

# FLORIDA LMSC NEWSLETTER

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## News From Our Florida Chair

*Cheryl Kupan*

FLChair@usms.org

Hello Florida LMSC members.

Another short course yards season is coming to an end (June 30th to be exact). Good luck to those competing at the USMS Spring Nationals in Greensboro, NC as we go to press!

Congratulations to those who competed at the USMS Open Water 1 mile & 5K National Championships April 3-4 in

Sarasota, FL. Our Open Water Chair, Andy Kroupa has a great article on this competition.

Congratulations to those who competed at the Masters YMCA Nationals April 16-19 also in Sarasota, FL.

Coming up in June is the first long course meters meet with the Bumpy Jones meet in Sarasota, FL June 20-21. [See Entry Info](#). July 11-12 is the St Pete Masters LCM (entry not available yet) and there may be one more meet returning to the schedule, so stay tuned!

Our Awards Chair, Ryan Kloppe did a great job with the 2025 awards and has a great summary in this newsletter. Please start thinking about who you would like to celebrate for the 2026 awards as we have many members who go above and beyond and deserve to be recognized. For a full list of Florida LMSC Awards, go to: <https://floridalmsc.org/awards/>

For Volunteer Appreciation Week – April 19-25, I wanted to take a moment to thank all those who volunteer for the Florida LMSC. Officials, Meet Directors, Coaches, Team Managers, Timers, Counters, Lifeguards, and Significant others who sit for hours on the pool deck cheering on their loved one. Last but not least, I am thankful for my Florida LMSC Board and Committee Chairs who work hard for our members behind the scenes - I am biased when I say we have the best Board in the Country.

Thank you all! --Cheryl Kupan, Florida LMSC Chair



# 2025 FLORIDA LMSC AWARD WINNERS

**Leather Lung:**

**Cheryl Kupan (SCY)**

**Christopher Stickle (SCY, SCM, LCM)**

**Sarah Swoch (Postal)**

**Steven Gold (Postal)**

**Marcarena Martin Mayor (Postal)**



**Club Service Award – Joan Campbell**

**LMSC Service Award – Cheryl Kupan**

**LMSC Service Award – Kirk Clear**

**Sue Moucha Overcoming Adversity Award – Tom Stokes**



## Florida LMSC Open Water Update – April 2026 Nationals Recap

**Andy Kroupa**

*Florida LMSC Open Water/Long Distance Chair*

Florida set the stage for an outstanding weekend of racing as the 2026 USMS Sprint-Distance and Long-Distance Open Water National Championships were held April 3–4 at Nathan Benderson Park in Sarasota.

Hosted alongside USA Swimming's Open Water National and Junior Championships, the event brought together swimmers from across the country for the 1-mile and 5K national championship races. The weekend also featured a skills clinic led by SwimTrek and a social benefiting the USA Swimming Foundation. Any donations made before or during the event went directly towards the Foundation's mission of Saving Lives, Building Champions, and Impacting Communities. As the philanthropic arm of USA Swimming and U.S. Masters Swimming, the Foundation truly appreciated the support.

The competition delivered exceptional performances across all age groups. In the women's 1-mile, standout swims included Stephanie Gibson (40–44) with a strong 23:10.4, Courtney Chubb (55-59) in 22:10.4, and Jo-Ann Elo (65–69) in 24:48.8. On the men's side, Eduard Mannanov led the field with a blazing 19:17.3 in the 40–44 age group, while Ramses Rodriguez (50–54) posted an impressive 21:23.3.

Florida LMSC swimmers were well represented throughout the results, with strong showings from clubs including Sarasota Sharks (SHARK), St. Pete Masters (SPM), Melbourne Masters (MELB), Legends Masters Swim Club (LMSC), and Swamp Water Aquatics Gainesville (SWAG). Notable local performances in the 1-mile included Stephanie Gibson (SPM) placing 2<sup>nd</sup> in the women's 40–44 and Courtney Chubb placing 1<sup>st</sup> in the women's 55-59 and multiple top-10 finishes across age groups from Florida clubs.

The 5K championships continued the momentum, highlighted by dominant swims such as Eduard Mannanov's 1:00:43.0 (men 40–44). Courtney Chubb (SPM) doubled up with another national title in the women's 55–59 division (1:13:12.1), and Jo-Ann Elo (Sarasota Sharks) claimed victory in the 65–69 age group in both distances—an impressive weekend sweep.

Beyond the racing, the weekend captured the spirit of Masters swimming with a well-attended SwimTrek clinic, a scenic race venue, and a memorable sunset social that brought together swimmers from across the Masters and USA Swimming communities.

A special thank you goes out to the Sarasota Sharks, SwimTrek, and the USA Swimming Foundation for delivering a first-class event experience.

Congratulations to all finishers! Full results from both the 1-mile and 5K races can be found on the [event page](#).

What's Next? If you've been thinking about trying open water, there's no better time to dive in. Whether you're a seasoned competitor or new to the sport, Florida offers a wide range of events for every level.

Be on the lookout for upcoming open water races across Florida, as well as United States Masters Swimming virtual long-distance events—perfect opportunities to compete from your home pool while still being part of a national community. More details on upcoming events will be shared soon—we hope to see even more Florida swimmers representing at the next national championship!

# News From Our Florida LMSC Clubs



## Lake Gators Swim Club

**Cindi Wood**

*USMS Level 3 Coach*

*USMS Certified Adult Learn to Swim Instructor*

*Florida LMSC Membership Coordinator*

*Florida LMSC Officials Chair*

After coming back from a hit-and-run accident, Gabrielle Suver has shown what it means to have an unbreakable spirit. Her resilience, determination, and unwavering “can-do” attitude have been nothing short of inspiring. She didn’t just recover—she came back stronger, with a light that lifts everyone around her.

Gabbi is the heart of our group. Her positivity, courage, and kindness remind us daily of what really matters. We all love her deeply, and her journey is one that deserves to be shared. It’s the kind of story that can truly touch others and inspire them to keep going, no matter what they face.

Personally, she has made me a better person. Watching her overcome so much with grace has changed the way I see challenges and strength.

Her story matters—and I’m so grateful to know her and see her most of the times running around. She’s a great swimmer also!!

Please read Gabbi’s story in this newsletter and sign the [petition](#) supporting [The Gabrielle Suver and Niki Isaak Cyclist and Vulnerable Road User Protection Act](#) proposed bill.

Thank you Gabbi for sharing your story.

# A Miraculous Survival & Comeback to Competition

by Gabrielle Suver



**Gabbi Suver, training**

I'm Gabbi (Gabrielle) Suver, and I'm a professional triathlete. On November 15th, 2025 while riding my last outdoor ride on familiar rural country roads before leaving for Ironman Cozumel, I was the victim of a hit and run. I was hit by a vehicle, flew to a fence pole, and left for dead. Thankfully a couple found me and got help. I had to be airlifted to a hospital in Orlando.

I don't remember much during that time, but I woke up surrounded by doctors. My injuries and procedures included: Spinal T4 - T5 compression fractures, T10 & L2 burst fractures, T8 & T9 Spinous process fractures, Neck C7 transverse

fracture, needing a T9-T11 fixation fusion and T10 & L2 kyphoplasty, Double impact concussion (from vehicle and fence pole), 9 fractured ribs, sternum fracture, left scapula fracture, level 3 liver laceration, left metal elbow reopened, left open knee fracture, and left Tibia/Fibula complete break - needing two rod infusions and four screws.

I spent 29 days in the hospital. The doctors said that by looking at the x rays, they would have assumed I was paralyzed and it was a miracle I wasn't. It is only by God's grace that I'm still alive. He saved me and is healing me.



**All braced up.**

The amount of love and support from my friends and family while I was in the hospital was overwhelming, brought me so much joy, and gave me strength. My teammates and Coaches from the Lake Gators swim club came and visited me, brought gifts for me to look forward to when I could return to the pool (like a new Lake Gators swim cap and shirt!), and made me a beautiful video that helped me feel like I was still going to swim practice while lying in the hospital bed. I watched it repeatedly and cried every time.



**Gabbi with Coach Cindi Wood**

They weren't just teammates anymore, they were family.

**Miraculous Survival . . . cont.**



**Physical Training**

I had to wear a neck brace for 8 weeks, a back brace for 12 weeks, and was sent home with a wheelchair. I had to relearn how to walk and the only reason they released me early was because my mom was going to stay with me for a couple months to help take care of me. I couldn't even put socks or shoes on without help.

I wasn't allowed to swim until I was released from the back brace. As soon as I was released, I went straight to the pool the very next day! My back and left arm were extremely weak, and I could barely swim 25 yards at a time, but it was a start. Each day I went back in the

water and swam a little farther. Each week I was able to swim longer, felt better, and started to get stronger. My back spasms improved, and I was finally able to return to swim practice with my Swim Clubs (Lake Gators & SLAP). It was so good to see my teammates again and be back with my community. I believe that swimming with them has been a big part of my recovery, mentally, emotionally, and physically. When I'm in the water, I don't have a limp and I'm not in pain. I feel almost back to "normal" in the water.



**On the road to recovery.**



**USMS Championships**

I'm still healing and recovering. I can't run yet, but I'm so thankful to be able to swim again and bike! I competed in the USMS 1 mile Open Water National Championship on April 3, 2026 and finished 2<sup>nd</sup> in my age group.



Sometimes you don't realize the treasures you have until you lose (or almost lose) them. I missed those early morning in the dark swim practices with my teammates and being an athlete. It's so important not to take our relationships, abilities, or anything for granted. We aren't guaranteed tomorrow, and we might not always have the people we love in our lives or have our abilities. We need to value and appreciate them while we have them. There is so much power in focusing on thankfulness and on what you "can" do. No matter how dark things might seem, there is always someone or something to be thankful for when you search for it. I'm thankful for my Swimming community/family.



## Swamp Water Aquatics Gainesville

**Karyn Austin**

*Level 3 USMS Certified Coach*

*USMS Adult Learn To Swim Instructor*

### 6TH ANNUAL SHOW YOUR SWAG MEET

Swamp Water Aquatics Gainesville (SWAG) hosted our 6th Annual "Show Your SWAG" meet on Sunday, April 12<sup>th</sup> 2026. It was a beautiful day and a very fun event.



**We recognized our "Royal Court" as we do in all our meets.**

*L-R: Ambrose "Buddy" Gaines (90), Ron Davis (84), Doug Messineo (85),  
Frances Weston (86), & Jean Quillen (85)*



**We also had several first timers to compete in a Masters Meet.**  
*L-R: Carl Lehmkuhl, UC14 (71), Charles O'Byrne, GSC (72), Russ Walters, SWAG (60)*  
*Not Pictured: Helen LaFontaine, SWAG (66)*



**Also pictured are some of our High Point Age Group Award Winners.**  
*L-R: Jill Cunningham (SWAG), Marjory Clinton (UC14), Barbara Misener (SWAG),  
Jeremy McIntyre (SWAG), Cobi Wood (SWAG), Kelley Grynewicz (SYMS),  
Rachel Wood (SWAG), and Kern Davis (SPM)*



**Group photo of many of the athletes that competed in the meet!**



**Ambrose "Buddy" Gaines  
Francis Weston**

One of the highlights of the meets was cheering on Ambrose "Buddy" Gaines (yes, Rowdy's father) who at 90 years young completed his first ever 50 Free in a Masters Meet. It was really awesome watching him mentally prep for the race with some wonderful tips from Ron Davis and a pep talk from Frances Weston. He is a true character and won all of our hearts!

We look forward to seeing everyone and some new faces at our SWAGTOBERFEST meet which will be on October 18<sup>th</sup>.2026. Registration should be open soon!



# St. Pete Masters

Livia Zien



*SPM 46 member strong at the Rowdy Gaines Classic (photo - Gloria Smith)*

SPM returned from Orlando with a 1<sup>st</sup> place Local Club award at the 17th annual Rowdy Gaines Masters Classic. Forty-six St. Pete Masters swimmers braved the unseasonal Floridian arctic conditions for the 3-day event, earning countless high point awards, and setting an impressive number of records: 9 world, 3 national, and 26 meet!

One week later, Samantha Fuller, Alison Hayden, Chris Stickle, and Mike Zabel headed south to warm up and compete in the 30th Annual Fort Lauderdale Masters Challenge.

The Bob Beach SCY Championship was held the weekend of March 21. It was a fast-paced meet with great weather and fast swimming. High point winners received the coveted SPM towel. Congratulations to David Caulkins, Howard Cheung,



*L-R: Sharon Salzman, Dawn Clark, Sarah Swoch, Susan Tokayer stay warm at the Rowdy Gaines Classic (photo Sarah Swoch)*

**SPM Cont.**

Chris Stickle, Sarah Swoch, Sean Gerrard, Paula Texel, Cheryl Kupan, Chris Burke, Jo Ann Harrelson, Kern Davis, Geraldine Jacobson, and Bob Beach (our founder and meet's namesake!).



**Peter Betzer clocks Judge in the 50yd back (photo Livia Zien)**



**The spirit of team shines through: Charlotte Petersen, Tim Kennedy, Brooke Bowman**

The meet concluded with a most heart-warming story. Meet director Brooke Bowman, was finally able to move back into her home that weekend, after losing everything to Hurricane Helene. Charlotte Petersen and Tim Kennedy helped her clean out her flooded home over a year and a half ago. They saved one item, an engraved chair she received as a law school graduation gift, even after she told them to throw it away. After the meet on Sunday, they presented it to her, giving her back one special piece of her original furniture. Charlotte and Tim truly demonstrated the spirit of 'team'!



**L-R: USMS Open Water Nationals: Karen Westerman, Courtney Chubb, Stephanie Gibson, Sarah Swoch, Dawn Clark, Sharon Steinmann, Celeste Patton, Kern Davis, Sheila Carpenter-VanDijk, Geraldine Jacobson**

On April 3 and 4, fourteen SPM members competed in the 2026 USMS Open Water National Championships at Nathan Benderson Park in Sarasota. Awards were given to the top 6 men or women in each age group, and every single one of our swimmers placed in their age group in either the 1-mile, 5k, or both. Congratulations to Elijah Clems (1st – 1-mile), Macarena Martin Mayor (1st – 5k), Stephanie Gibson (2nd – 1-mile and 5k), Celeste Patton (5th – 1-mile and 3rd – 5k), Sarah Swoch (6th – 1-mile and 10th – 5k),

**SPM Cont:**

Nathan Dean (6th – 5k), Suzanne Dearworth (2nd – 5k), Karen Westerman (4th – 1-mile and 5th – 5k), Courtney Chubb (1st – 1-mile and 5k), Dawn Clark, placed (5th – 1-mile and 4th – 5k), Sharon Steinmann (3rd – 1-mile), Kern Davis (1st – 1-mile and 3rd – 5k), Sheila Carpenter van-Dijk (3rd – 1-mile), and Geraldine Jacobson (2nd – 1-mile)!

On the virtual front, SPM with fourteen swimmers, won the 1-hour Virtual Championship event in the Small Club Combined Team category. There were several top ten individual and relay finishes including All-American Courtney Chubb in the 55-59 age group. Great swimming by Stephanie Gibson, Sarah Swoch, Courtney Chubb, Karen Westerman, Dawn Clark, Nancy Kiernan, Kathy Selles, Geraldine Jacobson, Sheila Carpenter-vanDijk, Russ Westerman, Jeff Gould, Mike Zabel, Kern Davis, and Steve Freeman.

The Pelicans & Pearls Gala was held at the St. Pete Yacht Club on March 28 to celebrate individual and team accomplishments. All American, Top Ten and Leather Lung recipients were recognized. The longstanding tradition of “Georgie” Awards continued, in honor of our past coach George Bole, giving teammates the opportunity to appreciate, recognize, and sometimes tease each other with gag gifts and always, a great story!



*Pelicans and Pearls Gala (photo Gloria Smith)*

Coming up next time will be YMCA Masters Nationals, St. Anthony’s, and Spring Nationals in Greensboro. Stay tuned!



## Florida Aquatic Combined Team

**Meegan Wilson**

Joan Campbell is ready to get back in the water after her accident. She just needs facility access with no sun. The Long Center pool in Clearwater has been closed for renovations, but Mark Roberson is hoping it will be open in July so that he can host their Dogs Day meet in late August. Fingers crossed.

The following FACT members have competed in the 2026 season: Tim A. Delehanty (74), Gail Grossman (70), Claire Lohrbach (66), Karen G Panker (80), Frances Weston (85) and Meegan Wilson (77). Congratulations to Frances who has competed in 5 meets so far, Claire has competed in 3 meets and Karen has competed in 2 meets. Go Team!



## Recognizing Florida LMSC Women in the 2025 LCM Southeast Zone Top Ten

Swimmers are listed in alphabetical order. Bold indicates USMS Top Ten. + indicates SE Zone Record. \* indicates USMS Record

### 18-24

**Luiza Patrocínio, UC14**

### 25-29

Lauren E Bergquist, LMSC  
**Danielle de Perrot, UC14**  
Mary Kelley Spicer, UC14  
Courtney A Swickert, UC14  
Bethany L Walter, CAM  
Sarafina Wilson, SPM

### 30-34

Andrea Bruno, SPM  
**Emily G Dammer, SPM**  
Katherine Kinkead, SHARK  
**Katelyn McCourt, SPM**  
**Eleanor H Sills, UC14**

### 35-39

Sarah A Housman, SPM  
**Allison M Retotar, UC14**

### 40-44

Katherine Allen, UC14  
**Stephanie A Gibson, SPM**  
Alison Lambeth, SHARK  
Brittany Schauermaun, UC14  
Sarah Swoch, SPM

### 45-49

Rebecca A Aten, SHARK  
Elizabeth W Downey, SHARK  
Kellie Flechtner, LC  
Erin M Green, SHARK  
**Casey Keiber, SHARK**  
**Ashley M King, SHARK**  
Beth Shaw, AVSC

### 50-54

Cheryl Coley, SHARK  
**Tricia Good, SHARK**  
**Tracy W Hanke, MELB**  
**Alison S Hayden, SPM**  
**Melissa D Varlas, SHARK**

### 55-59

Rebecca L Baker, CAM  
Tabitha A Brandt, SPM  
**Courtney L Chubb, SPM**  
Andrea Dombrowski, SHARK  
Gina Gattuso-Espinell, SWOUT  
Claudia Goldschmidt, SHARK  
Dana M Greene, SPM  
Cindy L Januszewski, SYMS  
**Ann K Stewart, SHARK**  
**Paula M Texel, SPM**  
**Karen Westerman, SPM**

### 60-64

Florence F Bachelet, SHARK  
Dawn Clark, SPM  
Shirlee L Finch, UC14  
Kimberly L Guilfoyle, VMAS  
Cheryl Kupan, SPM  
Kathleen A Lofreddo, MELB  
Natalie M Mage, CAM  
**Mandy L Zipf, TTM**  
**Joan Wheeler, MELB**  
Heidi Wiedamann, MELB

### 65-69

**Zena H Courtney, MELB**  
**Karen L Einsidler, SHARK**  
Kim Galloway, TMC  
**Eney K Jones, SHARK**  
Claire Lohrbach, FACT  
Sue A Moucha, SHARK  
Kim L Rohm, SHARK  
Sharon B Steinmann, SPM  
**Susan Tokayer, SPM**  
**Terry A Utigard-Rathbun, VMAS**  
Cindi L Wood, LC

### 70-74

Marjory Clinton, PCSC  
Dianne L Cobb, CAM  
Martha Dennis, LMSC  
Linda P Fulton, LMSC  
Nancy S Kiernan, SPM  
Jocelyn E Lowther, MELB  
Davenia C Navaroli, CAM  
Nancy Nevid, SHARK  
Sue N Watts, SHARK

### 75-79

Sheila Carpenter-vanDijk, SPM  
June Carson, SHARK  
Kaixin He, SYMS  
Geraldine M Jacobson, SPM  
Elizabeth A Jenkins, TTM  
Carol Mitchell, SHARK  
Roxanne R Olmsted, VMAS  
Mary Catherine A Owen, SYMS  
Karin Roth, LMSC

### 80-84

Jeanne T Hackett, UC14  
Karen G Panker, FACT

### 85-89

none

### 90-94

none

### 95-99

**Joan K Campbell, FACT +**



## Recognizing Florida LMSC Men in the 2025 LCM Southeast Zone Top Ten

Swimmers are listed in alphabetical order. **Bold** indicates USMS Top Ten. **+** indicates SE Zone Record. **\*** indicates USMS Record

### 18-24

**Luke S Albitz, GCST**

Elijah Z Clems, UC14

Colton G Martin, WAHOO

**Nicolas R Williams, MELB**

### 25-29

Howard Cheung, SPM

Vincent L Fletcher, SHARK

Tomas F Rodriguez, GCST

### 30-34

Yasar N Gencer, SPM

Ross Little, UC14

James Macek, TYSM

**Timur Rakhimov, TMC**

**Nikita Semenov, TMC**

### 35-39

**Cameron M Chambers, SPM**

Dalton E DaSilva, SHARK

Hiran W Gibbs, GTSA

Jeffrey J Grosholz, UC14

Russell Hawkins, SPM

**Christopher C Stickle, SPM**

### 40-44

**Alexander Bezugliy, TMC +**

**Kyle Deery, SHARK**

### 45-49

**Michael Gilliam, SHARK**

**Steven T Gold, BSS**

### 50-54

**Jorge E Albino, SHARK**

David Christensen, UC14

Eric C Herman, SPM

Brodie Hynes, LMSC

Dermot B Johnson, UC14

Samuel Zweibelson, SWOUT

### 55-59

Kirk W Clear, MELB

William J Greenwood, SHARK

Allen F Hillman, SHARK

**Andy Kroupa, LMSC**

Juan J Pino, GSC

### 60-64

Marty Acosta, CAM

Charles Denault, SHARK

Jim Esposito, SPM

**Bill Fallon, SPM**

Jeffrey R Gould, SPM

**Arnaldo Perez, SHARK +**

Jeff M Reilly, SHARK

William D Rohm, SHARK

Greg Salomon, SPM

**David M Zimmerman, SHARK**

### 65-69

Dennis L Bergquist, LMSC

Michael D Bergquist, SHARK

Roger L Bowman, SHARK

**Bill A Brackett, SHARK**

**Juan Cue, SHARK**

**Mike LaMonica, SHARK, PBM+**

**Jim Matysek, SHARK**

Joseph F Securo, UC14

Robert T Slockett, UC14

**Michael R Smith, SPM**

**Ted J Soltys, SPM**

### 70-74

Robert D Baggs, UC14

**Kern M Davis, SPM**

**Frederick Ehmke, UC14 + \***

**Jack R Groselle, SHARK**

Patrick Harrington, SCCS

Mitchel Hoffman, SPM

Jack R Martin, SHARK

Scott P McMillen, FLCNS

David Wrassmann, CAM

### 75-79

Ronald Buda, SHARK

**Lee Childs, SHARK**

Bob E Couch, SHARK

Harvey F Gerber, UC14

M H Heeter, SHARK

Scott Mathews, SHARK

Martin B McEvoy, UC14

**David R Oates, UC14**

Steven Scott, TYSM

**Rick B Walker, SHARK +**

### 80-84

**Peter R Betzer, SPM**

**Mike Freshley, LMSC**

**Michael A Laux, SHARK**

**Charles B Lee, TYSM**

**Martin P Schenk, VMAS**

### 85-89

**David R McIntyre, SHARK**

**Doug Messineo, BDO**

**Jack Mitchell, SHARK**

**David Oakes, SHARK**



## Recognizing Florida LMSC Women in the 2025 SCM Southeast Zone Top Ten

Swimmers are listed in alphabetical order. Bold indicates USMS Top Ten. + indicates SE Zone Record. \* indicates USMS Record

### 18-24

**Reagan A Mallory, UC14**

Abby Spear, TYSM

### 25-29

Lauren E Bergquist, NFS

Katie D Chiang, LMSC

**Danielle de Perrot, UC14**

Audra Duda, BDO

Courtney A Swickert, UC14

Seher Tas, SWOUT

Bethany L Walter, CAM

### 30-34

**Emily G Dammer, SPM**

**Laura F Harting, MELB**

**Eleanor H Sills, UC14**

### 35-39

Hannah Bergstrom, SPM

**Joanna Dagenais, MELB**

Anne M Gabor, BOLTS

Julie Kamat, UC14

Christina Matthews, MELB

**Allison M Retotar, UC14**

Carolyn Ringenberg, UC14

Lindsay A Wilkens, SWOUT

### 40-44

Priscilla A Camp, BDO

Molly Clark, LG

Edymar Gold, SHARK

Wesley M Hoertt, SWOUT

**Kristin L Kulinka, MELB**

Alison Lambeth, SHARK

**Carrie Rodriguez, MELB**

**Sarah Swoch, SPM**

**Candida K Vera, MELB**

Courtney Walters, NFS

### 45-49

Kelsey Abbott, SHARK

Antonia Arcely, BOLTS

Nicole B Brown, SWOUT

Lynn Dotson, MELB

Elizabeth W Downey, SHARK

Trinity Graham, MELB

**Casey Keiber, SHARK**

**Ashley M King, SHARK**

Anna Lopez, CAM

**Kristy R Patterson, SWIM**

Yaqueline Portell, UC14

**Monica Reyes-Welsch, AQNT**

Vicky A Romocki, SHARK

### 50-54

Kristi M Boogaard, MELB

**Tricia Good, SHARK**

Tracy W Hanke, MELB

**Alison S Hayden, SPM**

Courtney Hoovis, SWIM

Julia R Swickert, UC14

**Melissa D Varlas, SHARK**

Julia Wreski, SWIM

### 55-59

Elizabeth "Betsy" M Cefalu, SHARK

**Courtney L Chubb, SPM**

**Andrea Dombrowski, SHARK**

Marjorie J Escobio, CAM

Karen K Fuss, BOLTS

Gina Gattuso-Espinel, SWOUT

**Claudia Goldschmidt, SHARK**

Stacie M Marsicano, TYSM

Diana Rugg Hanson, MELB

Shannan H Socarras, BDO

**Ann K Stewart, SHARK**

**Paula M Texel, SPM**

**Karen Westerman, SPM**

### 60-64

Florence F Bachelet, SHARK

Michelle Bekoff, VMAS

Ellen K Bennett, SHARK

Rebecca Christensen, FACT

Eileen P Corelli, MELB

Cheryl Kupan, SPM

Cathy A Fedako, SHARK

Shirlee L Finch, TYSM

**Kimberly L Guilfoyle, VMAS**

Ruth Johnson, VMAS

**Fay V Lachney, SHARK**

Kathleen A Lofreddo, MELB

Natalie M Mage, CAM

Valerie A Mardle, BDO

Rosamaria P Meyer, UC14

Charlene S Myszewski, VMAS

**Ellie Najjar, SHARK**

Nina A Kannatt, UC14

Kelly M Spivey, TYSM

**Joan Wheeler, MELB**

Heidi Wiedamann, MELB

**Mandy L Zipf, TTM**

### 65-69

**Zena H Courtney, MELB, +**

Marilyn E Early, SHARK

**Karen L Einsidler, SHARK**

Debbie D Fisk, VMAS

Kim Galloway, TMC

Laura L Groselle, SHARK

**Eney K Jones, SHARK**

Claire Lohrbach, FACT

Kim L Rohm, SHARK

Debra Stokes, Melb

Cindi L Wood, LG

### 70-74

Marjory Clinton, PCSC

Martha Dennis, LMSC

**Linda P Fulton, LMSC, +**

Linda K Hopson, SHARK

Jocelyn E Lowther, MELB

**Nancy Nevid, SHARK**

**Penny P Noyes, MELB**

**Sue N Watts, SHARK**

### 75-79

**June Carson, SHARK**

Peggy (Margaret) DuBose, UC14

**Kaixin He, SFYH**

Geraldine M Jacobson, SPM

Barbara Mathewson, UC14

Terril McBride, UC14

Carol Mitchell, SHARK

Mary Catherine A Owen, SYMS

**Karin Roth, LMSC**

### 80-84

**Susan L Meyers, SHARK**

### 85-89

**Frances E Weston, FACT**

## Recognizing Florida LMSC Men in the 2025 SCM Southeast Zone Top Ten

Swimmers are listed in alphabetical order. Bold indicates USMS Top Ten. + indicates SE Zone Record. \* indicates USMS Record

### 18-24

**Luke S Albitz,, GCST**

Anthony Aziz, LMSC

**David A Caulkins, SPM**

Elijah Z Clems, UC14

**Jackson C Gilliland, UC14**

Rohan V Jean, UC14

**Jack R McMurry, SPM**

Nolan J Tusing, NFS

### 25-29

**Graham A Beckstein, UC14**

Howard Cheung, SPM

**Corbin M Cooper, LMSC**

Brandon Crist, TYSM

RJ Harris, UC14

**Cavan Wilson, GSC**

**Tomas F Rodriguez, GCST**

### 30-34

Logan W Baker, LMSC

Brian Basnight, SHARK

**Arthur Frayler, GSC**

Mike Garcia, LMSC

Ross Little, UC14

**Nicholas A Lumkong, GTS**

A James Macek, TYSM

**Timur Rakhimov, TMC**

Joey Thorsberg, SWOUT

Dylan Zwiers, UC14

### 35-39

**Cameron M Chambers, SPM**

Matthew L Edde, UC14

**Hiran W Gibbs, GTSA**

Jeffrey J Grosholz, UC14

Curtis A Hill, LMSC

Daniel Paulling, SHARK

**Oleksandr Protsenko, TMC**

**Christopher C Stickle, SPM**

### 40-44

**Alexander Bezugliy, UC14, +**

Matt Blotney, LG

Nicolas Dionisi, LMSC

Ryan M Snyder, LMSC

**Rinaldo Sintjago, LG**

Adam P Yerkes, LMSC

### 45-49

Chris Bindert, T2NM

William Brewster, NFS

Eduardo Ferrer, SWOUT

**Michael Gilliam, SHARK**

**Steven T Gold, BSS**

B.J. Graham, MELB

**William R Kloppe, BDO**

**Benjamin Lo-Pinto, MELB**

**Michael Mirda, MELB**

Jack Snitkovsky, UC14

### 50-54

Scott A Balzer, UC14

**Eric B Christensen, MELB, +**

Joe W Clauson, SWOUT

Edward M Clissold, SHARK

Archer C Dennison, BOLTS

Brian A Harper, SWOUT

**Brodie Hynes, LMSC**

Jackson W Koontz, LMSC

Daniel R Latimer, BOLTS

Chris T Mallory, UC14

William Markovitz, SHARK

Thomas Richard, MELB

**Jason E Schwartz, SHARK**

Kevin G Staas, UC14

Martin D Wagner, BGJCC

Samuel Zweibelson, SWOUT

### 55-59

**Kirk W Clear, MELB**

Brian A Coakley, SWOUT

William J Greenwood, SHARK

**Dewey K Haviland, MELB**

Allen F Hillman, SHARK

Scott Jarr, SHARK

**Andy Kroupa, LMSC**

**Randy Mayall, TMC**

Joel McKenna, SWOUT

Eric E Myers, MELB

Robert J Romena, SYSM

Marlon Sanchez, MELB

Manuel C Solis, UC14

### 60-64

Robert L Bendixen, LMSC

Kevin M Compayre, MELB

**Charles Denault, SHARK**

Dean Dickmann, LMSC

Kurt Dickmann, LMSC

Jim Esposito, SPM

Matthew Gapinski, UC14

David Goldsberry, SWAG

Brian D Heese, SHARK

Mike Mollod, SHARK

Jeff M Reilly, SHARK

William D Rohm, SHARK

Zachary Sinnott, SWOUT

**Robert W Spence, MELB**

David Tucker, SRQM

Mike Waid, BDO

**David M Zimmerman, SHARK**

### 65-69

**Wayne Baker, LMSC**

Michael D Bergquist, SHARK

Roger L Bowman, SHARK

**Bill A Brackett, SHARK**

Kenneth Cook, BOLTS

John Q Dickmann, LMSC

Michael E Johnson, UC14

**Jim Matysek, SHARK**

David J Miller, UC14

Ron Peele, UC14

**Dean G Pepe, UC14**

Jose Renato M Pontes, LMSC

Joseph F Securo, UC14

**Michael R Smith, SPM**

Todd W Stultz, SHARK

Edward F Watkins, BOLTS

Jeff Wetzels, MELB

**Joe Wotton, MELB**

### 70-74

**Jeffrey Boatright, SHARK**

**Kern M Davis, SPM**

**Frederick Ehmke, UC14, +**

Steve Gavalas, SPM

**Jack R Groselle, SHARK**

Thomas Hoffman, MELB

Bill Kloppe, SHARK

Jack R Martin, SHARK

**Kevin M McCormack, SHARK**

Scott P McMillen, FLCNS

Michael D Thede, SHARK

David Wrassmann, CAM

Jim Wright, SHARK

### 75-79

Terry J Brinkman, SHARK

**Lee Childs, SHARK**

Tom Cornell, SHARK

**Bob E Couch, SHARK**

Henry Eckstein, MELB

**M H Heeter, SHARK**

Martin B McEvoy, UC14

**David R Oates, UC14**

Thomas Stokes, MELB

**Rick B Walker, SHARK, +**

Gary Weinstein, UC14

### 80-84

**Don Claridge, SHARK**

**Mike Freshley, LMSC**

**Kenneth R Hickey, LMSC**

**Dick Keiser, SPM**

**Michael A Laux, SHARK**

**Martin P Schenk, VMAS**

### 85-89

**Martin W Hollander, SHARK**

**Doug Messineo, BDO**

**Jack Mitchell, SHARK**

**David Oakes, SHARK**

# Florida Pool & Open Water Events Zone & USMS Championships

## 2026

**May 23 / SCY:** FAA Paradise Sprint. Boca Raton FL. [Information & online entry](#). *Entry deadline: online entry closes Wednesday, May 20*

**June 20-21 / LCM:** Bumpy Jones Classic. Sarasota FL. [Information & online entry](#). *Entry deadline: online entry closes Monday, June 15*

**June 27:** Swim Around Key West (12.5 miles). Key West FL. [Information & registration](#). *Entry deadline: registration closes Friday, April 24. USMS sanctioned: NO*

**July 11-12 / LCM:** St. Pete Masters Long Course Championships. St Petersburg FL

**July 11-12 / LCM:** June Krauser Summer Splash. Ft. Lauderdale FL. [Information & online entry](#). *Entry deadline: online entry closes Tuesday, July 7. Deck entries accepted with extra fee only if open lanes available*

**Aug. 5-9 / LCM:** USMS Summer Nationals. Sacramento CA. [Information](#).

**October 18 / SCY:** SWAGOCTOBERFEST, Gainesville, FL

**September 13 / SCY:** 25<sup>th</sup> Annual HCA Healthcare Gainesville Senior Games Swimming

**Nov. 7-8 / SCM:** Shark Tank Meet. Sarasota FL

## 2027

**Jan. 29-31 / SCM:** Rowdy Gaines Masters Classic. Orlando FL.

**Apr. 29-May 2 / SCY:** USMS Spring Nationals. Irvine CA.

*Information copied from Southeast Zone website. For more information visit: [www.southeastzone.org](http://www.southeastzone.org)*

## 25<sup>TH</sup> ANNUAL HCA FLORIDA HEALTHCARE GAINESVILLE SENIOR GAMES

**Event Date:** Sunday, September 13, 2026 at 9:00am

*Warm Ups: 8:30am*

**Event Location:** Dwight H. Hunter (Northeast) Pool

**Event Address:** 1100 Northeast 14th Street, Gainesville, FL 32601

**Event Coordinator:** Emily Grissom ([352\) 338-9300](tel:3523389300)



### NO ON-SITE REGISTRATION

#### Events:

- 200-yard Freestyle
- 200-yard Backstroke
- 100-yard Individual Medley
- 50-yard Butterfly
- 200-yard Breaststroke
- 50-yard Freestyle
- 100-yard Backstroke
- 200-yard Individual Medley
- 100-yard Butterfly
- 50-yard Breaststroke
- 100-yard Freestyle
- 50-yard Backstroke
- 100-yard Breaststroke
- 500-yard Freestyle

#### Entry Regulations:

- Swimmers may enter a maximum of six events.
- Swimmers must provide their own suits, caps, goggles, towels, etc.

#### Format:

- All swimming events will be timed finals.
- Warm-up time will be available.
- Events will be competed in a 25-yard outdoor pool.
- Heats will be in the following order: Female then Male, and Oldest to Youngest.

#### Sport Rules:

This meet will be conducted in accordance with United States Masters Swimming (USMS) rules.

#### Florida Senior Games Qualifying Rules:

The top 5 in each age group at a Florida Senior Games Series Qualifier will qualify for the Florida Senior Games. Note: qualifying is only applicable to Florida residents.

Participants that qualify for one event are eligible for all Swimming events.





Index	Page
Chair's Report	1
Awards Social Results	2
2026 National Open Water . . .	3
News From Our Clubs	4
LG	5
Miracle Survival . . .	6-7
SWAG	7-9
SPM	10-12
FACT	12
SE Zone LCM Top Ten	13-14
SE Zone SCM Top Ten	15-16
Meet Calendar	17
Gainesville Senior Games Info	18
Board Information	19
Index	19



## Florida LMSC 2026 Board of Directors

### Elected Board Positions

**Chair**  
**Cheryl Kupan**  
[FLChair@usms.org](mailto:FLChair@usms.org)

**Vice Chair**  
**Kirk Clear**  
[FLViceChair@usms.org](mailto:FLViceChair@usms.org)

**Treasurer**  
**Terri Goodman**  
[FLTreasurer@usms.org](mailto:FLTreasurer@usms.org)

**Secretary**  
**Zena Courtney**  
[FLSecretary@usms.org](mailto:FLSecretary@usms.org)

**Membership Coordinator**  
**Cindi Wood**  
[FLMembership@usms.org](mailto:FLMembership@usms.org)

**Sanctions**  
**Anna Lea Matysek**  
[FLSanctions@usms.org](mailto:FLSanctions@usms.org)

**Top 10**  
**Anna Lea Matysek**  
[FLTopTen@usms.org](mailto:FLTopTen@usms.org)

**Newsletter Editor**  
**Meegan Wilson**  
[FLEditor@usms.org](mailto:FLEditor@usms.org)

### Appointed Board Positions

**Communications**  
**Cindi Wood**  
[FLCommunications@usms.org](mailto:FLCommunications@usms.org)

**Coaches Chair**  
**Scott Bay**  
[FLCoaches@usms.org](mailto:FLCoaches@usms.org)

**Open Water**  
**Andy Kroupa**  
[FLOpenWater@usms.org](mailto:FLOpenWater@usms.org)

**Postals & Long Distance**  
**Andy Kroupa**  
[FLLongDistance@usms.org](mailto:FLLongDistance@usms.org)

**Senior Games Liaison**  
**Carter Elliott**  
[FLSeniorGames@usms.org](mailto:FLSeniorGames@usms.org)

**Awards Chair**  
**Ryan Kloppe**  
[FLAwards@usms.org](mailto:FLAwards@usms.org)

**Co-Top 10**  
**Records Chair**  
**Jim Matysek**  
[FLCoTopTen@usms.org](mailto:FLCoTopTen@usms.org)

**Officials Chair**  
**Cindi Wood**  
[FLOfficials@usms.org](mailto:FLOfficials@usms.org)

**Webmaster**  
**Meegan Wilson**  
[FLWebmaster@usms.org](mailto:FLWebmaster@usms.org)

**Past Chair**  
**Jillian Wilkins**  
[FLPastChair@usms.org](mailto:FLPastChair@usms.org)



## Board Information

### Board Meeting Schedule

*July 22, 2026 – Wednesday, 7 pm*

*October 28, 2026 – Annual Meeting- Wednesday, 7 pm*

### Newsletter Submission Deadlines

*July 20 for August Issue*

*October 20 for November Issue*

Please visit our Website: <https://floridalmsc.org/>