

**Florida LMSC Masters Swimming Records**  
(last updated April 2024) (Includes 2023 LCM & SCM as of Dec 2023)

18-24 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	23.97	Sudi Miller	HLJ	1991	26.48	Shanda Casella	ORLM	2010	27.42	Heather Skaggs	SPM	2002
100 Free	52.08	Sudi Miller	HLJ	1991	56.60	Ariel Weech	BLU	2014	1:00.16	Heather Skaggs	SPM	2002
200 Free	1:54.52	Christine Kerr	UNAT	2016	2:12.34	Claudia Y Ortiz	GSC	2016	2:10.15	Jessie Bardin	SPM	2008
400/500 Free	4:58.99	Kendal A Casey	UC14	2020	4:37.34	Sara Holman	GSC	2010	4:40.50	Heather Roka	UNAT	2009
800/1000 Free	10:52.01	Sara Holman	GSC	2011	9:41.47	Sara Holman	GSC	2010	9:46.06	Sara Holman	GSC	2010
1500/1650 Free	17:58.57	Sara Holman	GSC	2011	18:30.13	Sara Holman	GSC	2010	18:58.21	Mary Holman	GSC	2010
50 Back	27.51	Danielle Galyer	GSC	2018	29.79	Theresa Michalak	UC14	2014	32.10	Heather Skaggs	SPM	2002
100 Back	1:00.17	Kristen Nardoizzi	SPM	2007	1:08.88	Shanda Casella	ORLM	2010	1:06.09	Dawn Braciak	SPM	1987
200 Back	2:05.55	Danielle Galyer	GSC	2018	2:34.66	Selina Herdman	ORLM	2009	2:29.75	Kirsten Hobson	SHARK	2023
50 Breast	32.23	Lillian Falconer	SYSM	2012	36.17	Shanda Casella	ORLM	2010	36.13	Riley Grahl	SHARK	2023
100 Breast	1:09.32	Erika Frykberg	HLJ	2000	1:10.30	Theresa Michalak	UC14	2014	1:21.26	Christina Schmidgall	GSC	2012
200 Breast	2:33.33	Stefanie Capizzi	YCFM	2011	2:52.66	Stefani Capizzi	ORLM	2010	2:55.75	Macarena Martin Mayor	SPM	2022
50 Fly	25.20	Kathryn Brewer	TBAY	2017	28.80	Shanda Casella	ORLM	2010	29.53	Heather Skaggs	SPM	2003
100 Fly	56.03	Kathryn Brewer	TBAY	2017	1:04.39	Theresa Michalak	UC14	2014	1:05.28	Heather Skaggs	SPM	2002
200 Fly	2:20.79	Lee Nessel	SPCO	1998	2:42.81	Heather Roka	GCST	2010	2:30.35	Heather Roka	UNAT	2009
100 IM	59.21	Sudi Miller	HLJ	1991	1:01.75	Theresa Michalak	UC14	2014				
200 IM	2:08.74	Sudi Miller	HLJ	1991	2:17.15	Theresa Michalak	UC14	2014	2:31.84	Kristen Nardoizzi	SPM	2006
400 IM	4:45.59	Amanda Pagon	SPCO	1999	4:42.11	Theresa Michalak	UC14	2014	5:26.44	Abigail Goff	GSC	1999

18-24 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	21.28	Jeff Reardon	GSC	2013	23.65	Connor Smoak	MELB	2021	24.31	Pablo Rodriguez	SWIM	2000
100 Free	46.75	Frank Kuchta	TMST	2010	52.97	Connor Smoak	MELB	2021	54.07	David Armstrong	MELB	2023
200 Free	1:42.17	Frank Kuchta	TMST	2010	1:56.27	Jeff Poppell	HLJ	1993	2:01.49	Chris Stevenson	FAST	1989
400/500 Free	4:34.39	Chris O'linger	TMST	2012	4:08.28	Jeff Poppell	HLJ	1993	4:20.67	Fred Constantini	HLJ	1993
800/1000 Free	9:42.87	Chris O'linger	TMST	2012	8:39.19	Jeff Poppell	HLJ	1993	9:12.40	Dirk Hamel	SYSM	2015
1500/1650 Free	17:10.44	A Constantini	HLJ	1993	16:15.25	Jeff Poppell	HLJ	1993	17:39.16	David Armstrong	MELB	2023
50 Back	23.30	Cameron Martin	SYSM	2015	26.48	Joseph Plechy	SHAR	2019	28.06	Chris Stevenson	FAST	1987
100 Back	51.10	Jeff Reardon	GSC	2013	1:00.29	Nei-Kuan Chia	UNAT	2001	1:01.71	Chris Stevenson	FAST	1988
200 Back	1:55.46	Jeff Reardon	GSC	2013	2:08.69	Ted Bradley	SPM	2007	2:15.36	Chris Stevenson	FAST	1987
50 Breast	26.91	Rob Butcher	DBMS	1997	32.99	Jack Thomas	SWIM	1996	31.54	Anthony Hensel	SDAMS	2023
100 Breast	58.70	Casey Brutus	SYSM	2014	1:07.89	Casey Brutus	SYSM	2013	1:09.26	Anthony Hensel	SDAMS	2023
200 Breast	2:08.32	Robert Butcher	DBMS	1997	2:33.14	Casey Brutus	SYSM	2013	2:30.02	Anthony Hensel	SDAMS	2023
50 Fly	22.29	Cameron Martin	SYSM	2015	24.98	Maximiliano Abreu	BOLM	2014	25.44	Nei-Kuan Chia	UNAT	2000
100 Fly	50.46	Mark Cox	SYSM	2013	54.56	Maximiliano Abreu	BOLM	2014	55.57	Pablo Rodriguez	SYSM	2000
200 Fly	1:52.46	Chris O'linger	TMST	2012	2:07.64	Jeff Poppell	HLJ	1993	2:13.67	Chris Stevenson	FAST	1987
100 IM	52.41	Jeff Reardon	GSC	2013	1:02.77	Chris McKee	ORLM	2003				
200 IM	1:56.66	Ted Bradley	SPM	2007	2:11.25	Jeff Poppell	HLJ	1993	2:15.41	Ted Bradley	SPM	2006
400 IM	4:08.57	Chris O'linger	TMST	2012	4:44.27	Jeff Poppell	HLJ	1993	5:13.93	Fred Constantini	HLJ	1994

25-29 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	24.27	Mary Holmes	HLJ	1989	27.88	Lisa Summers	SPM	1996	27.47	Rosemarie Seaman	CFM	1987
100 Free	52.30	Rosemarie Seaman	CFM	1987	1:00.62	Lisa Summers	SPM	1996	58.97	Rosemarie Seaman	CFM	1987
200 Free	1:49.58	Chelsea Colwill	SPM	2017	2:02.42	Chelsea Colwill	SPM	2016	2:09.50	Mary Holmes	HLJ	1988
400/500 Free	4:59.52	Mary Holmes	HLJ	1988	4:40.13	Mary Holman	GSC	2011	4:31.02	Mary Holmes	HLJ	1988
800/1000 Free	10:32.45	Mary Holmes	HLJ	1988	9:27.62	Sara Holman	GSC	2010	9:18.74	Mary Holmes	HLJ	1988
1500/1650 Free	18:05.56	Sara Holman	GSC	2012	18:18.55	Sara Holman	GSC	2012	18:13.30	Mary Roebuck	HLJ	1990
50 Back	28.30	Michelle Falls	TJC	1983	31.98	Jennifer Willis	ORLM	1995	31.88	Tanya Lane	SPM	1998
100 Back	58.95	Tanya Lane	SPM	1998	1:09.61	Danielle Chance	DBMS	2010	1:08.44	Michelle Falls	TJC	1983
200 Back	1:58.61	Justine Mueller	T2NM	2013	2:27.19	Kelli Sweeting	SYSM	2007	2:28.54	Tanya Lane	SPM	1998
50 Breast	30.61	Rosemarie Seaman	CFM	1987	35.42	Agnese Butler	SYSM	2007	34.36	Rosemarie Seaman	CFM	1987
100 Breast	1:01.09	Justine Mueller	T2NM	2013	1:16.80	Agnese Butler	SYSM	2007	1:09.10	Justine Mueller	T2NM	2013
200 Breast	2:09.88	Justine Mueller	T2NM	2013	2:49.95	Bev Acker	ORLM	1995	2:29.90	Justine Mueller	T2NM	2013
50 Fly	26.47	Rosemarie Seaman	HLJ	1986	30.09	Sudi Miller	HLJ	1993	28.79	Rosemarie Seaman	CFM	1987
100 Fly	53.75	Justine Mueller	T2NM	2013	1:06.25	Eleanor Sills	UC14	2023	59.99	Justine Mueller	T2NM	2013
200 Fly	2:06.50	Laureen Welting	FAM	1991	2:29.66	Laureen Welting	FAST	1995	2:35.01	Linda Neary	HLJ	1992
100 IM	59.75	Erika Emdl	CCYA	2006	1:05.99	Chelsea Colwill	SPM	2016				
200 IM	1:57.56	Justine Mueller	T2NM	2013	2:29.81	Laureen Welting	FAST	1995	2:14.03	Justine Mueller	T2NM	2013
400 IM	4:19.02	Justine Mueller	T2NM	2013	5:12.72	Laureen Welting	FAST	1995	5:17.40	Lisa Summers	SPM	1997

25-29 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	19.37	Eric McGinnis	BLU	2015	22.38	Eric McGinnis	BLU	2014	23.69	Robin Ramirez	FAS2	1985
100 Free	46.69	Doug Soltis	TBR	1988	52.47	Atiba Wade	ORLM	2002	54.13	Sam Seiple	HLJ	1988
200 Free	1:39.09	Robert Margalis	SPM	2007	1:57.15	Paul Robinson	ORLM	1993	2:01.14	Chris Stevenson	FAM	1991
400/500 Free	4:32.71	Keith Switzer	HLJ	1988	4:10.40	Paul Robinson	ORLM	1993	4:23.17	Rob Nichols	CLYM	1985
800/1000 Free	8:42.64	Robert Margalis	SPM	2007	8:41.80	Paul Robinson	ORLM	1993	9:25.51	Rob Nichols	CLYM	1985
1500/1650 Free	14:43.23	Robert Margalis	SPM	2007	17:08.15	Andrew Farrell	ORLM	1999	17:08.92	Rob Nichols	CLYM	1985
50 Back	23.56	Coy Cobb	FHA	1991	28.19	Brett Jones	BLU	2013	28.05	Clay Britt	HLJ	1988
100 Back	51.00	Coy Cobb	FHA	1991	59.36	Nei-Kuan Chia	UNAT	2003	1:00.36	Clay Britt	HLJ	1988
200 Back	1:51.95	Chris Stevenson	HLJ	1992	2:08.56	Ted Bradley	SPM	2008	2:17.77	S Barnicoat	ORLM	1989
50 Breast	25.67	Kyle Deery	SYSM	2010	28.74	Kyle Deery	SYSM	2009	29.37	Rob Butcher	DBMS	1997
100 Breast	55.66	Adam Jerger	SPM	2006	1:04.12	Kyle Deery	SYSM	2009	1:05.70	Kyle Deery	SYSM	2011
200 Breast	2:01.75	Kyle Deery	SYSM	2010	2:22.02	Kyle Deery	SYSM	2009	2:23.56	Kyle Deery	SYSM	2011
50 Fly	22.27	Coy Cobb	FHA	1991	24.29	Elvis Burrows	BLU	2014	24.99	Nei-Kuan Chia	UNAT	2002
									24.99	Eric T McGinnis	UNAT	2013
100 Fly	49.92	David Zubero	FAS2	1986	56.91	Nei-Kuan Chia	UNAT	2003	58.71	Chris Stevenson	FAST	1990
200 Fly	1:47.03	Robert Margalis	SPM	2007	2:25.42	David Stiles	SPM	2016	2:14.41	Thomas Smith	HLJ	1991
100 IM	51.47	Kyle Deery	SYSM	2010	57.95	Jordan Litz	YCFM	2017				
200 IM	1:48.47	Robert Margalis	SPM	2007	2:08.34	Jordan Litz	YCFM	2017	2:14.50	Kyle Deery	SYSM	2010
400 IM	3:45.89	Robert Margalis	SPM	2007	4:52.77	Paul Robinson	ORLM	1993	5:01.03	Jack Thomas	SWIM	1997

30-34 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	22.48	Erika Erndl	T2NM	2013	25.69	Erika Erndl	T2NM	2012	25.57	Erika Erndl	SWIM	2009
100 Free	48.03	Erika Erndl	T2NM	2013	54.75	Erika Erndl	T2NM	2012	54.59	Erika Erndl	SWIM	2009
200 Free	1:43.46	Erika Erndl	T2NM	2013	2:04.65	Chelsea B Nauta	SPM	2021	1:58.92	Erika Erndl	SWIM	2009
400/500 Free	5:03.09	Chelsea Nauta	SPM	2022	4:20.26	Brooke Bennett	BLU	2012	4:34.04	Mary Roebuck	HLJ	1994
800/1000 Free	10:40.67	Mary Roebuck	HLJ	1992	8:53.61	Brooke Bennett	BLU	2012	9:23.06	Brooke Bennett	BLU	2012
1500/1650 Free	18:03.70	Jessica Knapp	SPM	2010	17:25.33	Brooke Bennett	BLU	2011	17:53.12	Brooke Bennett	BLU	2012
50 Back	28.41	Beth Mauer	HLJ	1988	31.84	Danielle Chance	BLU	2012	32.11	Beth Mauer	HLJ	1988
100 Back	1:00.03	Beth Mauer	HLJ	1988	1:08.48	Danielle Chance	BLU	2012	1:09.08	Beth Mauer	HLJ	1988
200 Back	2:09.70	Beth Mauer	HLJ	1988	2:28.69	Danielle Chance	BLU	2012	2:29.27	Beth Mauer	HLJ	1988
50 Breast	29.84	Rosemarie Seaman	ORLM	1989	34.61	Danielle Chance	BLU	2012	34.95	Andrea Cassidy	UC14	2016
100 Breast	1:05.05	Rosemarie Seaman	ORLM	1988	1:14.28	Alegra Reich	SPM	2007	1:17.26	Andrea Cassidy	UC14	2016
200 Breast	2:15.99	Erika Erndl	T2NM	2013	2:45.40	Danielle Chance	BLU	2011	2:54.31	Danielle Chance	BLU	2011
50 Fly	25.62	Rosemarie Seaman	ORLM	1989	29.64	Danielle Chance	BLU	2013	29.60	Marina Falcone	SPM	2018
100 Fly	55.68	Rosemarie Seaman	ORLM	1989	1:00.34	Erika Erndl	T2NM	2012	1:05.83	Melissa Varlas	FACT	2005
200 Fly	2:08.44	Melissa Varlas	FACT	2005	2:24.52	Melissa Varlas	FACT	2005	2:23.35	Melissa Varlas	FACT	2005
100 IM	58.78	Rosemarie Seaman	ORLM	1989	1:02.52	Erika Erndl	T2NM	2012				
200 IM	1:58.80	Erika Erndl	SWIM	2009	2:34.24	Danielle Chance	YSYM	2015	2:13.72	Erika Erndl	SWIM	2009
400 IM	4:14.84	Erika Erndl	T2NM	2013	4:51.23	Chelsea Nauta	SPM	2019	5:05.45	Chelsea Colwill	SPM	2018

30-34 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	21.13	John Tudor	HLJ	1988	22.74	Elvis Burrows	UC14	2021	24.21	Mike Halfast	SPM	1999
100 Free	44.72	Zsolt Gaspar	SPM	2010	52.55	Alexander Forbes	UC14	2021	53.16	Ozzie Quevedo	UNAT	2009
200 Free	1:42.42	James Lilley	HLJ	1990	1:58.49	Adam Jerger	SPM	2006	1:59.02	James Lilley	HLJ	1990
400/500 Free	4:29.49	Matt Cetlinski	GSC	1996	4:21.63	Chris Williams	HLJ	1993	4:21.89	Thomas Smith	EAMS	1992
800/1000 Free	10:00.46	Chris Williams	HLJ	1992	9:07.32	Chris Williams	HLJ	1993	9:00.59	Fred Constantini	HLJ	2000
1500/1650 Free	16:45.98	Gary Peters	BLUE	1993	17:37.82	Andrew Farrell	ORLM	2000	17:06.73	Rob Nichols	CLYM	1988
50 Back	23.18	Martin Zubero	UNAT	2002	25.54	Martin Zubero	ORLM	2001	29.38	Chad Damitz	UC14	2019
100 Back	52.00	Martin Zubero	UNAT	2003	55.19	Martin Zubero	UNAT	2003	1:01.69	William Specht	SPM	1992
200 Back	1:48.63	Martin Zubero	UNAT	2002	2:00.43	Martin Zubero	ORLM	2001	2:17.51	Ted Bradley	SPM	2013
50 Breast	26.34	Kyle Deery	YSYM	2015	29.59	Adam Jerger	SPM	2006	29.92	Kyle Deery	YSYM	2014
100 Breast	57.97	Kyle Deery	YSYM	2015	1:04.31	Leo Hobi	PSAM	2013	1:06.82	Kyle Deery	YSYM	2014
200 Breast	2:06.36	Kyle Deery	YSYM	2015	2:27.45	Adam Jerger	SPM	2006	2:30.50	Kyle Deery	YSYM	2014
50 Fly	23.06	Martin Zubero	UNAT	2003	24.39	Elvis Burrows	UC14	2021	26.25	Jason Goltz	ATAC	2011
100 Fly	47.77	Zsolt Gaspar	SPM	2010	56.49	Alexander Forbes	UC14	2021	57.32	Mark Schuman	HLJ	1988
200 Fly	1:52.61	James Belardi	HLJ	1988	2:11.78	Jason Goltz	ATAC	2011	2:08.78	James Belardi	HLJ	1988
100 IM	51.43	Martin Zubero	UNAT	2002	58.64	Alexander Forbes	UC14	2021				
200 IM	1:54.92	Istvan Bathazi	BLU	2012	2:11.34	Jason Goltz	ATAC	2011	2:12.37	Mark Schuman	HLJ	1988
400 IM	4:07.05	Istvan Bathazi	BLU	2012	4:40.69	G. Rodriguez Osork	YCFM	2015	4:45.33	Mark Schuman	HLJ	1988

### 35-39 Women

Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	24.63	Jennifer Willis	AQNT	2008	27.84	Danielle Chance	SYSM	2016	25.52	Erika Erndl	T2NM	2013
100 Free	52.24	Susan Halfacre	HLJ	1988	1:00.48	Charlotte Petersen	SPM	2001	55.17	Erika Erndl	T2NM	2013
200 Free	1:52.79	Susan Halfacre	HLJ	1988	2:09.29	Charlotte Petersen	SPM	2001	2:00.04	Erika Erndl	T2NM	2013
400/500 Free	5:01.04	Susan Halfacre	HLJ	1988	4:31.94	Charlotte Petersen	SPM	2001	4:32.08	Chelsea Nauta	SPM	2023
800/1000 Free	10:28.01	Charlotte Petersen	SPM	2002	9:34.18	Charlotte Petersen	SPM	2000	9:13.49	Sheila Taormina	NTC	2006
1500/1650 Free	17:15.13	Susan Halfacre	HLJ	1988	18:02.75	Charlotte Petersen	SPM	2000	19:05.22	Charlotte Petersen	SPM	1999
50 Back	28.97	Danielle Chance	SYSM	2017	32.96	Danielle Chance	SYSM	2017	31.58	Renate Du Plessis	GSC	2018
100 Back	1:03.00	Jennifer Willis	AQNT	2008	1:12.13	Charlotte Petersen	SPM	2003	1:12.70	Jennifer Willis	AQNT	2007
200 Back	2:14.51	Charlotte Petersen	SPM	2002	2:31.97	Charlotte Petersen	SPM	2002	2:38.65	Charlotte Petersen	SPM	2003
50 Breast	30.57	Casey Keiber	SYSM	2017	35.23	Danielle Chance	SYSM	2016	35.71	Danielle Chance	SYSM	2016
100 Breast	1:07.43	Danielle Chance	SYSM	2017	1:20.33	Linda Visser	FACT	2005	1:14.73	Erika Erndl	SYSM	2016
200 Breast	2:32.28	Linda Visser	FACT	2010	2:53.00	Linda Visser	FACT	2009	2:58.24	Linda Visser	FACT	2008
50 Fly	26.93	Susan Halfacre	HLJ	1988	30.39	Cathy Shonkwiler	DSMC	1996	29.27	Susan Halfacre	HLJ	1988
100 Fly	56.90	Susan Halfacre	HLJ	1988	1:09.72	Karen Becker	TBAC	2003	59.52	Erika Erndl	T2NM	2013
200 Fly	2:18.91	Melissa Varlas	SYSM	2008	2:40.03	Karen Becker	TBAC	2003	2:26.36	Sheila Taormina	NTC	2006
100 IM	1:00.22	Susan Halfacre	HLJ	1988	1:09.01	Danielle Chance	SYSM	2016				
200 IM	2:13.65	Charlotte Petersen	SPM	2002	2:30.38	Charlotte Petersen	SPM	2002	2:23.49	Erika Erndl	T2NM	2016
400 IM	4:47.41	Susan Halfacre	HLJ	1988	5:27.96	Linda Visser	FACT	2006	5:33.41	Melissa Varlas	SYSM	2012

### 35-39 Men

Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	21.46	Alexander Forbes	UC14	2023	23.69	Alexander Forbes	UC14	2023	24.40	Alexander Forbes	UC14	2022
100 Free	47.35	Eric Christensen	BDO	2010	53.69	Alexander Forbes	UC14	2023	54.22	Mike Halfast	SPM	2000
200 Free	1:41.60	Eric Christensen	BDO	2010	1:57.31	Lucky Meisenheimer	ORLM	1994	2:02.88	Lucky Meisenheimer	ORLM	1994
400/500 Free	4:34.74	Eric Christensen	BDO	2010	4:16.27	William Specht	SPM	1995	4:25.55	Cris Williams	ATAC	1997
800/1000 Free	9:27.97	Eric Christensen	BDO	2010	8:58.85	William Specht	SPM	1993	9:09.59	Brant Bittner	HLJ	1988
1500/1650 Free	16:14.51	Eric Christensen	BDO	2012	17:57.48	Ramses Rodriguez	SYSM	2011	18:21.11	Larry Black	SWIM	1997
50 Back	24.16	William Specht	SPM	1993	26.89	Alexander Forbes	UC14	2023	28.53	William Specht	SPM	1993
100 Back	51.23	Martin Zubero	FACT	2006	59.57	William Specht	SPM	1994	1:00.95	William Specht	SPM	1993
200 Back	1:50.88	Martin Zubero	FACT	2006	2:10.01	William Specht	SPM	1993	2:15.03	William Specht	SPM	1994
50 Breast	26.46	Rob Butcher	SYSM	2010	30.78	Josh W Scott	SYSM	2018	31.00	Rob Butcher	SYSM	2011
100 Breast	56.63	Alexander Bezugliy	SDAMS	2021	1:05.89	Alexander Bezugliy	SDAMS	2023	1:09.21	Alexander Bezugliy	SDAMS	2023
200 Breast	2:03.01	Alexander Bezugliy	SDAMS	2021	2:26.72	Alexander Bezugliy	SDAMS	2021	2:27.98	Alexander Bezugliy	SDAMS	2023
50 Fly	22.93	William Specht	SPM	1993	25.77	Alexander Forbes	UC14	2023	25.89	Alexander Forbes	UC14	2022
100 Fly	50.08	William Specht	SPM	1995	57.02	William Specht	SPM	1993	57.39	William Specht	SPM	1994
200 Fly	1:51.38	William Specht	SPM	1995	2:06.48	William Specht	SPM	1993	2:08.51	William Specht	SPM	1994
100 IM	52.72	Eric Christensen	BDO	2013	59.40	Alexander Bezugliy	SDAMS	2021				
200 IM	1:53.56	Alexander Bezugliy	SDAMS	2021	2:12.09	Alexander Bezugliy	SDAMS	2023	2:13.59	Alexander Bezugliy	SDAMS	2023
400 IM	4:00.11	Eric Christensen	BDO	2010	5:11.36	Jay Lockaby	FACT	2005	4:49.63	Alexander Bezugliy	SDAMS	2023

40-44 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	24.13	Jennifer Willis	AQNT	2009	27.21	Jennifer Willis	AQNT	2009	27.60	Jennifer Willis	AQNT	2008
100 Free	52.34	Jennifer Willis	AQNT	2009	59.55	Jennifer Willis	AQNT	2009	1:01.42	Jennifer Willis	AQNT	2008
200 Free	1:58.13	Charlotte Petersen	SPM	2006	2:13.86	Charlotte Petersen	SPM	2006	2:13.38	Charlotte Petersen	SPM	2004
400/500 Free	5:13.04	Charlotte Petersen	SPM	2007	4:41.72	Charlotte Petersen	SPM	2006	4:41.05	Charlotte Petersen	SPM	2006
800/1000 Free	10:46.40	Charlotte Petersen	SPM	2006	9:49.21	Charlotte Petersen	SPM	2007	9:44.37	Charlotte Petersen	SPM	2006
1500/1650 Free	18:18.21	Charlotte Petersen	SPM	2009	18:30.26	Charlotte Petersen	SPM	2007	19:47.94	Charlotte Petersen	SPM	2007
50 Back	28.23	Kristen Omli	SYSM	2014	30.02	Sheri Hart	BLU	2012	33.91	Paula Texel	SPM	2013
100 Back	59.77	Jennifer Willis	AQNT	2009	1:07.96	Jennifer Willis	AQNT	2009	1:14.32	Jennifer Willis	AQNT	2008
200 Back	2:16.47	Charlotte Petersen	SPM	2008	2:32.82	Charlotte Petersen	SPM	2007	2:37.11	Charlotte Petersen	SPM	2006
50 Breast	30.92	Casey Keiber	SYSM	2018	33.61	Lisa Blackburn	T2NM	2013	33.86	Lisa Blackburn	T2NM	2013
100 Breast	1:09.15	Casey Keiber	SYSM	2018	1:12.32	Lisa Blackburn	T2NM	2013	1:14.15	Lisa Blackburn	T2NM	2014
200 Breast	2:30.97	Linda Visser	YCFM	2011	2:42.83	Lisa Blackburn	T2NM	2014	2:44.44	Lisa Blackburn	T2NM	2013
50 Fly	27.05	Sylvia Buxton	SYSM	2008	30.15	Jennifer Willis	AQNT	2009	30.54	Martha Martin	HLJ	1988
100 Fly	1:00.10	Sylvia Buxton	SYSM	2008	1:10.25	Linda Visser	ORLM	2010	1:08.93	Melissa Varlas	SYSM	2013
200 Fly	2:20.78	Melissa Varlas	SYSM	2013	2:41.16	Linda Visser	ORLM	2010	2:34.38	Melissa Varlas	SYSM	2013
100 IM	1:01.17	Jennifer Willis	AQNT	2009	1:05.77	Lisa Blackburn	T2NM	2013				
200 IM	2:14.96	Jennifer Willis	AQNT	2009	2:26.41	Lisa Blackburn	T2NM	2012	2:28.64	Lisa Blackburn	T2NM	2013
400 IM	4:49.22	Linda Visser	YCFM	2011	5:18.12	Lisa Blackburn	T2NM	2012	5:21.42	Lisa Blackburn	T2NM	2013

40-44 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	21.13	Mark Nieuwenhuis	UNAT	2009	24.29	Rinaldo Sintjago	LG	2023	25.13	Tom Pollock	SPM	2023
100 Free	47.97	Mark Nieuwenhuis	UNAT	2009	53.53	Eric Christensen	BDO	2016	55.93	Mark Weber	SYSM	2011
200 Free	1:44.57	Eric Christensen	BDO	2015	1:56.56	Eric Christensen	BDO	2014	2:01.50	Eric Christensen	BDO	2018
400/500 Free	4:45.72	Eric Christensen	BDO	2015	4:04.20	Eric Christensen	BDO	2014	4:19.58	Eric Christensen	BDO	2018
800/1000 Free	9:50.92	Eric Christensen	BDO	2015	8:27.03	Eric Christensen	BDO	2014	9:01.44	Eric Christensen	BDO	2018
1500/1650 Free	17:11.67	Chris LaBianco	BLU	2012	16:19.00	Eric Christensen	BDO	2014	18:22.63	Ramses Rodriguez	SYSM	2012
50 Back	24.07	Michael Gilliam	SHARK	2022	27.10	Martin Zubero	BLU	2012	28.88	William Specht	SPM	1999
100 Back	52.72	Michael Gilliam	SHARK	2022	58.65	Martin Zubero	BLU	2012	1:02.48	William Specht	SPM	1998
200 Back	1:54.01	William Specht	SPM	1998	2:08.34	Eric Christensen	BDO	2014	2:15.49	William Specht	SPM	1999
50 Breast	26.99	Jasson Velez	SYSM	2017	30.80	C. Miltenberger	ORLM	1993	30.23	Rob Butcher	SYSM	2013
100 Breast	59.29	Rob Butcher	SYSM	2014	1:07.88	Terry Livingston	SVOL	2009	1:08.79	Rob Butcher	SYSM	2013
200 Breast	2:10.14	Eric Christensen	BDO	2015	2:25.44	Eric Christensen	BDO	2014	2:36.17	Rob Butcher	SYSM	2015
50 Fly	23.28	William Specht	SPM	1998	25.89	William Specht	SPM	1998	26.33	William Specht	SPM	1998
100 Fly	50.56	William Specht	SPM	2000	56.18	William Specht	SPM	1998	57.79	William Specht	SPM	1999
200 Fly	1:51.69	William Specht	SPM	2000	2:02.97	William Specht	SPM	1998	2:09.47	William Specht	SPM	1998
100 IM	52.93	Eric Christensen	BDO	2015	59.39	Eric Christensen	BDO	2014				
200 IM	1:55.84	Eric Christensen	BDO	2015	2:08.37	Eric Christensen	BDO	2014	2:15.33	Eric Christensen	BDO	2018
400 IM	4:04.96	Eric Christensen	BDO	2015	4:30.68	Eric Christensen	BDO	2014	4:47.82	Eric Christensen	BDO	2018

45-49 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	25.95	Eney Jones	SYSM	2010	29.25	Cathy Shonkwiler	ORLM	2009	30.32	Jean Banks	HLJ	2002
100 Free	55.99	Eney Jones	SYSM	2010	1:04.15	Jean Bancks	HLJ	2003	1:03.96	Charlotte Petersen	SPM	2009
200 Free	1:58.60	Eney Jones	SYSM	2010	2:22.73	Fernette Ramnath	SYSM	2010	2:16.49	Charlotte Petersen	SPM	2009
400/500 Free	5:18.52	Charlotte Petersen	SPM	2012	4:59.50	Alison Hayden	TTM	2017	4:44.23	Charlotte Petersen	SPM	2009
800/1000 Free	10:50.13	Eney Jones	SYSM	2010	10:16.88	Alison Hayden	TTM	2017	9:59.54	Charlotte Petersen	SPM	2013
1500/1650 Free	18:18.15	Eney Jones	SYSM	2010	19:23.64	Alison Hayden	TTM	2017	19:10.50	Charlotte Petersen	SPM	2011
50 Back	29.84	Cathy Shonkwiler	ORLM	2010	33.77	Sylvia Buxton	SYSM	2012	34.57	Paula Texel	SPM	2016
100 Back	1:04.47	Paula Texel	SPM	2016	1:13.73	Sylvia Buxton	SYSM	2012	1:16.17	Paula Texel	SPM	2016
200 Back	2:17.23	Charlotte Petersen	SPM	2011	2:42.50	Paula Texel	SPM	2019	2:38.24	Charlotte Petersen	SPM	2009
50 Breast	32.09	Tracey McFarlane	BLU	2012	34.15	Tracey McFarlane	BLU	2012	36.70	Casey Keiber	SHARK	2023
100 Breast	1:10.64	Linda Visser	UNAT	2015	1:17.89	Tracey McFarlane	BLU	2012	1:23.00	Casey Keiber	SHARK	2022
200 Breast	2:32.72	Linda Visser	UNAT	2015	3:05.04	Deb Walker	SWIM	1998	2:59.52	Linda Visser	UC14	2015
50 Fly	27.83	Sylvia Buxton	SYSM	2012	31.74	Sylvia Buxton	SYSM	2012	31.84	Sylvia Buxton	SYSM	2012
100 Fly	1:02.05	Sylvia Buxton	SYSM	2012	1:11.73	Karen Westerman	SPM	2013	1:11.77	Karen Westerman	SPM	2013
200 Fly	2:25.20	Karen Westerman	SPM	2014	2:44.01	Karen Westerman	SPM	2013	2:46.81	Karen Westerman	SPM	2013
100 IM	1:04.38	Linda Visser	UNAT	2015	1:15.93	Sylvia Buxton	SYSM	2013				
200 IM	2:25.00	Ellen Bennett	SYSM	2012	2:44.77	Fernette Ramnath	SYSM	2010	2:43.60	Charlotte Petersen	SPM	2009
400 IM	4:54.86	Linda Visser	UNAT	2015	5:46.36	Fernette Ramnath	SYSM	2010	5:55.85	Melissa Varlas	SYSM	2018

45-49 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	21.77	Mark Weber	SYSM	2012	24.59	Mike Van Thielen	YCFM	2018	25.05	Mark Weber	SYSM	2013
100 Free	47.51	Mike Van Thielen	YCFM	2019	52.80	Mike Van Thielen	YCFM	2018	54.79	Keith Switzer	BLU	2009
200 Free	1:43.24	Keith Switzer	BLU	2009	1:56.62	Keith Switzer	BLU	2009	1:57.89	Keith Switzer	BLU	2009
400/500 Free	4:42.45	Keith Switzer	BLU	2010	4:09.19	Keith Switzer	BLU	2009	4:11.07	Keith Switzer	BLU	2009
800/1000 Free	9:43.93	Keith Switzer	BLU	2010	8:42.85	Keith Switzer	BLU	2010	9:08.34	Mark Drennen	FACT	2004
1500/1650 Free	16:22.77	D Scott Wells	EAJM	2009	16:37.25	Keith Switzer	BLU	2011	17:38.94	Mark Drennen	FACT	2004
50 Back	25.34	William Specht	SPM	2005	28.81	Casey Clafin	SWIM	1999	29.41	William Specht	SPM	2003
100 Back	54.24	William Specht	SPM	2003	1:03.12	Benjamin Lo-Pinto	MELB	2022	1:04.12	William Specht	SPM	2003
200 Back	1:59.30	William Specht	SPM	2003	2:16.39	William Specht	SPM	2004	2:20.12	William Specht	SPM	2003
50 Breast	27.62	Mike Van Thielen	YCFM	2017	28.88	Todd Torres	BLU	2013	31.54	Chester Miltenberger	ORLM	1998
100 Breast	1:00.77	Mike Van Thielen	YCFM	2017	1:04.39	Todd Torres	BLU	2013	1:09.29	Mike Van Thielen	YCFM	2017
200 Breast	2:18.80	Ryan Ruddy	MELB	2023	2:28.48	Mike Van Thielen	YCFM	2017	2:44.70	Jonathan Armstrong	MELB	2023
50 Fly	23.48	William Specht	SPM	2003	26.30	Todd Torres	BLU	2013	27.03	William Specht	SPM	2003
100 Fly	51.54	William Specht	SPM	2004	56.10	William Specht	SPM	2004	59.38	William Specht	SPM	2003
200 Fly	1:52.67	William Specht	SPM	2003	2:09.06	William Specht	SPM	2003	2:11.02	William Specht	SPM	2003
100 IM	55.45	Eric Christensen	BDO	2022	1:02.48	Mike Van Thielen	YCFM	2016				
200 IM	2:01.05	Eric Christensen	BDO	2022	2:21.56	Jerry Dawson	NTC	2006	2:22.83	Jerry Dawson	NTC	2007
400 IM	4:15.11	Eric Christensen	BDO	2022	4:59.97	Mark Drennen	FACT	2005	5:10.57	Mark Drennen	FACT	2004

50-54 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	26.04	Sheri Hart	SRQM	2021	28.40	Sheri Hart	SRQM	2021	29.85	Kimberly Nordheim	YCFM	2018
100 Free	56.59	Sheri Hart	SRQM	2021	1:01.51	Sheri Hart	SRQM	2021	1:03.78	Eney Jones	YSYM	2010
200 Free	1:59.81	Charlotte Petersen	SPM	2015	2:15.96	Charlotte Petersen	SPM	2016	2:17.53	Eney Jones	YSYM	2010
400/500 Free	5:19.90	Charlotte Petersen	SPM	2015	4:46.38	Charlotte Petersen	SPM	2016	4:48.62	Eney Jones	YSYM	2010
800/1000 Free	11:00.48	Charlotte Petersen	SPM	2015	9:56.01	Charlotte Petersen	SPM	2016	10:07.35	Charlotte Petersen	SPM	2016
1500/1650 Free	18:16.49	Charlotte Petersen	SPM	2015	18:44.66	Charlotte Petersen	SPM	2016	19:01.37	Eney Jones	YSYM	2010
50 Back	29.14	Sheri Hart	SRQM	2021	31.98	Sheri Hart	SRQM	2021	34.61	Paula Texel	SPM	2023
100 Back	1:04.22	Ann Stewart	SHARK	2021	1:08.29	Sheri Hart	SRQM	2021	1:14.72	Ann K Stewart	SHARK	2022
200 Back	2:17.88	Charlotte Petersen	SPM	2015	2:34.48	Charlotte Petersen	SPM	2016	2:41.51	Charlotte Petersen	SPM	2016
50 Breast	32.02	Tracey McFarlane	CAM	2017	39.22	Laura Groselle	YSYM	2011	38.30	Holly Vaughn	T2NM	2011
100 Breast	1:15.84	Laura Groselle	YSYM	2011	1:25.53	Deb Walker	SWIM	2003	1:26.91	Holly Vaughn	UC14	2013
200 Breast	2:45.07	Deb Walker	SWIM	2003	3:05.81	Deb Walker	SWIM	2002	3:10.20	Deb Walker	SWIM	2003
50 Fly	28.08	Sylvia Buxton	YSYM	2018	32.02	Sylvia Buxton	SHAR	2019	32.23	Sylvia Buxton	YSYM	2015
100 Fly	1:04.58	Cathy Shonkwiler	ORLM	2010	1:13.45	Alison Hayden	SPM	2021	1:14.02	Courtney Chubb	MELB	2023
200 Fly	2:30.28	Alison Hayden	SPM	2022	2:42.74	Alison Hayden	SPM	2021	2:51.41	Alison S Hayden	SPM	2021
100 IM	1:06.46	Sylvia Buxton	YSYM	2016	1:13.66	Sylvia Buxton	YSYM	2016				
200 IM	2:23.85	Charlotte Petersen	SPM	2015	2:45.53	Alison Hayden	SPM	2021	2:46.19	Charlotte Petersen	SPM	2016
400 IM	5:17.66	Ellen Bennett	YSYM	2014	5:43.41	Alison Hayden	SPM	2021	6:04.05	Alison S Hayden	SPM	2021

50-54 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	21.36	Ambrose Gaines	BLU	2011	23.38	Ambrose Gaines	BLU	2009	24.58	Ambrose Gaines	BLU	2009
100 Free	46.59	Ambrose Gaines	BLU	2009	51.61	Ambrose Gaines	BLU	2009	55.49	Steve Wood	BLU	2012
200 Free	1:43.76	Ambrose Gaines	BLU	2009	1:54.61	Ambrose Gaines	BLU	2011	2:06.84	Jeff Perout	GSC	2003
400/500 Free	4:55.52	Mark Drennen	YSYM	2007	4:18.96	Mark Drennen	YSYM	2006	4:27.07	Mark Drennen	YSYM	2006
800/1000 Free	10:08.59	Mark Drennen	YSYM	2007	8:53.48	Mark Drennen	YSYM	2006	9:13.68	Mark Drennen	YSYM	2006
1500/1650 Free	17:02.62	Mark Drennen	YSYM	2007	17:14.75	Mark Drennen	YSYM	2007	17:40.70	Mark Drennen	YSYM	2006
50 Back	24.74	Steve Wood	YCFM	2015	27.71	Steve Wood	BLU	2011	28.60	Steve Wood	BLU	2011
100 Back	53.78	Steve Wood	YCFM	2015	59.92	Steve Wood	BLU	2011	1:01.89	Steve Wood	BLU	2011
200 Back	2:03.62	William Specht	SPM	2009	2:26.75	Thomas Bliss	FACT	2004	2:22.55	Steve Wood	BLU	2011
50 Breast	28.07	Holden Bank	BLU	2011	31.94	Rich Mercer	BLU	2013	32.26	Stephen Panzarino	YSYM	2015
100 Breast	1:01.48	Steve Wood	YCFM	2015	1:10.03	Rich Mercer	BLU	2013	1:13.22	Rick Mercer	BLU	2014
200 Breast	2:22.17	Terry Livingston	YCFM	2017	2:41.11	Mark Drennen	YSYM	2006	2:47.07	Mark Drennen	YSYM	2006
50 Fly	23.88	William Specht	SPM	2009	26.45	William Specht	SPM	2009	27.12	Steve Wood	BLU	2012
100 Fly	52.69	William Specht	SPM	2008	59.25	William Specht	SPM	2009	1:00.55	William Specht	SPM	2009
200 Fly	2:00.02	William Specht	SPM	2009	2:12.54	William Specht	SPM	2009	2:20.46	William Specht	SPM	2009
100 IM	54.77	Steve Wood	YCFM	2015	1:03.14	Steve Wood	BLU	2011				
200 IM	2:06.75	Steve Wood	YCFM	2015	2:24.28	Mark Drennen	FACT	2007	2:28.15	Mark Drennen	YSYM	2007
400 IM	4:30.37	Mark Drennen	YSYM	2007	4:59.39	Mark Drennen	YSYM	2006	5:10.94	Mark Drennen	YSYM	2006

55-59 Women											
Event	Short Course Yards				Short Course Meters				Long Course Meters		
50 Free	27.21	Holly Green	SWAG	2023	30.86	Cathy Shonkwiler	YCFM	2017	31.00	Andrea Dombrowski	SHARK 2023
100 Free	58.70	Kelly Parker-Palace	SYSM	2017	1:05.23	Kelly Parker-Palace	SYSM	2016	1:06.62	Kelly Parker-Palace	SYSM 2017
200 Free	2:05.66	Kelly Parker-Palace	SYSM	2017	2:21.17	Charlotte Petersen	SPM	2019	2:24.61	Kelly Parker-Palace	SYSM 2017
400/500 Free	5:33.28	Kelly Parker-Palace	SYSM	2017	4:54.25	Charlotte Petersen	SPM	2019	5:03.60	Kelly Parker-Palace	SYSM 2017
800/1000 Free	11:19.85	Kelly Parker-Palace	SYSM	2017	10:07.79	Charlotte Petersen	SPM	2019	10:26.02	Kelly Parker-Palace	SYSM 2017
1500/1650 Free	19:06.87	Kelly Parker-Palace	SYSM	2017	20:03.68	Kelly Parker-Palace	UNAT	2017	19:43.71	Kelly Parker-Palace	SYSM 2017
50 Back	30.73	Holly Green	SWAG	2023	35.26	Cathy Shonkwiler	YCFM	2015	36.20	Karen Westerman	SPM 2023
100 Back	1:09.03	Sylvia Buxton	SHARK	2022	1:18.24	Karen Westerman	SPM	2022	1:19.18	Karen Westerman	SPM 2023
200 Back	2:29.47	Karen Westerman	SPM	2023	2:54.15	Karen Westerman	SPM	2023	2:52.77	Karen Westerman	SPM 2022
50 Breast	35.27	Deb Walker	FACT	2008	39.80	Deb Walker	FACT	2010	38.10	Holly Vaughn	T2NM 2017
100 Breast	1:16.47	Deb Walker	FACT	2008	1:27.39	Deb Walker	FACT	2008	1:27.94	Deb Walker	FACT 2008
200 Breast	2:47.92	Deb Walker	FACT	2008	3:10.86	Deb Walker	FACT	2010	3:13.35	Deb Walker	FACT 2008
50 Fly	29.01	Holly Green	SWAG	2023	33.34	Karen Westerman	SPM	2022	33.54	Holly Vaughn	T2NM 2017
100 Fly	1:06.82	Karen Westerman	SPM	2023	1:18.89	Karen Westerman	SPM	2022	1:17.08	Pat Sargeant	FACT 2008
200 Fly	2:50.64	Barbara McNulty	FACT	2015	3:14.06	Barbara McNulty	FACT	2013	3:15.45	Barbara McNulty	SPM 2013
100 IM	1:08.12	Holly Green	SWAG	2023	1:18.74	Karen Westerman	SPM	2022			
200 IM	2:31.19	Kelly Parker-Palace	SYSM	2017	2:48.35	Kelly Parker-Palace	SYSM	2016	2:52.06	Kelly Parker-Palace	SYSM 2017
400 IM	5:18.87	Kelly Parker-Palace	SYSM	2017	5:57.79	Kelly Parker-Palace	SYSM	2016	6:07.81	Kelly Parker-Palace	SYSM 2017

55-59 Men											
Event	Short Course Yards				Short Course Meters				Long Course Meters		
50 Free	22.12	Steve Wood	YCFM	2017	24.66	Steve Wood	YCFM	2015	25.15	Steve Wood	YCFM 2015
100 Free	49.06	Steve Wood	YCFM	2016	55.14	Steve Wood	YCFM	2017	56.07	Steve Wood	SYSM 2015
200 Free	1:52.39	Jack Groselle	SYSM	2014	2:05.66	Ambrose Gaines	YCFM	2017	2:09.24	Jack Groselle	SYSM 2011
400/500 Free	5:08.05	Arnaldo Perez	SYSM	2017	4:29.62	Arnaldo A Perez	SHARK	2020	4:34.66	Arnaldo A Perez	SHARK 2021
800/1000 Free	10:55.88	Joel Kriger	SYSM	2009	9:28.52	Arnaldo A Perez	SHARK	2020	9:23.33	Arnaldo A Perez	SHARK 2021
1500/1650 Free	17:22.47	Arnaldo Perez	SYSM	2017	17:44.01	Arnaldo A Perez	SHARK	2020	18:42.92	Mark Drennen	SYSM 2011
50 Back	25.18	Steve Wood	YCFM	2017	27.62	Steve Wood	YCFM	2015	29.03	Steve Wood	SYSM 2016
100 Back	53.81	Steve Wood	YCFM	2017	1:00.84	Steve Wood	YCFM	2015	1:03.50	Steve Wood	YCFM 2015
200 Back	2:10.47	Arnaldo Perez	SYSM	2017	2:19.63	Steve Wood	YCFM	2015	2:27.32	Steve Wood	SYSM 2016
50 Breast	28.48	Steve Wood	YCFM	2016	32.61	Stephen Panzarino	SYSM	2016	33.04	Stephen Panzarino	SYSM 2016
100 Breast	1:02.48	Steve Wood	YCFM	2016	1:11.92	Steve Wood	YCFM	2016	1:13.10	Steve Wood	YCFM 2017
200 Breast	2:22.65	Jack Groselle	SYSM	2011	2:43.99	Jim Matysek	SYSM	2015	2:53.27	Rick Walker	SYSM 2009
50 Fly	24.40	Steve Wood	YCFM	2016	26.67	Steve Wood	YCFM	2015	27.31	Steve Wood	SYSM 2016
100 Fly	54.22	Steve Wood	YCFM	2016	1:00.86	Steve Wood	YCFM	2015	1:01.38	Steve Wood	YCFM 2015
200 Fly	2:07.17	Arnaldo Perez	SYSM	2017	2:28.16	William Specht	SPM	2013	2:29.47	Arnaldo A Perez	SHARK 2021
100 IM	55.85	Steve Wood	YCFM	2016	1:01.76	Steve Wood	YCFM	2015			
200 IM	2:08.88	Arnaldo Perez	SYSM	2017	2:24.59	Jack Groselle	SYSM	2012	2:26.99	Steve Wood	SYSM 2016
400 IM	4:32.08	Arnaldo Perez	SYSM	2017	5:14.85	Jack Groselle	SYSM	2012	5:20.06	Arnaldo A Perez	SHARK 2021



60-64 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	28.03	Kelly Parker Palace	MELB	2023	31.37	Kelly Parker Palace	MELB	2023	28.84	Holly Green	SWAG	2023
100 Free	1:00.74	Kelly Parker Palace	MELB	2023	1:08.46	Kelly Parker Palace	MELB	2021	1:08.02	Kelly Parker Palace	MELB	2023
200 Free	2:11.17	Kelly Parker Palace	MELB	2023	2:22.02	Kelly Parker Palace	MELB	2023	2:26.34	Kelly Parker Palace	MELB	2023
400/500 Free	5:48.19	Kelly Parker Palace	MELB	2021	4:56.99	Kelly Parker Palace	MELB	2023	5:09.05	Kelly Parker Palace	MELB	2023
800/1000 Free	11:49.84	Kelly Parker Palace	MELB	2022	10:07.03	Kelly Parker Palace	MELB	2023	10:31.29	Kelly Parker Palace	MELB	2023
1500/1650 Free	19:40.35	Kelly Parker Palace	MELB	2022	19:27.09	Kelly Parker Palace	MELB	2023	20:13.45	Kelly Parker Palace	MELB	2023
50 Back	32.28	Zena Courtney	MELB	2022	37.09	Zena Courtney	MELB	2022	33.38	Holly Green	SWAG	2023
100 Back	1:10.92	Zena Courtney	MELB	2022	1:19.30	Zena Courtney	MELB	2022	1:22.34	Lynn A De George	PSA	2023
200 Back	2:32.47	Zena Courtney	MELB	2022	2:54.80	Zena Courtney	MELB	2022	2:56.90	Lynn A De George	PSA	2023
50 Breast	36.39	Deb Walker	FACT	2012	39.60	Deb Walker	FACT	2011	39.90	Holly Vaughn	T2NM	2023
100 Breast	1:18.75	Deb Walker	FACT	2012	1:27.07	Deb Walker	FACT	2011	1:30.66	Deb Walker	FACT	2011
200 Breast	2:52.02	Deb Walker	FACT	2012	3:13.55	Deb Walker	FACT	2011	3:17.24	Deb Walker	FACT	2011
50 Fly	31.00	Paige Gill	SHARK	2023	33.59	Paige Gill	SHARK	2023	29.90	Holly Green	SWAG	2023
100 Fly	1:15.10	Susan Tokayer	SPM	2021	1:28.18	Kelly Parker Palace	MELB	2022	1:29.00	Kelly Parker Palace	MELB	2023
200 Fly	3:02.82	Barbara McNulty	FACT	2017	3:25.95	Barbara McNulty	FACT	2017	3:31.90	Barbara McNulty	FACT	2017
100 IM	1:10.87	Lisa Bennett	YCFM	2017	1:18.02	Paige Gill	SHARK	2023				
200 IM	2:36.36	Kelly Parker Palace	MELB	2023	2:54.01	Kelly Parker Palace	MELB	2022	2:58.10	Kelly Parker Palace	MELB	2023
400 IM	5:33.01	Kelly Parker Palace	MELB	2023	6:07.16	Kelly Parker Palace	MELB	2022	6:13.89	Kelly Parker Palace	MELB	2023

60-64 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	23.04	Trip Hedrick	SYSM	2014	25.59	Jack Groselle	SYSM	2014	26.19	Doug Martin	SYSM	2016
100 Free	51.19	Jack Groselle	SYSM	2015	55.87	Jack Groselle	SYSM	2014	57.79	Jack Groselle	SYSM	2014
200 Free	1:53.64	Jack Groselle	SYSM	2016	2:05.07	Jack Groselle	SYSM	2014	2:09.24	Jack Groselle	SYSM	2014
400/500 Free	5:09.95	Arnaldo Perez	SHARK	2022	4:35.15	Jack Groselle	SYSM	2014	4:37.09	Arnaldo Perez	SHARK	2022
800/1000 Free	11:18.39	Rick Walker	SYSM	2011	9:56.38	Rick Walker	SYSM	2010	10:06.76	Rick Walker	SYSM	2010
1500/1650 Free	17:44.05	Arnaldo Perez	SHARK	2022	17:34.51	Arnaldo Perez	SHARK	2022	17:55.91	Arnaldo Perez	SHARK	2022
50 Back	28.41	Dave Gibson	SPM	2022	31.03	Marc Middleton	BLU	2011	31.77	Marc Middleton	BLU	2011
100 Back	1:00.76	Jeffrey Perout	SYSM	2013	1:12.02	Bill Brackett	SHARK	2021	1:11.11	Bruce Williams	SYSM	2015
200 Back	2:11.38	Arnaldo Perez	SHARK	2022	2:36.25	Bill Brackett	SHARK	2021	2:40.75	Bill A Brackett	SHARK	2021
50 Breast	30.16	Jack Groselle	SYSM	2017	33.75	Jack Groselle	SYSM	2016	34.67	Jack Groselle	SYSM	2014
100 Breast	1:05.18	Jack Groselle	SYSM	2016	1:12.38	Jack Groselle	SYSM	2014	1:16.37	Jack Groselle	SYSM	2014
200 Breast	2:32.62	Rick Walker	SYSM	2011	2:52.27	Jack Groselle	SYSM	2016	2:56.36	Rick Walker	SYSM	2010
50 Fly	24.75	Trip Hedrick	SYSM	2014	28.26	Marc Middleton	BLU	2013	27.95	Trip Hedrick	SYSM	2016
100 Fly	56.36	Trip Hedrick	SYSM	2014	1:04.05	Jack Groselle	SYSM	2014	1:06.03	Kevin McCormack	SYSM	2013
200 Fly	2:09.78	Arnaldo Perez	SHARK	2022	2:23.44	Arnaldo Perez	SHARK	2022	2:31.57	Arnaldo Perez	SHARK	2022
100 IM	59.77	Jack Groselle	SYSM	2016	1:06.10	Jack Groselle	SYSM	2014				
200 IM	2:11.14	Arnaldo Perez	SHARK	2022	2:24.56	Arnaldo Perez	SHARK	2022	2:31.13	Arnaldo Perez	SHARK	2022
400 IM	4:38.47	Arnaldo Perez	SHARK	2022	5:17.31	Jack Groselle	SYSM	2014	5:24.33	Arnaldo Perez	SHARK	2022

65-69 Women									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	28.82	Jami Gray	SHARK 2023	32.25	Susie White	PSAM 2013	33.29	Jami Gray	SHARK 2023
100 Free	1:04.78	Karen Einsidler	SHARK 2023	1:13.60	Karen Einsidler	SHARK 2021	1:13.86	Karen Einsidler	SHARK 2021
200 Free	2:19.76	Karen Einsidler	SHARK 2021	2:34.02	Karen Einsidler	SHARK 2022	2:38.76	Karen Einsidler	SHARK 2023
400/500 Free	6:10.31	Karen Einsidler	SHARK 2023	5:18.71	Karen Einsidler	SHARK 2021	5:21.62	Karen Einsidler	SHARK 2021
800/1000 Free	12:19.25	Karen Einsidler	SHARK 2021	11:02.04	Karen Einsidler	SHARK 2021	11:11.42	Karen Einsidler	SHARK 2021
1500/1650 Free	20:33.83	Karen Einsidler	SHARK 2021	20:44.71	Karen Einsidler	SHARK 2021	21:04.07	Karen Einsidler	SHARK 2021
50 Back	35.22	Linda Fulton	YCFM 2020	39.49	Linda Fulton	YCFM 2019	39.01	Linda Fulton	CFMS 2017
100 Back	1:16.87	Karen Einsidler	SHARK 2022	1:25.63	Karen Einsidler	SHARK 2021	1:27.08	Linda Fulton	YCFM 2018
200 Back	2:41.70	Karen Einsidler	SHARK 2023	2:58.92	Karen Einsidler	SHARK 2021	3:03.63	Karen Einsidler	SHARK 2021
50 Breast	39.07	Deb Walker	SYSM 2017	44.05	Deb Walker	SRQM 2017	45.11	Deb Walker	SRQM 2017
100 Breast	1:30.27	Nancy H Westbrook	TYSM 2020	1:43.95	Meegan Wilson	FACT 2013	1:41.56	Margit Jebe	FACT 2006
200 Breast	3:24.23	Margit Jebe	SWFA 2007	3:47.09	Meegan Wilson	FACT 2013	3:47.20	Margit Jebe	FACT 2006
50 Fly	31.77	Jami Gray	SHARK 2023	38.54	Linda Fulton	YCFM 2019	36.14	Jami Gray	SHARK 2023
100 Fly	1:23.01	Nancy Kryka	SHARK 2021	1:35.20	Nancy Kryka	SHARK 2021	1:39.32	Nancy Kryka	SHARK 2023
200 Fly	3:16.68	Nancy Kryka	SHARK 2023	3:39.19	Nancy Kryka	SHARK 2023	3:50.04	Nancy Kryka	SHARK 2023
100 IM	1:17.27	Jami Gray	SHARK 2023	1:28.64	Susie White	PSAM 2013			
200 IM	2:59.72	Nancy Kryka	SHARK 2022	3:25.47	Nancy Kryka	SHARK 2020	3:20.44	Nancy Kryka	SHARK 2021
400 IM	5:57.67	Karen Einsidler	SHARK 2021	6:26.14	Karen Einsidler	SHARK 2021	6:47.86	Karen Einsidler	SHARK 2021

65-69 Men									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	23.95	Rich Abrahams	SYSM 2014	25.62	Rich Abrahams	BLU 2012	27.46	Marc Middleton	YCFM 2016
100 Free	53.20	Jack Groselle	SHAR 2020	57.78	Jack Groselle	SHAR 2019	59.49	Jack Groselle	SHAR 2019
200 Free	2:00.16	Jack Groselle	SHAR 2020	2:11.82	Jack Groselle	SHAR 2019	2:16.86	Jack Groselle	SHAR 2019
400/500 Free	5:36.84	Rick Walker	SYSM 2016	4:48.79	Jeffrey Boatright	SYSM 2018	4:58.71	Rick Walker	SYSM 2015
800/1000 Free	11:31.13	Jeffrey Boatright	SHAR 2019	10:06.58	Rick Walker	SYSM 2015	10:24.48	Rick Walker	SYSM 2015
1500/1650 Free	19:25.90	Rick Walker	SYSM 2016	19:23.83	Rick Walker	SYSM 2015	19:52.62	Rick Walker	SYSM 2015
50 Back	28.57	Marc Middleton	YCFM 2017	32.93	Marc Middleton	YCFM 2016	33.04	Marc Middleton	YCFM 2016
100 Back	1:04.19	Bill Brackett	SHARK 2023	1:13.88	Jeffrey Boatright	SYSM 2018	1:15.06	Bill Brackett	SHARK 2023
200 Back	2:22.03	Bill Brackett	SHARK 2023	2:50.88	John Nixon	SPM 2021	2:46.28	Jeffrey Boatright	SHARK 2021
50 Breast	31.68	Scott Guthrie	UNAT 2010	34.70	Jack Groselle	SHAR 2019	35.32	Jack Groselle	SHAR 2019
100 Breast	1:10.57	Jack Groselle	SHARK 2021	1:17.46	Jack Groselle	SHAR 2019	1:21.95	Jack Groselle	SHAR 2019
200 Breast	2:38.63	Rick Walker	SYSM 2016	2:55.69	Rick Walker	SYSM 2016	3:07.24	Rick Walker	SYSM 2018
50 Fly	25.99	Marc Middleton	YCFM 2017	29.05	Marc Middleton	YCFM 2016	29.24	Marc Middleton	YCFM 2016
100 Fly	59.14	Kevin McCormack	SYSM 2018	1:06.57	Jack Groselle	SHAR 2019	1:09.95	Jack Groselle	SHAR 2019
200 Fly	2:28.03	Jeffrey Boatright	SHARK 2020	3:10.16	Kern Davis	SPM 2019	3:18.67	Kern Davis	SPM 2020
100 IM	1:03.87	Jack Groselle	SHARK 2021	1:09.09	Jack Groselle	SHAR 2019			
200 IM	2:20.05	Jack Groselle	SHARK 2021	2:33.30	Jack Groselle	SHAR 2019	2:42.68	Jeffrey Boatright	SHAR 2019
400 IM	5:20.22	Bob Couch	SYSM 2012	5:34.07	Jack Groselle	SHAR 2019	5:52.40	Jeffrey Boatright	SHAR 2019

70-74 Women									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	30.90	Diann Uustal	SHARK 2020	34.62	Julianna Holbrook	SYSM 2017	33.52	Diane Uustal	SYSM 2016
100 Free	1:07.79	Diann Uustal	SHARK 2020	1:18.11	Julianna Holbrook	SYSM 2017	1:15.30	Diane Uustal	SYSM 2016
200 Free	2:33.19	Diann Uustal	SHARK 2020	2:57.37	June Carson	SHAR 2018	2:46.63	Diane Uustal	UNAT 2016
400/500 Free	7:18.48	June Carson	SYSM 2019	6:22.87	June Carson	SYSM 2018	6:12.62	Diann Uustal	SHARK 2020
800/1000 Free	15:23.98	June Carson	SYSM 2019	13:12.75	June Carson	SHARK 2019	13:20.55	June Carson	SHAR 2019
1500/1650 Free	26:29.55	Anne Page	SPM 2018	26:42.05	Patricia Bond	FMM 2008	27:35.09	Patricia Bond	FMM 2008
50 Back	35.81	Diann Uustal	SHARK 2021	40.21	Diann Uustal	SHARK 2020	40.48	Linda Fulton	LMSC 2023
100 Back	1:18.89	Diann Uustal	SHARK 2021	1:28.52	Diann Uustal	SHARK 2020	1:28.20	Linda Fulton	LMSC 2023
200 Back	2:53.23	Linda Fulton	LMSC 2022	3:16.59	Linda Fulton	LMSC 2023	3:12.16	Linda Fulton	LMSC 2023
50 Breast	41.43	Julianna Holbrook	SYSM 2018	45.63	Margit Jebe	SWIM 2008	47.17	Julianna Holbrook	SYSM 2018
100 Breast	1:32.79	Margit Jebe	SWIM 2009	1:42.21	Margit Jebe	SWIM 2008	1:44.15	Margit Jebe	SWIM 2009
200 Breast	3:28.82	Margit Jebe	SWIM 2009	4:00.32	Margit Jebe	T2NM 2012	3:52.70	Margit Jebe	SWIM 2008
50 Fly	35.40	Linda Fulton	LMSC 2022	41.52	Linda Fulton	LMSC 2023	38.98	Linda Fulton	LMSC 2023
100 Fly	1:32.71	Linda Fulton	LMSC 2022	1:51.17	Susan Meyers	SYSM 2014	1:55.46	Margit Jebe	SWIM 2009
200 Fly	3:41.99	Sylvia Eisele	SWIM 2000	4:12.74	Susan Meyers	SYSM 2014	4:13.41	Sylvia Eisele	SWIM 2000
100 IM	1:23.62	Julianna Holbrook	SYSM 2018	1:35.72	Julianna Holbrook	SYSM 2018			
200 IM	3:18.40	Margit Jebe	SWIM 2009	3:46.89	Florence Carr	SPM 1995	3:44.11	Margit Jebe	SWIM 2009
400 IM	7:12.91	Susan Meyers	SYSM 2014	8:10.44	Susan Meyers	SYSM 2014	8:19.38	Susan Meyers	SYSM 2014

70-74 Men									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	25.04	Marc Middleton	LMSC 2022	27.94	Marc Middleton	YCFM 2021	28.84	Marc D Middleton	YCFM 2021
100 Free	59.29	Bob Couch	SYSM 2017	1:06.01	Bob Couch	SYSM 2018	1:05.86	Keefe Ludwig	SYSM 2013
200 Free	2:10.87	Rick Walker	SHARK 2022	2:23.53	Rick Walker	SHARK 2021	2:26.78	Jeffrey Boatright	SHARK 2023
400/500 Free	5:58.45	Rick Walker	SHARK 2022	5:05.30	Rick Walker	SHARK 2020	5:14.11	Rick Walker	SHARK 2021
800/1000 Free	12:08.60	Rick Walker	SHARK 2021	10:47.93	Rick Walker	SHARK 2020	10:47.60	Rick Walker	SHARK 2021
1500/1650 Free	20:29.43	Rick Walker	SHARK 2021	20:02.86	Rick Walker	SHARK 2020	20:52.25	Rick Walker	SHARK 2023
50 Back	31.52	Marc Middleton	LMSC 2022	33.17	Alistair Cockburn	UC14 2023	35.83	Marc D Middleton	YCFM 2021
100 Back	1:07.88	Burwell Jones	SWIM 2003	1:16.73	Burwell Jones	SWIM 2003	1:18.17	Jeffrey Boatright	SHARK 2023
200 Back	2:28.11	Burwell Jones	SWIM 2003	2:37.54	Lawrence Day	SHARK 2022	2:55.19	Burwell Jones	FACT 2005
50 Breast	34.60	Edward Nessel	AQNT 2015	39.11	Rick Walker	SHARK 2023	37.47	Karl Wiedemann	FACT 2008
100 Breast	1:18.17	Rudy Vazmina	SHARK 2022	1:30.60	Edward Nessel	AQNT 2015	1:24.71	Karl Wiedemann	FACT 2008
200 Breast	2:57.15	J Nathan Leech	FACT 2019	3:13.52	Lawrence Day	SHARK 2022	3:07.50	Karl Wiedemann	FACT 2008
50 Fly	27.19	Marc Middleton	LMSC 2022	30.01	Lawrence Day	SHARK 2022	30.74	Marc D Middleton	YCFM 2021
100 Fly	1:08.56	Lee Childs	SHARK 2023	1:13.98	Jeffrey Boatright	SHARK 2023	1:15.17	Jeffrey Boatright	SHARK 2023
200 Fly	3:12.30	Nathan Leech	FACT 2020	2:50.94	Lawrence Day	SHARK 2022	3:26.05	Joe Kurtzman	FMM 1996
100 IM	1:08.14	Burwell Jones	SWIM 2003	1:16.19	Jeffrey Boatright	SHARK 2023			
200 IM	2:32.54	Burwell Jones	SWIM 2003	2:54.45	Bob Couch	SYSM 2017	2:48.81	Jeffrey Boatright	SHARK 2023
400 IM	5:34.47	Burwell Jones	SWIM 2003	5:47.41	Lawrence Day	SHARK 2022	6:32.11	Burwell Jones	SWIM 2003

75-79 Women									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	30.53	Diann Uustal	SHARK 2022	34.04	Diann Uustal	SHARK 2022	34.11	Diann Uustal	SHARK 2021
100 Free	1:09.34	Diann Uustal	SHARK 2022	1:15.87	Diann Uustal	SHARK 2021	1:17.38	Diann Uustal	SHARK 2021
200 Free	2:32.99	Diann Uustal	SHARK 2022	2:51.46	Diann Uustal	SHARK 2022	2:51.87	Diann Uustal	SHARK 2021
400/500 Free	7:36.28	Anne Grams	4SWM 2023	6:44.09	Jean Troy	FMM 2002	6:27.04	Diann Uustal	SHARK 2021
800/1000 Free	16:24.59	Patricia Bond	FMM 2014	13:59.01	Jean Troy	FMM 2002	14:16.39	Jean Troy	FMM 2003
1500/1650 Free	27:02.27	Patricia Bond	FMM 2014	28:40.85	Susan Meyers	SYSM 2017	27:09.75	Jean Troy	FMM 2003
50 Back	36.73	Diann Uustal	SHARK 2022	40.00	Diann Uustal	SHARK 2023	40.08	Diann Uustal	SHARK 2021
100 Back	1:19.46	Diann Uustal	SHARK 2023	1:26.40	Diann Uustal	SHARK 2022	1:28.67	Diann Uustal	SHARK 2021
200 Back	2:53.97	Diann Uustal	SHARK 2022	3:10.53	Diann Uustal	SHARK 2021	3:16.73	Diann Uustal	SHARK 2022
50 Breast	44.36	Sylvia Eisele	FACT 2005	50.78	Margit Jebe	T2NM 2013	48.69	Sylvia Eisele	FACT 2005
100 Breast	1:39.16	Sylvia Eisele	FACT 2005	1:54.41	Margit Jebe	T2NM 2013	1:57.31	Margit Jebe	T2NM 2015
200 Breast	3:40.54	Sylvia Eisele	FACT 2005	4:16.21	Susan Meyers	SYSM 2017	4:16.46	Susan Meyers	SYSM 2017
50 Fly	34.64	Diann Uustal	SHARK 2023	38.30	Diann Uustal	SHARK 2022	47.74	Jean Troy	FMM 2002
100 Fly	1:40.32	Susan Meyers	SYSM 2017	1:53.40	Susan Meyers	SYSM 2017	1:58.51	Jean Troy	FMM 2002
200 Fly	3:50.21	Susan Meyers	SYSM 2018	4:20.46	Susan Meyers	SHAR 2019	4:28.85	Susan Meyers	SYSM 2017
100 IM	1:20.26	Diann Uustal	SHARK 2022	1:29.53	Diann Uustal	SHARK 2022			
200 IM	3:30.39	Susan Meyers	SYSM 2017	3:49.91	Jean Troy	FMM 2002	4:05.79	Margit Jebe	T2NM 2014
400 IM	7:32.13	Susan Meyers	SYSM 2018	8:22.63	Susan Meyers	UNAT 2017	8:39.86	Susan Meyers	SYSM 2017

75-79 Men									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	28.26	Burwell Jones	SYSM 2010	30.49	Lee Childs	SHARK 2023	31.32	John Smith	SYSM 2013
100 Free	1:01.66	Burwell Jones	SYSM 2009	1:08.90	Burwell Jones	SYSM 2009	1:07.69	Lee Childs	SHARK 2023
200 Free	2:15.14	Burwell Jones	SYSM 2009	2:37.99	Lee Childs	SHARK 2023	2:35.32	Burwell Jones	SYSM 2009
400/500 Free	6:07.16	Burwell Jones	SYSM 2009	5:50.39	Burwell Jones	SYSM 2008	5:33.42	Burwell Jones	SYSM 2009
800/1000 Free	12:32.28	Burwell Jones	SYSM 2009	11:38.56	Burwell Jones	SYSM 2008	12:47.46	Bob Couch	SHARK 2022
1500/1650 Free	21:29.99	Burwell Jones	SYSM 2009	22:28.06	Burwell Jones	SYSM 2008	24:39.10	Burwell Jones	SYSM 2012
50 Back	32.33	Burwell Jones	SYSM 2010	35.93	Burwell Jones	SYSM 2009	36.90	Burwell Jones	SYSM 2010
100 Back	1:08.55	Burwell Jones	SYSM 2009	1:18.47	Burwell Jones	SYSM 2009	1:20.98	Burwell Jones	SYSM 2009
200 Back	2:31.41	Burwell Jones	SYSM 2010	2:49.20	Burwell Jones	SYSM 2009	2:57.72	Burwell Jones	SYSM 2010
50 Breast	36.89	Burwell Jones	SYSM 2010	41.25	Burwell Jones	SYSM 2009	42.87	R. MacDonald	FMM 2004
100 Breast	1:25.12	Rob MacDonald	FMM 2005	1:35.87	R. MacDonald	FMM 2003	1:35.55	R. MacDonald	FMM 2004
200 Breast	3:10.19	Burwell Jones	SYSM 2010	3:34.95	R. MacDonald	FMM 2005	3:32.60	R. MacDonald	FMM 2004
50 Fly	31.33	Burwell Jones	SYSM 2010	33.03	Lee Childs	SHARK 2023	32.22	Lee Childs	SHARK 2023
100 Fly	1:13.44	Burwell Jones	SYSM 2010	1:21.78	Lee Childs	SHARK 2023	1:31.89	Burwell Jones	SYSM 2010
200 Fly	3:05.76	Burwell Jones	SYSM 2009	4:16.35	Joe Kurtzman	FMM 2001	3:51.42	Burwell Jones	SYSM 2010
100 IM	1:13.44	Burwell Jones	SYSM 2010	1:18.80	Burwell Jones	SYSM 2009			
200 IM	2:39.35	Burwell Jones	SYSM 2010	2:59.26	Burwell Jones	SYSM 2009	2:59.58	Lee Childs	SHARK 2023
400 IM	5:49.90	Burwell Jones	SYSM 2009	6:33.87	Burwell Jones	SYSM 2009	6:48.48	Burwell Jones	SYSM 2009

80-84 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	36.85	Florence Carr	SYSM	2006	41.45	Jean Troy	FMM	2007	40.45	Florence Carr	SYSM	2005
100 Free	1:25.65	Jean Troy	FMM	2008	1:33.88	Jean Troy	FMM	2007	1:35.64	Jean Troy	FMM	2007
200 Free	3:08.99	Jean Troy	FMM	2008	3:26.52	Jean Troy	FMM	2007	3:27.26	Jean Troy	FMM	2007
400/500 Free	8:26.37	Jean Troy	FMM	2008	7:20.96	Jean Troy	FMM	2007	7:24.53	Jean Troy	FMM	2007
800/1000 Free	17:20.18	Jean Troy	FMM	2008	15:12.35	Jean Troy	FMM	2007	15:12.94	Jean Troy	FMM	2007
1500/1650 Free	28:35.79	Betty Lorenzi	FACT	2009	28:55.09	Jean Troy	FMM	2007	29:04.81	Jean Troy	FMM	2007
50 Back	43.57	Betty Lorenzi	FACT	2009	50.89	Chris Gilligan	SHARK	2023	46.39	Bunny Cederlund	SPCO	2002
100 Back	1:32.37	Betty Lorenzi	FACT	2009	1:52.19	Chris Gilligan	SHARK	2023	1:47.29	Betty Lorenzi	FACT	2009
200 Back	3:26.72	Betty Lorenzi	FACT	2009	4:02.04	Margit Jebe	T2NM	2018	3:53.12	Betty Lorenzi	FACT	2010
50 Breast	51.51	Sylvia Eisele	FACT	2012	56.34	Sylvia Eisele	FACT	2012	56.91	Sylvia Eisele	FACT	2009
100 Breast	1:54.27	Susan Meyers	SHARK	2022	2:06.48	Margit Jebe	T2NM	2018	2:06.25	Sylvia Eisele	FACT	2009
200 Breast	4:03.66	Susan Meyers	SHARK	2022	4:35.31	Susan Meyers	SHARK	2022	4:37.64	Sylvia Eisele	FACT	2009
50 Fly	45.87	Susan Meyers	SHARK	2022	52.17	Susan Meyers	SHARK	2022	55.10	Susan Meyers	SHARK	2022
100 Fly	1:45.24	Susan Meyers	SHARK	2022	2:05.26	Susan Meyers	SHARK	2022	2:15.06	Susan Meyers	SHARK	2023
200 Fly	4:04.18	Susan Meyers	SHARK	2022	4:38.58	Susan Meyers	SHARK	2022	5:59.21	Nancy Durstein	FACT	2009
100 IM	1:41.47	Susan Meyers	SHARK	2022	1:55.26	Susan Meyers	SHARK	2022				
200 IM	3:46.16	Susan Meyers	SHARK	2022	4:07.66	Jean Troy	FMM	2007	4:18.72	Jean Troy	FMM	2007
400 IM	7:59.82	Susan Meyers	SHARK	2022	8:59.94	Susan Meyers	SHARK	2022	9:32.43	Jean Troy	FMM	2007

80-84 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	29.24	Mike Freshley	SHARK	2021	34.33	James Zurcher	YCFM	2016	33.61	Mike Freshley	SHARK	2021
100 Free	1:09.36	Tom Verth	SYSM	2019	1:18.15	James Zurcher	BLU	2014	1:19.50	Burwell Jones	SYSM	2013
200 Free	2:33.91	Burwell Jones	SYSM	2013	2:56.89	Burwell Jones	SYSM	2013	2:53.10	Burwell Jones	SYSM	2013
400/500 Free	6:53.87	Burwell Jones	SYSM	2013	6:12.87	Burwell Jones	SYSM	2013	6:09.06	Burwell Jones	SYSM	2013
800/1000 Free	14:24.73	Burwell Jones	SYSM	2013	12:43.58	Burwell Jones	SYSM	2013	12:55.27	Burwell Jones	SYSM	2013
1500/1650 Free	24:12.69	Burwell Jones	SYSM	2014	24:36.35	Burwell Jones	SYSM	2013	29:55.24	Bob Beach	SPM	2012
50 Back	36.02	Burwell Jones	SYSM	2013	39.51	Burwell Jones	SYSM	2013	40.00	Burwell Jones	SYSM	2013
100 Back	1:18.51	Burwell Jones	SYSM	2013	1:30.61	Burwell Jones	SYSM	2013	1:32.84	Burwell Jones	SYSM	2014
200 Back	2:48.59	Burwell Jones	SYSM	2014	3:19.77	Burwell Jones	SYSM	2013	3:16.22	Burwell Jones	SYSM	2013
50 Breast	37.48	Mike Freshley	SHARK	2021	45.13	Mike Freshley	LMSC	2022	42.84	Mike Freshley	SHARK	2021
100 Breast	1:23.28	Mike Freshley	SHARK	2021	1:38.67	Mike Freshley	LMSC	2022	1:38.19	Mike Freshley	SHARK	2021
200 Breast	3:01.78	Mike Freshley	SHARK	2021	3:36.80	Mike Freshley	LMSC	2022	3:34.08	Mike Freshley	SHARK	2021
50 Fly	33.11	Mike Freshley	SHARK	2021	43.33	Michael Laux	SHARK	2021	41.41	Mike Freshley	SHARK	2021
100 Fly	1:47.17	William Grant	HLJ	1994	1:48.68	Mike Freshley	LMSC	2022	1:54.46	Robert MacDonald	FMM	2009
200 Fly	4:19.78	Paul Hutinger	FMM	2006	4:37.61	Paul Hutinger	FMM	2005	4:47.45	Don McCullough	FMM	1996
100 IM	1:18.98	Mike Freshley	SHARK	2021	1:29.29	James Zurcher	BLU	2014				
200 IM	2:58.27	Mike Freshley	SHARK	2021	3:34.08	Burwell Jones	SYSM	2013	3:30.42	Mike Freshley	SHARK	2021
400 IM	6:36.73	Mike Freshley	SHARK	2021	8:01.61	Mike Freshley	LMSC	2022	7:52.03	Mike Freshley	SHARK	2021

85-89 Women												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	41.63	Jean Troy	FMM	2013	46.35	Jean Troy	FACT	2012	44.97	Jean Troy	FMM	2012
100 Free	1:32.35	Jean Troy	FMM	2014	1:43.97	Jean Troy	FMM	2012	1:43.68	Jean Troy	FMM	2012
200 Free	3:26.89	Jean Troy	FMM	2013	3:49.35	Jean Troy	FMM	2012	3:49.67	Jean Troy	FMM	2012
400/500 Free	9:07.55	Betty Lorenzi	FACT	2013	8:03.09	Jean Troy	FMM	2012	8:06.04	Jean Troy	FMM	2012
800/1000 Free	18:40.21	Betty Lorenzi	FACT	2013	16:25.24	Betty Lorenzi	FACT	2012	17:10.20	Betty Lorenzi	FACT	2013
1500/1650 Free	30:52.20	Betty Lorenzi	FACT	2013	30:50.51	Betty Lorenzi	FACT	2012	32:32.53	Betty Lorenzi	FACT	2013
50 Back	46.77	Betty Lorenzi	FACT	2013	51.75	Betty Lorenzi	FACT	2012	51.81	Betty Lorenzi	FACT	2012
100 Back	1:40.00	Betty Lorenzi	FACT	2013	1:52.21	Betty Lorenzi	FACT	2012	1:53.28	Betty Lorenzi	FACT	2012
200 Back	3:34.09	Betty Lorenzi	FACT	2013	4:05.00	Betty Lorenzi	FACT	2014	4:01.09	Betty Lorenzi	FACT	2013
50 Breast	57.40	Sylvia Eisele	FACT	2015	1:00.96	Sylvia Eisele	FACT	2014	1:02.44	Sylvia Eisele	FACT	2014
100 Breast	2:11.63	Jean Troy	FMM	2014	2:24.69	Jean Troy	FMM	2013	2:21.90	Sylvia Eisele	FACT	2014
200 Breast	4:48.00	Jean Troy	FMM	2014	5:13.19	Jean Troy	FMM	2012	5:18.59	Sylvia Eisele	FACT	2014
50 Fly	57.67	Jean Troy	FMM	2014	1:06.92	Jean Troy	FMM	2012	1:09.19	Patricia Tullman	FACT	2022
100 Fly	2:35.90	Patricia Tullman	FACT	2023	2:59.72	June Reynolds	FMM	2007	2:59.53	June Reynolds	FMM	2007
200 Fly	5:58.54	June Reynolds	FMM	2007	6:45.75	June Reynolds	FMM	2007	6:35.92	June Reynolds	FMM	2007
100 IM	1:52.95	Jean Troy	FMM	2014	2:08.06	Jean Troy	FMM	2012				
200 IM	4:17.15	Jean Troy	FMM	2013	4:48.96	Jean Troy	FMM	2012	5:01.26	Jean Troy	FMM	2014
400 IM	12:40.49	Martha Henderson	FACT	2023	10:13.73	Jean Troy	FMM	2012	10:45.77	Jean Troy	FMM	2012

85-89 Men												
Event	Short Course Yards				Short Course Meters				Long Course Meters			
50 Free	35.12	David McIntyre	SHARK	2023	40.71	David McIntyre	SHARK	2023	40.47	Brud Cleaveland	FMM	2002
100 Free	1:29.49	Bob Beach	SPM	2016	1:43.65	James Hiers	FMM	2009	1:39.66	Brud Cleaveland	FMM	2002
200 Free	3:16.99	Bob Beach	SPM	2016	3:45.87	Bob Beach	SPM	2015	3:40.57	Robert Beach	SPM	2015
400/500 Free	8:47.89	Bob Beach	SPM	2016	8:00.81	Bob Beach	SPM	2015	7:33.33	Robert Beach	SPM	2015
800/1000 Free	18:08.19	Bob Beach	SPM	2016	16:00.39	Bob Beach	SPM	2015	15:30.95	Robert Beach	SPM	2015
1500/1650 Free	30:20.98	Bob Beach	SPM	2016	30:17.44	Bob Beach	SPM	2015	29:29.44	Robert Beach	SPM	2015
50 Back	44.41	Paul Hutinger	FMM	2010	49.75	Paul Hutinger	FMM	2009	50.35	Paul Hutinger	FMM	2009
100 Back	1:43.40	Paul Hutinger	FMM	2010	1:51.74	Paul Hutinger	FMM	2009	1:54.73	Paul Hutinger	FMM	2009
200 Back	3:57.01	Paul Hutinger	FMM	2010	4:20.08	Paul Hutinger	FMM	2009	4:21.13	Paul Hutinger	FMM	2009
50 Breast	48.77	David McIntyre	SHARK	2023	53.44	Brud Cleaveland	FMM	2002	50.57	Barton Greenberg	FMM	2009
100 Breast	1:59.13	Brud Cleaveland	FMM	2003	2:07.22	Robert MacDonald	FMM	2014	1:53.27	Barton Greenberg	FMM	2009
200 Breast	4:43.07	Brud Cleaveland	FMM	2003	4:32.52	Robert MacDonald	FMM	2013	4:16.96	Robert MacDonald	FMM	2013
50 Fly	48.89	Paul Hutinger	FMM	2010	54.15	Paul Hutinger	FMM	2009	51.26	Robert MacDonald	FMM	2013
100 Fly	1:59.06	Paul Hutinger	FMM	2010	2:17.41	Paul Hutinger	FMM	2009	2:17.55	Paul Hutinger	FMM	2009
200 Fly	4:49.81	Paul Hutinger	FMM	2010	5:15.25	Paul Hutinger	FMM	2009	6:13.00	Paul Hutinger	FMM	2010
100 IM	1:44.79	David McIntyre	SHARK	2023	1:59.79	David McIntyre	SHARK	2023				
200 IM	4:41.64	Charles Weatherbee	FMM	2019	3:41.83	James Zurcher	YCFM	2019	5:13.65	John Corse	FACT	2009
400 IM	11:07.43	Don McCullough	FMM	2001	12:53.77	Don McCullough	FMM	2001	12:47.66	Don McCullough	FMM	2000



95-99 Women						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free					1:53.54	Nancy Ann Dodson SYSM 2013
100 Free					4:10.10	Nancy Ann Dodson SYSM 2013
200 Free						
400/500 Free						
800/1000 Free						
1500/1650 Free						
50 Back					2:44.17	Nancy Ann Dodson SYSM 2013
100 Back						
200 Back						
50 Breast						
100 Breast						
200 Breast						
50 Fly						
100 Fly						
200 Fly						
100 IM						
200 IM						
400 IM						

95-99 Men						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	1:18.61	Robert Williams UC14 2023	1:11.62	John Corse FACT 2019	1:15.82	Edwin Graves FACT 2018
100 Free	3:13.41	Robert Williams UC14 2023	3:14.60	Edwin Graves FACT 2018	3:16.06	Edwin Graves FACT 2018
200 Free	6:41.09	Robert Williams UC14 2023			8:13.85	Robert Williams UC14 2022
400/500 Free	18:11.97	Robert Williams UC14 2023				
800/1000 Free						
1500/1650 Free						
50 Back	1:17.73	Robert Williams UC14 2023	1:17.63	Edwin Graves FACT 2018	1:24.38	Edwin Graves FACT 2018
100 Back	3:08.04	Robert Williams UC14 2023			3:33.29	Robert Williams UC14 2022
200 Back	6:54.43	Robert Williams UC14 2023			9:33.27	Robert Williams UC14 2022
50 Breast	2:09.54	Robert Williams UC14 2023	1:36.83	John Corse FACT 2019		
100 Breast	4:22.72	Robert Williams UC14 2023			6:28.05	Robert Williams UC14 2023
200 Breast					15:58.56	Robert Williams UC14 2023
50 Fly						
100 Fly						
200 Fly						
100 IM						
200 IM						
400 IM						