

FLORIDA LMSC POSTAL RECORDS

One Hour, 5K/10K, 3000/6000 Yards

W O M E N				M E N				W O M E N ' S R E L A Y S				M E N ' S R E L A Y S				M I X E D R E L A Y S			
ONE HOUR POSTAL, as of 1/31/05																			
18-24	5,050	S Brownstein	SPM-89	4,990	R Woodruff	GSC-01	18+	14,190	Kaleel, M Lambke			14,250	O'Brien, Pruitt			18,830	Hall, Nardoizzi		
25-29	5,025	Lisa Summers	SPM-97	5,600	J Sakovich	CATM-97			S Brownstein	SPM-91			Rimel	SPM-05			O'Brien, Pruitt	SPM-05	
30-34	4,865	Karen Sadler	BRAT-97	5,420	Wm Specht	SPM-93	25+	13,500	Holderman, Miller			15,730	Specht, Peters			19,080	Kyle, Swanson		
35-39	5,165	C Petersen	SPM-04	5,435	Wm Specht	SPM-95			Bowen	HLJ-93			Woodruff	SPM-93			Specht, Peters	SPM-93	
40-44	4,805	Wanda Brown	BRAT-98	5,105	Tim Kennedy	SPM-98	35+	14,190	Peterson, Flanagan			15,200	Kennedy, Atkins			19,730	Rimel, Petersen		
45-49	4,675	Sharon Salzman	SPM-05	5,150	Tim Kennedy	SPM-02			Leadbetter	SPM-04			Specht	SPM-96			Leadbetter, Collins	SPM-04	
50-54	4,300	Pam Geiger	SPM-03	5,090	Rick Walker	SWIM-01	45+	13,375	Harrelson, Salzman			14,085	Davis, Freeman			18,685	Kennedy, Davis		
55-59	4,180	E Bromwich	SPM-98	4,450	T Mahaffy	HLJ-91			Stoddard	SPM-05			Kennedy	SPM-04			Harrelson, Geiger	SPM-02	
60-64	4,170	E Bromwich	SPM-03	4,125	D DeGroot	SPM-90	55+	11,530	K-Perry, Bromwich			12,785	Mahaffy, T Koenig			16,015	Bromwich, Lambke		
65-69	3,625	Patricia Bond	FMM-05	3,945	Don Puchalski	FACT-05			Lambke	SPM-99			Jones	HLJ-92			Betzer, Euler	SPM-99	
70-74	3,375	J Campbell	CATM-04	4,485	Burwell Jones	FACT-05	65+	9,815	Homans, Bond			11,565	Beach, Euler			14,035	B Atwood, K-Perry		
75-79	3,155	Jean Troy	FMM-05	3,620	Robert Blake	FMM-04			Tullman	FMM-04			Kohnken	SPM-04			Beach, Euler	SPM-02	
80-84	2,815	B Cederlund	SPCO-02	3,750	Robert Blake	FMM-05	75+	8,245	Hoskinson, Troy			9,400	Luke, Blake			11,945	Blake, H Homans		
85-89	2,240	Kay Schimpf	FMM-03	2,622	D Malbrough	FMM-00			Olsen	FMM-05			P Hutinger	FMM-03			Hoskinson, Troy	FMM-05	
90-94				2,020	Fred Walbolt	SPM-03	85+	5,590	Zint, Schimpf			6,235	McCullough, Holden			8,080	Schimpf, Tillotson		
95-99									Cichanski	FMM-05			Malbrough	FMM-01			Zint, Cleaveland	FMM-04	
3000 YARDS, as of 11/15/05																			
18-24	39:32.24	Valerie Valle	SPM-01	48:48.76	Nathan Jaye	DST-00	18+	2:42:46.86	Coleman, Thompson			2:28:43.43	Jaye, Jones			3:26:49.33	Hamilton, Perry		
25-29	52:51.00	Allison Snow	FACT-04	50:46.44	Patrick White	SCMM-03			Bond	FMM-05			Magness	DST-00			Minkoff, B Magness	DST-99	
30-34	36:51.57	Karen Sadler	BRAT-97	37:19.12	Brian Rimel	SPM-01	25+	2:26:23.78	Snow, Reed			1:49:11.32	Rimel, Kennedy			3:30:56.86	Snow, Wonicker-Cook		
35-39	40:10.99	Livia Zien	SPM-01	35:55.46	Brian Rimel	SPM-02			Wilson	FACT-04			Davis	SPM-01			Iczkowski, McEven	FACT-04	
40-44	37:39.40	Wanda Brown	BRAT-98	37:32.55	Timothy Dodge	300-01	35+	2:00:59.55	Swanson, Zien			1:59:01.88	Dodge, McLean			2:30:32.65	Rimel, Davis		
45-49	38:16.41	Sharon Salzman	SPM-04	34:41.77	Tim Kennedy	SPM-01			Salzman	SPM-02			Iczkowski	300-01			Salzman, Harrelson	SPM-02	
50-54	46:10.63	Meegan Wilson	300-99	35:14.09	Kern Davis	SPM-05	45+	2:03:20.89	Harrelson, Geiger			1:53:50.71	Freeman, Davis			2:33:44.91	Salzman, Kennedy		
55-59	46:09.28	Meegan Wilson	FACT-05	37:46.82	Glenn Woodsum	FACT-05			Stoddard	SPM-02			Kennedy	SPM-03			Davis, Harrelson	SPM-03	
60-64	49:16.39	Patricia Bond	FMM-01	41:54.63	David Darst	UNA-05	55+	2:42:38.02	Bromwich, Steer			2:24:42.50	Aldrich, Beach			3:20:49.14	Steer, Bromwich		
65-69	50:20.73	Patricia Bond	FMM-04	47:07.00	Konrad Euler	SPM-00			Knight-Perry	SPM-02			Cox	SPM-04			Koenig, Beach	SPM-02	
70-74	55:20.40	Joan Campbell	FACT-04	43:18.50	Robert Beach	SPM-02	65+	2:54:33.71	Knight-Perry, Mitchell			2:28:27.36	Cox, Koenig			3:32:26.62	Mitchell, Knight-Perry		
75-79	58:56.77	Joan Campbell	FACT-05	45:41.99	Robert Beach	SPM-05			Atwood	SPM-01			Beach	SPM-02			Beach, Euler	SPM-01	
80-84	1:15:21.90	Gertrud Zint	IRCC-99	48:20.33	Robert Blake	FMM-05	75+	3:53:38.61	Olsen, Kenner			3:24:04.53	Hutinger, Cleaveland						
85-89	1:20:34.34	Gertrud Zint	FMM-02	1:09:45.33	Dave Malbrough	FMM-99			Zint	FMM-02			Malbrough	FMM-00					
90-94							85+												
95-99																			
6000 YARDS, as of 11/15/05																			
18-24	1:59:15.80	V Coleman	FMM-05				18+	5:52:10.05	Coleman, Thompson							7:49:52.14	Coleman, Thompson		
25-29				1:43:06.52	Patrick White	SCMM-03			Prokopi	FMM-05							Collum, Criche	FMM-05	
30-34	1:22:44.99	K Pollunan	FAST-92	1:12:58.75	Chris Connor	FACT-05	25+					3:44:00.78	Rimel, Villacres						
35-39	1:23:01.00	Livia Zien	SPM-01	1:13:53.99	Brian Rimel	SPM-02							Davis	SPM-02					
40-44	1:22:50.96	Jo Harrelson	SPM-00				35+	4:10:53.25	Zien, Salzman							5:42:12.96	Geiger, Kaleel		
45-49	1:19:08.26	Sharon Salzman	SPM-03	1:10:49.99	Tim Kennedy	SPM-01			Harrelson	SPM-03							Beach, Davis	SPM-05	
50-54	1:29:55.99	Pam Geiger	SPM-05	1:11:54.99	Kern Davis	SPM-05	45+					3:56:47.20	Kennedy, Davis			5:13:59.19	Kennedy, Davis		
55-59	1:40:10.24	Elaine Bromwich	SPM-02	1:30:51.92	Robert Aldrich	SPM-04							Marzulli	SPM-03			Harrelson, Salzman	SPM-03	
60-64	1:53:58.00	Kate K-Perry	SPM-97	1:36:48.00	Konrad Euler	SPM-97	55+	5:48:08.49	Bromwich, Steer			5:17:01.36	Beach, Arnold			7:50:19.62	Steer, Knight-Perry		
65-69	1:57:48.63	Kate K-Perry	SPM-02	1:34:10.27	Robert Beach	SPM-99			Knight-Perry	SPM-02			Koenig	SPM-02			Koenig, Arnold	SPM-02	
70-74	2:09:58.99	Kate K-Perry	SPM-05	1:28:59.99	Robert Beach	SPM-01	65+					5:41:15.52	Beach, Allen			10:11:21.96	Steer, Knight-Perry		
75-79				1:35:11.99	Robert Beach	SPM-05							Euler	SPM-00			McDaniel, Allen	SPM-05	
80-84	2:54:22.40	Peggy Hughes	FMM-01				75+												
85-89																			
90-94							85+												
95-99																			

Please let me know if there are any mistakes or if I have overlooked anyone.
 This will insure the integrity and accuracy of the FL LMSC postal records.
 Send to: Margie Hutinger, 1755 Georgia Ave NE, St Petersburg, FL 33703.
 If you have questions, call Margie: 727-521-1172 or e-mail: phut@usms.org

FLORIDA LMSC POSTAL RECORDS

One Hour, 5K/10K, 3000/6000 Yards

W O M E N				M E N			WOMEN'S RELAYS			MEN'S RELAYS			MIXED RELAYS			
5K, as of 9/15/05																
18-24	1:14.25.00	Farrah Hall	SPM-04	1:06.29.35	R Woodruff	GSC-01	18+						5:03:22.26	T Bradley, Zien		
25-29	1:10.47.33	S Predmore	SPM-95	1:16.58.99	R Villacres	SPM-98								Rimel, Kaleel	SPM-05	
30-34	1:20:58.99	Tish Oleksy	SPM-95	1:10:24.09	Jason Breesse	SPM-01	25+	5:04.34.45	Campbell, E Smith Snow	FACT-04	3:32:09.63	Kennedy, Villacres Melson	SPM-01	5:01:26.00	Kennedy, Breesse Zien, Kaleel	SPM-01
35-39	1:09:54.37	C Shonkwiler	UNA-96	1:10:17.01	Brian Rimel	SPM-02								Zien, Swanson		
40-44	1:13.01.69	Wanda Brown	BRAT-98	1:07:43.06	T Kennedy	SPM-00	35+	4:04:31.00	Zien, Kaleel Swanson	SPM-01	3:28:08.44	Kennedy, Rimel Collins	SPM-02	5:00:29.44	Zien, Swanson Rimel, Collins	SPM-02
45-49	1:15:48.00	Sharon Salzman	SPM-04	1:06:59.09	T Kennedy	SPM-02								Rimel, Collins	SPM-02	
50-54	1:23:30.99	Jayne Lambke	SPM-92	1:13:19.10	Kern Davis	SPM-05	45+	3:59:49.50	Geiger, Harrelson Salzman	SPM-04	3:58:49.03	Kennedy, Davis Day	SPM-01	4:57:14.00	Kennedy, Davis Harrelson, Geiger	SPM-02
55-59	1:26:34.99	Jayne Lambke	SPM-95	1:22:48.00	Robert Aldrich	SPM-05								Harrelson, Geiger	SPM-02	
60-64	1:37:37.99	Kate K-Perry	SPM-98	1:30:57.03	Konrad Euler	SPM-00	55+				4:19:08.00	Euler, Aldrich Marzulli	SPM-05	8:08:24.20	Beach, Barb Atwood Euler, Boaz	SPM-99
65-69	1:36:42.89	Patricia Bond	FMM-05	1:27:20.90	Robert Beach	SPM-00								Euler, Boaz	SPM-99	
70-74	1:51.01.00	Joan Campbell	FACT-04	1:23:05.83	Robert Beach	SPM-02	65+	6:33:34.97	Knight-Perry, Hughes Barb Atwood	SPM-00	4:42:36.70	Beach, Cox Euler	SPM-03	6:55:23.23	Kohnken, Knight-Perry Beach, Barb Atwood	SPM-00
75-79				1:31:33.00	Robert Beach	SPM-05										
80-84	2:43:04.99	Peggy Hughes	SPM-00				75+									
85-89																
90-94							85+									
95-99																
10K, as of 9/15/05																
18-24	2:25:23.15	S Brownstein	SPM-88	2:22:47.89	R Woodruff	GSC-01	18+									
25-29	2:34:12.05	Laura Kaleel	SPM-89	2:26:12.89	James Acker	SPM-87										
30-34	2:45:18.00	Pam Geiger	SPM-87	2:32:17.98	Kern Davis	SPM-89	25+									
35-39	2:43:46.00	Pam Geiger	SPM-89	2:30:30.00	Brian Rimel	SPM-03										
40-44	2:50:29.29	Pam Geiger	SPM-93	2:20:57.00	T Kennedy	SPM-97	35+	11:33.31.59	Thompson, Zappa, Dirksmeyer-Nichols	FMM-03	7:23:17.63	Rimel, Davis Kennedy	SPM-03			
45-49	2:41:48.00	Sharon Salzman	SPM-03	2:23:20.00	T Kennedy	SPM-03										
50-54	2:49:31.99	Jayne Lambke	SPM-90	2:23:58.38	Kern Davis	SPM-05	45+				8:01:48.38	Euler, Davis Kennedy	SPM-05	10:17:22.63	Davis, Kennedy Harrelson, Salzman	SPM-03
55-59	3:36:18.81	Ruth Thompson	FMM-05	2:45:46.26	Robert Beach	SPM-86										
60-64				2:58:24.99	Robert Beach	SPM-90	55+									
65-69	4:16:40.52	Doris Prokopi	FMM-05	3:00:19.72	Konrad Euler	SPM-00										
70-74				2:53:54.09	Robert Beach	SPM-02	65+									
75-79																
80-84							75+									
85-89																
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