

# FLORIDA LMSC POSTAL RECORDS

One Hour, 5K/10K, 3000/6000 Yards

W O M E N				M E N		W O M E N ' S R E L A Y S			M E N ' S R E L A Y S			M I X E D R E L A Y S		
ONE HOUR POSTAL, as of 1/31/05														
18-24	5,050	S Brownstein	SPM-89	4,990	R Woodruff	GSC-01	18+	14,190	Kaleel, M Lambke		14,250	O'Brien, Pruitt	18,830	Hall, Nardozzi
25-29	5,025	Lisa Summers	SPM-97	5,600	J Sakovich	CATM-97			S Brownstein	SPM-91	Rimel	SPM-05	O'Brien, Pruitt	SPM-05
30-34	4,865	Karen Sadler	BRAT-97	5,420	Wm Specht	SPM-93	25+	13,500	Holderman, Miller		15,730	Specht, Peters	19,080	Kyle, Swanson
35-39	5,165	C Petersen	SPM-04	5,435	Wm Specht	SPM-95			Bowen	HLJ-93	Woodruff	SPM-93	Specht, Peters	SPM-93
40-44	4,805	Wanda Brown	BRAT-98	5,105	Tim Kennedy	SPM-98	35+	14,190	Peterson, Flanagan		15,200	Kennedy, Atkins	19,730	Rimel, Petersen
45-49	4,675	Sharon Salzman	SPM-05	5,150	Tim Kennedy	SPM-02			Leadbetter	SPM-04	Specht	SPM-96	Leadbetter, Collins	SPM-04
50-54	4,300	Pam Geiger	SPM-03	5,090	Rick Walker	SWIM-01	45+	13,375	Harrelson, Salzman		14,085	Davis, Freeman	18,685	Kennedy, Davis
55-59	4,180	E Bromwich	SPM-98	4,450	T Mahaffy	HLJ-91			Stoddard	SPM-05	Kennedy	SPM-04	Harrelson, Geiger	SPM-02
60-64	4,170	E Bromwich	SPM-03	4,125	D DeGroot	SPM-90	55+	11,530	K-Perry, Bromwich		12,785	Mahaffy, T Koenig	16,015	Bromwich, Lambke
65-69	3,625	Patricia Bond	FMM-05	3,945	Don Puchalski	FACT-05			Lambke	SPM-99	Jones	HLJ-92	Betzer, Euler	SPM-99
70-74	3,375	J Campbell	CATM-04	4,485	Bunwell Jones	FACT-05	65+	9,815	Homans, Bond		11,565	Beach, Euler	14,035	B Atwood, K-Perry
75-79	3,155	Jean Troy	FMM-05	3,620	Robert Blake	FMM-04			Tullman	FMM-04	Kohnken	SPM-04	Beach, Euler	SPM-02
80-84	2,815	B Cederlund	SPCO-02	3,750	Robert Blake	FMM-05	75+	8,245	Hoskinson, Troy		9,400	Luke, Blake	11,945	Blake, H Homans
85-89	2,240	Kay Schimpf	FMM-03	2,622	D Malbrough	FMM-00			Olsen	FMM-05	P Hutinger	FMM-03	Hoskinson, Troy	FMM-05
90-94				2,020	Fred Walbolt	SPM-03	85+	5,590	Zint, Schimpf		6,235	McCullough, Holden	8,080	Schimpf, Tillotson
95-99									Cichanski	FMM-05	Malbrough	FMM-01	Zint, Cleveland	FMM-04
3000 YARDS, as of 10/31/04														
19-24	39:32.24	Valerie Valle	SPM-01	48:48.76	Nathan Jaye	DST-00	19+	2:44:19.95	Hamilton, Perry		2:28:43.43	Jaye, Jones	3:26:49.33	Hamilton, Perry
25-29	52:51.00	Allison Snow	FACT-04	50:46.44	Patrick White	SCMM-03			Magness	DST-99	Magness	DST-00	Minkoff, B Magness	DST-99
30-34	36:51.57	Karen Sadler	BRAT-97	37:19.12	Brian Rimel	SPM-01	25+	2:26:23.78	Snow, Reed		1:49:11.32	Rimel, Kennedy	3:30:56.86	Snow, Wonicker-Cook
35-39	40:10.99	Livia Zien	SPM-01	35:55.46	Brian Rimel	SPM-02			Wilson	FACT-04	Davis	SPM-01	Iczkowski, McEven	FACT-04
40-44	37:39.40	Wanda Brown	BRAT-98	37:32.55	Timothy Dodge	300-01	35+	2:00:59.55	Swanson, Zien		1:59:01.88	Dodge, McLean	2:30:32.65	Rimel, Davis
45-49	38:16.41	Sharon Salzman	SPM-04	34:41.77	Tim Kennedy	SPM-01			Salzman	SPM-02	Iczkowski	300-01	Salzman, Harrelson	SPM-02
50-54	46:10.63	Meegan Wilson	300-99	43:52.76	Jerry Rutigliano	CATM-03	45+	2:03:20.89	Harrelson, Geiger		1:53:50.71	Freeman, Davis	2:33:44.91	Salzman, Kennedy
55-59	47:00.62	Meegan Wilson	300-03	40:11.89	David Darst	BRAT-98			Stoddard	SPM-02	Kennedy	SPM-03	Davis, Harrelson	SPM-03
60-64	49:16.39	Patricia Bond	FMM-01	47:31.20	Konrad Euler	SPM-97	55+	2:42:38.02	Bromwich, Steer		2:24:42.50	Aldrich, Beach	3:20:49.14	Steer, Bromwich
65-69	50:20.73	Patricia Bond	FMM-04	47:07.00	Konrad Euler	SPM-00			Knight-Perry	SPM-02	Cox	SPM-04	Koenig, Beach	SPM-02
70-74	55:20.40	Joan Campbell	FACT-04	43:18.50	Robert Beach	SPM-02	65+	2:54:33.71	Knight-Perry, Mitchell		2:28:27.36	Cox, Koenig	3:32:26.62	Mitchell, Knight-Perry
75-79	1:06:07.17	Regan Kenner	FMM-99	48:39.21	Robert Blake	FMM-04			Atwood	SPM-01	Beach	SPM-02	Beach, Euler	SPM-01
80-84	1:15:21.90	Gertrud Zint	IRCC-99	1:16:25.98	Brud Cleveland	FMM-00	75+	3:53:38.61	Olsen, Kenner		3:24:04.53	Hutinger, Cleveland		
85-89	1:20:34.34	Gertrud Zint	FMM-02	1:09:45.33	Dave Malbrough	FMM-99			Zint	FMM-02	Malbrough	FMM-00		
90-94							85+							
95-99														
6000 YARDS, as of 10/31/04														
19-24				1:43:06.52	Patrick White	SCMM-03	19+							
25-29				1:14:57.32	Robert Villacres	SPM-02	25+				3:44:00.78	Rimel, Villacres		
30-34	1:22:44.99	K Pollunan	FAST-92	1:13:53.99	Brian Rimel	SPM-02					Davis	SPM-02		
35-39	1:23:01.00	Livia Zien	SPM-01				35+	4:10:53.25	Zien, Salzman				5:59:57.52	Geiger, Harrelson
40-44	1:22:50.96	Jo Harrelson	SPM-00						Harrelson	SPM-03			Beach, Euler	SPM-00
45-49	1:19:08.26	Sharon Salzman	SPM-03	1:10:49.99	Tim Kennedy	SPM-01	45+				3:56:47.20	Kennedy, Davis	5:13:59.19	Kennedy, Davis
50-54	1:30:06.06	Pam Geiger	SPM-04	1:27:03.26	Pat Marzulli	SPM-03					Marzulli	SPM-03	Harrelson, Salzman	SPM-03
55-59	1:40:10.24	Elaine Bromwich	SPM-02	1:30:51.92	Robert Aldrich	SPM-04	55+	5:48:08.49	Bromwich, Steer		5:17:01.36	Beach, Arnold	7:50:19.62	Steer, Knight-Perry
60-64	1:53:58.00	Kate K-Perry	SPM-97	1:36:48.00	Konrad Euler	SPM-97			Knight-Perry	SPM-02	Koenig	SPM-02	Koenig, Arnold	SPM-02
65-69	1:57:48.63	Kate K-Perry	SPM-02	1:34:10.27	Robert Beach	SPM-99	65+				5:41:15.52	Beach, Allen		
70-74	2:14:38.10	Nancy Durstein	CATM-03	1:28:59.99	Robert Beach	SPM-01					Euler	SPM-00		
75-79				3:07:52.40	Keith Burbridge	BLUE-04								
80-84	2:54:22.40	Peggy Hughes	FMM-01				75+							
85-89							85+							
90-94														
95-99														

Please let me know if there are any mistakes or if I have overlooked anyone.  
 This will insure the integrity and accuracy of the FL LMSC postal records.  
 Send to: Margie Hutinger, 1755 Georgia Ave NE, St Petersburg, FL 33703.  
 If you have questions, call Margie: 727-521-1172 or e-mail: phut@usms.org

# FLORIDA LMSC POSTAL RECORDS

## One Hour, 5K/10K, 3000/6000 Yards

W O M E N				M E N			W O M E N ' S R E L A Y S			M E N ' S R E L A Y S			M I X E D R E L A Y S			
<b>5K, as of 9/30/04</b>																
19-24	1:14.25.00	Farrah Hall	SPM-04	1:06.29.35	R Woodruff	GSC-01	19+									
25-29	1:10.47.33	S Predmore	SPM-95	1:16.58.99	R Villacres	SPM-98										
30-34	1:20.58.99	Tish Oleksy	SPM-95	1:10.24.09	Jason Breese	SPM-01	25+	5:04.34.45	Campbell, E Smith		3:32:09.63	Kennedy, Villacres		5:01:26.00	Kennedy, Breese	
35-39	1:09:54.37	C Shonkwiler	UNA-98	1:10.17.01	Brian Filmel	SPM-02			Snow	FACT-04		Meison	SPM-01		Zien, Kaleel	SPM-01
40-44	1:13.01.69	Wanda Brown	BRAT-98	1:07.43.06	T Kennedy	SPM-00	35+	4:04:31.00	Zien, Kaleel		3:28:08.44	Kennedy, Filmel	SPM-02	5:00:29.44	Zien, Swanson	
45-49	1:15.48.00	Sharon Salzman	SPM-04	1:08.59.09	T Kennedy	SPM-02			Swanson	SPM-01		Collins			Rimel, Collins	SPM-02
50-54	1:23.30.99	Jayne Lambke	SPM-92	1:24.04.31	Jerry Rutigliano	CATM-02	45+	3:59:49.50	Geiger, Harrelson		3:58:49.03	Kennedy, Davis		4:57:14.00	Kennedy, Davis	
55-59	1:26:34.99	Jayne Lambke	SPM-95	1:32:53.50	Dick Brewer	FACT-04			Salzman	SPM-04		Day	SPM-01		Harrelson, Geiger	SPM-02
60-64	1:37.37.99	Kate K-Perry	SPM-98	1:30.57.03	Konrad Euler	SPM-00	55+				4:35:50.28	Euler, Kohnken		8:08:24.20	Beach, Barb Atwood	
65-69	1:37.27.09	Patricia Bond	FMM-04	1:27.20.90	Robert Beach	SPM-00						Beach	SPM-00		Euler, Boaz	SPM-99
70-74	1:51.01.00	Joan Campbell	FACT-04	1:23.05.83	Robert Beach	SPM-02	65+	6:33:34.97	Knight-Perry, Hughes		4:42:36.70	Beach, Cox		6:55:23.23	Kohnken, Knight-Perry	
75-79				1:55.08.71	J Johnston	SPM-91			Barb Atwood	SPM-00		Euler	SPM-03		Beach, Barb Atwood	SPM-00
80-84	2:43.04.99	Peggy Hughes	SPM-00				75+									
85-89																
90-94							85+									
95-99																
<b>10K, as of 9/30/04</b>																
19-24	2:25.23.15	S Brownstein	SPM-88	2:22.47.89	R Woodruff	GSC-01	19+									
25-29	2:34:12.05	Laura Kaleel	SPM-89	2:26:12.89	James Acker	SPM-87										
30-34	2:45:18.00	Pam Geiger	SPM-87	2:32:17.98	Kem Davis	SPM-89	25+									
35-39	2:43:46.00	Pam Geiger	SPM-89	2:30:30.00	Brian Filmel	SPM-03										
40-44	2:50:29.29	Pam Geiger	SPM-93	2:20:57.00	T Kennedy	SPM-97	35+	11:33.31.59	Thompson, Zappa,		7:23:17.63	Filmel, Davis				
45-49	2:41:48.00	Sharon Salzman	SPM-03	2:23:20.00	T Kennedy	SPM-03			Dirksmeyer-Nichols	FMM-03		Kennedy	SPM-03			
50-54	2:49:31.99	Jayne Lambke	SPM-90	2:31:06.00	Burwell Jones	SMS-85	45+							10:17:22.63	Davis, Kennedy	
55-59				2:45:46.26	Robert Beach	SPM-86									Harrelson, Salzman	SPM-03
60-64				2:58:24.99	Robert Beach	SPM-90	55+									
65-69				3:00:19.72	Konrad Euler	SPM-00										
70-74				2:53:54.09	Robert Beach	SPM-02	65+									
75-79							75+									
80-84																
85-89							85+									
90-94																
95-99																

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