

FLORIDA LMSC Annual Face-to-Face Meeting, October 14, 2023

Chair:	Cheryl Kupan	Session #:	4
Minutes recorded by:	Zena Courtney	Vice Chair:	Kirk Clear
		Date/time of meeting:	Oct 14, 2023, 5:34pm EDT

Motions Passed:

- 1) The 22 August 2023 Minutes were approved with edits.
- 2) Scott Bay made motion for interested parties to submit any additions to the 2024 budget to Terri Goodman by Noon 30 November 2023, second by Kirk Clear, all in favor, no one opposed. **Motion passed**
- 3) Approved the Treasurer, Membership and Committee August 2023 Reports.

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- 1) Motions Not Passed: None

Number of Committee members present: 10	Absent: 4	Number of other delegates present:
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Committee members present: Jim Matysek, Nancy Kryka, Cindi Wood, Scott Bay, Kirk Clear, Cheryl Kupan, Anna Lea Matysek/on computer, Meegan Wilson/on computer, Terri Goodman/on computer, Zena Courtney, Jillian Wilkins

Committee members Absent: Carter Elliott, Christopher Rieder, Megan Howson, Sheila Carpenter-vanDijk

Others present: Joan Campbell, Bob Wermuth, Bob Griffiths, Tere DeMoss

October 14, 2023 MINUTES:

The meeting was called to order by Cheryl at 5:34 PM EDT.

1. WELCOME & ROLL CALL (CHERYL)

2. APPROVAL OF THE LAST MEETING'S MINUTES (Cheryl)

Minutes of the August 2023 meeting were approved as edited. Motion was made by Scott Bay to approve the minutes, second by Kirk Clear, all in favor, no one opposed. **Motion passed.**

3. FINANCE REPORT & 2023 BUDGET (Terri Goodman)

Terri reported that the FL LMSC continues to perform well and has significant reserves, as of 10/11/23 of \$69,120. During 2023 we supported:

- The FL LMSC teams by making Grant Distributions of \$25/swimmer, totaling \$31,350.
- The USMS Summer Nationals Meet, hosted by the Sarasota Sharks with a grant of \$15,000.
- Officials with gift cards, name badges, and opportunities for education.
- Members with opportunities to attend convention, and other training.
- Coaches with opportunities to participate in USMS training courses.

The '2023 Actual to Budget - Summary and 2024 Proposed Budget' report was reviewed, and several items were requested for addition. A motion was made by Scott Bay for interested parties to submit any additions to the 2024 budget to Terri Goodman by Noon 30 November 2023, second by Kirk Clear, all in favor, no one opposed. **Motion passed.** Another motion was made by Scott Bay to approve the Treasurer reports, second by Cindi Wood, all in favor, no one opposed. **Motion passed.**

4. MEMBERSHIP REPORT (Cindi Wood)

Cindi provided the Membership Report. Cindi's report showed that the FL LMSC 2023 membership is 2,676 members (1280/Men and 1404/Women), which is higher than 2022 at 2,555. Cindi noted that Florida makes up 21% of all USMS registrants but some questioned that being so high. The National registration is 55,359 members. The USMS memberships for the FL LMSC Board members will be automatically for 2024. USMS will be raising the rates again next year to \$70.00. A motion was made by Scott Bay to approve the Membership reports, second by Jim Matysek, all in favor, no one opposed. **Motion passed.**

5. COMMITTEE REPORTS:

A. AWARDS & SOCIAL REPORT (Cheryl Kupan) Cheryl stated that it is almost time when the nomination process for the FL LMSC Awards for the 2023 season is opened from November 1, 2023 to December 31, 2023. She will once again encourage the nominators to use the forms that were posted two years ago and will once again ask Mark Roberson for the use of a room at the Long Center to host the lunch at the conclusion of the Valentine's Day meet - Saturday's session. If anyone is interested in assisting with the awards selection and lunch, please contact Cheryl. Sarasota's Rick Walker was named the 2023 USMS Coach of the Year. Rick attended the first couple of days at Convention so he could receive the award in person. Congratulations Rick – long overdue! For the "social" aspect of this position, Cindi & Cheryl have been updating the Facebook page. Cheryl encourages all to send team's pictures from meets, workouts, socials, sunrises, sunsets, etc... to post on the site. If you have any ideas, please let us know. If you'd like to manage the page, Cheryl's all ears! Thank you, Jim Matysek, for the new photos on the FL LMSC website, they look great!

B. COACHES (Scott Bay) Scott reported that B.J. Graham attended the USMS Convention Coaches session and reiterated congratulations to Rick Walker for the 2023 USMS Coach of the Year Award. The focus remains to recruit more coaches. Registration does have a spot to indicate that one is a coach. Folks can become Level 1 online. To support new people, Scott will provide a proposal for the FL LMSC budget. Gold Coast LMSC is offering Level 1&2 certification and ALTS in December 2023. The USMS Kerry O'Brien Award recognizing USMS coaches who are building our membership in communities throughout our country, proposals will be requested.

C. LONG DISTANCE & OPEN WATER – Megan Howson, Megan was not present and did not send a report.

D. OFFICIALS & RECORDS (NANCY KRYKA)

Nancy provided her Officials & Records report in table form with her 2024 Budget requests. There was much discussion regarding a proposed Jan 2024 Officials Clinic. A Save the Date announcement was requested. There was some confusion regarding who is in charge, where to stay, why the FL LMSC was selected. Jillian Wilkins took an action to follow up with Bill Brenner to help create an USMS Officials clinic, not a FL LMSC Officials clinic. Nancy reported on several new officials being certified and the need for more name tags. Funding for the new small 2024 Rule Books was requested and support for attendees to the USMS relay 2024 meeting in Houston, TX. She also announced a stroke clinic being organized by Rick Walker and Scott Bay for Summer 2024

E. SANCTIONS & TOP 10 REPORT (ANNA LEA MATYSEK)

Anna Lea provided a summary for the 2023 Summer Nationals and the list of completed and upcoming meets/events in FL LMSC for 2024 and the completed events for 2023. Anna Lea also stated that the Florida LMSC members are fortunate to be able to choose from so many Masters meets. Our LMSC hosted five Long Course (LCM) meets in 2023. Many LMSCs only have one Long Course meet per year; some don't have any! Long Course and Short Course Meters (SCM) meets are popular with top-level Masters swimmers because world records and world Top 10 rankings can be set in those courses. It's not unusual to see Masters swimmers from other parts of the country at these Florida meets, for that reason. New events in 2023 included the Swim Melbourne open water race in March and the Summer SWAGfest meet in Gainesville in August. The Swim Melbourne open water race director is planning to hold a race in 2024, tentatively scheduled for late February. We are also fortunate to be able to offer USMS recognition status to six senior games meets in the LMSC. These meets draw a significant number of registered members of the Florida LMSC and the recognition status encourages participants to maintain their USMS memberships.

F. *SENIOR GAMES LIASON (Carter Elliott)* The swimming portion of the National Senior Games was completed on July 14-17, 2023, in Pittsburgh, PA. Florida had 53 participants, including Board Member Kirk Clear. Of all states participating, FL had the third most swimmers (Ohio had 73; Pennsylvania had 56). Carter provided the link to the results.

G. **WEBMASTER (Meegan Wilson)** Meegan Zoomed in to the meeting. She is keeping the website up to date with LMSC meeting information, minutes, and board reports. Jim Matysek is working on updating our Contacts page. Meegan updated the Awards page with the 2022 award recipients. She also added a 'Florida LMSC Members Receive National Award' and 'Remembering Our Florida Members' page. Feel free to share any missing info. Finally, the "Thank You to Officials Photo" has been posted from the 2023 LCM Nationals in Sarasota.

A motion by Scott Bay was made to approve the Committee reports, second by Zena Courtney, all in favor, no one opposed. **Motion passed.**

6. 2023 CONVENTION Meegan Wilson provided a 2023 Delegate Convention Report. The Florida LMSC had seven delegates representing Florida this year, one automatic, Kirk Clear as Chair of the History and Archives Committee and six appointed, Scott Bay, B.J. Graham, Cheryl Kupan, Jim Matysek, Rick Walker, and myself. Meegan attended virtually. For this hybrid meeting, Committee and Zone meetings met virtually during the month prior to the HOD meetings which met in-person and virtually from Friday afternoon through Saturday afternoon. This shortened schedule decreased the delegates' ability to interact and connect with other delegates and it made for a very long day on Saturday. Jessica Reilly did a fantastic job of handling the voting and delegating comments, etc. Rick Walker, Sarasota Sharks, received the 2023 USMS Coach of the Year Award, and congratulations to Barbara Dunbar, San Diego Imperial, for receiving the highest award that USMS offers, the Captain Ransom J. Arthur M.D. Award for 2023.

The In Memoriam video that was produced by the History & Archives Committee was very emotional and all could view the presentation prior to the start of the HOD on Saturday morning. Meegan had issues with the way the Legislation Committee went about revising the mission, vision, and values statements in the rule book, using a task force that no one knew about until the last minute and not published with task force minutes or any Legislation Committee meeting minutes for the entire year. She was also concerned with the way the Long Distance Committee handed over the running of the postal long distance pool events, (the hour swim, 3000/6000 and 5K/10K), to the National Office. It was thought that if the Long Distance Committee receives no bids, then the National Office should handle it. The Fitness Committee was eliminated this year and the Sports Medicine and Science Committee last year.

7. OLD BUSINESS

Joan Campbell is still having a hard time cashing FACT's grant distribution of \$25/swimmer. The original check will be cancelled, and another issued to Joan Campbell. Cindi Wood will send Joan's address to Terri Goodman.

8. NEW BUSINESS

A. 2024 Goals: Cheryl suggested that the LMSC By-laws need reviewed and updated. She will make the first run through them.

B. FL LMSC Board & Committee Memberships. Cindi will send FL LMSC Board member list to USMS for 1 November renewal, USMS will take the renewal fees out of the membership check to the FL LMSC.

A motion by Scott Bay to adjourn, second by Kirk Clear, all in favor, no one opposed. **Motion passed.**
Meeting adjourned 6:31PM

FL LMSC Virtual Annual Meeting Agenda
Saturday, October 14, 2023 at ~4pm EDT (tbc)

A. WELCOME & ROLL CALL

B. APPROVAL OF THE LAST MEETING MINUTES

C. TREASURER'S REPORT & 2024 BUDGET – Terri Goodman, FL LMSC Treasurer

D. MEMBERSHIP COORDINATOR'S REPORT – Cindi Wood, FL LMSC Membership Coordinator & Communications

E. COMMITTEE REPORTS

Awards – Cheryl Kupan

Coaches – Scott Bay

Long Distance & Open Water – Megan Howson

Officials & Records – Nancy Kryka

Sanctions & Top Ten– Anna Lea & Jim Matysek

Senior Games Liaison – Carter Elliott

Webmaster – Meegan Wilson

F. OLD BUSINESS

G. NEW BUSINESS

1. 2024 Goals – Cheryl Kupan, FL LMSC Chair

MEETING ADJOURNMENT

FL LMSC Finance Report

Annual Meeting -October 14,2023

The FL LMSC continues to perform well and has significant reserves (as of 10/11/2023, \$69,120).

During 2023 we supported:

- The FL LMSC teams by making Grant Distributions of \$25/swimmer, totaling \$31,350.
- The USMS Summer Nationals Meet, hosted by the Sarasota Sharks with a grant of \$15,000.
- Officials with gift cards, name badges, and opportunities for education.
- Members with opportunities to attend convention, and other training.
- Coaches with opportunities to participate in USMS training courses.
- Misc. other offerings.

Please see the following Financial Reports and 2024 Budget for more details:

Net Worth by Month and Summary	Page 1
2023 Actual to Budget Summary and 2024 Proposed Budget	Page 2-3
Category Comparison FY 2022 to FY 2023 (thru 10/11/2023)	Page 4-5
Payee Summary by Account	Page 5-6

Net Worth by Month

Year to Date: 1/1/2023 - 10/11/2023
2 Accounts

	12/31/22	1/31/23	2/28/23	3/31/23	4/30/23	5/31/23	6/30/23	7/31/23	8/31/23	9/30/23	10/11/23
Assets											
Cash											
CHASE CHK	\$49,635.13	\$63,383.29	\$66,853.84	\$53,626.94	\$24,574.94	\$22,078.74	\$22,910.74	\$26,388.74	\$27,507.74	\$24,163.84	\$19,104.25
Savings											
CHASE SAV	\$50,009.92	\$50,010.78	\$50,011.54	\$50,011.96	\$50,012.69	\$50,013.58	\$50,014.39	\$50,014.84	\$50,015.26	\$50,015.65	\$50,015.65
Total Assets	\$99,645.05	\$113,394.07	\$116,865.38	\$103,638.90	\$74,587.63	\$72,092.32	\$72,925.13	\$76,403.58	\$77,523.00	\$74,179.49	\$69,119.90
Liabilities	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Net Worth	\$99,645.05	\$113,394.07	\$116,865.38	\$103,638.90	\$74,587.63	\$72,092.32	\$72,925.13	\$76,403.58	\$77,523.00	\$74,179.49	\$69,119.90

Net Worth		Year to Date: 1/1/2023 - 10/11/2023 2 Accounts	
		10/11/23	
Assets			
Cash			
CHASE CHK	\$19,104.25		
Savings			
CHASE SAV	\$50,015.65		
Total Assets	\$69,119.90		
Liabilities	\$0.00		
Net Worth	\$69,119.90		

2023 Actual to Budget - Summary and 2024 Proposed Budget

Created: 2023-10-11

2023: JANUARY to DECEMBER		11-Oct-23	2023	2023	2024
		Actual	Budgeted	Variance	Proposed Budget
SUMMARY					
	Income	28,015	31,068	-3,053	34,814
	Expenses	58,721	68,464	9,743	28,915
	Difference	-30,706	-37,397	6,691	5,899

INCOME					
	Banking	6	7	-1	7
	- Interest	6	7	-1	7
	Donations	798	1,487	-689	850
	- ISHOF	-15	-10	-5	20
	Registration Income	27,211	29,574	-2,363	33,957
	- Club Membership	354	843	-489	959
	- Current Year Membr	22,643	27,240	-4,597	28,241
	- Full Registration	-160	14	-174	
	- One Event	97	0	97	
	- Reg Individual Refu	-14	-114	100	
	- Workout Group	0	0	0	
	- Year Plus Members	4,204	2,231	1,973	4,757
EXPENSES					
	Education	63	50	-13	1,300
	- ALTS 25%	0	0	0	300
	- Coach Certification	63	50	-13	500
	- Coaches Clinic	0	0	0	500
	FL LMSC Club Reimbu	4,222	4,610	388	7,192
	FL LMSC Grant Distrib	31,350	28,600	-2,750	-
	Meet Expense	15,785	23,345	7,560	1,750
	- Grant-Hosting USM	15,000	15,000	0	-
	- OW fee	335	0	-335	350
	- Recognition Fee	300	500	200	500
	- - Pool Recognition	300	500	200	500
	- Sanction	150	800	650	900
	- - Open Water Sand	0	0	0	100
	- - Pool Sanction Fee	150	800	650	800

2023 Actual to Budget - Summary and 2024 Proposed Budget

Created: 2023-10-11

2023: JANUARY to DECEMBER		11-Oct-23	2023	2023	2024
		Actual	Budgeted	Variance	Proposed Budget
SUMMARY					
	Income	28,015	31,068	-3,053	34,814
	Expenses	58,721	68,464	9,743	28,915
	Difference	-30,706	-37,397	6,691	5,899
EXPENSES (continued)					
	Office	2,581	1,301	-1,280	3,953
	- Fees	0	0	0	125
	- Gifts	2,179	294	-1,885	2,434
	- Membership Coord	0	767	767	767
	- Newsletter	0	0	0	75
	- Office Supplies	84	0	-84	100
	- Postage	30	21	-9	100
	- Rule Books	172	210	38	232
	- - Full Rule Book	40	60	20	60
	- - Mini Rule Book	132	150	18	172
	- Web Site/SSL/Host	116	10	-106	120
	Officials	1,728	2,375	647	4,050
	- Gift Cards-Officials	1,500	2,051	551	3,500
	- Officials Name Bad	228	164	-63	350
	- Officials Clinic	0	159	159	200
	Travel & Entertainment	2,992	8,184	5,191	9,270
	- Airfare	1,877	1,093	-784	2,100
	- Annual Meet Deleg	0	1,500	1,500	1,500
	- Awards	264	0	-264	300
	- Awards Luncheon	499	571	72	750
	- Convention	0	0	0	750
	- Convention Social	0	0	0	750
	- Food	141	0	-141	240
	- Hotel	0	726	726	900
	- Meals	40	295	255	240
	- Mileage	40	0	-40	150
	- Parking	117	32	-85	390
	- Social	0	0	0	450
	- USMS Clinic	0	840	840	750

Category Comparison by Month

Last Year vs 1/1/2023 - 10/11/2023
All Accounts, 92 Categories, All Tags, All Payees

Category	1/1/22 - 12/31/22	1/1/23 - 10/11/23	Difference	%
Income				
Banking				
Interest	\$6.60	\$5.73	-\$0.87	-13.18%
Donations				
Donations (Other)	\$1,361.00	\$813.00	-\$548.00	-40.26%
ISHOF	-\$10.00	-\$15.00	-\$5.00	-50.00%
Total Donations	\$1,351.00	\$798.00	-\$553.00	-40.93%
Registration Income New				
Club Membership	\$857.00	\$354.00	-\$503.00	-58.69%
Current Year Membership	\$26,802.00	\$22,643.00	-\$4,159.00	-15.52%
Full Registration	\$14.00	-\$160.00	-\$174.00	-1,242.86%
One Event	\$0.00	\$97.00	\$97.00	—
Reg Individual Refund	-\$114.00	-\$14.00	\$100.00	87.72%
Registration Income New (Other)	\$84.00	\$87.00	\$3.00	3.57%
Registration Other	\$26.00	\$0.00	-\$26.00	-100.00%
Workout Group	\$14.00	\$0.00	-\$14.00	-100.00%
Year Plus Membership	\$2,230.80	\$4,204.00	\$1,973.20	88.45%
Total Registration Income New	\$29,913.80	\$27,211.00	-\$2,702.80	-9.04%
Total Income	\$31,271.40	\$28,014.73	-\$3,256.67	-10.41%
Expenses				
Education				
Coach Certification	-\$50.00	-\$62.50	-\$12.50	25.00%
FL LMSC Club Reimbursement	\$0.00	-\$4,222.00	-\$4,222.00	—
FL LMSC Grant Distribution	\$0.00	-\$31,350.00	-\$31,350.00	—
Meet Expense				
Grant-Hosting USMS Nationals	\$0.00	-\$15,000.00	-\$15,000.00	—
Meet Expense (Other)	-\$7,045.00	\$0.00	\$7,045.00	-100.00%
OW fee	\$0.00	-\$335.00	-\$335.00	—
Recognition Fee				
Pool Recognition Fee	-\$500.00	-\$300.00	\$200.00	-40.00%
Sanction				
Pool Sanction Fee	-\$850.00	-\$150.00	\$700.00	-82.35%
Total Meet Expense	-\$8,395.00	-\$15,785.00	-\$7,390.00	88.03%
Office				
Gifts	-\$363.50	-\$2,178.75	-\$1,815.25	499.38%
Membership Coordinator	-\$766.50	\$0.00	\$766.50	-100.00%

Category Comparison by Month

Last Year vs 1/1/2023 - 10/11/2023
All Accounts, 92 Categories, All Tags, All Payees

Category	1/1/22 - 12/31/22	1/1/23 - 10/11/23	Difference	%
Office Supplies	\$0.00	-\$84.16	-\$84.16	—
Postage	-\$21.08	-\$30.45	-\$9.37	44.45%
Rule Books				
Full Rule Book	-\$60.00	-\$40.00	\$20.00	-33.33%
Mini Rule Book	-\$150.00	-\$132.00	\$18.00	-12.00%
Total Rule Books	-\$210.00	-\$172.00	\$38.00	-18.10%
Web Site/SSL/Hosting	-\$10.00	-\$116.00	-\$106.00	1,060.00%
Total Office	-\$1,371.08	-\$2,581.36	-\$1,210.28	88.27%
Officials				
Gift Cards-Officials	-\$2,126.00	-\$1,500.00	\$626.00	-29.44%
Officials Name Badges	-\$164.38	-\$227.68	-\$63.30	38.51%
Officials Clinic	-\$159.21	\$0.00	\$159.21	-100.00%
Total Officials	-\$2,449.59	-\$1,727.68	\$721.91	-29.47%
Travel & Entertainment				
Airfare	-\$1,092.66	-\$1,876.96	-\$784.30	71.78%
Annual Meet Delegate Fee	-\$1,500.00	\$0.00	\$1,500.00	-100.00%
Awards	\$0.00	-\$263.78	-\$263.78	—
Awards Luncheon	-\$571.00	-\$498.67	\$72.33	-12.67%
Food	\$0.00	-\$141.43	-\$141.43	—
Hotel	-\$725.76	\$0.00	\$725.76	-100.00%
Meals	-\$295.00	-\$40.00	\$255.00	-86.44%
Mileage	\$0.00	-\$39.60	-\$39.60	—
Parking	\$0.00	-\$117.28	-\$117.28	—
Travel & Entertainment (Other)	-\$3,127.30	-\$14.72	\$3,112.58	-99.53%
USMS Clinic	-\$840.00	\$0.00	\$840.00	-100.00%
Total Travel & Entertainment	-\$8,151.72	-\$2,992.44	\$5,159.28	-63.29%
Total Expenses	-\$20,417.39	-\$58,720.98	-\$38,303.59	187.60%
Total	\$10,854.01	-\$30,706.25	-\$41,560.26	-382.90%

Year End Florida LMSC Membership Committee Report

2023 Membership as of today 2676

Men 1280

Women 1404

2022 Membership 2555

Men 1334

Women 1221

Florida makes up **21%** of all USMS registrants. Nationally there are 55,359 USMS Members.

Statistically membership renewals are highest in December

Coaches

2023 219 Self Directed Coaches

2022 244 Self Directed Coaches

Awards & Social Report, October 2023
Cheryl Kupan, Awards & Social Chair


It's almost that time of year when I will open up the nomination process for the FL LMSC Awards for the 2023 season on November 1, 2023 and close on December 31, 2023. I will once again encourage the nominators to use the forms that we posted two years ago. I will once again ask Mark Robison for the use of a room at the Long Center to host the lunch at the conclusion of the Valentine's Day meet - Saturday's session. If anyone is interested in assisting with the awards selection and lunch, please contact me.

Speaking of awards, if you didn't know, Sarasota's Rick Walker was named the USMS Coach of the Year. Rick attended the first couple of days at Convention so he could receive the award in person. Congratulations Rick – long overdue!

For the “social” aspect of this position, Cindi & I have been updating the Facebook page. I encourage you all to send me your team's pictures from meets, workouts, socials, sunrises, sunsets, etc... to post on the site. If you have any ideas, please let us know. If you'd like to manage the page, I'm all ears!

Jim, thank you for the new photos on the FL LMSC website – looks great! Again, any & all photos you'd like to submit to be on the LMSC site, please let me know.

Officials & Records Report, 2023 LMSC Meeting.Submitted by: Nancy Kryka Oct 2023

	Report	Plan
Records	2023 SCY completed 8-23 and posted by Meegan on website.	LCM planned for Dec 1st
Officials – Clinic For Jan 2024 Clinic: Request email below report to be sent to our LMSC Request for reimbursement estimated \$1,000 Request for 2024 budget for future clinics No Clinics were held in 2023	<u>Where:</u> The Sarasota, Florida Shark Tank Pool is located at this address: 8501 Potter Park Dr Sarasota, FL 34238. <u>When:</u> Saturday, Jan 13, 2024, 8am-1pm. <u>Purpose:</u> The goal is to give officials better training and more expertise, and to improve their confidence. The goal also is to hopefully recruit new USMS officials. We recognize our officials are volunteers we appreciate and they are necessary to hold our meets. This training will benefit USMS swimmers and allow meets to be consistent, higher quality, and more fair. The clinic will cover stroke and turn training, and then will be followed with the academics of starter and referee training. Anyone who is interested in trying some starts will be given the opportunity to practice. The format will be to conduct deck discussions and then follow up with in-pool demonstrations. <u>Note:</u> Water and snacks provided. Clinic Instructor: Mike Abegg-USMS Officials Chair	Request email below report to be sent to our LMSC Request Reimbursement estimated \$1000 for Jan 2024 clinic: 1 USMS Official to lead the clinic Airfare (\$500) Hotel 2 nights (\$300) Per diem for food (\$50) Refreshments at the clinic: Coffee, Water, Snacks, Printing and handout costs mini rule books (\$150) 2024 Budget Request: Additional \$600 requested for future clinics
21 FL LMC Officials at National Meet	21 FL LMSC Officials volunteered Mike Whaley, Joel Meltz, Jan Whitlock, Renee McFadden, Mark Krakower, Tom Walsh, Nancy Kryka, Robert Wermuth, David Sieve, Cindi Wood, Zena Courtney, Stephan Freeman, Bob Griffiths, Emily Easterly, Tere DeMoss, Carol Urofsky, Christopher Hale, Mike Zabel, Mark Usher, Susan Andrews-Esposito, Tim Sharp	Done: Meegan posted a FL LMSC Website thank-you postcard and photo identifying the officials to thank all the officials who volunteered at Summer Nationals for a smoothly run meet. https://floridalmcsc.org/wp-content/uploads/2023_officials_US  MS_summer_nationals.pdf
Officials – New Certifications	Bob Griffiths new USMS certified Ref Frank Swigon new USMS certified Ref Cindi Wood is training to be a USMS certified Ref Heidi Hellenbach, Ft Lauderdale applied to be a USMS Ref 8 new USMS certified officials in 2023: Carolyn Mizell, Liana van Woesik, Tom Walsh, Mike Zabel, Tim Sharp, Carol Urofsky, Dale Charette, Robert Wermuth,	2 new USMS Certified Ref in 2023 2 new USMS Certified Refs in training 2023 8 new USMS Certified Officials in 2023 Goal to have more Refs and Officials who are USMS certified.
Officials – Name Tags (\$15)	Need 10 name tags: Jill Cunningham, David Sieve, Robert Wermuth, Tom Walsh, Dale Charrette, Mark Usher, Susan Andrews-Esposito, Lisa Smoak, Tim Sharp, Heidi Hellenbrand	2024 Budget Request: \$150 10 @ \$15 each 2023 gave 3 Name Tags \$48: Mike, Zena, Joanne (10 ordered in 2022, distributed & paid in 2023 \$143) Renee, Charlie, Lina, Patricia, Mel, Robyn, Tere, Bob, Chris, Emily
Officials – Hats	All distributed except Chris Hale, Mark Usher, and Susan Andrews-Esposito Will do Chris at RG, Mark and Susan from Sarasota	Nancy: 1 hat left after 3 planned to distribute 45 hats were distributed in 2023
Officials – Gift Cards (\$25)	Passed out Gift Cards to Officials: Clearwater Valentine (Feb) = 8 St Pete Bob Beach (Mar) = 6 St Pete LCM (July) = 6 Gainesville Swag (Apr) = 3 Gainesville Swag (Aug) = 4 Clearwater Dog Days (Sep) = 8 Gainesville Swag (Oct) = 4 RG (Oct) = 23 Sarasota Shark Tank (Nov) = 28 (estimated)	2024 Budget Request: \$2975 210 GC @ \$25 each 2023 gave out 63 GC @ \$25 = \$1575 28 GC @ \$25 = \$700 Total estimated 2023 91 GC = \$2275
Officials – Mini Rule Books (\$6) No rule books were distributed to officials in 2023	Request for 25 Officials minis. Good to get beginning of the year to be read as a rule refresher, and then have ready to use at the swim meet.	2024 Budget Request \$150
Relay 2024	From Officials' Chair: Plan to mention this at Relay as part of the Officials Committee's commitment to filling any holes in the geographic spread of our officials, given our	2024 Budget Request for 2 attendees: \$3000

	1/1/25 deadline to have fully-qualified (by some organization) officials at all our meets.	
Stroke Clinic: Request for hotel, mileage and per diem Scott Bay to come to Sarasota in Summer 2024 for a stroke clinic	Scott Bay and Rick Walker have tentatively planned to hold a Stroke Clinic led by Scott Bay in summer 2024 in Sarasota. Request is for 1 night hotel, mileage, and per diem reimbursement to Scott if the clinic is held.	2024 Budget Request \$296 Hotel \$150 Mileage 406 miles @ \$.30=\$122 Per Diem = \$25
2024 Budget Request Summary	Officials: \$600 Clinic \$150 Name Tags \$2975 GC \$150 Mini Rule Books \$3000 Relay \$6875 Total Stroke Clinic: \$296	2024 Budget Request Summary: Officials: \$6875 Stroke Clinic \$296

Email to send to the LMSC about free Officials Clinic
Subject: SAVE THE DATE: FREE OFFICIALS CLINIC

The USMS Officials will host a FREE Officials Clinic in Sarasota, FL.

This Clinic is being offered to both new members, with no experience being an official, and experienced certified USMS and USA-S and other certified swimming officials. The Clinic will be held at the Sarasota, Florida Shark Tank Pool on Saturday, Jan 13, 2024, 8am-1pm. You'll be introduced to the basics of being an official and you'll be able to review skills you may already have. All are welcome and encouraged to attend!

Where: The Sarasota, Florida Shark Tank Pool is located at this address:
8501 Potter Park Dr
Sarasota, FL 34238.

When: Saturday, Jan 13, 2024, 8am-1pm.

Purpose: The goal is to give officials better training and more skills expertise, that will improve their confidence and rule knowledge. The goal also is to recruit new USMS officials. We recognize our officials are volunteers and they are necessary to hold our meets. This training will benefit USMS competitive swimmers and allow meets to be consistent, higher quality, and more fair. The clinic will begin with covering stroke and turn training, and then will be followed with the academics of starter and referee training. Anyone who is interested in trying some starts will be given the opportunity to practice. The format will be to conduct deck discussions and then follow up with in-pool demonstrations. All participants will be able to discuss and cross train with long time deck volunteers.

Note: Water and snacks provided. Please wear comfortable clothing and bring a swim suit.

Clinic Instructors: Mike Abegg-USMS Official

Clinic Demonstrations for practice starts and rule discussion: volunteers will demo practice starts and demo strokes for discussion.

Please email Cindi Wood at FLRegistrar@usms.org, if you plan to attend. Thank you!

Photos from Previous Officials Clinics



Florida LMSC Sanctions & Top 10 Report

Anna Lea Matysek, October 10, 2023

2023 USMS Summer Nationals

The 2023 U.S. Masters Swimming Summer National Championship was held August 2-6 at the Selby Aquatic Center in Sarasota. The meet had 1,178 entrants. More than half of the entrants were registered in either the Florida LMSC (376) or the Florida Gold Coast LMSC (259). Clubs from the Florida LMSC with ten or more entrants were Bolles School Sharks, Clearwater Aquatic Masters, Lake Gators, Legends Masters Swim Club, Swim Melbourne, Sarasota Sharks, St. Pete Masters, and Swim Out.



The meet results have been uploaded to the USMS database, including all relay leadoff splits.

Meets Scheduled in the Florida LMSC for 2024 (so far)

The Southeast Zone website (<http://southeastzone.org>) contains a list of all meets scheduled in our zone for 2024.

We would like to get as many meets onto the calendar (<http://southeastzone.org>) as soon as possible. The earlier a club can post its meet date, the better, even if they don't have the entry information prepared yet. Here are the meets that are on the calendar so far for 2024:

Date	Event Title	Course	Sanction Type
February 3	Gulf Coast Games for Life (Senior Games), Sarasota	SCY	Recognition
February 10-11	30 th Annual Valentine's Meet, Clearwater	SCY	Sanction
March 9	Good Life Games (Senior Games), Clearwater	LCM	Recognition
March 16-17	St Pete Bob Beach Championship Meet, St Pete	SCY	Sanction
June 8-9	Bumpy Jones Classic, Sarasota	LCM	Sanction
November 2-3	Shark Tank Meet, Sarasota	SCM	Sanction

Meets in the Florida LMSC for 2023

The Southeast Zone website (<http://southeastzone.org>) contains a list of all meets scheduled in our zone for 2023. There are a total of seventeen events scheduled (or already held) in the Florida LMSC for 2023, including ten sanctioned meets, six recognized meets, and one sanctioned open water swim. The table below includes the meets held in the Florida LMSC since the 2022 Annual LMSC Meeting.

Date	Event Title	Course	Sanction Type
October 14-16, 2022	Rowdy Gaines Masters Classic 14, Orlando 267 participants (264 member, 3 foreigner)	SCM	Sanction
October 23, 2022	1 st Annual SWAGtoberfest Masters Meet, Gainesville 86 participants	SCY	Sanction
November 5-6, 2022	Shark Tank Meet, Sarasota 153 participants	SCM	Sanction
December 3-4, 2022	2022 Florida State Senior Games, Tampa 136 participants (99 member, 37 nonmember)	SCY	Recognition
February 4	Gulf Coast Games for Life (Senior Games), Sarasota 60 participants (53 member, 7 nonmember)	SCY	Recognition
February 11-12	30 th Annual Valentine's Meet, Clearwater 175 participants	SCY	Sanction
March 5	Swim Melbourne Open Water, Melbourne 64 participants	OW	Sanction
March 8	Capital City Senior Games, Tallahassee 38 participants (15 member, 23 nonmember)	SCY	Recognition
March 11-12	St Pete Bob Beach Championship Meet, St Pete 129 participants (128 member, 1 foreigner)	SCY	Sanction
March 18	Good Life Games (Senior Games), Clearwater 72 participants (67 member, 5 nonmember)	LCM	Recognition
April 19-20	The Villages Senior Games, The Villages 110 participants (57 member, 53 nonmember)	SCY	Recognition
April 23	3 rd Annual "Show Your SWAG" Meet, Gainesville 134 participants	SCY	Sanction
July 8-9	St. Pete Masters LCM Championships 178 participants	LCM	Sanction
August 2-6	USMS Summer Nationals, Sarasota 1173 participants (1129 member, 44 foreigner)	LCM	Sanction
August 20	1 st Annual Summer SWAGfest 76 participants	LCM	Sanction
September 9	Dog Days LCM Meet, Clearwater 88 participants	LCM	Sanction
September 10	22 nd Annual Gainesville Senior Games, Gainesville 48 participants (37 member, 11 nonmember)	SCY	Recognition
October 13-15	Rowdy Gaines Masters Classic 15, Orlando 297 entrants as of 10/10/2023	SCM	Sanction
October 22	2 nd Annual SWAGtoberfest Meet, Gainesville	SCY	Sanction
November 11-12	Shark Tank Meet, Sarasota	SCM	Sanction
December 2-3	Florida State Senior Games, Tampa	SCY	Recognition

The Florida LMSC members are fortunate to be able to choose from so many Masters meets. Our LMSC hosted five Long Course (LCM) meets in 2023. Many LMSCs only have one Long Course meet per year; some don't have any! Long Course and Short Course Meters (SCM) meets are popular with top-level Masters swimmers because world records and world Top 10 rankings can be set in those courses. It's not unusual to see Masters swimmers from other parts of the country at these Florida meets, for that reason.

New events in 2023 included the Swim Melbourne open water race in March and the Summer SWAGfest meet in Gainesville in August. The Swim Melbourne open water race director is planning to hold a race in 2024, tentatively scheduled for late February.

We are also fortunate to be able to offer USMS recognition status to six senior games meets in the LMSC. These meets draw a significant number of registered members of the Florida LMSC and the recognition status encourages participants to maintain their USMS memberships.

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Annual Meeting Web Report
Meegan Wilson
October 14, 2023

I'm sorry that I will not be at the Annual LMSC meeting in person, but hopefully I can Zoom in. I try to keep the website up-to-date with LMSC meeting information, minutes, and board reports. Meetings are open to all LMSC members. Jim Matysek is working on updating our Contacts page which was having issues this year. Thank you Jim! I updated the Awards page with the names of the 2022 Florida LMSC Award recipients that were presented at the 2023 Awards Social. I added Florida LMSC newsletters from Sheila Carpenter vanDijk, swim records from Nancy Kryka, and updated forms from Anna Lea Matysek as I received them. You can find historical meet results on the "Meets and Results" page as well as links to other sites. Let me know if you have any results to add or have any issues.

I added a [*Florida LMSC Members Receive National Award*](#) page and a [*Remembering Our Florida Members*](#) page. Please let me know if you have a memory to add or if I have missed a National Award. Links to Club websites that have been provided to me are located on the Newsletter page. The Florida LMSC will host a one page Club website if any club would like to provide the information. We are already hosting club FACT.

A Florida LMSC "Thank You Officials Photo" of the officials who worked the U. S. Masters Swimming Long Course Meter National Championships in Sarasota was added to our website and the link was sent to all of those officials. See:
https://floridalmsc.org/wp-content/uploads/2023_officials_USMS_summer_nationals.pdf

2023 Delegate Convention Report

Meegan Wilson

The Florida LMSC had seven delegates representing Florida this year, one automatic, Kirk Clear as Chair of the History and Archives Committee and six appointed, Scott Bay, B.J. Graham, Cheryl Kupan, Jim Matysek, Rick Walker, and myself. Thank you Cheryl Kupan. I was the only one to attend virtually. I think that in-person meetings are very important for USMS leadership. The meetings normally started on a Wednesday afternoon lasting through early Sunday morning, and besides the House of Delegates (HOD), committees and zone meetings met in person. For this hybrid meeting, Committee and Zone meetings met virtually during the month prior to the HOD meetings which met in-person and virtually from Friday afternoon through Saturday afternoon. This shortened schedule decreases delegates ability to interact and connect with other delegates. It also made for a very long day on Saturday and I would guess that most participants, including the presenters, wanted it over. When attending virtually, there was no way to see who was present at the meetings and those attending in person had the same issues not knowing who was attending virtually. You could also not hear the in-person audience participation as far as clapping, but Jessica Reilly did a fantastic job of handling the voting and delegate comments, etc. I would have preferred to see the actual number of votes, yea and nay, rather than just the percentages.

Congratulations to Rick Walker, Sarasota Sharks, for receiving the 2023 USMS Coach of the Year Award, and congratulations to Barbara Dunbar, San Diego Imperial, for receiving the highest award that USMS offers, the Captain Ransom J. Arthur M.D. Award for 2023. Barbara's acceptance speech was amazing and very inclusive of all the past recipients of this award.

The In Memoriam video that was produced by the History & Archives Committee was exceptional. It was very emotional and should have been presented as part of the HOD as it has been in the past. However, it was on the agenda and in-person as well as virtual delegates could view the presentation prior to the start of the HOD on Saturday morning.

I was very disappointed with the way the Legislation Committee went about revising the mission, vision, and values statements in the rule book, using a task force that no one knew about until the last minute and not publishing any task force minutes or any Legislation Committee meeting minutes for the entire year. This was poorly done without any consideration for other member input during the HOD.

I was also disappointed with the way the Long Distance Committee handed over the running of the postal long distance pool events, (the hour swim, 3000/6000 and 5K/10K), to the National Office, almost as just housekeeping. What was the harm in allowing clubs to bid on running the events as they have done in the past? If the Long Distance Committee receives no bids, then by all means, the National Office should handle it.

The goal of USMS to reduce the number of National Committees, the History and Archives Committee included, is mind boggling. The Fitness Committee was eliminated this year and the Sports Medicine and Science Committee last year. Why reduce the number of representatives in the House of Delegates and USMS member interest in the organization, I wonder?