

## FLORIDA LMSC Board Meeting, April 28, 2024

**Session #: 2**

**Chair:** Cheryl Kupan

**Vice Chair:** Kirk Clear

**Minutes recorded by:** Zena Courtney

**Date/time of meeting:** April 28, 2024, 3:00pm  
EDT

### Motions Passed:

- 1) The January 28, 2024 Minutes were approved.
- 2) Approved, the Treasurer, Membership and Committee April 2024 Reports.
- 3) Amendment to the FL LMSC Coach Certification Reimbursement policy was approved.
- 4) Motion to support the Legislative proposal by Oregon LMSC - Meetings of the Board of Directors shall be open to interested USMS members as non-participatory guests. - was approved.
- 5) Motion to adjourn at 4:17 PM EST was approved.

- 1) Motions Not Passed: None

**Number of Committee members present: 9**

**Absent: 4**

**Number of other delegates present: 1**

**Committee members present:** Cheryl Kupan, Kirk Clear, Terri Goodman, Meegan Wilson, Nancy Kryka, Anna Lea Matysek, Jim Matysek, Scott Bay, and Zena Courtney

**Committee members Absent:** Kelly Ezagury (long distance and open water chair), Carter Elliott, Cindi Wood, Jillian Wilkins

**Other Delegates present:** Joan Campbell

### April 28, 2024 MINUTES:

The meeting was called to order by Cheryl at 3:02 PM EDT.

#### 1. WELCOME & ROLL CALL (CHERYL KUPAN)

#### 2. APPROVAL OF THE LAST MEETING'S MINUTES (CHERYL KUPAN)

Minutes of the January 24, 2024 meeting were approved as edited. Motion was made by [Scott Bay](#) to approve the minutes, second by [Kirk Clear](#), all in favor, no one opposed.

**Motion passed.**

#### 3. FINANCE REPORT (TERRI GOODMAN)

Terri provided the 'Net Worth by Year' and '2024 Actual to Budget-Summary' reports. Of note is that our Net Worth of \$92,196 is close to the \$99,645 net worth of 2022 and that the 2024 income is about 50% of budgeted and expenses are at 10% of budget as of April 2024. A motion was made by [Anna Lea Matysek](#) to approve the Treasurer reports, second by [Zena Courtney](#), all in favor, no one opposed. **Motion passed.**

#### 4. MEMBERSHIP REPORT (CINDI WOOD)

Cindi was not in attendance but sent a report. Here is the Florida LMSC Membership 2023 to 2024 comparison as of same dates:

2023 membership year, 11/1/2022 through 4/27/2023: 2,172

2024 membership year, 11/1/2023 through 4/27/2024: 2,179

Essentially no increase (just 7 members compared to last year); holding very steady.

Requests for club changes come to Cindi and then she works with Bethany Burchill to make the changes in the system averaging about 3-4 changes per month. Most changes are the result of moving to the Gold club or out of state; there is a turn time of less than 24 hours. There is a new Membership Plus option with USMS that costs a bit more but includes 2025 membership. A motion was made by Scott Bay to approve the Membership reports, second by Jim Matysek, all in favor, no one opposed. **Motion passed.**

#### 5. COMMITTEE REPORTS:

A. AWARDS & SOCIAL REPORT (CHERYL KUPAN) - Cheryl had nothing new to report.

B. COACHES (Scott Bay) - Scott had nothing new to report.

C. LONG DISTANCE & OPEN WATER RECORDS (Kelly Ezagury)- no report

D. OFFICIALS & RECORDS (NANCY NEVID, formerly KRYKA) - Nancy reported that the SCM records were updated April 1, 2024 and Meegan Wilson posted them. The LCM records update is due December 1, 2024. Nancy stated that we had plenty of officials at the Valentine's, Bob Beach and SWAG meets this year. The Bolles meet used USA officials. Nancy reported a new 2025 rule change that, "All officials acting in the capacity of referee shall be certified as a referee or equivalent by a USMS-approved certifying body, as defined by the USMS Officials Committee."

E. SANCTIONS & TOP 10 REPORT (ANNA LEA MATYSEK)

Anna Lea provided a summary for the completed and upcoming FL LMSC meets for 2024. Anna Lea reported that we have two new, first-time Masters meet hosts in the LMSC. The FAST Masters team in Ocala held a dual-sanctioned meet in conjunction with their USA Swimming team. This was a closed meet with only 3 Masters swimmers. They hope to host a Masters only meet sometime in the future at this new FAST Aquatic Complex. On April 27, the Bolles School Sharks Masters team hosted its first Masters meet in Jacksonville. This meet acquired 71 entrants in only 3 weeks. This is a great turnout for a first time Masters meet, especially one that was organized and posted in a short period of time. They also hope to host more Masters meets in the future, which is great for our

LMSC members in the Jacksonville area. It was noted that this meet attracted a younger demographics than typical; average ages between 30-40 versus the 50 and higher at other meets. Anna Lea also provide a picture of what 2 years of paper records looks like to help with answering USMS questions after the fact.

F. SENIOR GAMES LIAISON (Carter Elliott) – no report

G. WEBMASTER (Meegan Wilson)- Meegan reported that the website is up to date with records, etc. and is ready to add items as requested. She has also updated the Awards page for 2024 and posted an article about the awards social. The 2023 Annual Minutes are due to USMS by 30 April 2024, Cheryl will send.

A motion was made by Kirk Clear to approve the Committee reports, second by Scott Bay, all in favor, no one opposed. **Motion passed.**

## 6. OLD BUSINESS

A. FL LMSC Coach Certification Reimbursement

Discussion was conducted regarding the reimbursement for the upcoming USMS Masters coach Level 2 and Level 3 certification in Orlando, 9/3/24. Cheryl has provided a Proposed Reimbursement Form to which comments were made by Nancy Nevid. We need this policy in place as of 4/28/2024. Last meeting we discussed approving covering 100% of the cost of the coaching certification courses (except Level 4 for now), but no travel or hotel expenses. Any discrepancies will need approval by the Coaches Chair. Course costs are: Level 1: \$150, Level 2: \$200, Level 3: \$175

A motion was made by Scott Bay as amended by Jim Matysek to amend the current policy for reimbursement of coaches who attend a coach certification class as:

- a. Reimburse coach certification course 100%
- b. Dependent on the coach attesting that they are coaching Florida LMSC members, which is subject to verification
- c. Dependent upon reimbursement request be submitted within 90 days of completion of the course.

All in favor, no one opposed. **Motion passed.**

## 7. NEW BUSINESS

A. Support to Legislative Proposal by Oregon LMSC

Sandi Rousseau contacted Anna Lea to see if the FL LMSC whould support the following Legislative Proposal to the USMS Board:

506.4.2 Meetings of the Board of Directors shall be open to interested USMS members as non-participatory guests.

Renumber 506.4.2 and 506.4.3

**Rationale:** USMS members in good standing should be allowed to attend Board of Director meetings. By doing so, members can both gain insight into organizational decision-making, hear first-hand discussions about topics, and be more informed about upcoming changes and have opportunities to learn about USMS leadership resulting in more informed decisions about running for Board positions. Having access to meeting minutes approximately 6 weeks after the meeting does not adequately replace the opportunity to listen to discussions leading to decisions.

A motion was made by Scott Bay to support this proposal, second by Meegan Wilson, all in favor, no one opposed. **Motion passed.** Anna Lea will check with Sandi about vote results.

A motion by Scott Bay to adjourn, second by Anna Lea Matysek, all in favor, no one opposed. **Motion passed.** The meeting adjourned at 4:17PM.

Next meeting proposed for July 28<sup>th</sup> and 3:00PM

**FLORIDA LMSC BOARD MEETING AGENDA**  
**Sunday, April 29, 2024 3:00pm**

- A. Welcome & Roll call
- B. Approval of last meeting's minutes
- C. Finance report (Terri Goodman)
- D. Membership & Communications Coordinator report (Cindi Woods)
- E. Committee reports
- F. Old Business
  - 1. Coaching certification reimbursement
- G. New Business
  - 1. New Travel & Expense form (attached)
  - 2. Email requests to our membership from non-FL LMSC'ers

# Net Worth by Year

1/1/2018 - 4/27/2024  
All Accounts

	12/31/17	12/31/18	12/31/19	12/31/20	12/31/21	12/31/22	12/31/23	4/27/24
<b>Assets</b>								
Checking	\$8,465	\$6,251	\$10,595	\$26,383	\$38,788	\$49,635	\$21,395	\$42,176
Savings	\$39,956	\$36,974	\$36,984	\$36,989	\$50,003	\$50,010	\$50,018	\$50,020
Property	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
Total Assets	\$48,421	\$43,224	\$47,579	\$63,373	\$88,791	\$99,645	\$71,413	\$92,196
<b>Liabilities</b>	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
<b>Net Worth</b>	\$48,421	\$43,224	\$47,579	\$63,373	\$88,791	\$99,645	\$71,413	\$92,196

# Category Comparison by Month

1/1/2023 - 4/30/2023 vs 1/1/2024 - 4/30/2024  
All Accounts, 96 Categories, All Tags, All Payees

Category	1/1/23 - 4/30/23	1/1/24 - 4/30/24	Difference	%
<b>Income</b>				
Banking				
Interest	\$2.77	\$1.67	-\$1.10	-39.71%
Donations				
Donations (Other)	\$678.00	\$525.00	-\$153.00	-22.57%
ISHOF	-\$15.00	\$0.00	\$15.00	100.00%
Total Donations	\$663.00	\$525.00	-\$138.00	-20.81%
Registration Income New				
2023 USMS Net Rev. Disbursement	\$0.00	\$636.57	\$636.57	—
Club Membership	\$340.00	\$70.00	-\$270.00	-79.41%
Current Year Membership	\$18,223.00	\$22,680.00	\$4,457.00	24.46%
Full Registration	-\$160.00	\$0.00	\$160.00	100.00%
One Event	\$45.00	\$0.00	-\$45.00	-100.00%
Reg Individual Refund	\$0.00	-\$14.00	-\$14.00	—
Registration Income New (Other)	\$87.00	\$0.00	-\$87.00	-100.00%
Workout Group	\$0.00	\$28.00	\$28.00	—
Year Plus Membership	\$3,421.00	\$0.00	-\$3,421.00	-100.00%
Total Registration Income New	\$21,956.00	\$23,400.57	\$1,444.57	6.58%
<b>Total Income</b>	<b>\$22,621.77</b>	<b>\$23,927.24</b>	<b>\$1,305.47</b>	<b>5.77%</b>
<b>Expenses</b>				
Education				
Coach Certification	\$0.00	-\$375.00	-\$375.00	—
FL LMSC Grant Distribution	-\$30,550.00	\$0.00	\$30,550.00	-100.00%
Meet Expense				
Grant-Hosting USMS Nationals	-\$15,000.00	\$0.00	\$15,000.00	-100.00%
Recognition Fee				
Pool Recognition Fee	-\$200.00	-\$300.00	-\$100.00	50.00%
Recognition Fee (Other)	\$0.00	-\$100.00	-\$100.00	—
Total Recognition Fee	-\$200.00	-\$400.00	-\$200.00	100.00%
Sanction				
Pool Sanction Fee	-\$100.00	-\$100.00	\$0.00	0.00%
Total Meet Expense	-\$15,300.00	-\$500.00	\$14,800.00	-96.73%
Office				
Gifts	-\$135.00	-\$93.75	\$41.25	-30.56%
Office Supplies	-\$84.16	\$0.00	\$84.16	-100.00%
Web Site/SSL/Hosting	-\$15.00	\$0.00	\$15.00	-100.00%

# Category Comparison by Month

1/1/2023 - 4/30/2023 vs 1/1/2024 - 4/30/2024  
All Accounts, 96 Categories, All Tags, All Payees

Category	1/1/23 - 4/30/23	1/1/24 - 4/30/24	Difference	%
Total Office	-\$234.16	-\$93.75	\$140.41	-59.96%
<b>Officials</b>				
Gift Cards-Officials	-\$650.00	-\$325.00	\$325.00	-50.00%
Officials Name Badges	-\$191.68	\$0.00	\$191.68	-100.00%
Rule Books				
Full Rule Book	-\$40.00	-\$36.00	\$4.00	-10.00%
Mini Rule Book	-\$132.00	-\$240.00	-\$108.00	81.82%
Total Rule Books	-\$172.00	-\$276.00	-\$104.00	60.47%
Total Officials	-\$1,013.68	-\$601.00	\$412.68	-40.71%
<b>Travel &amp; Entertainment</b>				
Airfare	\$0.00	-\$614.10	-\$614.10	—
Awards	-\$263.78	-\$226.30	\$37.48	-14.21%
Awards Luncheon	-\$498.67	-\$521.82	-\$23.15	4.64%
Food	\$0.00	-\$191.48	-\$191.48	—
Parking	\$0.00	-\$21.15	-\$21.15	—
Total Travel & Entertainment	-\$762.45	-\$1,574.85	-\$812.40	106.55%
<b>Total Expenses</b>	<b>-\$47,860.29</b>	<b>-\$3,144.60</b>	<b>\$44,715.69</b>	<b>-93.43%</b>
<b>Total</b>	<b>-\$25,238.52</b>	<b>\$20,782.64</b>	<b>\$46,021.16</b>	<b>182.34%</b>



**2024 Actual to Budget - Summary**

Created: 2024-04-26

**2024: JANUARY to DECEMBER**

		2024 Actual	2024 Budgeted	2024 Variance
<b>SUMMARY</b>				
Income		23,927	40,692	(16,765)
Expenses		3,145	35,700	(32,555)
Difference		20,783	4,992	15,791
<b>INCOME</b>				
Banking		1.67	7	(5)
- Interest		1.67	7	(5)
Donations		525	1,400	(875)
- ISHOF			20	(20)
Registration Income New		23,401	39,285	(15,884)
- 2023 USMS Net Rev Disburse		637	-	637
- Club Membership		70	1,175	(1,105)
- Current Year Membership		22,680	31,500	(8,820)
- Full Registration			-	-
- One Event			100	(100)
- Reg Individual Refund		-14	(74)	60
- Workout Group		28	84	(56)
- Year Plus Membership			6,500	(6,500)

**2024: JANUARY to DECEMBER**

	2024 Actual	2024 Budgeted	2024 Variance
<b>EXPENSES</b>			
Education	375	6600	(6,225)
- Coach Certification	375	600	(225)
- Coaches Clinic	0	600	(600)
- Swim Clinics	0	6000	(6,000)
FL LMSC Club Reimbursement	0	7,500	(7,500)
Meet Expense	500	1,500	(1,000)
- OW fee		500	(500)
- Recognition Fee	400	500	(100)
- - Pool Recognition Fee	400	500	(100)
- Sanction	100	500	(400)
- - Open Water Sanction Fee	0	0	-
- - Pool Sanction Fee	100	500	(400)
Office	94	5,200	(5,106)
- Fees		350	(350)
- Gifts	94	2500	(2,406)
- Membership Coordinator	0	850	(850)
- Newsletter	0	100	(100)
- Office Supplies	0	100	(100)
- Postage	0	50	(50)
- Reg Other (Board - Committee	0	1100	(1,100)
- Web Site/SSL/Hosting		150	(150)

**2024: JANUARY to DECEMBER**

		2024 Actual	2024 Budgeted	2024 Variance
<b>EXPENSES</b>	Officials	601	3,300	(2,699)
<b>Continued</b>	- Gift Cards-Officials	325	2,500	(2,175)
	- Officials Name Badges		300	(300)
	- Officials Clinic		200	(200)
	- Rule Books	276	300	(24)
	- - Full Rule Book	36		36
	- - Mini Rule Book	240		240
	<b>Travel &amp; Entertainment</b>	<b>1,575</b>	<b>11,600</b>	<b>(10,025)</b>
	- Airfare	614	2,800	(2,186)
	- Annual Meet Delegate Fee		1,500	(1,500)
	- Awards	226.3	350	(124)
	- Awards Luncheon	521.82	600	(78)
	- Convention		750	(750)
	- Convention Social		750	(750)
	- Food	191.48	200	(9)
	- Hotel		2000	(2,000)
	- Meals		300	(300)
	- Mileage		200	(200)
	- Parking	21.15	200	(179)
	- Relay Registration		750	(750)
	- Social		450	(450)
	- USMS Clinic		750	(750)

# FLORIDA LMSC MEMBERSHIP

April 2024

Cindi Wood, Membership Coordinator

## Florida Clubs

66 registered clubs for 2024

64 registered clubs for 2023

113 self-identified coaches for 2024

161 self-identified coaches for 2023

## Florida 2024

2,160 Members Registered

1,137 Men

1,023 Women

4 today

107 this month

## Florida 2023 AS OF THIS DATE APRIL 22

1603 Members Registered

557 members above last year at this date

Request for club changes still come to me and I then get in touch with Bethany Burchill to make the changes in the system. I average about 3-4 changes a month. Most changes are the result of moving to the Gold club or out of state. Bethany and I have a turn time of less than 24 hours.

**Officials & Records Report, 2024 LMSC Meeting.Submitted by: Nancy Nevid April 28, 2024**

	<b>Report</b>	<b>Plan</b>
Records	Updated SCM April 1. Meegan posted.	LCM records due Dec 1
Officials – Meets	Valentines: 9 Officials Bob Beach: 4 Officials April Swag: 4 Officials Jacksonville: ?	
New Officials Certified	Claire Lohrbach – S&T	
Officials – Clinic	Clinic held 1-13-2024 Sarasota 12 attendees	Reimbursement of \$125 received
<p>2025 Rule Change: USMS Recognized or Sanctioned meets require a USMS or USAS certified ref</p> <p>Qualification of Officials (Effective January 1, 2025) 103.3.1 All officials acting in the capacity of referee shall be certified as a referee or equivalent by a USMS-approved certifying body, as defined by the USMS Officials Committee. Except for national championship meets, exceptions may be granted by the LMSC Officials chair (or designee) or by the USMS Officials chair.</p> <p>103.3.2 All officials acting in the capacity of starter, administrative official, or judge shall be certified in such position by a USMS-approved certifying body, as defined by the USMS Officials Committee. However, when necessary and with permission of the LMSC Officials chair or designee, uncertified trainees may perform the duties of such positions if they are under the direct supervision of a certified official (except for national championship meets).</p>		Plan:

# Florida LMSC Sanctions & Top 10 Report

Anna Lea Matysek, April 24, 2024

## ***New Meet Hosts***

We have two new, first-time Masters meet hosts in the LMSC!

- In early April, the FAST Masters team in Ocala held a dual-sanctioned meet in conjunction with their USA Swimming team. This was a closed meet only for the FAST club. They hope to host a Masters-only meet sometime in the future at the beautiful new FAST Aquatic Complex.
- On April 27, the Bolles School Sharks Masters team is hosting its first Masters meet in Jacksonville. At this time the meet has 66 entrants and entry is open for another day. This is a great turnout for a first-time Masters meet, especially one that was organized and posted in a short period of time. They also hope to host more Masters meets in the future, which is great for our LMSC members in the Jacksonville area.

## ***Meets in the Florida LMSC for 2024 (so far)***

The Southeast Zone website (<http://southeastzone.org>) contains a list of all meets scheduled in our zone for 2024.

We would like to get as many meets onto the calendar (<http://southeastzone.org>) as soon as possible. The earlier a club can post its meet date, the better, even if they don't have the entry information prepared yet.

<b>Date</b>	<b>Event Title</b>	<b>Course</b>	<b>Sanction Type</b>
February 3, 2024	Gulf Coast Senior Games, Sarasota <b>59 participants</b> (46 USMS member, 13 nonmember)	SCY	Recognition
February 10-11, 2024	31 <sup>st</sup> Annual Valentine's Meet, Clearwater <b>179 participants</b> (178 USMS member, 1 foreigner)	SCY	Sanction
March 9, 2024	Good Life Senior Games, Clearwater <b>43 participants</b> (40 USMS member, 3 nonmember)	LCM	Recognition
March 13, 2024	Capital City Senior Games, Tallahassee <b>39 participants</b> (15 USMS member, 21 nonmember)	SCY	Recognition
March 16-17, 2024	Bob Beach Championship Meet, St. Pete <b>140 participants</b> (139 USMS member, 1 foreigner)	SCY	Sanction
April 6, 2024	Saturday Morning at the Races, Ocala <b>3 participants</b> (3 USMS member; dual-sanction with USA-S)	SCY	Sanction
April 21, 2024	4 <sup>th</sup> Annual Show Your SWAG Meet, Gainesville <b>80 participants</b> (80 USMS member)	SCY	Sanction
April 24-25, 2024	The Villages Senior Games, The Villages	SCY	Recognition
April 27, 2024	Bolles Masters Spring Into Summer, Jacksonville (66 entrants so far; entry still open)	SCY	Sanction
June 8-9, 2024	Bumpy Jones Classic, Sarasota	LCM	Sanction

July 6-7, 2024	St. Pete Masters LCM Championships	LCM	Not yet Sanctioned
September 7, 2024	Dog Days LCM Meet, Clearwater	LCM	Not yet Sanctioned
September 22, 2024	Gainesville Senior Games, Gainesville	SCY	Recognition
October 11-13, 2024	Rowdy Gaines Masters Classic 15, Orlando	SCM	Not yet Sanctioned
November 2-3, 2024	Shark Tank Meet, Sarasota	SCM	Not yet Sanctioned
December	Florida State Senior Games, Tampa	SCY	Not yet Recognized

**Meet Results and Paperwork from Meet Hosts**

In October 2021, the LMSC board approved my proposal for an “agreement document” that would be presented to a meet host when they apply for a sanction or recognition. One of the requirements in this document is that the meet host must provide the LMSC Top 10 Recorder with all of the meet paperwork (including lane timer sheets; timing console printouts or tapes; split request forms; DQ slips; national record applications; the meet referee’s order of finish notes; and any other paperwork generated at the meet). It is a USMS requirement that all of this meet paperwork be stored for two years after a meet is held.

As the Top 10 Recorder, I frequently need to refer to that paperwork after a meet when USMS has questions about the times for specific swims performed at a meet, and I was finding that the meet hosts weren’t properly retaining the paperwork or couldn’t easily access it. It is much easier for me to refer to it if I have it in my possession.

I’m pleased to report that the meet directors have complied with this requirement and **it has made my job much easier**. I am storing it and will discard it after two years for each meet. Here is what two years’ worth of meet paperwork for our LMSC looks like!



**Webmaster Report**  
**Meegan Wilson**  
**4/28/2024**

Since our January meeting, I have continued to update the Florida LMSC website. I have updated the Meet Directors page with information that I received from Anna Lea Matysek, Sanctions/Top Ten chair; the Meets and Results page with information from Nancy Nevid, Records/Officials chair; and the Awards page from information supplied by Cheryl Kupan, Chair/Awards chair. I also added Kelly Ezagury, Open Water & Postals chair, to the Contacts page who replaced Megan Howson.

The 2023 awards presented at the 2024 Awards Social in Clearwater at the Valentines meet in February are posted. Thanks to information from Cheryl and Jill Cunningham, I wrote a little story about the 2024 Awards ceremonies and posted it on the Awards page. See attached.



**2024 Florida LMSC Awards Social  
Recognizing our 2023 Award Recipients  
February 10, 2024**



*SWAG members attending, **L - R, Front Row:** Cynthia Lasher, Sharon Byun, Carol Ward, Jen Figueroa, Kara Dawson. **Back Row:** Wanda Eugene, Jeremy McIntyre, Karyn Austin, Jill Cunningham, Martha Campbell-Thompson, and Dave Goldsberry.*

The first annual Florida LMSC Awards Social was held in Clearwater following the Valentine's meet in 2002. Due to the COVID virus the award social wasn't held in 2020 or 2021, but the awards recipients for 2019, 2020 and 2021 were recognized in 2022 thanks to Florida LMSC Award's Chair, Cheryl Kupan. The tradition of holding the awards social continues at the Valentines meet thanks to the Clearwater Masters Swim team.

The Florida LMSC 2024 Awards Social was held at the Clearwater Valentines meet on February 10<sup>th</sup> following the days competitions at the Long Center. About 25 swimmers were present. Awards Chair, Cheryl Kupan hosted the event by serving Panera Bread sandwiches, salads and sweets, complimentary of the Florida LSMC.

## Florida LMSC Coach of the Year Award for 2023

Jill Cunningham presented the *Florida LMSC Coach of the Year Award* to **Karyn Austin**, coach of Swamp Water Aquatics Gainesville (SWAG).

Coach Karyn started the Swamp Water Aquatics Gainesville club in 2019 and grew it from 26 members to 86 in 2023. This has been a difficult time for swimmers and clubs due to the COVID epidemic.

Karyn coaches both pool swimmers and triathletes. She is a Level 3 USMS Certified Coach and a USMS Adult Learn to Swim Instructor. She has several Top Ten swimming achievements and is an All American swimmer.

In 2023 she hosted three swim meets in Gainesville which provides access for near-by swimmers to compete locally.

A specialized T-shirt is included with the entry fees. At each meet she crowns the King and Queen of the meet – the oldest male and female swimmer. She presents awards and has raffles during the meet, making it fun. Congratulations to Karyn Austin!



SWAG congratulated and celebrated Karyn Austin's 2023 Florida LMSC Coach of the Year Award after a practice.



## The Florida LMSC Sue Moucha Overcoming Adversity Award

Sue Moucha presented the *Florida LMSC Sue Moucha Overcoming Adversity Award* to **David Goldsberry**, Swamp Water Aquatics (SWAG) member. Congratulations to Dave Goldsberry!



## The Florida LMSC Club Service Award

Rachel Lilienthal presented the *Florida LMSC Club Service Award* to **Brodie Hynes**, Legends Masters Swim Club (LMSC) member, for all he has done for the Legends Masters Swim Club. Congratulations to Brodie Hynes!



## Florida LMSC Leather Lung Award



Five swimmers received the *Florida LMSC Leather Lung Award* for 2023. A swimmer must swim all events in at least one course SCY, LCM, SCM, or Postals in a given season. It can take several sanctioned swim meet competitions to complete all events. Congratulations to the following swimmers who received the 2023 award!

**Dawn Clark**, St Pete Masters – Postals

**Cheryl Kupan**, St Pete Masters – SCY, LCM, SCM

**Celeste Patton**, St Pete Masters – SCY

**Christopher Stickle**, St Pete Masters – SCY, LCM, SCM, Postals

**Sarah Swoch**, St Pete Masters – SCY, LCM, SCM,

Wow, Christopher Stickle achieved all four courses, and Cheryl Kupan and Sarah Swoch completed three.

**CONGRATULATIONS TO EVERYONE!**

**FL LMSC REIMBURSEMENT REQUEST**

ADMINISTRATIVE COSTS	Amount	Description/Reason/Notes
Gifts		
Gift cards		Officials stipend @\$25/day/official
Equipment costs		
Office supplies		
Postage		
Printing costs		
<b>Total Administrative costs:</b>	<b>0</b>	
CERTIFICATIONS/COURSE FEES		
USMS Coaching Level 1	150 fee	Reimburse 100% virtual
USMS Coaching Level 2	200 fee	Reimburse 100% classroom
USMS Coaching Level 3	175 fee	Reimburse 100% classroom
USMS Coaching Level 4	?? Not listed	\$50 application fee
USMS ALTS	250 fee	\$30 annual renewal fee
USMS Coaching Clinic course	60 fee	
USMS Officials (Pool) course		stroke+turn, starter, referee, recerts
USMS Officials (OW) course		safety director, referee
<b>Total Certification/Course costs:</b>	<b>0</b>	
DUES/FEES/SUBSCRIPTIONS		
FL LMSC Board USMS Fees		
Zoom Meeting subscription		
USMS Convention registration		
USMS Relay registration		
FL LMSC Website subscription		
<b>Total Certification/Course costs:</b>	<b>0</b>	
EVENTS		
Awards		
Facility Rental	200	2 # days 100 Price/day
Food & Beverage costs		
Guest speaker fee		
<b>Total Event costs:</b>	<b>200</b>	
TRAVEL		
Airfare		
Airport parking		
Airport transportation		
Car rental		
Car (mileage)	67	100 # miles 0.67 rate/mile
Hotel		
Meals	40	2 # days 20 \$20/day
<b>Total Travel costs:</b>	<b>107</b>	
<b>TOTAL REIMBURSEMENT REQUESTED:</b>	<b>307</b>	

EXPENSE TYPE	AMOUNT
Travel (Mileage)	
Travel (Airfare/Parking/Uber)	
Rental Car (include Gas)	
Hotel	
Meals/Entertainment	
USMS Registration for convention	
USMS membership reimbursement for FL-LMSC board members	
Software Subscriptions	
Office Supplies	
Minor Equipment	
Phone Costs	
Postage	
Printing/Photocopy Costs	
Dues/Subscriptions/Fees	
Outside Services	
Facilities Rent	
Recognition/Awards	
Hospitality	
<b>TOTAL REIMBURSEMENT:</b>	

FL LMSC CHAIR APPROVAL/DATE:  
(Print name below signature)

FL LMSC TREASURER APPROVAL/DATE:  
(Print name below signature)