97	1:49.81	C Lindstrand	UNA-97	4:11.14	C Lindstrand	UNA-97	9:24.56	Fred Walbolt	SPM-98				37:57.02	D Malbrough	FMM-98	
90-94																			
95-99																			
		50 BACK		100 BACK		200 BACK		50 BREAST		100 BREAST		200 BREAST							
19-24	28.06	C Stevenson	FAST-87	1:01.85	C Stevenson	FAST-87	2:15.36	C Stevenson	FAST-87	32.39	Greg Burns	TEAM-93	1:15.24	Greg Burns	TEAM-93	2:54.78	A Constantini	TEAM-87	
25-29	29.09	Brad Hoffman	SPM-97	1:02.75	Brad Hoffman	SPM-97	2:17.77	S Barnicoat	ORLM-89	29.90	Rob Butcher	DBMS-99	1:06.21	Rob Butcher	DBMS-99	2:32.10	Rob Butcher	DBMS-98	
30-34	30.03	Wm Specht	SPM-91	1:04.12	Wm Specht	SPM-91	2:26.25	Kelley Allen	JAM-95	30.88	Miltenberger	CF-82	1:10.62	Miltenberger	CF-86	2:46.89	Miltenberger	CF-86	
35-39	29.08	Wm Specht	SPM-97	1:02.53	Wm Specht	SPM-96	2:15.93	Wm Specht	SPM-96	31.52	Miltenberger	87	1:10.20	Miltenberger	87	2:38.58	Miltenberger	88	
40-44	28.88	Wm Specht	SPM-99	1:02.48	Wm Specht	SPM-98	2:15.49	Wm Specht	SPM-99	33.36	Art Haltunen	SPM-91	1:15.46	Miltenberger	ORLM-93	2:44.74	M Drews	95	
45-49	30.66	Casey Claffin	SWIM-99	1:05.90	Eddie Riach	SPM-98	2:24.73	Eddie Riach	SPM-98	31.54	Miltenberger	ORLM-98	1:12.42	Miltenberger	ORLM-97	2:46.80	Miltenberger	ORLM-97	
50-54	30.93	John Smith	HILJ-88	1:10.14	John Smith	HILJ-88	2:35.44	B Jones	SMS-85	35.05	Scott Guthrie	BRAT-97	1:22.22	Scott Guthrie	BRAT-97	3:04.12	VanDerVeen	SPM-97	
55-59	34.45	Jack Beattie	HILJ-90	1:13.15	Jack Beattie	HILJ-90	2:44.29	B Jones	HILJ-90	36.99	Peter Betzer	SPM-99	1:24.53	Peter Betzer	SPM-99	3:07.34	Peter Betzer	SPM-99	
60-64	33.68	John Smith	HILJ-98	1:16.26	Jack Beattie	ORLM-95	2:49.57	Jack Beattie	ORLM-95	40.05	R MacDonald	89	1:32.05	R MacDonald	89	3:31.13	Don Puchalski	CATM-99	
65-69	36.51	Paul Hutinger	SPM-93	1:21.14	Paul Hutinger	SPM-93	3:04.84	Paul Hutinger	SPM-93	41.66	T Koenig	OMSC-97	1:34.72	T Koenig	OMSC-97	3:33.87	R MacDonald	FMM-97	
70-74	37.10	Paul Hutinger	SPM-95	1:24.14	Paul Hutinger	SPM-95	3:10.47	Paul Hutinger	SPM-95	41.42	R MacDonald	FMM-99	1:36.03	R MacDonald	FMM-99	3:29.06	R MacDonald	FMM-99	
75-79	39.90	Paul Hutinger	FMM-99	1:31.62	Paul Hutinger	FMM-99	3:33.98	Paul Hutinger	FMM-99	46.73	Paul Hutinger	FMM-99	1:47.88	Paul Hutinger	FMM-99	4:02.93	Paul Hutinger	FMM-99	
80-84	52.74	D Malbrough	FMM-97	1:42.92	D Malbrough	FMM-97	4:27.73	F Tillotson	SPM-95	49.89	B Cleaveland	ORLM-98	2:01.07	B Cleaveland	FMM-99	4:27.49	D McCullough	ORLM-98	
85-89	52.48	D Malbrough	FMM-99	2:04.83	D Malbrough	FMM-99	4:44.27	D Malbrough	FMM-98	1:13.93	D Malbrough	FMM-98	3:16.06	F Tillotson	FMM-99	6:50.16	F Tillotson	FMM-99	
90-94	1:14.07	Peter Jurczyk	IRCC-96	2:40.66	Peter Jurczyk	IRCC-96	5:55.98	Peter Jurczyk	IRCC-96										
95-99																			
		50 FLY		100 FLY		200 FLY		100 I.M.		200 I.M.		400 I.M.							
19-24	26.59	C Stevenson	FAST-87	58.84	C Stevenson	FAST-88	2:13.67	C Stevenson	FAST-87	2:20.56	Eric Prokopi	FMM-97	5:13.93	A Constantini	TEAM-94				
25-29	26.46	RRamirez	85	58.71	C Stevenson	FAST-90	2:14.41	T Smith	HILJ-91	2:19.01	Jack Thomas	SWIM-97	5:01.03	Jack Thomas	SWIM-97				
30-34	26.51	M Halfast	SPM-99	59.14	Wm Specht	SPM-91	2:17.41	Wm Specht	SPM-91	2:18.08	C M Halfast	SPM-99	5:14.80	S McMillen	IRCC-87				
35-39	26.43	Wm Specht	SPM-96	58.42	Wm Specht	SPM-96	2:09.35	Wm Specht	SPM-96	2:23.34	Brant Bittner	HILJ-88	5:04.63	Brant Bittner	HILJ-88				
40-44	26.33	Wm Specht	SPM-98	57.79	Wm Specht	SPM-99	2:09.47	Wm Specht	SPM-98	2:25.76	Mich Drews	SMS-94	5:17.88	Mich Drews	SMS-95				
45-49	28.01	K McCormack	SWIM-98	1:04.31	K McCormack	SWIM-98	2:36.38	John McCall	SPCO-99	2:26.11	Eddie Riach	SPM-98	5:33.13	Russ Frazier	SPM-99				
50-54	30.04	John Smith	HILJ-88	1:15.92	Fred Lipp	ORLM-97	3:05.99	B Jones	SMS-85	2:35.51	B Jones	SMS-85	5:41.04	B Jones	SMS-85				
55-59	31.40	John Smith	HILJ-97	1:13.94	B Jones	HILJ-88	3:13.77	T Mahaffy	HILJ-93	2:46.78	Jack Beattie	HILJ-90	5:56.57	B Jones	HILJ-88				
60-64	31.19	John Smith	HILJ-98	1:27.68	M Tschirret	BRAT-97	3:18.82	M Tschirret	BRAT-97	2:49.57	Jack Beattie	ORLM-95	7:27.87	Weatherbee	ORLM-96				
65-69	35.63	Paul Hutinger	SPM-93	1:30.15	Dren Geer	SWIM-99	3:34.52	Dren Geer	SWIM-99	3:16.66	Paul Hutinger	SPM-93	7:16.86	Paul Hutinger	SPM-93				
70-74	35.82	J Kurtzman	FMM-97	1:29.49	J Kurtzman	FMM-97	3:40.85	J Kurtzman	FMM-97	3:20.04	T Smith	FMM-97	7:25.63	Paul Hutinger	SPM-95				
75-79	39.78	R Holmes	HILJ-97	1:57.68	Paul Hutinger	FMM-99	4:24.13	Paul Hutinger	FMM-99	3:52.44	Paul Hutinger	FMM-99	8:56.01	Paul Hutinger	FMM-99				
80-84	56.85	D McCullough	ORLM-98	2:32.85	D McCullough	ORLM-98	5:25.53	D McCullough	ORLM-98	4:48.16	B Cleaveland	FMM-99	10:17.57	D McCullough	ORLM-98				
85-89										6:59.87	Peter Jurczyk	IRCC-95							
90-94										7:08.31	Peter Jurczyk	IRCC-96							
95-99																			

When you compete outside the FL LMSC and want your times included for records and the Top 5, it is your responsibility to send a **copy of your official time, date, place of meet**, to: Margie Hutinger, 1755 Georgia Ave NE, St Petersburg, FL 33703. This will insure the integrity and accuracy of the FL LMSC records. If you have questions, call Margie Hutinger: 727-521-1172 or e-mail: phut@usms.org  
Let me know if you can supply any missing teams or dates, or if I have inadvertently left out any times.

**SARASOTA  
LONG COURSE MEET  
JUNE 24 & 25, 2000**

**WARM UP FOR WORLDS IN MUNICH**

***GO FOR A NATIONAL TOP TEN TIME IN OUR  
800 FREE RELAY EVENT!!!!***

**DON'T FORGET THIS IS A METERS MEET AND RELAYS ARE SUM OF THE AGES OF  
THE SWIMMERS!!! TRY FOR A TEAM WHOSE SUM IS JUST ABOVE 200, 240, 280!**

**RELAY DIVISIONS ARE AS FOLLOWS:**

**76-99, 100-119, 120-159, ETC BY 40 YEAR INCREMENTS**

**BREAKFAST ON SUNDAY A.M.  
-!!-AND OF COURSE-!!-**

**THE INFAMOUS SOCIAL SAT AFTER THE MEET!!  
FOOD, DRINK, AND FUN PROVIDED BY THE  
SARASOTA MASTERS SWIMMERS!!**

Meet info available at: <http://home.att.net/~dixiezone/> , e-mail [swmfst@worldnet.att.net](mailto:swmfst@worldnet.att.net), or contact Chris Gilligan, 941-358-3122, 3008 Bay Shore Road, Sarasota, FL 34234

# Sarasota-SWIM FLORIDA-Long Course Meet

Saturday June 24 & Sunday June 25, 2000

Sanctioned by Florida LMSC, Inc. for USMS Sanction #pending

Meet Director: Dren Geer 941-966-3818

Entry Chairperson: Bob Coulter 941-697-5239

**Facility:** Arlington Aquatic Center pool has eight, nine foot wide lanes with a separate 25 yard warm down pool. Colorado Timing will be used.

**Meet Times:** Saturday Warm-up @ 11a.m., Meet Starts @ 12 noon

Sunday Warm-up @ 9 a.m., Meet Starts @ 10 a.m.

(juice, rolls, bagels, fruit available on deck Sunday a.m.)

## Order of Events:

Sat:	1-2	400 I.M.	Sun:	17-18	400 Free
	3-4	50 Free		19-20	50 Fly
	5-6	200 Back	21-22	200 Breast	
	7-8	100 Breast		23-24	100 Back
	9-10	100 Free		25-26	200 Free
	11-12	200 Fly		27-28	50 Breast
	13-14	50 Back		29-30	200 I.M.
	15-16-33	800 Free Relay (W,M,MX)		31-32	100 Fly

**Eligibility:** The Meet is open to all registered USMS swimmers: A copy of your 2000 registration card must be included with your entry form. Non-US Citizens should have a letter of introduction from their own swimming association. Meet age is your age as of December 31, 2000. (meters rule in effect as of 1999)

**Entries:** Complete and return with a copy of your 2000 USMS Registration Card to Bob Coulter, 3145 Paar Circle, Port Charlotte, FL 33951 or Fax to 941-426-4576 by 6/16/00.

**Seeding:** Competitors may enter a maximum of five (5) events per day. Entries will be seeded by time and sex, slowest to fastest. No Time entries will not be accepted. Submit long course meters times. All events are timed finals.

**Scratch Procedure:** If a swimmer is unable to attend the meet, contact Bob Coulter (941-697-5239ph. 426-4576fax) no later than June 20 and your money will be refunded. Swimmers not reporting to the blocks for their heat will be scratched.

**Awards:** Special awards are being worked on at the time of printing.

**Heat Sheets & Results:** A heat sheet will be furnished in each swimmers' "Goody Bag." Results will be sent to each team represented; additional results may be ordered for \$3 each.

**Sat. Social:** Another great time in the park adjacent to the pool! Food and drinks provided! Cost-\$6

**Motels:** Comfort Inn 4 miles N 4800 Rte 41 941-355-7091 & I-75 @ exit #37 941-921-7750; Best Western 3 blocks away at Rte 41 941-955-9841; Hampton Inn 4 miles N 5000 Rte 41 941-351-7784 & I-75 @ Exit #38.

**Directions to Pool:** From the North: Take I-75 south to Fruitville Rd (exit 39) and go right (west) 4 miles towards town to Tuttle Ave. Turn left at the Chevron station, continue on Tuttle past the third light (Bahia Vista). On Tuttle continue 4 blocks further south to Waldemere St. Turn right and pool is one block on left. From the south: Take I-75 north to Bee Ridge (exit 38). Go left (west) toward town for 4 miles. Turn Right at Swift/Tuttle. Go 4 blocks past light at Hyde Park to Waldemere and turn left. Pool is 1 block on the left.

Parking in the lot at the facility and across the street in the designated area.

**ENTRY FORM Sarasota-SWIM Florida Long Course Meet**  
**Saturday, June 24 & Sunday, June 25, 2000 Sanction # pending**  
**Consolidated Entry Card**

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Team Rep?

Address \_\_\_\_\_ USMS# \_\_\_\_\_

Number & Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Order of Events

Sat (11 w.u.) Noon start	Sun (9 w.u.) 10 Start	Number of events	x\$2.50=\$ _____
1 / 2 400 I.M.	17/18 400 Free	Automatic Timing Surcharge=	8.00
3 / 4 50 Free	19/20 50 Fly	Social No. attending	x \$6 = _____
5 / 6 200 Back	21/22 200 Breast	Meet Results	_____ x \$3 = _____
7 / 8 100 Breast	23/24 100 Back	TOTAL (enclose Check)	= \$ _____
9 / 10 100 Free	25/26 200 Free		
11/12 200 Fly	27/28 50 Breast		
13/14 50 Back	29/30 200 I.M.		
15/16 800 Free Relay	31/32 100 Fly		
& 33 W, M, MX			

**You must attach a copy of your USMS registration card!!**

Enter your long course meters times below. "No Time" not accepted. Maximum 5 events per day.

Event No.	Freestyle (time)	Event No.	Backstroke (time)	Event No.	Breaststroke (time)	Event No.	Fly (time)	Event No.	Individual Medley (time)
3-4	50 : .	13-14	50 : .	27-28	50 : .	19-20	50 : .	XXXXXX	
9-10	100 : .	23-24	100 : .	7-8	100 : .	31-32	100 : .	29-30	200 : .
25-26	200 : .	5-6	200 : .	21-22	200 : .	11-12	200 : .	1-2	400 : .
17-18	400 : .	Events	15, 16,	& 33	-800 M	Free	Relays-	Deck	Seeded

Make Checks Payable to SMS/SWIM Florida Masters

**ENTRIES DUE IN DIRECTORS HANDS BY JUNE 16<sup>TH</sup>**

Send to: Bob Coulter, 3145 Paar Circle, Port Charlotte, FL 33981 Phone 941-697-5239

**FAX entries accepted 941-426-4576 but checks must be handed in when picking up heat sheets at the registration table prior to the start of the meet, the day of your first event. FAX entry must include your USMS registration card and your signature.**

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent to Masters Swimming (training and competition) including possible permanent disability or death and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Signed \_\_\_\_\_

Date \_\_\_\_\_



## FLORIDA LMSC TOP 5 Long Course Meters, 1999

When you compete outside the FL LMSC and want your times included for records and the Top 5, it is your responsibility to send a copy of your official time, date, place of meet, to: Margie Hutinger, 1755 Georgia Ave NE, St Petersburg, FL 33703. This will insure the integrity and accuracy of the FL LMSC records. If you have questions, call Margie Hutinger: 727-521-1172 or e-mail: phut@usms.org

<p><b>Women 19-24</b></p> <p><b>50 Free</b></p> <p><b>28.17 Sudi Miller</b> HLJ-90</p> <p>31.39 Allison Beebe 23 SPM</p> <p><b>100 Free</b></p> <p><b>1:02.94 Paige Winters</b> 89</p> <p>1:07.84 Allison Beebe 23 SPM</p> <p>1:15.50 Kerry Vermillion 23 SWIM</p> <p>1:18.10 Staci Friese 21 CATM</p> <p><b>200 Free</b></p> <p><b>2:22.23 B Jo Runyon</b> SWIM-96</p> <p>2:27.84 Abigail Goff 22 FAST</p> <p>2:29.12 Allison Beebe 23 SPM</p> <p><b>400 Free</b></p> <p><b>4:47.31 Maureen Jones</b> SMS-86</p> <p>4:56.00 Abigail Goff 22 FAST</p> <p>5:13.51 Amanda Crowe 23 FAST</p> <p>6:11.51 Staci Friese 21 CATM</p> <p><b>50 Back</b></p> <p><b>32.90 Amanda Crowe</b> FAST-99</p> <p>32.90 Amanda Crowe 23 FAST</p> <p>35.74 Allison Beebe 23 SPM</p> <p>43.51 Kerry Vermillion 23 SWIM</p> <p>43.85 Staci Friese 21 CATM</p> <p><b>100 Back</b></p> <p><b>1:10.40 Amanda Crowe</b> FAST-99</p> <p>1:10.40 Amanda Crowe 23 FAST</p> <p>1:14.96 Abigail Goff 22 FAST</p> <p>1:19.01 Allison Beebe 23 SPM</p> <p><b>200 Back</b></p> <p><b>2:32.31 Amanda Crowe</b> FAST-99</p> <p>2:32.31 Amanda Crowe 23 FAST</p> <p>2:34.42 Abigail Goff 22 FAST</p> <p>2:43.83 Allison Beebe 23 SPM</p> <p><b>100 Breast</b></p> <p><b>1:22.11 Elizabeth Sollee</b> TEAM-93</p> <p>1:28.10 Abigail Goff 22 FAST</p> <p><b>50 Fly</b></p> <p><b>30.44 Sudi Miller</b> HLJ-90</p> <p>31.97 Amanda Crowe 23 FAST</p> <p>34.44 Allison Beebe 23 SPM</p> <p>35.96 Kerry Vermillion 23 SWIM</p> <p><b>100 Fly</b></p> <p><b>1:06.63 Sudi Miller</b> HLJ-90</p> <p>1:11.39 Amanda Crowe 23 FAST</p> <p>1:19.62 Allison Beebe 23 SPM</p> <p><b>200 Fly</b></p> <p><b>2:36.49 S Brownstein</b> SPM-88</p> <p>2:39.81 Amanda Crowe 23 FAST</p> <p><b>200 IM</b></p> <p><b>2:38.04 Abigail Goff</b> FAST-99</p> <p>2:38.04 Abigail Goff 22 FAST</p> <p>2:56.29 Allison Beebe 23 SPM</p> <p><b>400 IM</b></p> <p><b>5:26.44 Abigail Goff</b> FAST-99</p> <p>5:26.44 Abigail Goff 22 FAST</p>	<p><b>Women 25-29</b></p> <p><b>50 Free</b></p> <p><b>27.50 Mary Holmes</b> HLJ-88</p> <p>29.35 Kiki Steinberg 28 SWIM</p> <p>29.88 Linda Visser 29 ORLM</p> <p>33.24 Martha Liggett 29 SWIM</p> <p>34.92 Donna Lefevre 28 SWIM</p> <p><b>100 Free</b></p> <p><b>58.97 R Seaman</b> 87</p> <p>1:05.93 Kiki Steinberg 28 SWIM</p> <p>1:13.06 Martha Liggett 29 SWIM</p> <p>1:16.73 Donna Lefevre 28 SWIM</p> <p><b>200 Free</b></p> <p><b>2:09.66 Mary Holmes</b> HLJ-88</p> <p>2:21.35 Linda Visser 29 ORLM</p> <p><b>400 Free</b></p> <p><b>4:31.02 Mary Holmes</b> HLJ-88</p> <p>4:55.63 Linda Visser 29 ORLM</p> <p><b>50 Back</b></p> <p><b>31.88 Tanya Lane</b> SPM-98</p> <p>34.81 Kiki Steinberg 28 SWIM</p> <p>35.22 Linda Visser 29 ORLM</p> <p>40.14 Donna Lefevre 28 SWIM</p> <p>42.09 Martha Liggett 29 SWIM</p> <p>47.95 Brenda Ferradji 29 FMM</p> <p><b>100 Back</b></p> <p><b>1:08.44 Michelle Falls</b> JUN-83</p> <p>1:14.80 Kiki Steinberg 28 SWIM</p> <p>1:39.35 Martha Liggett 29 SWIM</p> <p><b>200 Back</b></p> <p><b>2:28.54 Tanya Lane</b> SPM-98</p> <p>2:43.19 Linda Visser 29 ORLM</p> <p>2:46.14 Kiki Steinberg 28 SWIM</p> <p><b>50 Breast</b></p> <p><b>34.36 R Seaman</b> 87</p> <p>50.58 Donna Lefevre 28 SWIM</p> <p><b>100 Breast</b></p> <p><b>1:18.31 R Seaman</b> 87</p> <p>1:43.09 Brenda Ferradji 29 FMM</p> <p><b>50 Fly</b></p> <p><b>28.79 R Seaman</b> 87</p> <p>37.94 Donna Lefevre 28 SWIM</p> <p>38.33 Martha Liggett 29 SWIM</p> <p>40.02 Brenda Ferradji 29 FMM</p> <p><b>100 Fly</b></p> <p><b>1:03.91 R Seaman</b> 87</p> <p>1:11.80 Linda Visser 29 ORLM</p> <p>1:36.33 Martha Liggett 29 SWIM</p> <p><b>Women 30-34</b></p> <p><b>50 Free</b></p> <p><b>27.44 R Seaman</b> 89</p> <p>30.07 Michelle DiGiacomo 31 SWIM</p> <p>33.38 Laura Albee 30 SWIM</p> <p>34.23 Carolyn Donnelly 34 300</p> <p>37.70 Sarah Tebbens 33 SPM</p>	<p>43.69 Gertraud Perry 32 DST</p> <p><b>100 Free</b></p> <p><b>1:00.36 R Seaman</b> 89</p> <p>1:07.47 Michelle DiGiacomo 31 SWIM</p> <p>1:09.80 Christine Stabile 33 TTY</p> <p>1:17.08 Carolyn Donnelly 34 300</p> <p><b>200 Free</b></p> <p><b>2:16.07 Mary Roebuck</b> HLJ-94</p> <p>2:32.51 Michelle DiGiacomo 31 SWIM</p> <p>2:35.64 Adrienne Seal 34 SWIM</p> <p>2:47.91 Carolyn Donnelly 34 300</p> <p>3:06.94 Cheryl DiMeo 31 SWIM</p> <p><b>400 Free</b></p> <p><b>4:47.64 Mary Roebuck</b> HLJ-92</p> <p>5:29.30 Michelle DiGiacomo 31 SWIM</p> <p>5:32.59 Adrienne Seal 34 SWIM</p> <p>6:00.60 Carolyn Donnelly 34 300</p> <p><b>800 Free</b></p> <p><b>10:07.52 Marg Keller</b> ORLM-97</p> <p>11:18.25 Adrienne Seal 34 SWIM</p> <p>11:24.12 Christine Stabile 33 TTY</p> <p><b>1500 Free</b></p> <p><b>18:12.67 Mary Roebuck</b> HLJ-94</p> <p>21:24.12 Adrienne Seal 34 SWIM</p> <p>21:36.72 Christine Stabile 33 TTY</p> <p><b>50 Back</b></p> <p><b>34.19 V Richardson</b> IRCC-97</p> <p>38.65 Michelle DiGiacomo 31 SWIM</p> <p>41.99 Christine Stabile 33 TTY</p> <p>47.18 Gertraud Perry 32 DST</p> <p>47.33 Carolyn Donnelly 34 300</p> <p><b>100 Back</b></p> <p><b>1:15.31 Katie Adams</b> HLJ-88</p> <p>1:25.10 Michelle DiGiacomo 31 SWIM</p> <p>1:31.13 Adrienne Seal 34 SWIM</p> <p><b>200 Back</b></p> <p><b>2:43.80 Marg Keller</b> ORLM-97</p> <p>3:02.91 Michelle DiGiacomo 31 SWIM</p> <p>3:05.86 Adrienne Seal 34 SWIM</p> <p><b>50 Breast</b></p> <p><b>36.61 Carol West</b> TDY-97</p> <p>39.16 Michelle DiGiacomo 31 SWIM</p> <p>*43.35 Laura Albee 30 SWIM</p> <p>45.66 Cheryl DiMeo 31 SWIM</p> <p>50.10 Gertraud Perry 32 DST</p> <p><b>100 Breast</b></p> <p><b>1:20.21 R Seaman</b> 89</p> <p>1:28.68 Michelle DiGiacomo 31 SWIM</p> <p>1:52.12 Gertraud Perry 32 DST</p> <p><b>200 Breast</b></p> <p><b>2:56.34 Mand Orlando</b> DLNM-96</p> <p>3:09.01 Michelle DiGiacomo 31 SWIM</p> <p>3:38.52 Adrienne Seal 34 SWIM</p> <p>3:39.70 Cheryl DiMeo 31 SWIM</p>	<p><b>50 Fly</b></p> <p><b>29.92 R Seaman</b> 89</p> <p>31.77 Michelle DiGiacomo 31 SWIM</p> <p>34.55 Christine Stabile 33 TTY</p> <p>34.83 Adrienne Seal 34 SWIM</p> <p>35.45 Laura Albee 30 SWIM</p> <p>39.95 Carolyn Donnelly 34 300</p> <p><b>100 Fly</b></p> <p><b>1:06.24 R Seaman</b> 89</p> <p>1:15.87 Michelle DiGiacomo 31 SWIM</p> <p>1:20.67 Adrienne Seal 34 SWIM</p> <p>1:29.12 Laura Albee 30 SWIM</p> <p>1:36.47 Sarah Tebbens 33 SPM</p> <p>1:38.63 Carolyn Donnelly 34 300</p> <p><b>200 Fly</b></p> <p><b>2:35.86 Mary Roebuck</b> HLJ-94</p> <p>3:00.70 Michelle DiGiacomo 31 SWIM</p> <p>3:13.14 Adrienne Seal 34 SWIM</p> <p><b>200 IM</b></p> <p><b>2:33.14 R Seaman</b> 89</p> <p>2:48.18 Michelle DiGiacomo 31 SWIM</p> <p>2:59.35 Adrienne Seal 34 SWIM</p> <p><b>400 IM</b></p> <p><b>5:26.77 Mary Roebuck</b> HLJ-94</p> <p>6:08.60 Michelle DiGiacomo 31 SWIM</p> <p>6:23.20 Adrienne Seal 34 SWIM</p> <p><b>Women 35-39</b></p> <p><b>50 Free</b></p> <p><b>28.26 Mary Roebuck</b> HLJ-98</p> <p>28.91 Charlotte Petersen 35 SPM</p> <p>28.92 Laura Dissington 35 SWIM</p> <p>30.60 Liz Burchett 37 SWIM</p> <p>33.29 Patricia Trama 38 FAST</p> <p>46.60 Milena Rohr 39 SWIM</p> <p><b>100 Free</b></p> <p><b>1:00.25 S Halfacre</b> HLJ-88</p> <p>1:02.59 Charlotte Petersen 35 SPM</p> <p>1:06.41 Laura Dissington 35 SWIM</p> <p>1:14.23 Patricia Trama 38 FAST</p> <p>1:43.59 Milena Rohr 39 SWIM</p> <p><b>200 Free</b></p> <p><b>2:09.33 S Halfacre</b> HLJ-88</p> <p>2:17.51 Charlotte Petersen 35 SPM</p> <p>2:25.08 Laura Dissington 35 SWIM</p> <p>2:42.13 Patricia Trama 38 FAST</p> <p>2:57.89 Christine Swanson 37 SPM</p> <p>3:06.57 Rita Ponder 37 DLN</p> <p><b>400 Free</b></p> <p><b>4:33.08 S Halfacre</b> HLJ-88</p> <p>4:51.68 Charlotte Petersen 35 SPM</p> <p>5:59.36 Patricia Trama 38 FAST</p> <p>6:15.71 Christine Swanson 37 SPM</p> <p><b>800 Free</b></p> <p><b>9:24.54 S Halfacre</b> HLJ-88</p> <p>10:05.58 Charlotte Petersen 35 SPM</p>
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2:38.58 Jennifer Steel	39 SPM	<b>100 Free</b>			<b>100 Breast</b>		3:06.27 Lavonne Larson	45 SWIM
<b>1500 Free</b>		<b>1:03.40 Martha Martin</b>	<b>HLJ-88</b>		<b>1:24.08 Deb Walker</b>	<b>SMS-92</b>	<b>400 Free</b>	
<b>19:05.22 C Petersen</b>	<b>SPM-99</b>	1:07.97 Andrea Nauta	40 SPM		1:27.36 Judy Tibma	43 SPM	<b>5:07.09 S Halfacre</b>	<b>300-97</b>
2:05.22 Charlotte Petersen	35 SPM	1:09.41 Tricia Moses	40 SPM		1:32.51 Tricia Moses	40 SPM	5:26.48 Deb Walker	48 SWIM
3:52.94 Jennifer Steel	39 SPM	1:14.83 D Doyle-Vallery	41 SWIM		1:32.77 Jo Ann Harrelson	43 SPM	5:50.42 Pam Geiger	47 SPM
4:41.34 Christine Swanson	37 SPM	1:15.53 Martha Dodd	41 SWIM		1:36.72 Julia Mann	42 SWIM	6:01.00 Gail Kolbe	46 SWIM
<b>50 Back</b>		1:17.85 Kelly Bergdoll	42 FAST		1:38.84 Kelly Bergdoll	42 FAST	6:15.31 Trish Markey	49 FAST
<b>33.75 C Shonkwiler</b>	<b>UNA-96</b>	<b>200 Free</b>			<b>200 Breast</b>		7:32.83 Elaine Smith	46 HCFY
34.82 Laura Dissington	35 SWIM	<b>2:21.77 Martha Martin</b>	<b>HLJ-88</b>		<b>3:03.11 Judy Tibma</b>	<b>SPM-99</b>	<b>800 Free</b>	
39.25 Rene James	36 LOCH	2:29.73 Andrea Nauta	40 SPM		3:06.42 Judy Tibma	43 SPM	<b>10:39.38 S Halfacre</b>	<b>300-97</b>
41.83 Patricia Trama	38 FAST	2:29.76 Jean Bancks	43 HLJ		3:15.55 Jo Ann Harrelson	43 SPM	12:13.42 Pam Geiger	47 SPM
52.31 Milena Rohr	39 SWIM	2:41.46 Jo Ann Harrelson	43 SPM		3:39.36 Kelly Bergdoll	42 FAST	<b>1500 Free</b>	
<b>100 Back</b>		2:53.79 Kelly Bergdoll	42 FAST		3:56.83 Buffy Price	44 DLN	<b>20:14.33 S Halfacre</b>	<b>300-97</b>
<b>1:14.44 C Shonkwiler</b>	<b>UNA-96</b>	2:55.06 Martha Dodd	41 SWIM		4:42.68 Sue Moucha	41 BLUE	23:14.18 Pam Geiger	47 SPM
1:26.89 Rene James	36 LOCH	<b>400 Free</b>			<b>50 Fly</b>		28:29.92 Diane Bradley	47 SPM
1:30.11 Maud Orlando	37 SPM	<b>5:04.96 Martha Martin</b>	<b>HLJ-88</b>		<b>30.54 Martha Martin</b>	<b>HLJ-87</b>	37:47.16 Mary Stein	49 FMM
1:34.09 Rita Ponder	37 DLN	5:20.61 Andrea Nauta	40 SPM		33.89 Jean Bancks	43 HLJ	<b>50 Back</b>	
<b>200 Back</b>		5:32.90 Jo Ann Harrelson	43 SPM		34.21 Tricia Moses	40 SPM	<b>36.48 S Halfacre</b>	<b>300-97</b>
<b>2:45.86 C Petersen</b>	<b>SPM-99</b>	6:14.18 Kelly Bergdoll	42 FAST		34.39 Judy Tibma	43 SPM	40.90 Deb Walker	48 SWIM
2:45.86 Charlotte Petersen	35 SPM	6:22.57 Julia Mann	42 SWIM		35.74 Martha Dodd	41 SWIM	41.48 Patricia Sargeant	46 FAST
3:08.75 Rene James	36 LOCH	6:57.18 Martha Dodd	41 SWIM		36.48 Doreen MacAdams	43 SWIM	44.49 Lavonne Larson	45 SWIM
3:25.65 Christine Swanson	37 SPM	<b>800 Free</b>			<b>100 Fly</b>		52.17 Bonnie Pinzel	49 TTY
<b>50 Breast</b>		<b>10:51.11 Wanda Brown</b>	<b>BRAT-97</b>		<b>1:10.22 Martha Martin</b>	<b>HLJ-86</b>	1:02.83 Karen West	47 SPM
<b>36.95 R Seaman</b>	<b>ORLM-97</b>	11:21.61 Jo Ann Harrelson	43 SPM		1:21.60 Tricia Moses	40 SPM	<b>100 Back</b>	
38.33 Laura Dissington	35 SWIM	11:25.29 Andrea Nauta	40 SPM		1:27.45 Jo Ann Harrelson	43 SPM	<b>1:21.61 S Halfacre</b>	<b>300-97</b>
39.65 Maud Orlando	37 SPM	11:41.61 Jean Bancks	43 HLJ		1:34.88 Doreen MacAdams	43 SWIM	1:32.04 Patricia Sargeant	46 FAST
41.57 Patricia Trama	38 FAST	16:45.57 Carol Martin	44 TTY		1:43.06 Sandra Stark	42 ATAC	1:38.44 Lavonne Larson	45 SWIM
47.88 Rita Ponder	37 DLN	17:50.51 Sue Moucha	41 BLUE		2:15.49 Becky Haldeman	44 HCFY	1:47.60 Gail Kolbe	46 SWIM
<b>100 Breast</b>		<b>1500 Free</b>			<b>200 Fly</b>		1:56.71 Diane Bradley	47 SPM
<b>1:22.46 Deb Walker</b>	<b>SMS-87</b>	<b>20:30.28 Wanda Brown</b>	<b>BRAT-97</b>		<b>3:02.77 J Stefanick</b>	<b>SPM-92</b>	<b>200 Back</b>	
1:29.45 Liz Burchett	37 SWIM	21:30.21 Jo Ann Harrelson	43 SPM		3:09.89 Jo Ann Harrelson	43 SPM	<b>3:22.88 Suzy Carlson</b>	<b>SMS-88</b>
1:32.71 Patricia Trama	38 FAST	21:30.51 Andrea Nauta	40 SPM		<b>200 IM</b>		3:33.90 Gail Kolbe	46 SWIM
<b>200 Breast</b>		23:27.64 Jean Bancks	43 HLJ		<b>2:51.50 Judy Tibma</b>	<b>SPM-99</b>	4:00.91 Bonnie Pinzel	49 TTY
<b>3:00.05 Deb Walker</b>	<b>SMS-88</b>	29:05.41 Gail Linton	40 SPM		2:56.38 Jo Ann Harrelson	43 SPM	<b>50 Breast</b>	
3:10.96 Maud Orlando	37 SPM	31:58.44 Carol Martin	44 TTY		3:03.17 Tricia Moses	40 SPM	<b>38.67 Deb Walker</b>	<b>SWIM-97</b>
3:21.64 Patricia Trama	38 FAST	<b>50 Back</b>			3:12.81 Kim Stott	40 SPM	40.57 Deb Walker	48 SWIM
<b>50 Fly</b>		<b>34.68 Martha Martin</b>	<b>HLJ-88</b>		3:31.50 Sandra Stark	42 ATAC	47.44 Patricia Sargeant	46 FAST
<b>29.27 S Halfacre</b>	<b>HLJ-88</b>	37.01 Judy Tibma	43 SPM		3:42.56 Jean Tsagaris	41 CATM	55.85 Elaine Smith	46 HCFY
32.89 Laura Dissington	35 SWIM	37.57 Andrea Nauta	40 SPM		<b>400 IM</b>		56.09 Karen West	47 SPM
33.15 Liz Burchett	37 SWIM	39.97 D Doyle-Vallery	41 SWIM		<b>6:11.17 J Harrelson</b>	<b>SPM-98</b>	<b>100 Breast</b>	
34.34 Rene James	36 LOCH	41.97 Doreen MacAdams	43 SWIM		6:21.24 Jo Ann Harrelson	43 SPM	<b>1:23.54 Deb Walker</b>	<b>SWIM-97</b>
38.20 Patricia Trama	38 FAST	44.26 Sandra Stark	42 ATAC		9:04.99 Becky Haldeman	44 HCFY	1:26.45 Deb Walker	48 SWIM
42.70 Rita Ponder	37 DLN	<b>100 Back</b>			<b>Women 45-49</b>		1:43.35 Patricia Sargeant	46 FAST
<b>100 Fly</b>		<b>1:17.99 J Stefanick</b>	<b>SPM-92</b>		<b>50 Free</b>		1:59.58 Elaine Smith	46 HCFY
<b>1:05.39 S Halfacre</b>	<b>HLJ-88</b>	1:21.76 Andrea Nauta	40 SPM		<b>31.57 Anne Page</b>	<b>SPM-93</b>	2:07.85 Karen West	47 SPM
1:15.37 Liz Burchett	37 SWIM	1:28.12 Kim Stott	40 SPM		31.85 Patricia Sargeant	46 FAST	<b>200 Breast</b>	
<b>200 Fly</b>		1:28.26 Judy Tibma	43 SPM		33.18 Trish Markey	49 FAST	<b>3:01.69 Deb Walker</b>	<b>SWIM-97</b>
<b>2:40.55 Jenn Ardolino</b>	<b>SUNY-97</b>	1:40.36 Sandra Stark	42 ATAC		37.09 Lavonne Larson	45 SWIM	3:10.05 Deb Walker	48 SWIM
2:54.55 Liz Burchett	37 SWIM	1:41.57 Kitty Magness	42 DST		42.23 Elaine Smith	46 HCFY	4:17.17 Elaine Smith	46 HCFY
<b>200 IM</b>		<b>200 Back</b>			48.80 Karen West	47 SPM	<b>50 Fly</b>	
<b>2:34.44 Mary Roebuck</b>	<b>HLJ-98</b>	<b>2:49.31 J Stefanick</b>	<b>SPM-92</b>		<b>100 Free</b>		<b>32.49 S Halfacre</b>	<b>300-97</b>
2:57.80 Rene James	36 LOCH	2:56.25 Andrea Nauta	40 SPM		<b>1:06.74 S Halfacre</b>	<b>300-97</b>	35.96 Patricia Sargeant	46 FAST
3:29.73 Christine Swanson	37 SPM	3:01.77 Jean Bancks	43 HLJ		1:11.83 Deb Walker	48 SWIM	48.57 Gail Kolbe	46 SWIM
<b>400 IM</b>		3:07.14 Jo Ann Harrelson	43 SPM		1:13.03 Patricia Sargeant	46 FAST	56.16 Elaine Smith	46 HCFY
<b>5:57.98 Jenn Ardolino</b>	<b>SUNY-97</b>	3:08.95 Kim Stott	40 SPM		1:16.94 Trish Markey	49 FAST	57.05 Lucey Malone	49 SWIM
6:36.93 Rene James	36 LOCH	3:46.36 Jean Tsagaris	41 CATM		1:23.33 Lavonne Larson	45 SWIM	<b>100 Fly</b>	
<b>Women 40-44</b>		<b>50 Breast</b>			1:32.41 Elaine Smith	46 HCFY	<b>1:22.26 B Hoellen</b>	<b>89</b>
<b>50 Free</b>		<b>38.16 Deb Walker</b>	<b>SMS-92</b>		<b>200 Free</b>		1:25.27 Patricia Sargeant	46 FAST
<b>28.64 Martha Martin</b>	<b>HLJ-88</b>	38.99 Judy Tibma	43 SPM		<b>2:24.47 S Halfacre</b>	<b>300-97</b>	2:12.37 Lucey Malone	49 SWIM
30.95 Tricia Moses	40 SPM	41.84 Tricia Moses	40 SPM		2:34.52 Deb Walker	48 SWIM	<b>200 IM</b>	
31.27 Andrea Nauta	40 SPM	41.94 Jo Ann Harrelson	43 SPM		2:41.57 Patricia Sargeant	46 FAST	<b>2:46.03 Deb Walker</b>	<b>SWIM-97</b>
31.95 Judy Tibma	43 SPM	43.34 Julia Mann	42 SWIM		2:44.43 Pam Geiger	47 SPM	3:04.00 Patricia Sargeant	46 FAST
32.11 Martha Dodd	41 SWIM	43.76 Jean Bancks	43 HLJ		2:53.03 Trish Markey	49 FAST	3:24.64 Pam Geiger	47 SPM
33.45 Doreen MacAdams	43 SWIM							

<b>400 IM</b>		<b>200 Breast</b>		<b>50 Breast</b>		<b>50 Back</b>	
6:40.54 Anne Page	SPM-93	3:16.47 E Bromwich	SPM-97	46.79 J Piper	SPM-94	46.60 Marg Morrison	SPM-83
7:04.48 Pam Geiger	47 SPM	3:24.72 Meegan Wilson	51 300	50.30 Elaine Bromwich	57 SPM	52.27 Patricia Bond	61 FMM
7:27.35 Gail Kolbe	46 SWIM	3:41.32 Lynn Cartee	52 SWIM	56.64 Suzanne Landers	58 SCC	52.38 Doris Prokopi	63 FMM
		4:03.91 Carol Ward	53 SWIM	56.66 Kathleen Fitzgerald	56 FMM	53.44 Ernestine Beattie	63 ORLM
<b>Women 50-54</b>		<b>50 Fly</b>		<b>100 Breast</b>		<b>100 Back</b>	
<b>50 Free</b>		<b>34.24 Anne Grams</b>	<b>DBMS-98</b>	1:03.32 Sharon Whitcomb	56 FHA	<b>1:45.15 Marg Morrison</b>	<b>SPM-83</b>
31.88 Anne Page	SPM-98	37.57 Lynn Cartee	52 SWIM	1:15.66 Margie Hutinger	59 FMM	1:48.91 Jayne Lambke	60 SPM
33.63 Lynn Cartee	52 SWIM	42.14 Meegan Wilson	51 300	<b>1:45.04 J Piper</b>	<b>SPM-95</b>	1:49.47 Patricia Bond	61 FMM
35.16 Meegan Wilson	51 300	45.82 Gretchen Pingley	52 HCFY	2:06.31 Kathleen Fitzgerald	56 FMM	1:56.01 Doris Prokopi	64 FMM
36.22 Gretchen Pingley	52 HCFY	46.04 Patricia Patterson	52 SPM	2:11.10 Suzanne Landers	58 SCC	2:04.59 Jean Sterling	62 DBMS
36.96 Margo Schneider	51 SPM	1:16.13 Barbara Coccagnia	51 FHA	2:18.92 Sharon Whitcomb	56 FHA		
40.70 Patricia Patterson	52 SPM	<b>100 Fly</b>		3:05.78 Margie Hutinger	59 FMM	<b>200 Back</b>	
<b>100 Free</b>		<b>1:17.18 Anne Grams</b>	<b>DBMS-98</b>	<b>200 Breast</b>		<b>3:46.34 Marg Morrison</b>	<b>SPM-83</b>
1:13.21 Jayne Lambke	SPM-93	1:31.11 Lynn Cartee	52 SWIM	<b>3:53.67 J Piper</b>	<b>SPM-94</b>	3:50.33 Patricia Bond	61 FMM
1:17.27 Lynn Cartee	52 SWIM	1:53.21 Patricia Patterson	52 SPM	4:12.54 Sharon Whitcomb	56 FHA	4:15.41 Doris Prokopi	64 FMM
1:19.02 Meegan Wilson	51 300	<b>200 IM</b>		4:49.73 Suzanne Landers	58 SCC	<b>50 Breast</b>	
1:25.66 Gretchen Pingley	52 HCFY	<b>2:58.52 Anne Grams</b>	<b>DBMS-98</b>	<b>50 Fly</b>		<b>48.36 J Piper</b>	<b>SPM-97</b>
1:33.71 Margo Schneider	51 SPM	3:11.14 Lynn Cartee	52 SWIM	<b>39.40 Jayne Lambke</b>	<b>SPM-98</b>	50.12 Jacquelyn Piper	62 SPM
1:36.90 Carol Ward	53 SWIM	3:25.91 Meegan Wilson	51 300	57.68 Barbara Green	58 SWSM	51.19 Jean Sterling	63 DBMS
<b>200 Free</b>		5:01.67 Karen Gardner	52 CATM	1:25.85 Sharon Whitcomb	56 FHA	51.39 Doris Prokopi	63 FMM
<b>2:37.47 Anne Grams</b>	<b>DBMS-98</b>	<b>400 IM</b>		<b>200 IM</b>		51.51 Jayne Lambke	60 SPM
2:52.37 Lynn Cartee	52 SWIM	<b>6:48.24 Lynn Cartee</b>	<b>SWIM-98</b>	<b>3:27.14 Jayne Lambke</b>	<b>SPM-96</b>	52.31 Carolyn Schwab	61 DBMS
2:57.21 Meegan Wilson	51 300	8:24.60 Gretchen Pingley	52 HCFY	4:28.95 Mary Lou Lee	56 SPM	<b>100 Breast</b>	
3:24.04 Margo Schneider	51 SPM					<b>1:48.48 J Piper</b>	<b>SPM-97</b>
3:24.31 Gretchen Pingley	52 HCFY	<b>Women 55-59</b>		<b>Women 60-64</b>		1:51.27 Jayne Lambke	60 SPM
4:59.86 Barbara Coccagnia	51 FHA	<b>50 Free</b>		<b>50 Free</b>		1:53.10 Carolyn Schwab	61 DBMS
<b>400 Free</b>		<b>34.06 Jayne Lambke</b>	<b>SPM-95</b>	<b>34.97 Jayne Lambke</b>	<b>SPM-99</b>	1:54.29 Doris Prokopi	63 FMM
5:40.79 Anne Grams	DBMS-98	39.56 Elaine Bromwich	57 SPM	36.04 Jayne Lambke	60 SPM	1:54.67 Jean Sterling	63 DBMS
6:11.42 Lynn Cartee	52 SWIM	41.75 Mary Lou Lee	56 SPM	40.75 Jean Garbus	64 SWIM	2:07.97 Jean Garbus	64 SWIM
6:18.25 Meegan Wilson	51 300	45.11 Barbara Green	58 SWSM	41.71 Kate Knight-Perry	64 SPM	<b>200 Breast</b>	
7:48.18 Margo Schneider	51 SPM	45.99 Suzanne Landers	58 SCC	42.25 Ernestine Beattie	63 ORLM	<b>4:03.90 J Piper</b>	<b>SPM-98</b>
10:43.04 Barbara Coccagnia	51 FHA	48.66 Ellie Trevison	55 SWIM	42.92 Jacquelyn Piper	62 SPM	4:07.80 Carolyn Schwab	61 DBMS
<b>50 Back</b>		<b>100 Free</b>		<b>100 Free</b>		4:16.70 Jean Sterling	63 DBMS
<b>39.04 Jean Mitchell</b>	<b>SWIM-97</b>	<b>1:16.52 Jayne Lambke</b>	<b>SPM-95</b>	<b>1:19.52 Jayne Lambke</b>	<b>SPM-99</b>	4:19.13 Doris Prokopi	64 FMM
40.96 Lynn Cartee	52 SWIM	1:42.91 Barbara Green	58 SWSM	1:21.87 Jayne Lambke	60 SPM	<b>50 Fly</b>	
43.48 Margo Schneider	51 SPM	1:54.20 Suzanne Landers	58 SCC	1:35.69 Patricia Bond	61 FMM	<b>46.28 Jayne Lambke</b>	<b>SPM-99</b>
47.66 Meegan Wilson	51 300	2:04.31 Sharon Whitcomb	56 FHA	1:38.54 Kate Knight-Perry	64 SPM	40.29 Jayne Lambke	60 SPM
49.13 Patricia Patterson	52 SPM	2:16.56 Margie Hutinger	59 FMM	1:39.90 Jean Sterling	63 DBMS	50.49 Jean Sterling	63 DBMS
50.87 Gretchen Pingley	52 HCFY	<b>200 Free</b>		1:43.51 Jean Garbus	64 SWIM	51.72 Ernestine Beattie	63 ORLM
<b>100 Back</b>		<b>2:52.93 Jayne Lambke</b>	<b>SPM-96</b>	<b>200 Free</b>		52.19 Carolyn Schwab	61 DBMS
<b>1:26.08 Jean Mitchell</b>	<b>SWIM-97</b>	3:41.89 Mary Lou Lee	56 SPM	<b>2:58.92 Jayne Lambke</b>	<b>SPM-99</b>	53.86 Doris Prokopi	63 FMM
1:31.97 Lynn Cartee	52 SWIM	3:47.03 Barbara Green	58 SWSM	3:02.79 Jayne Lambke	60 SPM	<b>100 Fly</b>	
1:56.84 Patricia Patterson	52 SPM	4:26.21 Ellie Trevison	55 SWIM	3:20.28 Patricia Bond	61 FMM	<b>1:39.63 Jayne Lambke</b>	<b>SPM-99</b>
<b>200 Back</b>		4:58.66 Margie Hutinger	59 FMM	3:24.34 Kate Knight-Perry	64 SPM	1:42.72 Jayne Lambke	60 SPM
<b>3:12.57 Jean Mitchell</b>	<b>SWIM-97</b>	<b>400 Free</b>		3:46.95 Jean Sterling	63 DBMS	1:59.63 Carolyn Schwab	61 DBMS
3:23.27 Lynn Cartee	52 SWIM	<b>6:04.24 Jayne Lambke</b>	<b>SPM-95</b>	3:51.95 Carolyn Schwab	61 DBMS	2:07.32 Doris Prokopi	64 FMM
4:08.78 Patricia Patterson	52 SPM	7:48.79 Mary Lou Lee	56 SPM	<b>400 Free</b>		2:10.45 Jean Sterling	63 DBMS
<b>50 Breast</b>		8:11.34 Barbara Green	58 SWSM	<b>6:25.33 Jayne Lambke</b>	<b>SPM-99</b>	<b>200 Fly</b>	
<b>41.02 E Bromwich</b>	<b>SPM-97</b>	9:18.90 Ellie Trevison	55 SWIM	6:30.85 Jayne Lambke	60 SPM	<b>4:20.08 N Durstein</b>	<b>CATM-93</b>
41.70 Meegan Wilson	51 300	10:43.21 Margie Hutinger	59 FMM	7:05.28 Patricia Bond	61 FMM	5:23.46 Doris Prokopi	64 FMM
43.06 Lynn Cartee	52 SWIM	<b>50 Back</b>		7:13.46 Kate Knight-Perry	64 SPM	<b>200 IM</b>	
49.60 Gretchen Pingley	52 HCFY	<b>46.12 S Holliday</b>	<b>SMS-93</b>	7:45.06 Jean Sterling	62 DBMS	<b>3:35.89 Jayne Lambke</b>	<b>SPM-99</b>
50.12 Carol Ward	53 SWIM	1:00.59 Barbara Green	58 SWSM	8:12.83 Jean Garbus	64 SWIM	3:35.89 Jayne Lambke	60 SPM
1:00.96 Patricia Patterson	52 SPM	1:06.08 Kathleen Fitzgerald	56 FMM	<b>800 Free</b>		3:58.96 Patricia Bond	61 FMM
<b>100 Breast</b>		1:07.78 Margie Hutinger	58 FMM	<b>13:21.21 Jayne Lambke</b>	<b>SPM-99</b>	4:00.99 Jean Sterling	62 DBMS
<b>1:30.44 E Bromwich</b>	<b>SPM-97</b>	<b>100 Back</b>		13:21.21 Jayne Lambke	60 SPM	4:03.67 Carolyn Schwab	61 DBMS
1:33.82 Meegan Wilson	51 300	<b>1:43.54 Jayne Lambke</b>	<b>SPM-95</b>	15:11.37 Kate Knight-Perry	64 SPM	4:09.90 Jean Garbus	64 SWIM
1:38.58 Lynn Cartee	52 SWIM	1:54.42 Mary Lou Lee	56 SPM	<b>1500 Free</b>		<b>7:43.95 Jayne Lambke</b>	<b>SPM-99</b>
1:50.44 Gretchen Pingley	52 HCFY	2:29.34 Margie Hutinger	59 FMM	<b>25:34.74 Jayne Lambke</b>	<b>SPM-99</b>	7:43.95 Jayne Lambke	60 SPM
1:51.91 Carol Ward	53 SWIM	2:36.75 Kathleen Fitzgerald	56 FMM	25:34.74 Jayne Lambke	60 SPM	8:57.20 Jean Sterling	63 DBMS
2:41.00 Karen Gardner	52 CATM	<b>200 Back</b>		27:30.00 Patricia Bond	62 FMM	9:35.25 Doris Prokopi	64 FMM
		<b>3:42.65 Jayne Lambke</b>	<b>SPM-95</b>	28:39.02 Kate Knight-Perry	64 SPM		
		4:02.68 Mary Lou Lee	56 SPM	33:52.12 Doris Prokopi	64 FMM	<b>Women 65-69</b>	
		5:12.63 Margie Hutinger	59 FMM				



<b>50 Free</b>		2:16.44 Margaret Homans	66 SCC	<b>100 Back</b>		<b>50 Free</b>	
<b>38.64 Florence Carr</b>	<b>HLJ-90</b>	<b>200 Breast</b>		<b>1:47.41 Regan Kenner</b>	<b>FMM-98</b>	<b>45.56 B Cederlund</b>	<b>SPCO-97</b>
40.54 Jean Garbus	65 SWIM	<b>4:02.86 Sylvia Eisele</b>	<b>SWIM-97</b>	2:03.18 Florence Carr	73 SPM	55.98 June Reynolds	77 SPM
41.37 Margaret Homans	66 SCC	4:59.96 Rosie Vijil	65 FMM	2:06.12 Nancy Durstein	70 CATM	56.56 Jean Zulich	79 SCC
44.46 Joan Campbell	68 CATM	<b>50 Fly</b>		2:14.49 Edna Gordon	73 SWIM	1:01.51 Marjorie Newman	76 IRCC
46.28 Alice Lawrence	66 SWSM	<b>43.55 Florence Carr</b>	<b>HLJ-90</b>	2:16.82 Ruth Hoskinson	70 UNA	<b>100 Free</b>	
47.39 Barbara Atwood	65 SPM	50.71 Sylvia Eisele	69 SWIM	2:28.95 Joan Giaraton	72 HLJ	<b>1:49.06 B Cederlund</b>	<b>SPCO-98</b>
<b>100 Free</b>		50.78 Jean Garbus	65 SWIM	<b>200 Back</b>		2:14.54 Marjorie Newman	76 IRCC
<b>1:25.98 Florence Carr</b>	<b>HLJ-90</b>	54.47 Nancy Meissner	66 SCC	<b>3:50.83 Regan Kenner</b>	<b>FMM-97</b>	<b>200 Free</b>	
:34.12 Jean Garbus	65 SWIM	59.03 Ruth Hoskinson	69 UNA	4:25.72 Nancy Durstein	70 CATM	<b>4:06.11 B Cederlund</b>	<b>SPCO-97</b>
:38.59 Margaret Homans	66 SCC	1:01.29 Alice Lawrence	66 SWSM	4:36.11 Florence Carr	74 SPM	4:59.65 Marjorie Newman	76 IRCC
:46.10 Alice Lawrence	66 SWSM	<b>100 Fly</b>		4:36.18 Edna Gordon	73 SWIM	<b>50 Back</b>	
:53.50 Barbara Atwood	65 SPM	<b>1:55.92 Sylvia Eisele</b>	<b>SWIM-98</b>	5:20.28 Gladys Olsen	72 FMM	<b>46.98 B Cederlund</b>	<b>SPCO-97</b>
<b>200 Free</b>		1:55.92 Sylvia Eisele	69 SWIM	<b>50 Breast</b>		51.69 Regan Kenner	76 FMM
<b>3:07.68 Florence Carr</b>	<b>HLJ-90</b>	2:20.12 Nancy Meissner	66 SCC	<b>52.03 Regan Kenner</b>	<b>FMM-98</b>	1:00.44 Jean Zulich	78 SCC
:32.90 Jean Garbus	65 SWIM	2:22.09 Nancy Durstein	68 CATM	1:00.03 Florence Carr	74 SPM	1:05.24 June Reynolds	76 SPM
:34.04 Margaret Homans	66 SCC	<b>200 IM</b>		1:04.40 Joan Giaraton	72 HLJ	1:11.97 Marjorie Newman	76 IRCC
:36.75 Joan Campbell	68 CATM	<b>3:34.41 Florence Carr</b>	<b>HLJ-90</b>	1:07.30 Ruth Hoskinson	70 UNA	<b>100 Back</b>	
:41.91 Nancy Durstein	69 CATM	4:14.00 Joan Campbell	68 CATM	2:01.58 Patricia Paintner	72 FMM	<b>1:46.70 B Cederlund</b>	<b>SPCO-97</b>
:57.64 Alice Lawrence	66 SWSM	4:24.12 Nancy Durstein	69 CATM	<b>100 Breast</b>		1:52.38 Regan Kenner	76 FMM
<b>400 Free</b>		4:43.94 Ruth Hoskinson	69 UNA	<b>1:56.24 Gertrud Zint</b>	<b>HLJ-88</b>	2:21.25 June Reynolds	76 SPM
<b>6:30.19 Florence Carr</b>	<b>HLJ-90</b>	4:45.27 Barbara Atwood	66 SPM	2:16.50 Jean Troy	72 FMM	2:23.75 Jean Zulich	78 SCC
7:29.00 Joan Campbell	68 CATM	4:45.65 Nancy Meissner	66 SCC	2:24.18 Gladys Olsen	73 FMM	2:35.54 Marjorie Newman	76 IRCC
7:33.82 Margaret Homans	66 SCC	<b>Women 70-74</b>		2:24.63 Florence Carr	74 SPM	<b>200 Back</b>	
7:43.87 Nancy Durstein	69 CATM	<b>50 Free</b>		2:31.78 Joan Giaraton	72 HLJ	<b>4:00.78 B Cederlund</b>	<b>SPCO-97</b>
8:24.52 Alice Lawrence	66 SWSM	<b>38.13 Florence Carr</b>	<b>SPM-96</b>	2:32.03 Ruth Hoskinson	70 FMM	4:01.24 Regan Kenner	76 FMM
8:43.18 Barbara Atwood	66 SPM	38.93 Jean Troy	72 FMM	<b>200 Breast</b>		5:11.66 Jean Zulich	78 SCC
<b>800 Free</b>		41.03 Florence Carr	74 SPM	<b>4:18.13 Gertrud Zint</b>	<b>HLJ-88</b>	5:25.80 Marjorie Newman	76 IRCC
<b>13:50.69 Florence Carr</b>	<b>HLJ-90</b>	50.73 Edna Gordon	73 SWIM	4:57.82 Nancy Durstein	70 CATM	<b>50 Breast</b>	
5:38.13 Joan Campbell	69 CATM	1:03.07 Patricia Paintner	72 FMM	5:05.74 Gladys Olsen	73 FMM	<b>56.22 Gertrud Zint</b>	<b>HLJ-93</b>
7:34.51 Barbara Atwood	66 SPM	<b>100 Free</b>		5:12.87 Joan Giaraton	72 HLJ	56.32 Regan Kenner	76 FMM
<b>1500 Free</b>		<b>1:25.89 Florence Carr</b>	<b>SPM-95</b>	<b>50 Fly</b>		1:07.96 June Reynolds	77 SPM
<b>26:18.31 Florence Carr</b>	<b>HLJ-90</b>	1:28.07 Jean Troy	72 FMM	<b>46.47 Florence Carr</b>	<b>SPM-95</b>	1:23.38 Jean Zulich	79 SCC
9:22.36 Joan Campbell	69 CATM	1:40.53 Florence Carr	74 SPM	49.67 Jean Troy	72 FMM	<b>100 Breast</b>	
3:19.48 Barbara Atwood	66 SPM	1:44.92 Nancy Durstein	70 CATM	57.80 Florence Carr	74 SPM	<b>2:04.25 Regan Kenner</b>	<b>FMM-99</b>
<b>50 Back</b>		1:53.83 Edna Gordon	71 SWIM	59.71 Ruth Hoskinson	70 UNA	2:04.25 Regan Kenner	76 FMM
<b>47.90 Florence Carr</b>	<b>HLJ-92</b>	2:17.17 Jackie Yost	70 SPM	1:13.24 Gladys Olsen	72 FMM	2:36.90 June Reynolds	77 SPM
52.80 Barbara Atwood	66 SPM	<b>200 Free</b>		<b>100 Fly</b>		3:06.26 Jean Zulich	79 SCC
58.99 Ruth Hoskinson	69 UNA	<b>3:10.42 Jean Troy</b>	<b>FMM-99</b>	<b>2:03.15 Jean Troy</b>	<b>FMM-99</b>	<b>200 Breast</b>	
1:08.38 Betty Johnson	66 HLJ	3:10.32 Jean Troy	72 FMM	2:03.15 Jean Troy	72 FMM	<b>4:28.51 Regan Kenner</b>	<b>FMM-99</b>
<b>100 Back</b>		3:45.47 Nancy Durstein	70 CATM	2:25.73 Florence Carr	74 SPM	4:28.51 Regan Kenner	76 FMM
<b>1:47.52 Florence Carr</b>	<b>HLJ-92</b>	3:47.15 Florence Carr	74 SPM	2:31.24 Ruth Hoskinson	70 UNA	5:23.89 June Reynolds	77 SPM
1:54.48 Sylvia Eisele	69 SWIM	4:02.79 Edna Gordon	71 SWIM	2:37.40 Gladys Olsen	73 FMM	7:31.27 Marjorie Newman	76 IRCC
1:56.57 Barbara Atwood	65 SPM	5:08.83 Jackie Yost	70 SPM	<b>200 Fly</b>		<b>50 Fly</b>	
2:00.92 Nancy Durstein	69 CATM	<b>400 Free</b>		<b>4:51.87 June Reynolds</b>	<b>HLJ-92</b>	<b>1:00.61 Gertrud Zint</b>	<b>HLJ-94</b>
2:00.92 Joan Campbell	69 CATM	<b>6:56.01 Jean Troy</b>	<b>FMM-99</b>	5:02.74 Nancy Durstein	70 CATM	1:03.66 June Reynolds	77 SPM
2:08.94 Nancy Meissner	66 SCC	6:56.01 Jean Troy	72 FMM	5:21.06 Gladys Olsen	73 FMM	1:10.21 Jean Zulich	78 SCC
<b>200 Back</b>		7:48.72 Nancy Durstein	70 CATM	<b>200 IM</b>		1:22.37 Marjorie Newman	76 IRCC
<b>3:52.00 Florence Carr</b>	<b>HLJ-93</b>	8:18.26 Florence Carr	74 SPM	<b>4:05.65 Florence Carr</b>	<b>SPM-96</b>	<b>100 Fly</b>	
4:01.13 Sylvia Eisele	69 SWIM	8:29.55 Edna Gordon	71 SWIM	4:07.08 Jean Troy	72 FMM	<b>2:19.74 Kay Schimpf</b>	<b>SPM-94</b>
4:11.75 Barbara Atwood	66 SPM	10:05.34 Gladys Olsen	72 FMM	4:26.64 Nancy Durstein	70 CATM	2:26.67 June Reynolds	77 SPM
4:30.93 Nancy Durstein	68 CATM	<b>1500 Free</b>		4:49.72 Ruth Hoskinson	70 UNA	2:47.06 Jean Zulich	78 SCC
<b>50 Breast</b>		<b>28:30.06 Florence Carr</b>	<b>SPM-95</b>	5:14.17 Gladys Olsen	72 FMM	3:13.36 Marjorie Newman	76 IRCC
<b>48.39 Sylvia Eisele</b>	<b>SWIM-97</b>	36:48.10 Ruth Hoskinson	70 FMM	<b>400 IM</b>		<b>200 Fly</b>	
49.66 Sylvia Eisele	69 SWIM	<b>50 Back</b>		<b>8:30.77 Florence Carr</b>	<b>SPM-95</b>	<b>5:16.46 June Reynolds</b>	<b>SPM-97</b>
55.70 Jean Garbus	65 SWIM	<b>47.18 B Cederlund</b>	<b>SPCO-96</b>	8:51.06 Jean Troy	72 FMM	5:22.79 June Reynolds	77 SPM
59.30 Joan Campbell	68 CATM	52.93 Florence Carr	74 SPM	9:16.28 Nancy Durstein	70 CATM	<b>200 IM</b>	
1:04.22 Ruth Hoskinson	69 UNA	55.81 Nancy Durstein	70 CATM	10:09.34 Florence Carr	74 SPM	<b>4:37.22 Gertrud Zint</b>	<b>HLJ-94</b>
1:06.78 Barbara Atwood	66 SPM	1:01.84 Edna Gordon	73 SWIM	10:31.73 Joan Giaraton	72 HLJ	4:55.52 June Reynolds	76 SPM
<b>100 Breast</b>		1:07.02 Joan Giaraton	72 HLJ	10:37.27 Gladys Olsen	73 FMM	5:41.58 Jean Zulich	78 SCC
<b>1:49.24 Sylvia Eisele</b>	<b>SWIM-97</b>	1:10.01 Jackie Yost	70 SPM	<b>Women 75-79</b>		5:56.02 Marjorie Newman	76 IRCC
1:55.28 Sylvia Eisele	69 SWIM					<b>400 IM</b>	
2:04.41 Jean Garbus	65 SWIM					<b>9:43.06 Gertrud Zint</b>	<b>HLJ-93</b>
2:08.27 Joan Campbell	68 CATM					10:58.30 June Reynolds	77 SPM



Women 80-84		100 Back		50 Free		50.29 Chris Warren		50 SWIM	
55.62 Kay Schimpf	SPM-98	1:01.85 C Stevenson	FAST-87	24.21 C M Halfast	SPM-99	59.14 Wm Specht	100 Fly	SPM-91	
59.43 Gertrud Zint	82 IRCC	1:19.35 Pedro Gomez	20 SPM	25.23 C Michael Halfast	34 SPM	1:01.60 Stuart Barton	31 SPM	31 SPM	
1:00.56 Kay Schimpf	82 SPM	50 Breast	TEAM-93	26.04 Stuart Barton	31 SPM	1:08.92 C Michael Halfast	34 SPM	34 SPM	
		32.39 Greg Burns	20 SPM	29.27 Dean Mitchinson	31 SWIM	1:15.16 John Galloway	31 SWIM	31 SWIM	
		37.35 Pedro Gomez		29.46 Ed Switzer	31 SWIM	1:29.29 Dean Mitchinson	31 SWIM	31 SWIM	
2:08.74 Kay Schimpf	SPM-98	Men 25-29		100 Free	SPM-99		200 IM		
2:11.21 Kay Schimpf	82 SPM	50 Free		53.64 C M Halfast	34 SPM	2:18.08 C M Halfast	SPM-99		
2:16.57 Gertrud Zint	82 IRCC	23.69 R Ramirez	85	57.53 C Michael Halfast	31 SPM	2:29.85 C Michael Halfast	34 SPM	34 SPM	
		25.58 Andrew Farrell	29 ORLM	58.29 Stuart Barton	32 TTY	2:34.74 John Galloway	34 SPM	34 SPM	
4:34.87 Kay Schimpf	SPM-97	25.74 Matthew Dunn	25 FAST	1:03.84 Terry Regan	31 SWIM	2:46.04 Hank Robinson	33 TTY	33 TTY	
4:40.46 Kay Schimpf	82 SPM	31.01 Brian Home	29 SWIM	1:04.07 Ed Switzer	30 TTY	2:48.63 Chris Warren	33 SWIM	33 SWIM	
4:58.03 Gertrud Zint	82 IRCC	100 Free		1:05.05 Frank Starkey	ORLM-97				
		54.53 R Ramirez	85	2:02.50 Todd Barry	34 SPM	5:14.80 S McMillen	IRCC-87		
9:48.24 Ruth Switzer	UNA-88	56.24 Mathew Dunn	25 FAST	2:10.43 C Michael Halfast	31 SWIM	5:32.32 John Galloway	34 SPM	34 SPM	
10:00.59 Kay Schimpf	81 SPM	57.43 Andrew Farrell	29 ORLM	2:25.68 Ed Switzer	32 TTY	6:01.39 Stuart Barton	31 SPM	31 SPM	
10:56.01 Gertrud Zint	82 IRCC	1:10.12 Brian Home	29 SWIM	2:30.41 Terry Regan	31 SWIM				
		200 Free		2:30.91 Dean Mitchinson	30 TTY				
37:02.65 Kay Schimpf	SPM-97	2:03.72 Paul Robinson	ORLM-93	2:31.92 Frank Starkey	ORLM-92		Men 35-39		
37:45.00 Kay Schimpf	82 SPM	2:04.94 Matthew Dunn	25 FAST	4:28.35 Meisenheimer	31 SPM	25.53 Miltenberger	88	88	
		2:05.90 Andrew Farrell	29 ORLM	4:48.32 Stuart Barton	34 SPM	26.59 Brian Starford	36 TBAC	36 TBAC	
1:05.52 Gertrud Zint	IRCC-99	4:23.17 Rob Nichols	CYM-85	5:16.01 C Michael Halfast	30 TTY	27.47 Thomas Schwartz	39 SWIM	39 SWIM	
1:23.68 Kay Schimpf	82 SPM	4:31.73 Andrew Farrell	29 ORLM	5:26.06 Frank Starkey	31 SWIM	28.74 Steve Grossman	38 SWIM	38 SWIM	
		4:36.58 Matthew Dunn	25 FAST	5:30.46 Ed Switzer	31 SWIM	29.19 Sean Anderson	36 SPCO	36 SPCO	
2:32.20 Gertrud Zint	IRCC-99	800 Free		5:44.10 Dean Mitchinson	31 SWIM	29.20 Bret Hamlin	36 TTY	36 TTY	
2:32.20 Gertrud Zint	82 IRCC	9:25.52 Rob Nichols	CYM-85	9:21.04 Rob Nichols	CYM-89				
3:04.46 Kay Schimpf	82 SPM	9:39.46 Andrew Farrell	29 ORLM	11:32.50 Frank Starkey	30 TTY	56.05 Miltenberger	88	88	
		9:47.91 Matthew Dunn	25 FAST	12:04.95 Dean Mitchinson	31 SWIM	1:00.16 Brian Starford	36 TBAC	36 TBAC	
5:14.92 Gertrud Zint	IRCC-99	1500 Free		17:06.73 R Nichols	CYM-88	1:01.55 Thomas Schwartz	39 SWIM	39 SWIM	
5:59.59 Kay Schimpf	82 SPM	17:08.92 R Nichols	CYM-86	22:13.56 Frank Starkey	30 TTY	1:04.43 Steve Grossman	38 SWIM	38 SWIM	
		18:13.89 Andrew Farrell	29 ORLM	22:58.31 Dean Mitchinson	31 SWIM	1:04.78 Joseph Metzger	36 TTY	36 TTY	
1:09.04 Kay Schimpf	SPM-97	18:47.42 Matthew Dunn	25 FAST	30.03 Wm Specht	SPM-91	1:05.30 Bret Hamlin	36 TTY	36 TTY	
1:09.87 Gertrud Zint	82 IRCC	50 Back		34.73 Chris Warren	33 SWIM				
1:19.01 Kay Schimpf	82 SPM	29.09 Brad Hoffman	SPM-97	35.49 Robert Irving	30 SWIM	2:04.61 Jeff Perout	HLJ-89	HLJ-89	
		30.81 Andrew Farrell	29 ORLM	35.59 Terry Regan	32 TTY	2:20.44 Brian Starford	36 TBAC	36 TBAC	
2:33.91 Kay Schimpf	SPM-97	40.69 Brian Home	29 SWIM	35.79 Frank Starkey	30 TTY	2:24.10 Bret Hamlin	36 TTY	36 TTY	
2:42.58 Gertrud Zint	82 IRCC	100 Back		1:04.12 Wm Specht	SPM-91	2:25.99 Robert Melson	39 SPM	39 SPM	
2:59.60 Kay Schimpf	82 SPM	1:02.75 Brad Hoffman	SPM-97	1:22.02 Jason Breese	30 SPM	2:26.10 John Keen	36 ORLM	36 ORLM	
		1:06.62 Andrew Farrell	29 ORLM	1:23.06 Terry Regan	32 TTY				
5:46.76 Kay Schimpf	SPM-97	2:17.77 S Barnicoat	ORLM-89	50 Breast	CF-82				
5:56.06 Gertrud Zint	82 IRCC	2:29.39 Andrew Farrell	29 ORLM	30.88 Miltenberger	34 SPM	9:09.59 Brant Bittner	HLJ-88	HLJ-88	
6:10.44 Kay Schimpf	82 SPM	29.90 Rob Butcher	DBMS-99	35.46 John Galloway	31 SPM	11:12.73 Bret Hamlin	36 TTY	36 TTY	
1:07.84 Kay Schimpf	SPM-97	35.17 Tom Fisher	27 ORLM	41.02 Stuart Barton	32 TTY	11:29.75 John Keen	36 ORLM	36 ORLM	
1:17.23 Gertrud Zint	82 IRCC	37.71 Brian Home	29 SWIM	45.21 Terry Regan	CF-86	12:32.69 Donald Combs	38 ORLM	38 ORLM	
1:24.22 Kay Schimpf	82 SPM	1:06.21 Rob Butcher	DBMS-99	100 Breast	CF-86	12:40.41 Joe Solak	35 TBAC	35 TBAC	
2:48.73 Kay Schimpf	SPM-97	1:25.67 Brian Home	29 SWIM	1:10.62 Miltenberger	34 SPM				
3:35.45 Kay Schimpf	82 SPM	2:32.10 Rob Butcher	DBMS-98	1:19.25 John Galloway	33 SWIM				
3:38.94 Gertrud Zint	82 IRCC	3:08.71 Brian Home	29 SWIM	1:27.12 Chris Warren	CF-86	18:21.08 Meisenheimer	ORLM-95	ORLM-95	
		50 Fly		2:46.89 Miltenberger	CF-86	21:16.28 Robert Melson	39 SPM	39 SPM	
5:20.78 Kay Schimpf	SPM-97	26.46 R Ramirez	85	2:49.78 John Galloway	34 SPM	21:19.68 Bret Hamlin	36 TTY	36 TTY	
5:38.80 Gertrud Zint	82 IRCC	29.69 Tom Fisher	27 ORLM	4:01.02 Dean Mitchinson	31 SWIM	21:43.57 John Keen	36 ORLM	36 ORLM	
5:39.66 Kay Schimpf	82 SPM	38.48 Brian Home	29 SWIM	50 Fly		23:51.70 Donald Combs	38 ORLM	38 ORLM	
		200 IM		26.51 C M Halfast	SPM-99	24:19.58 Joe Solak	35 TBAC	35 TBAC	
11:22.65 Kay Schimpf	SPM-97	2:19.01 Jack Thomas	SWIM-97	27.35 Stuart Barton	31 SPM				
12:41.67 Kay Schimpf	82 SPM	2:41.87 Tom Fisher	27 ORLM	28.05 C Michael Halfast	34 SPM				
		400 IM		29.55 John Galloway	34 SPM				
		5:01.03 Jack Thomas	SWIM-97	29.74 Hank Robinson	33 TTY				
		5:21.40 Andrew Farrell	29 ORLM						
		Men 30-34							
24.54 Andrew Eaton	SPM-97								
28.82 Pedro Gomez	20 SPM								

49.31 Delgado Heriberto	36 SPCO	5:51.64 Dustin Catlin	43 SWIM	1:01.44 Casey Claflin	46 SWIM	1:32.98 Edward Strack	47 TBAC
<b>100 Back</b>		<b>800 Free</b>		1:01.47 Russell Frazier	45 SPM	<b>200 Breast</b>	
<b>1:02.53 Wm Specht</b>	<b>SPM-96</b>	<b>9:34.53 Eddie Riach</b>	<b>SPM-97</b>	1:04.08 Jack Belshe	47 SPM	<b>2:46.80 Miltenberger</b>	<b>ORLM-97</b>
49.61 Delgado Heriberto	36 SPCO	10:36.39 Timothy Kennedy	43 SPM	1:04.17 Rick Walker	49 SWIM	2:59.37 Rick Walker	49 SWIM
<b>200 Back</b>		11:09.50 Howard Weber	40 TTY	<b>200 Free</b>		3:16.41 Scott McMillen	46 IRCC
<b>2:15.93 Wm Specht</b>	<b>SPM-96</b>	12:47.69 Dustin Catlin	43 SWIM	<b>2:13.01 Russ Frazier</b>	<b>SPM-99</b>	3:18.39 Edward Strack	47 TBAC
54.91 Bret Hamlin	36 TTY	<b>1500 Free</b>		2:17.38 Russell Frazier	45 SPM	3:21.30 Gary Bastie	49 SPM
11.50 Joe Solak	35 TBAC	<b>18:27.74 Larry Black</b>	<b>SWIM-99</b>	2:17.62 Casey Claflin	46 SWIM	3:31.73 Kurt Schumacher	46 SWIM
54.25 Delgado Heriberto	36 SPCO	20:12.41 Timothy Kennedy	43 SPM	2:17.75 Rick Walker	49 SWIM	<b>50 Fly</b>	
<b>50 Breast</b>		20:51.29 Howard Weber	40 TTY	2:24.53 Jack Belshe	47 SPM	<b>28.01 K McCormack</b>	<b>SWIM-98</b>
<b>31.52 Miltenberger</b>	<b>87</b>	24:26.89 Dustin Catlin	43 SWIM	2:25.18 Gary Bastie	49 SPM	28.13 Frederick Ehmke	45 ORLM
34.51 Brian Starford	36 TBAC	<b>50 Back</b>		<b>400 Free</b>		28.39 Kevin McCormack	47 SWIM
35.89 Bret Hamlin	36 TTY	<b>28.88 Wm Specht</b>	<b>SPM-99</b>	<b>4:38.97 Eddie Riach</b>	<b>SPM-98</b>	29.30 Casey Claflin	46 SWIM
37.00 Steve Grossman	38 SWIM	34.24 Don Darling	43 SUN	4:55.79 Rick Walker	49 SWIM	30.27 Barton Cobb	45 HIST
<b>100 Breast</b>		46.48 Paul Scoville	40 TTY	4:59.73 Russell Frazier	45 SPM	31.02 Gary Bastie	49 SPM
<b>1:10.20 Miltenberger</b>	<b>87</b>	<b>100 Back</b>		5:09.68 Gary Bastie	49 SPM	<b>100 Fly</b>	
20.28 Bret Hamlin	36 TTY	<b>1:02.48 Wm Specht</b>	<b>SPM-98</b>	5:18.31 Scott McMillen	46 IRCC	<b>1:04.31 K McCormack</b>	<b>SWIM-98</b>
21.11 Steve Grossman	38 SWIM	1:06.91 William Specht	41 SPM	5:23.07 Edward Strack	47 TBAC	1:05.19 Kevin McCormack	47 SWIM
<b>200 Breast</b>		1:20.36 Kent Ley	41 SWIM	<b>800 Free</b>		1:12.90 Scott McMillen	46 IRCC
<b>2:38.58 Miltenberger</b>	<b>88</b>	1:28.52 Tom Stegeman	44 SWIM	<b>9:36.85 Eddie Riach</b>	<b>SPM-98</b>	1:14.89 Gary Bastie	49 SPM
2:54.15 Steve Grossman	38 SWIM	<b>200 Back</b>		10:08.30 Rick Walker	49 SWIM	1:16.41 Jack Belshe	47 SPM
3:01.06 Bret Hamlin	36 TTY	<b>2:15.49 Wm Specht</b>	<b>SPM-99</b>	11:10.26 Jack Belshe	47 SPM	1:17.67 Bert Bowers	45 SWIM
<b>50 Fly</b>		2:23.99 William Specht	41 SPM	11:14.53 Edward Strack	47 TBAC	<b>200 Fly</b>	
<b>26.43 Wm Specht</b>	<b>SPM-96</b>	<b>50 Breast</b>		11:57.74 Frederick Ehmke	45 ORLM	<b>2:36.38 John McCall</b>	<b>SPCO-99</b>
28.07 Brian Starford	36 TBAC	<b>33.36 Art Haltanen</b>	<b>SPM-91</b>	13:01.34 Jerry Rutigliano	48 CATM	2:58.28 Edward Strack	47 TBAC
28.56 Larry Buckley	39 TBAC	37.78 Peter Turner	40 SPCO	<b>1500 Free</b>		<b>200 IM</b>	
29.43 Lane Hudson	38 TBAC	38.82 Paul Scoville	40 TTY	<b>18:45.84 Rick Walker</b>	<b>SWIM-99</b>	<b>2:26.11 Eddie Riach</b>	<b>SPM-98</b>
30.22 Sean Anderson	36 SPCO	<b>100 Breast</b>		19:01.78 Rick Walker	49 SWIM	2:37.71 Casey Claflin	46 SWIM
32.11 Bret Hamlin	36 TTY	<b>1:15.46 Miltenberger</b>	<b>ORLM-93</b>	21:20.71 Jack Belshe	47 SPM	2:43.12 Scott McMillen	46 IRCC
<b>100 Fly</b>		1:24.53 Peter Turner	40 SPCO	21:24.15 Edward Strack	47 TBAC	2:43.77 Russell Frazier	45 SPM
<b>58.42 Wm Specht</b>	<b>SPM-96</b>	1:31.00 Paul Scoville	40 TTY	22:29.93 Frederick Ehmke	45 ORLM	2:43.86 Barton Cobb	45 HIST
1:40.96 Delgado Heriberto	36 SPCO	<b>200 Breast</b>		24:39.57 Jerry Rutigliano	48 CATM	2:45.27 Jack Belshe	47 SPM
<b>200 IM</b>		<b>2:44.74 M Drews</b>	<b>95</b>	<b>50 Back</b>		<b>400 IM</b>	
<b>2:23.34 Brant Bittner</b>	<b>HLJ-88</b>	3:08.76 Peter Turner	40 SPCO	<b>30.66 Casey Claflin</b>	<b>SWIM-99</b>	<b>5:33.13 Russ Frazier</b>	<b>SPM-99</b>
2:36.11 Bret Hamlin	36 TTY	3:18.89 Tom Stegeman	44 SWIM	30.72 Casey Claflin	46 SWIM	5:47.29 Scott McMillen	46 IRCC
2:45.38 Joseph Metzger	36 TTY	3:21.49 Paul Scoville	40 TTY	32.86 Frederick Ehmke	45 ORLM	5:47.38 Russell Frazier	45 SPM
3:01.13 Joe Solak	35 TBAC	<b>50 Fly</b>		34.06 Scott McMillen	46 IRCC	6:10.52 Jack Belshe	47 SPM
<b>400 IM</b>		<b>26.33 Wm Specht</b>	<b>SPM-98</b>	35.61 Barton Cobb	45 HIST	6:12.04 Gary Bastie	49 SPM
<b>5:04.63 Brant Bittner</b>	<b>HLJ-88</b>	26.81 William Specht	41 SPM	36.47 Gary Bastie	49 SPM	6:20.65 Edward Strack	47 TBAC
5:50.98 Bret Hamlin	36 TTY	29.60 Michael Scott	42 TBAC	<b>100 Back</b>		<b>Men 50-54</b>	
6:30.18 Mack Mclean	39 300	30.59 Don Darling	43 SUN	<b>1:05.90 Eddie Riach</b>	<b>SPM-98</b>	<b>50 Free</b>	
<b>Men 40-44</b>		34.53 Peter Turner	40 SPCO	1:08.66 Casey Claflin	46 SWIM	<b>27.40 John Smith</b>	<b>HLJ-89</b>
<b>50 Free</b>		34.68 Tom Stegeman	44 SWIM	1:16.40 Scott McMillen	46 IRCC	30.26 Rusty Earp	50 UNA
<b>25.90 Michael Scott</b>	<b>TBAC-99</b>	<b>100 Fly</b>		1:20.44 Russell Frazier	45 SPM	30.30 James Redic	52 SWIM
25.90 Michael Scott	42 TBAC	<b>57.79 Wm Specht</b>	<b>SPM-99</b>	1:22.49 Jack Belshe	47 SPM	30.38 Kenneth Wall	50 SWIM
28.92 Kent Ley	41 SWIM	1:00.54 William Specht	41 SPM	<b>200 Back</b>		30.44 Bob Magness	53 DST
29.78 Peter Turner	40 SPCO	1:13.25 Kent Ley	41 SWIM	<b>2:24.73 Eddie Riach</b>	<b>SPM-98</b>	30.65 Richard Brewer	54 SWIM
31.55 Dustin Catlin	43 SWIM	<b>200 Fly</b>		2:34.02 Casey Claflin	46 SWIM	<b>100 Free</b>	
34.19 Paul Scoville	40 TTY	<b>2:09.47 Wm Specht</b>	<b>SPM-98</b>	2:43.42 Scott McMillen	46 IRCC	<b>1:01.26 Glenn Woodsum</b>	<b>BRAT-97</b>
<b>100 Free</b>		2:16.20 William Specht	41 SPM	2:54.90 Russell Frazier	45 SPM	1:10.23 Bob Magness	53 DST
<b>56.8 Jeff Perout</b>	<b>300-97</b>	<b>200 IM</b>		<b>50 Breast</b>		1:10.43 Kenneth Wall	50 SWIM
59.16 Michael Scott	42 TBAC	<b>2:25.76 Mich Drews</b>	<b>SMS-94</b>	<b>31.54 Miltenberger</b>	<b>ORLM-98</b>	1:11.71 Bob Lombard	50 ORLM
1:01.49 Howard Weber	40 TTY	3:13.90 Paul Scoville	40 TTY	34.56 Chester Miltenberger	48 ORLM	1:11.97 Joseph Ziomek	53 SWIM
1:06.11 Don Darling	43 SUN	<b>Men 45-49</b>		36.70 Rick Walker	49 SWIM	1:12.16 James Redic	53 SWIM
1:10.51 Dustin Catlin	43 SWIM	<b>50 Free</b>		37.34 Al Hurxthal	46 SWIM	<b>200 Free</b>	
1:14.49 Carl Finney	42 SPCO	<b>25.92 Miltenberger</b>	<b>ORLM-97</b>	38.37 Kurt Schumacher	46 SWIM	<b>2:17.97 B Jones</b>	<b>SMS-85</b>
<b>200 Free</b>		27.01 Chester Miltenberger	48 ORLM	39.27 Gary Bastie	49 SPM	2:45.36 Joseph Ziomek	53 SWIM
<b>2:07.38 Jeff Perout</b>	<b>300-97</b>	27.20 Casey Claflin	46 SWIM	<b>100 Breast</b>		2:47.34 Bob Lombard	50 ORLM
2:45.47 Dustin Catlin	43 SWIM	28.09 Russell Frazier	45 SPM	<b>1:12.42 Miltenberger</b>	<b>ORLM-97</b>	2:54.45 Richard Brewer	53 SWIM
<b>400 Free</b>		28.69 Jack Belshe	47 SPM	1:18.25 Chester Miltenberger	48 ORLM	3:27.73 Rusty Earp	50 UNA
<b>4:25.45 Wm Specht</b>	<b>SPM-99</b>	29.18 Bert Bowers	45 SWIM	1:24.03 Barton Cobb	45 HIST	<b>400 Free</b>	
4:25.45 William Specht	41 SPM	<b>100 Free</b>		1:29.29 Scott McMillen	46 IRCC	<b>4:56.97 B Jones</b>	<b>SMS-85</b>
4:57.12 Timothy Kennedy	43 SPM	<b>57.09 Miltenberger</b>	<b>ORLM-97</b>	1:29.87 Gary Bastie	49 SPM	6:01.08 Pat Marzulli	51 SPM
5:11.30 Howard Weber	40 TTY	1:00.90 Chester Miltenberger	48 ORLM				





1:07.52 Dren Geer	SWIM-99	2:30.04 John Lee	66 SPM	8:00.39 Alex Ramirez-Miller	74 CATM	1:32.02 Alan Maloney	70 FMM
11.02 Dren Geer	65 SWIM	3:32.79 Ned Allen	69 SPM	8:01.78 Charlie Randall	71 SWIM	1:55.57 Art Tebbens	70 SPM
14.32 Jack Beattie	65 ORLM	<b>200 Breast</b>		8:04.16 Al Rogerson	73 SPCO	<b>200 Fly</b>	
22.49 Charles Kohnken	67 SPM	3:33.87 R MacDonald	FMM-97	<b>800 Free</b>		3:40.85 J Kurtzman	FMM-97
40.94 Larry Yost	68 SPM	4:00.63 Charles Weatherbee	67 ORLM	13:58.08 Paul Hutinger	SPM-95	3:49.01 Joseph Kurtzman	70 FMM
53.65 Ed Worth	68 ORLM	7:44.24 Ned Allen	69 SPM	15:01.58 Elmer Luke	72 FMM	4:25.82 Aaron Kurtzman	70 FMM
<b>200 Free</b>		<b>50 Fly</b>		18:29.25 Al Rogerson	74 SPCO	<b>200 IM</b>	
2:34.41 Dren Geer	SWIM-99	35.63 Paul Hutinger	SPM-93	<b>1500 Free</b>		3:20.04 T Smith	SPM-97
42.16 Dren Geer	65 SWIM	38.79 Dren Geer	65 SWIM	26:32.63 Paul Hutinger	SPM-95	3:43.63 Alan Maloney	70 FMM
03.96 Charles Kohnken	67 SPM	40.22 Jack Beattie	65 ORLM	28:09.91 Elmer Luke	72 FMM	4:18.75 Elmer Luke	73 FMM
12.60 Don Smith	69 SWIM	42.54 Harold Ferris	69 SPM	31:30.36 Alan Maloney	70 FMM	4:41.56 Robert Williams	71 UNA
50.16 Ned Allen	69 SPM	42.65 Alan Maloney	69 FMM	36:05.53 Al Rogerson	74 SPCO	4:53.71 Al Rogerson	73 SPCO
<b>400 Free</b>		<b>100 Fly</b>		<b>50 Back</b>		5:11.18 Keith Burridge	70 BLUE
5:43.70 Dren Geer	SWIM-99	1:30.15 Dren Geer	SWIM-99	37.10 Paul Hutinger	SPM-95	<b>400 IM</b>	
10.67 Dren Geer	65 SWIM	1:35.10 Dren Geer	65 SWIM	48.13 Elmer Luke	72 FMM	7:25.63 Paul Hutinger	SPM-95
47.58 Charles Kohnken	68 SPM	1:52.75 Alan Maloney	69 FMM	49.44 Paul Hutinger	74 FMM	9:24.21 Elmer Luke	73 FMM
24.41 Larry Yost	68 SPM	1:55.20 Charles Kohnken	67 SPM	50.02 Alan Maloney	70 FMM	11:37.67 Al Rogerson	74 SPCO
58.92 Don Smith	69 SWIM	3:27.52 Ned Allen	69 SPM	50.48 Robert Williams	71 UNA	<b>Men 75-79</b>	
28.37 Ned Allen	69 SPM	<b>200 Fly</b>		54.06 Harrison Homans	70 SCC	<b>50 Free</b>	
<b>800 Free</b>		3:34.52 Dren Geer	SWIM-99	<b>100 Back</b>		34.32 R Holmes	HLJ-98
2:47.42 Dren Geer	SWIM-99	3:34.52 Dren Geer	65 SWIM	1:24.14 Paul Hutinger	SPM-95	35.81 Paul Hutinger	75 FMM
47.42 Dren Geer	65 SWIM	4:13.67 Charles Kohnken	68 SPM	1:37.87 Paul Hutinger	74 FMM	36.32 John Briggs	76 SWIM
40.22 Charles Kohnken	68 SPM	7:22.26 Ned Allen	69 SPM	1:45.26 Elmer Luke	72 FMM	37.46 Richard Avery	76 SPM
<b>1500 Free</b>		<b>200 IM</b>		1:56.27 Robert Williams	71 UNA	37.63 John Woods	76 UNA
4:12.21 Dren Geer	SWIM-99	3:16.66 Paul Hutinger	SPM-93	2:23.84 Harrison Homans	70 SCC	38.34 Robert Sigersmith	75 SPCO
12.21 Dren Geer	65 SWIM	3:17.52 Jack Beattie	65 ORLM	<b>200 Back</b>		<b>100 Free</b>	
01.93 Robert Beach	69 SPM	3:35.79 Charles Weatherbee	67 ORLM	3:10.47 Paul Hutinger	SPM-95	1:27.83 John Briggs	SWIM-95
01.15 Charles Kohnken	68 SPM	3:35.86 Alan Maloney	69 FMM	3:48.82 Ralph Coxhead	71 SPM	1:27.83 John Briggs	76 SWIM
50.46 Harry Piper	65 SPM	3:40.04 Charles Kohnken	67 SPM	3:51.21 Elmer Luke	73 FMM	1:27.96 John Woods	76 UNA
30.96 Don Smith	69 UNA	6:21.13 Ned Allen	69 SPM	4:17.03 Robert Williams	71 UNA	1:33.35 Richard Avery	76 SPM
<b>50 Back</b>		<b>400 IM</b>		4:19.73 Paul Hutinger	74 FMM	1:38.89 Robert Lavanture	76 CATI
36.51 Paul Hutinger	SPM-93	7:16.86 Paul Hutinger	SPM-93	4:23.54 Alex Ramirez-Miller	74 CATM	1:39.34 Robert Sigersmith	75 SPCO
38.04 Jack Beattie	65 ORLM	7:29.79 Dren Geer	65 SWIM	<b>50 Breast</b>		<b>200 Free</b>	
41.84 Robert Coulter	66 SWIM	8:04.75 Charles Weatherbee	67 ORLM	41.42 R MacDonald	FMM-99	3:27.38 John Woods	UNA-99
48.01 Larry Yost	68 SPM	8:26.22 Charles Kohnken	68 SPM	41.42 Robert MacDonald	71 FMM	3:27.38 John Woods	76 UNA
48.83 Harold Ferris	69 SPM	13:42.32 Ned Allen	69 SPM	41.94 Aaron Kurtzman	70 FMM	3:32.31 John Briggs	76 SWI
01.16 Ed Worth	68 ORLM	<b>Men 70-74</b>		46.29 Joseph Kurtzman	70 FMM	3:50.28 Robert Lavanture	77 CAT
<b>100 Back</b>		<b>50 Free</b>		47.09 Alan Maloney	70 FMM	3:54.76 Alex Ramirez-Miller	75 CAT
1:21.14 Paul Hutinger	SPM-93	33.01 Paul Hutinger	FMM-97	57.00 Paul Hutinger	74 FMM	3:56.95 Robert Sigersmith	75 SPCO
23.11 Jack Beattie	65 ORLM	37.61 Alan Maloney	70 FMM	<b>100 Breast</b>		<b>400 Free</b>	
33.22 Dren Geer	65 SWIM	38.45 Farrell Devlin	71 SWIM	1:36.03 Robert MacDonald	FMM-99	7:25.01 John Woods	UNA-99
36.94 Robert Coulter	66 SWIM	39.11 Robert Sigersmith	74 SPCO	1:45.40 Alan Maloney	70 FMM	7:25.01 John Woods	76 UNA
47.68 Charles Kohnken	67 SPM	41.39 Charlie Randall	71 SWIM	1:46.78 Aaron Kurtzman	70 FMM	8:04.74 Alex Ramirez-Miller	75 CAT
00.01 Larry Yost	68 SPM	41.78 Elmer Luke	73 FMM	1:47.71 Joseph Kurtzman	70 FMM	8:16.38 Robert Lavanture	76 CAT
<b>200 Back</b>		<b>100 Free</b>		2:08.33 Marv Norin	71 SWIM	10:40.49 Robert Atwood	79 SPM
3:04.84 Paul Hutinger	SPM-93	1:20.51 T Smith	SPM-97	<b>200 Breast</b>		<b>800 Free</b>	
05.30 Jack Beattie	65 ORLM	1:28.36 Farrell Devlin	71 SWIM	3:29.06 R MacDonald	FMM-99	17:28.04 Alex R-Miller	CATM-5
22.41 Dren Geer	65 SWIM	1:33.17 Elmer Luke	73 FMM	3:29.06 Robert MacDonald	71 FMM	17:28.04 Alex Ramirez-Miller	75 CAT
47.30 Robert Coulter	65 SWIM	1:42.91 Robert Sigersmith	74 SPCO	3:52.59 Aaron Kurtzman	70 FMM	24:17.13 Albert Chipman	77 SPO
50.58 Charles Weatherbee	67 ORLM	1:48.21 Alex Ramirez-Miller	74 CATM	3:58.19 Alan Maloney	70 FMM	<b>1500 Free</b>	
52.45 Charles Kohnken	68 SPM	1:49.03 Charlie Randall	71 SWIM	5:36.37 Robert Williams	72 FMM	30:26.54 J Johnston	SPM-92
<b>50 Breast</b>		<b>200 Free</b>		<b>50 Fly</b>		32:55.22 Alex Ramirez-Miller	75 CA1
41.66 T Koenig	OMSC-97	3:03.47 Paul Hutinger	SPM-95	35.82 J Kurtzman	FMM-97	38:06.43 Elliot Schofield	77 CA1
42.80 Harry Piper	65 SPM	3:19.37 Farrell Devlin	71 SWIM	38.30 Aaron Kurtzman	70 FMM	42:27.00 Robert Atwood	79 SPV
45.43 Charles Weatherbee	67 ORLM	3:22.78 Elmer Luke	72 FMM	38.63 Joseph Kurtzman	70 FMM	45:38.22 Albert Chipman	77 SPC
46.38 Alan Maloney	69 FMM	3:45.81 Charlie Randall	71 SWIM	43.13 Robert MacDonald	71 FMM	<b>50 Back</b>	
49.86 Robert Coulter	66 SWIM	3:46.46 Al Rogerson	74 SPCO	43.74 Alan Maloney	70 FMM	39.90 Paul Hutinger	FMM-9
51.28 Jack Beattie	65 ORLM	3:51.62 Alex Ramirez-Miller	74 CATM	46.70 Paul Hutinger	74 FMM	46.44 John Briggs	76 SW
<b>100 Breast</b>		<b>400 Free</b>		<b>100 Fly</b>		48.32 John Woods	75 SW
1:34.72 T Koenig	OMSC-97	6:42.36 Paul Hutinger	SPM-95	1:29.49 J Kurtzman	FMM-97	48.96 Richard Avery	76 SPV
44.49 Alan Maloney	69 FMM	7:09.65 Elmer Luke	72 FMM	1:34.14 Joseph Kurtzman	70 FMM	51.57 Abrasha Brainin	77 SPV
58.41 Robert Coulter	65 SWIM	7:20.40 Farrell Devlin	71 SWIM	1:34.52 Robert MacDonald	71 FMM		
20.37 Charles Chapman	69 HCFY			1:39.80 Aaron Kurtzman	70 FMM		



<b>100 Back</b>	<b>400 Free</b>	5:04.68 Frank Tillotson	85 FMM	<b>200 Medley Relay</b>	
1:31.62 Paul Huting	FMM-99	7:43.68 Peter Jurczyk	IRCC-86	2:23.16 Stefanick	SPM-91
1:31.62 Paul Huting	75 FMM	11:24.86 Frank Tillotson	84 FMM	<b>Lambke</b>	
1:49.01 John Briggs	76 SWIM	<b>100 Back</b>		<b>Flanagan</b>	
1:49.85 John Woods	75 SWIM	1:42.92 D Malbrough	FMM-97	<b>Page</b>	
2:01.60 Richard Avery	76 SPM	2:24.71 Frank Tillotson	84 FMM	2:41.60 Christine Swanson	37 SPM
2:05.22 Alex Ramirez-Miller	75 CATM	<b>50 Breast</b>		Tricia Moses	40
<b>200 Back</b>		49.89 B Cleaveland	ORLM-98	Kim Stott	40
3:33.98 Paul Huting	FMM-99	52.16 Brud Cleaveland	82 FMM	Pam Geiger	47
3:33.98 Paul Huting	75 FMM	<b>100 Breast</b>		<b>Women 200+</b>	
4:06.61 John Woods	75 SWIM	2:01.07 B Cleaveland	FMM-99	<b>200 Free Relay</b>	
4:27.17 Richard Avery	76 SPM	2:01.07 Brud Cleaveland	82 FMM	2:15.95 Page	SPM-97
4:28.90 Alex Ramirez-Miller	75 CATM	<b>200 Breast</b>		<b>Bromwich</b>	
5:32.98 Robert Atwood	79 SPM	4:27.49 D McCullough	ORLM-98	<b>Lambke</b>	
<b>50 Breast</b>		4:34.26 Brud Cleaveland	82 FMM	<b>Powell</b>	
46.73 Paul Huting	FMM-99	4:53.45 E Don McCullough	84 FMM	2:51.90 Karen West	47 SPM
46.73 Paul Huting	75 FMM	<b>50 Fly</b>		Kate Knight-Perry	64
51.54 Abrasha Brainin	77 SPM	56.85 D McCullough	ORLM-98	Jo Ann Harrelson	43
52.25 Richard Avery	76 SPM	1:05.14 E Don McCullough	84 FMM	Jayne Lambke	60
52.61 Robert Lavature	76 CATM	<b>100 Fly</b>		<b>200 Medley Relay</b>	
1:09.60 John Briggs	76 SWIM	2:32.85 D McCullough	ORLM-98	2:31.92 Powell	SPM-97
<b>100 Breast</b>		2:43.28 E Don McCullough	84 FMM	<b>Bromwich</b>	
1:47.88 Paul Huting	FMM-99	<b>200 Fly</b>		<b>Page</b>	
1:47.88 Paul Huting	75 FMM	5:25.53 D McCullough	ORLM-98	<b>Lambke</b>	
2:05.68 Abrasha Brainin	77 SPM	5:39.07 E Don McCullough	84 FMM	2:51.20 Sherry Brewer	41 SPM
2:05.87 Richard Avery	76 SPM	<b>200 IM</b>		Jo Ann Harrelson	43
2:11.30 Robert Lavature	77 CATM	4:48.16 B Cleaveland	FMM-99	Jayne Lambke	60
2:57.68 Les Bell	78 SPCO	4:48.16 Brud Cleaveland	80 ORLM	Kate Knight-Perry	64
<b>200 Breast</b>		5:03.92 E Don McCullough	84 FMM	3:06.76 Jean Garbus	65 SWIM
4:02.93 Paul Huting	FMM-99	<b>400 IM</b>		Deb Walker	48
4:02.93 Paul Huting	75 FMM	10:17.57 D McCullough	ORLM-98	Martha Dodd	41
4:39.25 Richard Avery	76 SPM	11:15.02 E Don McCullough	84 FMM	Barbara Wear	64
4:57.77 Abrasha Brainin	77 SPM	<b>Men 85-89</b>		Margie Huting	59 FMM
6:36.74 Les Bell	78 SPCO	<b>50 Free</b>		Doris Prokopi	64
<b>50 Fly</b>		46.70 CLindstrand	UNA-97	Brenda Ferradji	28
39.78 R Holmes	HLJ-97	1:00.02 Fred Walbolt	86 SPM	Jean Troy	72
50.07 John Briggs	76 SWIM	<b>100 Free</b>		<b>Women 240+</b>	
51.22 John Woods	76 UNA	1:49.81 CLindstrand	UNA-97	<b>200 Medley Relay</b>	
56.98 Abrasha Brainin	77 SPM	2:13.41 Fred Walbolt	86 SPM	3:26.92 Fulmer	SMS-91
<b>100 Fly</b>		2:31.78 Frank Tillotson	85 FMM	<b>Walker</b>	
1:57.68 Paul Huting	FMM-99	<b>200 Free</b>		<b>Dendy</b>	
1:57.68 Paul Huting	75 FMM	4:11.14 CLindstrand	UNA-97	Gordon	
2:05.08 John Briggs	76 SWIM	5:16.57 Fred Walbolt	86 SPM	3:42.55 Margie Huting	59 FMM
<b>200 Fly</b>		5:17.96 Frank Tillotson	85 FMM	Regan Kenner	76
4:24.13 Paul Huting	FMM-99	5:25.70 Dave Malbrough	86 FMM	Doris Prokopi	64
4:24.13 Paul Huting	75 FMM	<b>400 Free</b>		Jean Troy	72
5:11.52 John Briggs	76 SWIM	9:24.56 Fred Walbolt	SPM-98	Barbara Atwood	66 SPM
<b>200 IM</b>		10:53.75 Frank Tillotson	85 FMM	Karen West	47
3:52.44 Paul Huting	FMM-99	11:19.63 Fred Walbolt	86 SPM	Florence Carr	74
3:52.44 Paul Huting	75 FMM	<b>1500 Free</b>		Kay Schimpf	82
<b>400 IM</b>		37:57.02 D Malbrough	FMM-98	<b>Women 280+</b>	
8:56.01 Paul Huting	FMM-99	39:18.45 Dave Malbrough	86 FMM	<b>200 Free Relay</b>	
8:56.01 Paul Huting	75 FMM	43:58.02 Frank Tillotson	85 FMM	3:23.41 Carr	HLJ-93
<b>Men 80-84</b>		<b>50 Back</b>		<b>Reynolds</b>	
<b>50 Free</b>		52.48 D Malbrough	FMM-99	<b>Newman</b>	
38.32 B Cleaveland	ORLM-98	52.48 Dave Malbrough	86 FMM	<b>Erwin</b>	
39.09 Brud Cleaveland	82 FMM	1:03.82 Frank Tillotson	85 FMM	3:38.40 Barbara Atwood	66 SPM
<b>100 Free</b>		<b>100 Back</b>		Kay Schimpf	82
1:33.30 B Cleaveland	FMM-99	2:04.83 D Malbrough	FMM-99	June Reynolds	77
1:33.30 Brud Cleaveland	82 FMM	2:04.83 Dave Malbrough	86 FMM	Florence Carr	74
<b>200 Free</b>		2:04.83 Frank Tillotson	85 FMM	<b>Men 120+</b>	
3:49.00 B Cleaveland	ORLM-98	2:21.72 Frank Tillotson	85 FMM	<b>200 Free Relay</b>	
3:56.87 Brud Cleaveland	82 FMM	3:10.94 Fred Walbolt	86 SPM	1:42.83 McGinnis	SPM-93
<b>50 Back</b>		<b>200 Back</b>		<b>Edwards</b>	
52.48 D Malbrough	FMM-99	4:44.27 D Malbrough	FMM-98	<b>Olden</b>	
52.48 Dave Malbrough	86 FMM	4:56.79 Dave Malbrough	86 FMM	<b>Vaile</b>	
1:03.82 Frank Tillotson	85 FMM			1:49.25 William Specht	41 SPM
<b>100 Back</b>				Stuart Barton	31
2:04.83 D Malbrough	FMM-99			Russell Frazier	45
2:04.83 Dave Malbrough	86 FMM			C Michael Halfast	34
2:21.72 Frank Tillotson	85 FMM				
3:10.94 Fred Walbolt	86 SPM				
<b>200 Breast</b>					
3:16.06 FTillotson	FMM-99				
3:16.06 Frank Tillotson	85 FMM				
<b>200 Breast</b>					
6:50.16 FTillotson	FMM-99				
6:50.16 Frank Tillotson	85 FMM				
<b>Women 100+</b>					
<b>200 Free Relay</b>					
2:00.75 Stone	SPM-97				
<b>Niedermeyer</b>					
<b>M-Busse</b>					
<b>Summers</b>					
2:12.86 Donna Lefevre	28 SWIM				
Martha Liggett	29				
Laura Albee	30				
Michelle Digiaco	31				
<b>200 Medley Relay</b>					
2:16.68 Niedermeyer	SPM-97				
<b>Stone</b>					
<b>M-Busse</b>					
<b>Summers</b>					
2:31.51 Martha Liggett	29 SWIM				
Michelle Digiaco	31				
Adrienne Seal	34				
Kerry Vermillion	23				
<b>Women 120+</b>					
<b>200 Free Relay</b>					
1:55.70 Summers	SPM-98				
<b>Nauta</b>					
<b>Petersen</b>					
<b>Shonkwiler</b>					
2:02.75 Allison Beebe	23 SPM				
Tricia Moses	40				
Andrea Nauta	40				
Charlotte Petersen	35				
<b>200 Medley Relay</b>					
2:08.97 Lane	SPM-98				
<b>Summers</b>					
<b>Oriando</b>					
<b>Petersen</b>					
2:19.06 Allison Beebe	23 SPM				
Judy Tibma	43				
Charlotte Petersen	35				
Andrea Nauta	40				
2:29.39 Amanda Crowe	23 FAST				
Abigail Goff	22				
Patricia Sargeant	46				
Trish Markey	49				
<b>Women 160+</b>					
<b>200 Free Relay</b>					
2:08.57 Bergdoll	300-97				
<b>Dykehouse</b>					
<b>Halfacre</b>					
<b>Markey</b>					
2:09.74 Martha Dodd	41 SWIM				
Deb Walker	48				
Adrienne Seal	34				
Liz Burchett	37				
2:10.84 Trish Markey	49 FAST				
Kelly Bergdoll	42				
Patricia Trama	38				
Patricia Sargeant	46				
2:17.67 Judy Tibma	43 SPM				
Kim Stott	40				
Christine Swanson	37				
Pam Geiger	47				



2:48.24	Harold Ferris	68	SPM
	Karen West	47	
	Charles Kohnken	68	
	Kay Schimpf	82	

**MIXED 280+**

<b>2:40.28</b>	<b>Avery</b>	<b>HLJ-94</b>
	<b>Zint</b>	
	<b>Carr</b>	
	<b>Holmes</b>	

2:53.18	Regan Kenner	76	FMM
	Brud Cleaveland	82	
	Doris Prokopi	64	
	Alan Maloney	70	

3:28.73	Richard Avery	76	SPM
	Barbara Atwood	66	
	Robert Atwood	79	
	Florence Carr	74	

**200 Medley Relay**

<b>2:53.93</b>	<b>Kenner</b>	<b>FMM-99</b>
	<b>A Kurtzman</b>	
	<b>J Kurtzman</b>	
	<b>Troy</b>	

2:53.93	Regan Kenner	76	FMM
	Aaron Kurtzman	70	
	Joseph Kurtzman	73	
	Jean Troy	72	

3:27.56	Barbara Atwood	66	SPM
	Abrasha Brainin	76	
	Florence Carr	74	
	Richard Avery	76	

3:49.67	Margie Hutinger	59	FMM
	Doris Prokopi	64	
	E Don McCullough	84	
	Elmer Luke	73	

**"HURRICANE - MAN" 2.4 MILE ROUGH WATER SWIM**  
**"PASS-A-GRILLE CHALLENGE" 1000 METER SWIM**  
**MAY 13, 2000 - 7:30 AM - SATURDAY**

**SIGN UP: MAIL TO: "HURRICANE-MAN" C/O BRUCE DAY, 8237 35TH AVE. N., ST. PETERSBURG, FL. 33710 BY 5-9-99. ENTRY FEE IS \$25 USA SWIMMING/USMS REGISTERED, \$35 UNREGISTERED SWIMMERS AGED 19 AND OVER. CHECKS PAYABLE TO "ST. PETE MASTERS". RACE DAY SIGN-UP AT HURRICANE RESTAURANT 6-7 AM 5-13-00, \$30/\$40. SPONSORS: ST. PETE MASTERS/ST. PETE AQUATICS. FAMOUS POST RACE BREAKFAST BUFFET - HURRICANE RESTAURANT; AWARD CERTIFICATES TOP 5 AGE GROUP FINISHERS. NO WET SUITS/FINS. FULL INFO WITH SIGN UP. NO REFUNDS. USA SWIMMERS IN 2.4 MILE RACE NEED THEIR COACH'S APPROVAL! RACE START: 2.4 MILE AT COUNTY PARK, 4700 GULF BLVD. / 1000 M AT 22ND AVE. AND GULF WAY, ST. PETE BCH. THE KEYSTONE MOTEL - 801 GULF WAY, ST. PETE BCH, FL. 33706 (727) 360-1313. HURRICANE REST. 807 GULF WAY.**

SANCTIONED BY FLORIDA LMSC FOR USMS, INC. SANCTION # 140-0003. SANCTIONED BY FLORIDA SWIMMING, INC. FOR USA SWIMMING, INC SANCTION # 2924

**NAME:** \_\_\_\_\_ **SEX:** \_\_\_\_\_ **AGE:** \_\_\_\_\_ **BIRTHDATE:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**MAILING ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**TEAM:** \_\_\_\_\_ **USA SWIMMING / USMS #:** \_\_\_\_\_ **PH:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**IMPORTANT!! - CIRCLE RACE: 2.4 MILE 1000 METER T-SHIRT SIZE S M L XL**

**USA SWIMMING APPLICATION:** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in USA Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE USA SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: USA SWIMMING, INC., THE LOCAL SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USA Swimming. I also specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

**SIGNATURE OF PARTICIPANT:**

(Or parent if under 18 years of age): **USA SWIMMING:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**MASTERS APPLICATION:** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. I also specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

**SIGNATURE OF PARTICIPANT**

(Must be 19 years of age or older.): **MASTERS:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**UNREGISTERED SWIMMER (NON USA SWIMMER/USMS) AGE 19 AND OVER - COMPLETE THIS APPLICATION BELOW AND SIGN THE MASTERS APPLICATION ABOVE AS WELL. THIS IS YOUR "ONE EVENT MEMBERSHIP APPLICATION" FOR 2000. YOU WILL NEED TO PAY \$35 (\$40 EVENT DAY). YOU'LL GET A \$10 CREDIT TOWARDS A ONE YEAR MASTERS MEMBERSHIP IF YOU JOIN A MASTERS SWIM TEAM WITHIN 30 DAYS. RACE DIRECTOR: BRUCE DAY (727) 345-1629. CALL IF CONFUSED!**



**2000 ONE EVENT MEMBERSHIP APPLICATION**

Register with same name you will use for competition. Print clearly.

Last Name		First Name		Init	For Office Use
Street				Apt	
City		State	Zip	Phone No.	
Date of Birth		Age	Sex	Today's Date	
Mo.	Day	Yr		Mo	Day Yr

**OEVT - One Event Membership Event Date:**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature \_\_\_\_\_

**2000 ONE EVENT MEMBERSHIP APPLICATION**

**USA SWIMMING/USMS PLEASE ATTACH YOUR REGISTRATION CARD HERE.**

## The Third Annual 24 Mile Tampa Bay Marathon Swim

The Third Annual 24 Mile Tampa Bay Marathon Swim will be held on Earth Day Saturday, April 22, 2000. This race is sanctioned by Florida LMSC Inc. for USMS Inc., Sanction #140-024, and current USMS Long Distance Swimming rules govern this swim. The start and finish will take place "in-the-water". Wet suits are not permitted as the average water temperature for Tampa Bay in April is 75 degrees. Absolutely no fins, pull buoys, leg floats, webbed gloves, or other possible speed-increasing devices will be allowed in the competition. Swimmers may not stand on or push off the bottom.

Swimmers in the Tampa Bay Marathon Swim are responsible for providing their own escort craft, and must accompany each swimmer for the entire duration of the swim. NO ESCORT-NO SWIM. Swimmers may not touch their boat or crew at any time with the exception of relay transitions. Make sure that you have plenty of food, water and/or sports drink for you and your support crew.

When entering this event you must indicate your escort plans. For this marathon swim, power boats are allowed and are preferred as the swimmers' escort craft. We also will allow twenty four (24) human-powered craft such as a kayak or canoe. A limited number of kayak rentals are available for \$50 and manned escorts for solo swimmers are also available at \$100. Reservations are made at the discretion of the race director when you send in your entry form.

The cost for the swim event is \$60 for individuals. Each entrant will receive 2 T-Shirts, and a custom designed award at the finish. There is also recognition for the USMS male and female age groups 19-24, 25-29, 30-34,...as high as necessary. The swimmers's age on race day determines the age group for this event.

Three person relays cost \$150 and six person relays are \$240. Each relay entrant will receive 2 T-Shirts, and a custom designed award at the finish. There is recognition for the top three male, female and mixed relays. Relay swimmers must be escorted at all times, and competitors are free to make unlimited transitions at any point during the race.

The Start is located at Holiday Inn Sunspree Beach; 6800 Sunshine Skyway Lane; St. Pete, FL 33711. Ph 800 227 8045; or 727 867 1151. Check out their website at [www.st-pete-sunspree.com](http://www.st-pete-sunspree.com) for directions and other info. If you choose to lodge at there, be sure to request the discounted Tampa Bay Marathon Swim room rates. Their email address is [spsunspree@aol.com](mailto:spsunspree@aol.com).

Every effort will be made to start the swim 7:30am on Saturday, April 22nd. Please check-in starting at 6:00am, and attend the mandatory meeting and press conference at 7:00am. If weather is dangerous (high winds, thunderstorms, poor visibility), the start may be delayed or rescheduled for the next day. Due to the nature and complexity of this event, no refunds will be given.

The Finish will be at Whiskey Joe's Restaurant-Rocky Point; 2500 Rocky Point Drive; Tampa, FL 33607. Ph 813 281 0407. Call to make reservations for champagne, food and beverages. The fastest competitors should start arriving shortly after 3:00pm. Swimmers may be disqualified by the event director due to impending darkness, starting at 5:00pm. For safety, all swimmers must report to the timer at the finish line to confirm their finish or withdrawal from the race.

Mail your entry form to Distance Matters, Inc. by March 20, 2000. The address is 1920 Cobblestone Way; Clearwater, FL 33760. Ph 727 531 7999, or email us at [president@distancematters.com](mailto:president@distancematters.com). All official entry information and updates will be posted at <http://distancematters.com>



# The Third Annual 24 Mile Tampa Bay Marathon Swim

## Entry Form

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age on race day \_\_\_\_\_

Address: \_\_\_\_\_ Apt No. \_\_\_\_\_ Telephone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Country: \_\_\_\_\_ ZIP: \_\_\_\_\_ Email: \_\_\_\_\_

2000 USMS Member: Enter Registration Number: \_\_\_\_\_ - \_\_\_\_\_ Club Affiliation \_\_\_\_\_

Full USMS members are eligible to participate a year of USMS sanctioned events, and are covered by USMS secondary accident insurance while participating in sanctioned events or supervised practices. You also receive the national magazine and local newsletters. One Event Registration is also available for non-USMS participants-good only for this event. International competitors must attach a 2000 membership card from your country's governing body.

Solo swimmer entry fee \$60 (includes 2 t-shirts) . . . . . \$ \_\_\_\_\_

Relay entry fee \$150 (2 t-shirts & award per relay member) . . . . . \$ \_\_\_\_\_

One event USMS membership fee \$10 (good for this event only) . . . . \$ \_\_\_\_\_

Each relay member must fill out and sign this form.

Relay team name \_\_\_\_\_ Category M F MIXED

Kayak rental \$50 (unmanned) . . . . . \$ \_\_\_\_\_

Kayak rental \$100 (manned) . . . . . \$ \_\_\_\_\_

Please (very important) indicate your support boat plans:

Additional T-Shirts (while supplies last) at \$10.00 each . . . . . \$ \_\_\_\_\_

T-Shirt ( please indicate quantity and sizes) L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

Total Due (Make checks payable to Distance Matters, Inc.) . . . . . \$ \_\_\_\_\_

RELEASE FROM LIABILITY. I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDED ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OR THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume all those risks.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_ Entry deadline is March 20, 2000.

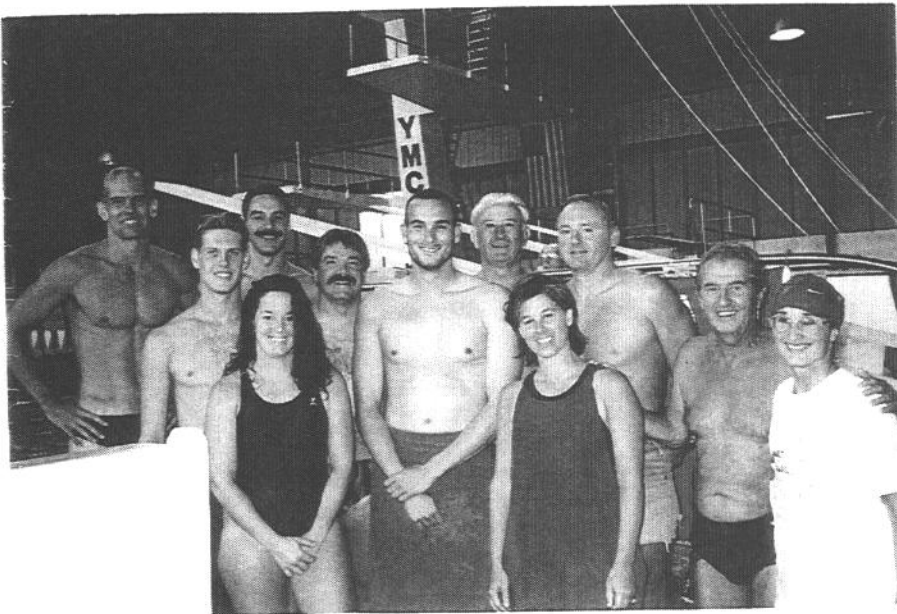
*Please include a list of your credentials. Include open water experience and your latest mile/1500m time. Also, if possible, enclose a passport-style photograph.*

Attach a copy of your current USMS registration card to this entry form. You must print a hard copy of this form and return to the race director by March 20, 2000. Mail to Distance Matters, Inc. 1920 Cobblestone Way; Clearwater, FL 33760. Ph 727 531 7999. Email [president@distancematters.com](mailto:president@distancematters.com) The web site home page address is <http://distancematters.com>

Florida Local Masters  
Swim Committee, Inc.  
5625 Satel Drive  
Orlando, Florida 32810

Please have info for the May newsletter to me by  
**APRIL 20, 2000**

Abbie Goff  
320 SE 3<sup>rd</sup> St. Apt, C-12  
Gainesville, FL 32601  
[asgoff@collegeclub.com](mailto:asgoff@collegeclub.com)



Space Coast  
Masters  
Orlando  
October 8-10, '99  
Special Guest Appearance  
By Martin Zubero(center)